

Position	Bib #	Name	Start	Finish	Total	Pace	Age	Gender	City
TOP MALES OVERALL IN 5K DIVISION.									
1	108	brooks, james	3:30:04 PM	3:49:20 PM	19:15.8	6:13	27	M	hays
2	242	Kassem, Adam	3:30:04 PM	3:49:22 PM	19:17.2	6:13	23	M	Winston
TOP FEMALES OVERALL IN 5K DIVISION.									
1	287	Konkel, Jill	3:30:04 PM	3:50:34 PM	20:29.8	6:36	27	F	Winston
2	224	Scales, Fanny	3:30:04 PM	3:51:14 PM	21:09.5	6:49	37	F	Winston-Salem
MALE 19 AND UNDER IN DIVISION 5K									
1	217	Motley, Sam	3:30:04 PM	3:54:02 PM	23:57.7	7:44	16	M	Winston-Salem
2	157	McClellan, Ryan	3:30:04 PM	3:58:27 PM	28:22.7	9:09	15	M	High Point
MALE 20-29 IN DIVISION 5K									
1	184	Sawyers, Daniel	3:30:04 PM	3:50:10 PM	20:05.5	6:29	25	M	Wilkesboro
2	240	Lassiter, James	3:30:04 PM	3:51:21 PM	21:17.0	6:52	29	M	Winston
3	172	Pulido, Humberto	3:30:04 PM	3:52:48 PM	22:44.0	7:20	26	M	Winston-Salem
4	176	Reynolds, Thomas	3:30:04 PM	3:52:56 PM	22:51.1	7:22	29	M	Mocksville
5	296	Carter, Kirk	3:30:04 PM	3:53:58 PM	23:53.6	7:42	28	M	Winston
6	237	Skardal, Aleks	3:30:04 PM	3:55:14 PM	25:09.4	8:07	29	M	Winston-Salem
7	154	Liebl, Christopher	3:30:04 PM	3:58:06 PM	28:01.2	9:02	28	M	High Point
8	179	Rodrigues, Victor	3:30:04 PM	3:58:41 PM	28:37.0	9:14	24	M	greensboro
9	220	Zamarron, Jordan	3:30:04 PM	4:00:17 PM	30:12.5	9:45	23	M	Winston-Salem
10	142	Johnson, DeCarlo	3:30:04 PM	4:01:46 PM	31:41.1	10:13	29	M	Winston Salem
11	129	Hairford, Tanner	3:30:04 PM	4:09:35 PM	39:30.3	12:45	29	M	King
12	132	Herrera, Lupe	3:30:04 PM	4:18:36 PM	48:31.7	15:39	27	M	Winston-Salem
		1							

MALE 30-39 IN DIVISION 5K									
1	102	Adcock, Jonathan	3:30:04 PM	3:50:52 PM	20:48.0	6:43	30	M	Stuart
2	103	Afarian, Aaron	3:30:04 PM	3:51:39 PM	21:34.9	6:57	30	M	Winston Salem
3	256	Jayawickreme, Eranda	3:30:04 PM	3:55:15 PM	25:10.3	8:07	32	M	Winston-Salem
4	202	Timmons, Bryan	3:30:04 PM	3:55:52 PM	25:47.7	8:19	33	M	Clemmons
5	135	Hoover, Adam	3:30:04 PM	3:56:32 PM	26:27.6	8:32	33	M	Winston Salem
6	199	Swaim, Mike	3:30:04 PM	3:56:58 PM	26:53.7	8:40	36	M	Jonesville
7	282	Joyce, Jarrett	3:30:04 PM	3:57:51 PM	27:46.9	8:57	34	M	Winston
8	111	Brown, Christopher	3:30:04 PM	3:58:10 PM	28:05.3	9:04	30	M	Winston-Salem
9	262	Wait, John	3:30:04 PM	3:58:30 PM	28:26.1	9:10	33	M	Clemmons
10	216	Tysinger, Steven	3:30:04 PM	3:58:33 PM	28:28.7	9:11	35	M	Winston-Salem
