

# Houtzdale Days 5k

Race Date  
July 24, 2015

## Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Div</u>	<u>Time</u>	<u>Pace</u>
1	Rudy Cordon		85	14	M	1 Top Fin	RW	19:24.4	6:15/M
2	Kyle Albert		86	17	M	1 12-17	RW	19:35.1	6:19/M
3	Alex Coval		90	15	M	2 12-17	RW	19:57.2	6:26/M
4	Daniel Papay		36	10	M	1 1-11	RW	22:14.5	7:10/M
5	Jeff Papay		37	42	M	1 38-47	RW	22:20.2	7:12/M
6	Rodney Kitko		83	47	M	2 38-47	RW	22:38.8	7:18/M
7	Rob Redden		101	48	M	1 48-57	RW	22:46.7	7:21/M
8	Curtis Neff		107	16	M	3 12-17	RW	22:48.5	7:21/M
9	jake Murwaski		108	16	M	4 12-17	RW	22:52.9	7:23/M
10	Denver Greenawalt		87	19	M	1 18-27	RW	22:53.6	7:23/M
11	Baren Berg		78	30	M	1 28-37	RW	23:01.0	7:25/M
12	Fredrick Ferguson		12	41	M	3 38-47	RW	23:05.4	7:27/M
13	Ryan Sayers		49	28	M	2 28-37	RW	23:06.6	7:27/M
14	Jacob Matchock		26	15	M	5 12-17	RW	23:07.9	7:27/M
15	Scott Beers		106	16	M	6 12-17	RW	23:10.5	7:28/M
16	Michael Biancuzzo		3	15	M	7 12-17	RW	23:21.2	7:32/M
17	Logan Jones		20	17	M	8 12-17	RW	23:40.7	7:38/M
18	Kory Fish		13	31	M	3 28-37	RW	23:51.7	7:42/M
19	Mandy Fish		14	34	F	1 Top Fin	RW	23:58.0	7:44/M
20	Damian Bloom	Madera PA	69	16	M	9 12-17	RW	24:04.4	7:46/M
21	Robert STRAW		56	42	M	4 38-47	RW	24:09.1	7:47/M
22	Joseph Negaard		35	28	M	4 28-37	RW	24:11.6	7:48/M
23	Matthew Reifer		42	45	M	5 38-47	RW	24:13.8	7:49/M
24	Ryan Thomas		112	18	M	2 18-27	RW	24:14.6	7:49/M
25	Devin Thomas		82	16	M	10 12-17	RW	24:14.8	7:49/M
26	Carrie Kaphart		88	44	F	1 38-47	RW	24:27.9	7:53/M
27	Larry Hayward		18	29	M	5 28-37	RW	24:38.7	7:57/M
28	Douglas Mihalko		97	41	M	6 38-47	RW	25:14.4	8:08/M
29	Zoe Stiles		104	20	F	1 18-27	RW	25:29.3	8:13/M
30	Gary Kost		25	54	M	2 48-57	RW	25:34.8	8:15/M
31	Melissa Helsel		93	37	F	1 28-37	RW	26:36.9	8:35/M
32	Brandon Baughman		2	25	M	3 18-27	RW	27:07.2	8:45/M
33	Samantha Matchock		27	18	F	2 18-27	RW	27:10.3	8:46/M
34	Vanessa Negaard		68	29	F	2 28-37	S	27:19.5	8:49/M
35	Tate Papay		38	7	M	2 1-11	RW	27:22.9	8:50/M
36	Kim Stiles		105	46	F	2 38-47	RW	27:31.1	8:53/M
37	Zachary Reifer		43	9	M	3 1-11	RW	27:31.2	8:53/M
38	Chuck Travis		77	54	M	3 48-57	RW	27:44.0	8:57/M
39	terry mathers		28	46	M	7 38-47	RW	28:06.7	9:04/M
40	Jim Hawkins		81	58	M	1 58-99	RW	28:20.9	9:08/M
41	Adam STRAW		55	13	M	11 12-17	RW	28:21.8	9:09/M
42	Brenda Benninghoff		95	42	F	3 38-47	RW	28:24.9	9:10/M
43	Erin Jones		92	37	F	3 28-37	RW	28:34.2	9:13/M
44	Desire Williams		91	35	F	4 28-37	RW	28:59.7	9:21/M
45	Dave Stodart		84	59	M	2 58-99	RW	29:21.4	9:28/M
46	Nicholas Krupa		111	17	M	12 12-17	RW	29:25.8	9:29/M
47	Michael Moskel		100	45	M	8 38-47	RW	29:29.3	9:31/M

