

Race Date  
May 25, 2019

# SUP & RUN 5K

## Age Group Results

### SUP & RUN

#### Female OVERALL Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u>	<u>Rnk</u>	<u>SUP</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>	<u>Time</u>
1	7	Katherine Pyne	27	838	1	20:26.1	1	38:06.6	58:32.7

#### Male OVERALL Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u>	<u>Rnk</u>	<u>SUP</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>	<u>Time</u>
1	1	Brad Ward	28	990	1	20:23.7	1	33:53.0	54:16.8

#### Female Master Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u>	<u>Rnk</u>	<u>SUP</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>	<u>Time</u>
1	23	Sheri Weinstein	54	919	1	22:48.0	1	44:42.3	1:07:30.3

#### Male Master Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u>	<u>Rnk</u>	<u>SUP</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>	<u>Time</u>
1	2	Todd Carpenter	45	767	1	18:45.9	1	36:36.7	55:22.7

#### Female Grandmaster Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u>	<u>Rnk</u>	<u>SUP</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>	<u>Time</u>
1	35	Jennifer Means	55	660	1	24:11.5	1	48:27.7	1:12:39.2

#### Male Grandmaster Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u>	<u>Rnk</u>	<u>SUP</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>	<u>Time</u>
1	9	Rob Kohnen	55	918	1	19:38.4	1	40:57.4	1:00:35.9

#### Female Senior Grandmaster Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u>	<u>Rnk</u>	<u>SUP</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>	<u>Time</u>

Race Date  
May 25, 2019

SUP & RUN 5K  
Age Group Results

**SUP & RUN**

Female Senior Grandmaster Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Rnk</u>	<u>SUP</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	45	Anita Allen	65	690	1	30:42.6	1	45:07.9	1:15:50.5

Male Senior Grandmaster Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Rnk</u>	<u>SUP</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	29	Jerry Napp	61	803	1	24:37.8	1	45:22.6	1:10:00.4

Male Veteran Grandmaster Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>5k</u> <u>Time</u>	<u>Rnk</u>	<u>SUP</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	100	Billy Squires	71	675	1	25:35.9	1	1:04:50.2	1:30:26.1

Race Date  
May 25, 2019

SUP & RUN 5K  
Age Group Results

SUP & RUN

Female 10 to 12

Place			5k			SUP		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	170	Khloe Krome	11	794	1	39:55.7	1	1:31:41.4	2:11:37.1

Female 13 to 15

Place			5k			SUP		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	85	Isabella Rijos	15	759	1	30:41.8	1	55:25.6	1:26:07.4

Female 16 to 19

Place			5k			SUP		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	59	Allie Marshbanks	19	741	1	33:27.9	1	47:47.8	1:21:15.7

Male 16 to 19

Place			5k			SUP		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	5	Dylan Geiger	16	873	1	20:56.1	1	36:02.1	56:58.3

Female 20 to 24

Place			5k			SUP		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	52	Karah O'Halloran	24	882	1	19:30.4	2	58:52.1	1:18:22.6
2 *	61	Danielle Bender	24	845	2	25:49.4	1	55:54.5	1:21:43.9
3 *	134	Lucy Bradshaw	23	818	3	30:00.9	3	1:12:35.4	1:42:36.3

Male 20 to 24

Place			5k			SUP		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	30	Caden Foos	22	850	1	17:13.3	1	52:57.1	1:10:10.4
2 *	84	William Wade	24	852	2	27:38.4	2	58:20.3	1:25:58.7
3 *	132	Bradon Bergman	24	902	3	32:19.9	3	1:09:52.2	1:42:12.1

Race Date  
May 25, 2019

# SUP & RUN 5K

## Age Group Results

### SUP & RUN

#### Female 25 to 29

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	63	Michelle Durr	25	836	3	29:57.7	1	51:49.0	1:21:46.7
2 *	110	Taylor Luce	25	720	5	36:00.6	2	58:20.9	1:34:21.6
3 *	127	Rachel Oswald	27	832	2	29:55.5	3	1:08:23.3	1:38:18.9
4 *	147	Cora Roberts	27	839	6	36:16.2	4	1:13:07.4	1:49:23.7
5 *	152	Lauren Silva	25	825	7	38:42.4	5	1:15:30.9	1:54:13.3
6 *	160	Gargaun Mariana	28	943	4	32:10.3	6	1:25:23.9	1:57:34.2

