

Race Date  
June 15, 2019

# Positively Chiropractic Be Fit 5k

## Overall Finish List

| 5k Run/Walk    |                      |             |             | Female      |     |                     |                       |
|----------------|----------------------|-------------|-------------|-------------|-----|---------------------|-----------------------|
| Place          | Age /                |             |             |             |     |                     |                       |
| <u>Overall</u> | <u>Name</u>          | <u>Gend</u> | <u>Time</u> | <u>Pace</u> |     |                     |                       |
| 1              | Jessica Rickli       | 33 F        | 22:58.5     | 7:25/M      | 61  | Ilena Syvertsen     | 24 F 46:39.1 15:03/   |
| 2              | Madi Howard          | 19 F        | 23:40.0     | 7:38/M      | 62  | Brooke Basore       | 16 F 46:39.2 15:03/   |
| 3              | Alicia Phillips      | 34 F        | 25:33.6     | 8:15/M      | 63  | Janine Hawley       | 34 F 46:43.1 15:04/   |
| 4              | Kaitelyn Walker      | 15 F        | 26:15.8     | 8:28/M      | 64  | Karrigan Smith      | 7 F 46:52.1 15:07/    |
| 5              | Brooklyn Rochow      | 14 F        | 26:25.1     | 8:31/M      | 65  | Brooke Kunzelman    | 10 F 47:30.3 15:19/   |
| 6              | Valerie Rochow       | 43 F        | 26:25.3     | 8:31/M      | 66  | Anyah Harden        | 10 F 47:30.4 15:19/   |
| 7              | Anna Austin          | 10 F        | 26:59.4     | 8:42/M      | 67  | Verneta Thompson    | 66 F 48:27.5 15:38/   |
| 8              | Hannah Breslin       | 14 F        | 27:35.8     | 8:54/M      | 68  | Sunshine Karowih    | 45 F 49:26.3 15:57/   |
| 9              | Kristen Fillmore     | 26 F        | 27:46.6     | 8:57/M      | 69  | Wendy Muscato       | 47 F 49:48.1 16:04/   |
| 10             | Hailey Howard        | 16 F        | 27:57.6     | 9:01/M      | 70  | Elizabeth Koepfgen  | 41 F 50:05.7 16:09/   |
| 11             | Allie Showerman      | 20 F        | 28:36.9     | 9:14/M      | 71  | Michelle Magda      | 48 F 50:11.8 16:11/   |
| 12             | Joy Youngblood       | 15 F        | 28:37.0     | 9:14/M      | 72  | Kristie Niec        | 43 F 51:11.4 16:31/   |
| 13             | Makenna Cole         | 10 F        | 28:49.1     | 9:18/M      | 73  | Zaneta Craft        | 46 F 52:06.0 16:48/   |
| 14             | Toni Basore          | 49 F        | 28:59.9     | 9:21/M      | 74  | Rita Moffit         | 64 F 53:19.8 17:12/   |
| 15             | Ella Tillman         | 9 F         | 29:20.4     | 9:28/M      | 75  | Nevaeh Sood         | 09 F 53:47.2 17:21/   |
| 16             | Tammy Basore         | 55 F        | 30:10.6     | 9:44/M      | 76  | Shannon Sood        | 44 F 53:47.2 17:21/   |
| 17             | Brooklyn Jerome      | 9 F         | 32:26.6     | 10:28/      | 77  | Lisa O'Connor       | 45 F 53:49.0 17:22/   |
| 18             | Grace Niec           | 14 F        | 32:26.6     | 10:28/      | 78  | Jessica Rutz        | 42 F 53:49.4 17:22/   |
| 19             | Ashlee Grumelot      | 14 F        | 32:26.7     | 10:28/      | 79  | Sherri Cole         | 42 F 54:15.4 17:30/   |
| 20             | Sara Basore          | 22 F        | 32:30.1     | 10:29/      | 80  | Julia Wright        | 44 F 54:15.4 17:30/   |
| 21             | Chery Showerman      | 53 F        | 32:31.2     | 10:29/      | 81  | Kim Craft           | 51 F 54:45.9 17:40/   |
| 22             | Natalie Basore       | 30 F        | 32:32.5     | 10:30/      | 82  | Kayden Kunzelman    | 7 F 55:09.5 17:47/    |
| 23             | Denise Weldon        | 49 F        | 32:32.7     | 10:30/      | 83  | Susan Morris        | 55 F 55:13.2 17:49/   |
| 24             | Isabella Derosa      | 26 F        | 32:32.7     | 10:30/      | 84  | Victoria Mannor     | 60 F 55:13.3 17:49/   |
| 25             | Stacy Hastings       | 46 F        | 33:02.9     | 10:39/      | 85  | Angel Sabin         | 36 F 55:14.0 17:49/   |
| 26             | Melodia Fraley       | 26 F        | 34:02.4     | 10:59/      | 86  | Kathleen Mullins    | 58 F 55:19.1 17:51/   |
| 27             | Charlene Mowery      | 38 F        | 34:49.4     | 11:14/      | 87  | Marie Makushik      | 42 F 55:19.6 17:51/   |
| 28             | Juliet Basore        | 8 F         | 35:48.1     | 11:33/      | 88  | Kelly Tillman       | 41 F 55:20.3 17:51/   |