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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Div</u>	<u>Time</u>	<u>Pace</u>
48	Todd Spencer		53	35	M	6 28-37	RW	29:37.7	9:33/M
49	Bernadette Johnson		96	38	F	4 38-47	RW	29:42.2	9:35/M
50	Alanna Ropchock		45	29	F	5 28-37	RW	29:54.3	9:39/M
51	Avery Jurrett		109	15	M	13 12-17	RW	29:55.6	9:39/M
52	Alan Wonderling	Houtedale PA	70	16	M	14 12-17	RW	30:05.2	9:42/M
53	Michael Mallin		89	32	M	7 28-37	RW	30:45.7	9:55/M
54	Steven Kiner		65	15	M	15 12-17	FC	30:53.5	9:58/M
55	Terri Stiles		103	50	M	4 48-57	RW	30:59.3	10:00/M
56	Michele Biancuzzo		4	39	F	5 38-47	RW	31:09.8	10:03/M
57	Tim Nebgen		94	35	M	8 28-37	RW	31:41.5	10:13/M
58	Michael Kephart		22	52	M	5 48-57	RW	32:01.3	10:20/M
59	Larry Cusick		66	45	M	9 38-47	S	32:03.9	10:20/M
60	Jeremy Smith		52	43	M	10 38-47	RW	32:33.2	10:30/M
61	Alexandra Kephart		21	20	F	3 18-27	RW	32:34.2	10:30/M
62	Zach Jasper		19	22	M	4 18-27	RW	32:34.3	10:30/M
63	Angel Harbst		110	30	F	6 28-37	RW	32:42.2	10:33/M
64	Alison Kephart		76	32	F	7 28-37	RW	33:11.2	10:42/M
65	Melissa Timko		57	37	F	8 28-37	RW	33:14.3	10:43/M
66	Madisyn Miscaysh	Houtedale PA	71	13	F	1 12-17	RW	33:49.6	10:55/M
67	Josh Berndt		79	36	M	9 28-37	RW	34:12.9	11:02/M
68	Jim Travis		98	62	M	3 58-99	RW	34:48.5	11:14/M
69	Audrey Smith		51	11	F	1 1-11	RW	35:23.1	11:25/M
70	Ashley Adams		1	29	F	9 28-37	RW	35:23.4	11:25/M
71	Sharon gregory		16	63	F	1 58-99	RW	35:26.5	11:26/M
72	Susan Whitehead		62	59	F	2 58-99	RW	35:32.2	11:28/M
73	Joshua Muir		32	36	M	10 28-37	RW	35:44.1	11:32/M
74	Kelly Foreman		15	46	F	6 38-47	RW	35:53.0	11:35/M
75	Jamie Wayne		60	45	M	11 38-47	RW	36:10.9	11:40/M
76	Jayne Lewis		99	28	F	10 28-37	RW	36:18.3	11:43/M
77	Sandra Matia		29	49	F	1 48-57	RW	38:00.7	12:15/M
78	Hap Yastro		64	59	M	4 58-99	RW	38:22.3	12:23/M
79	Elizabeth Greslick		17	53	F	2 48-57	RW	38:30.8	12:25/M
80	Emily Kiner		24	14	F	2 12-17	FC	40:16.4	12:59/M
81	Crystal Kiner		23	41	F	7 38-47	RW	40:16.4	12:59/M
82	Arianne Muir		33	32	F	11 28-37	RW	41:38.5	13:26/M
83	Clarissa Dulaney		7	25	F	4 18-27	RW	42:20.1	13:39/M
84	Patty Ropchock		46	67	F	3 58-99	RW	42:23.1	13:40/M
85	Crystal Conklin		5	38	F	8 38-47	RW	42:33.8	13:44/M
86	Sara Lutz		102	26	F	5 18-27	S	42:42.8	13:46/M
87	Sarah Dulaney		10	28	F	12 28-37	RW	42:46.8	13:48/M
88	Wendy Witherow		63	50	F	3 48-57	RW	43:49.6	14:08/M
89	Karen Dulaney		9	53	F	4 48-57	RW	49:06.3	15:50/M
90	Amanda Morgan		30	33	F	13 28-37	RW	49:11.7	15:52/M
91	Lindsay Wagner		59	30	F	14 28-37	RW	49:11.9	15:52/M
92	Megan Saggese		48	32	F	15 28-37	RW	49:16.0	15:54/M
93	Tori Gregg	Irvona PA	75	12	F	3 12-17	RW	51:24.3	16:35/M
94	Krista Gregg	Trvona PA	72	35	F	16 28-37	RW	51:24.3	16:35/M

