

# Ramblin Rose Winston-Salem 2017 - Overall Individual Results

\*\* Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.

| Place | Bib | Age | Co | NAME                 | CITY/STATE       | Rank | SWIM     | Rank | T1       | Rank | BIKE     | Rank | T2       | Rank | RUN      | PENALTY | TIME     | DQ |
|-------|-----|-----|----|----------------------|------------------|------|----------|------|----------|------|----------|------|----------|------|----------|---------|----------|----|
| 1     | 73  | 12  |    | JET FRANCIS          | MATTHEWS NC      | 5    | 00:03:32 | 1    | 00:00:22 | 2    | 00:23:29 | 3    | 00:00:25 | 3    | 00:13:24 |         | 00:41:11 |    |
| 2     | 225 | 44  |    | KELLY ALLEY          | GREENSBORO NC    | 35   | 00:04:32 | 55   | 00:01:21 | 6    | 00:25:32 | 130  | 00:01:09 | 1    | 00:13:10 |         | 00:45:41 |    |
| 3     | 205 | 44  |    | HOPE ANN WALSH       | WINSTON SALEM NC | 62   | 00:05:06 | 2    | 00:00:35 | 1    | 00:23:13 | 42   | 00:00:45 | 22   | 00:17:16 |         | 00:46:54 |    |
| 4     | 232 | 31  |    | JANA VILLANUEVA      | WINSTON SALEM NC | 46   | 00:04:49 | 10   | 00:00:55 | 5    | 00:25:32 | 16   | 00:00:34 | 7    | 00:15:13 |         | 00:47:01 |    |
| 5     | 115 | 52  |    | ROSA ALONSO-MCKENZIE | OAK RIDGE NC     | 75   | 00:05:16 | 8    | 00:00:50 | 9    | 00:26:02 | 78   | 00:00:54 | 6    | 00:15:00 |         | 00:48:01 |    |
| 6     | 140 | 24  |    | ALLIE JACOBIOUS      | PFAFFTOWN NC     | 17   | 00:04:04 | 26   | 00:01:05 | 12   | 00:26:48 | 27   | 00:00:39 | 9    | 00:15:27 |         | 00:48:02 |    |
| 7     | 248 | 47  |    | ZUZANA BANAS         | MOUNT AIRY NC    | 25   | 00:04:20 | 23   | 00:01:01 | 13   | 00:27:04 | 40   | 00:00:45 | 12   | 00:16:08 |         | 00:49:16 |    |
| 8     | 6   | 28  |    | CHANDLER THOMPSON    | GREENSBORO NC    | 45   | 00:04:47 | 28   | 00:01:10 | 10   | 00:26:31 | 92   | 00:00:57 | 13   | 00:16:14 |         | 00:49:37 |    |
| 9     | 199 | 34  |    | BRELAND JOINES       | WINSTON SALEM NC | 61   | 00:05:05 | 17   | 00:00:58 | 7    | 00:25:55 | 35   | 00:00:43 | 17   | 00:17:00 |         | 00:49:39 |    |
| 10    | 99  | 45  |    | MELISSA ROBERTS      | OAK RIDGE NC     | 81   | 00:05:20 | 20   | 00:01:00 | 8    | 00:26:02 | 34   | 00:00:42 | 16   | 00:16:38 |         | 00:49:40 |    |
| 11    | 52  | 23  |    | ERIKA ROE            | WINSTON SALEM NC | 120  | 00:05:58 | 59   | 00:01:22 | 14   | 00:27:29 | 113  | 00:01:04 | 8    | 00:15:18 |         | 00:51:09 |    |
| 12    | 136 | 38  |    | SUMMER RILEY         | WINSTON SALEM NC | 42   | 00:04:45 | 54   | 00:01:20 | 16   | 00:28:17 | 5    | 00:00:27 | 15   | 00:16:34 |         | 00:51:21 |    |
| 13    | 287 | 28  |    | MAUREEN KOEGEL       | WINSTON-SALEM NC | 26   | 00:04:20 | 14   | 00:00:57 | 29   | 00:30:22 | 62   | 00:00:50 | 5    | 00:14:57 |         | 00:51:25 |    |
| 14    | 196 | 44  |    | CHRISTINE CAMPBELL   | WINSTON SALEM NC | 18   | 00:04:07 | 7    | 00:00:48 | 11   | 00:26:44 | 162  | 00:01:26 | 34   | 00:18:33 |         | 00:51:36 |    |
| 15    | 23  | 32  |    | VANESSA VILA         | KERNERSVILLE NC  | 23   | 00:04:18 | 18   | 00:01:00 | 21   | 00:28:53 | 7    | 00:00:28 | 21   | 00:17:12 |         | 00:51:50 |    |
| 16    | 280 | 34  |    | LINDSAY MEDALONI     | GREENSBORO NC    | 15   | 00:04:00 | 58   | 00:01:22 | 42   | 00:31:20 | 49   | 00:00:47 | 10   | 00:15:56 |         | 00:53:23 |    |
| 17    | 219 | 40  |    | TAMMIE GOODWIN       | HICKORY NC       | 52   | 00:04:59 | 27   | 00:01:08 | 23   | 00:29:14 | 189  | 00:01:39 | 14   | 00:16:31 |         | 00:53:28 |    |
| 18    | 275 | 33  |    | BETHANY REAVIS       | CLEMMONS NC      | 51   | 00:04:57 | 21   | 00:01:00 | 55   | 00:32:14 | 39   | 00:00:44 | 4    | 00:14:36 |         | 00:53:29 |    |
| 19    | 269 | 36  |    | ERIN GREGORY         | PFAFFTOWN NC     | 54   | 00:04:59 | 16   | 00:00:58 | 27   | 00:29:55 | 38   | 00:00:43 | 20   | 00:17:11 |         | 00:53:44 |    |
| 20    | 34  | 39  |    | JULIE KERTH          | CLEMMONS NC      | 55   | 00:05:01 | 79   | 00:01:35 | 20   | 00:28:42 | 151  | 00:01:19 | 30   | 00:18:16 |         | 00:54:50 |    |
| 21    | 90  | 17  |    | CAMI SIMPSON         | CHAPEL HILL NC   | 70   | 00:05:10 | 57   | 00:01:22 | 38   | 00:31:00 | 26   | 00:00:39 | 19   | 00:17:04 |         | 00:55:14 |    |
| 22    | 5   | 14  |    | SAMANTHA FLORACK     | DURHAM NC        | 79   | 00:05:19 | 25   | 00:01:03 | 31   | 00:30:36 | 1    | 00:00:20 | 29   | 00:18:05 |         | 00:55:21 |    |
| 23    | 68  | 47  |    | CYNTHIA PACCHIANA    | CHAPEL HILL NC   | 39   | 00:04:37 | 136  | 00:02:05 | 53   | 00:32:07 | 128  | 00:01:09 | 11   | 00:16:03 |         | 00:55:59 |    |
| 24    | 59  | 14  |    | PATRICE HINKSON      | HUNTERSVILLE NC  | 6    | 00:03:32 | 24   | 00:01:03 | 17   | 00:28:28 | 11   | 00:00:31 | 111  | 00:22:47 |         | 00:56:19 |    |
| 25    | 142 | 46  |    | ELIZABETH SEYMOUR    | LEXINGTON NC     | 102  | 00:05:43 | 15   | 00:00:57 | 34   | 00:30:41 | 18   | 00:00:35 | 33   | 00:18:31 |         | 00:56:26 |    |
| 26    | 15  | 40  |    | ZOE LEE              | WINSTON SALEM NC | 8    | 00:03:39 | 60   | 00:01:23 | 45   | 00:31:22 | 149  | 00:01:18 | 37   | 00:18:51 |         | 00:56:32 |    |

