

2009 Triangle Sprint

Overall Men

Harris County Park, southwestern Wake County (Raleigh), NC 7/12/2009 08:30AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	Time	DQ
1	39	M	29	OM	PARKER ROTH	SPARTANBURG SC	16	00:12:11	00:01:27	1	00:40:10	00:00:53	2	00:17:11		01:11:51	
2	1	M	26	OM	TOM CLIFFORD	WRIGHTSVILLE BEACH NC	17	00:12:13	00:01:47	4	00:43:14	00:00:56	1	00:16:34		01:14:44	
3	17	M	33	OM	THYS WIND	RALEIGH NC	8	00:11:28	00:01:41	3	00:42:41	00:00:54	7	00:18:38		01:15:20	
4	40	M	38	OM	BRIAN STOVER	TUCSON AZ	15	00:12:09	00:01:41	6	00:43:27	00:00:55	6	00:18:18		01:16:29	
5	16	M	33	OM	KIT PHILLIPS	APEX NC	38	00:13:07	00:01:46	5	00:43:19	00:00:58	3	00:17:45		01:16:54	
6	18	M	32	OM	DAN YOUNG	CARY NC	9	00:11:34	00:01:52	7	00:43:59	00:00:54	10	00:18:49		01:17:05	
7	20	M	40	MM	CID CARDOSO JR	CARY NC	37	00:13:01	00:01:42	2	00:42:33	00:01:02	15	00:19:13		01:17:29	
8	458	M	21		BRAD PERRY	CHARLOTTE NC	2	00:11:05	00:02:08	13	00:45:11					01:17:53	
9	2	M	42	MM	DUNCAN ROUGIER-CHAPMAN	RALEIGH NC	4	00:11:15	00:02:17	11	00:44:30	00:01:24	18	00:19:20		01:18:44	
10	32	M	32	OM	SETH HUFFSTETLER	CHARLOTTE NC	19	00:12:16	00:01:49	29	00:46:15	00:00:59	4	00:17:48		01:19:06	
11	19	M	47	MM	JIM BERTRAND	CHARLOTTE NC	23	00:12:26	00:01:51	16	00:45:20	00:01:01	13	00:18:55		01:19:30	
12	24	M	40	MM	JOHN ROYAL	RALEIGH NC	22	00:12:24	00:02:13	10	00:44:20	00:01:18	37	00:20:06		01:20:19	
13	876	M	36		DREW BRASHEAR	CHARLOTTE NC	13	00:12:04	00:02:02	23	00:46:01	00:00:59	20	00:19:23		01:20:28	
14	973	M	38		STEVEN LEWIS	WILMINGTON NC	61	00:13:51	00:01:49	20	00:45:46	00:00:56	5	00:18:14		01:20:34	
15	28	M	43	MM	KEN YOUNTS	CHAPEL HILL NC	20	00:12:19	00:02:00	37	00:46:32	00:01:04	9	00:18:45		01:20:37	
16	832	M	40		DESHON DAVIS	CARY NC	130	00:15:18	00:01:59	8	00:44:15					01:21:31	
17	11	M	32	OM	JAY CARMINE	LELAND NC	18	00:12:15	00:01:56	14	00:45:14	00:01:00	76	00:21:13		01:21:37	
18	673	M	23		JONATHAN ANDERSON	HENDERSON NC	33	00:12:53	00:01:48	9	00:44:19	00:01:07	100	00:21:41		01:21:46	
19	133	M	32		DAN MCGOWAN	RALEIGH NC	136	00:15:24	00:01:53	12	00:44:49	00:00:53	11	00:18:51		01:21:49	
20	12	M	38	OM	MARTY GAAL	CARY NC	1	00:10:36	00:01:51	38	00:46:33	00:01:11	102	00:21:44		01:21:53	
21	109	M	33		ROBERT CRISTMAN	SALISBURY NC	54	00:13:45	00:02:02	32	00:46:23					01:22:11	
22	748	M	32		TODD MIDGETT	WILMINGTON NC	35	00:12:56	00:02:00	39	00:46:34	00:01:02	27	00:19:47		01:22:17	

23	123	M	39		SETH BOTWICK	HOLLY SPRINGS NC	21	00:12:22	00:02:06	31	00:46:20	00:01:05	50	00:20:28	01:22:19
24	462	M	30		TAYLOR MARKS	RALEIGH NC	11	00:11:56	00:01:57	73	00:48:25	00:01:01	14	00:19:07	01:22:25
25	21	M	41	MM	GLENN COOK	GREENSBORO NC	52	00:13:43	00:02:00	18	00:45:31	00:01:08	43	00:20:14	01:22:34
26	22	M	53	MM	JONATHAN FARBER	CHAPEL HILL NC	102	00:14:41	00:01:57	19	00:45:40	00:01:07	16	00:19:13	01:22:37
27	501	M	46		BOBBY DIXON	APEX NC	80	00:14:15	00:01:58	15	00:45:18	00:01:22	28	00:19:48	01:22:39
28	42	M	29	OM	MARTIN STAM	LOUISVILLE KY	95	00:14:32	00:01:45	44	00:46:47	00:00:59	8	00:18:39	01:22:40
29	300	M	33		JUSTIN ANDREWS	MATTHEWS NC	48	00:13:36	00:01:51	21	00:45:50	00:01:02	62	00:20:49	01:23:06
30	728	M	50		BRIAN WILSON	CHARLOTTE NC	25	00:12:32	00:01:57	42	00:46:43	00:01:13	59	00:20:43	01:23:06
31	872	M	32		KEVIN BARTLETT	PINEHURST NC	83	00:14:19	00:01:46	22	00:45:59	00:01:01	48	00:20:24	01:23:28
32	44	M	40		BRIAN WASHBURN	CARY NC	106	00:14:47	00:01:55	28	00:46:13	00:01:02	26	00:19:47	01:23:42
33	549	M	32		TIM LAYLAND	DURHAM NC	109	00:14:53	00:01:51	41	00:46:39				01:23:51
34	670	M	24		MARK CHANDLER	DURHAM NC	29	00:12:44	00:01:58	70	00:48:11	00:00:58	41	00:20:10	01:23:59
35	908	M	42		MIKE MCGETTIGAN	CHARLOTTE NC	76	00:14:08	00:02:07	26	00:46:08	00:01:13	52	00:20:31	01:24:05
36	923	M	28	OM	DEWAYNE SMITH	CARY NC	107	00:14:47	00:02:00	49	00:47:02	00:01:06	23	00:19:34	01:24:27
37	863	M	28		DMITRI BROWN	WILMINGTON NC	50	00:13:40	00:02:27	58	00:47:34	00:01:42	17	00:19:17	01:24:38
38	469	M	26		GREG TURMEL	MORRISVILLE NC	36	00:13:00	00:01:58	119	00:50:04				01:24:39
39	175	M	49		TODD WILLIS	CARY NC	135	00:15:22	00:02:17	50	00:47:05	00:01:20	12	00:18:51	01:24:54
40	899	M	42		JOHN NYGARD	OAK RIDGE NC	12	00:12:03	00:02:00	56	00:47:31	00:01:30	115	00:22:04	01:25:06
41	947	M	42		BURKE HUTCHESON	DURHAM NC	39	00:13:21	00:02:11	35	00:46:29	00:01:21	120	00:22:10	01:25:30
42	216	M	50		MARK MEYER	WINSTON-SALEM NC	81	00:14:15	00:02:14	52	00:47:08	00:01:11	61	00:20:48	01:25:33
43	733	M	40		DOUG COWELL	PITTSBORO NC	133	00:15:20	00:02:14	40	00:46:39	00:01:25	33	00:19:58	01:25:34
