

**Race Awards for
Carrboro 10K 2023 10/7/2023 McDougle Middle School**

Run

Awd Winner	XAge	Bib	Hometown	PI	Time
Overall Female					
1. Cate Schultz	F21	404	Bethesda MD	15	40:44.49
2. Ann Marie Kumfer	F33	279	Chapel Hill NC	23	44:01.17
3. Amy Singer	F46	421	Hillsborough NC	29	45:49.33
Overall Male					
1. Sam Montclair	M32	330	Cary NC	1	31:59.35
2. Matthew Jordan-Steele	M29	264	Durham NC	2	34:39.65
3. Ryan Laytham	M42	283	DURHAM NC	3	35:03.15
Masters Female					
1. Lisa Dunn	F42	171	Carrboro NC	30	46:12.06
2. Ilona Jaspers	F54	488	Carrboro NC	38	46:49.53
3. Susan Trout	F49	458	Durham NC	40	47:04.95
Masters Male					
1. Simon Meek	M43	489	DURHAM NC	4	35:20.40
2. Jason Jabaut	M41	257	Chapel Hill NC	10	38:20.54
3. Michael Bulleri	M46	485	Chapel Hill NC	11	38:34.09
Athena					
1. Jill Sylvester	F37	447	Chapel Hill NC	209	01:05:07.79
2. Christina Strauch	F38	441	Chapel Hill NC	264	01:17:16.86
3. Loretta Hackney	F54	228	Chapel Hill NC	271	01:18:39.12
Clydesdale					
1. Rodrigo Gonzalez	M46	215	Durham NC	227	01:07:08.18
2. Rodney Shepard	M53	416	Durham NC	305	01:35:33.69
3. Unassigned - 5 Eligible Registrants					
9 and under Female					
1. Unassigned - 1 Eligible Registrants					
2. Unassigned - 1 Eligible Registrants					
3. Unassigned - 1 Eligible Registrants					
9 and under Male					
1. Unassigned - No Eligible Registrants					
2. Unassigned - No Eligible Registrants					
3. Unassigned - No Eligible Registrants					
10-14 Female					
1. Josie Furberg	F13	199	Chapel Hill NC	275	01:19:10.69
2. Unassigned - 1 Eligible Registrants					
3. Unassigned - 1 Eligible Registrants					
10-14 Male					
1. Cohen Martin	M12	305	Carrboro NC	34	46:25.11
2. Dylan McGinty	M13	313	Chapel Hill NC	39	47:01.75
3. Bryer Kalavsky	M13	487	Carrboro NC	44	47:13.18

15-19 Female

1. Unassigned - 2 Eligible Registrants
2. Unassigned - 2 Eligible Registrants
3. Unassigned - 2 Eligible Registrants

15-19 Male

1. Waylon Vose M15 464 Chapel Hill NC 290 01:28:20.25
2. Unassigned - 4 Eligible Registrants
3. Unassigned - 4 Eligible Registrants

20-24 Female

1. Henley Younts F22 481 Chapel Hill NC 107 54:49.80
2. Lindsey Pegram F22 357 Chapel Hill NC 179 01:01:43.73
3. Abigail Fetzer F22 188 Carrboro NC 193 01:03:12.75

20-24 Male

1. Taha Ahmed M21 104 Durham NC 52 48:15.07
2. Matthew Porowski M23 367 Carrboro NC 96 53:47.46
3. Adam Funk M22 198 Chapel Hill NC 122 56:05.22

25-29 Female

1. Ana Jafarinia F27 260 64 50:23.69
2. Ronni Ponek F26 364 Carrboro NC 86 52:51.78
3. KIRSTEN GIESBRECHT F28 211 Carrboro NC 93 53:34.89

25-29 Male

1. Andrew Reifman-Packett M29 378 Durham NC 14 40:35.25
2. Brown DuBose M28 492 Chapel Hill NC 19 42:24.60
3. Zack Stern M27 435 Nashville TN 27 45:43.76

30-34 Female

1. Lauren Wingenroth F30 477 Carrboro NC 103 54:15.93
2. Amber Storey F30 437 Carrboro NC 130 56:32.50
3. Margaret Ball F30 118 Carrboro NC 167 01:00:11.18

30-34 Male

1. Tom Ford M32 193 RALEIGH NC 5 36:11.03
2. Daniel Choi M32 150 Morrisville NC 9 37:54.14
3. Nathan Drapela M32 169 Carrboro NC 20 42:34.62

35-39 Female

1. Abigail Jeck F38 262 Chapel Hill NC 37 46:34.49
2. Vicki Marlan F38 303 Carrboro NC 48 47:45.00
3. Rikke Platou F38 361 Chapel Hill NC 77 51:49.30

