

10. Samuel Hale, 15	Williamsburg	37:58
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Men 20-24

1. Evan Goodell, 23	St. Louis, MI	15:15
2. Harrison Vives, 20	Mendham, NJ	15:23
3. Will Jeter, 23	Newport News	15:34
4. Kendall Bates, 22	Hampton	26:46

Men 25-29

1. Jacob Newton, 29	Virginia Beach	37:43
2. James Cook, 25	Mathews	47:58
3. Nicholas Sidney, 27	Gloucester	50:39

Men 30-34

1. Roger Hopper, 31	Chesapeake	15:17
2. Jonathan Torres, 32	Newport News	17:48
3. Darin Stiefvater, 34	Williamsburg	21:41
4. Curtis Blauch, 32	Newport News	24:14
5. Colby Roberts, 31	Williamsburg	24:33
6. Carter Headley, 34	Stafford	24:34
7. Bernard Ayuyao, 34	Virginia Beach	26:18
8. Derek Scarbath, 33	West Point	26:34
9. Edward James, 30	Williamsburg	30:51
10. John Piccard-Naughton, 31	Toano	34:20

Men 35-39

1. Jeff Berry, 36	Williamsburg	18:51
2. David Herce, 37	Williamsburg	23:37
3. Steve Midlik, 39	Newport News	24:13
4. Martin Kopec, 39	Williamsburg	24:46
5. Steven Monahan, 39	Yorktown	25:18
6. Jason Finkel, 37	Newport News	28:07
7. Roger Baughan, 39	Gloucester	28:54

Men 40-44

**1. Adam Otstot, 40	Williamsburg	15:24
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[all-time CRR 5K record for men 40-44, old record 15:41 by Adam Otstot, 40, Williamsburg at 2022 Vineyards of Williamsburg 5K]

2. Andrew Schlichte, 40	Smithfield	23:52
3. Scott Jenkins, 43	Newport News	26:23

Men 45-49

**1. Toby Worm, 49	Smithfield	17:55
2. Kyle Aulenbach, 46	Yorktown	19:23
3. Taylor Jacobs, 49	Seaford	22:48
4. Matt Chism, 47	Carrollton	25:20
5. Skeet Woolard, 48	Holly Spring, NC	25:54

Men 50-54

**1. Timothy Suhr, 51	Williamsburg	18:45
2. Joe Calkins, 51	Lanexa	19:17
3. David Anderson, 52	Williamsburg	19:49

4. David Glass, 50	Williamsburg	24:19
5. John Accardi, 53	Williamsburg	24:30

Men 55-59

1. Brian Rhee, 57	Williamsburg	20:53
2. Mark Douglas, 55	Williamsburg	22:46
3. Robert Jean, 57	Williamsburg	23:54
4. Shawn Trahan, 56	Stafford	25:49
5. Scott Sell, 58	Williamsburg	33:21

Men 60-64

1. Robert Whitaker, 63	Yorktown	19:09
2. Tony Perez, 60	Newport News	21:28
3. Ken Alberg, 61	Suffolk	21:34
4. Richard Shoemaker, 63	Newport News	24:53
5. Jeffrey Bell, 62	Fairfax Station	29:28

Men 65-69

**1. Pete Gibson, 66	Murfreesboro, NC	19:14
2. Jim Thornton, 68	Toano	21:42
3. Chris Abelt, 66	Williamsburg	22:53
4. Doyle Gage, 67	Williamsburg	25:42
5. Wayne Williams, 69	Poquoson	27:08
6. Robert Read, 68	Williamsburg	31:32

Men 70-and-over

1. Dale Abrahamson, 73	Yorktown	24:25
2. Jimmy Blount, 72	Williamsburg	28:36
3. Steve Scudder, 74	Virginia Beach	50:46
4. Stanley Rarick, 71	Yorktown	1:02:09
5. Andrew Midlik, 71	Lemont Furnace, PA	1:06:03

Men Walk

**1. Steven Siewert, 62	Henrico	33:38
2. Tom Gerhardt, 71	Chesapeake	35:23
3. Paul Rienth, 63	Williamsburg	38:37

Women 14-and-under

1. Sydnee Woolard, 14	Holly Spring, NC	37:13
2. Riverlyn Ross, 5	Smithfield	55:22
3. Ammy Aguilar, 12	Goose Creek, SC	56:46

Women 15-19

1. Sidney Sindt, 18	Virginia Beach	20:24
2. MaKenzie Tutone, 16	Newport News	26:10
3. Caroline Klink, 15	Quinton	26:56
4. Jordan Smith, 16	Williamsburg	39:01

