



# **TRIATHLON** PLEASANT PRAIRIE

PRESENTED BY: **KENOSHA**  
SUBARU

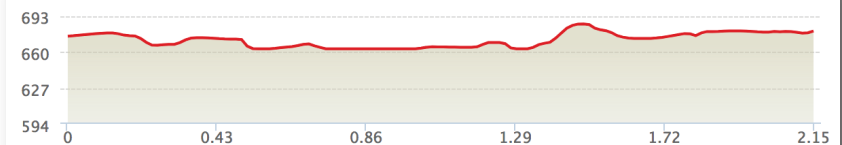
DUATHLON RUN COURSE #1

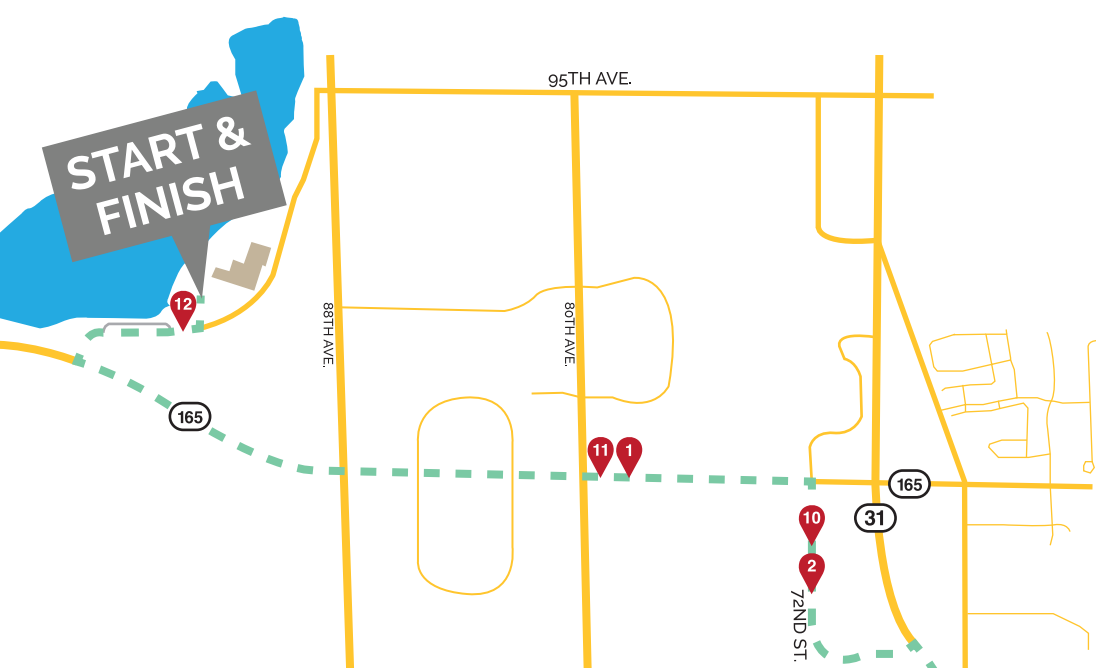


## **DUATHLON RUN #1 TURN-BY-TURN**

Start at the finish line and run counter-clockwise around lake  
Stay on bike trail entire way around lake  
Stay on bike trail at boat launch  
Stay on bike trail past beach house  
Left on bike trail at Transition near Terwall Terrace  
Stay on bike trail and merge with swimmers exiting the water  
Right into transition

ELEVATION (ft)





