

2 Mile 4 REAL: Boys/Men's Heat 2

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	SCOTT CLARK	BERTHOUD, CO	M: 1	RUNNER	1116	00:09:49.41	04:54	12.2mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:01:16.21	05:04	11.8mph	00:01:16.21
				Split 2		00:01:14.18	04:56	12.1mph	00:02:30.39
				Split 3		00:01:14.22	04:56	12.1mph	00:03:44.60
				Split 4		00:01:15.15	05:00	12.0mph	00:04:59.75
				Split 5		00:01:13.09	04:52	12.3mph	00:06:12.84
				Split 6		00:01:13.54	04:54	12.2mph	00:07:26.37
				Split 7		00:01:13.07	04:52	12.3mph	00:08:39.44
				Split 8		00:01:09.98	04:39	12.9mph	00:09:49.41
2	TATE BOTHUN	BERTHOUD, CO	M: 2	RUNNER	1100	00:09:55.18	04:57	12.1mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:01:16.12	05:04	11.8mph	00:01:16.12
				Split 2		00:01:14.76	04:59	12.0mph	00:02:30.88
				Split 3		00:01:14.20	04:56	12.1mph	00:03:45.07
				Split 4		00:01:15.15	05:00	12.0mph	00:05:00.22
				Split 5		00:01:13.09	04:52	12.3mph	00:06:13.30
				Split 6		00:01:15.90	05:03	11.9mph	00:07:29.20
				Split 7		00:01:16.65	05:06	11.7mph	00:08:45.84
				Split 8		00:01:09.34	04:37	13.0mph	00:09:55.18
3	ETHAN ADAMS	BRIGHTON, CO	M: 3	RUNNER	1076	00:09:59.52	04:59	12.0mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:01:16.71	05:06	11.7mph	00:01:16.71
				Split 2		00:01:15.93	05:03	11.9mph	00:02:32.63
				Split 3		00:01:14.98	04:59	12.0mph	00:03:47.61
				Split 4		00:01:16.88	05:07	11.7mph	00:05:04.49
				Split 5		00:01:16.01	05:04	11.8mph	00:06:20.49
				Split 6		00:01:15.64	05:02	11.9mph	00:07:36.13
				Split 7		00:01:14.26	04:57	12.1mph	00:08:50.38
				Split 8		00:01:09.15	04:36	13.0mph	00:09:59.52
4	LUKE SPITZ	LONGMONT, CO	M: 4	RUNNER	1257	00:10:01.72	05:00	12.0mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:01:16.41	05:05	11.8mph	00:01:16.41
				Split 2		00:01:14.53	04:58	12.1mph	00:02:30.94
				Split 3		00:01:14.46	04:57	12.1mph	00:03:45.39
				Split 4		00:01:15.11	05:00	12.0mph	00:05:00.50
				Split 5		00:01:13.11	04:52	12.3mph	00:06:13.61
				Split 6		00:01:15.86	05:03	11.9mph	00:07:29.46
				Split 7		00:01:16.79	05:07	11.7mph	00:08:46.25
				Split 8		00:01:15.48	05:01	11.9mph	00:10:01.72
5	EVAN MORRISON	LAKEWOOD, CO	M: 5	RUNNER	1182	00:10:09.22	05:04	11.8mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:01:16.85	05:07	11.7mph	00:01:16.85
				Split 2		00:01:14.63	04:58	12.1mph	00:02:31.48
				Split 3		00:01:14.47	04:57	12.1mph	00:03:45.94
				Split 4		00:01:17.13	05:08	11.7mph	00:05:03.06
				Split 5		00:01:16.20	05:04	11.8mph	00:06:19.26
				Split 6		00:01:18.45	05:13	11.5mph	00:07:37.70
				Split 7		00:01:18.16	05:12	11.5mph	00:08:55.86
				Split 8		00:01:13.37	04:53	12.3mph	00:10:09.22
6	DANIEL LAMEY (TEAM HALF LITTLETON, CO TIGHTS)		M: 6	RUNNER	1163	00:10:17.46	05:08	11.7mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:01:18.12	05:12	11.5mph	00:01:18.12
				Split 2		00:01:17.20	05:08	11.7mph	00:02:35.32
