

2013 Azalea Sprint

Overall Women

Wilmington, NC 3/09/2013 08:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	14	F	31	OF	Tara Martine	Greensboro NC	8	00:04:16	5	00:01:44	2	00:24:20	102	00:01:23	1	00:19:36		00:51:16	
2	17	F	45	MF	Tanya Houghton	Weddington NC	36	00:05:03	4	00:01:39	1	00:23:59	14	00:00:55	2	00:20:02		00:51:37	
3	9	F	26	OF	Colleen McCarthy	Raleigh NC	5	00:04:06	8	00:01:48	7	00:25:37	26	00:00:59	4	00:21:03		00:53:30	
4	5	F	28	OF	Jen Keith	Matthews NC	1	00:03:59	7	00:01:48	3	00:24:58	10	00:00:53	15	00:22:13		00:53:49	
5	127	F	45		Cherie Kuzmiak	Chapel Hill NC	46	00:05:13	2	00:01:33	8	00:25:58	25	00:00:59	7	00:21:16		00:54:57	
6	170	F	30		Kelly Geppi	Charlotte NC	24	00:04:51	14	00:02:01	10	00:26:15	27	00:00:59	6	00:21:10		00:55:15	
7	12	F	22	OF	Mollie Brewer	Chapel Hill NC	26	00:04:52	1	00:01:16	23	00:27:37	5	00:00:48	5	00:21:09		00:55:41	
8	121	F	33		Lauren Wilson	Charleston SC	44	00:05:10	39	00:02:25	15	00:26:37	24	00:00:59	3	00:20:52		00:56:01	
9	77	F	24		Kimberly Spence	Raleigh NC	17	00:04:39	3	00:01:37	11	00:26:29	80	00:01:16	17	00:22:18		00:56:17	
10	114	F	49		Fran Hughes	Holly Springs NC	33	00:04:59	21	00:02:09	19	00:27:16	50	00:01:08	11	00:21:49		00:57:20	
11	161	F	36		Lindsay Dean	Wilmington NC	69	00:05:31	6	00:01:45	26	00:27:39	29	00:01:01	10	00:21:42		00:57:36	
12	59	F	44		Leanne La Fave	Wilmington NC	18	00:04:41	36	00:02:19	12	00:26:34	69	00:01:13	21	00:22:54		00:57:40	
13	155	F	33		Maleia Tumolo	Wilmington NC	29	00:04:55	18	00:02:05	27	00:27:39	31	00:01:01	12	00:22:05		00:57:44	
14	777	F	37		Frances Atkins	Wilmington NC	59	00:05:26	9	00:01:52	18	00:27:06	57	00:01:09	18	00:22:35		00:58:06	
15	86	F	58		Doris Alexander	Carrboro NC	31	00:04:58	12	00:01:55	21	00:27:26	49	00:01:08	26	00:23:10		00:58:35	
16	122	F	43		Kelly Bridges	West Chester PA	32	00:04:59	58	00:02:38	14	00:26:37	105	00:01:24	29	00:23:24		00:58:59	
17	150	F	38		Laura Haid	Charlotte NC	57	00:05:23	19	00:02:05	13	00:26:36	76	00:01:15	34	00:23:54		00:59:12	
18	182	F	41		Debbie Roberson	Clayton NC	101	00:06:02	78	00:02:48	6	00:25:36	98	00:01:21	31	00:23:28		00:59:13	
19	383	F	47		Laura Gellman	Charlotte NC	105	00:06:07	98	00:02:57	4	00:25:10	123	00:01:30	33	00:23:47		00:59:29	
20	131	F	43		Amy Cocanour	Sneads Ferry NC	20	00:04:46	48	00:02:31	16	00:26:52	61	00:01:11	37	00:24:28		00:59:46	
21	349	F	21		Logan Thorpe	Wilmington NC	67	00:05:30	126	00:03:10	38	00:28:36	41	00:01:06	8	00:21:40		01:00:00	
22	42	F	30		Meghan Reed	Swansboro NC	10	00:04:17	41	00:02:27	53	00:29:34	90	00:01:20	20	00:22:43		01:00:19	

23	707	F	27	Dayna York	Cary NC	35	00:05:02	15	00:02:03	25	00:27:38	71	00:01:14	38	00:24:28	01:00:23
24	293	F	35	Beth Grace	Wilmington NC	72	00:05:34	13	00:01:57	24	00:27:37	38	00:01:06	43	00:24:33	01:00:45
25	463	F	34	Erin Jackson	Wilmington NC	100	00:06:01	66	00:02:41	17	00:27:02	18	00:00:56	36	00:24:13	01:00:52
26	28	F	16	Jo Murphy	Newport NC	4	00:04:03	23	00:02:10	107	00:31:36	33	00:01:03	14	00:22:13	01:01:03
27	222	F	51	Alecia Williams	Wilmington NC	90	00:05:49	150	00:03:24	30	00:27:43	111	00:01:25	23	00:22:54	01:01:13
28	215	F	38	Abigail Offenbaker	Durham NC	126	00:06:26	83	00:02:50	36	00:28:26	198	00:01:58	9	00:21:41	01:01:19
29	47	F	29	Elizabeth Cramond	Wilmington NC	6	00:04:12	33	00:02:18	55	00:29:37	2	00:00:46	45	00:24:43	01:01:34
30	240	F	46	Sheri Spivey	Cary NC	81	00:05:45	20	00:02:06	22	00:27:33	36	00:01:04	54	00:25:16	01:01:43
31	335	F	58	Tama Byrnes	Simpsonville SC	118	00:06:20	102	00:03:00	5	00:25:19	225	00:02:16	51	00:25:05	01:01:58
32	128	F	45	Dana Pellizzari	Wilmington NC	48	00:05:14	81	00:02:49	28	00:27:41	191	00:01:56	41	00:24:30	01:02:08
33	130	F	32	Michelle Goessens	Wilmington NC	21	00:04:47	96	00:02:56	41	00:28:44	97	00:01:21	40	00:24:29	01:02:15
34	375	F	31	Leigh-Anne Slack	Hope Mills NC	83	00:05:46	29	00:02:15	42	00:28:46	8	00:00:52	48	00:24:52	01:02:30