#### Male 25 to 29

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	17	Matt Dannheisser	27	831	3	24:44.9	1	41:04.4	1:05:49.3
2 *	31	Wes Bryant	26	904	1	19:33.5	2	50:36.9	1:10:10.4
3 *	51	Korey Schindler	28	775	2	24:24.6	3	53:55.9	1:18:20.6
4 *	151	Justin Lansford	29	848	4	44:47.7	4	1:08:09.4	1:52:57.2

#### Female 30 to 34

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	13	Sheena Spielberg	34	757	1	22:59.7	1	40:14.1	1:03:13.8
2 *	47	Whitney Young	32	648	2	24:06.8	2	52:31.9	1:16:38.7
3 *	99	Brittany Borgiasz	30	823	4	31:38.5	3	58:41.4	1:30:20.0
4 *	157	Jenna Feverston	30	680	5	38:14.2	4	1:18:09.0	1:56:23.3
5 *	166	Jaime Loomis	32	772	3	27:42.1	5	1:39:38.1	2:07:20.2

#### Male 30 to 34

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	8	Matthew Kearney	32	765	5	23:07.7	1	37:25.2	1:00:32.9
2 *	12	Matthew Goolsby	30	755	2	20:21.5	2	42:14.4	1:02:36.0
3 *	22	Eliot Dash	33	695	3	21:30.5	4	45:54.4	1:07:24.9
4 *	24	Denny Locascio	34	771	4	22:36.7	3	45:46.8	1:08:23.5
5 *	32	Shawn Augustine	31	773	1	19:01.3	6	51:31.8	1:10:33.1
6 *	41	Steve Goux	33	874	7	27:46.1	5	47:41.1	1:15:27.3
7	56	Josh Young	33	649	8	28:13.4	7	51:41.3	1:19:54.8
8	92	Andrew Saaranen	30	677	6	26:04.4	8	1:01:22.1	1:27:26.6

Race Date  
May 25, 2019

SUP & RUN 5K  
Age Group Results

SUP & RUN

Female 35 to 39

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	66	Sally Watkins	35	694	2	23:26.0	2	58:35.7	1:22:01.7
2 *	67	Emily Farrell	36	692	3	23:26.5	1	58:35.4	1:22:01.9
3 *	77	Jennifer Stavro	36	776	4	23:46.2	3	1:00:08.8	1:23:55.0
4 *	109	Amy Thornton	37	737	6	26:48.0	5	1:07:24.3	1:34:12.4
5 *	114	Melissa Sirvent	36	778	5	24:20.9	9	1:11:31.7	1:35:52.6
6 *	115	Brooke Atkins	39	777	1	22:43.7	10	1:13:10.4	1:35:54.1
7	121	Nicole Downing	37	779	7	28:35.8	6	1:08:05.9	1:36:41.8
8	133	Katharyn Owen	38	732	9	35:01.2	4	1:07:11.3	1:42:12.5
9	140	Holly Weber	38	768	10	35:37.5	8	1:09:21.3	1:44:58.8
10	142	Sarah Hess	37	783	11	36:34.1	7	1:08:59.5	1:45:33.7
11	158	Jessica Schoenfeld	36	780	8	31:59.5	12	1:24:34.7	1:56:34.3
12	159	Constance Healy	37	742	12	42:39.4	11	1:13:57.5	1:56:37.0

Male 35 to 39

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	6	Jack Dunn	36	689	1	18:37.5	2	38:49.4	57:26.9
2 *	11	Jason Casuga	37	841	7	23:41.3	1	37:26.3	1:01:07.6
3 *	14	Ryan Smith	35	805	2	20:15.6	5	43:30.7	1:03:46.3
4 *	19	Drew Russell	38	681	5	22:12.5	6	44:31.6	1:06:44.2
5 *	20	Andrew Sanftner	38	678	6	23:31.0	4	43:20.6	1:06:51.6
6 *	21	Alan Coulson	38	719	8	24:45.8	3	42:27.6	1:07:13.5
7	36	Matt Sandburg	39	837	3	20:33.7	7	52:16.5	1:12:50.2
8	53	James Toldi	39	906	4	21:39.5	10	57:01.3	1:18:40.8
9	57	Layron Gaither	39	854	9	25:36.1	8	54:32.8	1:20:08.9
10	74	Florian Geier	39	835	11	28:29.7	9	55:08.9	1:23:38.7
11	86	Gregory Serota	35	819	10	26:16.7	11	1:00:11.6	1:26:28.3
12	137	Nic Williams	39	673	12	34:29.0	12	1:09:58.2	1:44:27.3