				Split 3		00:01:19.58	05:18	11.3mph	00:03:54.89
				Split 4		00:01:16.41	05:05	11.8mph	00:05:11.29
				Split 5		00:01:17.52	05:10	11.6mph	00:06:28.81
				Split 6		00:01:17.99	05:11	11.5mph	00:07:46.80
				Split 7		00:01:16.65	05:06	11.7mph	00:09:03.44
				Split 8		00:01:14.03	04:56	12.2mph	00:10:17.46
7	PARKER NELSON (AMATEUR TRACK CLUB)	WHEAT RIDGE, CO	M: 7	RUNNER	1185	00:10:23.98	05:11	11.5mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:01:15.47	05:01	11.9mph	00:01:15.47
				Split 2		00:01:15.23	05:00	12.0mph	00:02:30.69
				Split 3		00:01:16.52	05:06	11.8mph	00:03:47.20
				Split 4		00:01:17.36	05:09	11.6mph	00:05:04.56
				Split 5		00:01:20.36	05:21	11.2mph	00:06:24.91
				Split 6		00:01:21.68	05:26	11.0mph	00:07:46.59
				Split 7		00:01:21.18	05:24	11.1mph	00:09:07.76
				Split 8		00:01:16.23	05:04	11.8mph	00:10:23.98

2 Mile 4 REAL: Boys/Men's Heat 2

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
8	AFTON COOPER	BERTHOUD, CO	M: 8	RUNNER	1119	00:10:26.03	05:13	11.5mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:21.42	05:25	11.1mph	00:01:21.42	
				Split 2	00:01:17.98	05:11	11.5mph	00:02:39.40	
				Split 3	00:01:16.16	05:04	11.8mph	00:03:55.55	
				Split 4	00:01:16.25	05:04	11.8mph	00:05:11.79	
				Split 5	00:01:17.68	05:10	11.6mph	00:06:29.46	
				Split 6	00:01:19.32	05:17	11.3mph	00:07:48.78	
				Split 7	00:01:21.07	05:24	11.1mph	00:09:09.84	
				Split 8	00:01:16.19	05:04	11.8mph	00:10:26.03	
9	DANIEL HATTON	BERTHOUD, CO	M: 9	RUNNER	1138	00:10:28.02	05:14	11.5mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:21.46	05:25	11.0mph	00:01:21.46	
				Split 2	00:01:18.94	05:15	11.4mph	00:02:40.39	
				Split 3	00:01:19.40	05:17	11.3mph	00:03:59.79	
				Split 4	00:01:20.25	05:20	11.2mph	00:05:20.04	
				Split 5	00:01:19.21	05:16	11.4mph	00:06:39.24	
				Split 6	00:01:18.15	05:12	11.5mph	00:07:57.38	
				Split 7	00:01:18.60	05:14	11.5mph	00:09:15.98	
				Split 8	00:01:12.05	04:48	12.5mph	00:10:28.02	
10	AIDAN JIANG	LONGMONT, CO	M: 10	RUNNER	1147	00:10:32.28	05:16	11.4mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:17.34	05:09	11.6mph	00:01:17.34	
				Split 2	00:01:17.45	05:09	11.6mph	00:02:34.78	
				Split 3	00:01:19.99	05:19	11.3mph	00:03:54.77	
				Split 4	00:01:18.98	05:15	11.4mph	00:05:13.74	
				Split 5	00:01:20.64	05:22	11.2mph	00:06:34.37	
				Split 6	00:01:21.17	05:24	11.1mph	00:07:55.54	
				Split 7	00:01:20.27	05:21	11.2mph	00:09:15.81	
				Split 8	00:01:16.48	05:05	11.8mph	00:10:32.28	
11	ANTHONY PORTER		M: 11	RUNNER	1202	00:10:34.42	05:17	11.3mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:16.67	05:06	11.7mph	00:01:16.67	
				Split 2	00:01:17.02	05:08	11.7mph	00:02:33.69	
				Split 3	00:01:19.62	05:18	11.3mph	00:03:53.30	
				Split 4	00:01:20.06	05:20	11.2mph	00:05:13.36	
				Split 5	00:01:22.61	05:30	10.9mph	00:06:35.96	