35	251	F	26	Lane Dickson	Clifton Park NY	66	00:05:30	101	00:02:59	57	00:29:43	74	00:01:14	28	00:23:23	01:02:47
36	34	F	25	Laura Chinni	Wilmington NC	2	00:03:59	100	00:02:58	141	00:33:00	1	00:00:46	13	00:22:07	01:02:48
37	157	F	38	Katherine MacDonald	Goldsboro NC	25	00:04:51	31	00:02:17	52	00:29:31	106	00:01:24	49	00:24:59	01:03:00
38	200	F	60	Shelly Bloom	Durham NC	79	00:05:43	27	00:02:13	45	00:29:00	44	00:01:07	56	00:25:24	01:03:24
39	51	F	43	Heather Hageman	Charlotte NC	11	00:04:18	61	00:02:39	47	00:29:05	85	00:01:18	75	00:26:23	01:03:41
40	382	F	52	Marsha Clark	Pinehurst NC	110	00:06:14	34	00:02:18	9	00:26:04	138	00:01:35	101	00:27:35	01:03:43
41	112	F	40	Eliza Blackwell	Wilmington NC	53	00:05:20	38	00:02:24	33	00:28:11	89	00:01:19	82	00:26:35	01:03:47
42	257	F	41	Betsy Weinberg	Wilmington NC	58	00:05:25	16	00:02:04	75	00:30:28	32	00:01:03	46	00:24:52	01:03:49
43	216	F	53	Beth Uberseder	Lewisville NC	80	00:05:43	26	00:02:11	29	00:27:42	193	00:01:57	79	00:26:29	01:04:01
44	133	F	22	Melissa Haberman	Raleigh NC	49	00:05:14	65	00:02:40	43	00:28:49	51	00:01:08	73	00:26:20	01:04:09
45	379	F	58	Lisa Hanna	Wilmington NC	108	00:06:13	25	00:02:11	40	00:28:42	16	00:00:56	68	00:26:10	01:04:10
46	221	F	52	Catherine Renchen	Jacksonville NC	47	00:05:13	171	00:03:39	46	00:29:02	58	00:01:09	52	00:25:10	01:04:11
47	105	F	26	Amber Rogers	Wilmington NC	34	00:05:01	86	00:02:52	123	00:32:09	54	00:01:09	25	00:23:03	01:04:12
48	476	F	47	Laura Van Sant	Chapel Hill NC	140	00:06:42	35	00:02:18	37	00:28:28	149	00:01:38	53	00:25:11	01:04:16
49	559	F	34	Andrea Nance	Whiteville NC	121	00:06:24	24	00:02:10	71	00:30:21	34	00:01:04	44	00:24:35	01:04:32
50	527	F	35	Amanda Olson	Raleigh NC	128	00:06:28	28	00:02:13	68	00:30:06	161	00:01:44	35	00:24:10	01:04:38
51	358	F	47	Emily Sheppard	Wilmington NC	95	00:05:53	22	00:02:09	50	00:29:25	60	00:01:10	65	00:26:08	01:04:44
52	386	F	50	Becky O'Daniell	Wilmington NC	98	00:05:56	152	00:03:24	39	00:28:39	119	00:01:28	58	00:25:35	01:04:59
53	35	F	24	Alden Dyer	Carrboro NC	3	00:04:03	188	00:03:53	89	00:30:56	104	00:01:24	24	00:23:00 00:02:00	01:05:13

54	467	F	41		Paula Rock	Hampstead NC	92	00:05:51	148	00:03:23	62	00:29:54	47	00:01:07	50	00:25:00	01:05:13
55	78	F	21		Alyson Arrington	Arden NC	68	00:05:30	191	00:03:58	90	00:30:56	116	00:01:27	30	00:23:28	01:05:18
56	198	F	52		Rebecca Moxey	Wilmington NC	86	00:05:47	54	00:02:34	56	00:29:40	68	00:01:13	70	00:26:15	01:05:27
57	437	F	41		Christa Long	Winston-Salem NC	159	00:06:59	76	00:02:45	58	00:29:51	94	00:01:21	47	00:24:52	01:05:46
58	126	F	32		Colleen Kelly	Holly Ridge NC	19	00:04:43	109	00:03:05	82	00:30:44	141	00:01:36	60	00:25:39	01:05:46
59	175	F	66		Phyllis Mason	Wilmington NC	54	00:05:20	93	00:02:55	44	00:28:52	190	00:01:56	85	00:26:47	01:05:48
60	500	F	40		Beth Markell	Holly Springs NC	169	00:07:04	105	00:03:03	34	00:28:15	165	00:01:45	61	00:25:47	01:05:52
61	118	F	40		Jane Ellison	Wilmington NC	50	00:05:15	70	00:02:42	31	00:27:50	73	00:01:14	124	00:28:58	01:05:57
62	606	F	43		Helen Codd	Wilmington NC	157	00:06:58	10	00:01:53	69	00:30:18	17	00:00:56	69	00:26:10	01:06:14
63	394	F	38		Heather Wilks	Raleigh NC	106	00:06:07	133	00:03:12	61	00:29:54	173	00:01:48	57	00:25:30	01:06:30
64	388	F	45		Suzanne Weaver	Richmond VA	119	00:06:21	71	00:02:42	63	00:29:55	96	00:01:21	77	00:26:25	01:06:44
65	220	F	42		Wendy Penfield	Raleigh NC	51	00:05:15	47	00:02:30	35	00:28:25	92	00:01:20	132	00:29:16	01:06:44
66	481	F	29		Andrea Neagle	Sneads Ferry NC	96	00:05:54	68	00:02:42	137	00:32:47	23	00:00:58	42	00:24:33	01:06:53
67	482	F	43		Stacey Ingram	Southern Pines NC	131	00:06:33	30	00:02:16	60	00:29:53	67	00:01:13	89	00:27:08	01:07:01
68	674	F	21		Annie Holmes	Raleigh NC	161	00:07:00	82	00:02:50	163	00:33:57	46	00:01:07	16	00:22:16	01:07:07
