

TIDEWATER STRIDERS

ALL-COMERS INDOOR MEET – 1 MILE COMPLETE AWARDS

OPEN MEN

1. Lincoln Sama – 4:43.98
2. Jake Sutor – 4:45.68
3. Hunter Swan – 4:47.36

OPEN WOMEN

1. Scarlett Bauer – 5:40.50
2. Paige Ward – 5:42.31
3. Katie Kephart – 5:55.50

MASTERS MEN

1. Patrick Wilson – 5:03.76
2. Daniel Shean – 5:06.01
3. Matt Van Allen – 5:35.93

MASTERS WOMEN

1. Kari Tallent – 6:01.62
2. Megan Syrett – 6:57.25
3. Angela Jordon – 7:13.82

FEMALE 12 & UNDER

1. Margaux Spahn – 6:13.92
2. Amya Hicks – 6:20.96
3. Kate Knott – 6:50.34
4. Justice Tallent – 6:53.20
5. Harper Manny – 7:03.61
6. Eleanor Manny – 7:03.68
7. Adeline Lota – 7:12.76
8. Carlee Evans – 7:14.92
9. Zoe Donelson – 7:37.88
10. Sarah McFarland – 8:07.65
11. Paige Biagi – 9:10.80
12. Selena Hernandez – 9:39.99

13. Annabelle Becker – 10:10.55
14. Freya Becker – 10:42.31

FEMALE 13–19

1. Tenely Showanes – 6:14.05
2. Julie Poffenbarger – 6:56.41

FEMALE 20–29

1. Robin Remias – 6:40.10

FEMALE 30–39

1. Chelsea Bayer – 6:01.01
2. Laurie Bethke – 6:22.90
3. Jenae Bentley – 6:24.35
4. Jillian Simms – 6:53.63
5. Kati Brady – 7:30.00
6. Dannalynn Dallas – 8:17.70
7. Lydia Wooten – 9:26.97

FEMALE 40–44

1. Megan Lachman – 9:26.95

FEMALE 50–59

1. Susan Hagel – 7:46.70
2. Michelle Gormley – 8:07.18
3. Wendy Rafferty – 8:07.42
4. Julie McDermott – 8:56.49
5. Marie Price – 9:01.19
6. Jennifer Cowell – 12:07.16

FEMALE 60–69

1. Connie McKeon – 11:36.56

FEMALE 70 & OVER

1. Betty Brothers – 8:49.90
2. Jean Phelan – 9:02.20

MALE 12 & UNDER

1. Camden Evans – 6:14.87
2. Maverick Couch – 6:18.76
3. Josiah Riggs-Miller – 6:29.31
4. Jude Petkun – 6:34.52
5. Brixton Spath – 6:34.49
6. Giovanni Prestera – 6:39.34
7. Connor Riggs-Miller – 6:45.72
8. Austin Lota – 7:19.29
9. Austin Donelson – 7:32.23
10. Boston Lee – 7:45.36
11. Jack Wilson – 7:55.64
12. Jaxon Brady – 8:39.56

MALE 13–19

1. Yosif Rowell – 4:58.98
2. Asher Brown – 5:04.75
3. Brad Sears – 5:14.60
4. Grayson Manny – 5:16.64
5. Braxton Lee – 5:18.90
6. Cayden Tallent – 5:24.50
7. Jackson Shultz – 5:36.67
8. Gavin McCollum – 5:48.98
9. Landon Rhue – 6:22.35
10. Bryton Lee – 6:45.18

MALE 20–29

1. Rylan Flint – 4:51.57
2. Dillion Britt – 5:53.30
3. Trevor Stallings – 6:51.40

MALE 30–39

1. James Rockrohr – 4:51.49
2. Matt Hotaling – 5:06.28
3. Matt Donelson – 5:45.32
4. Steve Thornton – 5:49.47
5. Justin Escaravage – 6:22.51
6. Ian Drake – 6:22.92
7. Mike Mitchell – 6:41.02

8. Daniel Cunnane – 8:18.90

MALE 40–49

1. Chris Wilson – 5:46.57
2. Chris Novakoski – 5:53.80
3. William Tallent – 5:54.63
4. David Vitto – 6:17.70
5. Mark Manny – 6:19.01
6. Jeremiah Williams – 6:21.22
7. Scott Walton – 6:26.88
8. Brendan Drury – 6:32.91
9. Scott Hartin – 6:32.98

MALE 50–59

1. Mike Nestor – 5:46.36
2. Mike Carter – 6:05.14
3. Chad Simpson – 6:18.39
4. Jeff Jordon – 6:23.50
5. Kevin Rafferty – 6:58.82

MALE 60–69

1. Timothy Hodge – 6:50.34
2. Jon Leiding – 6:55.25
3. Patrick McShea – 7:28.80
4. Bill Price – 7:44.02
5. Joe Buck – 8:01.86
6. Dwight Starks – 9:15.01

MALE 70–74

1. Joseph Verdirame – 8:23.24
2. Jess Brown – 8:55.27
3. John DiCarlo – 10:37.04

COMPETITIVE WALKING - MEN

1. Thomas Hicks – 9:20.90
2. Douglas Burghart – 10:56.21
3. Dave Harrah – 13:39.17
4. Todd Vu – 14:04.91

COMPETITIVE WALKING - WOMEN

1. Wendy Rafferty – 11:59.91
2. Lee Toler – 18:56.21