

**5th Annual
Weighted Angels 5K Run
Billsburg Brewery/Landfall at Jamestown 5K Course,
Williamsburg, VA
Saturday, October 18, 2025
A Colonial Road Runners Grand Prix Event
A Hampton Roads Super Grand Prix Event**

USATF certified 5K course (VA-22029-RT)

Runners ran the course as certified.

According to USATF timing standards, all times rounded up to the next second.

337 finishers in 5K run/walk.

28 finishers in one mile fun run/walk.

**** Age group record (5-year age groups)**

Men Overall

1. Hayden Goodman, 18	Williamsburg	15:03
[course record 14:56 by Ryan McGorty, 24, Fairfax, in 2021]		
2. Colby Twyman, 18	Wilmington, DE	15:06
3. Lucas Thompaon, 21	Simsbury, CT	15:26

Women Overall

**1. Emily Honeycutt, 34	Newport News	18:34
[course record 16:47 by Laura Labuschaigne, 27, Henrico, in 2023]		
2. Amanda Smith, 32	Mechanicsville	19:39
3. Jayme Johnson, 36	Yorktown	20:05

Men 14-and-under

1. Andrew Ford, 14	Gloucester	22:55
2. Ryan Waskey, 13	Williamsburg	23:34
3. Mason Gunther, 13	Toano	23:45
4. Eli Johnson, 9	Yorktown	24:42
5. Michael Fisher, 10	Mechanicsville	27:38
6. Lucas Eggleston, 10	Williamsburg	43:07
7. Noah Patton, 9	Williamsburg	43:07
8. Emery Knight, 4	Toano	47:05

Men 15-19

1. Jeffrey Linton, 18	Williamsburg	15:46
2. Brady Brennan, 19	Stafford	16:00
3. Braxton Lee, 16	Quinton	22:30
4. Lucas Steineke, 16	Seaford	24:53
5. Owen Fields, 16	Amissville	25:02
6. Caleb Ford, 15	Gloucester	27:41

Men 20-24

1. Jonathan Kumer, 21	Williamsburg	17:44
2. Jameson North, 23	Seaford	23:49
3. Chase Gibbs, 21	Blackstone	24:36
4. James Green, 23	Yorktown	25:02
5. Sammy Hicks, 20	Williamsburg	31:45
6. Austin Owle, 24	Williamsburg	42:41

Men 25-29

1. Nicholas Schuff, 28	Hampton	19:23
2. Matt Johnson, 29	Brooklyn, NY	26:47
3. Stephen Moryl, 26	Toano	42:40

Men 30-34

1. Ethan Schultz, 33	Newport News	20:33
2. Chad Morris, 33	Yorktown	25:10
3. Derek Cook, 33	Williamsburg	25:24
4. Matthew Wilshere, 30	Manhasset, NY	28:04
5. Joe Johnson, 31	Virginia Beach	28:11
6. William Midkiff, 34	Suffolk	28:30
7. Grayson Moore, 33	Williamsburg	29:39
8. Matthew Lopez, 30	Woodbridge	32:06
9. Patrick Staul, 31	Williamsburg	33:07
10. Aaron Kelman, 30	Norfolk	47:38

Men 35-39

1. Sean Bush, 35	Williamsburg	15:33
2. Steven Preskitt, 35	Toano	18:04
3. Brian Fries, 37	Yorktown	20:51
4. Mike Warren, 36	Virginia Beach	24:14
5. Benjamin Kaurich, 37	Toano	25:23
6. Daniel Lewis, 35	Stephens City	29:25
7. Steadman Knight, 39	Toano	47:04
8. William Peet, 38	West Point	53:16
9. Oliver Mushtare, 37	Newport News	56:41
10. Zack Harper, 35	Hartfield	1:00:00
11. Brendan Carter, 38	Newport News	1:01:10

Men 40-44

1. Forest Braden, 42	Williamsburg	16:54
2. Russell Haller, 43	Virginia Beach	18:21
3. Adam Henry, 43	Newport News	19:57
4. Peter Grabowski, 43	Toano	20:00
5. Wade Baker, 42	Williamsburg	22:27
6. Eric Fisher, 40	Mechanicsville	27:39
7. Sharod Eley, 43	Hampton	34:16