69	204	F	49		Michelle Gurrera	Wilmington NC	73	00:05:35	62	00:02:39	104	00:31:28	122	00:01:29	63	00:26:06	01:07:15
70	391	F	40		Amity Page	Wilson NC	196	00:07:26	92	00:02:55	133	00:32:36	40	00:01:06	27	00:23:15	01:07:16
71	575	F	44		Tracy Lempke	Jacksonville NC	152	00:06:52	160	00:03:30	48	00:29:05	154	00:01:41	67	00:26:10	01:07:17
72	580	F	27		Amanda McKendrick	Carrboro NC	170	00:07:04	88	00:02:53	54	00:29:35	155	00:01:41	66	00:26:10	01:07:21
73	46	F	21		Julie Bernstorf	Greensboro NC	12	00:04:21	44	00:02:29	65	00:29:56	70	00:01:13	136	00:29:26	01:07:23
74	385	F	36		Heather Moore	Hillsborough NC	137	00:06:40	90	00:02:54	83	00:30:44	22	00:00:57	71	00:26:17	01:07:31
75	224	F	48		Kathryn Scovel	Cary NC	70	00:05:31	95	00:02:56	51	00:29:31	180	00:01:50	108	00:27:57	01:07:43
76	44	F	26		Ellery Kate Lungmus	Fayetteville NC	13	00:04:29	53	00:02:34	105	00:31:30	84	00:01:18	62	00:25:57	00:02:00 01:07:46
77	731	F	48	ZF	Marcy Waters	Hampstead NC	230	00:08:29	72	00:02:45	140	00:32:58	143	00:01:36	19	00:22:41	01:08:27
78	225	F	41		Kelly Sherin	Matthews NC	103	00:06:05	32	00:02:17	101	00:31:24	66	00:01:12	99	00:27:34	01:08:30
79	496	F	43		Eileen Caquias-Gonzalez	Wilmington NC	177	00:07:08	59	00:02:38	142	00:33:00	83	00:01:17	39	00:24:29	01:08:31
80	276	F	38		Tracy Wojtowicz	Wilmington NC	56	00:05:23	159	00:03:30	92	00:31:01	222	00:02:14	80	00:26:30	01:08:37
81	331	F	18		Katie Gandee	Efland NC	97	00:05:55	170	00:03:38	73	00:30:26	170	00:01:46	87	00:26:57	01:08:41
82	75	F	40		Jennifer Hughes	Wilmington NC	7	00:04:15	155	00:03:26	159	00:33:48	20	00:00:57	72	00:26:20	01:08:44
83	710	F	37	NF	Trisanna Tauber	Raleigh NC	144	00:06:47	125	00:03:10	86	00:30:52	59	00:01:10	86	00:26:48	01:08:45
84	403	F	36		Wendy Lewis	Wilmington NC	94	00:05:53	104	00:03:03	85	00:30:51	176	00:01:49	95	00:27:18	01:08:52

85	738	F	39	NF	Kris Keller	Wilmington NC	175	00:07:06	49	00:02:31	20	00:27:16	152	00:01:39	152	00:30:22	01:08:52
86	450	F	39		Karie Carico	Winston Salem NC	192	00:07:20	120	00:03:09	67	00:30:00	167	00:01:46	88	00:26:59	01:09:12
87	233	F	58		Mary Lou Buscemi	Cary NC	211	00:07:44	136	00:03:15	32	00:28:08	229	00:02:19	106	00:27:53	01:09:18
88	478	F	40		Renee Melly	Pfafftown NC	171	00:07:04	80	00:02:49	121	00:32:07	164	00:01:45	59	00:25:37	01:09:21
89	737	F	47	ZF	Kathy Miller	Beaufort NC	226	00:08:24	169	00:03:36	135	00:32:45	181	00:01:51	22	00:22:54	01:09:28
90	62	F	22		Amber Romeo	Hickory NC	22	00:04:47	43	00:02:28	109	00:31:38	30	00:01:01	141	00:29:39	01:09:33
91	381	F	53		Maggie Bellamy	Wilmington NC	120	00:06:24	97	00:02:57	76	00:30:31	6	00:00:49	123	00:28:56	01:09:34
92	201	F	53		Linda Tufts	Aberdeen NC	63	00:05:29	94	00:02:55	87	00:30:52	224	00:02:16	109	00:28:12	01:09:43
93	642	F	44		Gina Cusato-O'Neal	Winston Salem NC	201	00:07:30	199	00:04:07	66	00:29:59	159	00:01:42	78	00:26:28	01:09:44
94	274	F	41		Tanya Eney	Raleigh NC	62	00:05:29	64	00:02:40	74	00:30:28	174	00:01:48	139	00:29:32	01:09:54
95	546	F	23		Holly Petruso	Charlotte NC	134	00:06:36	77	00:02:47	80	00:30:40	12	00:00:54	130	00:29:15	01:10:09
96	106	F	19		Brianna Teague	Raleigh NC	23	00:04:48	99	00:02:57	167	00:34:05	48	00:01:07	93	00:27:17	01:10:12
97	601	F	39		Rachel Stephenson	Raleigh NC	136	00:06:39	187	00:03:52	78	00:30:31	171	00:01:47	98	00:27:34	01:10:22
98	339	F	46		Lauren Custer	Apex NC	87	00:05:48	63	00:02:39	79	00:30:31	197	00:01:58	138	00:29:30	01:10:24
99	144	F	41		Molly White	Wilmington NC	38	00:05:04	113	00:03:06	98	00:31:14	81	00:01:16	146	00:29:49	01:10:27
100	151	F	27		Taryn Weil	Wilmington NC	30	00:04:56	73	00:02:45	49	00:29:15	117	00:01:27	182	00:32:07	01:10:27
101	195	F	37		Susan Dorsett	Advance NC	40	00:05:07	87	00:02:52	120	00:32:07	77	00:01:15	135	00:29:20	01:10:40
102	120	F	39		Patricia Vangraafeiland	Rolesville NC	61	00:05:28	141	00:03:18	161	00:33:52	11	00:00:53	94	00:27:18	01:10:47
