

**5K Open**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Todd Sudik		8	26	M	1 20-29	20:04.0	6:28/M
2	Dan Richards		10	40	M	1 40-49	22:15.7	7:11/M
3	Austin Dahl		12	18	M	1 16-19	22:16.8	7:11/M
4	Matt Lantz		9	46	M	2 40-49	22:39.1	7:18/M
5	Ryan Shaffer		11	14	M	1 1-15	25:32.4	8:14/M
6	Ben Gilbert		18	23	M	2 20-29	26:39.3	8:36/M
7	Andrea Nonne		20	37	F	1 30-39	27:33.0	8:53/M
8	Brent Vanleer		7	23	M	3 20-29	28:04.4	9:03/M
9	Michael Hollen		19	67	M	1 60-99	28:13.3	9:06/M
10	Megan Carben		5	24	F	1 20-29	28:24.9	9:10/M
11	David Neill		21	37	M	1 30-39	29:17.1	9:27/M
12	Courtney Fredrick		4	24	F	2 20-29	29:26.8	9:30/M
13	Grace Meholick		3	15	F	1 1-15	30:27.3	9:49/M
14	Robert Lockwood		17	66	M	2 60-99	30:29.1	9:50/M
15	Dave Cherby		6	63	M	3 60-99	30:49.3	9:56/M
16	Andy Park		14	44	M	3 40-49	34:23.9	11:05/M
17	Jessica Park		13	39	F	2 30-39	34:24.1	11:06/M
18	Isabella Castro		16	13	F	2 1-15	53:42.0	17:19/M
19	Barbara Chestnut		15	60	F	1 60-99	53:45.3	17:20/M