44	715	M	37		JIM MOLNAR	CARY NC	198	00:16:18	00:02:22	25	00:46:08	00:01:20	34	00:19:59	01:26:06
45	83	M	40		GREG SOUSA	DURHAM NC	59	00:13:50	00:02:22	53	00:47:13	00:01:25	84	00:21:21	01:26:08
46	646	M	46		DAVID YOUNG	CARY NC	53	00:13:45	00:02:00	57	00:47:33	00:01:31	89	00:21:28	01:26:15
47	50	M	31		ALEX PEARCE	RALEIGH NC	93	00:14:29	00:02:10	82	00:48:46	00:01:31	19	00:19:22	01:26:16
48	688	M	42		RICHARD PUCKETT	RALEIGH NC	203	00:16:22	00:01:53	30	00:46:19	00:01:09	58	00:20:41	01:26:22
49	961	M	30		NICHOLAS TRUEMAN	HOLLY SPRINGS NC	64	00:13:53	00:01:57	65	00:48:01	00:01:05	92	00:21:31	01:26:25
50	830	M	24		MARK KOHLER	DURHAM NC	212	00:16:32	00:02:21	36	00:46:30				01:26:34
51	882	M	35		GABE SALINAS	WILMINGTON NC	110	00:14:54	00:02:20	47	00:46:50	00:01:22	82	00:21:20	01:26:45
52	622	M	42		ANDREW WOOSTER	RALEIGH NC	134	00:15:21	00:02:18	43	00:46:44	00:01:45	60	00:20:47	01:26:53
53	484	M	57		FLOYD COOK	CARY NC	63	00:13:52	00:02:04	60	00:47:44	00:01:16	114	00:22:01	01:26:56

54	821	M	43	DAN SULLIVAN	CHARLOTTE NC	149	00:15:38	00:01:52	46	00:46:50	00:01:36	70	00:21:03	01:26:57
55	68	M	36	PAUL KELLY	APEX NC	202	00:16:22	00:02:11	24	00:46:02	00:01:16	74	00:21:09	01:26:58
56	59	M	47	TONY ADAMS	CARY NC	174	00:15:56	00:02:14	68	00:48:08	00:01:20	21	00:19:26	01:27:02
57	128	M	59	DARRELL SIMPKINS	PINEHURST NC	187	00:16:03	00:01:52	34	00:46:27	00:01:11	97	00:21:40	01:27:11
58	332	M	50	WILLIAM DERKS	CARY NC	28	00:12:37	00:02:21	76	00:48:32	00:01:38	136	00:22:31	01:27:38
59	861	M	45	JOHN WILKINS	RALEIGH NC	111	00:14:56	00:01:40	64	00:48:00	00:01:08	113	00:21:59	01:27:41
60	420	M	36	WILLIAM EVERITT	CARY NC	104	00:14:44	00:02:18	67	00:48:04	00:01:24	81	00:21:19	01:27:47
61	378	M	46	GREG MAGDANZ	RALEIGH NC	24	00:12:26	00:01:56	103	00:49:30	00:01:11	148	00:22:47	01:27:47
62	689	M	37	LOUIS HOLDSTOCK	CARY NC	62	00:13:51	00:02:28	86	00:48:57	00:01:05	90	00:21:30	01:27:49
63	1086	M	46	DONALD WHITE	BEAUFORT SC	124	00:15:12	00:01:43	106	00:49:42	00:01:05	45	00:20:18	01:27:58
64	278	M	36	W. PATRICK GALE	CHAPEL HILL NC	91	00:14:25	00:02:14	77	00:48:33	00:01:09	98	00:21:40	01:28:00
65	573	M	22	DURAN PARDUE	RALEIGH NC	34	00:12:54	00:02:43	131	00:50:27	00:01:49	46	00:20:20	01:28:10
66	248	M	33	DOUG HAIRFIELD	CARY NC	82	00:14:18	00:02:19	108	00:49:43	00:01:32	49	00:20:24	01:28:16
67	492	M	39	JAMES WRAGGE	WAKE FOREST NC	112	00:14:58	00:02:05	126	00:50:13	00:00:58	39	00:20:06	01:28:19
68	762	M	50	JOHN LITSAS	RALEIGH NC	79	00:14:14	00:02:05	102	00:49:28				01:28:20
69	960	M	35	JASON BIGGS	CARY NC	179	00:15:58	00:01:57	54	00:47:13	00:01:01	125	00:22:13	01:28:21
70	769	M	28	JUSTIN SMITH	MEBANE NC	98	00:14:34	00:02:06	59	00:47:36	00:01:17	155	00:22:51	01:28:23
71	127	M	47	MARK WICKER	DUNN NC	310	00:17:54	00:02:13	27	00:46:13	00:01:05	69	00:21:02	01:28:25
72	532	M	23	KORY GRAY	RALEIGH NC	77	00:14:09	00:02:39	112	00:49:51	00:01:27	47	00:20:21	01:28:25
73	784	M	42	JONATHAN ARMSTRONG	RALEIGH NC	186	00:16:02	00:02:19	17	00:45:21	00:01:14	183	00:23:34	01:28:28
74	78	M	43	JOHN PELLIZZARI	WILMINGTON NC	45	00:13:32	00:02:22	75	00:48:26	00:01:25	152	00:22:50	01:28:33
75	409	M	30	GREG CAPPS	RALEIGH NC	57	00:13:47	00:02:16	114	00:49:54	00:01:10	91	00:21:30	01:28:35
76	112	M	33	JOHN BLAUSEY	WILLOW SPRING NC	30	00:12:50	00:02:13	72	00:48:21	00:01:53	175	00:23:21	01:28:37
77	490	M	39	GRANT LEWIS	WILLOW SPRING NC	105	00:14:46	00:01:49	99	00:49:20	00:01:05	101	00:21:44	01:28:41
78	142	M	40	EDWARD MCDERMOTT	JACKSONVILLE NC	171	00:15:54	00:02:15	84	00:48:53	00:01:08	55	00:20:38	01:28:47
79	868	M	27	KEVIN HENDERSON	CONCORD NC	14	00:12:08	00:02:31	172	00:51:23	00:01:10	109	00:21:57	01:29:07
80	122	M	32	THOMAS WOODRUM	WILMINGTON NC	123	00:15:10	00:02:15	97	00:49:17	00:01:31	75	00:21:13	01:29:24
81	417	M	35	SAM EMRICH	RALEIGH NC	138	00:15:25	00:02:20	45	00:46:50	00:01:30	181	00:23:27	01:29:29
82	284	M	34	KRISTOPHER CLINARD	FUQUAY VARINA NC	173	00:15:56	00:02:06	129	00:50:19	00:01:09	36	00:20:03	01:29:31
83	845	M	29	MATT KING	DURHAM NC	131	00:15:19	00:02:32	141	00:50:41	00:01:35	22	00:19:27	01:29:31
84	256	M	50	ERIC WALDBAUER	DURHAM NC	72	00:14:07	00:02:29	48	00:46:52	00:01:27	246	00:24:39	01:29:32

85	613	M	39		ERIC MAGNUSON	HUNTERSVILLE NC	43	00:13:28	00:02:01	87	00:48:57	00:01:14	209	00:23:57	01:29:36
86	805	M	42		STEVE CHILDS	HOLLY SPRINGS NC	115	00:15:03	00:02:10	111	00:49:51	00:01:26	80	00:21:18	01:29:45
87	355	M	57		JOHN AUSTIN	WAKE FOREST NC	323	00:18:12	00:02:25	63	00:47:53	00:01:30	29	00:19:52	01:29:50
88	280	M	34		ROBERT MOSCATO	RALEIGH NC	182	00:16:01	00:01:59	151	00:50:59	00:01:10	42	00:20:13	01:30:20
