

Ramblin Rose Winston-Salem 2016 - Overall Individual Results

** Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.

Place	Bib	Age	Co	NAME	CITY/STATE	Rank	SWIM	Rank	T1	Rank	BIKE	Rank	T2	Rank	RUN	PENALTY	TIME	DQ
1	83	11		JET FRANCIS	HUNTERSVILLE NC	8	00:03:39	1	00:00:31	2	00:24:45						00:43:12	
2	178	48		CARY MAYCOCK	GREENSBORO NC	1	00:03:14	7	00:00:55	1	00:24:37						00:46:20	
3	17	36		JESS WILLIAMS	WINSTON SALEM NC	40	00:04:24	23	00:01:10	3	00:24:54						00:47:30	
4	131	41		KARA ELMORE	RANDLEMAN NC	89	00:05:16	11	00:00:58	4	00:26:07						00:48:50	
5	6	33		ERIN KEY	WINSTON SALEM NC	23	00:04:04	64	00:01:30	14	00:28:23	5	00:00:38	2	00:15:16		00:49:49	
6	126	11		GRACE DEITZ	LEWISVILLE NC	81	00:05:06	10	00:00:58	16	00:28:45	4	00:00:38	1	00:14:58		00:50:23	
7	136	13		PATRICE HINKSON	HUNTERSVILLE NC	13	00:03:47	15	00:01:05	13	00:27:45						00:50:31	
8	106	34		LINDSEY FERRACO	DANVILLE VA	24	00:04:05	63	00:01:29	5	00:26:38						00:50:37	
9	139	31		VANESSA VILA	KERNERSVILLE NC	39	00:04:23	6	00:00:55	18	00:28:56						00:50:50	
10	268	28		JONI GARRETT	ADVANCE NC	64	00:04:51	88	00:01:41	11	00:27:10						00:51:17	
11	266	33		BRELAND JOINES	WINSTON SALEM NC	76	00:05:01	22	00:01:09	9	00:27:00						00:51:20	
12	330	30		HEATHER GOODWYN	WILKESBORO NC	167	00:06:14	27	00:01:11	8	00:26:55	106	00:01:24	3	00:16:16		00:51:59	
13	322	57		KORY GOLDSMITH	PITTSBORO NC	33	00:04:16	2	00:00:46	12	00:27:29						00:52:00	
14	128	29		AMANDA STOUT	ASHEBORO NC	47	00:04:35	36	00:01:17	27	00:29:54						00:52:30	
15	59	30		ALLISON CARROLL	WINSTON SALEM NC	94	00:05:17	4	00:00:51	25	00:29:48						00:53:01	
16	123	34		HEATHER REITANO	WINSTON SALEM NC	74	00:04:58	21	00:01:09	26	00:29:51	20	00:00:49	5	00:16:23		00:53:08	
17	267	35		ANDREA COUTS	HIGH POINT NC	12	00:03:46	13	00:01:02	30	00:30:18						00:53:32	
18	316	41		EMILY DAVIS	WINSTON SALEM NC	20	00:04:01	85	00:01:38	19	00:29:01	55	00:01:07	16	00:17:51		00:53:35	
19	283	46		ZUZANA BANAS	MOUNT AIRY NC	25	00:04:10	8	00:00:56	36	00:30:33	31	00:00:55	12	00:17:33		00:54:06	
20	265	32		BETHANY REAVIS	CLEMMONS NC	136	00:05:49	37	00:01:17	22	00:29:17	36	00:00:58	6	00:16:52		00:54:11	
21	20	57		LAURA HULL	WINSTON SALEM NC	73	00:04:57	51	00:01:23	7	00:26:54						00:54:14	
22	282	12		ANNA BANAS	MOUNT AIRY NC	2	00:03:16	12	00:01:00	53	00:31:47						00:54:26	
23	64	35		ERIN GREGORY	PFAFFTOWN NC	44	00:04:27	16	00:01:05	24	00:29:31						00:54:43	
24	317	43		KATHLEEN MASTEN	LEWISVILLE NC	103	00:05:25	167	00:02:17	10	00:27:06	195	00:02:22	13	00:17:37		00:54:45	
25	25	35		SALLIE NIFONG	HIGH POINT NC	16	00:03:50	20	00:01:08	34	00:30:30						00:54:49	
26	101	29		AIMEE JOHNSON	WINSTON SALEM NC	60	00:04:47	26	00:01:11	46	00:31:09	7	00:00:40	9	00:17:08		00:54:53	

27	312	47	LISA MORGAN	CHARLOTTE NC	83	00:05:06	33	00:01:16	20	00:29:01	39	00:00:59	23	00:18:39	00:55:00
28	247	48	TRACEY ROGERS	MATTHEWS NC	79	00:05:03	54	00:01:24	54	00:31:53	1	00:00:33	4	00:16:22	00:55:12
29	272	13	BRYNN HUTCHISON	CLEMMONS NC	11	00:03:43	41	00:01:20	31	00:30:21					00:55:14
30	146	48	MICHAELLE BROWERS	WINSTON SALEM NC	87	00:05:08	53	00:01:24	35	00:30:32	102	00:01:23	8	00:17:06	00:55:31
31	79	33	EMILY ACKLEY	WINSTON SALEM NC	15	00:03:47	45	00:01:20	15	00:28:44					00:55:47
32	121	38	KATI EKMAN	DANVILLE VA	70	00:04:56	70	00:01:32	28	00:29:56					00:56:36
33	295	38	ASHLEY PETRONZIO	WINSTON SALEM NC	48	00:04:36	3	00:00:47	68	00:32:46					00:56:42
34	215	53	AMY ANDERSON	WINSTON SALEM NC	182	00:06:29	42	00:01:20	21	00:29:10	107	00:01:25	22	00:18:36	00:56:57
35	114	50	BARBARA SCOTT	WINSTON SALEM NC	67	00:04:52	137	00:02:06	60	00:32:24	12	00:00:44	14	00:17:43	00:57:47
36	180	13	ANNABELLE TOWNSEND	CHARLOTTE NC	55	00:04:43	119	00:01:54	40	00:30:54					00:57:56
37	262	28	ARIKA HERRON	WINSTON SALEM NC	50	00:04:36	184	00:02:23	64	00:32:36					00:58:07