|    |     |    |                      |                  |     |          |     |          |     |          |     |          |     |          |          |
|----|-----|----|----------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 27 | 283 | 51 | JULIE BELL           | WINSTON-SALEM NC | 9   | 00:03:44 | 39  | 00:01:13 | 25  | 00:29:41 | 86  | 00:00:56 | 76  | 00:21:11 | 00:56:43 |
| 28 | 247 | 13 | ANNA BANAS           | MOUNT AIRY NC    | 3   | 00:03:07 | 9   | 00:00:53 | 15  | 00:28:12 | 4   | 00:00:27 | 138 | 00:24:16 | 00:56:53 |
| 29 | 3   | 43 | LISA FLORACK         | DURHAM NC        | 142 | 00:06:27 | 56  | 00:01:21 | 26  | 00:29:48 | 9   | 00:00:30 | 46  | 00:19:27 | 00:57:32 |
| 30 | 273 | 23 | LAUREN KENT          | WINSTON SALEM NC | 58  | 00:05:04 | 91  | 00:01:42 | 64  | 00:33:12 | 17  | 00:00:34 | 18  | 00:17:03 | 00:57:33 |
| 31 | 45  | 39 | TIFFANY ROSE         | PFAFFTOWN NC     | 171 | 00:06:54 | 160 | 00:02:20 | 28  | 00:30:13 | 97  | 00:00:58 | 28  | 00:18:05 | 00:58:29 |
| 32 | 259 | 15 | EMILY VROOM          | KERNERSVILLE NC  | 83  | 00:05:22 | 85  | 00:01:38 | 43  | 00:31:21 | 20  | 00:00:37 | 51  | 00:19:47 | 00:58:43 |
| 33 | 201 | 25 | LETHA LINEBERRY      | KING NC          | 11  | 00:03:52 | 145 | 00:02:11 | 69  | 00:33:45 | 2   | 00:00:25 | 35  | 00:18:33 | 00:58:44 |
| 34 | 218 | 20 | MEGAN GRIGSBY        | CLEMMONS NC      | 37  | 00:04:33 | 81  | 00:01:36 | 60  | 00:32:40 | 77  | 00:00:54 | 41  | 00:19:12 | 00:58:53 |
| 35 | 75  | 12 | ELENA SHELTON-KRIPPA | SANFORD NC       | 1   | 00:03:04 | 5   | 00:00:44 | 78  | 00:34:46 | 60  | 00:00:49 | 49  | 00:19:39 | 00:59:00 |
| 36 | 71  | 42 | ALISON GARDNER       | WINSTON SALEM NC | 16  | 00:04:00 | 95  | 00:01:43 | 48  | 00:31:36 | 95  | 00:00:57 | 68  | 00:20:47 | 00:59:01 |
| 37 | 13  | 34 | EMILY ACKLEY         | MURFREESBORO TN  | 13  | 00:03:58 | 36  | 00:01:13 | 30  | 00:30:30 | 50  | 00:00:47 | 107 | 00:22:35 | 00:59:02 |
| 38 | 67  | 17 | AVA PACCHIANA        | CHAPEL HILL NC   | 12  | 00:03:53 | 87  | 00:01:40 | 56  | 00:32:18 | 23  | 00:00:38 | 72  | 00:20:58 | 00:59:25 |
| 39 | 272 | 60 | TERRIE ROBINSON      | LEWISVILLE NC    | 60  | 00:05:04 | 129 | 00:02:00 | 36  | 00:30:58 | 155 | 00:01:22 | 60  | 00:20:22 | 00:59:43 |
| 40 | 251 | 33 | SARAH LAIRD          | GREENSBORO NC    | 179 | 00:07:04 | 207 | 00:03:03 | 33  | 00:30:38 | 132 | 00:01:10 | 25  | 00:17:53 | 00:59:47 |
| 41 | 91  | 55 | SOPHIA SIMPSON       | CHAPEL HILL NC   | 198 | 00:07:36 | 77  | 00:01:33 | 51  | 00:31:48 | 12  | 00:00:32 | 32  | 00:18:26 | 00:59:53 |
| 42 | 109 | 27 | REGAN ABELE          | LEXINGTON NC     | 28  | 00:04:22 | 123 | 00:01:56 | 58  | 00:32:32 | 48  | 00:00:47 | 59  | 00:20:21 | 00:59:56 |
| 43 | 103 | 45 | JENNIFER FORREST     | LEXINGTON NC     | 131 | 00:06:09 | 147 | 00:02:14 | 32  | 00:30:38 | 186 | 00:01:37 | 45  | 00:19:25 | 01:00:01 |
| 44 | 116 | 31 | SUSAN HONEYCUTT      | GREENSBORO NC    | 10  | 00:03:49 | 109 | 00:01:50 | 77  | 00:34:36 | 45  | 00:00:46 | 39  | 00:19:05 | 01:00:04 |
| 45 | 217 | 30 | LAUREN WHITE DAVIS   | WINSTON SALEM NC | 48  | 00:04:52 | 48  | 00:01:18 | 103 | 00:35:56 | 52  | 00:00:47 | 23  | 00:17:22 | 01:00:14 |
| 46 | 14  | 44 | STACEY BRICKELL      | MOUNT AIRY NC    | 59  | 00:05:04 | 78  | 00:01:34 | 49  | 00:31:47 | 120 | 00:01:06 | 66  | 00:20:45 | 01:00:16 |
| 47 | 132 | 51 | CELESTE SMITH        | CHARLOTTE NC     | 69  | 00:05:10 | 80  | 00:01:36 | 37  | 00:31:00 | 206 | 00:01:50 | 64  | 00:20:44 | 01:00:19 |
| 48 | 92  | 21 | SABRINA SIMPSON      | CHAPEL HILL NC   | 30  | 00:04:23 | 135 | 00:02:03 | 75  | 00:34:27 | 8   | 00:00:29 | 42  | 00:19:17 | 01:00:37 |
| 49 | 118 | 25 | SHELBY POTTER        | RALEIGH NC       | 192 | 00:07:28 | 143 | 00:02:10 | 50  | 00:31:48 | 22  | 00:00:38 | 38  | 00:19:04 | 01:01:05 |
| 50 | 173 | 21 | RACHEL HARRISON      | WINSTON SALEM NC | 27  | 00:04:21 | 3   | 00:00:37 | 67  | 00:33:37 | 67  | 00:00:51 | 82  | 00:21:47 | 01:01:10 |
| 51 | 285 | 37 | RITU HAGAN           | WINSTON-SALEM NC | 104 | 00:05:43 | 32  | 00:01:11 | 66  | 00:33:27 | 57  | 00:00:48 | 57  | 00:20:12 | 01:01:20 |
| 52 | 241 | 20 | TORI SPONG           | LEWISVILLE NC    | 88  | 00:05:29 | 158 | 00:02:19 | 74  | 00:34:16 | 29  | 00:00:40 | 36  | 00:18:41 | 01:01:23 |
| 53 | 40  | 39 | SUZY JOHNSON         | CLEMMONS NC      | 178 | 00:07:04 | 231 | 00:03:44 | 46  | 00:31:23 | 182 | 00:01:35 | 24  | 00:17:48 | 01:01:32 |
| 54 | 104 | 51 | IRMA ALARCON         | WINSTON SALEM NC | 36  | 00:04:32 | 163 | 00:02:21 | 82  | 00:35:05 | 154 | 00:01:21 | 31  | 00:18:22 | 01:01:40 |
| 55 | 17  | 40 | LAUREN HERRING       | CARY NC          | 56  | 00:05:01 | 173 | 00:02:27 | 47  | 00:31:24 | 209 | 00:01:57 | 80  | 00:21:26 | 01:02:13 |
| 56 | 227 | 23 | ELIZABETH PENLEY     | NEWPORT NC       | 138 | 00:06:22 | 104 | 00:01:48 | 73  | 00:34:10 | 212 | 00:02:02 | 27  | 00:18:01 | 01:02:22 |

|    |     |    |                    |                  |     |          |     |          |     |          |     |          |     |          |          |
|----|-----|----|--------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 57 | 58  | 38 | ELIZABETH LAWSON   | WINSTON SALEM NC | 33  | 00:04:31 | 74  | 00:01:32 | 65  | 00:33:19 | 37  | 00:00:43 | 100 | 00:22:22 | 01:02:27 |
