

Clemmons Rotary 5K Results Overall

Position	Bib #	Name	Start	Finish	Total	Pace	Age	Gender	City
TOP MALES OVERALL IN 5K DIVISION.									
1	210	Connally, Donny	08:30:00.000	08:47:46.879	00:17:46.879	5:44	24	M	Winston Salem
2	142	Langevin, Alex	08:30:00.000	08:48:04.333	00:18:04.333	5:50	19	M	Clemmons
3	206	Elwood, Aaron	08:30:00.000	08:48:39.881	00:18:39.881	6:01	34	M	Pfafftown
TOP FEMALE S OVERALL IN 5K DIVISION.									
1	171	Spencer, Ellen	08:30:00.134	08:50:40.980	00:20:40.846	6:40	14	F	Clemmons
2	199	Ellis, Lucia	08:30:00.077	08:50:58.722	00:20:58.645	6:46	33	F	Mocksville
3	156	Nemick, Anita	08:30:00.661	08:53:16.977	00:23:16.316	7:30	49	F	Westfield
MALE 11-15 IN DIVISION 5K									
1	185	Wisniewski, Peyton	08:30:01.674	08:57:20.931	00:27:19.257	8:49	13	M	Clemmons
MALE 16-19 IN DIVISION 5K									
1	118	Combest, Ian	08:30:00.000	08:51:58.881	00:21:58.881	7:05	19	M	Clemmons
MALE 20-24 IN DIVISION 5K									
1	114	Cardwell, Adam	08:30:05.690	08:55:05.435	00:24:59.745	8:04	24	M	Winston Salem

MALE 25-29 IN DIVISION 5K									
1	190	Nelson, Nick	08:30:02.052	08:53:56.961	00:23:54.909	7:43	28	M	Clemmons
2	129	Fansler, Andrew	08:30:02.361	09:01:13.871	00:31:11.510	10:04	29	M	Houston
MALE 30-34 IN DIVISION 5K									
1	182	Wilmoth, Jason	08:30:00.055	08:52:47.893	00:22:47.838	7:21	33	M	Winston Salem
2	161	Oyler, Austin	08:30:03.130	08:53:10.308	00:23:07.178	7:27	32	M	Winston Salem
3	136	Hiller, Matt	08:30:01.635	08:53:19.506	00:23:17.871	7:31	33	M	Clemmons
4	101	Pfrunender, Justin	08:30:00.000	08:53:50.328	00:23:50.328	7:41	32	M	Winston Salem
5	211	Timmons, Bryan	08:30:21.863	08:58:57.528	00:28:35.665	9:13	33	M	Clemmons
6	153	Miller, Adam	08:30:16.926	08:59:09.663	00:28:52.737	9:19	32	M	Winston Salem
7	122	Deleso, Christopher	08:30:19.512	09:09:29.824	00:39:10.312	12:38	31	M	Winston Salem
MALE 35-39 IN DIVISION 5K									
1	205	Grannis, Matt	08:30:00.000	08:48:56.206	00:18:56.206	6:06	35	M	Winston Salem
2	201	Sabio Jr., Hernan	08:30:00.000	08:49:59.655	00:19:59.655	6:27	39	M	Winston Salem
3	139	Johnson, Blake	08:30:02.416	08:53:44.965	00:23:42.549	7:39	38	M	East Bend
4	214	Swanson, Mike	08:30:22.530	08:57:44.196	00:27:21.666	8:49	37	M	Jonesville
5	212	Nixon, Christopher	08:30:00.000	09:01:07.476	00:31:07.476	10:02	35	M	Lewisville
6	110	Bolick, Matthew	08:30:15.865	09:04:10.517	00:33:54.652	10:56	37	M	Winston Salem
7	197	Johnson, Matt	08:30:20.281	09:12:37.026	00:42:16.745	13:38	37	M	Greensboro