103	99	F	20		Meagan Green	Charlottesville VA	39	00:05:06	84	00:02:51	138	00:32:49	136	00:01:34	119	00:28:43	01:11:01
104	637	F	67		Lena Cardoso	Cary NC	172	00:07:05	214	00:04:26	59	00:29:51	215	00:02:10	97	00:27:34	01:11:04
105	306	F	45	A	Vicki Nizen	Raleigh NC	88	00:05:48	46	00:02:30	134	00:32:40	107	00:01:24	121	00:28:49	01:11:09
106	470	F	50		Julie Richardson	Chapel Hill NC	9	00:04:17	50	00:02:31	177	00:34:32	113	00:01:26	114	00:28:32	01:11:16
107	746	F	23	NF	Erin Petruso	Charlotte NC	156	00:06:58	107	00:03:04	144	00:33:02	63	00:01:12	90	00:27:11	01:11:25
108	417	F	37		Andrea Talley	Wilmington NC	109	00:06:14	162	00:03:31	131	00:32:33	88	00:01:19	104	00:27:51	01:11:26
109	139	F	11		Ally Roth	Emerald Isle NC	16	00:04:33	91	00:02:55	209	00:36:42	13	00:00:55	74	00:26:23	01:11:26
110	92	F	24		Katherine Iocona	Durham NC	28	00:04:55	55	00:02:35	125	00:32:18	21	00:00:57	120	00:28:47	00:02:00 01:11:29
111	673	F	34		Ryanna Avery	Wilmington NC	182	00:07:13	42	00:02:28	185	00:34:46	3	00:00:47	76	00:26:25	01:11:35
112	294	F	33		Lee Lamb	Goldsboro NC	116	00:06:20	222	00:04:33	150	00:33:19	93	00:01:20	64	00:26:08	01:11:37
113	736	F	44	ZF	Randee Bulla	Wilmington NC	198	00:07:28	69	00:02:42	132	00:32:36	148	00:01:38	92	00:27:16	01:11:37
114	292	F	59		Sally Almekinders	Chapel Hill NC	142	00:06:46	11	00:01:54	81	00:30:42	103	00:01:23	167	00:31:06	01:11:49
115	340	F	23		Margaret Dechant	Charlotte NC	78	00:05:42	60	00:02:38	170	00:34:17	115	00:01:27	103	00:27:50	01:11:52

116	378	F	28	A	Janet Colon	Raleigh NC	185	00:07:13	144	00:03:20	88	00:30:55	186	00:01:55	113	00:28:31	01:11:52
117	638	F	15		Jace Bridges	West Chester PA	150	00:06:52	74	00:02:45	220	00:37:55	9	00:00:53	32	00:23:32	01:11:54
118	507	F	49		Danna Batts	Wilmington NC	135	00:06:36	130	00:03:12	72	00:30:23	101	00:01:23	160	00:30:47	01:12:18
119	627	F	35		Sabrina Seeley	Mount Holly NC	186	00:07:14	129	00:03:11	91	00:31:01	140	00:01:36	133	00:29:19	01:12:19
120	380	F	57		Joanne Bagby	Leland NC	184	00:07:13	115	00:03:07	173	00:34:24	108	00:01:24	81	00:26:33	01:12:39
121	553	F	34	A	Lara Leininger	Cary NC	148	00:06:50	85	00:02:51	70	00:30:20	121	00:01:28	171	00:31:23	01:12:49
122	248	F	42		Rhonda Waller	Beaufort NC	244	00:08:55	45	00:02:29	94	00:31:06	157	00:01:41	122	00:28:50	01:12:59
123	147	F	39		Amy Peterson	Cary NC	76	00:05:41	135	00:03:15	143	00:33:01	182	00:01:52	129	00:29:14	01:13:01
124	389	F	37		Amanda Cash	Charlotte NC	93	00:05:53	145	00:03:20	97	00:31:11	124	00:01:31	169	00:31:11	01:13:04
125	365	F	30		Amber Howland	Wilmington NC	91	00:05:50	149	00:03:23	119	00:32:06	160	00:01:43	148	00:30:08	01:13:08
126	755	F	23	NF	Lauren Garren	Goldsboro NC	146	00:06:48	205	00:04:12	110	00:31:41	82	00:01:16	128	00:29:14	01:13:09
127	774	F	22	NF	Jess Marrano	Wilmington NC	115	00:06:19	184	00:03:50	129	00:32:28	245	00:02:43	105	00:27:53	01:13:11
128	491	F	41		Tracie Northan	Charlotte NC	149	00:06:51	118	00:03:08	117	00:32:02	139	00:01:36	142	00:29:40	01:13:16
129	608	F	41		Elizabeth Langley	Greensboro NC	187	00:07:16	147	00:03:22	187	00:35:04	28	00:01:01	84	00:26:46	01:13:27
130	451	F	45		Tracey Himmel	Chapel Hill NC	223	00:08:17	161	00:03:31	147	00:33:16	62	00:01:11	96	00:27:23	01:13:36
131	739	F	48	ZF	Renee Smith	Rockville VA	164	00:07:00	117	00:03:08	158	00:33:44	45	00:01:07	117	00:28:41	01:13:38
132	300	F	44		Kellie Lewis	Raleigh NC	82	00:05:45	168	00:03:36	108	00:31:38	169	00:01:46	165	00:30:59	01:13:42
133	529	F	37		Gretchen Scoutelas	Wilmington NC	218	00:07:54	156	00:03:27	162	00:33:56	56	00:01:09	55	00:25:19 00:02:00	01:13:42
134	568	F	43		Lou Bray	Durham NC	147	00:06:49	116	00:03:08	99	00:31:19	134	00:01:34	163	00:30:58	01:13:45
135	193	F	39		Krista Bronisas	Wilmington NC	41	00:05:07	189	00:03:57	146	00:33:14	65	00:01:12	151	00:30:22	01:13:50
