

2011 Pinehurst International

Overall Men

Pinehurst, NC 10/01/2011 08:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	481	M	35	OM	James Duff	Carborro NC	1	00:19:32	2	00:01:07	1	01:11:32	35	00:00:57	1	00:35:58		02:09:04	
2	4	M	34	OM	Jay Carmine	Leland NC	5	00:22:20	10	00:01:18	3	01:17:43	2	00:00:35	3	00:38:48		02:20:41	
3	2	M	40	MM	Mark Carey	Chapel Hill NC	7	00:22:45	8	00:01:17	5	01:18:53	13	00:00:47	5	00:39:51		02:23:31	
4	181	M	31	OM	Travis Deutman	Fayetteville NC	40	00:26:28	38	00:01:42	4	01:18:49	10	00:00:44	2	00:38:38		02:26:19	
5	337	M	26		Sylvain Lefebvre	Wilmington NC	11	00:23:44	7	00:01:16	7	01:19:23	34	00:00:57	8	00:41:06		02:26:24	
6	1	M	42	MM	Cid Cardoso Jr	Cary NC	19	00:24:48	47	00:01:52	2	01:16:18	55	00:01:03	17	00:42:45		02:26:45	
7	93	M	39		Spencer Cocanour	Southern Pines NC	20	00:24:50	32	00:01:37	13	01:20:51	1	00:00:32	6	00:39:57		02:27:46	
8	367	M	33		Keith Nelson	Durham NC	2	00:21:03	14	00:01:26	24	01:24:21	49	00:01:03	11	00:42:11		02:30:02	
9	6	M	51	MM	Philip Hatcher	Wilmington NC	28	00:25:36	6	00:01:16	9	01:19:42	11	00:00:44	32	00:43:56		02:31:12	
10	330	M	34		Todd Midgett	Wilmington NC	12	00:23:47	24	00:01:31	19	01:22:48	45	00:01:02	18	00:42:52		02:31:57	
11	273	M	37		Brian Couture	Charlotte NC	22	00:25:23	40	00:01:46	10	01:20:17	74	00:01:11	41	00:44:55		02:33:31	
12	245	M	26		John Kane	Raleigh NC	29	00:25:36	46	00:01:51	12	01:20:46	18	00:00:48	53	00:45:46		02:34:46	
13	323	M	31		Joshua Dixon	Durham NC	61	00:27:56	16	00:01:26	25	01:24:23	57	00:01:05	7	00:40:56		02:35:44	
14	353	M	29		Remi Delille	Cary NC	45	00:26:57	58	00:01:57	17	01:22:22	60	00:01:06	26	00:43:32		02:35:52	
15	334	M	32		Christopher Caamano	Charlotte NC	51	00:27:16	12	00:01:19	8	01:19:23	69	00:01:09	64	00:47:05		02:36:10	
16	14	M	42		Thomas O'Donnell	Charlotte NC	46	00:27:05	51	00:01:53	27	01:24:26	15	00:00:48	10	00:42:11		02:36:21	
17	223	M	29		Jeff Falcone	Southern Pines NC	43	00:26:47	28	00:01:35	46	01:27:28	5	00:00:42	9	00:42:04		02:38:34	
18	70	M	33		Jared Fravel	Wytheville VA	110	00:30:38	50	00:01:53	18	01:22:41	66	00:01:08	15	00:42:37		02:38:55	
19	200	M	37		Phillip Beane	Greensboro NC	62	00:28:00	9	00:01:17	29	01:25:18	8	00:00:43	28	00:43:46		02:39:03	
20	361	M	33		Cameron Simpson	Wilmington NC	56	00:27:28	1	00:01:01	34	01:25:59	29	00:00:54	30	00:43:53		02:39:13	
21	290	M	38		Ryan Smith	Raleigh NC	112	00:30:42	221	00:03:41	6	01:19:20	212	00:02:04	29	00:43:49		02:39:33	
22	217	M	36		Jason Self	Crestwood KY	65	00:28:16	128	00:02:39	55	01:28:38	42	00:01:01	4	00:39:42		02:40:13	

23	99	M	29	Bret Lehman	Fayetteville NC	50	00:27:13	23	00:01:31	41	01:26:52	70	00:01:09	27	00:43:33	02:40:16
24	429	M	24	Michael Arcidiacono	Charlotte NC	64	00:28:15	36	00:01:41	38	01:26:21	31	00:00:56	22	00:43:07	02:40:18
25	95	M	44	Dominic Ciavatta	Chapel Hill NC	48	00:27:08	181	00:03:02	39	01:26:38	98	00:01:19	21	00:43:04	02:41:09
26	427	M	40	John Mitchell	Holly Springs NC	24	00:25:25	76	00:02:09	33	01:25:54	121	00:01:27	61	00:46:25	02:41:18
27	381	M	52	John Litsas	Raleigh NC	31	00:25:42	21	00:01:31	44	01:27:16	47	00:01:02	59	00:46:15	02:41:45
28	174	M	36	Jeff Kern	Jackson Springs NC	119	00:31:07	3	00:01:12	32	01:25:53	3	00:00:39	24	00:43:19	02:42:08
29	149	M	28	Will Ross	Charlotte NC	36	00:26:10	11	00:01:18	50	01:28:13	19	00:00:50	51	00:45:39	02:42:09
30	484	M	34	Kevin Bartlett	Pinehurst NC	76	00:29:03	29	00:01:36	20	01:22:50	41	00:01:01	70	00:47:44	02:42:12
31	316	M	50	Ed Coryell	Asheville NC	3	00:21:22	110	00:02:29	76	01:30:49	194	00:01:56	57	00:46:01	02:42:35
32	139	M	49	Mike Mabry	Mooreville NC	117	00:30:55	22	00:01:31	14	01:21:00	61	00:01:06	76	00:48:20	02:42:50
33	255	M	28	Matt Greenan	Raleigh NC	10	00:23:13	31	00:01:37	52	01:28:19	38	00:00:58	87	00:48:52	02:42:57
34	25	M	50	Clayton Clark	Pinehurst NC	114	00:30:46	20	00:01:31	28	01:24:39	16	00:00:48	47	00:45:31	02:43:12
35	309	M	44	MM David Lower	Wilmington NC	66	00:28:17	75	00:02:09	26	01:24:26	32	00:00:56	81	00:48:32	02:44:18
36	418	M	34	Britt Justice	Greensboro NC	83	00:29:22	137	00:02:41	48	01:27:38	142	00:01:33	25	00:43:27	02:44:40