38	233	50	JULIE WHITTINGTON	WINSTON SALEM NC	100	00:05:24	31	00:01:15	43	00:31:02	96	00:01:21	31	00:19:28	00:58:28
39	93	21	CATHERINE MORRIS	WAXHAW NC	171	00:06:21	121	00:01:55	67	00:32:46					00:58:41
40	3	40	GINGER TEMPLETON	RALEIGH NC	58	00:04:44	24	00:01:10	48	00:31:26					00:58:51
41	31	33	MARY NEWCOMB	WINSTON-SALEM NC	66	00:04:51	47	00:01:20	41	00:30:56	51	00:01:04	47	00:20:46	00:58:56
42	98	42	LISA FLORACK	DURHAM NC	184	00:06:31	62	00:01:29	39	00:30:53	6	00:00:39	30	00:19:27	00:58:57
43	61	41	M.C. HARTLEY	SEAGROVE NC	45	00:04:28	103	00:01:46	79	00:33:38	26	00:00:53	20	00:18:32	00:59:14
44	263	27	MEGHAN BRILL	WINSTON SALEM NC	22	00:04:03	25	00:01:10	58	00:32:12					00:59:21
45	82	42	CARYN GARDNER	WINSTON SALEM NC	95	00:05:18	74	00:01:34	50	00:31:30	133	00:01:38	33	00:19:34	00:59:32
46	220	25	LAUREN STUTTS	WINSTON SALEM NC	62	00:04:50	5	00:00:54	55	00:31:54					00:59:43
47	335	50	JULIE BELL	WINSTON-SALEM NC	7	00:03:38	57	00:01:26	51	00:31:30					00:59:50
48	289	41	ANGIE KOONIN	WINSTON SALEM NC	57	00:04:44	77	00:01:35	114	00:35:27	81	00:01:15	7	00:16:57	00:59:56
49	231	44	NANETTE FULP	WINSTON SALEM NC	32	00:04:13	18	00:01:07	32	00:30:22					01:00:01
50	21	27	AMY BURGESESSER	WINSTON SALEM NC	114	00:05:38	32	00:01:16	66	00:32:43	8	00:00:42	34	00:19:50	01:00:07
51	177	17	ALEXANDRA MAYCOCK	GREENSBORO NC	17	00:03:52	90	00:01:42	78	00:33:35					01:00:07
52	127	37	JESSICA HEARD	LEWISVILLE NC	71	00:04:56	93	00:01:42	47	00:31:26					01:00:09
53	310	55	PATRICIA SHELTON	CLEMMONS NC	138	00:05:51	73	00:01:34	45	00:31:07	61	00:01:10	42	00:20:32	01:00:12
54	133	46	SHANNON EDDLEMAN	RALEIGH NC	27	00:04:12	100	00:01:45	90	00:34:19					01:00:17
55	92	37	DANIELLE WRIGHT	WINSTON SALEM NC	42	00:04:27	169	00:02:18	69	00:32:52					01:00:26
56	34	58	REBECCA FRANCIS	WINSTON SALEM NC	111	00:05:34	28	00:01:13	62	00:32:26	29	00:00:54	40	00:20:22	01:00:28
57	296	42	LISA MANESS	HIGH POINT NC	120	00:05:41	150	00:02:11	23	00:29:24	113	00:01:28	66	00:21:59	01:00:41

58	179	44	BARBIE PILLA	WINSTON SALEM NC	63	00:04:50	105	00:01:47	59	00:32:21					01:00:48
59	293	22	JAMIE COYLE	WINSTON SALEM NC	18	00:03:56	87	00:01:40	119	00:35:38					01:01:07
60	343	59	TERRIE ROBINSON	LEWISVILLE NC	173	00:06:22	79	00:01:36	42	00:31:00	97	00:01:21	50	00:20:52	01:01:09
61	63	36	CHRISTINA CALL	WILKESBORO NC	210	00:06:56	86	00:01:39	33	00:30:23	147	00:01:45	44	00:20:33	01:01:14
62	8	38	AMY REYNOLDS	CLEMMONS NC	46	00:04:31	111	00:01:51	29	00:30:15					01:01:17
63	239	52	ALITA SUTTON	WINSTON SALEM NC	172	00:06:22	114	00:01:52	52	00:31:44	176	00:02:03	29	00:19:26	01:01:25
64	217	47	TRISH SPENCER	KERNERSVILLE NC	85	00:05:07	108	00:01:49	17	00:28:51					01:01:30
65	309	29	ALLYSEN MAHAFFEY	WINSTON SALEM NC	59	00:04:46	49	00:01:21	65	00:32:41	30	00:00:55	69	00:22:01	01:01:42
66	232	48	GEORGI SMITH	WINSTON SALEM NC	137	00:05:50	66	00:01:31	37	00:30:38					01:01:47
67	66	37	ELIZABETH LAWSON	WINSTON SALEM NC	35	00:04:18	126	00:01:57	73	00:33:21					01:01:54
68	12	43	LISA COTTRILL	JAMESTOWN NC	109	00:05:32	181	00:02:22	56	00:31:57	9	00:00:43	56	00:21:26	01:01:58
69	315	42	BRANDY ROMELLO	WINSTON SALEM NC	122	00:05:43	46	00:01:20	75	00:33:29	111	00:01:27	36	00:20:04	01:02:02
70	2	35	DANA WICHMAN	HIGH POINT NC	34	00:04:17	84	00:01:37	98	00:34:35					01:02:05
71	39	34	NICOLE REA	CLEMMONS NC	117	00:05:40	72	00:01:34	86	00:33:59	141	00:01:42	26	00:19:15	01:02:06
72	125	39	SARAH HAIGH MOLINA	WINSTON SALEM NC	148	00:06:00	44	00:01:20	44	00:31:03	64	00:01:10	78	00:22:36	01:02:08
73	32	46	ATHIA NOLAN	WINSTON SALEM NC	77	00:05:02	65	00:01:30	70	00:33:00	44	00:01:01	67	00:22:00	01:02:32
74	55	50	LISA EVANS	PFAFFTOWN NC	256	00:08:23	39	00:01:19	80	00:33:39	38	00:00:59	17	00:18:16	01:02:33
75	299	42	JENNIFER HOWELL	WINSTON SALEM NC	205	00:06:50	171	00:02:19	97	00:34:31	11	00:00:43	19	00:18:30	01:02:51