| 58 | 137 | 13 | HANNAH RILEY       | WINSTON SALEM NC | 19  | 00:04:08 | 4   | 00:00:41 | 127 | 00:37:31 | 14  | 00:00:33 | 48  | 00:19:39 | 01:02:29 |
| 59 | 258 | 26 | BRITTANY CALDWELL  | CHARLOTTE NC     | 43  | 00:04:47 | 33  | 00:01:11 | 52  | 00:32:03 | 141 | 00:01:15 | 124 | 00:23:24 | 01:02:39 |
| 60 | 69  | 54 | TAMI DURHAM        | GREENSBORO NC    | 149 | 00:06:35 | 125 | 00:01:57 | 22  | 00:29:12 | 231 | 00:02:23 | 110 | 00:22:42 | 01:02:47 |
| 61 | 284 | 31 | MARY GARLAND       | WINSTON-SALEM NC | 7   | 00:03:36 | 137 | 00:02:06 | 143 | 00:38:43 | 28  | 00:00:40 | 26  | 00:18:00 | 01:03:03 |
| 62 | 213 | 20 | LEEDEN RUKSTALIS   | WINSTON SALEM NC | 4   | 00:03:29 | 6   | 00:00:46 | 109 | 00:36:18 | 69  | 00:00:51 | 87  | 00:21:50 | 01:03:12 |
| 63 | 82  | 66 | SUE BOSKATMURRAY   | WALKERTOWN NC    | 99  | 00:05:39 | 12  | 00:00:57 | 54  | 00:32:09 | 158 | 00:01:23 | 122 | 00:23:19 | 01:03:26 |
| 64 | 279 | 31 | CHRISTEN SEGUIN    | WINSTON SALEM NC | 118 | 00:05:55 | 113 | 00:01:53 | 71  | 00:33:55 | 47  | 00:00:47 | 75  | 00:21:09 | 01:03:37 |
| 65 | 56  | 32 | ELIZABETH KRUG     | WINSTON SALEM NC | 31  | 00:04:29 | 22  | 00:01:01 | 94  | 00:35:29 | 107 | 00:01:02 | 90  | 00:21:58 | 01:03:56 |
| 66 | 230 | 53 | MADELINE CAMPBELL  | PFAFFTOWN NC     | 96  | 00:05:37 | 188 | 00:02:41 | 68  | 00:33:41 | 196 | 00:01:44 | 61  | 00:20:26 | 01:04:08 |
| 67 | 77  | 51 | RENEE HARGROVE     | WINSTON SALEM NC | 160 | 00:06:44 | 50  | 00:01:19 | 90  | 00:35:23 | 118 | 00:01:06 | 52  | 00:19:51 | 01:04:21 |
| 68 | 263 | 47 | STEPHANIE PARKER   | WINSTON SALEM NC | 115 | 00:05:52 | 127 | 00:01:59 | 63  | 00:33:03 | 215 | 00:02:06 | 89  | 00:21:53 | 01:04:51 |
| 69 | 98  | 55 | TAMMY KOWALCZYK    | BOONE NC         | 180 | 00:07:05 | 197 | 00:02:54 | 40  | 00:31:09 | 248 | 00:03:40 | 58  | 00:20:14 | 01:05:00 |
| 70 | 9   | 35 | CARISSA HANSON     | WINSTON SALEM NC | 184 | 00:07:13 | 52  | 00:01:20 | 93  | 00:35:28 | 88  | 00:00:56 | 56  | 00:20:06 | 01:05:02 |
| 71 | 178 | 67 | ETHLYN CSONTOS     | GERMANTON NC     | 140 | 00:06:25 | 40  | 00:01:13 | 101 | 00:35:50 | 84  | 00:00:55 | 67  | 00:20:46 | 01:05:08 |
| 72 | 245 | 43 | JOYNEL BURGESS     | WINSTON SALEM NC | 125 | 00:06:02 | 76  | 00:01:33 | 24  | 00:29:40 | 124 | 00:01:08 | 184 | 00:26:50 | 01:05:12 |
| 73 | 209 | 41 | KIM STULL          | WINSTON SALEM NC | 137 | 00:06:22 | 84  | 00:01:38 | 62  | 00:32:59 | 200 | 00:01:45 | 104 | 00:22:31 | 01:05:13 |
| 74 | 168 | 41 | MITZI GREER        | WINSTON SALEM NC | 67  | 00:05:10 | 73  | 00:01:32 | 57  | 00:32:20 | 64  | 00:00:50 | 165 | 00:25:35 | 01:05:25 |
| 75 | 93  | 24 | MARY ADKINS        | HIGH POINT NC    | 84  | 00:05:26 | 216 | 00:03:08 | 87  | 00:35:16 | 150 | 00:01:18 | 62  | 00:20:30 | 01:05:36 |
| 76 | 43  | 53 | AMY STINSON        | EAST BEND NC     | 155 | 00:06:41 | 47  | 00:01:17 | 70  | 00:33:48 | 105 | 00:01:01 | 116 | 00:22:56 | 01:05:41 |
| 77 | 200 | 63 | SUSAN SEVIN        | WINSTON SALEM NC | 97  | 00:05:38 | 134 | 00:02:03 | 118 | 00:36:45 | 143 | 00:01:16 | 54  | 00:20:02 | 01:05:41 |
| 78 | 46  | 25 | HANNAH CASTELLANOS | TOBACCOVILLE NC  | 20  | 00:04:16 | 11  | 00:00:57 | 124 | 00:37:22 | 21  | 00:00:37 | 108 | 00:22:37 | 01:05:48 |
| 79 | 190 | 49 | KAREN ROGERS       | GERMANTON NC     | 77  | 00:05:19 | 116 | 00:01:54 | 72  | 00:34:06 | 218 | 00:02:06 | 103 | 00:22:27 | 01:05:50 |
| 80 | 127 | 40 | AMANDA WHICKER     | KERNERSVILLE NC  | 85  | 00:05:27 | 13  | 00:00:57 | 83  | 00:35:11 | 10  | 00:00:30 | 132 | 00:23:46 | 01:05:50 |
| 81 | 125 | 47 | LESLIE GILLIN      | BOONE NC         | 92  | 00:05:36 | 86  | 00:01:40 | 79  | 00:34:47 | 160 | 00:01:25 | 113 | 00:22:52 | 01:06:18 |
| 82 | 131 | 33 | LAURA HAFNER       | KERNERSVILLE NC  | 108 | 00:05:46 | 72  | 00:01:32 | 97  | 00:35:37 | 211 | 00:02:02 | 79  | 00:21:25 | 01:06:20 |
| 83 | 41  | 56 | TRISHA MONROE      | CLEMMONS NC      | 93  | 00:05:36 | 41  | 00:01:14 | 41  | 00:31:12 | 185 | 00:01:37 | 188 | 00:27:11 | 01:06:48 |
| 84 | 231 | 31 | JENNIFER HADDEN    | EVANS GA         | 2   | 00:03:06 | 130 | 00:02:00 | 100 | 00:35:47 | 164 | 00:01:27 | 148 | 00:24:36 | 01:06:53 |
| 85 | 228 | 35 | NATALIE SEVIN      | WINSTON SALEM NC | 22  | 00:04:17 | 19  | 00:01:00 | 136 | 00:38:23 | 173 | 00:01:30 | 83  | 00:21:47 | 01:06:55 |
| 86 | 265 | 28 | DEEPTHI MENON      | WINSTON SALEM NC | 228 | 00:08:40 | 183 | 00:02:36 | 39  | 00:31:06 | 236 | 00:02:38 | 91  | 00:22:01 | 01:06:59 |
| 87 | 292 | 49 | BARBARA BROTHERS   | MORRISVILLE NC   | 66  | 00:05:09 | 67  | 00:01:29 | 59  | 00:32:40 | 210 | 00:01:57 | 169 | 00:25:47 | 01:07:00 |

|     |     |    |                     |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|----|---------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 88  | 242 | 50 | TRACY CURIAZZA      | GIBSONVILLE NC   | 166 | 00:06:49 | 189 | 00:02:41 | 105 | 00:36:00 | 213 | 00:02:02 | 47  | 00:19:37 | 01:07:08 |
| 89  | 234 | 62 | HOLLY TATE          | WINSTON SALEM NC | 193 | 00:07:29 | 182 | 00:02:35 | 61  | 00:32:44 | 226 | 00:02:19 | 92  | 00:22:05 | 01:07:10 |
| 90  | 204 | 43 | LOUISA NEWMAN       | GREENSBORO NC    | 214 | 00:08:06 | 181 | 00:02:34 | 44  | 00:31:21 | 228 | 00:02:21 | 117 | 00:22:57 | 01:07:15 |
| 91  | 255 | 12 | JESSA PACHOLKE      | LEWISVILLE NC    | 90  | 00:05:34 | 153 | 00:02:16 | 121 | 00:37:06 | 123 | 00:01:07 | 77  | 00:21:14 | 01:07:16 |