37	398	M	34	Luke Vanantwerp	Southern Pines NC	16	00:24:24	26	00:01:32	103	01:33:16	108	00:01:22	34	00:44:12	02:44:45
38	220	M	52	William Derks	Cary NC	9	00:23:10	68	00:02:05	60	01:29:22	145	00:01:34	83	00:48:35	02:44:45
39	134	M	51	John Scharer	Cornelius NC	15	00:24:13	25	00:01:32	56	01:28:45	14	00:00:47	99	00:49:32	02:44:48
40	300	M	44	Chris McIver	Chapel Hill NC	95	00:29:51	120	00:02:35	11	01:20:44	189	00:01:53	103	00:49:55	02:44:56
41	299	M	46	Mark Retherford	Chapel Hill NC	72	00:28:54	92	00:02:18	70	01:30:10	75	00:01:11	13	00:42:32	02:45:04
42	406	M	31	Bradley Reynolds	Raleigh NC	55	00:27:28	133	00:02:40	37	01:26:11	140	00:01:33	66	00:47:21	02:45:10
43	286	M	35	Joel Ivaska	Apex NC	84	00:29:23	109	00:02:28	23	01:24:13	39	00:01:00	77	00:48:20	02:45:22
44	267	M	39	Chad Kufen	Raleigh NC	101	00:30:14	19	00:01:30	47	01:27:31	48	00:01:02	45	00:45:20	02:45:35
45	37	M	27	Taras Mitran	Apex NC	164	00:33:24	72	00:02:07	21	01:23:26	28	00:00:53	56	00:45:57	02:45:46
46	196	M	36	Damon Friedman	Aberdeen NC	128	00:31:55	94	00:02:20	43	01:27:02	64	00:01:08	33	00:44:06	02:46:29
47	113	M	35	Michael Szarowicz	Charlotte NC	42	00:26:42	169	00:02:55	80	01:30:53	185	00:01:52	35	00:44:17	02:46:37
48	327	M	16	William Archie	Kinston NC	8	00:23:07	113	00:02:30	120	01:34:53	33	00:00:57	49	00:45:36	02:47:02
49	244	M	29	Ian Brinkley	Wake Forest NC	108	00:30:37	91	00:02:17	30	01:25:44	112	00:01:24	63	00:47:01	02:47:02
50	357	M	37	Phillip Sherman	Fayetteville NC	23	00:25:23	42	00:01:48	62	01:29:26	58	00:01:05	101	00:49:39	02:47:19
51	489	M	24	Bryan Deitz	Raleigh NC	92	00:29:46	78	00:02:10	59	01:29:20	89	00:01:17	42	00:44:56	02:47:27
52	390	M	45	Louis Soleo	Cary NC	130	00:32:01	82	00:02:12	31	01:25:52	170	00:01:46	50	00:45:39	02:47:27
53	328	M	49	Ali Arasta	Asheboro NC	131	00:32:03	52	00:01:54	67	01:29:48	84	00:01:15	19	00:42:52	02:47:50

54	370	M	34	Thomas Woodrum	Wilmington NC	30	00:25:39	4	00:01:13	16	01:22:08	53	00:01:03	203	00:57:54	02:47:55
55	264	M	38	Warren Phillips	Wrightsville Beach NC	26	00:25:33	69	00:02:06	91	01:31:57	17	00:00:48	68	00:47:36	02:47:58
56	212	M	37	Ren Rotondo	Wrightsville Beach NC	109	00:30:38	41	00:01:46	35	01:26:02	208	00:02:02	69	00:47:44	02:48:11
57	396	M	46	Scott Musson	Chapel Hill NC	13	00:23:52	70	00:02:07	58	01:29:15	92	00:01:18	129	00:51:50	02:48:19
58	226	M	53	David Jones	Cary NC	21	00:25:01	220	00:03:40	66	01:29:42	143	00:01:33	80	00:48:30	02:48:25
59	383	M	35	R. Brad Bell	Raleigh NC	132	00:32:03	118	00:02:34	40	01:26:42	76	00:01:12	58	00:46:06	02:48:35
60	171	M	45	Don Heck	Winston-Salem NC	86	00:29:26	96	00:02:20	87	01:31:30	96	00:01:18	43	00:45:07	02:49:40
61	404	M	28	Steven Lim	Fort Bragg NC	189	00:35:00	13	00:01:22	45	01:27:27	12	00:00:47	44	00:45:08	02:49:42
62	270	M	39	Paul Rudnicke	Winston Salem NC	81	00:29:18	53	00:01:55	96	01:32:18	129	00:01:29	39	00:44:47	02:49:45
63	402	M	31	Frederick Kim	Huntersville NC	116	00:30:50	125	00:02:37	64	01:29:32	62	00:01:07	54	00:45:47	02:49:50
64	185	M	40	Doug Brown	Raleigh NC	129	00:31:56	162	00:02:53	65	01:29:33	46	00:01:02	37	00:44:40	02:50:02
65	304	M	39	Chris Finnin	Cornelius NC	75	00:28:59	202	00:03:20	42	01:27:01	156	00:01:38	108	00:50:32	02:51:27
66	159	M	41	Eric Halvorson	Chapel Hill NC	123	00:31:27	71	00:02:07	54	01:28:32	9	00:00:43	97	00:49:16	02:52:03
67	392	M	27	C Matthew Richter	Midway Park NC	107	00:30:31	104	00:02:25	107	01:33:29	93	00:01:18	36	00:44:40	02:52:20
68	78	M	52	Rick Lewis	High Point NC	88	00:29:31	130	00:02:39	68	01:29:54	25	00:00:53	100	00:49:38	02:52:33
69	335	M	31	Traver Farmer	Fayetteville NC	91	00:29:42	192	00:03:10	90	01:31:41	162	00:01:42	60	00:46:24	02:52:37
70	249	M	50	Brian Van Horn	Durham NC	60	00:27:50	142	00:02:43	77	01:30:51	21	00:00:51	115	00:50:58	02:53:11
71	138	M	47	John Holbrook	Wilmington NC	175	00:34:04	73	00:02:08	82	01:31:04	7	00:00:43	48	00:45:35	02:53:31
72	207	M	47	Kevin Parrella	Waxhaw NC	133	00:32:08	148	00:02:46	61	01:29:25	79	00:01:13	73	00:48:02	02:53:31