# TRIATHLON

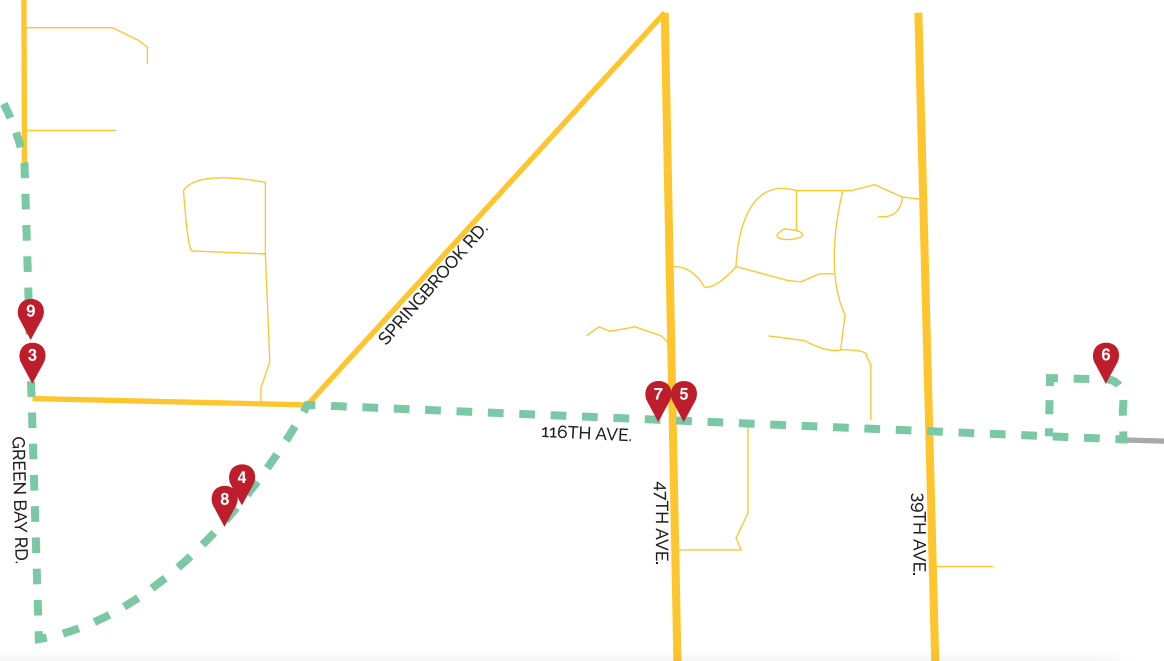
## PLEASANT PRAIRIE

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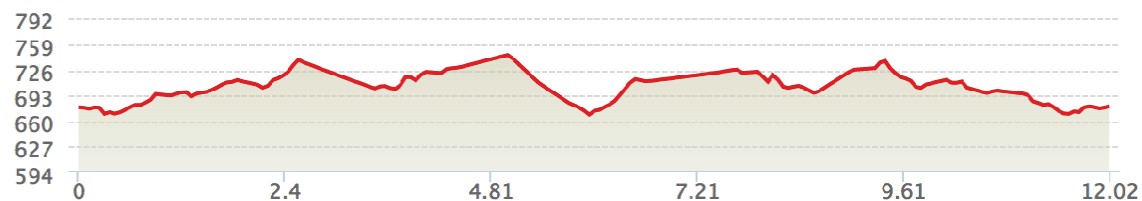
SPRINT BIKE COURSE  
DUATHLON BIKE COURSE

### BIKE TURN-BY-TURN

Start in Transition  
 Right on Terwall Terrace  
 Left on Lakeview Parkway/104th Street  
 Right on 72nd Ave  
 Right on Green Bay Rd  
 Left on Springbrook Rd  
 Right on 116th Street  
 Left on 32nd Ave  
 Left on 115th Street  
 Left on 35th Ave  
 Right on 116th Street  
 Left on Springbrook Rd  
 Right on Green Bay Rd  
 Left on 108th Street  
 Left on 104th Street  
 Right on 82nd Ave  
 Right on 104th Street  
 Right on Terwall Terrace  
 Left into Transition



### ELEVATION (ft)



## SPRINT RUN & DUATHLON #2 RUN TURN-BY-TURN

Start in Transition  
Exit Run Out and right turn immediately onto bike path.  
Follow bike path clockwise around the lake  
Turn left at boat launch and onto Park Drive  
Continue on Park Drive until turnaround near mile 2.  
Turnaround on Park Drive and continue.  
Continue past gravel path straight on Park Drive  
Continue onto bike trail at boat launch  
Continue on bike trail to finish



# TRIATHLON PLEASANT PRAIRIE

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SPRINT RUN COURSE  
DUATHLON RUN COURSE #2



ELEVATION (ft)