Men 45-49

1. Brian Freeman, 45	Gloucester	29:15
2. Darren Fulton, 49	Gloucester	33:02
3. Kevin DiSpirito, 49	Gloucester	40:52
4. Michael Smith, 47	Williamsburg	57:49

Men 50-54

**1. Thomas Hicks, 54	Virginia Beach	17:09
2. Joe Calkins, 54	Lanexa	20:09
3. Joel Brown, 50	Chesapeake	20:21
4. Chad Thompson, 50	Simsbury, CT	26:13
5. Matt Chism, 50	Carrollton	29:20
6. Dan Wood, 51	West Point	46:47

Men 55-59

1. Steve Sechriest, 57	Seaford	29:21
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2. Gregory Bryant, 57	Mechanicsville	54:59	7. Chloe Carter, 5	Newport News	1:00:53
3. Michael Kelly, 59	Williamsburg	56:57			
Men 60-64			Women 15-19		
1. Ken Alberg, 64	Suffolk	21:52	1. Kailen Thompson, 16	Simsbury, CT	25:48
2. Steve Menzies, 61	Williamsburg	21:55	2. Hannah Koehler, 15	Saluda	1:02:12
3. Orlando (Tony) Perez, 63	Newport News	22:10	Women 20-24		
4. Joe Buck, 60	Chesapeake	26:03	1. Kayleigh Conway, 23	Williamsburg	28:05
5. Robert Jean, 60	Williamsburg	26:35	2. Jessica Cook, 23	Williamsburg	29:36
6. Michael Glueck, 61	Williamsburg	36:01	3. Caroline Pence, 21	Glen Allen	33:50
7. T.G. McMurtrie, 61	Hartfield	46:48	4. Sophia Williams, 20	Vienna	33:54
8. Scott Gray, 62	Williamsburg	58:48	5. Emelia Marshall, 22	Sterling	34:17
9. Edwin Gilley, 61	Williamsburg	58:48	6. Alissa Wilson, 24	Yorktown	36:08
10. Donnie Woolever, 61	Newport News	59:11	7. Shea Cooper, 23	Seaford	38:03
Men 65-69			8. Katelyn Smith, 23	Williamsburg	41:17
1. Timothy Hodge, 66	Virginia Beach	23:27	9. April Romero, 24	Newport News	55:14
2. Bill Price, 66	Chesapeake	25:04	10. Kenya Swilling, 21	Hampton	58:25
3. Tim Richard, 65	Virginia Beach	27:20	Women 25-29		
4. Tony Heimer, 67	Chesapeake	27:25	1. Maria Schultz, 29	Newport News	25:11
5. Kevin Wilshere, 66	Williamsburg	32:31	2. Meredith Wilshere, 29	Brooklyn, NY	29:27
6. Richard Payne, 69	Woodville	32:43	3. Kaitlyn Sampson, 28	Gloucester	33:00
7. William Bessmer, 66	Leland, NC	45:13	4. Courtney Mann, 29	Newport News	33:02
Men 70-74			5. Rachel Staul, 29	Williamsburg	33:07
1. Jim Duffy, 73	Poquoson	23:11	6. Tela Moryl, 26	Toano	42:38
2. Frank Corbett, 74	Williamsburg	25:59	7. Jess Delapena, 26	Williamsburg	42:39
3. Daniel Payne, 72	Gordonsville	30:37	8. Emma Ferguson, 25	Newport News	58:27
4. Wayne Williams, 72	Poquoson	35:08	Women 30-34		
5. Paul Nobles, 70	Chester	38:21	1. Gretchen Smith, 34	Chesapeake	27:53
6. Charles Otstot, 70	West Point	56:47	2. Samantha Davis, 32	Toano	30:42
7. Frank Delfin, 71	Toano	1:00:10	3. Kaitlin Edwards, 31	Williamsburg	31:25
Men 75-and-over			4. Ann Insley, 31	Williamsburg	31:29
1. Dale Abrahamson, 76	Yorktown	26:06	5. Rachael Morris, 32	Yorktown	31:32
**2. Ken Mitchell, 80	Williamsburg	26:46	6. Sarah Lopez, 32	Woodbridge	32:08
3. Jimmy Blount, 75	Williamsburg	34:31	7. Jamie Cook, 33	Williamsburg	33:00
4. Stephen Scudder, 77	Virginia Beach	52:59	8. Ayana Warren, 30	Williamsburg	43:06
Men Walk			9. Jordyn Stanley, 31	Williamsburg	52:53
1. Paul Rienth, 66	Williamsburg	39:22	10. Taylor Carter, 34	Newport News	56:40
2. Leonard Smith, 46	Windsor	40:27	11. Danetta Allen, 32	Hampton	58:28
3. Samuel Margalotti, 31	Norfolk	43:42	Women 35-39		
4. Mark Aker, 35	Williamsburg	48:00	1. Laura Bonsmann, 39	Virginia Beach	20:14
5. Bob Curtin, 72	Hampton	48:09	2. Brandi Carlton, 39	Williamsburg	31:38
6. Shaquille White, 29	Dumfries	48:21	3. Jessica Greer, 37	Williamsburg	33:53
7. Rick Webb, 67	Yorktown	49:38	4. Sheri Lamb, 36	Herndon	34:01
8. Kyle Emerson, 35	West Point	54:53	5. Ashley Scott, 35	Kitty Hawk, NC	36:19
Women 14-and-under			6. Amber Fox, 35	Yorktown	36:49
1. Harper Fields, 13	Amissville	35:26	7. Ashlee Oweis, 35	Williamsburg	40:21
2. Sarah Ford, 12	Gloucester	37:55	8. Katlyn Davis, 35	Toano	40:56
3. Ella VanSkiver, 8	Williamsburg	38:12	9. Lauren Welch, 38	Chesapeake	46:27
4. Hayden Eggleston, 12	Williamsburg	48:50	10. Megan Knight, 36	Toano	47:03
5. Mia Emerson, 12	West Point	50:09	11. Heidi Anderson, 38	Hartfield	52:24
6. Ava Bryant, 9	Hanover	54:13	12. Courtney Emerson, 35	West Point	56:59
			13. Cari Harper, 37	Hartfield	1:00:00
			14. Meaghan Koehler, 38	Saluda	1:02:13