				Split 6	00:01:22.21	05:28	10.9mph	00:07:58.16	
				Split 7	00:01:21.81	05:27	11.0mph	00:09:19.97	
				Split 8	00:01:14.46	04:57	12.1mph	00:10:34.42	
12	WILLIAM NEWKIRK		M: 12	RUNNER	1186	00:10:35.74	05:17	11.3mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:18.32	05:13	11.5mph	00:01:18.32	
				Split 2	00:01:17.64	05:10	11.6mph	00:02:35.96	
				Split 3	00:01:19.43	05:17	11.3mph	00:03:55.38	
				Split 4	00:01:19.20	05:16	11.4mph	00:05:14.58	
				Split 5	00:01:22.04	05:28	11.0mph	00:06:36.62	
				Split 6	00:01:21.39	05:25	11.1mph	00:07:58.00	
				Split 7	00:01:21.57	05:26	11.0mph	00:09:19.57	
				Split 8	00:01:16.17	05:04	11.8mph	00:10:35.74	
13	AIDAN MALHERBE	BERTHOUD, CO	M: 13	RUNNER	1171	00:10:35.95	05:17	11.3mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:21.69	05:26	11.0mph	00:01:21.69	
				Split 2	00:01:19.54	05:18	11.3mph	00:02:41.22	
				Split 3	00:01:19.23	05:16	11.4mph	00:04:00.44	
				Split 4	00:01:21.07	05:24	11.1mph	00:05:21.51	
				Split 5	00:01:20.89	05:23	11.1mph	00:06:42.40	
				Split 6	00:01:20.54	05:22	11.2mph	00:08:02.93	
				Split 7	00:01:20.39	05:21	11.2mph	00:09:23.32	
				Split 8	00:01:12.63	04:50	12.4mph	00:10:35.95	
14	AIDEN OGG		M: 14	RUNNER	1193	00:10:39.96	05:19	11.3mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:17.93	05:11	11.5mph	00:01:17.93	
				Split 2	00:01:17.99	05:11	11.5mph	00:02:35.91	
				Split 3	00:01:18.99	05:15	11.4mph	00:03:54.89	
				Split 4	00:01:19.95	05:19	11.3mph	00:05:14.83	
				Split 5	00:01:22.42	05:29	10.9mph	00:06:37.25	
				Split 6	00:01:22.56	05:30	10.9mph	00:07:59.81	
				Split 7	00:01:22.77	05:31	10.9mph	00:09:22.58	
				Split 8	00:01:17.39	05:09	11.6mph	00:10:39.96	

2 Mile 4 REAL: Boys/Men's Heat 2

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
15	DANTE LEE		M: 15	RUNNER	1165	00:10:40.19	05:20	11.2mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:18.54	05:14	11.5mph	00:01:18.54	
				Split 2	00:01:18.14	05:12	11.5mph	00:02:36.67	
				Split 3	00:01:19.73	05:18	11.3mph	00:03:56.40	
				Split 4	00:01:20.22	05:20	11.2mph	00:05:16.61	
				Split 5	00:01:22.42	05:29	10.9mph	00:06:39.02	
				Split 6	00:01:23.02	05:32	10.8mph	00:08:02.04	
				Split 7	00:01:22.60	05:30	10.9mph	00:09:24.64	
				Split 8	00:01:15.56	05:02	11.9mph	00:10:40.19	
16	JACOB EXTON		M: 16	RUNNER	1124	00:10:43.39	05:21	11.2mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:20.31	05:21	11.2mph	00:01:20.31	
				Split 2	00:01:19.56	05:18	11.3mph	00:02:39.86	
				Split 3	00:01:20.58	05:22	11.2mph	00:04:00.44	
				Split 4	00:01:23.16	05:32	10.8mph	00:05:23.60	
				Split 5	00:01:20.99	05:23	11.1mph	00:06:44.59	
				Split 6	00:01:21.27	05:25	11.1mph	00:08:05.85	
				Split 7	00:01:20.82	05:23	11.1mph	00:09:26.67	
				Split 8	00:01:16.73	05:06	11.7mph	00:10:43.39	
17	JACK BATTERSON		M: 17	RUNNER	1089	00:10:43.67	05:21	11.2mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:20.35	05:21	11.2mph	00:01:20.35	