| 29             | Grace Lafleur        | 21 F        | 36:04.7     | 11:38/      | 89  | Beth Kunzelman      | 47 F 55:27.9 17:53/   |
| 30             | Kimberly Ashley      | 49 F        | 36:05.7     | 11:38/      | 90  | Tammy Basore        | 51 F 56:53.9 18:21/   |
| 31             | Melissa Akers        | 27 F        | 36:14.9     | 11:41/      | 91  | Beth Wright         | 37 F 57:34.5 18:34/   |
| 32             | Robyn Abbey-Hardesty | 40 F        | 37:35.1     | 12:07/      | 92  | Tammy Gradowski     | 52 F 57:57.1 18:42/   |
| 33             | Kalysta Connolly     | 15 F        | 37:41.4     | 12:09/      | 93  | Krista Basore       | 48 F 59:24.9 19:10/   |
| 34             | Taylor Lockhart      | 12 F        | 37:42.1     | 12:10/      | 94  | Jennie Breuninger   | 56 F 1:00:09.2 19:24/ |
| 35             | Christine Austin     | 8 F         | 37:46.8     | 12:11/      | 95  | Michaela Hill       | 09 F 1:00:22.5 19:28/ |
| 36             | Geri Uihlein         | 49 F        | 37:52.9     | 12:13/      | 96  | Aubrey Williamson   | 11 F 1:04:09.9 20:42/ |
| 37             | Cindy Johnson        | 58 F        | 38:33.3     | 12:26/      | 97  | Savannah Swarthout  | 11 F 1:04:19.2 20:45/ |
| 38             | Dana Moody           | 10 F        | 38:48.1     | 12:31/      | 98  | Ariana Bickley-Ford | 7 F 1:05:55.0 21:16/  |
| 39             | Linda Moody          | 42 F        | 38:48.3     | 12:31/      | 99  | Barb Crockett       | 61 F 1:06:00.9 21:17/ |
| 40             | Willa Wagner         | 62 F        | 39:45.9     | 12:49/      | 100 | Marcia Jackman      | 65 F 1:06:01.6 21:18/ |
| 41             | Julie Chapman        | 49 F        | 40:00.1     | 12:54/      | 101 | Heather Ford        | 35 F 1:06:23.9 21:25/ |
| 42             | Rosena Smith         | 32 F        | 40:22.7     | 13:01/      |     |                     |                       |
| 43             | Victoria Johnson     | 14 F        | 40:39.3     | 13:07/      |     |                     |                       |
| 44             | Lydia Austin         | 14 F        | 40:39.3     | 13:07/      |     |                     |                       |
| 45             | Kaydence Smith       | 10 F        | 40:42.3     | 13:08/      |     |                     |                       |
| 46             | Holly McCue          | 39 F        | 41:02.4     | 13:14/      |     |                     |                       |
| 47             | Genavieve Makushik   | 13 F        | 41:04.5     | 13:15/      |     |                     |                       |
| 48             | Reagan Mowery        | 12 F        | 41:09.7     | 13:16/      |     |                     |                       |
| 49             | Elyse Makushik       | 8 F         | 41:11.3     | 13:17/      |     |                     |                       |
| 50             | Cynthia Eibler       | 46 F        | 41:32.1     | 13:24/      |     |                     |                       |
| 51             | Stacey Glemser       | 43 F        | 42:01.8     | 13:33/      |     |                     |                       |
| 52             | Christina Starr      | 30 F        | 42:41.5     | 13:46/      |     |                     |                       |
| 53             | Kimberly Williamson  | 40 F        | 42:45.9     | 13:47/      |     |                     |                       |
| 54             | Shelley Elmer        | 58 F        | 43:25.6     | 14:00/      |     |                     |                       |
| 55             | Jamie Kunzelman      | 34 F        | 43:54.2     | 14:10/      |     |                     |                       |
| 56             | Leslie Austin        | 44 F        | 44:01.4     | 14:12/      |     |                     |                       |
| 57             | Hayley Elmer         | 22 F        | 44:43.8     | 14:25/      |     |                     |                       |
| 58             | Sheila Schleede      | 54 F        | 45:32.9     | 14:41/      |     |                     |                       |
| 59             | Ella Hardesty        | 10 F        | 45:34.3     | 14:42/      |     |                     |                       |
| 60             | Lisa Bolton          | 42 F        | 46:13.2     | 14:55/      |     |                     |                       |