73	33	M	51	John Beck	Winston-Salem NC	17	00:24:27	54	00:01:55	133	01:35:49	117	00:01:26	105	00:49:57	02:53:32
74	123	M	41	Walter Wiggins	Whispering Pines NC	266	00:39:52	198	00:03:15	36	01:26:03	131	00:01:29	20	00:42:58	02:53:36
75	45	M	42	Cullen Taylor	Winston Salem NC	98	00:30:04							72	00:48:01	02:53:45
76	409	M	24	Austin Howlett	Wilmington NC	111	00:30:39	136	00:02:41	136	01:35:57	81	00:01:13	23	00:43:19	02:53:48
77	271	M	46	Chic Ferrell	Raleigh NC	102	00:30:22	134	00:02:40	135	01:35:52	242	00:02:25	16	00:42:40	02:53:57
78	348	M	41	Dennis Kazmierczak	Cornelius NC	85	00:29:25	65	00:02:03	81	01:30:55	65	00:01:08	117	00:51:00	02:54:30
79	301	M	42	Stephen Duffy	Raleigh NC	57	00:27:35	214	00:03:32	110	01:33:39	122	00:01:27	78	00:48:20	02:54:32
80	146	M	36	Mark Austin	Wilmington NC	99	00:30:09	67	00:02:05	144	01:36:34	83	00:01:14	40	00:44:51	02:54:51
81	378	M	55	Barry Pawson	Pittsboro NC	100	00:30:10	84	00:02:13	51	01:28:14	149	00:01:36	143	00:52:46	02:54:57
82	384	M	38	Bryan Peachey	Raleigh NC	97	00:30:00	129	00:02:39	92	01:31:57	50	00:01:03	102	00:49:46	02:55:22
83	393	M	31	Matthew King	Durham NC	120	00:31:20	154	00:02:49	131	01:35:38	176	00:01:49	31	00:43:53	02:55:28
84	170	M	43	Erik Johnson	Apex NC	6	00:22:21	55	00:01:55	167	01:39:20	95	00:01:18	110	00:50:43	02:55:36

85	172	M	34	C	Andrew Pfeiffer	Charlotte NC	37	00:26:15	115	00:02:32	116	01:33:58	73	00:01:11	125	00:51:41	02:55:36
86	241	M	24		Corban Caliguire	Pope Aaf NC	94	00:29:48	116	00:02:32	175	01:40:04	6	00:00:43	14	00:42:34	02:55:39
87	68	M	37		Matthew Schonwalder	Durham NC	4	00:21:40	160	00:02:53	158	01:38:38	37	00:00:58	123	00:51:36	02:55:43
88	242	M	53		Dave Campbell	Durham NC	68	00:28:25	35	00:01:41	73	01:30:13	181	00:01:51	159	00:53:49	02:55:57
89	344	M	36		Alan Pascoe	Raleigh NC	49	00:27:11	122	00:02:36	130	01:35:36	150	00:01:36	95	00:49:10	02:56:06
90	284	M	39	C	Daniel Egbert	Sanford NC	67	00:28:19	237	00:04:04	72	01:30:12	163	00:01:42	132	00:52:02	02:56:16
91	400	M	41	MC	Lawrence Turner	Fayetteville NC	103	00:30:24	86	00:02:15	89	01:31:41	85	00:01:15	111	00:50:47	02:56:21
92	289	M	47		Alan Yueh	Durham NC	34	00:25:48	168	00:02:55	99	01:32:44	115	00:01:25	157	00:53:47	02:56:37
93	317	M	23		Jason Gilbert	Staney NC	127	00:31:51	103	00:02:24	143	01:36:28	72	00:01:10	38	00:44:47	02:56:38
94	30	M	44		Paul Kritzinger	Cornelius NC	39	00:26:27	114	00:02:30	111	01:33:40	24	00:00:53	154	00:53:39	02:57:07
95	280	M	41		Brian Kuhlman	Chapel Hill NC	70	00:28:49	90	00:02:17	88	01:31:36	77	00:01:13	150	00:53:15	02:57:07
96	46	M	41		Greg Hince	Clayton NC	170	00:33:52	5	00:01:15	121	01:34:55	23	00:00:52	62	00:46:28	02:57:21
97	105	M	35	C	Eric Searls	Greensboro NC	136	00:32:21	37	00:01:42	83	01:31:08	67	00:01:08	120	00:51:13	02:57:30
98	147	M	46		Steve West	Apex NC	32	00:25:47	188	00:03:08	123	01:34:58	250	00:02:34	119	00:51:08	02:57:32
99	478	M	42		Joseph Nuss	Raleigh NC	63	00:28:11	49	00:01:53	113	01:33:49	40	00:01:00	149	00:53:11	02:58:03
100	428	M	38		Jason Parker	Aberdeen NC	180	00:34:21	43	00:01:49	93	01:32:05	54	00:01:03	88	00:48:52	02:58:09
101	374	M	41	MC	Bruce Reeves	Cary NC	96	00:29:52	74	00:02:08	142	01:36:18	136	00:01:30	84	00:48:41	02:58:27
102	235	M	21		John Mandernach	Sanford NC	89	00:29:39	101	00:02:23	147	01:36:50	4	00:00:40	91	00:48:58	02:58:28
103	195	M	31		Matt Ferguson	Durham NC	163	00:33:21	27	00:01:35	49	01:27:55	71	00:01:10	170	00:54:49	02:58:48
104	397	M	45		Doug Wheeler	Wilmington NC	203	00:35:39	83	00:02:12	114	01:33:50	102	00:01:21	55	00:45:49	02:58:49
105	320	M	36		Jason Baldwin	Summerfield NC	204	00:35:40	143	00:02:43	71	01:30:11	94	00:01:18	96	00:49:12	02:59:03
106	296	M	37		Daniel Care	Apex NC	199	00:35:29	34	00:01:40	97	01:32:23	186	00:01:52	71	00:47:49	02:59:11
107	115	M	65		Rob Scott	Hickory NC	14	00:24:12	95	00:02:20	74	01:30:22	86	00:01:16	223	01:01:06	02:59:14
108	343	M	40		Dan Murphy	Cornelius NC	125	00:31:36	56	00:01:57	108	01:33:29	151	00:01:36	114	00:50:56	02:59:33
109	205	M	46		Ralph Stephenson	Wake Forest NC	80	00:29:16	145	00:02:44	112	01:33:48	196	00:01:56	130	00:51:52	02:59:35