89	795	M	29		BRENDAN BULL	DURHAM NC	301	00:17:44	00:02:41	61	00:47:46	00:01:44	51	00:20:31	01:30:25
90	406	M	26		CHRIS AYCOCK	RALEIGH NC	87	00:14:22	00:02:05	212	00:52:17	00:01:04	57	00:20:40	01:30:25
91	383	M	42		DOUG ANDERSON	RALEIGH NC	51	00:13:42	00:02:41	69	00:48:10	00:01:19	245	00:24:39	01:30:28
92	206	M	50		GREG RALSTON	WINSTON SALEM NC	60	00:13:50	00:02:14	78	00:48:34	00:01:24	236	00:24:30	01:30:31
93	692	M	39		ANTHONY FARANDA	RALEIGH NC	258	00:17:11	00:02:22	62	00:47:51	00:01:47	85	00:21:21	01:30:31
94	442	M	43		DAVE BULLAMORE	RALEIGH NC	361	00:18:43	00:02:38	66	00:48:02	00:01:13	40	00:20:07	01:30:41
95	810	M	29		MATT LAVIN	RALEIGH NC	55	00:13:46	00:02:25	138	00:50:35	00:01:33	139	00:22:32	01:30:48
96	964	M	42	MC	BARTON FISCHER	FAYETTEVILLE NC	277	00:17:22	00:02:40	33	00:46:26	00:01:28	161	00:22:57	01:30:49
97	927	M	42		JIM PULLEN	CARY NC	218	00:16:34	00:01:51	160	00:51:12	00:01:18	32	00:19:57	01:30:50
98	807	M	23		EUGENE KORSUNSKIY	CHAPEL HILL NC	31	00:12:51	00:02:27	136	00:50:32	00:01:25	203	00:23:53	01:31:06
99	580	M	40		SEAN PATTERSON	HOLLY SPRINGS NC	65	00:13:54	00:01:52	100	00:49:22	00:01:33	234	00:24:29	01:31:08
100	56	M	36		BILL BASS	APEX NC	433	00:20:04	00:02:24	51	00:47:07	00:01:05	54	00:20:35	01:31:14
101	54	M	26		MATT GREENAN	RALEIGH NC	27	00:12:34	00:02:30	154	00:51:05	00:01:07	215	00:24:01	01:31:15
102	937	M	41		RONALD PASCUZZI	WAKE FOREST NC	238	00:16:52	00:02:07	83	00:48:47	00:01:19	127	00:22:13	01:31:17
103	842	M	25		ANDREW BAUMAN	ROANOKE VA	10	00:11:41	00:02:41	91	00:49:03	00:01:40	311	00:26:15	01:31:19
104	831	M	40		MATTHEW TOGO	ROANOKE VA	100	00:14:38	00:02:14	173	00:51:23	00:01:29	95	00:21:39	01:31:20
105	697	M	44		STEVE RITCHIE	CARY NC	40	00:13:26	00:02:13	142	00:50:41	00:01:43	177	00:23:23	01:31:24
106	46	M	21		CHRISTOPHER CHAUVIN	CORNELIUS NC	206	00:16:24	00:02:00	132	00:50:27	00:01:10	88	00:21:26	01:31:26
107	180	M	17		ERIK BIGGS	CLAYTON NC	32	00:12:52	00:02:22	181	00:51:37	00:01:34	169	00:23:03	01:31:28
108	881	M	29		CHAD WATHEN	FAYETTEVILLE NC	71	00:14:05	00:02:37	191	00:51:52	00:02:00	68	00:21:02	01:31:34
109	614	M	23		JAMES LAVIN	RALEIGH NC	47	00:13:34	00:02:32	250	00:53:23	00:01:18	65	00:20:50	01:31:36
110	794	M	44		DAVE BABSON	RALEIGH NC	165	00:15:47	00:02:11	74	00:48:26	00:01:29	190	00:23:46	01:31:37
111	199	M	32	C	ASHLEY WALDRIDGE	GREENSBORO NC	222	00:16:38	00:03:11	118	00:50:02	00:01:15	56	00:20:40	01:31:44
112	301	M	49		ASA BEAVERS	HOLLY SPRINGS NC	103	00:14:43	00:02:27	116	00:49:57	00:01:27	180	00:23:25	01:31:58
113	809	M	21		ALAN STARNES	CHAPEL HILL NC	326	00:18:13	00:02:43	98	00:49:19	00:01:16	53	00:20:32	01:32:00
114	217	M	45		JOHN HOLBROOK	WILMINGTON NC	314	00:18:00	00:02:44	107	00:49:43				01:32:07
115	678	M	44		TOM HUGHES	DURHAM NC	331	00:18:17	00:02:02	55	00:47:29	00:01:29	163	00:22:58	01:32:13

116	892	M	38		TROY KNIGHT	RALEIGH NC	99	00:14:35	00:02:56	144	00:50:51	00:01:22	140	00:22:33	01:32:15
117	145	M	51		DAVID JONES	CARY NC	69	00:13:58	00:02:44	174	00:51:23	00:01:34	150	00:22:49	01:32:27
118	959	M	48	ZM	TIM RHODES	CHARLOTTE NC	264	00:17:15	00:02:05	183	00:51:40				01:32:31
119	540	M	40		PAUL EPPERS	CARY NC	398	00:19:21	00:02:27	94	00:49:12	00:01:42	30	00:19:54	01:32:33
120	878	M	29		ERIC SMITH	CHAPEL HILL NC	210	00:16:29	00:02:18	113	00:49:53	00:01:35	132	00:22:26	01:32:39
121	815	M	47		TODD ALLEN	CARY NC	190	00:16:06	00:02:19	152	00:51:02	00:01:13	116	00:22:06	01:32:44
122	102	M	40		KEN FANELLI	JACKSONVILLE FL	89	00:14:22	00:02:25	200	00:52:04	00:01:34	130	00:22:22	01:32:46
123	343	M	44		CHIC FERRELL	RALEIGH NC	246	00:17:02	00:02:11	206	00:52:14				01:32:49
124	488	M	23		GREGORY BLUM	RALEIGH NC	75	00:14:08	00:02:20	146	00:50:52	00:01:27	218	00:24:07	01:32:52
125	382	M	13		MICHAEL MEBEL	ADVANCE NC	5	00:11:19	00:03:02	247	00:53:22	00:01:19	207	00:23:55	01:32:55
126	635	M	31		ADAM BURKE	RALEIGH NC	375	00:19:02	00:02:06	139	00:50:38				01:32:58
127	108	M	57		ANTONIO GAZZIA	CARY NC	97	00:14:33	00:02:32	214	00:52:33	00:01:48	96	00:21:39	01:33:03
128	897	M	29		BRADLEY REYNOLDS	RALEIGH NC	257	00:17:11	00:02:43	115	00:49:55	00:01:19	112	00:21:58	01:33:04
129	942	M	34		TEERADEJ KONGRUENGKIT	CHARLOTTE NC	189	00:16:05	00:02:27	122	00:50:11				01:33:11
130	318	M	47		NICK TOFFOLON	WILMINGTON NC	129	00:15:18	00:02:13	184	00:51:42	00:01:09	159	00:22:53	01:33:14
131	503	M	27		GREG SIRINEK	RALEIGH NC	175	00:15:57	00:02:47	220	00:52:42	00:01:36	44	00:20:15	01:33:15
132	581	M	42	MC	MICHAEL ZAPATA	CARY NC	220	00:16:35	00:02:12	148	00:50:58	00:01:03	135	00:22:31	01:33:17
