



**2018 Summer Track & Field Series**

**Dates:** July 3rd, July 10th, July 17th, July 24th - 1st Event Starts at 6pm promptly

**Location:** Mater Dei High School, 538 Church St, Middletown, NJ 07748

**Price:** Save time by registering online in advance. You will still pay at the meet when you pick up your competitor numbers. **\*\*\*Teams must pre-register\*\*\***

**REGISTER ONLINE AT [vipertiming.com/register](http://vipertiming.com/register)**

- **Check in starts at 5:00pm and ends at 5:45pm (1st call for event #1)**

<p style="text-align: center;"><b>WEEK 1 - 7/10</b> <b><u>TRACK EVENTS</u></b></p> <ol style="list-style-type: none"> <li>1. 100m Dash</li> <li>2. 1 Mile Run</li> <li>3. 400m Dash</li> <li>4. 400m Race Walk</li> <li>5. 4x400 Relay</li> </ol> <p style="text-align: center;"><b><u>FIELD EVENTS</u></b></p> <ul style="list-style-type: none"> <li>→ Shot put</li> <li>→ Discus</li> <li>→ Javelin</li> <li>→ Long Jump (open pit until 7:30pm)</li> </ul>	<p style="text-align: center;"><b>WEEK 2 - 7/17</b> <b><u>TRACK EVENTS</u></b></p> <ol style="list-style-type: none"> <li>1. 200m Dash</li> <li>2. 1500m Run</li> <li>3. 600m Run</li> <li>4. 800m Race Walk</li> <li>5. 4x100 Relay</li> </ol> <p style="text-align: center;"><b><u>FIELD EVENTS</u></b></p> <ul style="list-style-type: none"> <li>→ Shot put</li> <li>→ Discus</li> <li>→ Javelin</li> <li>→ Triple Jump (open pit until 7:30pm)</li> </ul>
<p style="text-align: center;"><b>WEEK 3 - 7/24</b> <b><u>TRACK EVENTS</u></b></p> <ol style="list-style-type: none"> <li>1. 100m Dash</li> <li>2. 1 Mile Run</li> <li>3. 300m Dash</li> <li>4. 800m Race Walk</li> <li>5. 4x200 Relay</li> </ol> <p style="text-align: center;"><b><u>FIELD EVENTS</u></b></p> <ul style="list-style-type: none"> <li>→ Shot put</li> <li>→ Discus</li> <li>→ Javelin</li> <li>→ Long Jump (open pit until 7:30pm)</li> </ul>	<p style="text-align: center;"><b>WEEK 4 - 7/31</b> <b><u>TRACK EVENTS</u></b></p> <ol style="list-style-type: none"> <li>1. 100m Dash</li> <li>2. 3000m Run</li> <li>3. 400m Dash</li> <li>4. 800m Run</li> <li>5. Sprint Medley Relay (1, 1, 2, 4)</li> </ol> <p style="text-align: center;"><b><u>FIELD EVENTS</u></b></p> <ul style="list-style-type: none"> <li>→ Shot Put</li> <li>→ Discus</li> <li>→ Javelin</li> <li>→ Triple Jump (open pit until 7:30pm)</li> </ul>



- **USATF Sanctioned Meets**
- **Certified officials at each field event**
- **Volunteers to help measure at the field events are appreciated**
- **Please provide your own implements**
- ★ **Show up early ready to compete**
- ★ **Purchase & wear your competitor number (lost numbers must be replaced)**
- ★ **Sign Up for the track events you will compete in**
- ★ **Sign Up for field events at the competition area**

**Important Info:** You only need to register one time - once in the system you just need to be issued a competitor number. You must pay for and wear your competitor number for each meet of the series. You are not allowed to compete without a number - no exceptions. A new competitor number will be issued for each week of the series. FAT timing for all running events. Results will be posted during the meet at [vipertiming.com/live](http://vipertiming.com/live) and after at [vipertiming.com](http://vipertiming.com)

- **Check in starts at 5:00pm and ends at 5:45pm (1st call for event #1)**
- **At check in you must sign up for the events you wish to compete in.**

**Registration Prices:**

**Athletes 18-under**

**\$13 for each meet - unlimited events**

**Athletes 19-Up**

**\$18 per each meet - unlimited events**

**You must pick up a new competitor number each week**



**Pre-registration discounts for clubs of 10 or more athletes - email [reece.bell@gmail.com](mailto:reece.bell@gmail.com)**

**Online-registration is easy! Just go to [vipertiming.com/register](http://vipertiming.com/register) and add your name and info. It takes less than 3 minutes! Registration is only needed once.**

**Teams MUST pre-register!  
Meets will start on time.**

**REGISTER ONLINE AT [vipertiming.com/register](http://vipertiming.com/register)**