# Western PA Cares for Kids Duathlon and 5K

Race Date  
July 18, 2015

## Overall Results

Place	Name	Bib	Age	---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total Time
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	
1	Mike Shaffer	510	41	1	19:48.7	6:23	8	0:30.4	3	38:12.3	18.8	6	0:23.7	2	15:32.2	7:46	1:14:27.5		
2	Michael Zizan	532	55	5	21:00.4	6:46	18	0:42.8	1	36:50.3	19.5	15	0:34.2	3	15:43.4	7:52	1:14:51.4		
3	Make Up One	519	31	8	22:52.3	7:23	4	0:24.0	2	37:24.9	19.3	2	0:10.9	1	15:07.8	7:34	1:16:00.0		
4	Terry Reid	513	56	2	20:05.6	6:29	10	0:30.6	7	40:03.2	18.0	5	0:23.0	4	15:49.5	7:55	1:16:52.0		
5	Dan Mitchell	514	31	3	20:21.7	6:34	1	0:19.4	4	38:19.8	18.8	7	0:24.1	5	17:44.7	8:52	1:17:09.9		
6	Keelan Kunselman	534	16	4	20:44.6	6:41	16	0:38.6	8	40:31.0	17.8	21	0:50.3	8	18:30.5	9:15	1:21:15.0		
7	Eric Shick	528	46	6	22:05.0	7:07	26	1:33.6	6	39:43.8	18.1	30	1:28.7	6	18:12.0	9:06	1:23:03.4		
8	Dan Gray	536	54	20	25:34.6	8:15	27	1:35.5	5	39:22.4	18.3	27	1:16.2	17	21:29.2	10:45	1:29:18.1		
9	Clint Hartle	539	37	9	23:13.8	7:29	24	1:20.4	13	44:57.5	16.0	25	1:05.7	9	19:11.1	9:36	1:29:48.8		
10	Renee Miller	509	30	10	23:36.5	7:37	17	0:40.9	14	46:05.8	15.6	3	0:17.0	11	20:03.5	10:02	1:30:43.9		
11	Adam Felmlee	520	34	18	25:14.9	8:08	6	0:29.2	11	44:04.0	16.3	9	0:28.7	13	20:35.7	10:18	1:30:52.7		
12	Luc Doolittle	525	14	15	24:58.3	8:03	11	0:31.0	12	44:29.0	16.2	4	0:20.0	15	20:51.2	10:26	1:31:09.6		
13	Kenneth Shaffer	515	38	19	25:25.3	8:12	23	1:03.6	10	43:08.7	16.7	19	0:39.6	19	22:01.9	11:01	1:32:19.2		
14	Stuart Gruben	535	45	21	26:26.4	8:32	29	1:41.5	9	41:17.6	17.4	23	1:03.3	22	22:46.9	11:23	1:33:16.0		
15	Calvin Doolittle	526	12	16	24:58.9	8:03	15	0:38.2	15	46:07.5	15.6	11	0:29.9	16	21:26.0	10:43	1:33:40.6		
16	Richard Beach	501	35	11	24:00.2	7:45	9	0:30.5	19	49:08.9	14.7	14	0:33.8	10	19:47.8	9:54	1:34:01.4		
17	Melinda Hall	502	31	7	22:36.8	7:17	14	0:37.7	23	52:26.8	13.7	1	0:08.9	7	18:12.9	9:06	1:34:03.3		
18	Greg Renee	508	66	22	26:50.6	8:39	7	0:29.5	17	48:16.7	14.9			14	20:49.2	10:25	1:36:26.1		
19	Nathan Burkett	537	14	14	24:53.8	8:02	5	0:29.1	16	48:13.7	14.9	17	0:35.2	25	23:56.8	11:58	1:38:08.8		
20	Robin Plavi	530	51	24	27:42.9	8:56	22	1:00.9	18	48:59.1	14.7	16	0:34.7	21	22:36.2	11:18	1:40:53.8		
21	Run Wild	538	99	13	24:40.6	7:57	12	0:31.1	25	55:51.5	12.9	8	0:25.8	20	22:09.1	11:05	1:43:38.3		
22	Team H	531	9	12	24:38.2	7:57	13	0:31.4	27	57:34.0	12.5	20	0:46.0	12	20:20.2	10:10	1:43:49.9		
23	Becky Johnston	527	36	28	29:50.8	9:37	19	0:50.3	22	50:51.4	14.2	13	0:32.4	23	23:14.2	11:37	1:45:19.4		
24	Debbie Miles	529	55	23	27:10.7	8:46	20	0:51.4	24	55:08.9	13.1	18	0:38.2	18	21:55.2	10:58	1:45:44.6		
25	Team Rafferty	533	99	27	28:50.2	9:18	3	0:23.1	21	50:05.4	14.4	12	0:30.2	32	27:42.8	13:51	1:47:31.9		
26	Don Smith	511	56	26	28:21.2	9:09	30	2:03.1	20	49:44.7	14.5	31	1:47.6	31	27:02.0	13:31	1:48:58.7		
27	Caitlyn Smith	512	27	25	27:43.2	8:56	32	2:41.7	26	56:40.3	12.7	10	0:29.0	28	26:04.2	13:02	1:53:38.5		
28	Ellen Beckjord	505	37	29	30:26.0	9:49	31	2:23.5	29	59:58.7	12.0	29	1:21.8	24	23:26.4	11:43	1:57:36.6		
29	Leah Felmlee	521	34	30	30:43.7	9:55	21	1:00.4	28	59:13.5	12.2	24	1:05.5	29	26:14.4	13:07	1:58:17.6		
30	Kid Conquerors	522	8	17	25:13.6	8:08	2	0:21.7	32	1:04:57.9	11.1	28	1:18.7	30	26:25.7	13:13	1:58:17.8		
31	Marlo Perry	506	43	31	31:18.4	10:06	25	1:23.0	31	1:02:19.8	11.6	26	1:09.2	26	25:13.1	12:37	2:01:23.6		
32	Lisa Allen	504	53	32	31:19.8	10:06	28	1:36.5	30	1:02:19.4	11.6	22	0:55.8	27	25:21.2	12:41	2:01:32.8		

Race Date  
July 18, 2015

# Western PA Cares for Kids Duathlon and 5K

## Age Group Results

5K Open

### 5K Open

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andrea Nonne		37	20	7	27:33.0	8:53/M
2	Megan Carben		24	5	10	28:24.9	9:10/M
3	Courtney Fredrick		24	4	12	29:26.8	9:30/M

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# Western PA Cares for Kids Duathlon and 5K

## Age Group Results

5K Open

### 5K Open

#### Female 15 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Grace Meholick		15	3	13	30:27.3	9:49/M
2	Isabella Castro		13	16	18	53:42.0	17:19/M

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessica Park		39	13	17	34:24.1	11:06/M

#### Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Barbara Chestnut		60	15	19	53:45.3	17:20/M

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## Age Group Results

5K Open

### 5K Open

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Sudik		26	8	1	20:04.0	6:28/M
2	Dan Richards		40	10	2	22:15.7	7:11/M
3	Austin Dahl		18	12	3	22:16.8	7:11/M

