## Richmond Road Runners Club CODE OF CONDUCT

Board Approved: February 21, 2018

The mission of the Richmond Road Runners Club is to support running and healthy lifestyles in the Richmond, Virginia region. Runners have come to value the ideas, expertise and knowledge base the Club has to offer. We strive to provide an encouraging environment for all members and event participants through mutual respect and positive attitudes. As leaders in the fitness community, we hold ourselves to high standards of integrity and principle.

The responsibility for maintaining a successful, vibrant club is shared by all, and thus all have the same responsibility to uphold its standards.

This Code of Conduct is created for the safety and benefit of the Club, its members and its guests. Its provisions apply to the officers and directors of the Club's board, Club members, vendors, event participants, volunteers and spectators.

During all RRRC events and activities we shall:

- Conduct ourselves in a manner that will ensure a welcoming, respectful and comfortable Club environment for all—free from harassment, dishonesty, and intimidation.
- Never make unwanted verbal, sexual or physical contact with others.
- Refrain from using negative, disparaging or derogatory language when interacting
  with Club members, participants, volunteers, and members of other running clubs at
  races, training programs, group runs, activities, social events, clinics and seminars, or
  via the Internet in public or Club forums and social media sites.
- Respect age, religion, ethnic background, gender and sexual orientation when
  interacting with Club members, participants, volunteers, and members of other
  running clubs at races, training programs, group runs, activities, social events, clinics
  and seminars, or via the Internet in public or Club forums and social media sites.
- Behave in a manner that is safe and that does not put ourselves or others at risk of physical harm or legal liability.
- Observe and obey all rules and regulations governing races, training programs, and competitions.

Our Code of Conduct will be included with all membership applications and renewals and members will need to document acceptance as part of membership registration. Our Code of Conduct will be posted on the Club's website, including the registration site for each Club race, training program, competition or other Club event.

A complaint about a violation(s) of the Code of Conduct should be presented in writing (or via email) to the RRRC President (president@rrrc.org). The written request to address a concern(s)

about a violation(s) of the Code of Conduct should outline specific concerns without making threats, personal attacks, accusations, or using inflammatory language. The concern will be investigated, and the findings reported to the Board of Directors. The Club's <a href="Complaint">Complaint</a> <a href="Resolution Process">Resolution Process</a> outlines the process in more detail.

The Board may fashion a remedy depending on the severity of the violation. Sanctions may include, but are not limited to, a verbal warning, a written warning, cancellation of RRRC membership, and/or prohibition on registering for and attending Club races, group runs, activities, social events, clinics and seminars.

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