11	167	Nixon, Christopher	3:30:04 PM	3:58:58 PM	28:53.7	9:19	34	M	Lewisville
12	104	Aycock, Tyler	3:30:04 PM	3:59:12 PM	29:07.4	9:24	32	M	Winston Salem
13	230	Efrid, Brian	3:30:04 PM	3:59:23 PM	29:18.9	9:27	38	M	Winston-Salem
14	116	Collette, Andy	3:30:04 PM	4:00:20 PM	30:15.5	9:45	32	M	Winston-Salem
15	165	Nakamura, Mitch	3:30:04 PM	4:00:43 PM	30:38.2	9:53	35	M	Winston-Salem
16	248	Taylor, David	3:30:04 PM	4:02:46 PM	32:41.2	10:33	30	M	Charlotte
17	251	Johnson, Randy	3:30:04 PM	4:04:13 PM	34:08.1	11:01	32	M	Winston
18	162	Mitchell, Justin	3:30:04 PM	4:04:49 PM	34:44.4	11:12	33	M	Hillsborough
19	137	Horan, Bobby	3:30:04 PM	4:05:51 PM	35:46.6	11:32	39	M	Winston-Salem
20	150	Koontz, Christopher	3:30:04 PM	4:06:17 PM	36:12.4	11:41	36	M	Lewisville
MALE 40-49 IN DIVISION 5K									
1	280	Scales, Richard	3:30:04 PM	3:50:15 PM	20:10.6	6:30	45	M	Valbonne
2	105	Beall, Greg	3:30:04 PM	3:51:58 PM	21:53.6	7:04	48	M	Winston-Salem
3	267	Ellis, Richard	3:30:04 PM	3:53:39 PM	23:35.0	7:36	46	M	Winston
4	233	Park, Mike	3:30:04 PM	3:55:58 PM	25:53.8	8:21	46	M	Winston

5	126	Goodson, James	3:30:04 PM	3:57:03 PM	26:58.5	8:42	43	M	King
6	159	McDaniel, Cameron	3:30:04 PM	3:58:36 PM	28:31.3	9:12	45	M	Lewisville
7	122	Eaton, Kent	3:30:04 PM	4:00:19 PM	30:14.6	9:45	48	M	Winston Salem
8	255	Cooper, Alton	3:30:04 PM	4:03:20 PM	33:15.1	10:44	40	M	Winston
9	222	Felts, Danny	3:30:04 PM	4:04:54 PM	34:49.7	11:14	44	M	Hamptonville
10	196	Sparks, Billy	3:30:04 PM	4:05:32 PM	35:27.5	11:26	46	M	Winston-Salem
MALE 50-59 IN DIVISION 5K									
1	254	Norris, Jeff	3:30:04 PM	3:52:31 PM	22:26.3	7:14	51	M	Winston-Salem
2	285	Iwata, Koji	3:30:04 PM	3:55:10 PM	25:05.8	8:05	51	M	Nara City
3	187	Simpson, Mike	3:30:04 PM	4:00:47 PM	30:42.7	9:54	59	M	Kernersville
4	140	Jacobucci, Nick	3:30:04 PM	4:04:14 PM	34:09.2	11:01	57	M	Winston-Salem
MALE 60-69 IN DIVISION 5K									
1	169	Osborne, Zack	3:30:04 PM	3:57:10 PM	27:05.2	8:44	62	M	Greensboro
2	234	Ragland, George	3:30:04 PM	4:01:16 PM	31:11.6	10:04	69	M	Winston-Salem
FEMALE 19 AND UNDER IN DIVISION 5K									
1	279	Hart, Lauren	3:30:04 PM	3:54:36 PM	24:31.1	7:55	16	F	Winston
2	214	Johnson, Brewer	3:30:04 PM	3:57:30 PM	27:26.1	8:51	10	F	Winston-Salem
3	288	Brown, Zoe	3:30:04 PM	4:01:27 PM	31:22.4	10:07	14	F	Burlington
4	273	Kerns, Sidney	3:30:04 PM	4:04:07 PM	34:02.5	10:59	11	F	Lexington