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## Age Group Results

5K Open

### 5K Open

#### Male 15 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Shaffer		14	11	5	25:32.4	8:14/M

#### Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ben Gilbert		23	18	6	26:39.3	8:36/M
2	Brent Vanleer		23	7	8	28:04.4	9:03/M

#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Neill		37	21	11	29:17.1	9:27/M

#### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matt Lantz		46	9	4	22:39.1	7:18/M
2	Andy Park		44	14	16	34:23.9	11:05/M

#### Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Hollen		67	19	9	28:13.3	9:06/M
2	Robert Lockwood		66	17	14	30:29.1	9:50/M
3	Dave Cherby		63	6	15	30:49.3	9:56/M

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# Western PA Cares for Kids Duathlon and 5K

## Age Group Results

### Duathlon

#### Female Open Winners

Place			----- 5K Run -----			----- T1 -----			----- Bike -----			----- T2 -----			----- 2 Mile -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	9	Renee Miller	509	30	2	23:36.5	7:37	2	0:40.9		1	46:05.8	15.6	2	0:17.0		2	20:03.5	10:02	1:30:43.9
2	16	Melinda Hall	502	31	1	22:36.8	7:17	1	0:37.7		3	52:26.8	13.7	1	0:08.9		1	18:12.9	9:06	1:34:03.3
3	18	Robin Plavi	530	51	3	27:42.9	8:56	3	1:00.9		2	48:59.1	14.7	3	0:34.7		3	22:36.2	11:18	1:40:53.8

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## Age Group Results

### Duathlon

#### Female 20 to 29

Place			---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	Caitlyn Smith	512	27	1	27:43.2	8:56	1	2:41.7		1	56:40.3	12.7	1	0:29.0		1	26:04.2	13:02	1:53:38.5

#### Female 30 to 39

Place			---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	19	Becky Johnston	527	36	1	29:50.8	9:37	1	0:50.3		1	50:51.4	14.2	1	0:32.4		1	23:14.2	11:37	1:45:19.4
2	23	Ellen Beckjord	505	37	2	30:26.0	9:49	3	2:23.5		3	59:58.7	12.0	3	1:21.8		2	23:26.4	11:43	1:57:36.6
3	24	Leah Felmlee	521	34	3	30:43.7	9:55	2	1:00.4		2	59:13.5	12.2	2	1:05.5		3	26:14.4	13:07	1:58:17.6

#### Female 40 to 49

Place			---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	25	Marlo Perry	506	43	1	31:18.4	10:06	1	1:23.0		1	1:02:19.8	11.6	1	1:09.2		1	25:13.1	12:37	2:01:23.6

#### Female 50 to 59

Place			---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	20	Debbie Miles	529	55	1	27:10.7	8:46	1	0:51.4		1	55:08.9	13.1	1	0:38.2		1	21:55.2	10:58	1:45:44.6
2	26	Lisa Allen	504	53	2	31:19.8	10:06	2	1:36.5		2	1:02:19.4	11.6	2	0:55.8		2	25:21.2	12:41	2:01:32.8



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# Western PA Cares for Kids Duathlon and 5K

## Age Group Results

### Duathlon

#### Male Open Winners

Place			----- 5K Run -----			----- T1 -----			----- Bike -----			----- T2 -----			----- 2 Mile -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Mike Shaffer	510	41	1	19:48.7	6:23	1	0:30.4		2	38:12.3	18.8	2	0:23.7		1	15:32.2	7:46	1:14:27.5
2	2	Michael Zizan	532	55	3	21:00.4	6:46	3	0:42.8		1	36:50.3	19.5	3	0:34.2		2	15:43.4	7:52	1:14:51.4
3	3	Terry Reid	513	56	2	20:05.6	6:29	2	0:30.6		3	40:03.2	18.0	1	0:23.0		3	15:49.5	7:55	1:16:52.0

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# Western PA Cares for Kids Duathlon and 5K

## Age Group Results

### Duathlon

#### Male 15 and Under

Place			---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	11	Luc Doolittle	525	14	2	24:58.3	8:03	2	0:31.0		1	44:29.0	16.2	1	0:20.0		1	20:51.2	10:26	1:31:09.6
2	14	Calvin Doolittle	526	12	3	24:58.9	8:03	3	0:38.2		2	46:07.5	15.6	2	0:29.9		2	21:26.0	10:43	1:33:40.6
3	17	Nathan Burkett	537	14	1	24:53.8	8:02	1	0:29.1		3	48:13.7	14.9	3	0:35.2		3	23:56.8	11:58	1:38:08.8

