

2016 White Lake Spring Half

Overall Women

White Lake, NC 4/23/2016 07:00AM

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Place	Bib	Co	Name	Age	City/State	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	13	OF	AMY KRAKAUER	30	DAVIDSON NC	1	00:28:27	2	00:02:18	4	02:44:26	3	00:01:28	3	01:35:49		04:52:28	
2	243		JUSTINE WHIPPLE	31	SURF CITY NC	3	00:32:00	4	00:02:24	3	02:43:48	1	00:00:53	2	01:31:12	00:04:00	04:54:14	
3	3	MF	TANYA HOUGHTON	48	WEDDINGTON NC	19	00:41:01	5	00:02:25	1	02:30:16	4	00:01:35	4	01:39:19		04:54:35	
4	7	MF	CAROLINE BEHME	44	HUNTERSVILLE NC	4	00:33:52	1	00:02:14	5	02:44:39	5	00:01:36	6	01:42:36		05:04:56	
5	11	MF	KATHY RINK	50	DAVIDSON NC	6	00:35:26	9	00:03:02	7	02:44:51	19	00:02:42	5	01:40:36		05:06:36	
6	199		KAREN BUXTON	54	GREENSBORO NC	7	00:35:45	7	00:02:46	14	02:53:17	8	00:01:54	12	01:56:35		05:30:15	
7	188		WENDY LINDSEY	48	CHARLOTTE NC	40	00:49:20	11	00:03:08	8	02:46:18	2	00:01:14	11	01:53:20		05:33:19	
8	95		ROBIN COURVILLE	42	RICHMOND VA	22	00:43:10	12	00:03:17	2	02:42:02	23	00:03:03	20	02:04:01		05:35:30	
9	200		ANASTASIA MCKAY	37	SANFORD NC	42	00:50:08	39	00:05:38	9	02:47:46	17	00:02:33	9	01:51:14		05:37:18	
10	125		MEGAN CASSIDY	40	HENRICO VA	8	00:36:06	21	00:03:48	29	03:12:30	12	00:02:02	7	01:44:13		05:38:37	
11	14	OF	MICHELLE HARBURG	34	WASHINGTON DC	5	00:34:50	17	00:03:34	6	02:44:39	49	00:24:01	10	01:52:00		05:39:03	
12	209		SUSAN VARGA	52	GREENSBORO NC	11	00:37:12	15	00:03:25	17	02:59:31	15	00:02:21	13	01:56:47		05:39:14	
13	141		CARY MAYCOCK	48	GREENSBORO NC	2	00:31:45	19	00:03:42	18	02:59:40	26	00:03:15	22	02:05:30		05:43:51	
14	149		PAULINA COLLIER	30	DURHAM NC	38	00:48:54	10	00:03:05	13	02:52:12	10	00:01:56	19	02:03:46		05:49:51	
15	211		REBECCA SAGE	39	HIGH POINT NC	24	00:43:18	3	00:02:19	20	03:01:16	16	00:02:28	21	02:05:14		05:54:32	
16	105		AMELIA ZWIENER	20	MOORESVILLE NC	10	00:36:14	14	00:03:21	49	03:29:51	6	00:01:39	8	01:46:40		05:57:44	
17	175		LINDSEE MCPHAIL	39	RALEIGH NC	35	00:46:22	18	00:03:41	23	03:04:05	11	00:01:57	17	02:03:02		05:59:05	
18	51		KATIE SPRINKEL	36	ARLINGTON VA	12	00:37:28	13	00:03:17	27	03:10:59	36	00:04:23	15	02:00:16	00:04:00	06:00:20	
19	194		LEIGH-ANNE SLACK	34	HOPE MILLS NC	14	00:39:30	28	00:04:18	31	03:14:26	7	00:01:53	16	02:01:11		06:01:16	
20	245		ROSEMARIE SPARGUR	31	WILMINGTON NC	34	00:46:21	31	00:04:41	19	03:00:18	32	00:03:49	24	02:10:33		06:05:40	
21	193		KATHRYN STARR	32	DURHAM NC	43	00:50:49	35	00:05:13	26	03:10:17	27	00:03:18	14	01:59:38		06:09:14	
22	33		KRISTY BORAWSKI	37	DURHAM NC	18	00:40:54	24	00:04:08	21	03:02:11	24	00:03:11	27	02:20:13		06:10:35	