76	18	50	RENEE HARGROVE	WINSTON SALEM NC	238	00:07:44	76	00:01:34	82	00:33:44	22	00:00:50	25	00:19:06	01:02:57
77	156	35	LAURA GLICK	WINSTON SALEM NC	31	00:04:13	155	00:02:13	71	00:33:11					01:03:00
78	196	49	JANICE FLUKE	GREENSBORO NC	199	00:06:45	99	00:01:45	38	00:30:51	65	00:01:11	79	00:22:37	01:03:07
79	71	27	ALEX MOORE	MOUNT HOLLY NC	36	00:04:20	212	00:02:40	81	00:33:42					01:03:07
80	99	13	SAMANTHA FLORACK	DURHAM NC	139	00:05:52	30	00:01:15	133	00:36:57	2	00:00:37	24	00:18:41	01:03:20
81	273	43	CATHERINE HUTCHISON	CLEMMONS NC	41	00:04:25	146	00:02:09	123	00:36:03	42	00:01:01	37	00:20:04	01:03:40
82	269	30	JENNIFER HADDEN	EVANS GA	51	00:04:36	60	00:01:27	108	00:35:06	19	00:00:49	61	00:21:47	01:03:43
83	183	38	MANDY NICKS	WINSTON SALEM NC	54	00:04:43	145	00:02:09	87	00:34:09	90	00:01:19	57	00:21:26	01:03:44
84	261	47	ELIZABETH BRUNSON	CLEMMONS NC	151	00:06:02	98	00:01:45	92	00:34:25	130	00:01:37	35	00:20:03	01:03:50
85	19	40	KIM STULL	WINSTON SALEM NC	121	00:05:42	50	00:01:21	85	00:33:57	87	00:01:17	58	00:21:37	01:03:52
86	68	11	LINDSAY TEMPLETON	RALEIGH NC	10	00:03:41	120	00:01:54	117	00:35:33					01:04:10
87	132	12	LINDSEY EDDLEMAN	RALEIGH NC	14	00:03:47	102	00:01:46	134	00:37:05					01:04:12
88	35	52	CINDY BAGGETT	GREENSBORO NC	162	00:06:09	185	00:02:24	101	00:34:41	131	00:01:38	32	00:19:32	01:04:22

89	334	35	MANDY MARTIN	MT AIRY NC	170	00:06:20	48	00:01:21	57	00:32:09	126	00:01:36	83	00:22:59	01:04:24
90	326	49	TRACY CURIAZZA	GIBSONVILLE NC	179	00:06:26	207	00:02:34	110	00:35:09	158	00:01:49	21	00:18:32	01:04:29
91	67	11	LILY WELSH	RALEIGH NC	4	00:03:29	225	00:02:49	131	00:36:47					01:04:32
92	253	40	MITZI GREER	WINSTON SALEM NC	90	00:05:16	122	00:01:55	63	00:32:27	27	00:00:53	106	00:24:13	01:04:43
93	119	45	ELIZABETH SEYMOUR	LEXINGTON NC	134	00:05:48	221	00:02:47	95	00:34:27	33	00:00:56	51	00:20:54	01:04:50
94	69	27	LAUREN SANDBERG	CHARLOTTE NC	19	00:03:59	116	00:01:54	83	00:33:46					01:04:52
95	173	40	SCARLET EASTER	MOUNT AIRY NC	237	00:07:39	191	00:02:26	72	00:33:15	112	00:01:28	38	00:20:08	01:04:54
96	89	41	CARRIE BENNETT	WINSTON SALEM NC	92	00:05:16	14	00:01:02	179	00:40:08	17	00:00:47	15	00:17:46	01:04:58
97	22	32	LAURA HAFNER	KERNERSVILLE NC	115	00:05:38	104	00:01:47	113	00:35:16	173	00:02:00	43	00:20:32	01:05:11
98	250	26	TATIANA RUSSELL	WINSTON SALEM NC	116	00:05:39	38	00:01:18	135	00:37:11	3	00:00:37	45	00:20:35	01:05:18
99	147	15	ZOE MARAZITA	WINSTON SALEM NC	9	00:03:39	134	00:02:05	164	00:39:29					01:05:21
100	103	28	ALYSSA MANSIR	KERNERSVILLE NC	178	00:06:26	234	00:02:56	146	00:38:10	10	00:00:43	10	00:17:13	01:05:26
101	249	36	VALERIE HOGAN	WINSTON SALEM NC	201	00:06:46	43	00:01:20	147	00:38:10	45	00:01:02	18	00:18:19	01:05:35
102	301	57	MELANIE ADAMS	WINSTON SALEM NC	69	00:04:54	17	00:01:07	77	00:33:32					01:05:48
103	36	44	ELEANOR MEYER	WINSTON SALEM NC	53	00:04:39	162	00:02:15	111	00:35:09					01:06:02
104	222	30	SUSAN HONEYCUTT	GREENSBORO NC	6	00:03:34	80	00:01:36	171	00:39:41					01:06:04
105	185	50	CELESTE SMITH	CHARLOTTE NC	82	00:05:06	140	00:02:07	94	00:34:26	183	00:02:10	76	00:22:23	01:06:11
106	192	43	BONNIE JULES	JACKSONVILLE FL	227	00:07:26	220	00:02:45	106	00:34:58	161	00:01:52	28	00:19:17	01:06:16
107	37	28	PAMELA LAWSON	KERNERSVILLE NC	188	00:06:38	112	00:01:51	165	00:39:32	43	00:01:01	11	00:17:31	01:06:32
108	150	52	LAURA HODGES	GREENVILLE SC	140	00:05:53	194	00:02:27	61	00:32:25	153	00:01:46	101	00:24:06	01:06:36
109	122	40	JESSICA ZAGOL	DANVILLE VA	78	00:05:02	61	00:01:29	177	00:40:06	13	00:00:45	27	00:19:16	01:06:37
110	336	65	LOUANN TYLER	GREENSBORO NC	128	00:05:45	75	00:01:34	103	00:34:45	73	00:01:13	89	00:23:33	01:06:48
111	14	46	LESLIE GILLIN	BOONE NC	101	00:05:25	235	00:02:57	109	00:35:08	54	00:01:06	74	00:22:14	01:06:48
112	318	38	RACHEL CONNER	ADVANCE NC	104	00:05:26	68	00:01:31	129	00:36:36	105	00:01:24	65	00:21:56	01:06:51