110	322	M	36		Brian Dumont	Raleigh NC	246	00:37:56	62	00:02:01	63	01:29:26	103	00:01:21	92	00:49:00	02:59:42
111	180	M	24		David Burk	Sanford NC	74	00:28:59	98	00:02:21	174	01:39:59	36	00:00:57	67	00:47:28	02:59:42
112	360	M	32	C	Zach Riggle	Wilmington NC	160	00:33:10	87	00:02:16	146	01:36:41	244	00:02:26	46	00:45:30	03:00:02
113	419	M	51		Jeff Leal	Winston-Salem NC	176	00:34:11	235	00:03:59	53	01:28:24	193	00:01:55	127	00:51:44	03:00:11
114	380	M	41		Brian Lefevre	Winston-Salem NC	90	00:29:40	183	00:03:03	148	01:36:50	207	00:02:01	89	00:48:54	03:00:26
115	298	M	23		William Flores	Henderson NC	193	00:35:13	152	00:02:47	164	01:38:55	109	00:01:23	12	00:42:32	03:00:47

116	307	M	55		Wally Warren	Charlotte NC	178	00:34:14	204	00:03:20	79	01:30:53	133	00:01:30	121	00:51:18	03:01:12
117	192	M	46		Timothy Sells	Raleigh NC	35	00:25:59	33	00:01:38	101	01:33:04	153	00:01:37	214	00:59:10	03:01:25
118	445	M	39	NM	John Caulway	Wake Forest NC	25	00:25:29	179	00:03:01	170	01:39:34	132	00:01:30	131	00:51:55	03:01:27
119	106	M	39		Jason Lieb	Carrboro NC	105	00:30:28	149	00:02:46	155	01:38:19	43	00:01:01	90	00:48:57	03:01:31
120	410	M	52	MC	Greg Combs	Southern Pines NC	169	00:33:51	146	00:02:44	15	01:21:42	106	00:01:22	229	01:01:54	03:01:32
121	189	M	34		Marcus Millard	Sanford NC	124	00:31:35	59	00:01:59	145	01:36:36	139	00:01:32	104	00:49:55	03:01:35
122	259	M	50		Clay Stober	Cary NC	233	00:37:11	191	00:03:10	95	01:32:17	51	00:01:03	75	00:48:19	03:01:58
123	382	M	44		Phil Ratcliff	Mooreville NC	139	00:32:29	112	00:02:29	98	01:32:32	195	00:01:56	142	00:52:43	03:02:07
124	211	M	39		Adam Swank	Durham NC	58	00:27:36	234	00:03:58	172	01:39:44	183	00:01:51	93	00:49:05	03:02:12
125	24	M	43		David James	Huntersville NC	33	00:25:48	111	00:02:29	84	01:31:10	154	00:01:38	226	01:01:19	03:02:22
126	161	M	30		Patrick Mincey	Aberdeen NC	115	00:30:47	167	00:02:55	154	01:37:56	166	00:01:43	94	00:49:07	03:02:25
127	351	M	45		Bryan Fowler	Fayetteville NC	171	00:33:55	107	00:02:27	100	01:33:01	27	00:00:53	134	00:52:13	03:02:27
128	16	M	33		Nathan Mayse	Clemmons NC	18	00:24:42	89	00:02:17	185	01:41:24	188	00:01:53	136	00:52:19	03:02:32
129	55	M	58		John Reilly	Brown Summit NC	159	00:33:08	215	00:03:33	139	01:36:00	182	00:01:51	74	00:48:08	03:02:37
130	224	M	52		Don Shupe	Cary NC	38	00:26:23	139	00:02:42	126	01:35:07	127	00:01:29	197	00:57:29	03:03:08
131	479	M	43	MC	Scott Hoyt	Cary NC	234	00:37:12	225	00:03:48	75	01:30:34	228	00:02:16	98	00:49:26	03:03:14
132	110	M	40		Neil Deans	Raleigh NC	152	00:32:49	194	00:03:11	94	01:32:12	177	00:01:49	161	00:53:59	03:03:58
133	254	M	45		David Haebig	Fayetteville NC	121	00:31:21	155	00:02:50	171	01:39:41	152	00:01:36	82	00:48:33	03:04:00
134	167	M	36	C	Seth Everett	Holly Springs NC	104	00:30:28	85	00:02:14	106	01:33:27	20	00:00:51	194	00:57:16	03:04:15
135	277	M	32		Chris Hobbs	Washington DC	185	00:34:40	93	00:02:20	132	01:35:47	118	00:01:26	107	00:50:31	03:04:42
136	198	M	16		Joseph Leary	Stanley NC	54	00:27:23	81	00:02:11	138	01:35:58	187	00:01:53	207	00:58:06	03:05:29
137	366	M	64		Paul Bloom	Durham NC	162	00:33:19	105	00:02:26	129	01:35:34	107	00:01:22	145	00:52:56	03:05:35
138	345	M	38	C	Sid Mitchener	Raleigh NC	137	00:32:23	121	00:02:36	85	01:31:23	224	00:02:12	192	00:57:09	03:05:41
139	94	M	23		Sean Miller	Winston Salem NC	53	00:27:21	201	00:03:19	179	01:40:40	59	00:01:05	156	00:53:46	03:06:08
140	414	M	35	C	Corbitt Bourne	Fries VA	278	00:45:59	159	00:02:52	22	01:24:05	238	00:02:22	118	00:51:01	03:06:18
141	477	M	29		Adam Burk	Valdosta GA	41	00:26:32	124	00:02:37	198	01:43:19	202	00:01:58	133	00:52:07	03:06:31
142	272	M	49		Keith Holder	Oak Ridge NC	118	00:30:56	211	00:03:26	128	01:35:31	126	00:01:29	175	00:55:18	03:06:37
143	413	M	35	C	Dusty Holcomb	Concord NC	202	00:35:39	100	00:02:22	69	01:30:03	165	00:01:42	193	00:57:10	03:06:54
144	403	M	45		Rich Gabrielli	Burlington NC	165	00:33:25	174	00:02:58	125	01:35:04	114	00:01:24	165	00:54:11	03:07:00
145	326	M	44		Dick Archie	Kinston NC	181	00:34:22	131	00:02:40	176	01:40:08	113	00:01:24	85	00:48:44	03:07:16