#### Male 16 to 19

Place			---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	5	Keelan Kunselman	534	16	1	20:44.6	6:41	1	0:38.6		1	40:31.0	17.8	1	0:50.3		1	18:30.5	9:15	1:21:15.0

#### Male 30 to 39

Place			---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	4	Dan Mitchell	514	31	1	20:21.7	6:34	1	0:19.4		1	38:19.8	18.8	1	0:24.1		1	17:44.7	8:52	1:17:09.9
2	8	Clint Hartle	539	37	2	23:13.8	7:29	5	1:20.4		4	44:57.5	16.0	5	1:05.7		2	19:11.1	9:36	1:29:48.8
3	10	Adam Felmler	520	34	4	25:14.9	8:08	2	0:29.2		3	44:04.0	16.3	2	0:28.7		4	20:35.7	10:18	1:30:52.7
4	12	Kenneth Shaffer	515	38	5	25:25.3	8:12	4	1:03.6		2	43:08.7	16.7	4	0:39.6		5	22:01.9	11:01	1:32:19.2
5	15	Richard Beach	501	35	3	24:00.2	7:45	3	0:30.5		5	49:08.9	14.7	3	0:33.8		3	19:47.8	9:54	1:34:01.4

#### Male 40 to 49

Place			---- 5K Run ----			---- T1 ----			---- Bike ----			---- T2 ----			---- 2 Mile ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time

# Western PA Cares for Kids Duathlon and 5K

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## Age Group Results

### Duathlon

#### Male 40 to 49

Place					---- 5K Run ----		---- T1 ----		---- Bike ----			---- T2 ----		---- 2 Mile ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Eric Shick	528	46	1	22:05.0	7:07	1	1:33.6		1	39:43.8	18.1	2	1:28.7		1	18:12.0	9:06	1:23:03.4
2	13	Stuart Gruben	535	45	2	26:26.4	8:32	2	1:41.5		2	41:17.6	17.4	1	1:03.3		2	22:46.9	11:23	1:33:16.0

#### Male 50 to 59

Place					---- 5K Run ----		---- T1 ----		---- Bike ----			---- T2 ----		---- 2 Mile ----			Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Dan Gray	536	54	1	25:34.6	8:15	1	1:35.5		1	39:22.4	18.3	1	1:16.2		1	21:29.2	10:45	1:29:18.1
2	21	Don Smith	511	56	2	28:21.2	9:09	2	2:03.1		2	49:44.7	14.5	2	1:47.6		2	27:02.0	13:31	1:48:58.7

Race Date  
July 18, 2015

# Western PA Cares for Kids Duathlon and 5K

## Age Group Results

### Duathlon Team

#### Male Open Winners

Place			----- 5K Run -----			----- T1 -----			----- Bike -----			----- T2 -----			----- 2 Mile -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Make Up One	519	31	4	22:52.3	7:23	4	0:24.0		4	37:24.9	19.3	4	0:10.9		4	15:07.8	7:34	1:16:00.0
2	2	Greg Renee	508	66	6	26:50.6	8:39	5	0:29.5		5	48:16.7	14.9				5	20:49.2	10:25	1:36:26.1
3	3	Run Wild	538	99	5	24:40.6	7:57	6	0:31.1		6	55:51.5	12.9	5	0:25.8		6	22:09.1	11:05	1:43:38.3

Race Date  
July 18, 2015

# Western PA Cares for Kids Duathlon and 5K

## Age Group Results

### Duathlon Team

#### Male 15 and Under

Place					----- 5K Run -----		----- T1 -----		----- Bike -----			----- T2 -----		----- 2 Mile -----			----- Total -----			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Team H	531	9	1	24:38.2	7:57	2	0:31.4		1	57:34.0	12.5	1	0:46.0		1	20:20.2	10:10	1:43:49.9
2	6	Kid Conquerors	522	8	2	25:13.6	8:08	1	0:21.7		2	1:04:57.9	11.1	2	1:18.7		2	26:25.7	13:13	1:58:17.8

#### Male 16 and Over

Place					----- 5K Run -----		----- T1 -----		----- Bike -----			----- T2 -----		----- 2 Mile -----			----- Total -----			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Team Rafferty	533	99	1	28:50.2	9:18	1	0:23.1		1	50:05.4	14.4	1	0:30.2		1	27:42.8	13:51	1:47:31.9