133	557	M	20		IVAN ALMEKINDERS	CHAPEL HILL NC	127	00:15:16	00:02:00	302	00:55:06				01:33:19
134	902	M	35		JIM HALLEY	RALEIGH NC	191	00:16:07	00:02:37	90	00:49:03	00:01:30	219	00:24:12	01:33:27
135	713	M	45		DAVID SAPIENZA	HOLLY SPRINGS NC	70	00:13:59	00:02:46	133	00:50:29	00:01:44	242	00:24:37	01:33:32
136	1083	M	37		CHRIS SCOTT	RALEIGH NC	263	00:17:14	00:02:18	162	00:51:13	00:01:17	93	00:21:32	01:33:32
137	887	M	38		JASON ADAMS	WRIGHTSVILLE BEACH NC	195	00:16:12	00:02:09	244	00:53:19	00:01:14	64	00:20:50	01:33:42
138	152	M	60		ROBERT GLENN	DURHAM NC	290	00:17:31	00:02:15	110	00:49:46	00:01:17	165	00:22:59	01:33:46
139	852	M	39	C	DANIEL SMYRSKI	CARY NC	152	00:15:40	00:02:13	140	00:50:38	00:01:56	178	00:23:24	01:33:49
140	827	M	29		BEN HOUCK	CARRBORO NC	151	00:15:40	00:02:51	153	00:51:04	00:01:29	158	00:22:53	01:33:54
141	303	M	38		JOHN MITCHELL	HOLLY SPRINGS NC	44	00:13:31	00:03:21	149	00:50:59	00:01:42	232	00:24:25	01:33:55
142	262	M	33		STEFFEN SCHAIRER	RALEIGH NC	306	00:17:52	00:02:09	89	00:49:00	00:01:43	79	00:21:16 00:02:00	01:33:59
143	110	M	40		MICHAEL HARRISON	SELMA NC	177	00:15:57	00:02:38	96	00:49:16	00:01:34	248	00:24:43	01:34:06
144	165	M	40		ROBERT CASE	ASHEVILLE NC	217	00:16:34	00:02:27	81	00:48:43	00:01:43	253	00:24:50	01:34:15
145	1028	M	29	NM	SION STONE	CARY NC	154	00:15:40	00:03:10	203	00:52:08	00:01:55	24	00:19:36 00:02:00	01:34:28
146	105	M	37		MARVIN SHERRON	WINSTON-SALEM NC	169	00:15:53	00:02:38	177	00:51:33	00:01:28	164	00:22:59	01:34:29

147	844	M	22		CAMERON COOPER	RANDLEMAN NC	125	00:15:13	00:02:40	219	00:52:41			01:34:30	
148	515	M	39		JUDD MEECE	HOLLY SPRINGS NC	226	00:16:41	00:03:12	93	00:49:10	00:01:44	189	00:23:45	01:34:31
149	470	M	34		PAUL MCKEITHAN	RALEIGH NC	388	00:19:14	00:01:48	182	00:51:40	00:01:03	63	00:20:49	01:34:33
150	958	M	46		ROBERT MOODY	DURHAM NC	446	00:20:18	00:02:08	85	00:48:55	00:01:19	123	00:22:11	01:34:49
151	818	M	42		KEITH LEWIS	FUQUAY VARINA NC	270	00:17:18	00:02:36	180	00:51:37	00:01:39	99	00:21:41	01:34:49
152	560	M	46		BRAD SHAFFER	APEX NC	248	00:17:02	00:02:17	171	00:51:21	00:01:42	137	00:22:32	01:34:53
153	553	M	25		ZACH WURZ	MORRISVILLE NC	157	00:15:42	00:02:53	166	00:51:16	00:01:14	208	00:23:57	01:35:01
154	189	M	38		RUSSELL HOCH	RALEIGH NC	260	00:17:12	00:02:14	205	00:52:12	00:01:32	111	00:21:58	01:35:05
155	174	M	35		KEVIN COLLINS	RALEIGH NC	221	00:16:36	00:02:16	158	00:51:11	00:01:21	194	00:23:48	01:35:09
156	787	M	32		GLEN TOOMAYAN	DURHAM NC	285	00:17:29	00:02:18	161	00:51:12	00:01:39	142	00:22:36	01:35:12
157	498	M	25		JASON BISHOP	CARY NC	144	00:15:29	00:02:21	202	00:52:05	00:01:31	201	00:23:52	01:35:16
158	361	M	50		MICHAEL WHALEY	APEX NC	283	00:17:26	00:02:46	121	00:50:08	00:01:55	170	00:23:03	01:35:17
159	385	M	42		KEVIN GRIFFIN	DURHAM NC	211	00:16:31	00:03:04	127	00:50:16	00:01:36	204	00:23:54	01:35:19
160	953	M	38		RANDALL RINE	CARY NC	240	00:16:53	00:02:38	163	00:51:13	00:01:47	157	00:22:53	01:35:22
161	693	M	56		STEVE THOMAS	APEX NC	194	00:16:11	00:02:50	123	00:50:12	00:01:37	249	00:24:44	01:35:33
162	91	M	53		RICH REDDING	RALEIGH NC	78	00:14:11	00:02:04	197	00:52:01	00:01:29	291	00:25:51	01:35:33
163	747	M	38		JONATHAN VALBUENA	APEX NC	84	00:14:20	00:02:29	175	00:51:28	00:02:01	269	00:25:19	01:35:35
164	1089	M	32	NM	PAUL SAVAGE	APEX NC	386	00:19:13	00:02:41	109	00:49:45	00:01:50	126	00:22:13	01:35:40
165	169	M	22		BEN DONNALLEY	RALEIGH NC	46	00:13:34	00:02:11	225	00:52:52	00:01:13	293	00:25:53	01:35:41
166	736	M	24		DONALD KATZ	RALEIGH NC	201	00:16:21	00:03:26	227	00:52:56	00:01:40	87	00:21:22	01:35:43
167	308	M	35	C	CH CHRISTOPHER	FUQUAY VARINA NC	498	00:22:01	00:01:58	101	00:49:25	00:01:03	83	00:21:20	01:35:44
168	717	M	22		MICHAEL ARCIDIACONO	CHARLOTTE NC	450	00:20:22	00:02:25	135	00:50:32	00:01:27	67	00:21:01	01:35:45
169	1084	M	38		TODD STYLES	WILMINGTON NC	247	00:17:02	00:02:47	145	00:50:51	00:01:23	188	00:23:43	01:35:45
170	839	M	26		BRIAN KARIM	RALEIGH NC	184	00:16:02	00:02:27	188	00:51:50	00:01:16	221	00:24:13	01:35:46
171	51	M	34	C	JAMES UPCHURCH	CHAPEL HILL NC	164	00:15:46	00:02:31	226	00:52:55	00:01:39	173	00:23:21	01:36:09
172	298	M	30		NATHAN TREIBLE	DURHAM NC	146	00:15:30	00:02:46	235	00:53:11	00:02:04	151	00:22:49	01:36:18
173	183	M	33		CLAYTON ROBERTS	RALEIGH NC	271	00:17:18	00:03:32	120	00:50:08	00:01:26	212	00:23:59	01:36:21
174	1029	M	38	NM	DAVID MCBRIDE	MORRISVILLE NC	42	00:13:27	00:02:42	178	00:51:33	00:01:53	339	00:26:48	01:36:22
175	759	M	48		MARK CARTER	CARY NC	229	00:16:45	00:02:53	79	00:48:35	00:01:34	332	00:26:42	01:36:26