146	31	M	51		Scott Walker	Salisbury NC	161	00:33:16	189	00:03:08	149	01:36:51	52	00:01:03	147	00:53:10	03:07:25

147	358	M	48	Sheridan Dickens	Raleigh NC	277	00:45:36	66	00:02:05	57	01:29:00	232	00:02:20	79	00:48:28	03:07:26	
148	279	M	37	Shawn Murphy	Charlotte NC	224	00:36:50	195	00:03:13	105	01:33:22	246	00:02:29	122	00:51:36	03:07:28	
149	325	M	27	Matthew Decker	Charlotte NC	140	00:32:29	119	00:02:34	169	01:39:33	80	00:01:13	128	00:51:48	03:07:36	
150	132	M	34	Jody Smith	Matthews NC	225	00:36:50	44	00:01:50	122	01:34:57	26	00:00:53	148	00:53:10	03:07:39	
151	372	M	37	Michael Thompson	Charlotte NC	150	00:32:48	177	00:02:59	173	01:39:53	90	00:01:17	112	00:50:49	03:07:45	
152	308	M	25	Brian Wood	Fayetteville NC	144	00:32:34	15	00:01:26	86	01:31:29	137	00:01:30	224	01:01:13	03:08:10	
153	283	M	50	Roger Wilkerson	Charlotte NC	69	00:28:26	213	00:03:32	162	01:38:52	174	00:01:49	189	00:56:33	03:09:09	
154	221	M	41	Eric Simpson	Cary NC	177	00:34:12	171	00:02:57	156	01:38:23	119	00:01:26	137	00:52:23	03:09:19	
155	454	M	29	NM Kenneth Segelhorst	Fort Bragg NC	201	00:35:32	217	00:03:36	197	01:43:19	124	00:01:28	52	00:45:43	03:09:37	
156	222	M	40	Andrew Padiak	Cary NC	219	00:36:23	197	00:03:13	124	01:35:03	125	00:01:29	124	00:51:40	00:02:00	03:09:47
157	257	M	31	Matthew Munoz	Raleigh NC	232	00:37:11	156	00:02:50	150	01:37:02	191	00:01:55	113	00:50:53	03:09:49	
158	107	M	47	Bob Duronio	Chapel Hill NC	179	00:34:20	180	00:03:02	127	01:35:15	99	00:01:19	184	00:56:00	03:09:54	
159	42	M	56	Alan Pollenz	Raleigh NC	44	00:26:48	140	00:02:42	141	01:36:17	197	00:01:56	233	01:02:31	03:10:13	
160	183	M	50	Roger Jeffs	Chapel Hill NC	141	00:32:29	132	00:02:40	140	01:36:06	169	00:01:45	199	00:57:31	03:10:30	
161	341	M	41	Scott Dempsey	Charlotte NC	143	00:32:33	271	00:05:51	137	01:35:58	277	00:03:46	141	00:52:35	03:10:41	
162	186	M	35	Tyler Rabon	Wilmington NC	52	00:27:20	147	00:02:45	206	01:44:03	88	00:01:16	176	00:55:23	03:10:46	
163	168	M	39	Lawrence St. Amand	Savannah GA	206	00:35:41	203	00:03:20	157	01:38:30	82	00:01:14	135	00:52:14	03:10:57	
164	151	M	46	Jeffrey Lanier	Wilmington NC	209	00:35:49	60	00:02:00	117	01:34:17	44	00:01:01	209	00:58:13	03:11:17	
165	389	M	50	Mark Kemp	Burlington NC	151	00:32:49	153	00:02:47	151	01:37:08	105	00:01:22	196	00:57:29	03:11:33	
166	333	M	43	Alan Hill	Cary NC	226	00:36:52	209	00:03:25	134	01:35:51	178	00:01:49	155	00:53:44	03:11:39	
167	246	M	36	Ed McGurrin	Pittsboro NC	134	00:32:18	97	00:02:21	211	01:44:27	30	00:00:54	144	00:52:53	03:12:51	
168	120	M	40	Brian Mann	Durham NC	138	00:32:24	39	00:01:45	247	01:49:55	179	00:01:50	65	00:47:11	03:13:03	
169	313	M	55	Kevin Howard	Eden NC	113	00:30:43	48	00:01:53	159	01:38:41	175	00:01:49	220	01:00:06	03:13:10	
170	69	M	52	Michael Whaley	Apex NC	222	00:36:46	173	00:02:58	118	01:34:34	164	00:01:42	195	00:57:22	03:13:20	
171	435	M	37	NM Michael Vaccaro	Charlotte NC	126	00:31:40	193	00:03:10	180	01:40:49	263	00:02:56	171	00:54:56	03:13:31	
172	237	M	47	Steve White	Wilmington NC	240	00:37:30	212	00:03:26	177	01:40:26	155	00:01:38	109	00:50:34	03:13:32	
173	229	M	42	MC Tim Rogers	Charlotte NC	166	00:33:30	218	00:03:37	189	01:41:54	221	00:02:12	138	00:52:25	03:13:36	
174	342	M	56	Michael Straseski	Angier NC	215	00:36:02	249	00:04:30	109	01:33:32	168	00:01:45	208	00:58:07	03:13:54	
175	150	M	40	Kyle Montgomery	Morrisville NC	155	00:32:58	199	00:03:18	163	01:38:54	87	00:01:16	201	00:57:36	03:14:00	
176	128	M	51	Daniel Carey	Lynchburg VA	156	00:32:59	185	00:03:06	186	01:41:30	226	00:02:13	166	00:54:25	03:14:11	
177	287	M	45	Tony Simpson	Dunn NC	213	00:35:56	126	00:02:37	153	01:37:36	159	00:01:40	188	00:56:26	03:14:13	

178	36	M	34		Brian Miller	Summerfield NC	200	00:35:32	158	00:02:52	166	01:38:58	101	00:01:20	179	00:55:38	03:14:18	
179	240	M	28		Jeff Wright	Falls Church VA	173	00:34:03	170	00:02:56	215	01:44:57	173	00:01:48	116	00:50:59	03:14:40	
180	446	M	46	ZM	David Moye	Cary NC	158	00:33:07	264	00:05:07	181	01:41:01	268	00:03:06	140	00:52:34	03:14:54	