MALE 40-44 IN DIVISION 5K									
1	157	Newsome, Nathan	08:30:00.090	08:50:52.728	00:20:52.638	6:44	41	M	Lewisville
2	113	Caraway, John	08:30:02.026	08:52:11.024	00:22:08.998	7:08	42	M	Clemmons
3	137	Hutchison, Jim	08:30:02.358	08:53:09.338	00:23:06.980	7:27	40	M	Clemmons
4	169	Smith, Scott	08:30:02.810	08:53:47.300	00:23:44.490	7:39	43	M	Clemmons
5	183	Wilson, Matt	08:30:05.108	09:01:23.174	00:31:18.066	10:06	42	M	Southern Pines
6	127	Etter, Barry	08:30:12.660	09:02:54.505	00:32:41.845	10:33	41	M	Mocksville
7	148	Majorel, Martin	08:30:18.457	09:03:36.424	00:33:17.967	10:44	41	M	Clemmons
8	143	Lew, Sean	08:30:07.458	09:06:43.834	00:36:36.376	11:48	43	M	Clemmons
MALE 45-49 IN DIVISION 5K									
1	192	Williams, Shawn	08:30:07.336	09:01:40.116	00:31:32.780	10:10	45	M	Clemmons
2	176	Thompson, Jeff	08:30:19.030	09:08:31.535	00:38:12.505	12:19	45	M	Winston-Salem
MALE 50-54 IN DIVISION 5K									
1	128	Evans, Rodney	08:30:00.000	08:50:33.767	00:20:33.767	6:38	51	M	Winston Salem
2	198	Ellis, Brent	08:30:00.921	08:53:03.801	00:23:02.880	7:26	51	M	Mocksville
3	134	Greason, Tripp	08:30:01.640	08:53:06.338	00:23:04.698	7:26	50	M	Winston-Salem
4	108	Bendig, Michael	08:30:01.236	08:54:37.341	00:24:36.105	7:56	50	M	Clemmons
5	204	Billings, Bruce	08:30:09.245	09:00:06.274	00:29:57.029	9:40	54	M	Winston Salem
6	125	Eng, Michael	08:30:04.175	09:02:43.305	00:32:39.130	10:32	54	M	Clemmons
7	150	Martell, Frank	08:30:17.447	09:11:10.014	00:40:52.567	13:11	51	M	Winston Salem

MALE 55-59 IN DIVISION 5K									
1	187	Fitzgerald, Mike	08:30:08.595	09:01:12.268	00:31:03.673	10:01	59	M	Lewisville
2	188	Chapple, Mike	08:30:10.236	09:04:39.399	00:34:29.163	11:07	58	M	Winston Salem
3	120	Crutchfield, Everett	08:30:04.488	09:10:12.459	00:40:07.971	12:56	59	M	Kernersville
MALE 60-64 IN DIVISION 5K									
1	165	Rice, Rick	08:30:04.531	08:54:48.870	00:24:44.339	7:59	61	M	Winston Salem
2	119	Combest, Michael	08:30:03.134	08:57:59.531	00:27:56.397	9:01	60	M	Clemmons
3	178	Turner, Barry	08:30:06.269	09:00:44.253	00:30:37.984	9:53	61	M	Lewisville
MALE 65-69 IN DIVISION 5K									
1	203	Sabio Sr., Hernan	08:30:02.005	08:57:41.206	00:27:39.201	8:55	66	M	Winston Salem
2	162	Park, Bill	08:30:01.545	08:57:41.998	00:27:40.453	8:55	66	M	Winston Salem
3	209	Timmons, Don	08:30:08.861	09:00:04.534	00:29:55.673	9:39	67	M	Clemmons
MALE 70+ IN DIVISION 5K									
1	172	Stanley, Jack	08:30:03.452	08:58:36.768	00:28:33.316	9:13	73	M	Kernersville
2	213	Ragland, George	08:30:03.975	08:59:04.280	00:29:00.305	9:21	70	M	Winston-Salem
3	181	Willard, Ron	08:30:12.154	09:04:03.784	00:33:51.630	10:55	70	M	Clemmons
4	215	Crotts, Marcus	08:30:21.734	09:22:51.165	00:52:29.431	16:56	81	M	Winston Salem