113	169	49	SHARON JACOB	RUTHERFORDTON NC	241	00:07:49	115	00:01:53	88	00:34:16	21	00:00:49	75	00:22:14	01:06:59
114	74	37	AMANDA WOOD	WINSTON SALEM NC	206	00:06:51	82	00:01:36	132	00:36:49	14	00:00:46	54	00:21:06	01:07:07
115	201	65	HELEN ROSIER	GREENSBORO NC	249	00:08:08	148	00:02:10	49	00:31:28	148	00:01:45	93	00:23:46	01:07:14
116	10	23	SHAWN HIGH	WINSTON SALEM NC	38	00:04:20	91	00:01:42	155	00:38:51	23	00:00:50	62	00:21:48	01:07:30
117	75	48	MARY FRANCIS STOKER	OAK ISLAND NC	164	00:06:11	125	00:01:57	125	00:36:18	46	00:01:02	73	00:22:14	01:07:40
118	41	36	KATHRYN MOTSINGER	WINSTON SALEM NC	37	00:04:20	158	00:02:13	142	00:37:38	49	00:01:03	77	00:22:31	01:07:43
119	213	30	SHAUNA SOUTHERN	WINSTON SALEM NC	65	00:04:51	96	00:01:44	93	00:34:26	56	00:01:07	140	00:25:38	01:07:44

120	28	48	CHRISTINE CLODFELTER	WINSTON SALEM NC	185	00:06:31	97	00:01:45	89	00:34:19	144	00:01:44	88	00:23:30	01:07:47
121	16	24	HANNAH CASTELLANOS	TOBACCOVILLE NC	29	00:04:13	40	00:01:20	150	00:38:16					01:08:06
122	294	52	WANDA COYLE	WINSTON SALEM NC	186	00:06:33	193	00:02:27	102	00:34:43	98	00:01:22	85	00:23:04	01:08:06
123	306	26	ALISHA INGOLD	WINSTON SALEM NC	21	00:04:01	138	00:02:06	149	00:38:12					01:08:22
124	120	57	DEBBIE MCDANIEL	KANNAPOLIS NC	163	00:06:11	81	00:01:36	118	00:35:35	174	00:02:01	84	00:23:03	01:08:24
125	57	19	LEEDEN RUKSTALIS	WINSTON SALEM NC	3	00:03:29	83	00:01:36	176	00:40:01					01:08:37
126	186	63	RITA PHILLIPS	MATTHEWS NC	153	00:06:02	211	00:02:40	96	00:34:30	192	00:02:18	86	00:23:18	01:08:45
127	117	50	KRISTIN KRIPPA	SANFORD NC	107	00:05:30	78	00:01:35	74	00:33:25					01:09:08
128	274	38	STEPHANIE NASH	MANASSAS VA	157	00:06:05	132	00:02:04	105	00:34:50	121	00:01:34	121	00:24:40	01:09:12
129	43	45	JENNIFER FUQUA	LEWISVILLE NC	141	00:05:55	92	00:01:42	104	00:34:48	76	00:01:14	139	00:25:37	01:09:14
130	87	61	HOLLY TATE	WINSTON SALEM NC	231	00:07:33	253	00:03:32	76	00:33:30	204	00:02:38	71	00:22:06	01:09:16
131	224	66	ETHLYN CSONTOS	GERMANTON NC	80	00:05:04	195	00:02:28	168	00:39:35	72	00:01:12	53	00:21:04	01:09:22
132	328	53	GINA DINKINS	LEWISVILLE NC	166	00:06:13	213	00:02:40	99	00:34:39	84	00:01:15	122	00:24:42	01:09:28
133	188	46	SHANNON MALLISON	WINSTON SALEM NC	246	00:08:01	243	00:03:07	6	00:26:46	120	00:01:33	191	00:30:05	01:09:30 Y
134	112	49	BECKY WILKES	DURHAM NC	52	00:04:39	180	00:02:22	136	00:37:17	85	00:01:16	102	00:24:07	01:09:39
135	238	68	MARY ANN GARDNER	WINSTON SALEM NC	123	00:05:43	129	00:02:01	121	00:35:40	108	00:01:25	125	00:24:56	01:09:42
136	58	37	MEGAN RUDOCK	WINSTON SALEM NC	68	00:04:54	110	00:01:51	124	00:36:12	59	00:01:08	143	00:25:41	01:09:44
137	323	49	LAURA VARSIK	CLEMMONS NC	43	00:04:27	161	00:02:15	143	00:38:04	75	00:01:14	96	00:23:49	01:09:46
138	198	45	SAM PEARCE	WINSTON SALEM NC	125	00:05:44	101	00:01:45	84	00:33:51	208	00:02:42	145	00:25:52	01:09:52
139	314	42	BONNIE SHEPPARD	CLEMMONS NC	132	00:05:46	187	00:02:26	100	00:34:39	211	00:02:47	109	00:24:17	01:09:53
140	221	31	LAURA SMITH	GREENSBORO NC	56	00:04:44	142	00:02:08	169	00:39:37	145	00:01:44	60	00:21:45	01:09:56
141	5	50	RENEE HUFFMAN	KERNERSVILLE NC	232	00:07:33	19	00:01:07	145	00:38:06	58	00:01:08	70	00:22:05	01:09:57
142	23	25	TRICIA CONLON	GREENSBORO NC	97	00:05:21	143	00:02:08	130	00:36:43	95	00:01:21	113	00:24:26	01:09:58
143	288	43	PAMELA CARR	JAMESTOWN NC	174	00:06:23	154	00:02:12	162	00:39:22	48	00:01:03	52	00:21:01	01:09:59
144	90	41	CATHERINE GILKEY	KERNERSVILLE NC	208	00:06:52	118	00:01:54	128	00:36:35	37	00:00:59	97	00:23:50	01:10:07
145	313	13	AVA SHEPPARD	CLEMMONS NC	72	00:04:57	224	00:02:48	138	00:37:20	25	00:00:52	107	00:24:15	01:10:09
146	271	50	SUSAN PEGRAM	WINSTON SALEM NC	235	00:07:38	174	00:02:21	116	00:35:32	181	00:02:09	80	00:22:45	01:10:23
147	337	40	LINDA SICIGNANO	CLEMMONS NC	118	00:05:40	199	00:02:30	153	00:38:42	139	00:01:41	68	00:22:00	01:10:30
