

Race Date
September 22, 2019

2019 3 for 3 Triathlon
Age Group Results
Adult Kayak

Female Open Winners

Place			----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Paula Turk	107	61	1	2:59.4		1	0:55.9		1	31:04.7	19.3	1	1:06.8		1	20:14.8		56:21.6

Male Open Winners

Place			----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Todd Rothi	95	56	1	2:55.0		1	0:29.0		1	26:42.2	22.5	1	0:44.9		1	17:44.8		48:35.9

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Adult Kayak

Female 26 to 35

Place		Name	Bib	Age	----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	7	Lindsi Boyer	60	34	1	3:26.4		1	2:26.2		1	38:28.0	15.6	1	1:28.7		1	30:56.5		1:16:45.8

Female 36 to 45

Place		Name	Bib	Age	----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	6	Melissa Vought	108	38	2	3:37.4		2	2:19.3		1	33:07.5	18.1	2	0:38.5		2	34:02.4		1:13:45.1
2	8	Sarah Truex	105	39	1	3:27.5		1	0:36.7		2	47:23.2	12.7	1	0:29.9		1	25:14.7		1:17:12.0

Male 46 to 55

Place		Name	Bib	Age	----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	2	Noel Eisenmann	68	51	2	2:48.5		3	1:09.4		1	29:13.5	20.5	3	0:55.0		2	20:59.8		55:06.2
2	4	Richard Crowder	66	50	1	2:42.9		2	0:59.0		2	31:55.4	18.8	1	0:40.8		3	22:29.2		58:47.3
3	5	Scott Wills	112	52	3	3:06.2		1	0:34.6		3	37:00.9	16.2	2	0:47.2		1	19:34.3		1:01:03.2

Female 56 to 65

Place		Name	Bib	Age	----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	9	Lisa Tolliver	104	57	1	3:43.5		1	1:09.4		1	39:42.6	15.1	1	1:41.2		1	34:32.8		1:20:49.5

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Male 66 and over

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	10	Michael Flowers	118	66	1	4:14.7		1	1:34.8		1	37:03.7	16.2	1	0:55.1		1	37:43.4		1:21:31.7	