35-39 Male

1. Matthew Howe M36 250 Chapel Hill NC 6 36:12.23
2. Jake Green M39 220 Chapel Hill NC 7 36:37.49
3. Michael Cosolito M37 155 Apex NC 8 36:54.11

40-44 Female

1. Megan Plenge F41 362 Carrboro NC 50 47:59.70
2. Lisa Stifler F44 436 DURHAM NC 55 49:14.59
3. Megan Arnold F40 112 Apex NC 57 49:32.74

40-44 Male

1. Adam Gaines	M42	201	Siler City NC	16	40:49.24
2. Wes Knepper	M40	276	Carrboro NC	17	41:33.97
3. Yik Lam	M43	486	Carrboro NC	22	43:40.96

45-49 Female

1. Karen Stroud	F46	443	Cary NC	47	47:39.55
2. Corrine McCarthy	F48	308	DURHAM NC	53	48:46.98
3. Andrea Zimmerman	F45	482	Chapel Hill NC	112	55:26.43

45-49 Male

1. Forrest Stroud	M49	442	Cary NC	18	42:20.77
2. William HARRIS	M47	230	Pittsboro NC	25	44:55.54
3. Dan Wild	M46	475	Chapel Hill NC	31	46:18.78

50-54 Female

1. Jaime Stein	F51	434	Carrboro NC	71	51:33.88
2. Arzu Ozoguz	F53	351	Chapel Hill NC	79	52:07.85
3. Tracy Kasten	F51	270	Chapel Hill NC	97	53:49.75

50-54 Male

1. Shan Guo	M50	491	Cary NC	13	39:37.84
2. Tim Salemy	M52	394	Carrboro NC	61	49:55.24
3. Philip Rodgers	M54	383	Chapel Hill NC	72	51:35.85

55-59 Female

1. Sonia Thomas	F57	451	Chapel Hill NC	75	51:47.64
2. Gwen Van Ark	F59	461	Carrboro NC	133	56:50.38
3. Karin Mills	F57	325	Carrboro NC	154	58:28.26

55-59 Male

1. Blaine Schmidt	M56	400	Chapel Hill NC	24	44:05.16
2. Jim Clabuesch	M58	152	Durham NC	32	46:23.71
3. Alan Fanning	M59	184	Carrboro NC	69	51:30.23

60-64 Female

1. Jane Harwell	F60	235	Carrboro NC	66	50:38.66
2. Susan Chesser	F60	149	Durham NC	95	53:42.42
3. Francesca Eischen	F61	177	Chapel Hill NC	266	01:17:19.77

60-64 Male

1. Daniel Whittle	M60	473	Carrboro NC	41	47:07.06
2. Christian Savelli	M60	396	Chapel Hill NC	51	48:14.12
3. Bruce Smith	M60	423	Mebane NC	63	50:18.75

65-69 Female

1. Korinn Saker	F65	393	Hillsborough NC	146	57:46.03
2. Maureen Rosen	F66	388	Chapel Hill NC	246	01:12:01.31
3. Jolene Hookie	F68	247	Chapel Hill NC	302	01:32:02.88

65-69 Male

1. Mike Adams	M66	103		58	49:37.13
2. Sundarraj Isaac	M67	256	CARY NC	76	51:48.67
3. Randy Kauftheil	M65	271	Chapel Hill NC	108	55:00.83

70-74 Female

1. Nancy Margolin	F70	300	Chapel Hill NC	191	01:02:58.96
2. Joan Boone	F70	131	Efland NC	283	01:25:44.43
3. Patricia Barnes	F71	122	Chapel Hill NC	306	01:35:59.92

70-74 Male

1. Mike Walker	M71	466	Fuquay-Varina NC	59	49:42.11
2. Roger Mitchell	M73	329	Carrboro NC	91	53:16.42
3. Michael Barlow	M74	119	DURHAM NC	104	54:28.25

75-79 Female

1. Marion Haywood	F76	238	Chapel Hill NC	307	01:36:18.79
2. Unassigned - 1 Eligible Registrants					
3. Unassigned - 1 Eligible Registrants					

75-79 Male

1. JAMES PAISNER	M75	353	Carrboro NC	270	01:18:24.76
2. Unassigned - 1 Eligible Registrants					
3. Unassigned - 1 Eligible Registrants					

80 and above Female

1. Unassigned - No Eligible Registrants
2. Unassigned - No Eligible Registrants
3. Unassigned - No Eligible Registrants

80 and above Male

1. Unassigned - 2 Eligible Registrants
2. Unassigned - 2 Eligible Registrants
3. Unassigned - 2 Eligible Registrants