136	506	F	43		Tammie White	Wilmington NC	132	00:06:34	137	00:03:15	192	00:35:20	52	00:01:08	102	00:27:39	01:13:55
137	659	F	51		Terry Thompkins	Wilmington NC	133	00:06:35	163	00:03:31	172	00:34:22	72	00:01:14	112	00:28:23	01:14:03
138	555	F	12		Phoebe Stevens	Greensboro NC	102	00:06:03	17	00:02:04	181	00:34:42	4	00:00:48	155	00:30:30	01:14:04
139	413	F	38		Gina Kirstein	Wilmington NC	99	00:06:00	196	00:04:05	84	00:30:45	236	00:02:30	162	00:30:56	01:14:14
140	376	F	36		Pascale Lecuire	Durham NC	138	00:06:41	157	00:03:29	157	00:33:44	175	00:01:48	115	00:28:34	01:14:14
141	554	F	13		Emma Kincaid	Greensboro NC	85	00:05:47	52	00:02:33	193	00:35:26	7	00:00:50	143	00:29:41	01:14:15
142	570	F	37		Suzell Crosswhite	Raleigh NC	221	00:08:06	154	00:03:25	114	00:31:52	150	00:01:38	131	00:29:16	01:14:16
143	287	F	65		Elaine Devennish	Blacklick OH	55	00:05:21	252	00:05:31	102	00:31:26	233	00:02:25	145	00:29:44	01:14:25
144	510	F	49		Suzanne Hamilton	Wilmington NC	173	00:07:05	228	00:04:39	100	00:31:19	249	00:02:48	118	00:28:42	01:14:31
145	430	F	41		Melanie Cameron	Wilmington NC	143	00:06:46	67	00:02:41	116	00:32:01	109	00:01:24	180	00:31:57	01:14:49
146	539	F	32		Andrea Rowe	Hillsborough NC	84	00:05:46	151	00:03:24	182	00:34:43	201	00:01:59	125	00:29:04	01:14:53

147	535	F	39	Cara Garcia	Clemmons NC	107	00:06:09	236	00:04:44	106	00:31:35	250	00:02:50	140	00:29:38	01:14:54
148	671	F	36	Heather Hale	Wilmington NC	178	00:07:09	178	00:03:43	154	00:33:32	112	00:01:26	126	00:29:07	01:14:54
149	550	F	38	Becky Jacobs	Raleigh NC	145	00:06:47	176	00:03:43	111	00:31:49	254	00:02:55	147	00:29:49	01:15:00
150	775	F	43	Laura Nichols	Goldsboro NC	89	00:05:49	121	00:03:09	113	00:31:52	218	00:02:11	188	00:32:23	01:15:22
151	588	F	51	Jennifer Ford	Wilmington NC	200	00:07:29	128	00:03:11	124	00:32:16	209	00:02:07	154	00:30:28	01:15:29
152	509	F	42	Melissa Green	Raleigh NC	125	00:06:26	122	00:03:09	206	00:36:27	91	00:01:20	110	00:28:16	01:15:37
153	687	F	34	Karina Baker	Wilmington NC	242	00:08:54	211	00:04:22	136	00:32:46	163	00:01:44	107	00:27:54	01:15:39
154	613	F	31	Stacy Goodman	Cary NC	246	00:08:58	218	00:04:30	95	00:31:07	199	00:01:58	127	00:29:12	01:15:44
155	610	F	46	Mitzie Isear	Wilmington NC	168	00:07:03	177	00:03:43	156	00:33:42	118	00:01:27	149	00:30:13	01:16:06
156	370	F	44	Anne Chamberlain	Richmond VA	176	00:07:07	255	00:05:34	151	00:33:23	241	00:02:35	100	00:27:35	01:16:12
157	156	F	40	Sally Lindsay	Charlotte NC	65	00:05:30	164	00:03:32	126	00:32:19	158	00:01:42	200	00:33:22	01:16:22
158	363	F	42	Angela Jenkins	Clayton NC	104	00:06:06	114	00:03:07	103	00:31:28	244	00:02:42	196	00:33:03	01:16:24
159	577	F	46	Jennifer Bailey	Charlotte NC	217	00:07:51	79	00:02:48	118	00:32:03	151	00:01:38	184	00:32:08	01:16:27
160	653	F	25	NF Jessica Jeppsson	Charlotte NC	219	00:07:56	89	00:02:53	164	00:34:01	210	00:02:07	144	00:29:41	01:16:36
161	734	F	42	ZF Sandy Hutchens	Wilmington NC	212	00:07:44	143	00:03:20	128	00:32:25	131	00:01:33	174	00:31:48	01:16:47
162	223	F	34	A Chrissy Coor	Wilmington NC	77	00:05:42	181	00:03:46	160	00:33:48	195	00:01:58	181	00:31:58	01:17:11
163	662	F	52	Ada Freeman	Seven Springs NC	235	00:08:36	193	00:04:01	112	00:31:50	177	00:01:49	164	00:30:58	01:17:12
164	494	F	45	Tori Williams Reid	Hillsborough NC	206	00:07:36	186	00:03:50	77	00:30:31	187	00:01:55	201	00:33:33	01:17:23
165	730	F	53	ZF Raini Kimball	Belmont NC	190	00:07:18	127	00:03:11	64	00:29:56	213	00:02:07	219	00:34:57	01:17:27
166	521	F	30	Courtney Enos	Pineville NC	181	00:07:12	180	00:03:45	169	00:34:14	205	00:02:02	161	00:30:51	01:18:02
167	668	F	44	Rebecca Squires	Southport NC	188	00:07:17	119	00:03:09	155	00:33:42	120	00:01:28	193	00:32:43	01:18:16
168	681	F	22	Olivia Snyder	Cary NC	123	00:06:25	192	00:04:01	236	00:39:41	43	00:01:06	91	00:27:15	01:18:27
169	489	F	32	Melanie Johnson	Fayetteville NC											01:18:40