FEMALE 10 AND UNDER IN DIVISIO N 5K									
1	149	Majorel, Rebecca	08:30:19. 019	09:03:36. 596	00:33:17. 577	10:44	10	F	Clemmons
FEMALE 11-15 IN DIVISIO N 5K									
1	184	Wilson, Olivia	08:30:05. 053	09:01:22. 939	00:31:17. 886	10:05	12	F	Mt. Airy
2	177	Thompson, Emily	08:30:18. 582	09:08:30. 901	00:38:12. 319	12:19	15	F	Winston-Salem
3	208	Bendig, Erin	08:30:00. 897	09:08:16. 359	00:38:15. 462	12:20	14	F	Clemmons
FEMALE 16-19 IN DIVISIO N 5K									
1	216	Paschall, Olivia	08:30:21. 770	09:22:49. 950	00:52:28. 180	16:55	17	F	Grand Rapids
FEMALE 25-29 IN DIVISIO N 5K									
1	191	Herko, Catherine	08:30:16. 537	09:03:29. 544	00:33:13. 007	10:43	28	F	Clemmons
2	170	Spence, Tamara	08:30:13. 397	09:06:38. 064	00:36:24. 667	11:45	29	F	Winston-Salem
3	109	Blackie, Laura	08:30:13. 436	09:06:38. 225	00:36:24. 789	11:45	26	F	Winston-Salem
4	130	Fansler, Kristen	08:30:11. 561	09:10:25. 847	00:40:14. 286	12:59	29	F	Houston
5	168	Smith, Laura	08:30:15. 471	09:11:49. 152	00:41:33. 681	13:24	29	F	Greensboro
6	175	Terry, Kristin	08:30:16. 522	09:24:22. 973	00:54:06. 451	17:27	26	F	Arden
FEMALE 30-34 IN DIVISIO N 5K									
1	164	Pfrunder, Cheryl	08:30:00. 000	08:53:49. 025	00:23:49. 025	7:41	32	F	Winston-Salem

2	151	Mattson, Shana	08:30:01.170	08:56:44.313	00:26:43.143	8:37	30	F	Winston Salem
3	160	Osborn, Jill	08:30:16.481	08:59:31.339	00:29:14.858	9:26	31	F	Lewisville
4	117	Collins, Laura	08:30:04.542	09:00:27.214	00:30:22.672	9:48	32	F	Winston Salem
5	135	Haggerson, Mandy	08:30:15.477	09:03:29.471	00:33:13.994	10:43	33	F	Advance
6	111	Bolick, Alexandra	08:30:16.353	09:04:10.101	00:33:53.748	10:56	32	F	Winston Salem
7	193	Wilmoth, Collen	08:30:08.012	09:05:26.251	00:35:18.239	11:23	33	F	Winston Salem
8	116	Chaffin, Mary	08:30:10.641	09:05:28.973	00:35:18.332	11:23	34	F	Winston salem
9	158	Oddon, Jillian	08:30:10.020	09:08:45.810	00:38:35.790	12:27	34	F	Lexington
10	196	Johnson, Jennifer	08:30:19.616	09:21:01.802	00:50:42.186	16:21	31	F	Greensboro
FEMALE 35-39 IN DIVISION 5K									
1	202	Meinot, Heather	08:30:07.148	09:05:53.394	00:35:46.246	11:32	38	F	Winston Salem
2	195	Spellman, Virginia	08:30:18.416	09:06:18.798	00:36:00.382	11:37	35	F	Kernersville
3	124	Ebert, Taylor	08:30:12.893	09:10:56.870	00:40:43.977	13:08	38	F	King
4	107	Beeson, Olivia	08:30:08.711	09:13:50.253	00:43:41.542	14:05	37	F	Winston Salem
FEMALE 40-44 IN DIVISION 5K									
1	217	Brown, Rebcca	08:30:15.801	08:58:26.426	00:28:10.625	9:05	42	F	Winston-Salem
2	138	Johnson, Angela	08:30:05.648	08:58:33.540	00:28:27.892	9:11	41	F	East Bend
3	126	Etter, Angelina	08:30:12.730	09:02:54.325	00:32:41.595	10:33	40	F	Mocksville
4	155	Nail, Renae	08:30:13.110	09:10:57.349	00:40:44.239	13:08	44	F	Pfafftown
5	104	Ayer, Lisa	08:30:18.597	09:13:48.299	00:43:29.702	14:02	42	F	Pfafftown
6	112	Bowles, Melissa	08:30:15.030	09:20:44.558	00:50:29.528	16:17	42	F	Mocksville