Women 40-44

1. Megan Syrett, 43	Yorktown	22:02
2. Joanna McCandlish, 43	Williamsburg	24:25
3. Katie Payne, 41	Woodville	31:05
4. Amy Fields, 44	Amissville	31:22
5. Chrissy Szabo, 42	Richmond	36:39

Women 45-49

1. Annie VanSkiver, 45	Williamsburg	26:46
2. Breana Nyholm, 45	Lanexa	31:39
3. Elena Keil, 47	Yorktown	34:12
4. Griselda Carlsen, 49	Williamsburg	36:00
5. Belinda Daughety, 48	Williamsburg	40:37
6. Amy Smith, 49	Williamsburg	57:46
7. Bonnie Tobias, 49	Newport News	58:15

Women 50-54

1. Jelly Turner, 52	Newport News	25:46
2. Susan Hagel, 52	Norfolk	25:50
3. Melissa Ryan, 52	Leland, NC	35:05
4. Jenny McMurtrie, 53	Hartfield	47:27
5. Rachel Wood, 51	West Point	53:18

Women 55-59

1. Jami Callahan-Brill, 59	Williamsburg	26:50
2. Marie Price, 57	Chesapeake	29:37
3. Criztina Jean, 57	Williamsburg	30:19
4. Thu Thuy Kahler, 56	Virginia Beach	31:35
5. Tara Dress, 57	Newport News	34:36
6. Delores Smith, 59	Williamsburg	40:14
7. Kristine Boswell, 57	Newport News	45:59
8. Tina Clarke, 59	Williamsburg	55:16
9. Kelly Gray, 57	Williamsburg	56:22
10. Netti Fulton, 56	Gloucester	58:12
11. Cathy Marple, 55	Newport News	58:29
12. Lynn Thompson, 59	Newport News	59:12

Women 60-64

**1. Melanie Hennis, 63	Portsmouth	22:41
2. Valor Foy Jones, 62	Newport News	27:34
3. Christine Williams, 63	Poquoson	30:05
4. Melody Borden, 62	Newport News	45:08
5. Katie Hart, 60	West Point	47:18
6. Suzanne Escuadra, 61	Hardyville	52:26
7. Bonnie Thomas, 64	Hardyville	52:28
8. Claire Neal, 64	Charles City	1:00:23

