

2025 Fall Back 5

Age Group Results



Place	Bib	Name	State	City	Age	Club	GunTime	Pace
5 Mile Run								
Female 1-19								
1.	197	Capello, Sage			16		44:58.6	8:59 / mi
Female 20-29								
1.	131	Greagan, Mary	NY	Watervliet	29		44:40.2	8:56 / mi
2.	219	Dinnocenzo, Deanna			26		47:45.1	9:33 / mi
3.	211	McSweeney, Sarah			24		52:26.7	10:29 / mi
Female 30-39								
1.	203	Griffiths, Davina			33		46:09.8	9:13 / mi
2.	108	Bishop, Jacqueline	NY	Mechanicville	37		48:30.5	9:42 / mi
3.	204	Travis, Kelly			36		49:27.0	9:53 / mi
4.	117	Dermigny, Alexandra	NY	Porter Corners	34		49:27.2	9:53 / mi
5.	172	Rose, Alyce	NY	Yonkers	35		53:13.3	10:38 / mi
6.	201	Negaard, Vanessa			39		56:40.4	11:20 / mi
7.	220	Covello, Bianca			32		59:01.6	11:48 / mi
8.	155	Moore, Kezia	NY	Scotia	39		59:15.0	11:51 / mi
9.	136	Hatch, Lauren	NY	Saratoga Springs	37		59:57.8	11:59 / mi
10.	142	Hines, Leoja	NY	Ballston Spa	36		1:07:06.7	13:25 / mi
11.	209	Labbate, Megan			36		1:11:08.3	14:13 / mi
Female 40-49								
1.	152	McCarthy, Emily	NY	Queensbury	41		35:48.2	7:09 / mi
2.	180	Trybendis, Justine	NY	Glens Falls	43		39:20.8	7:52 / mi
3.	183	Walz, Shawna	NY	Waterford	44		41:58.5	8:23 / mi
4.	128	Goodman, Erica	NY	Gansevoort	41		42:00.1	8:24 / mi
5.	115	DeLuke, Amanda	NY	Schuylerville	43		44:18.0	8:51 / mi
6.	123	Evansky, Rebecca	NY	Hudson Falls	46		46:51.0	9:22 / mi
7.	217	Marchen, Cristina			41		49:36.5	9:55 / mi
8.	207	Peterson, Cammie			45		51:49.7	10:21 / mi
9.	130	Grabbe, Lisa	NY	Glens Falls	43		52:57.5	10:35 / mi
10.	116	Denn, Carla	NY	Hadley	40		56:11.3	11:14 / mi
11.	147	Krebs, Lindsey	NY	Galway	41		58:39.6	11:43 / mi
12.	121	Epps, Lauren	NY	Garnerville	42		1:01:41.1	12:20 / mi
13.	185	White, Cynthia	NY	Cambridge	43		1:01:52.4	12:22 / mi
14.	208	Snyder, Emily			47		1:11:06.6	14:13 / mi
Female 50-59								
1.	149	Macneil, Nicola	NY	Rotterdam Junction	52		44:38.2	8:55 / mi



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Place	Bib	Name	State	City	Age	Club	GunTime	Pace
2.	124	Ferriss, Jennifer	NY	Saratoga Springs	53		48:46.3	9:45 / mi
3.	126	Fronhofer, Mara	NY	Fort Edward	59		50:24.0	10:04 / mi
4.	199	Capello, Trish			50		51:41.1	10:20 / mi
5.	206	Gottuny, Jill			58		52:21.7	10:28 / mi
6.	213	Nuzzi, Kim			52		55:14.6	11:02 / mi
7.	166	Pinchuk, Lianne	NY	Delmar	50		56:37.3	11:19 / mi
8.	167	Pitts, Stefanie	NY	Schenectady	51		58:12.7	11:38 / mi
9.	169	Przywara, Ann Marie	NY	Saratoga Springs	51		1:07:42.0	13:32 / mi
10.	161	OToole, Julie	NY	Mechanicville	57		1:08:46.3	13:45 / mi
11.	215	Langdon, Lori			50		1:12:52.5	14:34 / mi
12.	190	Shelton, Kathryn			56		1:17:18.7	15:27 / mi

Female 60-69

1.	222	Delaney, Tracey			61		44:09.7	8:49 / mi
2.	171	Romano, Annette	NY	Malta	61		44:59.8	8:59 / mi
3.	170	Rahe, Mary	NY	New Paltz	62		55:57.5	11:11 / mi
4.	127	Gibson, Cosby	NY	Amsterdam	64		57:34.2	11:30 / mi
5.	157	Newton, Theresa	NY	Halfmoon	60		58:12.9	11:38 / mi
6.	134	HANEHAN, CATHY	NY	Saratoga Springs	61		1:01:29.2	12:17 / mi
7.	188	Young, Connie	NY	Liverpool	63		1:03:14.5	12:38 / mi
8.	104	Audi, Julia	NY	Saratoga Springs	61		1:05:15.5	13:03 / mi
9.	194	Johnston, Tricia			64		1:05:57.2	13:11 / mi
10.	181	Verostek, Mary	NY	Ballston Spa	65		1:09:11.3	13:50 / mi
11.	112	Ching, Michelle	NY	Clifton Park	64		1:12:51.3	14:34 / mi

Female 70-79

1.	164	Pederson, Jill	NY	Lake George	74		1:01:58.8	12:23 / mi
2.	138	Henderson, M Claire	NY	Saratoga Springs	76		1:03:53.5	12:46 / mi
3.	156	Nealon, Suzanne	NY	Saratoga Springs	75		1:16:58.1	15:23 / mi