176	333	M	37		JAY VOLK	HOLLY SPRINGS NC	67	00:13:56	00:03:45	320	00:55:31	00:02:03	77	00:21:14	01:36:27
177	478	M	29		TERENCE COSTELLO	DURHAM NC	188	00:16:05	00:03:57	164	00:51:14	00:01:39	185	00:23:38	01:36:30

178	904	M	39		MICHAEL FOERSTER	RALEIGH NC	180	00:15:59	00:02:48	95	00:49:12	00:02:03	322	00:26:29	01:36:30
179	804	M	41		ANTHONY BILLER	RALEIGH NC	68	00:13:58	00:02:50	237	00:53:11				01:36:34
180	525	M	15		CHRIS POLLENZ	RALEIGH NC	6	00:11:27	00:02:51	289	00:54:30	00:02:08	285	00:25:44	01:36:38
181	602	M	34		KYLE HABECKER	DURHAM NC	181	00:16:00	00:02:25	137	00:50:33	00:01:29	315	00:26:20	01:36:45
182	981	M	35		SHAWN POWELL	CONCORD NC	227	00:16:42	00:02:41	124	00:50:12	00:01:20	296	00:25:56	01:36:49
183	155	M	19		NATHAN AARONSON	DURHAM NC	250	00:17:03	00:02:42	255	00:53:27	00:01:13	134	00:22:27	01:36:50
184	404	M	39		HEATH RUSHING	RALEIGH NC	161	00:15:45	00:02:06	179	00:51:35	00:01:24	301	00:26:01	01:36:50
185	229	M	29		DANIEL BEDARD	CARY NC	328	00:18:14	00:03:29	196	00:51:58	00:02:19	73	00:21:08	01:37:06
186	903	M	45	MC	JEFF PLEMMONS	GASTONIA NC	262	00:17:14	00:02:30	240	00:53:14	00:01:39	138	00:22:32	01:37:06
187	764	M	40		JEFF EMMONS	CHAPEL HILL NC	163	00:15:46	00:02:01	193	00:51:54	00:01:45	284	00:25:44	01:37:08
188	742	M	33		ROBERT BRAD"""" BELL	RALEIGH NC	479	00:21:21	00:02:34	92	00:49:07	00:01:31	144	00:22:38	01:37:09
189	743	M	25		SHANE REYNOLDS	FORT BRAGG NC	139	00:15:27	00:03:14	349	00:56:36	00:01:49	38	00:20:06	01:37:10
190	918	M	38		DOUG BROWN	RALEIGH NC									01:37:13
191	746	M	40		DOUGLAS AHRENS	APEX NC	344	00:18:28	00:03:38	104	00:49:34	00:01:46	211	00:23:58	01:37:20
192	410	M	26		BRIAN JOHNSON	CARY NC	280	00:17:23	00:02:23	270	00:53:50	00:01:11	145	00:22:39	01:37:23
193	860	M	32	C	RICHARD AGUILAR	SPRING LAKE NC	158	00:15:42	00:02:19	324	00:55:37	00:01:33	128	00:22:14	01:37:24
194	709	M	34		STEPHEN MOSS	APEX NC	302	00:17:49	00:02:40	308	00:55:14	00:01:49	31	00:19:57	01:37:26
195	926	M	42	MC	RAYMOND MORGAN	RALEIGH NC	415	00:19:45	00:02:00	117	00:49:59	00:01:11	244	00:24:38	01:37:33
196	956	M	42		ROBERT VAN MEIR	GOLDSBORO NC	162	00:15:45	00:02:29	272	00:53:54	00:01:24	217	00:24:03	01:37:33
197	740	M	53		ROBBIE VANNOY	SPARTANBURG SC	422	00:19:51	00:02:32	105	00:49:36	00:01:50	205	00:23:55	01:37:42
198	392	M	39		DON ZELNA	CARY NC	141	00:15:28	00:03:12	333	00:55:52	00:01:22	108	00:21:57	01:37:48
199	1009	M	40	ZM	J BRENNAN	RALEIGH NC	273	00:17:19	00:04:14	170	00:51:20	00:01:57	167	00:23:00	01:37:49
200	618	M	38		SCOTT DEBERNARDO	HOLLY SPRINGS NC	255	00:17:10	00:02:35	190	00:51:51	00:01:54	227	00:24:21	01:37:49
201	160	M	29		AJ MELOY	RALEIGH NC	543	00:25:07	00:02:32	88	00:48:59	00:01:11	35	00:20:02	01:37:49
202	151	M	41	MC	JOHN BONEY	RALEIGH NC	118	00:15:06	00:02:45	261	00:53:34				01:37:50
203	267	M	36		ERIK STAUB	MORRISVILLE NC	359	00:18:41	00:02:48	168	00:51:17	00:01:27	195	00:23:48	01:37:58
204	535	M	57		CARLOS ESCOBAR	RALEIGH NC	122	00:15:08	00:03:30	130	00:50:20	00:02:01	348	00:27:02	01:37:59
205	925	M	28		BRYANT SPENCER	KINGWOOD TX	266	00:17:16	00:03:11	287	00:54:27	00:01:04	119	00:22:08	01:38:03
206	1091	M	38	C	CHRISTOPHER MURRAY	RALEIGH NC	56	00:13:46	00:02:43	209	00:52:14	00:02:17	353	00:27:09	01:38:07
207	143	M	41		LALIT VERMA	CHAPEL HILL NC	85	00:14:20	00:03:16	223	00:52:47	00:01:44	302	00:26:02	01:38:07
208	782	M	38		BRIAN EITZEN	GREENSBORO NC	440	00:20:15	00:03:44	185	00:51:46	00:01:36	66	00:20:53	01:38:12

209	411	M	35		GRAHAM SCHILLMOLLER	RALEIGH NC	88	00:14:22	00:02:35	313	00:55:17	00:01:32	235	00:24:29	01:38:13
210	115	M	43		LOUIS SOLEO	CARY NC	444	00:20:17	00:02:38	155	00:51:08	00:01:32	147	00:22:44	01:38:17
211	711	M	31		NATHAN HANGEN	FAYETTEVILLE NC	291	00:17:32	00:02:49	251	00:53:23	00:01:43	154	00:22:51	01:38:17
212	347	M	19		COREY LERCH	RALEIGH NC	225	00:16:41	00:03:59	192	00:51:54	00:02:00	110	00:21:57	00:02:00 01:38:28
213	403	M	51		SAM HOPKINS	RALEIGH NC	142	00:15:28	00:02:52	284	00:54:18	00:01:36	226	00:24:18	01:38:30
214	414	M	30		GREGORY MCGOWAN	CORNELIUS NC	342	00:18:27	00:02:03	222	00:52:45	00:01:29	198	00:23:50	01:38:32
215	1073	M	23	NM	CHRIS MORRISH	GOLDSBORO NC	481	00:21:25	00:02:16	189	00:51:50	00:01:10	107	00:21:55	01:38:34
216	680	M	36		MARCELO VASCONCELOS	CARY NC	119	00:15:07	00:02:57	358	00:56:53				01:38:41
217	319	M	43		DAVID WOOD	CARY NC	439	00:20:14	00:02:30	198	00:52:02	00:01:33	131	00:22:25	01:38:43
218	971	M	48		LOU METZGER	HILLSBOROUGH NC	74	00:14:08	00:02:56	283	00:54:17	00:01:34	295	00:25:55	01:38:48
219	750	M	39		JOHN COBURN	RALEIGH NC	66	00:13:55	00:02:54	295	00:54:55	00:01:42	271	00:25:23	01:38:48