| 92  | 20  | 38 | VALERIE MURPHY      | CLEMMONS NC      | 141 | 00:06:26 | 167 | 00:02:23 | 131 | 00:38:03 | 144 | 00:01:16 | 44  | 00:19:21 | 01:07:27 |
| 93  | 235 | 39 | AMANDA WALTERS      | HICKORY NC       | 40  | 00:04:40 | 69  | 00:01:30 | 89  | 00:35:20 | 136 | 00:01:12 | 154 | 00:24:52 | 01:07:34 |
| 94  | 42  | 35 | LYNDSAY MADDEN      | WINSTON SALEM NC | 113 | 00:05:50 | 37  | 00:01:13 | 80  | 00:34:51 | 100 | 00:00:59 | 151 | 00:24:43 | 01:07:35 |
| 95  | 191 | 43 | KATHY CLARK         | GREENSBORO NC    | 57  | 00:05:02 | 102 | 00:01:46 | 169 | 00:40:20 | 19  | 00:00:36 | 53  | 00:20:01 | 01:07:43 |
| 96  | 252 | 59 | MARY GILL           | GREENSBORO NC    | 116 | 00:05:53 | 107 | 00:01:49 | 84  | 00:35:13 | 207 | 00:01:51 | 121 | 00:23:14 | 01:07:58 |
| 97  | 192 | 23 | ELIZABETH DAVIS     | CLEMMONS NC      | 158 | 00:06:42 | 196 | 00:02:54 | 3   | 00:24:57 | 94  | 00:00:57 | 228 | 00:32:32 | 01:07:59 |
| 98  | 119 | 23 | CHANDLER MORRIS     | GREENSBORO NC    | 38  | 00:04:37 | 118 | 00:01:54 | 158 | 00:39:46 | 96  | 00:00:57 | 70  | 00:20:53 | 01:08:06 |
| 99  | 28  | 51 | RENEE HUFFMAN       | KERNERSVILLE NC  | 186 | 00:07:14 | 44  | 00:01:14 | 129 | 00:37:42 | 32  | 00:00:41 | 86  | 00:21:50 | 01:08:39 |
| 100 | 50  | 29 | KRISTY JONES        | WINSTON SALEM NC | 170 | 00:06:53 | 35  | 00:01:13 | 92  | 00:35:26 | 85  | 00:00:56 | 141 | 00:24:22 | 01:08:48 |
| 101 | 268 | 21 | LAURA BOROWICZ      | RALEIGH NC       | 87  | 00:05:29 | 155 | 00:02:17 | 119 | 00:36:48 | 232 | 00:02:27 | 93  | 00:22:08 | 01:09:06 |
| 102 | 154 | 17 | KATIE JONES         | FOREST VA        | 14  | 00:03:58 | 110 | 00:01:51 | 166 | 00:40:15 | 43  | 00:00:45 | 96  | 00:22:19 | 01:09:07 |
| 103 | 183 | 69 | MARY ANN GARDNER    | WINSTON SALEM NC | 154 | 00:06:41 | 65  | 00:01:27 | 95  | 00:35:32 | 119 | 00:01:06 | 145 | 00:24:31 | 01:09:15 |
| 104 | 237 | 59 | ELIZABETH OSWALD    | LEXINGTON NC     | 173 | 00:06:59 | 49  | 00:01:19 | 123 | 00:37:13 | 68  | 00:00:51 | 115 | 00:22:56 | 01:09:15 |
| 105 | 162 | 47 | ATHIA NOLAN         | WINSTON SALEM NC | 68  | 00:05:10 | 98  | 00:01:45 | 106 | 00:36:07 | 131 | 00:01:10 | 157 | 00:25:07 | 01:09:18 |
| 106 | 29  | 25 | LAURA TANYI         | CLEMMONS NC      | 94  | 00:05:36 | 190 | 00:02:42 | 104 | 00:35:59 | 56  | 00:00:48 | 139 | 00:24:19 | 01:09:23 |
| 107 | 221 | 44 | HEATHER PACHOLKE    | LEWISVILLE NC    | 124 | 00:06:01 | 148 | 00:02:14 | 98  | 00:35:40 | 233 | 00:02:27 | 119 | 00:23:03 | 01:09:24 |
| 108 | 222 | 49 | SHARON WOOD         | WALNUT COVE NC   | 164 | 00:06:48 | 177 | 00:02:31 | 153 | 00:39:26 | 53  | 00:00:47 | 55  | 00:20:04 | 01:09:34 |
| 109 | 224 | 48 | KENDRA NEESE BOWERS | GREENSBORO NC    | 32  | 00:04:30 | 29  | 00:01:11 | 110 | 00:36:25 | 125 | 00:01:08 | 178 | 00:26:23 | 01:09:35 |
| 110 | 2   | 39 | CHRISTINE MURRAY    | GREENSBORO NC    | 109 | 00:05:46 | 115 | 00:01:54 | 138 | 00:38:33 | 109 | 00:01:03 | 101 | 00:22:24 | 01:09:37 |
| 111 | 55  | 50 | PAM ROSENBERGER     | CLEMMONS NC      | 132 | 00:06:11 | 88  | 00:01:41 | 146 | 00:38:48 | 51  | 00:00:47 | 98  | 00:22:22 | 01:09:47 |
| 112 | 51  | 36 | CASEY TOLERICO      | WINSTON SALEM NC | 29  | 00:04:23 | 174 | 00:02:28 | 176 | 00:40:43 | 98  | 00:00:58 | 78  | 00:21:24 | 01:09:54 |
| 113 | 105 | 30 | JACLYN VENTURA      | DANVILLE VA      | 174 | 00:07:00 | 169 | 00:02:24 | 141 | 00:38:39 | 80  | 00:00:55 | 73  | 00:20:59 | 01:09:55 |
| 114 | 1   | 48 | KAREN POWELL        | GREENSBORO NC    | 126 | 00:06:03 | 122 | 00:01:55 | 132 | 00:38:05 | 175 | 00:01:32 | 102 | 00:22:25 | 01:09:58 |
| 115 | 193 | 27 | CASEY JOHNSON       | WINSTON SALEM NC | 168 | 00:06:52 | 120 | 00:01:55 | 174 | 00:40:34 | 116 | 00:01:05 | 50  | 00:19:42 | 01:10:06 |
| 116 | 8   | 35 | JANETH CERRA        | PIKEVILLE NC     | 188 | 00:07:17 | 138 | 00:02:06 | 18  | 00:28:37 | 138 | 00:01:14 | 222 | 00:30:54 | 01:10:06 |
| 117 | 11  | 38 | ASHLEY BLINSON      | STANLEY NC       |     |          |     |          |     |          |     |          |     |          | 01:10:10 |
| 118 | 291 | 44 | RENEE MELLY         | BELEWS CREEK NC  | 89  | 00:05:34 | 51  | 00:01:19 | 133 | 00:38:10 | 199 | 00:01:45 | 130 | 00:23:38 | 01:10:25 |

|     |     |    |                  |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|----|------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 119 | 197 | 37 | CRYSTAL OLSON    | HICKORY NC       | 210 | 00:07:55 | 194 | 00:02:47 | 128 | 00:37:40 | 117 | 00:01:05 | 74  | 00:21:02 | 01:10:29 |
| 120 | 24  | 21 | JULIE MCGHEE     | KING NC          | 41  | 00:04:44 | 176 | 00:02:30 | 163 | 00:40:10 | 71  | 00:00:53 | 95  | 00:22:17 | 01:10:32 |
| 121 | 87  | 42 | MELANIE CHARLTON | FINCASTLE VA     | 145 | 00:06:30 | 227 | 00:03:30 | 122 | 00:37:09 | 102 | 00:01:00 | 105 | 00:22:34 | 01:10:41 |
| 122 | 22  | 41 | ELIZABETH INMAN  | KING NC          | 226 | 00:08:37 | 46  | 00:01:16 | 115 | 00:36:35 | 31  | 00:00:40 | 129 | 00:23:38 | 01:10:44 |
| 123 | 216 | 43 | EMILY SZEWCZYK   | WESTFIELD IN     | 211 | 00:07:59 | 92  | 00:01:42 | 140 | 00:38:39 | 114 | 00:01:04 | 81  | 00:21:30 | 01:10:53 |
| 124 | 63  | 47 | JENNIFER WALKUP  | PINNACLE NC      | 127 | 00:06:03 | 223 | 00:03:22 | 88  | 00:35:18 | 169 | 00:01:29 | 155 | 00:25:01 | 01:11:12 |