181	143	M	23		Brent Boyd	Charlotte NC	106	00:30:30	226	00:03:48	248	01:50:29	120	00:01:27	86	00:48:48	03:15:00	
182	329	M	36		Brandon Moore	Raleigh NC	235	00:37:14	268	00:05:40	104	01:33:20	280	00:04:45	164	00:54:06	03:15:04	
183	442	M	46	ZM	Paul Middleton	Cary NC	184	00:34:36	17	00:01:29	119	01:34:47	227	00:02:16	231	01:02:19	03:15:24	
184	160	M	44		Matt Valentine	Chapel Hill NC	197	00:35:27	141	00:02:43	193	01:42:58	22	00:00:52	158	00:53:48	03:15:46	
185	247	M	48		Stephen Cain	Fort Bragg NC	186	00:34:49	184	00:03:05	165	01:38:57	116	00:01:25	206	00:58:01	03:16:15	
186	480	M	44	MC	Barton Fischer	Fayetteville NC	146	00:32:40	80	00:02:11	115	01:33:51	144	00:01:34	250	01:06:25	03:16:39	
187	142	M	49		Michael Fiocco	Pittsboro NC	210	00:35:51	219	00:03:38	188	01:41:51	214	00:02:04	152	00:53:27	03:16:50	
188	188	M	36	C	Jason Winfield	Apex NC	82	00:29:19							222	01:00:30	03:17:53	
189	19	M	60		Jim Garges	Charlotte NC	87	00:29:28	151	00:02:47	238	01:49:12	147	00:01:35	173	00:55:06	03:18:06	
190	47	M	46	MC	Jim Bendel	Cary NC	154	00:32:55	251	00:04:33	187	01:41:46	180	00:01:50	205	00:58:01	03:19:03	
191	162	M	38		John Morris	Holly Springs NC	198	00:35:27	61	00:02:00	210	01:44:24	218	00:02:09	146	00:53:08	00:02:00	03:19:06
192	116	M	31	C	Joseph Pope	Vass NC	227	00:36:56	187	00:03:08	194	01:43:03	216	00:02:07	168	00:54:43	03:19:54	
193	191	M	51		Ben Bowie	Wilmington NC	153	00:32:51	88	00:02:17	209	01:44:19	56	00:01:04	217	00:59:25	03:19:54	
194	232	M	45		Bradford Brown	Charlotte NC	239	00:37:28	258	00:04:52	102	01:33:13	192	00:01:55	232	01:02:31	03:19:57	
195	109	M	41	MC	Sean Green	Charlotte NC	59	00:27:44	102	00:02:24	205	01:43:57	158	00:01:38	246	01:04:22	03:20:02	
196	98	M	36		Sterling Alexander	Raleigh NC	183	00:34:32	30	00:01:36	161	01:38:48	111	00:01:23	245	01:04:05	03:20:23	
197	236	M	47		Frank Kraft	Charlotte NC	255	00:38:42	241	00:04:17	183	01:41:09	256	00:02:42	160	00:53:52	03:20:39	
198	473	M	47		David Vermeulen	Pinehurst NC	249	00:38:13	244	00:04:22	152	01:37:22	233	00:02:20	213	00:59:00	03:21:15	
199	339	M	40		Tim Gill	Wilmington NC	220	00:36:40	164	00:02:54	201	01:43:30	247	00:02:30	180	00:55:47	03:21:20	
200	331	M	42		Neil Gray	Raleigh NC	194	00:35:16	247	00:04:26	178	01:40:40	245	00:02:28	211	00:58:45	03:21:33	
201	266	M	53		Tim Devinney	Cary NC	149	00:32:48	144	00:02:44	184	01:41:15	199	00:01:57	239	01:03:11	03:21:53	
202	234	M	24		Bryan Charles	Southern Pines NC	196	00:35:26	45	00:01:51	208	01:44:19	100	00:01:20	215	00:59:20	03:22:14	
203	444	M	34	NM	Andy Black	Raleigh NC	207	00:35:48	255	00:04:45	200	01:43:23	252	00:02:35	186	00:56:04	03:22:34	
204	152	M	31		James Wiese	Southern Pines NC	218	00:36:09	150	00:02:47	242	01:49:26	171	00:01:46	139	00:52:30	03:22:35	
205	297	M	38		Jonathan Hale	Chapel Hill NC	217	00:36:05	166	00:02:54	195	01:43:07	68	00:01:09	219	00:59:35	03:22:48	
206	214	M	33		Adam Ledford	Durham NC	212	00:35:52	123	00:02:36	168	01:39:24	230	00:02:17	235	01:02:53	03:23:01	
207	219	M	23		Clark McGehee	Rome GA	244	00:37:44	186	00:03:06	214	01:44:56	229	00:02:17	172	00:55:01	03:23:03	
208	472	M	27	NM	Marcus Booth	Fort Bragg NC	254	00:38:36	18	00:01:30	233	01:47:52	210	00:02:03	153	00:53:29	03:23:28	

209	127	M	36	C	Sean Hannon	Cary NC	253	00:38:32	252	00:04:39	199	01:43:21	200	00:01:57	174	00:55:13	03:23:41	
210	312	M	51		Alan Sowards	Cary NC	145	00:32:39	182	00:03:02	246	01:49:53	223	00:02:12	183	00:55:59	03:23:44	
211	302	M	42		David Carr	Waxhaw NC	147	00:32:42	232	00:03:57	192	01:42:38	206	00:02:00	237	01:02:54	03:24:09	
212	141	M	52		Frank Rexford	Chapel Hill NC	242	00:37:41	242	00:04:20	204	01:43:54	213	00:02:04	187	00:56:14	03:24:11	
213	354	M	35	C	Walter Manigold	Wake Forest NC	256	00:38:48	127	00:02:38	160	01:38:45	138	00:01:31	236	01:02:54	03:24:34	
214	75	M	46		Jim Strohmman	Beaverdam VA	208	00:35:48	161	00:02:53	241	01:49:26	134	00:01:30	181	00:55:49	03:25:25	
215	373	M	38	C	Matthew Weinrich	Fort Bragg NC	259	00:39:06	138	00:02:41	213	01:44:50	209	00:02:02	191	00:57:06	03:25:43	
216	34	M	39		David Hicks II	Charlotte NC	263	00:39:24	106	00:02:26	243	01:49:29	135	00:01:30	151	00:53:15	03:26:03	