170	455	F	32	Roni Shoemaker	Dunn NC	195	00:07:24	200	00:04:07	93	00:31:06	234	00:02:26	203	00:33:46	01:18:48
171	436	F	57	Eileen McConville	Hampstead NC	139	00:06:42	139	00:03:16	145	00:33:13	142	00:01:36	206	00:34:03	01:18:48
172	52	F	22	Ashley Cox	Greensboro NC	14	00:04:30	240	00:04:53	225	00:38:31	125	00:01:31	137	00:29:29	01:18:52
173	145	F	21	Emily Duesterhaus	Charlottesville VA	15	00:04:32	75	00:02:45	237	00:39:50	126	00:01:31	150	00:30:21	01:18:57
174	477	F	52	Dawn Parrish	Raleigh NC	220	00:08:04	209	00:04:14	168	00:34:07	221	00:02:13	153	00:30:28	01:19:04
175	492	F	29	Christie Tiemann	Camp Lejeune NC	166	00:07:03	165	00:03:33	222	00:38:14	202	00:02:01	111	00:28:20	01:19:10
176	323	F	28	Jessica Pipkins	Fayetteville NC	129	00:06:28	131	00:03:12	217	00:37:38	79	00:01:16	158	00:30:38	01:19:10
177	640	F	75	Sharon Roggenbuck	Hillsborough NC	236	00:08:38	51	00:02:33	115	00:31:55	162	00:01:44	215	00:34:28	01:19:15

178	607	F	44		Andrea Langley	Greensboro NC	202	00:07:31	112	00:03:06	176	00:34:30	100	00:01:23	195	00:32:52	01:19:20
179	646	F	40		Ami Tucker	Raleigh NC											01:19:21
180	590	F	39		Tina Manning	Hampstead NC	167	00:07:03	174	00:03:40	165	00:34:03	130	00:01:33	197	00:33:06	01:19:23
181	690	F	27		Jaclyn Post	Newport NC	153	00:06:55	202	00:04:09	210	00:36:46	42	00:01:06	156	00:30:34	01:19:28
182	609	F	43		Nicole Moss	Hampstead NC	209	00:07:41	108	00:03:05	171	00:34:18	240	00:02:35	177	00:31:54	01:19:31
183	351	F	52		Liz Grabosky	Raleigh NC	113	00:06:16	123	00:03:10	174	00:34:29	132	00:01:33	207	00:34:06	01:19:32
184	154	F	42	A	Maureen Curis	Wilmington NC	64	00:05:29	140	00:03:18	183	00:34:44	86	00:01:18	217	00:34:46	01:19:34
185	752	F	47	ZF	Michelle Hudy	Raleigh NC	243	00:08:55	248	00:05:16	96	00:31:09	257	00:03:12	168	00:31:10	01:19:39
186	439	F	37	A	Christine Hughes	Wilmington NC	122	00:06:25	56	00:02:36	139	00:32:55	207	00:02:04	222	00:35:43	01:19:41
187	459	F	19		Jessica Gronniger	Davidson NC	74	00:05:37	111	00:03:06	219	00:37:53	35	00:01:04	183	00:32:08	01:19:46
188	641	F	18		Victoria Jarman	Surf City NC	189	00:07:18	175	00:03:42	200	00:35:53	212	00:02:07	170	00:31:15	01:20:13
189	404	F	43		Tracey Wingold	Richmond VA	151	00:06:52	203	00:04:10	205	00:36:25	214	00:02:09	159	00:30:39	01:20:14
190	197	F	30		Lauren Stephenson	Wilmington NC	42	00:05:07	103	00:03:00	203	00:36:19	168	00:01:46	209	00:34:07	01:20:18
191	744	F	27	NF	Ashley Weidner	Charlotte NC	158	00:06:59	173	00:03:39	198	00:35:38	87	00:01:19	194	00:32:46	01:20:20
192	711	F	27	NF	Gabriella Remington	Raleigh NC	37	00:05:04	206	00:04:12	247	00:40:53	39	00:01:06	134	00:29:19	01:20:31
193	667	F	53		Kathi Stronsky	North Huntingdon PA	233	00:08:35	223	00:04:33	207	00:36:31	231	00:02:21	116	00:28:37	01:20:34
194	768	F	44	ZF	Valerie Brown	West End NC	252	00:09:49	207	00:04:12	148	00:33:16	255	00:02:56	157	00:30:37	01:20:49
195	625	F	37		Melissa Powell	Richmond VA	247	00:08:59	219	00:04:30	223	00:38:24	228	00:02:19	83	00:26:44	01:20:54
196	441	F	57		Kathy Medlin	Jamestown NC	155	00:06:56	153	00:03:25	175	00:34:30	172	00:01:48	212	00:34:19	01:20:57
197	582	F	43		Anne Egger	Wilmington NC	205	00:07:35	215	00:04:26	188	00:35:04	237	00:02:33	173	00:31:31	01:21:08
198	485	F	48		Barbara Desmone	Emerald Isle NC	154	00:06:56	241	00:04:56	152	00:33:29	144	00:01:36	213	00:34:20	01:21:16
199	531	F	20		Becca Young	Wilmington NC	43	00:05:09	251	00:05:31	214	00:37:21	129	00:01:32	185	00:32:17	01:21:49
200	242	F	33		Kat Bukowy	Wendell NC	71	00:05:32	138	00:03:16	122	00:32:08	239	00:02:33	231	00:38:23	01:21:50
201	269	F	37		Jennifer Simmons	Raleigh NC	52	00:05:19	134	00:03:13	235	00:39:41	110	00:01:25	187	00:32:21	01:21:56
202	49	F	44		Sonya Covington	Greensboro NC	45	00:05:12	195	00:04:05	226	00:38:35	226	00:02:17	179	00:31:56	01:22:03