				Split 2	00:01:18.69	05:14	11.4mph	00:02:39.04	
				Split 3	00:01:21.20	05:24	11.1mph	00:04:00.24	
				Split 4	00:01:20.70	05:22	11.2mph	00:05:20.94	
				Split 5	00:01:21.95	05:27	11.0mph	00:06:42.88	
				Split 6	00:01:23.43	05:33	10.8mph	00:08:06.30	
				Split 7	00:01:21.17	05:24	11.1mph	00:09:27.47	
				Split 8	00:01:16.20	05:04	11.8mph	00:10:43.67	
18	KYE TOOTHAKER	LONGMONT, CO	M: 18	RUNNER	1240	00:10:46.20	05:23	11.1mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:15.23	05:00	12.0mph	00:01:15.23	
				Split 2	00:01:14.97	04:59	12.0mph	00:02:30.20	
				Split 3	00:01:15.02	05:00	12.0mph	00:03:45.21	
				Split 4	00:01:20.13	05:20	11.2mph	00:05:05.34	
				Split 5	00:01:24.93	05:39	10.6mph	00:06:30.27	
				Split 6	00:01:26.51	05:46	10.4mph	00:07:56.78	
				Split 7	00:01:28.36	05:53	10.2mph	00:09:25.13	
				Split 8	00:01:21.07	05:24	11.1mph	00:10:46.20	
19	JOSEPH BRIENZA (AMATEUR TRACK CLUB)	WHEAT RIDGE, CO	M: 19	RUNNER	1103	00:10:47.68	05:23	11.1mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:20.99	05:23	11.1mph	00:01:20.99	
				Split 2	00:01:20.23	05:20	11.2mph	00:02:41.22	
				Split 3	00:01:22.06	05:28	11.0mph	00:04:03.28	
				Split 4	00:01:22.91	05:31	10.9mph	00:05:26.18	
				Split 5	00:01:23.06	05:32	10.8mph	00:06:49.24	
				Split 6	00:01:23.39	05:33	10.8mph	00:08:12.62	
				Split 7	00:01:22.22	05:28	10.9mph	00:09:34.83	
				Split 8	00:01:12.85	04:51	12.4mph	00:10:47.68	
20	GABRIEL MARTINEZ (AMATEUR TRACK CLUB)	WHEAT RIDGE, CO	M: 20	RUNNER	1174	00:10:49.45	05:24	11.1mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:20.73	05:22	11.1mph	00:01:20.73	
				Split 2	00:01:18.32	05:13	11.5mph	00:02:39.04	
				Split 3	00:01:19.48	05:17	11.3mph	00:03:58.51	
				Split 4	00:01:24.09	05:36	10.7mph	00:05:22.59	
				Split 5	00:01:25.82	05:43	10.5mph	00:06:48.41	
				Split 6	00:01:23.61	05:34	10.8mph	00:08:12.02	
				Split 7	00:01:20.59	05:22	11.2mph	00:09:32.61	
				Split 8	00:01:16.85	05:07	11.7mph	00:10:49.45	
21	HUNTER ROBBIE (REAL TRAINING)	BOULDER, CO	M: 21	RUNNER	1212	00:10:51.17	05:25	11.1mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:20.26	05:21	11.2mph	00:01:20.26	
				Split 2	00:01:21.06	05:24	11.1mph	00:02:41.31	
				Split 3	00:01:20.50	05:21	11.2mph	00:04:01.80	
				Split 4	00:01:23.16	05:32	10.8mph	00:05:24.96	
				Split 5	00:01:22.09	05:28	11.0mph	00:06:47.05	
				Split 6	00:01:21.98	05:27	11.0mph	00:08:09.03	
				Split 7	00:01:23.74	05:34	10.7mph	00:09:32.77	
				Split 8	00:01:18.41	05:13	11.5mph	00:10:51.17	

2 Mile 4 REAL: Boys/Men's Heat 2

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
22	GARRETT SMITH (AMATEURWHEAT RIDGE, CO TRACK CLUB)		M: 22	RUNNER	1232	00:10:55.94	05:27	11.0mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:20.16	05:20	11.2mph	00:01:20.16	
				Split 2	00:01:18.48	05:13	11.5mph	00:02:38.64	