Female 40 to 44

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	58	Dawn McMahon	40	812	2	25:39.2	1	54:37.2	1:20:16.4
2 *	88	Ali Hinshaw	44	811	3	25:47.5	4	1:01:03.3	1:26:50.8
3 *	89	Whitney Bartlett	42	833	4	26:19.8	2	1:00:36.8	1:26:56.6
4 *	116	Melissa Schalk	42	696	1	25:37.1	7	1:10:22.1	1:35:59.2
5 *	119	Jessica Baker	41	746	10	30:55.1	5	1:05:12.8	1:36:08.0
6 *	126	Laura Muldoon	43	699	8	30:06.3	6	1:07:32.1	1:37:38.5

Race Date  
May 25, 2019

SUP & RUN 5K  
Age Group Results

SUP & RUN

Female 40 to 44

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
7	128	Amanda Kowalski	42	654	6	26:50.0	9	1:13:25.7	1:40:15.8
8	129	Madeline Willey	40	736	5	26:40.9	10	1:13:38.5	1:40:19.4
9	138	Cristina Crespo	41	721	11	33:10.5	8	1:11:21.6	1:44:32.1
10	139	Karen Duncan	43	898	9	30:16.9	11	1:14:24.5	1:44:41.4
11	149	Manuela Woodin	43	744	17	48:41.0	3	1:00:46.0	1:49:27.0
12	163	Kelly Paige	42	726	13	44:55.6	14	1:22:01.8	2:06:57.5
13	164	Nicole Desiano	40	989	14	44:58.0	12	1:22:01.2	2:06:59.3
14	165	Carrie Dennison	43	756	15	45:18.7	13	1:22:01.3	2:07:20.1
15	168	Angel Valentine	44	808	16	45:36.1	15	1:23:04.7	2:08:40.8
16	171	Sussanna Gaudreau	44	724	12	39:26.7	16	1:42:19.9	2:21:46.6

Male 40 to 44

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	3	Kevin Woodin	40	745	1	19:54.4	2	35:57.7	55:52.2
2 *	4	Mike Moulton	40	846	3	20:39.4	1	35:16.4	55:55.8
3 *	10	Thomas Mitchell	42	733	4	20:52.3	3	39:49.2	1:00:41.5
4 *	18	Daniel Basinger	42	853	5	20:59.4	5	44:55.5	1:05:55.0
5 *	34	David Bowles	44	656	9	27:28.9	4	44:42.5	1:12:11.4
6 *	62	Chris Brede	41	769	6	24:02.1	6	57:42.0	1:21:44.2
7	79	Colin Fairweather	41	827	8	26:16.8	7	57:51.2	1:24:08.1
8	96	Chris Deleonardo	43	942	2	20:33.6	8	1:08:56.7	1:29:30.4
9	125	Mark Kowalski	42	655	7	26:12.5	10	1:11:20.1	1:37:32.7
10	143	Shaun Hess	41	784	10	36:34.9	9	1:08:58.8	1:45:33.7

Female 45 to 49

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	69	Heidi Anderson	47	714	2	26:10.7	1	56:20.5	1:22:31.3
2 *	83	Stacey Mazza-Gilkison	46	685	3	27:40.7	2	58:01.7	1:25:42.5
3 *	87	April Shereda	48	786	1	23:36.3	5	1:03:11.4	1:26:47.8
4 *	105	Carrie Williamson	46	698	5	29:56.3	3	1:02:04.6	1:32:01.0
5 *	107	Cindi Wozniak	48	665	4	29:46.7	4	1:02:32.5	1:32:19.2
6 *	117	Shannon Piotrowski	47	709	6	30:35.6	6	1:05:26.9	1:36:02.6
7	150	Nicole Bociek	48	826	9	43:22.4	7	1:08:12.2	1:51:34.6
8	154	Jennifer Herazy	48	860	7	33:06.7	8	1:22:18.8	1:55:25.5
9	169	Liz Krome	45	793	8	39:54.9	9	1:31:41.8	2:11:36.8