203	695	F	45		Mary F. Stoker	Oak Island NC	250	00:09:33	208	00:04:13	197	00:35:37	137	00:01:34	178	00:31:56	01:22:50
204	612	F	33		Lindsey Reiner	Wilmington NC	193	00:07:23	224	00:04:33	195	00:35:33	184	00:01:53	211	00:34:12	01:23:32
205	402	F	46		Sonni Gittelman	Richmond VA	174	00:07:06	262	00:06:15	201	00:35:58	243	00:02:41	191	00:32:36	01:24:33
206	748	F	36	NF	Brook Cole	Rocky Point NC	194	00:07:23									01:24:45
207	628	F	49		Stephanie Holt	Wilmington NC	263	00:11:56	226	00:04:37	127	00:32:24	260	00:03:17	192	00:32:36	01:24:48
208	600	F	41		Kirsten Vroman	Richmond VA	237	00:08:41	194	00:04:03	196	00:35:34	247	00:02:46	204	00:33:49	01:24:51

209	444	F	45		Leigh Moore	Wilmington NC	111	00:06:14	231	00:04:42	179	00:34:40	262	00:03:27	224	00:35:53	01:24:54
210	599	F	42		Chrystie Varn	Richmond VA	253	00:10:09	197	00:04:06	216	00:37:32	230	00:02:20	166	00:31:01	01:25:06
211	456	F	62		Jenny Azzarello	Raleigh NC	162	00:07:00	249	00:05:21	186	00:34:54	217	00:02:11	227	00:36:09	01:25:33
212	603	F	38		Kara Collins	Raleigh NC	130	00:06:29	182	00:03:48	228	00:38:40	242	00:02:39	210	00:34:08	01:25:41
213	58	F	54		Liz Joseph	Smithfield VA	27	00:04:54	258	00:05:52	211	00:36:52	179	00:01:49	228	00:36:17	01:25:43
214	604	F	46		Amy Puthenveetil	Raleigh NC	213	00:07:48	37	00:02:20	130	00:32:28	78	00:01:15	248	00:41:59	01:25:49
215	680	F	30		Catherine Crews	Oak Island NC	210	00:07:43	204	00:04:11	248	00:41:00	146	00:01:37	172	00:31:29	01:25:57
216	511	F	44		Leslie Haney	Holly Springs NC	112	00:06:16	238	00:04:50	238	00:40:00	156	00:01:41	198	00:33:20	01:26:06
217	537	F	19		Emerald Ray	Hildebran NC	141	00:06:46	261	00:06:06	194	00:35:33	189	00:01:55	223	00:35:49	01:26:07
218	666	F	26		Sabrina Stronsky	Frederick MD	207	00:07:37	257	00:05:49	232	00:39:33	153	00:01:40	176	00:31:53	01:26:30
219	654	F	47	A	Denise Sanfilippo	Wilmington NC	208	00:07:40	106	00:03:04	149	00:33:19	196	00:01:58	242	00:40:51	01:26:50
220	772	F	48	ZF	Sherry Pridgen	Beaufort NC	260	00:11:05	158	00:03:30	204	00:36:21	206	00:02:04	205	00:33:58	01:26:55
221	561	F	29		Amanda Thornhill	Arlington VA	117	00:06:20	243	00:04:59	212	00:36:54	258	00:03:12	221	00:35:36	01:26:59
222	585	F	43		Deena Sinclair	Wilmington NC	231	00:08:29	247	00:05:15	234	00:39:35	145	00:01:37	186	00:32:18	01:27:12
223	663	F	42		Diane Castro-Perez	Maple Hill NC	256	00:10:22	250	00:05:22	189	00:35:05	183	00:01:53	216	00:34:35	01:27:15
224	766	F	50	ZF	Beverly Vann	Wilmington NC	245	00:08:57	124	00:03:10	180	00:34:41	53	00:01:09	237	00:39:23	01:27:17
225	605	F	41		Cj Tabor	Raleigh NC	179	00:07:10	132	00:03:12	230	00:39:22	133	00:01:33	226	00:36:05	01:27:22
226	598	F	10		Noelle Roberson	Clayton NC	183	00:07:13	110	00:03:05	255	00:44:11	55	00:01:09	175	00:31:51	01:27:28
227	783	F	18		Brooke Neal	Goldsboro NC	238	00:08:45	210	00:04:22	221	00:38:10	216	00:02:10	214	00:34:25	01:27:50
228	574	F	49		Leanne Jones	Efland NC	215	00:07:50	57	00:02:37	254	00:43:15	15	00:00:56	199	00:33:22	01:27:58
229	519	F	48		Teri Wray	Wake Forest NC	255	00:10:15	234	00:04:42	213	00:37:20	203	00:02:01	202	00:33:44	01:28:01
230	767	F	34	NF	Karolee Myers	Goldsboro NC	241	00:08:51	232	00:04:42	241	00:40:15	220	00:02:12	189	00:32:29	01:28:27
231	769	F	38	NF	Wendy Adkins	Hampstead NC	259	00:10:58	40	00:02:25	229	00:38:47	99	00:01:22	220	00:35:05	01:28:35
232	525	F	44		Chiaki Ito	Wilmington NC	180	00:07:12	146	00:03:22	166	00:34:04	166	00:01:45	250	00:42:22	01:28:42
233	762	F	39	NF	Traci Kipp	Raleigh NC	224	00:08:20	172	00:03:39	199	00:35:52	208	00:02:04	232	00:38:51	01:28:44
234	724	F	44	ZF	Stacey Psikula	Wilmington NC	114	00:06:18	217	00:04:29	178	00:34:34	219	00:02:11	246	00:41:46	01:29:16
235	419	F	49		Gina Burnett	Fayetteville NC	229	00:08:26	246	00:05:11	239	00:40:02	200	00:01:58	208	00:34:07	01:29:42