| 125 | 108 | 43 | MARY MENDENHALL  | WINSTON SALEM NC | 72  | 00:05:13 | 224 | 00:03:24 | 134 | 00:38:19 | 193 | 00:01:43 | 112 | 00:22:50 | 01:11:27 |
| 126 | 229 | 49 | NANCY BELVILLE   | WINSTON SALEM NC | 44  | 00:04:47 | 42  | 00:01:14 | 96  | 00:35:34 | 54  | 00:00:48 | 215 | 00:29:25 | 01:11:46 |
| 127 | 74  | 51 | KRISTIN KRIPPA   | SANFORD NC       | 134 | 00:06:20 | 34  | 00:01:12 | 99  | 00:35:43 | 70  | 00:00:53 | 195 | 00:27:41 | 01:11:46 |
| 128 | 233 | 33 | SALEM KIRBY      | WINSTON SALEM NC | 128 | 00:06:06 | 63  | 00:01:24 | 130 | 00:37:56 | 82  | 00:00:55 | 162 | 00:25:27 | 01:11:47 |
| 129 | 267 | 51 | JEANNIE STOREY   | RALEIGH NC       | 76  | 00:05:18 | 170 | 00:02:24 | 173 | 00:40:29 | 145 | 00:01:16 | 97  | 00:22:21 | 01:11:47 |
| 130 | 64  | 49 | TONYA WALKUP     | KING NC          | 203 | 00:07:43 | 64  | 00:01:26 | 85  | 00:35:14 | 180 | 00:01:33 | 172 | 00:25:54 | 01:11:48 |
| 131 | 12  | 62 | SUZANNE REED     | WINSTON SALEM NC | 103 | 00:05:43 | 89  | 00:01:42 | 107 | 00:36:10 | 30  | 00:00:40 | 196 | 00:27:43 | 01:11:56 |
| 132 | 226 | 23 | WILSON CARLSON   | KERNERSVILLE NC  | 47  | 00:04:50 | 205 | 00:03:02 | 170 | 00:40:24 | 152 | 00:01:20 | 99  | 00:22:22 | 01:11:57 |
| 133 | 286 | 32 | KRISTEN HOLDER   | CLEMMONS NC      | 24  | 00:04:19 | 62  | 00:01:23 | 113 | 00:36:31 | 111 | 00:01:03 | 211 | 00:28:51 | 01:12:05 |
| 134 | 180 | 59 | BRENDA DAVIS     | CLEMMONS NC      | 129 | 00:06:07 | 210 | 00:03:04 | 117 | 00:36:45 | 205 | 00:01:49 | 144 | 00:24:24 | 01:12:07 |
| 135 | 289 | 22 | ROSE O'BRIEN     | WINSTON-SALEM NC | 121 | 00:05:58 | 151 | 00:02:15 | 114 | 00:36:33 | 252 | 00:05:35 | 88  | 00:21:51 | 01:12:10 |
| 136 | 195 | 42 | DANIELLE HARTILL | CLEMMONS NC      | 122 | 00:06:00 | 141 | 00:02:08 | 156 | 00:39:44 | 91  | 00:00:56 | 131 | 00:23:45 | 01:12:31 |
| 137 | 290 | 23 | ANNE O'BRIEN     | WINSTON-SALEM NC | 53  | 00:04:59 | 235 | 00:03:47 | 112 | 00:36:27 | 253 | 00:05:35 | 84  | 00:21:48 | 01:12:35 |
| 138 | 207 | 38 | HOLLY JUSTICE    | GREENSBORO NC    | 239 | 00:09:45 | 241 | 00:03:56 | 86  | 00:35:15 | 240 | 00:02:50 | 69  | 00:20:51 | 01:12:35 |
| 139 | 76  | 48 | LIZZIE WINDSOR   | RURAL HALL NC    | 117 | 00:05:54 | 121 | 00:01:55 | 81  | 00:34:59 | 192 | 00:01:41 | 199 | 00:28:10 | 01:12:36 |
| 140 | 88  | 37 | AMANDA JOHNSON   | TROUTVILLE VA    | 146 | 00:06:30 | 208 | 00:03:03 | 155 | 00:39:33 | 63  | 00:00:50 | 120 | 00:23:06 | 01:13:01 |
| 141 | 270 | 37 | BETH KERR        | WINSTON SALEM NC | 98  | 00:05:38 | 131 | 00:02:01 | 125 | 00:37:26 | 178 | 00:01:33 | 180 | 00:26:34 | 01:13:10 |
| 142 | 113 | 40 | BECKY DICKSON    | KERNERSVILLE NC  | 91  | 00:05:35 | 53  | 00:01:20 | 144 | 00:38:46 | 171 | 00:01:30 | 175 | 00:26:10 | 01:13:18 |
| 143 | 114 | 12 | VIRGINIA DICKSON | KERNERSVILLE NC  | 80  | 00:05:19 | 90  | 00:01:42 | 147 | 00:38:49 | 172 | 00:01:30 | 174 | 00:26:07 | 01:13:24 |
| 144 | 65  | 53 | BEV HAYES        | WINSTON SALEM NC | 150 | 00:06:37 | 172 | 00:02:27 | 108 | 00:36:14 | 115 | 00:01:04 | 190 | 00:27:16 | 01:13:36 |
| 145 | 4   | 16 | CASEY FLORACK    | DURHAM NC        | 207 | 00:07:51 | 71  | 00:01:31 | 149 | 00:39:01 | 15  | 00:00:33 | 152 | 00:24:45 | 01:13:39 |
| 146 | 121 | 58 | MICHELE POSEY    | WINSTON SALEM NC | 21  | 00:04:17 | 96  | 00:01:44 | 154 | 00:39:27 | 129 | 00:01:09 | 186 | 00:27:08 | 01:13:43 |
| 147 | 70  | 53 | SALLY KIMBALL    | ADVANCE NC       | 110 | 00:05:48 | 38  | 00:01:13 | 139 | 00:38:38 | 90  | 00:00:56 | 191 | 00:27:17 | 01:13:49 |
| 148 | 243 | 42 | TONI PHILLIPS    | LIBERTY NC       | 189 | 00:07:18 | 175 | 00:02:28 | 116 | 00:36:39 | 214 | 00:02:04 | 163 | 00:25:28 | 01:13:55 |

|     |     |    |                      |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|----|----------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 149 | 253 | 33 | SARA SMITH           | WINSTON SALEM NC | 111 | 00:05:48 | 101 | 00:01:46 | 157 | 00:39:45 | 142 | 00:01:15 | 161 | 00:25:23 | 01:13:56 |
| 150 | 84  | 52 | MICHELLE BROWN       | SUMMERFIELD NC   | 156 | 00:06:42 | 117 | 00:01:54 | 168 | 00:40:18 | 121 | 00:01:06 | 135 | 00:24:03 | 01:14:01 |
| 151 | 276 | 36 | ERIN WILLIAMS        | MOCKSVILLE NC    | 95  | 00:05:36 | 45  | 00:01:16 | 203 | 00:43:32 | 126 | 00:01:08 | 106 | 00:22:35 | 01:14:05 |
| 152 | 100 | 46 | LYNNE CARTER         | LENOIR NC        | 176 | 00:07:02 | 191 | 00:02:43 | 171 | 00:40:27 | 76  | 00:00:54 | 123 | 00:23:23 | 01:14:27 |
| 153 | 277 | 49 | CHRISTINE ZECCA      | THOMASVILLE NC   | 105 | 00:05:44 | 157 | 00:02:18 | 161 | 00:40:05 | 181 | 00:01:34 | 153 | 00:24:52 | 01:14:30 |
| 154 | 38  | 35 | KATIE SIEVER         | ELLISTON VA      | 64  | 00:05:09 | 43  | 00:01:14 | 167 | 00:40:16 | 25  | 00:00:39 | 192 | 00:27:17 | 01:14:33 |
| 155 | 44  | 54 | KELLY BODENHAMER     | MOCKSVILLE NC    | 199 | 00:07:36 | 150 | 00:02:15 | 164 | 00:40:11 | 127 | 00:01:08 | 126 | 00:23:32 | 01:14:40 |
| 156 | 138 | 60 | LINDA MASON          | KERNERSVILLE NC  | 196 | 00:07:35 | 187 | 00:02:41 | 179 | 00:41:09 | 177 | 00:01:32 | 85  | 00:21:49 | 01:14:44 |
| 157 | 47  | 47 | JODI GOUGH           | WINSTON SALEM NC | 208 | 00:07:55 | 171 | 00:02:25 | 135 | 00:38:21 | 201 | 00:01:47 | 143 | 00:24:23 | 01:14:50 |
| 158 | 155 | 49 | JENNIFER GOLWYN      | CLEMMONS NC      | 190 | 00:07:22 | 61  | 00:01:23 | 177 | 00:40:57 | 89  | 00:00:56 | 137 | 00:24:14 | 01:14:50 |