148	211	47	LIZZIE WINDSOR	RURAL HALL NC	133	00:05:47	136	00:02:05	91	00:34:25	171	00:02:00	156	00:26:24	01:10:40
149	113	36	AMANDA JOHNSON	DALEVILLE VA	159	00:06:07	251	00:03:26	148	00:38:10	78	00:01:14	63	00:21:49	01:10:44
150	80	61	SUZANNE REED	WINSTON SALEM NC	105	00:05:28	113	00:01:52	120	00:35:39	15	00:00:46	162	00:27:04	01:10:47

151	118	11	ELENA SHELTON-KRIPPA	SANFORD NC	30	00:04:13	9	00:00:57	170	00:39:37					01:10:51
152	134	65	DENISE BLUME	RONDA NC	147	00:06:00	172	00:02:19	122	00:35:59	101	00:01:23	132	00:25:15	01:10:54
153	304	36	LEANNE SWANSON	WINSTON SALEM NC	84	00:05:07	52	00:01:24	163	00:39:23	92	00:01:20	111	00:24:23	01:11:35
154	284	52	CAROLE HILDERBRAN	ASHEVILLE NC	142	00:05:56	201	00:02:31	178	00:40:06	202	00:02:35	49	00:20:52	01:11:58
155	190	50	BROOKE BECKETT	OAK RIDGE NC	102	00:05:25	231	00:02:54	151	00:38:20	77	00:01:14	116	00:24:32	01:12:23
156	33	38	RASMI BACON	MORRISVILLE NC	155	00:06:03	157	00:02:13	208	00:42:16	109	00:01:26	41	00:20:29	01:12:25
157	286	53	JANE LYERLY	CLEMMONS NC	181	00:06:27	95	00:01:43	115	00:35:31	122	00:01:34	164	00:27:16	01:12:29
158	227	46	SHUNDA BROWN	RALEIGH NC	226	00:07:25	165	00:02:15	186	00:40:39	117	00:01:32	46	00:20:45	01:12:34
159	145	57	CHERYL MILLER	INMAN SC	168	00:06:15	245	00:03:11	139	00:37:24	189	00:02:12	95	00:23:48	01:12:48
160	95	48	DAVON EMBLER	ASHEVILLE NC	127	00:05:45	127	00:01:58	140	00:37:26	217	00:03:19	117	00:24:33	01:13:00
161	339	33	NATHALIE BISHOP	CLEMMONS NC	144	00:05:58	217	00:02:44	160	00:39:04	68	00:01:11	105	00:24:13	01:13:07
162	219	35	ERIN STARR	HIGH POINT NC	106	00:05:29	106	00:01:48	206	00:41:59	40	00:01:00	81	00:22:57	01:13:11
163	167	40	KIM KEEHN	NEW BERN NC	225	00:07:24	168	00:02:18	167	00:39:34	184	00:02:10	64	00:21:53	01:13:18
164	62	65	ELIZABETH WOLOSIEWICZ	LEWISVILLE NC	254	00:08:16	175	00:02:21	127	00:36:27	149	00:01:45	126	00:24:56	01:13:43
165	259	62	BEATRIZ ORTIZ	HIGH POINT NC	220	00:07:10	71	00:01:33	159	00:39:01	74	00:01:13	124	00:24:51	01:13:46
166	141	56	KATHLEEN LUM	SUNSET SC	124	00:05:44	147	00:02:09	154	00:38:48	94	00:01:21	149	00:26:03	01:14:03
167	26	38	JAIME TURNER	MOREHEAD CITY NC	26	00:04:10	131	00:02:03	173	00:39:53	160	00:01:51	150	00:26:12	01:14:07
168	1	42	CLAUDIA MARTINEZ	GOLDSBORO NC	88	00:05:13	188	00:02:26	157	00:38:55	212	00:02:53	123	00:24:49	01:14:15
169	200	11	JESSA PACHOLKE	LEWISVILLE NC	154	00:06:02	179	00:02:22	218	00:43:53	24	00:00:51	55	00:21:20	01:14:25
170	255	30	ERIN HUPRICH	MEBANE NC	234	00:07:38	173	00:02:20	203	00:41:44	155	00:01:47	59	00:21:42	01:15:09
171	54	60	SUE KENT	WINSTON SALEM NC	165	00:06:12	230	00:02:54	189	00:40:50	93	00:01:20	100	00:23:58	01:15:11
172	319	40	CAPRILLI BARBER	WINSTON SALEM NC	202	00:06:47	160	00:02:14	190	00:40:52	71	00:01:12	104	00:24:12	01:15:15
173	256	47	KIMBERLY BRUBAKER	TRINITY NC	177	00:06:24	177	00:02:21	158	00:39:01	70	00:01:12	159	00:26:34	01:15:30
174	96	42	JOHNNA PETTIT	WINSTON SALEM NC	86	00:05:08	56	00:01:25	200	00:41:31	129	00:01:37	144	00:25:51	01:15:30
175	70	31	ELIZABETH KRUG	WINSTON SALEM NC	28	00:04:12	178	00:02:22	175	00:39:57	219	00:03:21	142	00:25:40	01:15:30
176	236	45	CHRISTINE STERNJACOB	PENSACOLA FL	150	00:06:01	130	00:02:01	112	00:35:13	178	00:02:06	193	00:30:15	01:15:35
177	257	51	SHALANE GRIFFIN	GREENSBORO NC	268	00:09:09	59	00:01:27	174	00:39:57	60	00:01:09	99	00:23:56	01:15:36
178	158	57	MARILYN HAYS	DURHAM NC	194	00:06:43	214	00:02:41	193	00:41:00	34	00:00:57	110	00:24:20	01:15:38
179	56	34	ALLISON TUCK	LEXINGTON NC	61	00:04:49	67	00:01:31	156	00:38:55	52	00:01:04	184	00:29:23	01:15:40
180	291	48	TRACEY WOODSON	WINSTON SALEM NC	93	00:05:17	190	00:02:26	191	00:40:55	142	00:01:43	136	00:25:30	01:15:49
181	46	63	JEANNIE APPEGATE	HIGH POINT NC	247	00:08:04	274	00:05:26	183	00:40:30	150	00:01:45	39	00:20:15	01:15:58