Women 65-69

**1. Kathy Pride, 65	Huddleston	25:08
2. Janelle Fricke, 67	Hayes	26:31
3. Jean Phelan, 69	Virginia Beach	28:24
4. Gail Biermann, 67	Virginia Beach	29:43
5. Shirley Stephens, 68	Williamsburg	33:04
6. Ambler Hatchett, 65	Chesapeake	45:59

7. Sherry Otstot, 67 West Point 1:02:12

Women 70-and-over

1. Carol Hansen-Vessa, 71	Williamsburg	31:02
2. Patricia Travis, 74	Williamsburg	33:05
3. Anna Smith, 78	Williamsburg	57:39

Women Walk

1. Cathy Kaurich, 69	Williamsburg	40:28
2. Wendy Tooley, 53	Lanexa	42:00
3. Alexa Yowell, 34	Williamsburg	42:50
4. Erika Margalotti, 30	Norfolk	43:44
5. Celeste Foreman, 53	Williamsburg	43:55
6. Junie Warren, 35	Virginia Beach	47:49
7. Joyce Ashlock, 69	Williamsburg	48:19
8. Judy McKin, 69	Williamsburg	48:34
9. Rachel Woods, 43	Hanover	48:39
10. Jaye Stanley, 34	Williamsburg	50:47
11. Tiara Lamb, 38	Hampton	52:07
12. Grace Lamb, 64	Williamsburg	52:18
13. Patience Earley, 47	Houston, TX	53:29
14. Leslie Williams, 66	Williamsburg	53:53
15. Lisa Joo, 64	Williamsburg	55:54
16. Edith Cox, 67	Williamsburg	55:55
17. Savannah Lindquist, 30	Norfolk	56:10
18. Dawn Florence, 59	Williamsburg	56:12
19. Meredith Gilley, 53	Williamsburg	56:12

5K Run Age Graded

Place, Name, Gender, Age, City, Time, Age Graded

Percentage (as compiled by Jim Gullo)

80% is national class, 70% is regional class, 60% is local class, 50% is average

Over 85%

Thomas Hicks, M54, Virginia Beach, 17:09	87.97%
Hayden Goodman, M18, Williamsburg, 15:03	85.20%

Over 80%

Colby Twyman, M18, Wilmington, DE, 15:06	84.92%
Sean Bush, M35, Williamsburg, 15:33	83.90%
Melanie Hennis, F63, Portsmouth, 22:41	83.41%
Lucas Thompaon, M21, Simsbury, CT, 15:26	83.05%
Jeffrey Linton, M18, Williamsburg, 15:46	81.33%
Forest Braden, M42, Williamsburg, 16:54	81.24%
Brady Brennan, M19, Stafford, 16:00	80.10%

Over 75%

Jim Duffy, M73, Poquoson, 23:11	78.22%
Kathy Pride, F65, Huddleston, 25:08	77.50%
Ken Mitchell, M80, Williamsburg, 26:46	77.34%
Emily Honeycutt, F34, Newport News, 18:34	76.11%
Janelle Fricke, F67, Hayes, 26:31	75.52%
Russell Haller, M43, Virginia Beach, 18:21	75.39%
Ken Alberg, M64, Suffolk, 21:52	75.19%

Over 70%

Joe Calkins, M54, Lanexa, 20:09	74.87%
Orlando Perez, M63, Newport News, 22:10	73.51%
Steve Menzies, M61, Williamsburg, 21:55	73.05%
Dale Abrahamson, M76, Yorktown, 26:06	72.99%
Jean Phelan, F69, Virginia Beach, 28:24	72.54%
Jonathan Kumer, M21, Williamsburg, 17:44	72.27%
Steven Preskitt, M35, Toano, 18:04	72.21%
Laura Bonsmann, F39, Virginia Beach, 20:14	71.80%
Joel Brown, M50, Chesapeake, 20:21	71.78%
Timothy Hodge, M66, Virginia Beach, 23:27	71.40%
Amanda Smith, F32, Mechanicsville, 19:39	71.39%
Jayne Johnson, F36, Yorktown, 20:05	71.03%
Frank Corbett, M74, Williamsburg, 25:59	70.87%

