

Grace Wins Hahira 10k

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	COLIN PRINSLOO	VALDOSTA, GA	M: 1	RUNNER	350	00:42:37.67	06:51	8.7mph	Male Overall: 1
Split Description Split Time Pace Speed Cumulative Split 1 00:21:38.48 06:57 8.6mph 00:21:38.48 Split 2 00:20:59.20 06:45 8.9mph 00:42:37.67									
2	MATT BROWN		M: 2	RUNNER	365	00:43:04.91	06:56	8.7mph	Male 30 - 39: 1
Split Description Split Time Pace Speed Cumulative Split 1 00:21:50.98 07:01 8.5mph 00:21:50.98 Split 2 00:21:13.93 06:50 8.8mph 00:43:04.91									
3	RYAN KELLY	LAKE PARK, GA	M: 3	RUNNER	351	00:43:16.55	06:57	8.6mph	Male 40 - 49: 1
Split Description Split Time Pace Speed Cumulative Split 1 00:21:00.92 06:45 8.9mph 00:21:00.92 Split 2 00:22:15.63 07:09 8.4mph 00:43:16.55									
4	HOLDEN HENDRICKS	HAHIRA, GA	M: 4	RUNNER	352	00:46:44.05	07:31	8.0mph	Male 30 - 39: 2
Split Description Split Time Pace Speed Cumulative Split 1 00:22:42.04 07:18 8.2mph 00:22:42.04 Split 2 00:24:02.01 07:44 7.8mph 00:46:44.05									
5	CARTER BLANTON	HAHIRA, GA	M: 5	RUNNER	342	00:50:32.51	08:08	7.4mph	Male 20 - 29: 1
Split Description Split Time Pace Speed Cumulative Split 1 00:25:05.03 08:04 7.4mph 00:25:05.03 Split 2 00:25:27.49 08:11 7.3mph 00:50:32.51									
6	NIKOLAY GOGIN	VALDOSTA, GA	M: 6	RUNNER	348	00:52:35.03	08:27	7.1mph	Male 20 - 29: 2
Split Description Split Time Pace Speed Cumulative Split 1 00:25:47.68 08:18 7.2mph 00:25:47.68 Split 2 00:26:47.35 08:37 7.0mph 00:52:35.03									
7	JAMES TODD	RAY CITY, GA	M: 7	RUNNER	345	00:52:44.05	08:29	7.1mph	Male 40 - 49: 2
Split Description Split Time Pace Speed Cumulative Split 1 00:26:12.31 08:26 7.1mph 00:26:12.31 Split 2 00:26:31.75 08:32 7.0mph 00:52:44.05									
8	JORDAN BRIDWELL	VALDOSTA, GA	M: 8	RUNNER	340	00:54:22.43	08:45	6.9mph	Male 30 - 39: 3
Split Description Split Time Pace Speed Cumulative Split 1 00:26:00.86 08:22 7.2mph 00:26:00.86 Split 2 00:28:21.57 09:07 6.6mph 00:54:22.43									
9	BRITTANY MARTIN		F: 1	RUNNER	368	00:55:36.19	08:56	6.7mph	Female Overall: 1
Split Description Split Time Pace Speed Cumulative Split 1 00:27:20.92 08:48 6.8mph 00:27:20.92 Split 2 00:28:15.27 09:05 6.6mph 00:55:36.19									
10	JERMAINE THOMAS	THOMASVILLE, GA	M: 9	RUNNER	344	00:56:52.16	09:09	6.6mph	Male 30 - 39: 4
Split Description Split Time Pace Speed Cumulative Split 1 00:27:12.50 08:45 6.9mph 00:27:12.50 Split 2 00:29:39.66 09:32 6.3mph 00:56:52.16									
11	ALAN TAYLOR	HAHIRA, GA	M: 10	RUNNER	343	00:57:22.28	09:13	6.5mph	Male 60 - 69: 1
Split Description Split Time Pace Speed Cumulative Split 1 00:28:14.84 09:05 6.6mph 00:28:14.84 Split 2 00:29:07.44 09:22 6.4mph 00:57:22.28									
12	WILL ROBERTS	HAHIRA, GA	M: 11	RUNNER	362	00:57:22.74	09:14	6.5mph	Male 30 - 39: 5
Split Description Split Time Pace Speed Cumulative Split 1 00:28:13.50 09:05 6.6mph 00:28:13.50 Split 2 00:29:09.25 09:23 6.4mph 00:57:22.74									
13	GEORGE BROWN	VALDOSTA, GA	M: 12	RUNNER	349	00:59:38.13	09:35	6.3mph	Male 60 - 69: 2
Split Description Split Time Pace Speed Cumulative Split 1 00:27:50.40 08:57 6.7mph 00:27:50.40 Split 2 00:31:47.73 10:14 5.9mph 00:59:38.13									
14	ABBIGALE LAMMERS	VALDOSTA, GA	F: 2	RUNNER	346	01:02:13.65	10:00	6.0mph	Female 20 - 29: 1
Split Description Split Time Pace Speed Cumulative Split 1 00:29:52.99 09:37 6.2mph 00:29:52.99 Split 2 00:32:20.66 10:24 5.8mph 01:02:13.65									
15	MITCHELL BENTON	VALDOSTA, GA	M: 13	RUNNER	347	01:02:14.63	10:01	6.0mph	Male 20 - 29: 3
Split Description Split Time Pace Speed Cumulative Split 1 00:29:53.18 09:37 6.2mph 00:29:53.18 Split 2 00:32:21.45 10:24 5.8mph 01:02:14.63									
16	SARA TAYLOR	VALDOSTA, GA	F: 3	RUNNER	333	01:02:34.32	10:04	6.0mph	Female 20 - 29: 2
Split Description Split Time Pace Speed Cumulative Split 1 00:30:46.18 09:54 6.1mph 00:30:46.18 Split 2 00:31:48.14 10:14 5.9mph 01:02:34.32									

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17	ALICIA BRIDWELL	VALDOSTA, GA	F: 4	RUNNER	339	01:06:46.82	10:44	5.6mph	Female 40 - 49: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1	00:31:04.66		10:00	6.0mph	00:31:04.66	
			Split 2	00:35:42.17		11:29	5.2mph	01:06:46.82	
18	ARLENE HART	LAKELANDLAKELAND, GA	F: 5	RUNNER	338	01:06:50.47	10:45	5.6mph	Female 50 - 59: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1	00:32:25.46		10:26	5.7mph	00:32:25.46	
			Split 2	00:34:25.01		11:04	5.4mph	01:06:50.47	
19	RACHEL SCHMIDBAUER	VALDOSTA, GA	F: 6	RUNNER	335	01:11:06.24	11:26	5.2mph	Female 30 - 39: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1	00:34:34.43		11:07	5.4mph	00:34:34.43	
			Split 2	00:36:31.81		11:45	5.1mph	01:11:06.24	
20	WHITNEY APPERSON	HAHIRA, GA	F: 7	RUNNER	337	01:11:06.87	11:26	5.2mph	Female 30 - 39: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1	00:34:34.82		11:07	5.4mph	00:34:34.82	
			Split 2	00:36:32.06		11:45	5.1mph	01:11:06.87	
21	DAWN WARD	HAHIRA, GA	F: 8	RUNNER	334	01:11:34.17	11:31	5.2mph	Female 40 - 49: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1	00:34:49.84		11:12	5.4mph	00:34:49.84	
			Split 2	00:36:44.34		11:49	5.1mph	01:11:34.17	