Male 1-19

1.	141	Hickland, Simon	NY	Salem	13		41:18.9	8:15 / mi
2.	162	OToole, Matthew	NY	Mechanicville	18		1:08:39.2	13:43 / mi

Male 20-29

1.	173	Ryan, Tyler	NY	Galway	23		44:56.9	8:59 / mi
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Male 30-39

1.	202	Chicoine, Jason			34		38:00.6	7:36 / mi
2.	139	Hennigan, Trevor	NY	Saratoga Springs	31		39:09.1	7:49 / mi
3.	144	Kelly, Miles	NY	Ballston Spa	32		39:50.1	7:58 / mi
4.	118	Dixon, Chev	NY	Yonkers	34		41:18.0	8:15 / mi



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5.	210	Griffiths, James			38		41:18.5	8:15 / mi
6.	192	Mercadante, Eric			34		42:19.8	8:27 / mi
7.	137	Hatch, Timothy	NY	Saratoga Springs	37		46:36.6	9:19 / mi
8.	218	Stokes, Nicholas			34		47:45.4	9:33 / mi
9.	221	Johnson, Cameron			32		50:27.6	10:05 / mi
10.	174	Schindler, Kyle	NY	Ballston Spa	35		51:24.8	10:16 / mi
11.	154	Miller, Matthew	NY	Schenectady	33		55:33.8	11:06 / mi

Male 40-49

1.	151	McCarthy, Andrew	NY	Queensbury	41		35:35.4	7:07 / mi
2.	168	Poulin, Pierre	NY	Saratoga Springs	48		38:11.0	7:38 / mi
3.	102	Anderson, Gabe	NY	Saratoga Springs	48		39:16.1	7:51 / mi
4.	184	Walz, Tyler	NY	Waterford	42		42:09.9	8:25 / mi
5.	122	Evansky, John	NY	Hudson Falls	47		42:21.5	8:28 / mi
6.	133	Gregory, Jason	NY	Ballston Spa	49		45:14.8	9:02 / mi
7.	205	Torres, Gildo			43		55:29.7	11:05 / mi
8.	129	Grabbe, Jeremy	NY	Glens Falls	49		1:00:23.8	12:04 / mi
9.	120	Dudek, Phil	NY	Saratoga Springs	48		1:02:21.5	12:28 / mi

Male 50-59

1.	198	Capello, Seth			50		38:21.2	7:40 / mi
2.	182	Vogel, Zack	NY	Saratoga Springs	54		38:38.9	7:43 / mi
3.	196	Petro, Oliver			56		39:24.6	7:52 / mi
4.	177	Schwimer, Tim	NY	Queensbury	52		42:33.0	8:30 / mi
5.	195	Ethier, Greg			52		43:09.7	8:37 / mi
6.	150	Marchant, Steve	NY	Glenville	54		43:26.8	8:41 / mi
7.	191	Bracken, Mike			51		43:28.8	8:41 / mi
8.	193	Burke, George			59		45:03.4	9:00 / mi
9.	212	Lonergan, Harris			55		46:16.9	9:15 / mi
10.	145	Kergel, Jeremy	NY	Schenectady	50		46:32.2	9:18 / mi
11.	110	Brunner, John	NY	Schenectady	59		50:54.8	10:10 / mi
12.	111	Carlson, Scott	NY	Middle Grove	52		51:16.0	10:15 / mi
13.	179	Smith, Stefan	NY	Schenectady	55		53:08.0	10:37 / mi
14.	146	Knite, Chris	NY	Corinth	58		56:30.3	11:18 / mi
15.	153	Miczek, Matthew	NY	Saratoga Springs	53		1:02:10.9	12:26 / mi
16.	165	Penn, George	NY	Slingerlands	57		1:02:31.7	12:30 / mi
17.	160	ORZECOWSKI, JOSEPH	NY	Saratoga Springs	52		1:02:44.7	12:32 / mi
18.	158	Nichols, Adam	NY	Ballston Lake	55		1:02:56.6	12:35 / mi
19.	216	Cockcroft, Chad			50		1:07:58.3	13:35 / mi



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Male 60-69								
1.	101	Allott, Jim	NY	Wilton	66		40:28.9	8:05 / mi
2.	214	McGivney, Will			63		48:08.1	9:37 / mi
3.	223	Lombardo, Frank			69		51:11.7	10:14 / mi
4.	113	Davis, Lee	NY	Greenfield Center	68		52:24.5	10:28 / mi
5.	135	Hanehan, Martin	NY	Saratoga Springs	62		56:23.7	11:16 / mi
6.	186	Wilber, David	NY	East Greenbush	66		58:29.1	11:41 / mi
7.	159	Obermayer, Stephen	NY	Burnt Hills	64		1:06:12.1	13:14 / mi
8.	106	Barksdale, Anthony	NY	Gloversville	61		1:13:47.8	14:45 / mi

Male 70-79								
1.	103	Audi, Dominick	NY	Saratoga Springs	71		39:54.2	7:58 / mi
2.	132	Greco, Victor	NY	Malta	72		1:01:20.6	12:16 / mi
3.	189	van Wely, Don			75		1:01:45.4	12:21 / mi
4.	109	Brown, Daniel	NY	Ballston Spa	79		1:06:49.2	13:21 / mi
5.	224	Mastaitis, Stephen			71		1:16:53.4	15:22 / mi

Male 80+								
1.	148	Lee, Ray	NY	Clifton Park	83		1:29:39.7	17:55 / mi

Number of records: 111