| 159 | 26  | 38 | JAMIE SKAAR          | WINSTON SALEM NC | 49  | 00:04:54 | 165 | 00:02:23 | 162 | 00:40:07 | 112 | 00:01:04 | 179 | 00:26:25 | 01:14:51 |
| 160 | 246 | 49 | TRACEY WOODSON       | WINSTON SALEM NC | 65  | 00:05:09 | 106 | 00:01:49 | 188 | 00:41:54 | 161 | 00:01:26 | 147 | 00:24:35 | 01:14:52 |
| 161 | 53  | 51 | DEBBIE TAYLOR        | WINSTON SALEM NC | 162 | 00:06:47 | 220 | 00:03:14 | 145 | 00:38:47 | 190 | 00:01:39 | 149 | 00:24:38 | 01:15:03 |
| 162 | 106 | 52 | BARBARA JOHNSON      | WINSTON SALEM NC | 232 | 00:09:01 | 139 | 00:02:07 | 192 | 00:42:22 | 87  | 00:00:56 | 65  | 00:20:45 | 01:15:10 |
| 163 | 152 | 40 | MARIA GRAHAM         | WINSTON SALEM NC | 78  | 00:05:19 | 83  | 00:01:37 | 212 | 00:44:41 | 33  | 00:00:41 | 114 | 00:22:54 | 01:15:11 |
| 164 | 164 | 63 | SARA NAFZIGER-SHELLY | HICKORY NC       | 50  | 00:04:54 | 66  | 00:01:29 | 185 | 00:41:29 | 191 | 00:01:40 | 173 | 00:26:04 | 01:15:35 |
| 165 | 210 | 40 | SHANNON BOWMAN       | LEXINGTON NC     | 238 | 00:09:39 | 217 | 00:03:11 | 111 | 00:36:26 | 219 | 00:02:09 | 140 | 00:24:21 | 01:15:44 |
| 166 | 187 | 60 | NANA ENOCH           | SILER CITY NC    | 240 | 00:09:48 | 82  | 00:01:36 | 126 | 00:37:27 | 166 | 00:01:28 | 167 | 00:25:36 | 01:15:53 |
| 167 | 39  | 43 | JOHNNA PETTIT        | WINSTON SALEM NC | 114 | 00:05:51 | 99  | 00:01:45 | 142 | 00:38:43 | 153 | 00:01:20 | 202 | 00:28:19 | 01:15:57 |
| 168 | 288 | 31 | JODI SPEAKS          | WINSTON-SALEM NC | 107 | 00:05:44 | 97  | 00:01:44 | 226 | 00:47:10 | 66  | 00:00:51 | 63  | 00:20:34 | 01:16:02 |
| 169 | 18  | 27 | JESSIE SHORE         | WINSTON SALEM NC | 119 | 00:05:56 | 100 | 00:01:45 | 190 | 00:42:04 | 93  | 00:00:57 | 168 | 00:25:39 | 01:16:19 |
| 170 | 163 | 56 | BRIDGETT REAVES      | WINSTON SALEM NC | 206 | 00:07:50 | 156 | 00:02:17 | 180 | 00:41:21 | 83  | 00:00:55 | 134 | 00:24:01 | 01:16:22 |
| 171 | 147 | 26 | JESSICA WHAM         | WINSTON-SALEM NC | 71  | 00:05:12 | 31  | 00:01:11 | 217 | 00:45:30 | 24  | 00:00:38 | 136 | 00:24:05 | 01:16:34 |
| 172 | 123 | 59 | EILEEN CARDER        | CHARLOTTE NC     | 191 | 00:07:24 | 133 | 00:02:03 | 159 | 00:39:47 | 208 | 00:01:54 | 164 | 00:25:30 | 01:16:36 |
| 173 | 78  | 51 | BROOKE BECKETT       | OAK RIDGE NC     | 63  | 00:05:09 | 164 | 00:02:23 | 175 | 00:40:38 | 81  | 00:00:55 | 194 | 00:27:35 | 01:16:37 |
| 174 | 181 | 45 | VANESSA VAZQUEZ      | WINSTON SALEM NC | 222 | 00:08:25 | 225 | 00:03:24 | 120 | 00:36:59 | 110 | 00:01:03 | 183 | 00:26:50 | 01:16:39 |
| 175 | 95  | 63 | SUSAN RIDDLE         | CLEMMONS NC      | 152 | 00:06:39 | 75  | 00:01:33 | 178 | 00:40:59 | 72  | 00:00:53 | 182 | 00:26:43 | 01:16:44 |
| 176 | 157 | 55 | JACQUELINE CHAPMAN   | WINSTON SALEM NC | 201 | 00:07:41 | 70  | 00:01:31 | 148 | 00:38:54 | 41  | 00:00:45 | 200 | 00:28:13 | 01:17:02 |
| 177 | 271 | 35 | ELIZABETH TILLEY     | LEXINGTON NC     | 151 | 00:06:37 | 221 | 00:03:17 | 211 | 00:44:27 | 73  | 00:00:53 | 94  | 00:22:09 | 01:17:22 |
| 178 | 212 | 57 | ELLEN WHITLOCK       | WINSTON SALEM NC | 175 | 00:07:01 | 119 | 00:01:54 | 160 | 00:39:58 | 103 | 00:01:00 | 193 | 00:27:31 | 01:17:23 |

|     |     |    |                         |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|----|-------------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 179 | 214 | 49 | CARLA HOOKER            | WALNUT COVE NC   | 257 | 00:15:20 | 132 | 00:02:02 | 137 | 00:38:30 | 65  | 00:00:50 | 71  | 00:20:55 | 01:17:35 |
| 180 | 185 | 44 | CHARISSA PETERMAN       | GREENSBORO NC    | 245 | 00:10:28 | 186 | 00:02:39 | 102 | 00:35:54 | 167 | 00:01:28 | 189 | 00:27:12 | 01:17:39 |
| 181 | 203 | 61 | SUE KENT                | WINSTON SALEM NC | 147 | 00:06:31 | 179 | 00:02:32 | 207 | 00:43:54 | 106 | 00:01:01 | 142 | 00:24:23 | 01:18:19 |
| 182 | 48  | 26 | JENN BOLLMAN            | WINSTON SALEM NC | 167 | 00:06:51 | 184 | 00:02:37 | 191 | 00:42:18 | 156 | 00:01:22 | 160 | 00:25:19 | 01:18:26 |
| 183 | 86  | 41 | HEATHER SHELTON         | FLORENCE SC      | 254 | 00:12:16 | 114 | 00:01:53 | 76  | 00:34:27 | 197 | 00:01:45 | 201 | 00:28:19 | 01:18:38 |
| 184 | 146 | 34 | NIKKI LOBCZOWSKI        | DURHAM NC        | 112 | 00:05:50 | 201 | 00:02:59 | 196 | 00:42:48 | 203 | 00:01:48 | 159 | 00:25:16 | 01:18:39 |
| 185 | 175 | 35 | AMANDA MACKAY           | ROCK HILL SC     | 248 | 00:10:42 | 242 | 00:03:56 | 193 | 00:42:29 | 235 | 00:02:32 | 40  | 00:19:10 | 01:18:46 |
| 186 | 7   | 27 | KRISTIN JOLLY           | WINSTON SALEM NC | 86  | 00:05:28 | 93  | 00:01:43 | 214 | 00:45:10 | 135 | 00:01:12 | 166 | 00:25:36 | 01:19:06 |
| 187 | 274 | 54 | MARGARET ROBIN BROYHILL | WINSTON SALEM NC | 236 | 00:09:31 | 108 | 00:01:50 | 35  | 00:30:57 | 242 | 00:03:04 | 233 | 00:33:48 | 01:19:08 |
| 188 | 54  | 54 | LAURA CRAVEN            | OAK RIDGE NC     | 172 | 00:06:55 | 149 | 00:02:15 | 195 | 00:42:47 | 170 | 00:01:29 | 170 | 00:25:52 | 01:19:16 |
| 189 | 177 | 34 | SARAH DEAN              | ROCK HILL SC     | 251 | 00:11:22 | 244 | 00:03:59 | 202 | 00:43:31 | 168 | 00:01:29 | 43  | 00:19:18 | 01:19:37 |
| 190 | 32  | 37 | APRIL DIXON             | COLFAX NC        | 187 | 00:07:14 | 237 | 00:03:50 | 182 | 00:41:25 | 247 | 00:03:39 | 128 | 00:23:33 | 01:19:40 |
| 191 | 33  | 13 | CAITLYN DIXON           | COLFAX NC        | 177 | 00:07:02 | 246 | 00:04:11 | 181 | 00:41:22 | 249 | 00:03:41 | 127 | 00:23:33 | 01:19:47 |