Race Date  
July 24, 2015

Houtzdale Days 5k  
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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Div</u>	<u>Time</u>	<u>Pace</u>
95	Kylie Dixon		67	25	F	6 18-27	S	52:57.2	17:05/M
96	Kyle Dixon		6	26	M	5 18-27	RW	52:57.5	17:05/M
97	Kelly Shomo		50	22	F	7 18-27	RW	56:45.5	18:18/M
98	Heather Read		39	35	F	17 28-37	RW	56:45.6	18:18/M

# Houtzdale Days 5k

## Age Group Results

### Run/Walk

Race Date  
July 24, 2015

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mandy Fish		34	14	19	23:58.0	7:44/M

Race Date  
July 24, 2015

# Houtzdale Days 5k

## Age Group Results

### Run/Walk

#### Female 11 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Audrey Smith		11	51	66	35:23.1	11:25/M

#### Female 12 to 17

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madisyn Miscaysh	Houtedale PA	13	71	63	33:49.6	10:55/M
2	Tori Gregg	Irvona PA	12	75	88	51:24.3	16:35/M

#### Female 18 to 27

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zoe Stiles		20	104	29	25:29.3	8:13/M
2	Samantha Matchock		18	27	33	27:10.3	8:46/M
3	Alexandra Kephart		20	21	58	32:34.2	10:30/M
4	Clarissa Dulaney		25	7	79	42:20.1	13:39/M
5	Kelly Shomo		22	50	91	56:45.5	18:18/M

#### Female 28 to 37

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa Helsel		37	93	31	26:36.9	8:35/M
2	Erin Jones		37	92	42	28:34.2	9:13/M
3	Desire Williams		35	91	43	28:59.7	9:21/M
4	Alanna Ropchock		29	45	49	29:54.3	9:39/M
5	Angel Harbst		30	110	60	32:42.2	10:33/M
6	Alison Kephart		32	76	61	33:11.2	10:42/M
7	Melissa Timko		37	57	62	33:14.3	10:43/M
8	Ashley Adams		29	1	67	35:23.4	11:25/M
9	Jayne Lewis		28	99	73	36:18.3	11:43/M
10	Arianne Muir		32	33	78	41:38.5	13:26/M
11	Sarah Dulaney		28	10	82	42:46.8	13:48/M
12	Amanda Morgan		33	30	85	49:11.7	15:52/M
13	Lindsay Wagner		30	59	86	49:11.9	15:52/M
14	Megan Saggese		32	48	87	49:16.0	15:54/M
15	Krista Gregg	Trvona PA	35	72	89	51:24.3	16:35/M
16	Heather Read		35	39	92	56:45.6	18:18/M

Race Date  
July 24, 2015

Houtzdale Days 5k  
Age Group Results

**Run/Walk**

Female 38 to 47

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carrie Kaphart		44	88	26	24:27.9	7:53/M
2	Kim Stiles		46	105	35	27:31.1	8:53/M
3	Brenda Benninghoff		42	95	41	28:24.9	9:10/M
4	Bernadette Johnson		38	96	48	29:42.2	9:35/M
5	Michele Biancuzzo		39	4	54	31:09.8	10:03/M
6	Kelly Foreman		46	15	71	35:53.0	11:35/M
7	Crystal Kiner		41	23	77	40:16.4	12:59/M
8	Crystal Conklin		38	5	81	42:33.8	13:44/M

Female 48 to 57

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sandra Matia		49	29	74	38:00.7	12:15/M
2	Elizabeth Greslick		53	17	76	38:30.8	12:25/M
3	Wendy Witherow		50	63	83	43:49.6	14:08/M
4	Karen Dulaney		53	9	84	49:06.3	15:50/M

Female 58 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sharon gregory		63	16	68	35:26.5	11:26/M
2	Susan Whitehead		59	62	69	35:32.2	11:28/M
3	Patty Ropchock		67	46	80	42:23.1	13:40/M

# Houtzdale Days 5k

## Age Group Results

### Run/Walk

Race Date  
July 24, 2015

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rudy Cordon		14	85	1	19:24.4	6:15/M

Race Date  
July 24, 2015

# Houtzdale Days 5k

## Age Group Results

### Run/Walk

#### Male 11 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Papay		10	36	4	22:14.5	7:10/M
2	Tate Papay		7	38	34	27:22.9	8:50/M
3	Zachary Reifer		9	43	36	27:31.2	8:53/M

