



Highlights from the 2018 5 Dollar 5K

2019 will bring a new \$5 5K series, but, before we ring in the new, let's review last year's highlights and results.

We had runners come from South Hadley, MA, Joplin, MO, Mendham, NJ, Lafayette, LA, Myrtle Beach, SC and a few from Virginia. There wasn't any International participant, maybe next year. I know they were probably in town on business and it was fun having them. North Carolina was well represented with participants from as far away as Wilmington, the Triangle, the Charlotte area, and quite a few came regularly from Statesville. The base of the runners came from the Triad as expected.

There were many who participated in multiple events. Eli Hughes gets the Ironman award for running all 7 events and a few people ran and volunteered. We had a core set of volunteers most of whom helped at every event. I can't thank Er and Cathy Ralston, Terry and Cameron Wilmoth, Mack Roebuck, John Dunkelberg, and Dan Bradley, enough.

Thanks to Omega Sports for their sponsorship.

The \$5 5K was designed to promote running and attract participants of all levels. To do that we award the gift certificates that Omega Sports provided by drawing rather than speed and somehow the last finisher seemed to get an award – not sure how that happened. We had almost an equal number of runners who broke 20 minutes (18) compared to runners requiring over 40 minutes (19) to complete the course. Those of you who have participated have seen the event evolve over the past two years, from manual timing to chip timing, course modifications to accommodate mother nature and other people who share the greenway and, of course, extending the \$5 discount to TCTC members (as we do for all of our races) making the \$5 5K free for TCTC members! These changes will continue to evolve this year. I will be posting details on the TCTC Facebook page. Preliminarily, we will post both the results of the current race and the overall race series standings for the event on the TCTC website. We are also planning an awards ceremony at the end of the series where the top 3 overall finishers and top 3 age group finishers will be recognized (more on this later).

The one thing that will not change is the quality of the events. We will continue to have an accurate course, marked mile splits, an aid station and accurate times. We will also continue having a "drawing" for the awards at each monthly event.

Thank you all for participating. I hope to see you on April 9, 2019 for the first race of the 2019 \$5 5K Series.

Here is a link to the 2018 overall and age groups results. Only the fastest time the participant achieved is used for the scoring. The participant's age on the date of the race was used to determine the age group. The overall men and women top finishers are highlighted in yellow and the age top finishers are highlighted in green.

[2018 \\$5 5K Overall Results Here](#)