				Split 3	00:01:20.12	05:20	11.2mph	00:03:58.75	
				Split 4	00:01:23.13	05:32	10.8mph	00:05:21.88	
				Split 5	00:01:23.42	05:33	10.8mph	00:06:45.30	
				Split 6	00:01:24.71	05:38	10.6mph	00:08:10.01	
				Split 7	00:01:24.91	05:39	10.6mph	00:09:34.91	
				Split 8	00:01:21.04	05:24	11.1mph	00:10:55.94	
23	BODE BECKER (REAL TRAINING)	LONGMONT, CO	M: 23	RUNNER	1093	00:10:56.70	05:28	11.0mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:21.35	05:25	11.1mph	00:01:21.35	
				Split 2	00:01:18.73	05:14	11.4mph	00:02:40.07	
				Split 3	00:01:21.09	05:24	11.1mph	00:04:01.16	
				Split 4	00:01:23.38	05:33	10.8mph	00:05:24.53	
				Split 5	00:01:23.98	05:35	10.7mph	00:06:48.51	
				Split 6	00:01:25.08	05:40	10.6mph	00:08:13.58	
				Split 7	00:01:24.31	05:37	10.7mph	00:09:37.88	
				Split 8	00:01:18.83	05:15	11.4mph	00:10:56.70	
24	RAYMIE SMITH		M: 24	RUNNER	1233	00:10:57.38	05:28	11.0mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:18.86	05:15	11.4mph	00:01:18.86	
				Split 2	00:01:18.62	05:14	11.4mph	00:02:37.48	
				Split 3	00:01:21.43	05:25	11.1mph	00:03:58.91	
				Split 4	00:01:23.36	05:33	10.8mph	00:05:22.27	
				Split 5	00:01:24.07	05:36	10.7mph	00:06:46.33	
				Split 6	00:01:25.10	05:40	10.6mph	00:08:11.43	
				Split 7	00:01:25.08	05:40	10.6mph	00:09:36.50	
				Split 8	00:01:20.88	05:23	11.1mph	00:10:57.38	
25	MICHAEL FONG		M: 25	RUNNER	1128	00:10:58.36	05:29	10.9mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:19.96	05:19	11.3mph	00:01:19.96	
				Split 2	00:01:22.06	05:28	11.0mph	00:02:42.01	
				Split 3	00:01:22.12	05:28	11.0mph	00:04:04.13	
				Split 4	00:01:24.27	05:37	10.7mph	00:05:28.40	
				Split 5	00:01:24.60	05:38	10.6mph	00:06:52.99	
				Split 6	00:01:22.91	05:31	10.9mph	00:08:15.90	
				Split 7	00:01:25.37	05:41	10.5mph	00:09:41.27	
				Split 8	00:01:17.09	05:08	11.7mph	00:10:58.36	
26	LINCOLN BREWER (REAL TRAINING)	LONGMONT, CO	M: 26	RUNNER	1102	00:10:58.65	05:29	10.9mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:19.31	05:17	11.3mph	00:01:19.31	
				Split 2	00:01:18.46	05:13	11.5mph	00:02:37.77	
				Split 3	00:01:21.74	05:26	11.0mph	00:03:59.51	
				Split 4	00:01:24.79	05:39	10.6mph	00:05:24.29	
				Split 5	00:01:24.43	05:37	10.7mph	00:06:48.72	
				Split 6	00:01:25.54	05:42	10.5mph	00:08:14.26	
				Split 7	00:01:25.26	05:41	10.6mph	00:09:39.51	
				Split 8	00:01:19.15	05:16	11.4mph	00:10:58.65	
27	RYLAN SALSBERY	PARKER, CO	M: 27	RUNNER	1218	00:11:00.15	05:30	10.9mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:21.35	05:25	11.1mph	00:01:21.35	
				Split 2	00:01:19.63	05:18	11.3mph	00:02:40.97	
				Split 3	00:01:22.41	05:29	10.9mph	00:04:03.38	
				Split 4	00:01:24.25	05:36	10.7mph	00:05:27.63	
				Split 5	00:01:25.04	05:40	10.6mph	00:06:52.67	
				Split 6	00:01:22.38	05:29	10.9mph	00:08:15.05	
				Split 7	00:01:25.22	05:40	10.6mph	00:09:40.27	
				Split 8	00:01:19.89	05:19	11.3mph	00:11:00.15	