217	340	M	42		Floyd Phillips	Holly Springs NC	205	00:35:40	228	00:03:50	212	01:44:42	237	00:02:21	218	00:59:32	03:26:03	
218	194	M	35	C	Adam Vincent	Charlotte NC	135	00:32:19	222	00:03:44	251	01:51:10	160	00:01:41	202	00:57:54	03:26:45	
219	448	M	31	NM	Kenneth Shelton	Hope Mills NC	257	00:38:49	57	00:01:57	207	01:44:09	219	00:02:10	204	00:57:59	00:02:00	03:27:01
220	184	M	48		Rick Lever	Cary NC	190	00:35:07	223	00:03:44	218	01:45:32	172	00:01:47	225	01:01:15	03:27:23	
221	66	M	48		Dane Warren	Matthews NC	187	00:34:55	117	00:02:34	182	01:41:09	123	00:01:28	257	01:07:37	03:27:39	
222	54	M	45		Bradley Edwards	Matthews NC	77	00:29:06	205	00:03:24	191	01:42:31	217	00:02:08	268	01:10:43	03:27:51	
223	385	M	38		Tim Atkins	Chapel Hill NC	271	00:42:16	135	00:02:41	228	01:47:06	198	00:01:57	162	00:54:02	03:28:00	
224	440	M	23	NM	Aiden Dale	Durham NC	262	00:39:18	259	00:04:55	224	01:46:20	141	00:01:33	185	00:56:01	03:28:06	
225	218	M	69		Ken Kirschenmann	Huntington WV	168	00:33:44	275	00:06:07	249	01:50:59	254	00:02:40	169	00:54:46	03:28:14	
226	10	M	28		Tim Erickson	Sanford NC	182	00:34:31	208	00:03:25	250	01:51:03	201	00:01:57	198	00:57:31	03:28:25	
227	434	M	41	ZM	Matthew Bray	Fayetteville NC	223	00:36:49	196	00:03:13	223	01:46:19	215	00:02:05	221	01:00:14	03:28:37	
228	73	M	55		Jaime Hernandez	Chapel Hill NC	250	00:38:22	282	00:08:04	217	01:45:30	248	00:02:30	167	00:54:38	03:29:02	
229	278	M	45		Kevin Atkins	Apex NC	148	00:32:47	178	00:03:00	262	01:53:50	110	00:01:23	210	00:58:21	03:29:20	
230	349	M	39		Russ Helms	Chapel Hill NC	191	00:35:11	280	00:06:54	235	01:48:59	265	00:02:59	178	00:55:38	03:29:39	
231	80	M	41		Rob Verzera	Fuquay Varina NC	122	00:31:26	79	00:02:11	196	01:43:09	104	00:01:21	273	01:11:39	03:29:45	
232	449	M	46	ZM	Paul Kucharek	Ft. Bragg NC	251	00:38:26	278	00:06:39	219	01:45:36	281	00:05:06	163	00:54:05	03:29:50	
233	421	M	32		Adam Norris	Lewisville NC	229	00:37:04	261	00:05:04	263	01:54:41	261	00:02:51	106	00:50:27	03:30:05	
234	431	M	29	NM	Walt Wood	Rockingham NC	216	00:36:03	108	00:02:27	202	01:43:33	148	00:01:36	251	01:06:40	03:30:18	
235	89	M	45		Steve Kenny	Wilmington NC	261	00:39:16	253	00:04:43	221	01:45:52	243	00:02:26	190	00:56:56	00:02:00	03:31:12
236	41	M	70		Greyson Quarles	Duck Key FL	172	00:33:56	224	00:03:45	190	01:42:25	231	00:02:18	262	01:08:52	03:31:13	
237	96	M	42		Robert Farmer	Asheville NC	279	00:46:03	165	00:02:54	239	01:49:15	130	00:01:29	126	00:51:42	03:31:21	
238	315	M	47		Steve Haynie	Cary NC	73	00:28:54	274	00:05:56	256	01:53:10	63	00:01:07	234	01:02:36	03:31:41	
239	368	M	35		David Funk	Efland NC	231	00:37:07	233	00:03:58	203	01:43:53	269	00:03:13	228	01:01:39	00:02:00	03:31:48

240	125	M	38	C	Marcelo Anderson	Apex NC	264	00:39:43	265	00:05:19	220	01:45:51	222	00:02:12	216	00:59:25	03:32:28
241	256	M	48		Harry Chalker	Cary NC	79	00:29:14	260	00:04:56	254	01:52:23	260	00:02:50	240	01:03:14	03:32:35
242	49	M	46		Alessandro Minichiello	Virginia Beach VA	157	00:33:00	99	00:02:22	232	01:47:49	146	00:01:35	265	01:09:10	03:33:53
243	239	M	39		Scott Johnson	Leland NC	78	00:29:12	207	00:03:25	227	01:46:39	184	00:01:51	277	01:12:53	03:33:58
244	423	M	54		Glenn Baxley	Pinehurst NC	221	00:36:43	246	00:04:25	229	01:47:11	220	00:02:11	244	01:03:42	03:34:10
245	362	M	28		David Sweeney	Sneads Ferry NC	236	00:37:20	63	00:02:02	271	01:58:04	239	00:02:23	182	00:55:58	03:35:45
246	251	M	67		Dennis Geiser	Pittsboro NC	245	00:37:50	190	00:03:09	230	01:47:25	97	00:01:19	256	01:07:19	03:36:59
247	388	M	41		Brian Oleary	Fayetteville NC	260	00:39:07	248	00:04:28	226	01:46:34	272	00:03:17	243	01:03:36	03:37:01
248	199	M	46	MC	David Meyer	Fayetteville NC	142	00:32:30	227	00:03:49	234	01:48:47	190	00:01:55	269	01:10:55	03:37:54
249	274	M	41	MC	James Remington	Lillington NC	241	00:37:33	254	00:04:44	222	01:46:12	266	00:03:03	253	01:06:59	03:38:29
250	318	M	44		Daniel Doerr	Fayetteville NC	93	00:29:47	243	00:04:20	258	01:53:40	236	00:02:21	261	01:08:45	03:38:51