Race Date  
May 25, 2019

# SUP & RUN 5K

## Age Group Results

### SUP & RUN

#### Male 45 to 49

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	15	Dave Thorne	45	668	7	24:56.4	1	38:50.5	1:03:47.0
2 *	16	Dave Ochsendorf	46	727	2	20:32.8	4	44:15.7	1:04:48.5
3 *	25	Brian Hughes	45	754	12	27:37.1	2	41:34.3	1:09:11.5
4 *	26	Marc Munz	49	662	3	21:16.9	6	48:03.2	1:09:20.2
5 *	28	Bruce Henderson	46	643	8	25:45.3	3	44:10.7	1:09:56.1
6 *	37	Mike Gilkison	48	686	9	25:57.6	5	47:26.7	1:13:24.3
7	38	Benjamin Santiago	47	722	4	21:43.8	9	52:47.5	1:14:31.4
8	49	Andrew Weyl	49	859	5	23:36.6	10	53:57.6	1:17:34.3
9	54	Brian Tierney	48	792	10	26:29.9	8	52:35.9	1:19:05.8
10	64	John Baker	48	747	11	27:22.9	11	54:24.9	1:21:47.9
11	68	Gerald Marshbanks	49	740	13	33:29.1	7	49:01.3	1:22:30.5
12	73	Timothy Bingham	45	739	6	24:26.7	12	58:37.1	1:23:03.9
13	130	Jason Foust	48	730	15	36:23.6	13	1:04:17.7	1:40:41.4
14	131	Earl Dejonge	48	193	14	36:22.4	14	1:04:23.3	1:40:45.8
15	167	Bryan Valentine	45	809	16	45:38.0	15	1:23:01.7	2:08:39.7

#### Female 50 to 54

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	50	Betsy Pecor	52	644	1	25:39.8	1	51:57.4	1:17:37.2
2 *	78	Cynthia Sieber	51	822	7	30:08.7	2	53:50.3	1:23:59.1
3 *	82	Cindy Sage	52	717	3	27:33.4	4	57:36.8	1:25:10.3
4 *	90	Beth Dutton	54	829	2	26:07.5	6	1:00:51.2	1:26:58.7
5 *	98	Terri Mitchell	52	687	11	34:06.6	3	55:56.7	1:30:03.3
6 *	104	Maureen Kaprawy	53	707	5	29:07.8	7	1:02:46.8	1:31:54.6
7	112	April Upchurch	53	774	9	30:52.4	8	1:04:00.1	1:34:52.5
8	120	Karla Perry	50	830	4	28:03.4	9	1:08:13.9	1:36:17.3
9	145	Cheryl Track	51	663	8	30:22.1	11	1:18:16.5	1:48:38.7
10	146	Karren Watson	52	816	14	48:41.9	5	1:00:15.5	1:48:57.4
11	153	Kristine Rogers	50	871	10	33:06.6	13	1:22:17.6	1:55:24.3
12	156	Stephanie Dragatsis	52	806	12	34:07.1	12	1:21:39.6	1:55:46.8
13	162	Robin Nemanick	51	697	13	47:31.8	10	1:14:03.4	2:01:35.3

#### Male 50 to 54

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	27	Darrin Rohr	54	851	1	20:05.6	2	49:47.3	1:09:53.0
2 *	44	Christopher Pecor	52	645	2	25:03.5	3	50:36.8	1:15:40.4

Race Date  
May 25, 2019

# SUP & RUN 5K

## Age Group Results

### SUP & RUN

#### Male 50 to 54

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
3 *	48	Erich Richey	54	969	4	27:26.0	1	49:24.0	1:16:50.0
4 *	60	Don Bickel	52	672	3	26:35.5	6	54:47.6	1:21:23.1
5 *	65	Bob Poe	50	815	7	28:48.0	4	53:13.2	1:22:01.3
6 *	70	Steve Barberie	51	702	5	27:34.0	7	54:59.7	1:22:33.7
7	76	Kevin Jones	51	764	6	28:19.1	8	55:31.1	1:23:50.2
8	91	Greg Lanoza	53	817	8	32:50.3	5	54:31.5	1:27:21.8