182	260	42	NORA TONCEL	WINSTON SALEM NC	252	00:08:13	34	00:01:16	196	00:41:15	18	00:00:48	127	00:24:56	01:16:27
183	13	53	KATHRYN MOBLEY	WINSTON SALEM NC	135	00:05:48	223	00:02:48	144	00:38:06	88	00:01:17	175	00:28:33	01:16:29
184	149	63	JILL COLE	SPARTANBURG SC	191	00:06:38	206	00:02:34	180	00:40:11	203	00:02:36	119	00:24:34	01:16:31
185	234	48	JENNIFER GOLWYN	CLEMMONS NC	203	00:06:47	124	00:01:57	199	00:41:29	119	00:01:33	129	00:25:05	01:16:49
186	129	41	SHERI DZIEWIT	JAMESTOWN NC	263	00:08:56	94	00:01:42	161	00:39:07	157	00:01:49	137	00:25:33	01:17:05
187	199	43	HEATHER PACHOLKE	LEWISVILLE NC	175	00:06:24	248	00:03:20	126	00:36:21	225	00:07:24	91	00:23:40	01:17:07
188	302	59	BARBARA KANE	KERNERSVILLE NC	274	00:10:01	163	00:02:15	141	00:37:35	66	00:01:11	152	00:26:18	01:17:17
189	258	56	MAUREEN MARESCA	CLEMMONS NC	223	00:07:21	237	00:02:59	187	00:40:43	143	00:01:43	118	00:24:34	01:17:18
190	88	49	SUSIE FRISTOE	MOUNT PLEASANT SC	230	00:07:29	152	00:02:11	209	00:42:24	28	00:00:54	115	00:24:29	01:17:26
191	137	47	DEBORAH WAYNE	WINSTON SALEM NC	156	00:06:03	149	00:02:11	188	00:40:45	199	00:02:33	147	00:26:00	01:17:29
192	77	51	PAULA SMALLWOOD	OAK ISLAND NC	112	00:05:35	156	00:02:13	207	00:42:13	167	00:01:57	141	00:25:38	01:17:34
193	244	61	EMILY WILLIAMS	WINSTON SALEM NC	126	00:05:44	281	00:06:16	152	00:38:27					01:18:00
194	342	43	STEPHANIE HUFTON	BLUE RIDGE VA	233	00:07:36	205	00:02:31	216	00:43:38	127	00:01:37	82	00:22:57	01:18:17
195	148	53	TAMMY WELBORN	PELZER SC	96	00:05:21	264	00:04:14	166	00:39:32	179	00:02:07	163	00:27:05	01:18:17
196	184	61	KAREN HAINES	CHARLOTTE NC	190	00:06:38	203	00:02:31	107	00:35:05	221	00:03:43	198	00:30:36	01:18:32
197	166	45	LESLIE ACREE	LEWISVILLE NC											01:18:50
198	38	24	LAURA TANYI	CLEMMONS NC	209	00:06:53	249	00:03:21	194	00:41:05	62	00:01:10	158	00:26:33	01:19:00
199	275	60	DENISE REAGAN	HIGH POINT NC	250	00:08:11	270	00:05:13	205	00:41:55	151	00:01:45	72	00:22:09	01:19:11
200	165	12	ELLIE ACREE	LEWISVILLE NC											01:19:14
201	159	39	AMANDA WHICKER	KERNERSVILLE NC	113	00:05:35	246	00:03:16	210	00:42:28	53	00:01:06	161	00:26:56	01:19:19
202	91	47	JOANNE HENLEY	WINSTON SALEM NC	212	00:06:59	241	00:03:04	202	00:41:43	132	00:01:38	146	00:25:58	01:19:21
203	51	55	CHERYL SAIN	MATTHEWS NC	108	00:05:31	218	00:02:44	219	00:44:08	177	00:02:04	134	00:25:19	01:19:44
204	208	49	SUSAN BRENDLE	BOONVILLE NC	217	00:07:08	238	00:03:00	137	00:37:19	213	00:02:54	185	00:29:30	01:19:49
205	60	32	ANNA HUSS WILLIAMS	CARY NC	207	00:06:51	139	00:02:06	225	00:44:56	134	00:01:38	112	00:24:26	01:19:55
206	52	52	JESSICA NEWLIN	DUDLEY NC	119	00:05:41	222	00:02:47	221	00:44:22	163	00:01:54	133	00:25:17	01:19:59
207	264	34	LEAH ROBERTS	CARTHAGE NC	158	00:06:06	197	00:02:29	251	00:49:28	63	00:01:10	48	00:20:49	01:20:00
208	285	36	BARBARA HUSSEY	CONCORD NC	130	00:05:46	186	00:02:25	234	00:46:49	91	00:01:20	92	00:23:44	01:20:01
209	252	15	ASHLYNN COOK	NEW HILL NC	213	00:07:00	135	00:02:05	230	00:45:26	187	00:02:11	87	00:23:24	01:20:05
210	53	31	BRITTANI SWINFORD	WINSTON SALEM NC	243	00:07:58	69	00:01:31	212	00:43:00	135	00:01:38	148	00:26:02	01:20:09
211	4	49	SHELLEY OLDS	HIGH POINT NC	152	00:06:02	228	00:02:52	192	00:40:59	194	00:02:21	173	00:28:01	01:20:12
212	116	35	MELISSA NEAL	DALEVILLE VA	146	00:05:59	232	00:02:54	198	00:41:24	186	00:02:11	170	00:27:49	01:20:16

213	321	23	HANNAH GODSEY	ROANOKE VA	149	00:06:01	55	00:01:25	213	00:43:04	89	00:01:18	176	00:28:33	01:20:19
214	111	62	ANITA THOMAS	WINSTON SALEM NC	271	00:09:30	182	00:02:22	204	00:41:46	172	00:02:00	130	00:25:11	01:20:47
215	214	59	SHARON ENOCH	SILER CITY NC	280	00:11:41	204	00:02:31	182	00:40:26	136	00:01:39	120	00:24:38	01:20:53
216	327	63	DONNA BOTTERBUSCH	THOMASVILLE NC	143	00:05:57	107	00:01:48	185	00:40:35	201	00:02:35	196	00:30:33	01:21:27
217	130	36	STACIE THOMPSON	LEXINGTON NC	224	00:07:22	128	00:02:00	217	00:43:41	35	00:00:57	167	00:27:40	01:21:38