5	203	Ventrillo, Colby	3:30:04 PM	4:10:13 PM	40:08.9	12:57	17	F	Greensboro
FEMALE 20-29 IN DIVISION 5K									
1	281	Espisito, Julie	3:30:04 PM	3:52:49 PM	22:44.1	7:20	26	F	Winston
2	155	Martin, Melissa	3:30:04 PM	3:53:12 PM	23:07.7	7:27	25	F	Winston-Salem
3	297	McDaniel, Meisha	3:30:04 PM	3:53:21 PM	23:16.9	7:30	25	F	Winston
4	235	Suburu, Jane	3:30:04 PM	3:53:30 PM	23:26.0	7:33	28	F	Winston

5	239	Puckett, Jordan	3:30:04 PM	3:54:53 PM	24:48.3	8:00	24	F	Winston-Salem
6	112	Butler, Tracy	3:30:04 PM	3:55:13 PM	25:08.8	8:06	28	F	Winston-Salem
7	143	Johnson, Erin	3:30:04 PM	3:56:08 PM	26:03.7	8:24	29	F	Winston Salem
8	274	Evans, Gabby	3:30:04 PM	3:57:26 PM	27:21.9	8:49	22	F	Winston
9	219	Coward, Brooke	3:30:04 PM	3:58:23 PM	28:18.3	9:08	25	F	Kernersville
10	177	Richey, Bobbie Jo	3:30:04 PM	3:58:34 PM	28:29.1	9:11	27	F	Winston Salem
11	173	Raby, Savannah	3:30:04 PM	3:58:47 PM	28:42.5	9:15	26	F	Mocksville
12	151	Lang, Sarah	3:30:04 PM	3:59:06 PM	29:01.4	9:22	20	F	greensboro
13	181	Rush, Lacey	3:30:04 PM	3:59:12 PM	29:07.4	9:24	27	F	Winston-Salem
14	212	Wright, Chantelle	3:30:04 PM	3:59:46 PM	29:41.8	9:35	27	F	Tobaccoville
15	218	Weber, Sarah	3:30:04 PM	4:00:18 PM	30:13.9	9:45	24	F	Winston-Salem
16	283	Smith, Brandy	3:30:04 PM	4:01:11 PM	31:06.3	10:02	28	F	Winston
17	266	Edwards, Gretchen	3:30:04 PM	4:01:13 PM	31:08.9	10:03	24	F	Winston
18	195	Spainhour, Renee	3:30:04 PM	4:01:16 PM	31:11.4	10:04	29	F	Winston Salem
19	294	Girard, Molly	3:30:04 PM	4:01:23 PM	31:18.5	10:06	23	F	Winston
20	207	Whipple, Vera	3:30:04 PM	4:02:09 PM	32:04.2	10:21	29	F	Greensboro
21	247	Agatop, Bri	3:30:04 PM	4:02:45 PM	32:40.2	10:32	26	F	Charlotte
22	236	Skardal, Stephanie	3:30:04 PM	4:03:36 PM	33:31.5	10:49	29	F	Winston-Salem
23	258	Weber, Steffie	3:30:04 PM	4:03:54 PM	33:49.1	10:55	24	F	Winston
24	259	Walker, Lindsey	3:30:04 PM	4:03:54 PM	33:49.1	10:55	25	F	Winston
25	225	Holcomb, Courtney	3:30:04 PM	4:04:06 PM	34:02.0	10:59	25	F	Winston-Salem
26	178	Riley, Ciara	3:30:04 PM	4:04:09 PM	34:04.2	10:59	29	F	Kernersville
27	250	Trethaway, Christine	3:30:04 PM	4:04:13 PM	34:08.2	11:01	24	F	Winston
28	223	Smith, Lauren	3:30:04 PM	4:06:03 PM	35:58.5	11:36	21	F	Winston-Salem
29	121	DePriest, Nicole	3:30:04 PM	4:07:02 PM	36:58.0	11:55	26	F	Greensboro
30	175	Reynolds, Leah	3:30:04 PM	4:09:11 PM	39:06.7	12:37	26	F	Mocksville