#### Female 55 to 59

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	71	Missy Myers	58	682	3	28:24.7	2	54:24.8	1:22:49.6
2 *	72	Leslie Harrison	55	820	1	22:55.7	4	1:00:07.0	1:23:02.8
3 *	80	Lynda Roszel	58	700	5	30:56.1	1	53:18.9	1:24:15.1
4 *	93	Diana Squires	55	676	2	28:08.7	3	59:40.2	1:27:49.0
5 *	106	Susan Records	56	760	4	30:04.0	5	1:02:14.3	1:32:18.4
6 *	123	Holly Proctor	59	715	6	31:00.8	7	1:05:57.2	1:36:58.1
7	124	Linda Lysinger	58	735	8	32:38.2	6	1:04:53.3	1:37:31.5
8	144	Tammy Heider	56	710	9	33:51.5	8	1:12:15.8	1:46:07.4
9	148	Sandra Newell	59	766	10	35:53.1	9	1:13:33.4	1:49:26.6
10	155	Beth Drolette	58	802	7	31:42.2	10	1:23:47.5	1:55:29.7

#### Male 55 to 59

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	33	Dan Smith	55	743	4	30:44.4	1	40:27.9	1:11:12.3
2 *	39	Ford Smith	58	763	1	23:47.4	3	50:45.2	1:14:32.6
3 *	40	Steve Sage	57	718	3	26:01.5	2	49:02.9	1:15:04.4
4 *	55	Andrew Kish	58	139	2	24:30.4	4	55:23.3	1:19:53.8

#### Female 60 to 64

Place				5k		SUP		Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	46	Amber Crowley	61	651	2	25:44.6	1	50:24.2	1:16:08.8
2 *	95	Suzanne Brosseau	63	795	7	32:40.8	2	56:17.4	1:28:58.2
3 *	97	Barb Roughton	60	788	3	30:24.9	3	59:19.8	1:29:44.8
4 *	101	Mary Murphy	61	705	1	24:45.8	6	1:05:44.4	1:30:30.3



Race Date  
May 25, 2019

SUP & RUN 5K  
Age Group Results

SUP & RUN

Female 60 to 64

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
5 *	108	Sue Lee	63	661	6	32:12.6	4	1:01:38.0	1:33:50.6
6 *	118	Liz Arme	60	711	5	31:56.8	5	1:04:08.5	1:36:05.3
7	141	Jessica Dirkes	63	657	4	30:47.5	7	1:14:30.4	1:45:18.0

Male 60 to 64

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	42	Tim Addison	61	691	2	28:16.2	1	47:17.2	1:15:33.4
2 *	43	Walter Lysinger	60	734	1	23:26.8	2	52:12.3	1:15:39.2
3 *	103	Steve Lagasse	62	821	4	35:16.7	3	56:13.3	1:31:30.1
4 *	122	Michael Male	62	807	3	34:50.4	4	1:01:59.0	1:36:49.4
5 *	136	Daniel Means	60	847	5	37:51.0	5	1:05:15.6	1:43:06.6

Male 65 to 69

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	75	John Myers	66	683	4	35:07.0	2	48:35.2	1:23:42.2
2 *	81	Tom Knisley	66	728	2	31:30.7	3	53:28.5	1:24:59.3
3 *	94	Marc Schreiber	67	840	1	31:15.8	4	56:49.1	1:28:05.0
4 *	102	Ross Mercier	69	658	3	31:41.7	5	58:57.3	1:30:39.0
5 *	111	Thomas Larkin	67	982	6	47:47.4	1	46:58.2	1:34:45.7
6 *	161	Dan Pollock	67	791	5	46:28.8	6	1:11:53.3	1:58:22.2

Male 75 to 79

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	113	Jeffrey Hollway	76	753	1	33:50.8	1	1:01:20.2	1:35:11.0

Male 80 to 84

Place			5k				SUP		Total
Place	Overall	Name	Age	Bib No	Rnk	Time	Rnk	Time	Time
1 *	135	Fred Fiala	81	712	1	32:52.0	1	1:10:05.0	1:42:57.0