# Positively Chiropractic Be Fit 5k

Race Date

June 15, 2019

## Overall Finish List

**5k Run/Walk**

**Male**

| <b>Place</b>   |                   | <b>Age /</b>  |             |             |
|----------------|-------------------|---------------|-------------|-------------|
| <b>Overall</b> | <b>Name</b>       | <b>Gender</b> | <b>Time</b> | <b>Pace</b> |
| 1              | Jack Youngblood   | 20 M          | 19:49.4     | 6:24/M      |
| 2              | Micah Bolton      | 13 M          | 20:06.6     | 6:29/M      |
| 3              | Kael Youngblood   | 18 M          | 20:29.0     | 6:36/M      |
| 4              | Brock Rochow      | 12 M          | 21:18.3     | 6:52/M      |
| 5              | Collin Cook       | 14 M          | 21:22.2     | 6:54/M      |
| 6              | Jonah Coffman     | 15 M          | 22:50.7     | 7:22/M      |
| 7              | Kevin Basore      | 55 M          | 23:51.5     | 7:42/M      |
| 8              | Jason Rickli      | 32 M          | 24:11.4     | 7:48/M      |
| 9              | Jeffrey Trapp     | 38 M          | 24:19.2     | 7:51/M      |
| 10             | Samuel Austin     | 15 M          | 25:18.5     | 8:10/M      |
| 11             | Robert Wright     | 43 M          | 25:53.4     | 8:21/M      |
| 12             | Ryan Collison     | 37 M          | 27:02.4     | 8:43/M      |
| 13             | Jon Fillmore      | 55 M          | 27:46.5     | 8:57/M      |
| 14             | David Rowse       | 29 M          | 27:46.6     | 8:57/M      |
| 15             | Doug Thompson     | 68 M          | 28:34.3     | 9:13/M      |
| 16             | Shannon Henderson | 11 M          | 28:42.6     | 9:15/M      |
| 17             | Justin Hawley     | 35 M          | 29:31.1     | 9:31/M      |
| 18             | Darrell Howe      | 64 M          | 29:36.8     | 9:33/M      |
| 19             | Varant Blasingame | 55 M          | 29:55.9     | 9:39/M      |
| 20             | Myles Basore      | 25 M          | 31:11.6     | 10:04/      |
| 21             | Michael Austin    | 10 M          | 31:32.5     | 10:10/      |
| 22             | Daniel Austin     | 12 M          | 31:32.6     | 10:10/      |
| 23             | Brian Tillman     | 42 M          | 32:00.0     | 10:19/      |
| 24             | Toby Basore       | 57 M          | 32:04.4     | 10:21/      |
| 25             | Clare Risner      | 74 M          | 32:27.9     | 10:28/      |
| 26             | Donnie Hedglen    | 32 M          | 32:32.7     | 10:30/      |
| 27             | Norman Landis     | 65 M          | 32:43.6     | 10:33/      |
| 28             | Michael Johnson   | 34 M          | 35:48.1     | 11:33/      |
| 29             | Howard Fettig     | 05 M          | 37:11.9     | 12:00/      |
| 30             | Jeff Fettig       | 40 M          | 37:15.9     | 12:01/      |
| 31             | Steven Karowich   | 09 M          | 37:26.4     | 12:05/      |
| 32             | David Austin      | 5 M           | 37:49.0     | 12:12/      |
| 33             | Michael Candis    | 40 M          | 38:05.7     | 12:17/      |
| 34             | Steven Karowich   | 49 M          | 39:47.1     | 12:50/      |
| 35             | Lance Chapman     | 50 M          | 39:59.8     | 12:54/      |
| 36             | Timothy Makushik  | 44 M          | 41:12.3     | 13:17/      |
| 37             | Luke Basore       | 17 M          | 41:21.5     | 13:20/      |
| 38             | Matthew Hardesty  | 39 M          | 41:32.3     | 13:24/      |
| 39             | Ken Moffitt       | 66 M          | 41:35.6     | 13:25/      |
| 40             | Chad Glemser      | 43 M          | 42:01.6     | 13:33/      |
| 41             | Wesley Starr      | 30 M          | 42:41.5     | 13:46/      |
| 42             | Logan Hollenbeck  | 12 M          | 44:20.5     | 14:18/      |
| 43             | Robb Hollenbeck   | 45 M          | 44:22.1     | 14:19/      |
| 44             | Dan Bergin        | 55 M          | 45:28.0     | 14:40/      |
| 45             | Stephen Basore    | 41 M          | 48:59.0     | 15:48/      |
| 46             | Joe Muscato       | 47 M          | 49:50.4     | 16:05/      |
| 47             | Emmett Koepfgen   | 9 M           | 50:06.4     | 16:10/      |
| 48             | Micheel Basore    | 53 M          | 56:53.3     | 18:21/      |
| 49             | Dan Carlton       | 71 M          | 57:14.6     | 18:28/      |
| 50             | Dave Niec         | 45 M          | 57:16.4     | 18:28/      |
| 51             | James Basore      | 6 M           | 59:17.0     | 19:07/      |
| 52             | Doug Staulter     | 65 M          | 1:00:13.1   | 19:25/      |
| 53             | Matthew Ford      | 37 M          | 1:06:21.4   | 21:24/      |
| 54             | Ed Duranczyk      | 65 M          | 1:07:07.4   | 21:39/      |