23	55		TINA SHIVER	57	RICHMOND VA	39	00:48:58	25	00:04:12	32	03:15:17	29	00:03:31	25	02:11:04	06:23:00	
24	176		SARAH ZUMBRUM	34	FUQUAY VARINA NC	29	00:44:59	20	00:03:44	28	03:11:50	13	00:02:05	29	02:22:32	06:25:07	
25	23		TRICIA POWELL	46	RICHMOND VA	36	00:46:26	23	00:04:07	15	02:55:36	14	00:02:16	38	02:37:00	06:25:23	
26	126		HOLLY MURPHY	41	PENN LAIRD VA	31	00:45:49	32	00:04:48	46	03:28:47	33	00:03:51	18	02:03:28	06:26:41	
27	52		MEGAN CLEGG	30	CLARKSVILLE TN	25	00:43:31	37	00:05:29	25	03:09:55	46	00:07:42	28	02:21:15	06:27:51	
28	195		LIZ KNAZEK	37	ROYAL OAK MI	28	00:44:43	29	00:04:22	16	02:57:57	38	00:04:44	37	02:36:55	06:28:39	
29	21		ERIN JONES	39	CHARLESTON SC	16	00:39:47	22	00:03:49	50	03:33:26	9	00:01:54	26	02:11:20	06:30:15	
30	80		JODY FRAZIER	42	CHARLOTTE NC	41	00:49:39	36	00:05:22	24	03:04:52	39	00:05:11	31	02:26:36	06:31:40	
31	79		KRISTIN HERRING	37	NEWPORT NEWS VA	33	00:46:08	50	00:07:16	45	03:26:49	22	00:03:03	23	02:05:55	00:04:00	06:33:08
32	186		JEAN ALTOMARI	37	BROOKHAVEN PA	48	00:53:20	56	00:17:54	56	03:53:14	48	00:10:19	1	01:25:50	06:40:36	
33	114		BARBARA SHAFER	59	CAROLINA SHORES NC	20	00:41:40	47	00:06:45	34	03:18:12	18	00:02:40	34	02:32:05	06:41:20	
34	73		MARY AMABILE	55	CHESAPEAKE VA	15	00:39:46	26	00:04:13	22	03:03:32	40	00:05:12	43	02:54:55	06:47:36	
35	184		MARY WHITWELL	60	ROCKY MOUNT NC	23	00:43:17	54	00:07:41	42	03:24:08	21	00:03:02	36	02:34:20	06:52:26	
36	62		DINA JORGENSEN	54	CHESAPEAKE VA	52	00:57:08	30	00:04:32	35	03:19:12	25	00:03:13	33	02:28:34	06:52:36	
37	222	ZF	JODI WILCOX	46	ELON NC	30	00:45:46	41	00:05:50	51	03:34:28	28	00:03:21	30	02:24:16	06:53:39	
38	144		PATRICIA WATERS	62	ALPHARETTA GA	17	00:40:15	55	00:08:01	47	03:29:23	37	00:04:27	41	02:51:26	07:13:29	
39	147		ANNE WYMAN	47	ISLE OF PALMS SC	53	01:00:46	45	00:06:08	48	03:29:30	35	00:04:22	35	02:33:38	07:14:22	
40	29		HEIDI VAN BROCKLIN	43	DURHAM NC	51	00:57:02	43	00:05:57	52	03:37:31	45	00:06:37	32	02:28:21	07:15:25	
41	44	A	ELIZABETH MARTIN	40	DURHAM NC	44	00:50:50	49	00:07:13	40	03:23:20	41	00:05:25	44	02:55:48	07:22:35	
42	47		JESSIE BURNETT	38	POWHATAN VA	21	00:42:56	40	00:05:45	41	03:23:58	47	00:08:20	45	03:01:38	07:22:35	
43	35	A	CATHERINE MADDOX	37	LAKE WYLIE SC	46	00:51:57	27	00:04:16	30	03:13:26	34	00:03:56	48	03:16:30	07:30:03	
44	160	A	KATE PRICE	35	COATS NC	37	00:47:52	53	00:07:31	44	03:24:30	42	00:05:42	46	03:06:11	07:31:45	
45	221	ZF	TRACIE PLUFF-GIOIA	46	GRAHAM NC	56	01:10:12	51	00:07:16	38	03:22:19	30	00:03:32	42	02:52:26	07:35:43	
46	219	NF	JENNIE DRAPER	36	RICHMOND VA	49	00:53:44	34	00:05:12	54	03:48:11	31	00:03:42	40	02:50:53	07:41:40	
47	97		JOANNE BAGBY	60	LELAND NC	45	00:51:03	33	00:05:00	57	04:09:38	20	00:03:00	39	02:39:08	07:47:46	
48	31		ANNA STYRZYNSKA	34	FORT MILL SC	50	00:54:52	42	00:05:53	55	03:51:18	44	00:05:56	47	03:11:21	08:09:18	
49	205	A	REBECCA FERGUSON	37	DURHAM NC	54	01:01:34	38	00:05:37	53	03:39:25	43	00:05:52	49	03:24:15	08:16:41	

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