220	510	M	27		DEREK PLATOW	WILMINGTON NC	345	00:18:31	00:02:38	143	00:50:41	00:01:26	280	00:25:40	01:38:55
221	520	M	27		WILLIAM HIGHSMITH	FAYETTEVILLE NC	236	00:16:50	00:03:23	262	00:53:35	00:01:58	171	00:23:11	01:38:55
222	874	M	37		HUNTER BOYD	LINCOLNTON NC	192	00:16:08	00:02:20	268	00:53:47	00:01:39	265	00:25:06	01:38:57
223	606	M	28		JOHN HAYWOOD	DURHAM NC	121	00:15:07	00:03:44	417	00:58:48				01:38:59
224	637	M	62		SCOTT ISLEY	THOMASVILLE NC	233	00:16:48	00:03:05	216	00:52:36	00:01:55	252	00:24:50	01:39:12
225	634	M	35		JOSH DALTON	RALEIGH NC	86	00:14:21	00:02:39	242	00:53:15				01:39:12
226	74	M	49		SCOTT WALKER	SALISBURY NC	367	00:18:51	00:02:53	266	00:53:44	00:01:27	129	00:22:19	01:39:13
227	202	M	40		BRET BATCHELDER	RALEIGH NC	259	00:17:12	00:02:54	71	00:48:17	00:01:48	407	00:29:05	01:39:14
228	950	M	29		BRANDON COOK	SANFORD NC	333	00:18:19	00:02:48	249	00:53:23	00:01:26	179	00:23:24	01:39:18
229	667	M	40		TODD COOK	DURHAM NC	108	00:14:49	00:02:44	298	00:54:58	00:01:57	258	00:24:58	01:39:23
230	208	M	41	MC	JAMES GLENN	RALEIGH NC	379	00:19:06	00:02:54	159	00:51:12	00:01:44	238	00:24:31	01:39:25
231	604	M	36	C	CHAD CULVER	SMITHFIELD NC	224	00:16:40	00:02:28	245	00:53:19	00:01:15	286	00:25:45	01:39:25
232	352	M	37		CHADWICK TEEL	FUQUAY-VARINA NC	395	00:19:17	00:03:02	134	00:50:31	00:01:46	153	00:22:51	00:02:00 01:39:25
233	554	M	26		ROBERT HORNER	TEMPE AZ	49	00:13:39	00:02:46	292	00:54:46	00:01:54	334	00:26:43	01:39:46
234	95	M	53		KEVIN HOWARD	EDEN NC	207	00:16:25	00:02:18	264	00:53:37	00:01:26	306	00:26:08	01:39:53
235	628	M	33		MARTIN ONDRUS	RALEIGH NC	456	00:20:32	00:02:09	208	00:52:14	00:01:11	206	00:23:55	01:39:59
236	561	M	41		DAVID TYNDALL	CARY NC	365	00:18:48	00:02:46	259	00:53:32	00:01:37	176	00:23:22	01:40:03
237	576	M	46	MC	CURTIS SCOVEL	CARY NC	150	00:15:38	00:03:23	371	00:57:11	00:01:48	118	00:22:08	01:40:06
238	243	M	36		KEVIN SCANLON	HOLLY SPRINGS NC	234	00:16:48	00:02:34	342	00:56:14	00:01:59	143	00:22:38	01:40:11
239	957	M	33	C	WES SISK	DURHAM NC	208	00:16:25	00:03:32	260	00:53:32	00:01:50	259	00:24:59	01:40:16

240	859	M	21		ADAM WARD	HAMPSTEAD NC	528	00:23:39	00:02:10	176	00:51:32	00:01:24	25	00:19:39	00:02:00	01:40:20
241	802	M	15		HANS LOEWEN	HAMPSTEAD NC	251	00:17:04	00:02:36	253	00:53:25	00:01:25	202	00:23:52	00:02:00	01:40:21
242	377	M	30		ANDREW MOSER	RALEIGH NC	320	00:18:10	00:03:14	233	00:53:10	00:01:34	223	00:24:15		01:40:21
243	270	M	41		DOUG DUNN	DENVER NC	216	00:16:34	00:02:37	278	00:54:10	00:01:47	268	00:25:17		01:40:24
244	214	M	32		FELIPE WELLS	RALEIGH NC	464	00:20:40	00:02:44	147	00:50:57	00:01:42	230	00:24:24		01:40:25
245	786	M	48		GARY ZUCKERMAN	RALEIGH NC	272	00:17:19	00:02:52	344	00:56:19	00:02:05	106	00:21:52		01:40:26
246	254	M	38	C	VINCENT ROMEO	HOLLY SPRINGS NC	319	00:18:08	00:02:37	238	00:53:11	00:01:53	254	00:24:53		01:40:39
247	915	M	36	C	SID MITCHENER	RALEIGH NC	352	00:18:35	00:03:10	169	00:51:18	00:02:10	277	00:25:29		01:40:41
248	712	M	44		SCOTT SHEFLIN	HOLLY SPRINGS NC	287	00:17:29	00:03:22	204	00:52:08					01:40:41
249	474	M	44		MYLES NELLIGAN	RALEIGH NC	508	00:22:23	00:02:45	128	00:50:16	00:01:36	192	00:23:46		01:40:44
250	386	M	43		WALTER PEEL	RALEIGH NC	348	00:18:33	00:03:04	256	00:53:28	00:01:45	210	00:23:57		01:40:45
251	768	M	38		KEITH MCKEE	FUQUAY VARINA NC	245	00:16:59	00:02:52	246	00:53:19	00:01:29	305	00:26:08		01:40:46
252	253	M	39		BLAKE HARDIN	DURHAM NC	278	00:17:23	00:02:21	221	00:52:44	00:01:44	330	00:26:40		01:40:48
253	612	M	31		RYAN WELCH	CARY NC	477	00:21:08	00:03:14	271	00:53:50	00:01:37	71	00:21:04		01:40:51
254	913	M	48		DAVID BALL	GREENSBORO NC	485	00:21:41	00:02:13	273	00:54:00	00:01:19	103	00:21:46		01:40:57
255	919	M	44		BILL LANE	RALEIGH NC	419	00:19:48	00:03:00	228	00:52:56	00:01:48	182	00:23:28		01:40:58
256	265	M	47		ANDREW GAGER	HOLLY SPRINGS NC	196	00:16:14	00:02:37	293	00:54:49	00:01:34	287	00:25:47		01:40:59
257	616	M	42		DARREN MASIER	CARY NC	347	00:18:32	00:02:42	281	00:54:14	00:01:20	222	00:24:15		01:41:01
258	638	M	31		MICHAEL SMITH	RALEIGH NC	26	00:12:32	00:04:09	427	00:59:14					01:41:02
259	426	M	39	C	BRUCE REEVES	CARY NC	382	00:19:11	00:02:40	288	00:54:29	00:01:24	172	00:23:21		01:41:02
260	94	M	48		PAUL D'ENGLERE	CLIMAX NC	3	00:11:05	00:02:33	359	00:56:53	00:01:27	408	00:29:06		01:41:03
261	227	M	49		ANTHONY READ	MOORESVILLE NC	330	00:18:15	00:02:59	263	00:53:36	00:01:22	257	00:24:56		01:41:06
262	286	M	51	MC	ERIK PAULSON	CHAPEL HILL NC	58	00:13:49	00:02:45	360	00:56:55	00:01:36	303	00:26:05		01:41:09