31	128	Hairford, Amber	3:30:04 PM	4:09:34 PM	39:29.2	12:44	28	F	King
32	106	Bennett, Stephanie	3:30:04 PM	4:10:49 PM	40:44.3	13:08	23	F	Winston-Salem
33	269	Snell, Jamie	3:30:04 PM	4:10:49 PM	40:44.8	13:08	25	F	Winston
34	163	Morris, Lindsay	3:30:04 PM	4:11:59 PM	41:54.6	13:31	26	F	Jamestown
35	130	Hall, Renae	3:30:04 PM	4:27:33 PM	57:28.6	18:32	28	F	Yadkinville
FEMALE 30-39 IN DIVISION 5K									
1	114	Carswell, Kelly	3:30:04 PM	3:54:16 PM	24:11.5	7:48	33	F	Winston-Salem
2	101	Adcock, Rebecca	3:30:04 PM	3:54:41 PM	24:36.1	7:56	32	F	stuart
3	231	MaSicampo, Melissa	3:30:04 PM	3:55:13 PM	25:08.7	8:06	30	F	Winston-Salem
4	113	Carico, Karie	3:30:04 PM	3:57:48 PM	27:43.4	8:56	38	F	Winston-Salem
5	215	Tysinger, Heather	3:30:04 PM	3:58:07 PM	28:02.4	9:03	37	F	Winston-Salem
6	136	Hoover, Julie	3:30:04 PM	3:58:20 PM	28:16.0	9:07	33	F	Winston Salem
7	158	McDaniel, Marie	3:30:04 PM	3:58:36 PM	28:31.6	9:12	32	F	Lewisville
8	160	McLean, Mitzi	3:30:04 PM	3:58:49 PM	28:44.2	9:16	32	F	Winston Salem
9	286	Peak, Dawn	3:30:04 PM	3:59:37 PM	29:32.2	9:32	31	F	Winston
10	246	Unknown, Ashley	3:30:04 PM	3:59:38 PM	29:33.7	9:32	36	F	Winston
11	117	Collette, Megan	3:30:04 PM	4:00:20 PM	30:15.9	9:45	32	F	Winston-Salem
12	166	Nakamura, Eriko	3:30:04 PM	4:00:41 PM	30:36.8	9:52	34	F	Winston-Salem
13	244	Mellert, Haley	3:30:04 PM	4:01:40 PM	31:35.6	10:11	32	F	Winston-Salem
14	249	Williams, Jill	3:30:04 PM	4:02:01 PM	31:56.4	10:18	31	F	Winston
15	243	Kinard, Leslie	3:30:04 PM	4:02:07 PM	32:02.3	10:20	31	F	Winston-Salem
16	134	Hogan, Valerie	3:30:04 PM	4:02:09 PM	32:04.6	10:21	31	F	Jamestown
17	182	Salehy, Layla	3:30:04 PM	4:02:09 PM	32:04.7	10:21	30	F	Winston-Salem
18	232	Wilson, Melissa	3:30:04 PM	4:02:16 PM	32:11.8	10:23	34	F	Winston-Salem
19	200	Swaim, Jana	3:30:04 PM	4:02:32 PM	32:27.4	10:28	35	F	Jonesville
20	149	Koontz, Kimberly 5	3:30:04 PM	4:03:32 PM	33:27.8	10:47	35	F	Lewisville

21	257	Smale, Brianna	3:30:04 PM	4:03:54 PM	33:49.1	10:55	30	F	Winston
22	138	Horton, Sarah	3:30:04 PM	4:04:49 PM	34:44.2	11:12	30	F	Winston Salem
23	252	Free, Rebecca	3:30:04 PM	4:05:16 PM	35:11.8	11:21	32	F	Winston
24	228	Clark, Laurie	3:30:04 PM	4:05:20 PM	35:16.0	11:23	32	F	Winston-Salem
25	221	Felts, Amanda	3:30:04 PM	4:06:03 PM	35:58.3	11:36	35	F	Hamptonville