251	53	M	61		Peter Doubleday	Southern Pines NC	214	00:35:59	172	00:02:58	272	01:59:22	225	00:02:13	212	00:58:55	03:39:25
252	261	M	56		Michael Hughes	Carrboro NC	280	00:46:17	175	00:02:58	216	01:45:11	205	00:01:59	241	01:03:19	03:39:43
253	136	M	40	MC	Benjamin Haithecock	Durham NC	248	00:38:10	163	00:02:54	259	01:53:42	78	00:01:13	247	01:04:41	03:40:37
254	347	M	28	C	Andrew Bair	Fayetteville NC					270	01:58:00	255	00:02:41	238	01:03:06	03:41:27
255	470	M	57		Ed Cherry	Charlotte NC	192	00:35:12	263	00:05:07	257	01:53:28	264	00:02:58	248	01:05:02	03:41:45
256	303	M	51		Michael Reiser	Fort Lauderdale FL	238	00:37:24	240	00:04:11	237	01:49:08	253	00:02:39	266	01:09:59	03:43:19
257	18	M	41	MC	Jason Hoth	Winston Salem NC	71	00:28:52	210	00:03:26							03:43:58
258	253	M	35		Aaron Ffrench	Fayetteville NC	195	00:35:18	231	00:03:53	244	01:49:46	262	00:02:54	278	01:12:55	03:44:45
259	453	M	50	ZM	Tim Oakley	Durham NC	230	00:37:06	270	00:05:51	252	01:51:14	211	00:02:03	264	01:09:03	03:45:15
260	175	M	33		Christopher Boggs	Durham NC	270	00:41:08	236	00:04:01	245	01:49:52	270	00:03:16	254	01:07:09	03:45:24
261	40	M	30		David Decker	Charlotte NC	269	00:41:02	272	00:05:53	236	01:49:06	235	00:02:21	255	01:07:14	03:45:34
262	450	M	44	ZM	Todd Phillips	Whispering Pines NC	274	00:43:30	276	00:06:19	264	01:54:42	275	00:03:39	200	00:57:33	03:45:41
263	179	M	43	MC	William Markham	Sanford NC	174	00:34:03	273	00:05:56	255	01:53:02	279	00:04:38	259	01:08:38	03:46:16
264	356	M	37		Craig Allgood	Raleigh NC	284	00:51:27	277	00:06:24	240	01:49:18	276	00:03:39	177	00:55:31	03:46:17
265	422	M	48		Bruce Matheny	Wake Forest NC	267	00:40:18	267	00:05:31	225	01:46:20	259	00:02:50	276	01:12:36	03:47:32
266	258	M	51		Chuck Davis	West End NC	258	00:39:06	229	00:03:50	231	01:47:43	251	00:02:35	279	01:14:37	03:47:48
267	190	M	24		Derek Gallo	Raleigh NC	188	00:34:58	269	00:05:42	276	02:03:56	204	00:01:59	227	01:01:25	03:47:58
268	338	M	37		Brian Hecke	Fayetteville NC	272	00:43:13	245	00:04:23	253	01:51:20	274	00:03:31	252	01:06:48	03:49:14
269	439	M	32	NM	Adrial Dale	Carrboro NC	211	00:35:51	281	00:06:55	261	01:53:44	161	00:01:41	272	01:11:39	03:49:49
270	346	M	52		David Law	Charlotte NC	243	00:37:42	230	00:03:52	260	01:53:44	249	00:02:33	275	01:12:27	03:50:16

271	81	M	41	Bob Stremel	Willow Spring NC	275	00:43:40	200	00:03:18	268	01:57:23	234	00:02:20	249	01:05:13	03:51:53
272	411	M	58	Ken Schettig	Wilmington NC	276	00:43:54	176	00:02:59	273	02:00:01	273	00:03:24	230	01:02:01	03:52:16
273	155	M	36	Chad Isbell	Wilson NC	237	00:37:22	239	00:04:09	280	02:05:49	128	00:01:29	242	01:03:32	03:52:20
274	140	M	47	Steve Munsat	Chapel Hill NC	273	00:43:18	157	00:02:51	266	01:56:55	240	00:02:24	258	01:07:53	03:53:18
275	425	M	33	Chad Michael	Salisbury NC	252	00:38:28	206	00:03:24	269	01:57:40	271	00:03:17	271	01:11:36	03:54:23
276	359	M	30	Joshua Venable	Cameron NC	268	00:40:21	238	00:04:05	274	02:02:52	91	00:01:17	267	01:10:07	03:58:41
277	215	M	35	C Tate Little	Chapel Hill NC	228	00:37:02	257	00:04:48	275	02:02:55	257	00:02:44	274	01:11:40	03:59:07
278	475	M	49	Mark McBrayer	Aberdeen NC	247	00:38:09	250	00:04:31	277	02:04:55	241	00:02:24	270	01:11:34	04:01:31
279	157	M	40	MC Randy Ballard	Pinehurst NC	167	00:33:37	64	00:02:03	267	01:56:58	167	00:01:44	281	01:27:18	04:01:37
280	144	M	26	Jeremy Duncan	Portsmouth OH	282	00:47:44	216	00:03:36	279	02:05:12	157	00:01:38	260	01:08:42	04:06:51
281	438	M	59	ZM Edgar Hartle	Davidson NC	265	00:39:51	256	00:04:47	281	02:10:11	267	00:03:04	280	01:17:35	04:15:25
282	443	M	48	ZM Brian Bailey	Sanford NC	281	00:46:23	279	00:06:45	282	02:19:20	258	00:02:47	263	01:08:57	04:24:10
283	451	M	30	NM William Johnson	Raeford NC	283	00:48:39	77	00:02:09	278	02:04:56	203	00:01:58	282	01:30:06	04:27:46
284	111	M	39	C Shawn Coburn	Charlotte NC	285	00:54:28	266	00:05:19	265	01:56:48	278	00:04:34	283	01:35:46	04:36:54
285	59	M	43	MC Peter Durand	Cary NC	47	00:27:06	262	00:05:06	78	01:30:51					
286	187	M	21	Kyle Wilson	Charlotte NC	27	00:25:34									

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