7	102	Allen, Jennifer	08:30:17.846	09:23:47.677	00:53:29.831	17:15	40	F	Pfafftown
FEMALE 45-49 IN DIVISION 5K									
1	141	King, Kayce	08:30:05.214	08:59:37.094	00:29:31.880	9:31	49	F	Winston-Salem
2	218	Stogner, Kim	08:30:05.084	09:03:44.168	00:33:39.084	10:51	48	F	Winston-Salem
3	147	Lyerly, Jane	08:30:11.758	09:04:46.802	00:34:35.044	11:09	49	F	Clemmons
4	180	Victor, Deborah	08:30:13.621	09:10:16.910	00:40:03.289	12:55	49	F	King
5	103	Andrews, Emily	08:30:07.961	09:10:57.926	00:40:49.965	13:10	46	F	Winston-Salem
6	159	Odom, Tanya	08:30:07.944	09:10:58.246	00:40:50.302	13:10	48	F	Pfafftown
7	140	Joy, Susan	08:30:14.183	09:24:54.700	00:54:40.517	17:38	46	F	Bermuda Run
FEMALE 50-54 IN DIVISION 5K									
1	145	Linville, Angi	08:30:03.547	08:56:17.687	00:26:14.140	8:28	53	F	Winston-Salem
2	133	GIFF, kathleen	08:30:11.826	09:03:45.445	00:33:33.619	10:49	53	F	Clemmons
3	152	Migliarese, Sara	08:30:12.320	09:04:03.386	00:33:51.066	10:55	50	F	Kernersville
4	207	Whitlock, Ellen	08:30:09.228	09:06:33.007	00:36:23.779	11:44	52	F	Winston-Salem
5	179	Vernon, Kelly	08:30:14.255	09:10:16.925	00:40:02.670	12:55	50	F	Winston-Salem
FEMALE 55-59 IN DIVISION 5K									
1	154	Murray, Kathy	08:30:06.175	09:00:00.918	00:29:54.743	9:39	57	F	Kernersville
2	131	Finau, Gail	08:30:14.792	09:02:57.039	00:32:42.247	10:33	55	F	Winston-Salem
3	186	Fitzgerald, Karen	08:30:08.069	09:08:45.433	00:38:37.364	12:27	55	F	Lewisville
4	173	Stone, Audrey	08:30:08.953	09:11:05.976	00:40:57.023	13:13	56	F	Winston-Salem
5	194	Cannon, Anne	08:30:12.314	09:17:48.397	00:47:36.083	15:21	59	F	Winston-Salem

6	174	Tarikas, Fredna	08:30:08.742	09:18:33.298	00:48:24.556	15:37	56	F	Winston Salem
7	123	Dryden, Mari-Jo	08:30:19.197	09:28:24.211	00:58:05.014	18:44	59	F	Pfafftown
8	166	Rippey, Beth	08:30:14.628	09:28:24.222	00:58:09.594	18:45	55	F	Winston-Salem
FEMALE 60-64 IN DIVISION 5K									
1	106	Barnhardt, Helen	08:30:07.118	09:05:53.466	00:35:46.348	11:32	62	F	Winston-Salem
2	163	Peterson, Kathi	08:30:16.798	09:06:19.526	00:36:02.728	11:37	60	F	Salisbury
3	146	Lucas, Mary	08:30:20.952	09:32:38.035	01:02:17.083	20:05	62	F	Clemmons
FEMALE 65-69 IN DIVISION 5K									
1	167	Sineath, Janie	08:30:06.273	09:11:38.120	00:41:31.847	13:24	66	F	Winston Salem
FEMALE 70+ IN DIVISION 5K									
1	200	Klutz, Susie	08:30:03.738	09:02:15.937	00:32:12.199	10:23	76	F	Winston Salem