26	146	Kelly, Melissa	3:30:04 PM	4:06:31 PM	36:26.2	11:45	39	F	Clemmons
27	227	Parris, Tiffany	3:30:04 PM	4:06:31 PM	36:26.5	11:45	39	F	Winston-Salem
28	170	Phillips, Shellen	3:30:04 PM	4:06:35 PM	36:30.6	11:46	37	F	Advance
29	168	OBrien, Kelley	3:30:04 PM	4:06:45 PM	36:40.1	11:50	32	F	Winston-Salem
30	265	Graffiner, Katie	3:30:04 PM	4:07:26 PM	37:21.5	12:03	30	F	Winston
31	180	Rudock, Megan	3:30:04 PM	4:08:44 PM	38:39.3	12:28	33	F	Winston-Salem
32	189	Sizemore, Jennifer	3:30:04 PM	4:08:59 PM	38:54.1	12:33	38	F	Yadkinville
33	186	Shea, Jessica	3:30:04 PM	4:08:59 PM	38:54.7	12:33	35	F	Clemmons
34	277	Hodge, Maria	3:30:04 PM	4:09:20 PM	39:15.1	12:40	33	F	Winston
35	278	Justice, Sonja	3:30:04 PM	4:09:20 PM	39:15.1	12:40	37	F	Winston
36	174	Ragsdale, Lindsay	3:30:04 PM	4:09:53 PM	39:48.6	12:50	32	F	Winston-Salem
37	229	Efird, Sarah	3:30:04 PM	4:10:18 PM	40:13.7	12:58	37	F	Winston-Salem
38	206	Walsh, Heather	3:30:04 PM	4:13:33 PM	43:28.1	14:01	35	F	Winston-Salem
39	264	Hardy, Farrah	3:30:04 PM	4:13:42 PM	43:37.1	14:04	31	F	Greensboro
40	119	Davis, Lori Beth	3:30:04 PM	4:16:16 PM	46:11.1	14:54	35	F	Bassett
41	290	Kerns, Amy	3:30:04 PM	4:27:13 PM	57:08.6	18:26	33	F	Lexington
FEMALE 40-49 IN DIVISION 5K									
1	161	Meinecke, Amy	3:30:04 PM	3:55:19 PM	25:14.1	8:08	43	F	Thomasville
2	238	Cooper, Kate	3:30:04 PM	3:56:16 PM	26:11.3	8:27	46	F	Winston-Salem
3	156	McClellan, Valar	3:30:04 PM	4:00:56 PM	30:51.2	9:57	42	F	High Point
4	164	Moser, Lisa 6	3:30:04 PM	4:02:04 PM	31:59.8	10:19	48	F	Clemmons

5	148	Kershner, Lisa	3:30:04 PM	4:06:24 PM	36:20 .0	11:43	47	F	Jamestown
6	291	Day, Debra	3:30:04 PM	4:09:38 PM	39:34 .0	12:46	41	F	Winston
7	141	Jessup, Amy	3:30:04 PM	4:11:19 PM	41:15 .0	13:18	42	F	Tobaccoville
8	289	O'Quinn, Tammy	3:30:04 PM	4:27:59 PM	57:54 .6	18:41	49	F	Lexington
FEMALE 50-59 IN DIVISION 5K									
1	124	Francis, Rebecca	3:30:04 PM	4:01:25 PM	31:20 .6	10:06	54	F	Winston-Salem
2	201	Talley, cindy	3:30:04 PM	4:01:53 PM	31:48 .8	10:15	53	F	King
3	197	Stommel, Norma	3:30:04 PM	4:03:12 PM	33:07 .3	10:41	58	F	Lewisville
4	209	wilkie, susan	3:30:04 PM	4:06:52 PM	36:47 .8	11:52	50	F	jamestown
5	171	Piotti, Sherry	3:30:04 PM	4:09:56 PM	39:52 .0	12:51	52	F	Lexington
6	118	Davis, Teresa	3:30:04 PM	4:16:16 PM	46:11 .2	14:54	57	F	Bassett
7	188	Sink, Sandy	3:30:04 PM	4:27:34 PM	57:29 .6	18:33	50	F	Lexington