| 192 | 256 | 31 | KRISTY WIELICKI         | SNEADS FERRY NC  | 218 | 00:08:10 | 202 | 00:03:00 | 172 | 00:40:28 | 139 | 00:01:14 | 187 | 00:27:09 | 01:20:00 |
| 193 | 122 | 48 | ADRIENNE JANDLER        | GREENSBORO NC    | 159 | 00:06:43 | 211 | 00:03:04 | 151 | 00:39:21 | 223 | 00:02:13 | 212 | 00:28:53 | 01:20:14 |
| 194 | 194 | 46 | DAWN ORTIZ              | CLEMMONS NC      | 182 | 00:07:10 | 159 | 00:02:20 | 183 | 00:41:27 | 163 | 00:01:27 | 198 | 00:27:58 | 01:20:19 |
| 195 | 16  | 32 | SARAH CINCINNATI        | LEWISVILLE NC    | 135 | 00:06:21 | 214 | 00:03:07 | 210 | 00:44:23 | 174 | 00:01:31 | 158 | 00:25:09 | 01:20:30 |
| 196 | 126 | 39 | COLLEEN TODD            | WINSTON SALEM NC | 202 | 00:07:41 | 30  | 00:01:11 | 197 | 00:42:50 | 6   | 00:00:27 | 205 | 00:28:32 | 01:20:40 |
| 197 | 156 | 69 | DORIS MCCLURE           | BALTIMORE MD     | 217 | 00:08:08 | 212 | 00:03:05 | 208 | 00:44:01 | 165 | 00:01:27 | 146 | 00:24:35 | 01:21:14 |
| 198 | 35  | 47 | REBECCA MANITSAS        | CHAPEL HILL NC   | 157 | 00:06:42 | 249 | 00:04:35 | 19  | 00:28:38 | 220 | 00:02:12 | 249 | 00:39:29 | 01:21:33 |
| 199 | 223 | 25 | MEREDITH NANCE          | RURAL HALL NC    | 74  | 00:05:15 | 142 | 00:02:09 | 218 | 00:45:45 | 216 | 00:02:06 | 176 | 00:26:21 | 01:21:34 |
| 200 | 261 | 58 | MARY JAMIS              | MOCKSVILLE NC    | 181 | 00:07:09 | 105 | 00:01:48 | 200 | 00:43:08 | 104 | 00:01:01 | 206 | 00:28:35 | 01:21:38 |
| 201 | 10  | 34 | MEGAN TETTER            | WINSTON SALEM NC | 163 | 00:06:48 | 112 | 00:01:52 | 221 | 00:46:45 | 146 | 00:01:16 | 156 | 00:25:01 | 01:21:40 |
| 202 | 96  | 48 | DAWN VINES              | COLLETTSVILLE NC | 220 | 00:08:21 | 168 | 00:02:23 | 165 | 00:40:11 | 137 | 00:01:14 | 217 | 00:29:44 | 01:21:51 |
| 203 | 202 | 48 | ANGELA WYNES            | HIGH POINT NC    | 256 | 00:13:54 | 103 | 00:01:47 | 194 | 00:42:43 | 13  | 00:00:32 | 118 | 00:22:58 | 01:21:52 |
| 204 | 176 | 61 | SUSAN CARBONEAU         | GREENSBORO NC    | 197 | 00:07:36 | 124 | 00:01:56 | 225 | 00:47:08 | 58  | 00:00:49 | 150 | 00:24:39 | 01:22:06 |
| 205 | 198 | 30 | ASIMA ALI               | WINSTON SALEM NC | 185 | 00:07:13 | 238 | 00:03:52 | 219 | 00:45:48 | 176 | 00:01:32 | 133 | 00:23:54 | 01:22:17 |
| 206 | 282 | 47 | SHARON LETCHWORTH       | KERNERSVILLE NC  | 123 | 00:06:01 | 226 | 00:03:26 | 184 | 00:41:28 | 227 | 00:02:20 | 216 | 00:29:31 | 01:22:43 |
| 207 | 37  | 59 | ELLEN REAP-LAMOUREUX    | WINSTON SALEM NC | 136 | 00:06:21 | 178 | 00:02:31 | 152 | 00:39:22 | 204 | 00:01:49 | 231 | 00:33:08 | 01:23:09 |
| 208 | 135 | 43 | KIRSTEN ROYSTER         | CLEMMONS NC      | 144 | 00:06:29 | 140 | 00:02:07 | 187 | 00:41:50 | 134 | 00:01:11 | 225 | 00:31:46 | 01:23:22 |
| 209 | 62  | 45 | MARLA FREDERICK         | DURHAM NC        | 205 | 00:07:47 | 161 | 00:02:21 | 206 | 00:43:49 | 44  | 00:00:46 | 209 | 00:28:48 | 01:23:29 |

|     |     |    |                    |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|----|--------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 210 | 151 | 65 | KAREN BARNUM       | ADVANCE NC       | 225 | 00:08:36 | 198 | 00:02:55 | 199 | 00:42:55 | 101 | 00:00:59 | 203 | 00:28:27 | 01:23:51 |
| 211 | 206 | 46 | ALLISON DOTSON     | SILOAM NC        | 100 | 00:05:41 | 239 | 00:03:52 | 91  | 00:35:23 | 159 | 00:01:25 | 246 | 00:37:35 | 01:23:54 |
| 212 | 257 | 65 | KATHI PETERSON     | SALISBURY NC     | 230 | 00:08:49 | 146 | 00:02:12 | 201 | 00:43:09 | 221 | 00:02:12 | 197 | 00:27:47 | 01:24:08 |
| 213 | 215 | 56 | PATTI WADDELL      | KING NC          | 234 | 00:09:16 | 144 | 00:02:10 | 223 | 00:46:57 | 140 | 00:01:15 | 181 | 00:26:41 | 01:26:18 |
| 214 | 21  | 43 | SUSIN SEOW         | CHAPEL HILL NC   | 130 | 00:06:08 | 209 | 00:03:04 | 222 | 00:46:46 | 46  | 00:00:46 | 220 | 00:30:09 | 01:26:51 |
| 215 | 60  | 49 | LESLIE WRIGHT      | WINSTON SALEM NC | 143 | 00:06:29 | 228 | 00:03:30 | 186 | 00:41:44 | 255 | 00:13:17 | 109 | 00:22:38 | 01:27:36 |
| 216 | 278 | 57 | PRISCILLA WILLS    | HARRISBURG NC    | 247 | 00:10:41 | 94  | 00:01:43 | 215 | 00:45:23 | 122 | 00:01:07 | 213 | 00:29:02 | 01:27:53 |
| 217 | 134 | 47 | LESLIE ENGOTT      | HENRICO VA       | 82  | 00:05:21 | 213 | 00:03:06 | 240 | 00:54:20 | 229 | 00:02:21 | 125 | 00:23:26 | 01:28:31 |
| 218 | 264 | 41 | OLIVIA BEESON      | WINSTON SALEM NC | 213 | 00:08:03 | 126 | 00:01:58 | 232 | 00:49:49 | 99  | 00:00:59 | 207 | 00:28:43 | 01:29:31 |
| 219 | 66  | 70 | GENELL HARTMAN     | WINSTON SALEM NC | 237 | 00:09:35 | 193 | 00:02:46 | 224 | 00:47:08 | 188 | 00:01:38 | 204 | 00:28:28 | 01:29:33 |
| 220 | 211 | 33 | ALISHA JONES       | WINSTON SALEM NC | 133 | 00:06:20 | 166 | 00:02:23 | 234 | 00:50:22 | 75  | 00:00:54 | 218 | 00:29:49 | 01:29:46 |
| 221 | 244 | 56 | RHONDA DIXON       | WINSTON SALEM NC | 233 | 00:09:12 | 128 | 00:01:59 | 198 | 00:42:55 | 202 | 00:01:47 | 235 | 00:34:02 | 01:29:53 |
| 222 | 30  | 62 | MARTY TANYI        | CLEMMONS NC      | 229 | 00:08:46 | 215 | 00:03:07 | 189 | 00:41:58 | 198 | 00:01:45 | 237 | 00:34:20 | 01:29:54 |
| 223 | 139 | 60 | PATRICIA BEANE     | GREENSBORO NC    | 249 | 00:11:02 | 203 | 00:03:01 | 213 | 00:44:52 | 157 | 00:01:22 | 219 | 00:29:50 | 01:30:06 |