Over 65%

Adam Henry, M43, Newport News, 19:57	69.34%
Peter Grabowski, M43, Toano, 20:00	69.17%
Carol Hansen-Vessa, F71, Williamsburg, 31:02	68.35%
Megan Syrett, F43, Yorktown, 22:02	68.12%
Valor Foy Jones, F62, Newport News, 27:34	67.89%
Gail Biermann, F67, Virginia Beach, 29:43	67.39%
Jami Callahan-Brill, F59, Williamsburg, 26:50	67.12%
Patricia Travis, F74, Williamsburg, 33:05	67.09%
Bill Price, M66, Chesapeake, 25:04	66.75%
Nicholas Schuff, M28, Hampton, 19:23	66.12%

Over 60%

Jelly Turner, F52, Newport News, 25:46	64.24%
Susan Hagel, F52, Norfolk, 25:50	64.07%
Eli Johnson, M9, Yorktown, 24:42	63.84%
Brian Fries, M37, Yorktown, 20:51	63.47%
Christine Williams, F63, Poquoson, 30:05	63.04%
Ethan Schultz, M33, Newport News, 20:33	62.81%
Tony Heimer, M67, Chesapeake, 27:25	61.63%
Joanna McCandlish, F43, Williamsburg, 24:25	61.47%
Shirley Stephens, F68, Williamsburg, 33:04	61.42%
Wade Baker, M42, Williamsburg, 22:27	61.16%
Joe Buck, M60, Chesapeake, 26:03	60.93%
Tim Richard, M65, Virginia Beach, 27:20	60.70%

Selected Others (CRR, etc.)

Robert Jean, M60, Williamsburg, 26:35	59.71%
Marie Price, F57, Chesapeake, 29:37	59.32%
Daniel Payne, M72, Gordonsville, 30:37	58.39%
Andrew Ford, M14, Gloucester, 22:55	58.21%
Cristina Jean, F57, Williamsburg, 30:19	57.95%
Braxton Lee, M16, Quinton, 22:30	57.75%
Jimmy Blount, M75, Williamsburg, 34:31	54.23%
Benjamin Kaurich, M37, Toano, 25:23	52.13%
Wayne Williams, M72, Poquoson, 35:08	50.89%

5K Race Walk Age Graded

**Place, Name, Gender, Age, City, Time, Age Graded
Percentage (as compiled by John Strassberger)**

Over 50%

Cathy Kaurich, F69, Williamsburg, 40:28	67.44%
Paul Rienth, M66, Williamsburg, 39:22	59.26%
Joyce Ashlock, F69, Williamsburg, 48:19	56.49%
Judy McKin, F69, Williamsburg, 38:34	56.20%
Wendy Tooley, F53, Lanexa, 42:00	55.12%
Celeste Foreman, F53, Williamsburg, 43:55	52.71%
Bob Curtin, M72, Hampton, 48:09	51.74%

Over 45%

Grace Lamb, F64, Williamsburg, 52:18	49.35%
Leslie Williams, F66, Williamsburg, 53:53	48.96%
Leonard Smith, M46, Windsor, 40:27	48.25%
Edith Cox, F67, Williamsburg, 55:55	47.70%
Rick Webb, M67, Yorktown, 49:38	47.50%
Alexa Yowell, F34, Williamsburg, 42:50	46.79%
Lisa Joo, F64, Williamsburg, 55:54	46.17%
Erika Margalotti, F30, Norfolk, 43:44	45.83%

Others

Rachel Woods, F43, Hanover, 48:39	43.74%
Dawn Florence, F59, Williamsburg, 56:12	43.61%
Junie Warren, F35, Virginia Beach, 47:49	41.95%
Samuel Margalotti, M31, Norfolk, 43:42	41.40%
Meredith Gilley, F53, Williamsburg, 56:12	41.19%
Patience Earley, F47, Houston, TX, 53:29	41.09%
Jaye Stanley, F34, Williamsburg, 50:47	39.47%
Tiara Lamb, F38, Hampton, 52:07	39.32%
Mark Aker, M35, Williamsburg, 48:00	37.69%
Savannah Lindquist, F30, Norfolk, 56:10	35.69%
Kyle Emerson, M35, West Point, 54:53	32.96%
Shaquille White, M29, Dumfries, 48:21	-

Unclaimed Race Awards

For those not able to make the post-race awards ceremony, contact the race director, Kate Crump at: katertot319@gmail.com. 804-514-6250.

Or contact Rick Platt (757-345-1431, rickplatt14@gmail.com) to make arrangements to pick up your race award medal at a CRR group run, at a future CRR Grand Prix race, or to be left off at Colonial Sports on Jamestown Road for pickup.