218	226	43	JACQUELINE WILLIAMS	RALEIGH NC	255	00:08:21	216	00:02:43	227	00:45:10	114	00:01:28	103	00:24:10	01:21:52
219	176	41	STEPHANIE MURPHY	GREENSBORO NC	200	00:06:45	117	00:01:54	215	00:43:27	104	00:01:24	174	00:28:29	01:21:58
220	298	37	REBECCA HENDERSON	CLEMMONS NC	161	00:06:08	164	00:02:15	184	00:40:35	220	00:03:21	189	00:29:57	01:22:15
221	212	47	TRANG GERBLICK	WINSTON SALEM NC	196	00:06:44	282	00:06:29	211	00:42:38	207	00:02:41	94	00:23:47	01:22:16
222	47	61	MARTY TANYI	CLEMMONS NC	260	00:08:38	200	00:02:30	172	00:39:51	80	00:01:14	192	00:30:13	01:22:25
223	320	35	JOLENE BURNETT	WINSTON SALEM NC	216	00:07:05	35	00:01:16	229	00:45:16	47	00:01:02	171	00:27:50	01:22:29
224	187	12	ALEX MALLISON	WINSTON SALEM NC	5	00:03:33	170	00:02:18	228	00:45:14	67	00:01:11	203	00:30:57	01:23:12
225	325	46	JODI GOUGH	ADVANCE NC	245	00:08:00	196	00:02:28	220	00:44:14	196	00:02:22	154	00:26:22	01:23:25
226	42	27	JACQUI SHARPEE	WINSTON SALEM NC	180	00:06:27	109	00:01:50	240	00:47:32	137	00:01:40	151	00:26:15	01:23:42
227	94	39	JENNIFER GRIDER	JAMESTOWN NC	129	00:05:45	198	00:02:29	249	00:48:54	138	00:01:41	128	00:25:01	01:23:48
228	195	46	MARIA REID	GREENSBORO NC	219	00:07:08	29	00:01:15	248	00:48:49	16	00:00:47	155	00:26:23	01:24:19
229	229	30	NATASHA WILSON	KERNERSVILLE NC	169	00:06:19	244	00:03:09	195	00:41:13	185	00:02:11	209	00:31:49	01:24:39
230	11	34	HEATHER CARTER	WINSTON SALEM NC	183	00:06:29	141	00:02:07	238	00:47:08	57	00:01:07	177	00:28:34	01:25:24
231	246	21	SARAH MULNICK	RALEIGH NC	160	00:06:08	153	00:02:12	242	00:48:04	100	00:01:23	169	00:27:49	01:25:33
232	324	44	MARLA FREDERICK	DURHAM NC	276	00:10:35	257	00:03:39	197	00:41:20	41	00:01:00	183	00:29:18	01:25:51
233	245	52	LAUREEN THOMAS	SANFORD NC	240	00:07:47	265	00:04:14	201	00:41:34	210	00:02:46	187	00:29:38	01:25:56
234	341	49	LOIS ROEGGE	CARY NC	75	00:04:58	202	00:02:31	237	00:46:59	116	00:01:32	197	00:30:34	01:26:32
235	340	10	FAITH ROEGGE	CARY NC	91	00:05:16	208	00:02:36	236	00:46:55	110	00:01:27	200	00:30:42	01:26:55
236	254	45	MICHELLE STEWART	HIGH POINT NC	211	00:06:59	276	00:05:32	181	00:40:13	162	00:01:53	213	00:32:34	01:27:09
237	278	20	KATHRYN KNEISEL	WINSTON SALEM NC	49	00:04:36	236	00:02:58	267	00:52:56	215	00:03:12	90	00:23:40	01:27:19
238	142	36	AMY BEAL	DURHAM NC	99	00:05:23	240	00:03:04	261	00:52:05	152	00:01:46	138	00:25:36	01:27:51
239	48	51	KELLY BUTLER	GREENSBORO NC	251	00:08:12	247	00:03:17	222	00:44:29	206	00:02:38	194	00:30:28	01:29:02
240	7	35	MORGAN SYKES	MATTHEWS NC	221	00:07:13	259	00:03:48	252	00:49:34	191	00:02:15	153	00:26:20	01:29:07
241	333	47	CHRISTINE BREWER	CLEMMONS NC	253	00:08:14	271	00:05:18	250	00:49:05	209	00:02:42	108	00:24:15	01:29:32
242	164	46	SUSAN BUBEL	WINSTON SALEM NC	277	00:10:43	258	00:03:44	247	00:48:36	193	00:02:18	114	00:24:29	01:29:47
243	30	46	LESLIE ENGOTT	HENRICO VA	98	00:05:21	183	00:02:22	269	00:55:09	159	00:01:50	131	00:25:13	01:29:54

244	223	62	JANET SIZEMORE	EAST BEND NC	257	00:08:26	256	00:03:39	231	00:45:29	83	00:01:15	205	00:31:09	01:29:57
245	300	42	MELISSA MOORE	WINSTON SALEM NC	282	00:12:23	279	00:06:08	232	00:45:59	146	00:01:44	98	00:23:50	01:30:02
246	174	53	BETH MILLESON	ADVANCE NC	273	00:09:55	252	00:03:26	256	00:50:20	103	00:01:23	135	00:25:25	01:30:26
247	27	42	ANGIE FLYNN	EAST BEND NC	259	00:08:32	277	00:05:32	224	00:44:53	214	00:03:04	178	00:28:37	01:30:36
248	277	30	LAUREN KIGER	WINSTON SALEM NC	195	00:06:43	176	00:02:21	235	00:46:50	154	00:01:47	217	00:33:19	01:30:58
249	102	38	CRYSTAL MCBANE	LIBERTY NC	248	00:08:05	123	00:01:57	239	00:47:23	125	00:01:35	210	00:32:16	01:31:15
250	338	44	KATHERYN BROWN	WINSTON-SALEM NC	193	00:06:40	263	00:03:56	241	00:47:48	124	00:01:35	206	00:31:18	01:31:15
251	153	50	SHARON SWINK	CLEMMONS NC	228	00:07:28	159	00:02:13	245	00:48:13	200	00:02:35	202	00:30:51	01:31:18