| 224 | 167 | 49 | MONIQUE PARTEE     | KERNERSVILLE NC  | 195 | 00:07:31 | 230 | 00:03:35 | 227 | 00:48:16 | 183 | 00:01:36 | 214 | 00:29:22 | 01:30:19 |
| 225 | 161 | 29 | HEATHER WHAM       | PFAFFTOWN NC     | 106 | 00:05:44 | 68  | 00:01:30 | 241 | 00:55:37 | 59  | 00:00:49 | 185 | 00:27:05 | 01:30:43 |
| 226 | 130 | 43 | SARAH FEDELE       | KERNERSVILLE NC  | 165 | 00:06:49 | 180 | 00:02:33 | 230 | 00:49:15 | 195 | 00:01:44 | 221 | 00:30:32 | 01:30:51 |
| 227 | 141 | 54 | KELLY JACOBUS      | PFAFFTOWN NC     | 148 | 00:06:34 | 162 | 00:02:21 | 228 | 00:48:26 | 237 | 00:02:39 | 223 | 00:30:55 | 01:30:53 |
| 228 | 27  | 35 | ANNA CONNOLLY      | PRINCETON WV     | 73  | 00:05:15 | 111 | 00:01:51 | 238 | 00:52:18 | 108 | 00:01:02 | 224 | 00:31:23 | 01:31:47 |
| 229 | 94  | 62 | SUSAN VON CANNON   | WINSTON-SALEM NC | 212 | 00:08:01 | 255 | 00:05:44 | 150 | 00:39:01 | 224 | 00:02:14 | 244 | 00:36:55 | 01:31:52 |
| 230 | 97  | 46 | LATONYA MOYER      | HENRICO VA       | 139 | 00:06:24 | 192 | 00:02:45 | 235 | 00:50:35 | 36  | 00:00:43 | 226 | 00:31:48 | 01:32:13 |
| 231 | 89  | 49 | TAMMY RIGGS        | ROANOKE VA       | 219 | 00:08:20 | 251 | 00:04:54 | 216 | 00:45:25 | 254 | 00:05:37 | 208 | 00:28:46 | 01:33:01 |
| 232 | 133 | 47 | SUSAN BUBEL        | WINSTON SALEM NC | 255 | 00:12:29 | 236 | 00:03:49 | 233 | 00:50:11 | 55  | 00:00:48 | 177 | 00:26:23 | 01:33:37 |
| 233 | 254 | 56 | KATHY TAYLOE-FRITH | WALKERTOWN NC    | 221 | 00:08:24 | 218 | 00:03:13 | 209 | 00:44:17 | 243 | 00:03:06 | 240 | 00:35:25 | 01:34:23 |
| 234 | 110 | 39 | JACKIE MCLEAN      | WINSTON SALEM NC | 169 | 00:06:53 | 152 | 00:02:16 | 236 | 00:51:25 | 74  | 00:00:53 | 234 | 00:33:51 | 01:35:16 |
| 235 | 49  | 28 | SHEILA MASON       | WINSTON SALEM NC | 161 | 00:06:45 | 253 | 00:05:14 | 204 | 00:43:34 | 251 | 00:05:18 | 239 | 00:35:21 | 01:36:10 |
| 236 | 111 | 43 | CARRIE SCOTT       | PFAFFTOWN NC     | 34  | 00:04:31 | 154 | 00:02:16 | 242 | 00:57:00 | 133 | 00:01:11 | 227 | 00:31:53 | 01:36:50 |
| 237 | 186 | 39 | LISA HAIRSTON      | WINSTON SALEM NC | 183 | 00:07:12 | 199 | 00:02:55 | 205 | 00:43:35 | 230 | 00:02:22 | 252 | 00:41:21 | 01:37:24 |
| 238 | 81  | 49 | ROBIN WHITESELL    | CLEMMONS NC      | 209 | 00:07:55 | 229 | 00:03:34 | 229 | 00:49:03 | 246 | 00:03:36 | 232 | 00:33:48 | 01:37:53 |
| 239 | 260 | 51 | MARIA GRAVES       | GREENSBORO NC    | 244 | 00:10:25 | 234 | 00:03:46 | 252 | 01:08:21 | 239 | 00:02:43 | 2   | 00:13:22 | 01:38:35 |
| 240 | 102 | 48 | DENISE SETTLE      | BLUE RIDGE VA    | 200 | 00:07:39 | 219 | 00:03:14 | 231 | 00:49:41 | 147 | 00:01:17 | 245 | 00:37:15 | 01:39:04 |



|     |     |    |                       |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|----|-----------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 241 | 107 | 47 | ALEXIS DANIELS        | JAMAICA NY       | 223 | 00:08:34 | 185 | 00:02:37 | 246 | 01:00:32 | 184 | 00:01:37 | 171 | 00:25:52 | 01:39:10 |
| 242 | 240 | 47 | KIM HILL              | CHARLOTTE NC     | 241 | 00:09:58 | 232 | 00:03:44 | 220 | 00:46:21 | 238 | 00:02:41 | 242 | 00:36:36 | 01:39:18 |
| 243 | 184 | 58 | DONNA MICHELLE WRIGHT | GREENSBORO NC    | 216 | 00:08:08 | 204 | 00:03:02 | 237 | 00:51:44 | 244 | 00:03:15 | 238 | 00:35:10 | 01:41:16 |
| 244 | 249 | 42 | VIKKI ARMSTRONG       | CAMERON NC       | 253 | 00:11:56 | 250 | 00:04:47 | 245 | 00:59:43 | 250 | 00:03:49 | 210 | 00:28:51 | 01:49:04 |
| 245 | 149 | 80 | NINA WALKER CONWAY    | RICHMOND VA      | 246 | 00:10:32 | 254 | 00:05:15 | 239 | 00:52:21 | 234 | 00:02:30 | 253 | 00:41:46 | 01:52:21 |
| 246 | 166 | 53 | CARLA WHITE           | HIGH POINT NC    | 204 | 00:07:43 | 243 | 00:03:59 | 250 | 01:07:24 | 194 | 00:01:44 | 230 | 00:33:03 | 01:53:50 |
| 247 | 101 | 15 | AUBREY CARTER         | LENOIR NC        | 101 | 00:05:41 | 200 | 00:02:58 | 247 | 01:03:33 | 79  | 00:00:55 | 251 | 00:41:09 | 01:54:14 |
| 248 | 266 | 37 | ROBIN COTTEN          | GREENSBORO NC    | 227 | 00:08:40 | 247 | 00:04:12 | 249 | 01:07:19 | 179 | 00:01:33 | 229 | 00:32:58 | 01:54:39 |
| 249 | 31  | 53 | DAWN WYRICK           | KERNERSVILLE NC  | 194 | 00:07:31 | 240 | 00:03:55 | 243 | 00:57:01 | 241 | 00:03:00 | 255 | 00:43:58 | 01:55:23 |
| 250 | 57  | 62 | CAROBETH BENNETT      | WINSTON SALEM NC | 242 | 00:10:11 | 256 | 00:05:49 | 244 | 00:58:32 | 245 | 00:03:24 | 250 | 00:39:51 | 01:57:44 |
| 251 | 80  | 47 | TRACIE LANKFORD       | KERNERSVILLE NC  | 250 | 00:11:07 | 245 | 00:04:02 | 251 | 01:08:05 | 61  | 00:00:49 | 236 | 00:34:12 | 01:58:13 |
| 252 | 169 | 65 | WANDA PATTERSON       | WINSTON SALEM NC | 235 | 00:09:25 | 257 | 00:06:48 | 248 | 01:06:16 | 225 | 00:02:16 | 241 | 00:36:03 | 02:00:45 |
| 253 | 160 | 36 | MICHELE POPULUS       | BURGAW NC        | 243 | 00:10:21 | 222 | 00:03:18 | 253 | 01:08:39 | 187 | 00:01:37 | 248 | 00:37:43 | 02:01:37 |
| 254 | 159 | 28 | SAMANTHA TRETO        | WILLARD NC       | 231 | 00:08:53 | 252 | 00:05:01 | 254 | 01:09:08 | 148 | 00:01:17 | 247 | 00:37:39 | 02:01:57 |
| 255 | 250 | 52 | ANNETTE HUDDLESTON    | LEXINGTON NC     | 252 | 00:11:32 | 206 | 00:03:03 | 255 | 01:12:09 | 217 | 00:02:06 | 243 | 00:36:47 | 02:05:34 |
| 256 | 19  | 39 | CHRISTINA YARBROUGH   | KERNERSVILLE NC  | 215 | 00:08:07 | 233 | 00:03:46 | 256 | 01:12:30 | 222 | 00:02:13 | 254 | 00:42:30 | 02:09:05 |

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