263	853	M	37		SCOTT WELLS	CARY NC	307	00:17:52	00:03:18	276	00:54:05	00:02:04	213	00:24:00		01:41:17
264	35	M	30	OM	SEAN KENNEY	GREENSBORO NC	340	00:18:24	00:02:49	232	00:53:07	00:01:42	272	00:25:25		01:41:25
265	552	M	25		ABRAHAM MOYER	RALEIGH NC	252	00:17:05	00:02:48	294	00:54:49	00:01:21	275	00:25:29		01:41:30
266	171	M	39		MIKE HERB	RALEIGH NC	414	00:19:45	00:03:46	150	00:50:59	00:02:04	261	00:25:00		01:41:31
267	176	M	37		CHAZ FELIX	RALEIGH NC	312	00:17:57	00:02:20	316	00:55:25	00:01:47	121	00:22:10	00:02:00	01:41:38
268	756	M	48		DOUGLAS ROBINSON	RALEIGH NC	403	00:19:25	00:02:57	125	00:50:12	00:01:54	358	00:27:15		01:41:42
269	353	M	44		RON MEREDITH	OREFIELD PA	256	00:17:10	00:02:54	194	00:51:55	00:01:51	380	00:27:53		01:41:42
270	723	M	44		STEVE WEST	APEX NC	120	00:15:07	00:02:31	402	00:58:17					01:41:51

271	132	M	50		CRAIG GILBERT	DURHAM NC	143	00:15:29	00:02:22	167	00:51:17	00:01:24	467	00:31:22	01:41:51
272	1067	M	33	NM	MATTHEW LESESKY	DURHAM NC	303	00:17:49	00:03:54	327	00:55:42	00:01:45	149	00:22:48	01:41:55
273	893	M	49		STEPHEN DEAN	CARY NC	391	00:19:14	00:03:07	279	00:54:11	00:01:42	191	00:23:46	01:41:57
274	402	M	43		JEFF DANNER	CHAPEL HILL NC	213	00:16:32	00:03:17	328	00:55:42	00:01:22	266	00:25:08	01:41:59
275	198	M	44	ZM	HAROLD LILES	APEX NC	402	00:19:23	00:02:29	186	00:51:49	00:01:39	333	00:26:43	01:42:00
276	583	M	45	MC	CHAD GRIEVES	CARY NC	412	00:19:43	00:03:23	157	00:51:10	00:01:54	300	00:26:00	01:42:08
277	1060	M	35	NM	ART PREJS	CARY NC	354	00:18:36	00:04:02	236	00:53:11	00:01:53	239	00:24:32	01:42:11
278	588	M	41		CRAIG HURT	CARY NC	451	00:20:26	00:02:31	239	00:53:14	00:01:42	233	00:24:28	01:42:18
279	313	M	67		DOUG FLETCHER	YOUNGSVILLE NC	199	00:16:19	00:02:01	326	00:55:41	00:01:25	350	00:27:04	01:42:27
280	548	M	47		MARK FINNILA	VASS NC	514	00:22:41	00:03:15	156	00:51:09	00:01:34	105	00:21:50	00:02:00 01:42:28
281	650	M	28		DOYLE MIDGETTE	RALEIGH NC	513	00:22:40	00:02:15	257	00:53:29	00:01:13	160	00:22:56	01:42:31
282	609	M	36		MATTHEW PEARSON	WILLOW SPRING NC	183	00:16:01	00:02:41	322	00:55:35	00:02:26	292	00:25:53	01:42:35
283	250	M	39		MATT VERTREES	CARY NC	353	00:18:35	00:03:11	254	00:53:27	00:02:03	270	00:25:22	01:42:36
284	653	M	41	MC	WILLIAM REID	GARNER NC	228	00:16:44	00:03:22	243	00:53:16	00:02:21	344	00:26:58	01:42:39
285	384	M	56		DONALD PROCOPIO	RALEIGH NC	336	00:18:21	00:02:37	365	00:57:01	00:01:34	174	00:23:21	01:42:53
286	429	M	41		MATTHEW KENNEY	RALEIGH NC	384	00:19:12	00:02:49	207	00:52:14				01:42:54
287	620	M	38		CHRIS CLAYTON	RALEIGH NC	406	00:19:30	00:03:08	346	00:56:34	00:01:24	133	00:22:26	01:43:00
288	772	M	23		STEPHEN MARKS	CARY NC	363	00:18:45	00:02:51	231	00:53:05	00:01:23	351	00:27:05	01:43:06
289	812	M	37		JASON LIEB	CARRBORO NC	261	00:17:13	00:02:44	311	00:55:16	00:01:47	307	00:26:09	01:43:07
290	585	M	37		RYAN SPROWL	CLAYTON NC	284	00:17:27	00:02:43	296	00:54:56	00:01:33	325	00:26:31	01:43:09
291	840	M	40		BRAD WILLIFORD	HOLLY SPRINGS NC	116	00:15:04	00:03:16	355	00:56:48	00:01:36	323	00:26:30	01:43:11
292	483	M	28	C	ERICSON DAVIS	ARLINGTON VA	137	00:15:25	00:02:50	165	00:51:14	00:02:33	462	00:31:13	01:43:13
293	974	M	42		JEFFREY MILLER	CONYNGHAM PA	268	00:17:17	00:02:52	187	00:51:49	00:01:32	434	00:29:50	01:43:18
294	916	M	41		GREG HAMLYN	CARY NC	265	00:17:15	00:03:21	330	00:55:47	00:01:41	267	00:25:17	01:43:19
295	76	M	55		DAN YEINGST	CARY NC	300	00:17:44	00:02:50	252	00:53:24	00:01:47	371	00:27:39	01:43:22
296	1014	M	27	NM	PRESTON IVIE	RALEIGH NC	286	00:17:29	00:03:22	396	00:57:57	00:01:37	72	00:21:04	00:02:00 01:43:27
297	258	M	41		CHARLES CLEARY	CHAPEL HILL NC	160	00:15:44	00:03:22	354	00:56:48	00:01:25	313	00:26:16	01:43:33
298	339	M	55		JIM MCCLEARY	RALEIGH NC	505	00:22:14	00:03:07	213	00:52:24	00:02:01	199	00:23:51	01:43:35
299	291	M	43		ARJAY HINEK	RALEIGH NC	564	00:28:55	00:02:30	80	00:48:35	00:01:29	122	00:22:10	01:43:39
300	615	M	42		DAVID FOUNTAIN	RALEIGH NC	293	00:17:37	00:03:53	388	00:57:40	00:01:34	166	00:23:00	01:43:41
301	397	M	45		NICHOLAS PARKER	CHAPEL HILL NC	126	00:15:13	00:02:48	397	00:58:00	00:01:39	308	00:26:09	01:43:47

302	1081	M	25	NM	NICK WARD	MORRISVILLE NC	113	00:14:59	00:03:02	383	00:57:27	00:01:49	241	00:24:32	00:02:00	01:43:48
303	677	M	37		CHRIS BOGART	FUQUAY VARINA NC	168	00:15:51	00:02:36	285	00:54:21	00:01:36	423	00:29:32		01:43:54
304	350	M	43		SAM MACDOUGALL	CARY NC	223	00:16:39	00:02:43	267	00:53:46	00:02:29	392	00:28:20		01:43:55
305	808	M	42		PHILIP CLIFFORD	DURHAM NC	360	00:18:42	00:03:43	291	00:54:39	00:02:42	220	00:24:12		01:43:57