252	45	41	RAINA GANDHI	WINSTON SALEM NC	261	00:08:41	229	00:02:53	258	00:51:10	99	00:01:22	165	00:27:22	01:31:26
253	161	45	ROBIN FOWLER	RALEIGH NC	198	00:06:44	269	00:04:56	257	00:50:32	128	00:01:37	172	00:27:57	01:31:45
254	140	56	DEBORAH BOLING	GREER SC	204	00:06:49	89	00:01:41	244	00:48:11	115	00:01:29	219	00:33:44	01:31:52
255	97	15	CASEY FLORACK	DURHAM NC	236	00:07:39	144	00:02:08	266	00:52:33	32	00:00:56	179	00:28:38	01:31:52
256	297	64	KATHI PETERSON	SALISBURY NC	272	00:09:37	210	00:02:38	254	00:50:03	197	00:02:23	166	00:27:27	01:32:06
257	172	49	TERI CLEAVINGER	BOONE NC	192	00:06:39	233	00:02:56	223	00:44:33	223	00:05:25	214	00:32:42	01:32:13
258	171	53	SUSAN DAVIS	GREENSBORO NC	145	00:05:58	250	00:03:25	226	00:44:56	224	00:05:27	215	00:32:43	01:32:27
259	292	65	ANN RAGAN	PFAFFTOWN NC	242	00:07:57	254	00:03:32	265	00:52:31	140	00:01:41	160	00:26:53	01:32:31
260	160	31	ASHLEIGH HARGRAVE	WINSTON SALEM NC	244	00:08:00	58	00:01:27	268	00:52:59	69	00:01:12	181	00:28:56	01:32:33
261	305	46	YUVONGALA HOWELL	WINSTON SALEM NC	281	00:12:07	267	00:04:38	233	00:45:59	169	00:01:58	180	00:28:49	01:33:29
262	115	49	REBEKAH KACZMAREK	BURLINGTON NC	131	00:05:46	133	00:02:05	260	00:51:52	50	00:01:04	216	00:32:49	01:33:34
263	72	41	DANA PETERKIN	BRISTOW VA	218	00:07:08	255	00:03:32	246	00:48:28	222	00:04:52	190	00:30:01	01:34:00
264	29	35	LEIGH ANNA AMAZON	KERNERSVILLE NC	270	00:09:28	192	00:02:26	253	00:49:46	168	00:01:58	204	00:31:01	01:34:37
265	251	39	ANNETTE COOK	NEW HILL NC	214	00:07:01	209	00:02:38	264	00:52:29	180	00:02:07	195	00:30:29	01:34:42
266	237	56	ROSEMARIE FLEMING	PFAFFTOWN NC	262	00:08:51	219	00:02:44	263	00:52:11	79	00:01:14	199	00:30:38	01:35:36
267	287	42	ANA REDFEARN	WINSTON SALEM NC	215	00:07:03	262	00:03:51	270	00:56:35	166	00:01:57	157	00:26:24	01:35:48
268	329	53	ELEANOR RIVERS	GREENSBORO NC	264	00:08:56	275	00:05:28	255	00:50:18	218	00:03:19	188	00:29:38	01:37:37
269	15	54	MARIA PASS	GREENSBORO NC	267	00:09:07	273	00:05:26	214	00:43:26	226	00:10:14	186	00:29:37	01:37:48
270	225	41	LAKESHIA BOND	RALEIGH NC	279	00:11:26	268	00:04:51	243	00:48:05	165	00:01:57	208	00:31:47	01:38:04
271	303	32	KIMBERLY LEWIS	RANDLEMAN NC	110	00:05:34	278	00:05:53	274	00:58:08	198	00:02:31	182	00:29:02	01:41:07
272	50	48	TAMMY RIGGS	ROANOKE VA	265	00:08:58	260	00:03:49	273	00:57:36	216	00:03:12	168	00:27:43	01:41:16
273	308	55	BRIDGETTE REAVES	WINSTON SALEM NC	278	00:10:57	239	00:03:02	271	00:56:42	188	00:02:11	201	00:30:50	01:43:41
274	100	43	NICOLE WILKERSON	CONCORD NC	258	00:08:29	215	00:02:43	272	00:57:25	205	00:02:38	211	00:32:28	01:43:41

275	248	59	DONNA KING	WINSTON SALEM NC	176	00:06:24	151	00:02:11	277	01:02:02	82	00:01:15	220	00:33:48	01:45:38
276	307	55	KATHY TAYLOE-FRITH	WALKERTOWN NC	266	00:09:05	226	00:02:49	262	00:52:07	156	00:01:47	225	00:40:09	01:45:54
277	49	31	KRISTEN LYNN	WINSTON-SALEM NC	222	00:07:18	227	00:02:50	276	01:01:59	86	00:01:17	221	00:35:26	01:48:48
278	311	37	KIA CHAVIOUS	WINSTON SALEM NC	229	00:07:28	266	00:04:27	275	00:58:22	170	00:01:59	226	00:40:36	01:52:51
279	73	34	COLETON TILLET	MATTHEWS NC	187	00:06:37	283	00:18:51	259	00:51:29	190	00:02:12	222	00:35:52	01:55:00
280	204	38	CHRISSY KELLY-CORNE	KING NC	239	00:07:44	272	00:05:22	278	01:04:19	175	00:02:01	224	00:36:41	01:56:06
281	205	46	JULIA YEARGAN	WINSTON SALEM NC	197	00:06:44	280	00:06:15	279	01:04:29	182	00:02:10	223	00:36:40	01:56:16
282	86	38	VASUDHA RANGAPATHY	OAK RIDGE NC	283	00:15:41	261	00:03:49	280	01:05:29	164	00:01:54	212	00:32:31	01:59:23
283	24	36	TIESHIA DURANT	GREENSBORO NC	269	00:09:12	242	00:03:05	281	01:14:30	123	00:01:34	207	00:31:24	01:59:43
284	107	44	JENNIFER DUNN	SALISBURY NC	275	00:10:05	166	00:02:15	282	01:16:28	118	00:01:32	218	00:33:26	02:03:46

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