#### Male 12 to 17

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Albert		17	86	2	19:35.1	6:19/M
2	Alex Coval		15	90	3	19:57.2	6:26/M
3	Curtis Neff		16	107	8	22:48.5	7:21/M
4	jake Murwaski		16	108	9	22:52.9	7:23/M
5	Jacob Matchock		15	26	14	23:07.9	7:27/M
6	Scott Beers		16	106	15	23:10.5	7:28/M
7	Michael Biancuzzo		15	3	16	23:21.2	7:32/M
8	Logan Jones		17	20	17	23:40.7	7:38/M
9	Damian Bloom	Madera PA	16	69	20	24:04.4	7:46/M
10	Devin Thomas		16	82	25	24:14.8	7:49/M
11	Adam STRAW		13	55	40	28:21.8	9:09/M
12	Nicholas Krupa		17	111	45	29:25.8	9:29/M
13	Avery Jurrett		15	109	50	29:55.6	9:39/M
14	Alan Wonderling	Houtedale PA	16	70	51	30:05.2	9:42/M

#### Male 18 to 27

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Denver Greenawalt		19	87	10	22:53.6	7:23/M
2	Ryan Thomas		18	112	24	24:14.6	7:49/M
3	Brandon Baughman		25	2	32	27:07.2	8:45/M
4	Zach Jasper		22	19	59	32:34.3	10:30/M
5	Kyle Dixon		26	6	90	52:57.5	17:05/M

#### Male 28 to 37

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Baren Berg		30	78	11	23:01.0	7:25/M
2	Ryan Sayers		28	49	13	23:06.6	7:27/M
3	Kory Fish		31	13	18	23:51.7	7:42/M
4	Joseph Negaard		28	35	22	24:11.6	7:48/M
5	Larry Hayward		29	18	27	24:38.7	7:57/M



Race Date  
July 24, 2015

# Houtzdale Days 5k

## Age Group Results

### Run/Walk

#### Male 28 to 37

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Todd Spencer		35	53	47	29:37.7	9:33/M
7	Michael Mallin		32	89	52	30:45.7	9:55/M
8	Tim Nebgen		35	94	55	31:41.5	10:13/M
9	Josh Berndt		36	79	64	34:12.9	11:02/M
10	Joshua Muir		36	32	70	35:44.1	11:32/M

#### Male 38 to 47

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Papay		42	37	5	22:20.2	7:12/M
2	Rodney Kitko		47	83	6	22:38.8	7:18/M
3	Fredrick Ferguson		41	12	12	23:05.4	7:27/M
4	Robert STRAW		42	56	21	24:09.1	7:47/M
5	Matthew Reifer		45	42	23	24:13.8	7:49/M
6	Douglas Mihalko		41	97	28	25:14.4	8:08/M
7	terry mathers		46	28	38	28:06.7	9:04/M
8	Michael Moskel		45	100	46	29:29.3	9:31/M
9	Jeremy Smith		43	52	57	32:33.2	10:30/M
10	Jamie Wayne		45	60	72	36:10.9	11:40/M

#### Male 48 to 57

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rob Redden		48	101	7	22:46.7	7:21/M
2	Gary Kost		54	25	30	25:34.8	8:15/M
3	Chuck Travis		54	77	37	27:44.0	8:57/M
4	Terri Stiles		50	103	53	30:59.3	10:00/M
5	Michael Kephart		52	22	56	32:01.3	10:20/M

#### Male 58 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jim Hawkins		58	81	39	28:20.9	9:08/M
2	Dave Stodart		59	84	44	29:21.4	9:28/M
3	Jim Travis		62	98	65	34:48.5	11:14/M
4	Hap Yastro		59	64	75	38:22.3	12:23/M

Race Date  
July 24, 2015

Houtzdale Days 5k  
Age Group Results  
**Stroller Challenge**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vanessa Negaard		29	68	1	27:19.5	8:49/M

Race Date  
July 24, 2015

Houtzdale Days 5k  
Age Group Results  
**Stroller Challenge**

Female 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sara Lutz		26	102	3	42:42.8	13:46/M
2	Kylie Dixon		25	67	4	52:57.2	17:05/M

Race Date  
July 24, 2015

Houtzdale Days 5k  
Age Group Results  
**Stroller Challenge**

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Larry Cusick		45	66	2	32:03.9	10:20/M

Race Date  
July 24, 2015

Houtzdale Days 5k  
Age Group Results  
**Fireman's Challenge**

Female 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Kiner		14	24	2	40:16.4	12:59/M

Race Date  
July 24, 2015

Houtzdale Days 5k  
Age Group Results  
**Fireman's Challenge**

Male 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Kiner		15	65	1	30:53.5	9:58/M