Women 20-24

1. Svetlana Goncharova, 24	Williamsburg	21:54
2. Rebecca Hudgins, 24	Cobbs Creek	47:35
2. Emily Brady, 24	Mathews	47:57

Women 25-29

1. Rachel Tischler, 25	Richmond	20:41
2. Elena Pruett-Fiederlein, 27	Harrisonburg	24:13
3. Kaitlyn Herber, 28	Norfolk	40:11

Women 30-34

1. Brittany Headley, 34	Stafford	24:35
2. Jessica Amparo, 32	Newport News	29:38
3. Claire James, 34	Richmond	30:37
4. Molly Stover, 33	Williamsburg	31:04
5. Bekah Grosse, 31	Norfolk	35:14
6. Kay Rodgers, 30	Williamsburg	36:37
7. Paige Rohl, 31	Boone, NC	37:24

Women 35-39

1. Nicole Overton, 37	Williamsburg	22:06
2. Valentina Cimolai, 36	Williamsburg	24:46
3. Sarah Bates, 35	Williamsburg	26:51
4. Tori Nickerson, 38	Newport News	27:55
5. Lorraine Schlichte, 39	Smithfield	28:27
6. Elizabeth Emerson, 39	Yorktown	29:15
7. Sara Fioriglio, 38	Barrington, NJ	32:26
8. Santwania Wingo, 38	Newport News	36:21
9. Ashley Finkel, 36	Newport News	42:43

Women 40-44

**1. Jessica Anderson, 40	Williamsburg	22:28
2. Tricia Murphy, 41	Williamsburg	23:44
3. Cheryl Johnston, 42	Hampton	27:56
4. Elena Keil, 44	Yorktown	32:53
5. Kimberly Jacobs, 40	Seaford	38:29
6. Rebecca Martin, 41	Smithfield	40:18

Women 45-49

**1. Christine Fernandez, 47	Virginia Beach	20:34
2. Megan Buckley, 47	Williamsburg	24:03
3. Tressa Aulenbach, 45	Yorktown	26:34
4. Monica Fulks, 47	Williamsburg	30:55
5. Carissa Worm, 47	Smithfield	31:52
6. Dawn Watts, 46	Yorktown	32:22
7. Jennifer Booth, 45	Carrollton	32:55

Women 50-54

1. Kaye Green, 54	Smithfield	26:36
2. Criztina Jean, 54	Williamsburg	28:29
3. Wendy Burch, 50	Williamsburg	31:43

Women 55-59

**1. Deelyn Robinson, 57	Williamsburg	21:18
2. Marjorie Friedrichs, 55	Williamsburg	21:37
3. Mary Katherine Schiptle, 57	Williamsburg	30:24

4. Dolores Smith, 56	Williamsburg	39:00
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Women 60-64

1. Christine Williams, 60	Poquoson	29:43
2. Elizabeth Harper, 62	Williamsburg	34:35
3. Margaret Jones, 61	Williamsburg	50:24

Women 65-69

**1. Carol Hansen-Vessa, 68	Williamsburg	27:33
2. Shirley Stephens, 65	Williamsburg	32:17
3. Anita Prien, 67	Parkville, MD	50:31

Women 70-and-over

1. Patricia Travis, 71	Williamsburg	30:04
2. Roswitha Goossens-Winter, 74	Williamsburg	32:49

Women Walk

1. Cathy Kaurich, 66	Williamsburg	40:41
2. Nancy Byrd, 68	Toano	40:41
3. Wendy Tooley, 50	Lanexa	46:05
4. Angela Hale, 40	Williamsburg	46:06
5. Rachel Woods, 40	Richmond	46:12

5K Run Age Graded

Place, Name, Gender, Age, City, Time, Age Graded Percentage (as compiled by Jim Gullo)
80% is national class, 70% is regional class, 60% is local class, 50% is average

5K Race Walk Age Graded

Place, Name, Gender, Age, City, Time, Age Graded Percentage (as compiled by John Strassberger)
All over 50%

Unclaimed Race Awards

For those not able to make the post-race awards ceremony, contact the race director, Kate Crump at email:
events@weightedangels.com

Or contact Rick Platt (757-345-1431, rickplatt1@juno.com) to make arrangements to pick up your race award medal at a CRR group run, at a future CRR Grand Prix race, or to be left off at Colonial Sports on Jamestown Road for pickup.