236	484	F	46		Birgit Arb	Leland NC	204	00:07:35	213	00:04:24	184	00:34:44	263	00:03:53	238	00:39:35	01:30:09
237	586	F	65		Aileen Smith	Lexington NC	216	00:07:51	183	00:03:49	208	00:36:41	259	00:03:15	236	00:39:13	01:30:47
238	661	F	48	A	Dawn Hamel	Apex NC	240	00:08:48	179	00:03:44	191	00:35:18	178	00:01:49	247	00:41:53	01:31:31
239	595	F	34		Ashleigh Levesque	Charlotte NC	160	00:06:59	237	00:04:48	224	00:38:30	235	00:02:28	234	00:38:59	01:31:42

240	302	F	56		Andrea Anderson	Wilmington NC	60	00:05:28	201	00:04:08	233	00:39:34	128	00:01:31	245	00:41:16	01:31:56	
241	393	F	11		Sadie Page	Wilson NC											01:32:51	
242	779	F	43		Barbara Buntyn	Bolivia NC	163	00:07:00	253	00:05:33	227	00:38:38	194	00:01:58	239	00:39:49	01:32:56	
243	735	F	33	NF	Jessica Salter	Hampstead NC	165	00:07:01	216	00:04:26	249	00:41:06	75	00:01:14	240	00:39:50	01:33:35	
244	617	F	60		Laura Walls	Black Mountain NC	232	00:08:30	166	00:03:34	202	00:36:10	253	00:02:55	253	00:42:30	01:33:37	
245	677	F	34		Allison Andrews	Black Mountain NC	262	00:11:46	167	00:03:35	215	00:37:30	37	00:01:04	241	00:40:44	01:34:37	
246	703	F	48		Jill Allman	Leland NC	261	00:11:13	233	00:04:42	153	00:33:30	251	00:02:52	254	00:42:43	01:34:58	
247	657	F	60		Anne Shamp	Hampstead NC	234	00:08:35	212	00:04:23	244	00:40:24	246	00:02:45	235	00:39:08	01:35:14	
248	596	F	39		Marsha Higgins	Winston Salem NC	228	00:08:25	221	00:04:32	190	00:35:13	256	00:03:01	257	00:45:44	01:36:53	
249	597	F	10		Meredith Roberson	Clayton NC	197	00:07:27	190	00:03:57	260	00:47:06	19	00:00:57	229	00:37:30	01:36:56	
250	765	F	58	ZF	Jody Susong	Jamestown NC	249	00:09:28	198	00:04:07	242	00:40:16	192	00:01:56	252	00:42:22	01:38:07	
251	422	F	14		Gracie Hutchens	Wilmington NC	127	00:06:27	242	00:04:59	259	00:46:42	248	00:02:46	230	00:38:18	01:39:09	
252	548	F	64		Sandy Gallagher	Wilmington NC	214	00:07:50	263	00:06:38	231	00:39:24	261	00:03:19	249	00:42:07	01:39:16	
253	760	F	60	ZF	Janis Beshears	Jamestown NC	248	00:09:25	244	00:05:07	245	00:40:30	204	00:02:01	251	00:42:22	01:39:23	
254	759	F	43	ZF	Nancy Johnson	Leland NC	257	00:10:33	220	00:04:31	218	00:37:52	135	00:01:34	256	00:44:59	01:39:27	
255	320	F	44		Wendy Harper	Winston-Salem NC	191	00:07:18	185	00:03:50	261	00:49:50	95	00:01:21	225	00:36:04	00:02:00	01:40:22
256	750	F	31	NF	Cortlyn McElhone	Hampstead NC	239	00:08:46	260	00:05:59	257	00:44:48	232	00:02:25	233	00:38:57	01:40:53	
257	508	F	41		Rachelle Geach	Wilmington NC	258	00:10:43	254	00:05:34	253	00:43:02	114	00:01:27	243	00:40:57	01:41:40	
258	749	F	28	NF	Stacie Lowe	Raleigh NC	254	00:10:09	229	00:04:39	246	00:40:41	147	00:01:38	259	00:46:21	01:43:27	
259	556	F	43		Kimberly Restivo	Wilmington NC	203	00:07:33	235	00:04:43	240	00:40:03	238	00:02:33	263	00:49:09	01:43:59	
260	747	F	46	ZF	Lindley Myers	Oak Island NC	225	00:08:23	239	00:04:51	258	00:45:31	211	00:02:07	255	00:43:18	01:44:09	
261	741	F	31	NF	Beth Ray	Raleigh NC	227	00:08:25	225	00:04:34	251	00:42:28	127	00:01:31	261	00:47:49	01:44:45	
262	753	F	50	ZF	Karla Tucker	Hampstead NC	199	00:07:29	259	00:05:55	250	00:41:25	227	00:02:17	262	00:48:23	01:45:28	
263	704	F	42		Julie Slye	Goldsboro NC	266	00:31:08	227	00:04:37	243	00:40:16	223	00:02:15	190	00:32:34	01:50:47	
264	684	F	57		Colleen Welsh-Allen	Cary NC	265	00:21:23	245	00:05:10	252	00:43:01	252	00:02:53	244	00:41:06	01:53:31	
265	692	F	52	A	Ivie Shirlen	Winston-Salem NC	264	00:13:19	264	00:07:07	256	00:44:43	264	00:05:21	258	00:45:52	01:56:20	
266	94	F	17		Clotilde Druhen	Wilmington NC	124	00:06:26	142	00:03:18	264	01:10:44	188	00:01:55	218	00:34:53	01:57:15	
267	447	F	35		Jocelyn Friedman	Durham NC	222	00:08:07	230	00:04:40	263	00:56:52	185	00:01:53	260	00:46:32	01:58:01	
268	307	F	30	A	Laura Bradbury	Garner NC	75	00:05:39	256	00:05:41	262	00:54:17	64	00:01:12	264	00:55:26	02:02:13	

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