306	920	M	39		JEFF BRADBURN	WINSTON SALEM NC	242	00:16:55	00:03:39	341	00:56:11	00:02:04	274	00:25:28		01:44:14
307	275	M	35		GREGORY SCHMID	WAKE FOREST NC	237	00:16:52	00:02:45	368	00:57:07	00:01:08	319	00:26:25		01:44:14
308	287	M	36		PATRICK PETERSON	HOLLY SPRINGS NC	41	00:13:27	00:04:16	381	00:57:25	00:02:58	312	00:26:16		01:44:20
309	192	M	49		STEVEN LEVINE	CARY NC	397	00:19:20	00:03:12	230	00:53:00	00:02:23	321	00:26:28		01:44:21
310	938	M	32		VERN THEIS	ABERDEEN NC	383	00:19:11	00:02:30	375	00:57:15	00:01:19	124	00:22:12	00:02:00	01:44:26
311	1004	M	21	NM	TREAD SNEDECOR	RALEIGH NC	166	00:15:50	00:02:54	385	00:57:34	00:01:14	342	00:26:56		01:44:26
312	302	M	46		STEVEN ANDERSON	FAYETTEVILLE NC	442	00:20:16	00:02:32	258	00:53:31	00:02:14	299	00:26:00		01:44:32
313	71	M	62		SCOTT DUNCAN	GREENSBORO NC	387	00:19:14	00:02:32	269	00:53:50	00:01:44	361	00:27:20		01:44:37
314	130	M	31		NATHANIEL PARKER	CARY NC	372	00:18:57	00:03:07	290	00:54:35	00:01:57	304	00:26:07		01:44:40
315	468	M	34		ERIC CLEMENTE	RALEIGH NC	470	00:20:51	00:04:06	307	00:55:12					01:44:52
316	962	M	38		PAUL DITTNER	APEX NC	321	00:18:10	00:04:25	306	00:55:12	00:01:18	290	00:25:50		01:44:54
317	825	M	50		JOHN CONNOR	RALEIGH NC	243	00:16:55	00:02:27	374	00:57:15	00:01:38	335	00:26:44		01:44:57
318	321	M	39		ERIC SIMPSON	CARY NC	399	00:19:21	00:03:58	275	00:54:05	00:01:52	281	00:25:41		01:44:57
319	753	M	45		STAN MIELE	HOLLY SPRINGS NC	503	00:22:12	00:02:35	210	00:52:15	00:01:35	316	00:26:22		01:44:58
320	889	M	41	MC	WAYNE DAVIS	WILLOW SPRING NC	294	00:17:38	00:03:05	234	00:53:10	00:01:41	420	00:29:30		01:45:02
321	607	M	49		DOUG VODICKA	RALEIGH NC	159	00:15:44	00:02:45	415	00:58:44	00:01:54	298	00:25:59		01:45:03
322	1039	M	40	ZM	WLADIMIR SILVA	CARY NC	349	00:18:33	00:03:15	364	00:56:59	00:01:39	243	00:24:38		01:45:03
323	592	M	40		KLAY BARROW	RALEIGH NC	529	00:23:41	00:04:34	224	00:52:48	00:02:17	104	00:21:48		01:45:06
324	472	M	45		PARKER HALE	RICHMOND VA	295	00:17:38	00:02:40	363	00:56:58	00:02:09	283	00:25:43		01:45:07
325	666	M	36		KEVIN MORENO	CARY NC	394	00:19:16	00:02:56	352	00:56:44	00:01:54	240	00:24:32		01:45:21
326	765	M	26		JON BACKUS	DURHAM NC	282	00:17:26	00:03:16	199	00:52:04	00:03:20	417	00:29:21		01:45:24
327	836	M	38		DAN GIROUARD	CARY NC	411	00:19:40	00:03:55	304	00:55:10	00:01:55	250	00:24:47		01:45:25
328	850	M	52		BRUCE PEYSER	DURHAM NC	317	00:18:06	00:02:48	429	00:59:16	00:01:46	184	00:23:36		01:45:29
329	315	M	68		GREYSON QUARLES	DUCK KEY FL	337	00:18:23	00:03:37	201	00:52:04	00:01:59	422	00:29:31		01:45:32
330	774	M	17		DAVID BRADWAY	DURHAM NC	253	00:17:06	00:03:30	421	00:58:53	00:01:45	228	00:24:21		01:45:34
331	149	M	60		LEONARD WOOD	SALISBURY NC	445	00:20:17	00:03:41	215	00:52:35	00:01:38	365	00:27:29		01:45:37
332	785	M	48		DWAYNE HELLARD	RALEIGH NC	553	00:27:24	00:02:36	218	00:52:40	00:01:23	94	00:21:37		01:45:39

333	205	M	36		WILLIAM GRIFFIN	HOLLY SPRINGS NC	316	00:18:05	00:03:28	380	00:57:24	00:01:58	256	00:24:55	01:45:49
334	1065	M	26	NM	DAN MALEY	RALEIGH NC	299	00:17:42	00:03:35	229	00:52:59	00:02:03	426	00:29:40	01:45:58
335	799	M	38		GARY CORRADO	CHARLOTTE NC	178	00:15:58	00:03:32	300	00:55:04	00:01:50	431	00:29:47	01:46:09
336	234	M	59		STUART SAMUELS	CARY NC	441	00:20:15	00:03:21	332	00:55:51	00:02:21	231	00:24:25	01:46:10
337	686	M	51		MATTHEW KETCHUM	DURHAM NC	332	00:18:18	00:02:54	310	00:55:16	00:02:20	363	00:27:28	01:46:14
338	326	M	35		RICKY PONTELLO	APEX NC	117	00:15:06	00:03:48	407	00:58:27	00:01:19	370	00:27:37	01:46:15
339	720	M	44		SCOTT GILCHREST	CARY NC	334	00:18:20	00:04:16	337	00:56:07	00:02:15	278	00:25:32	01:46:27
340	523	M	44		BILL FLAHERTY	CARY NC	416	00:19:46	00:03:58	343	00:56:16	00:02:15	224	00:24:16	01:46:29
341	941	M	28		DANIEL KUENZIG	ARLINGTON VA	185	00:16:02	00:03:49	348	00:56:35	00:02:30	369	00:27:36	01:46:30
342	687	M	39		CHRIS GROSSMANN	RALEIGH NC	90	00:14:24	00:03:51	424	00:59:03	00:02:01	356	00:27:14	01:46:30
343	376	M	17		CHRIS ZINO	APEX NC	482	00:21:25	00:02:26	369	00:57:08	00:01:36	216	00:24:02	01:46:35
344	770	M	51		WILLIAM SCOTT	CLAYTON NC	410	00:19:39	00:02:35	382	00:57:26	00:01:26	279	00:25:34	01:46:38
345	387	M	61		ROBERT DAVIS	CLEMMONS NC	447	00:20:18	00:02:34	299	00:54:59	00:01:25	364	00:27:28	01:46:42
346	440	M	39		MICHAEL MUSOLF	APEX NC	350	00:18:34	00:03:31	372	00:57:12	00:01:51	282	00:25:43	01:46:49
347	167	M	39		ANDREW PEAT	FUQUAY VARINA NC	288	00:17:30	00:02:43	405	00:58:21	00:01:37	336	00:26:44	01:46:52
348	725	M	39		JOHN APPLEBY	RALEIGH NC	267	00:17:17	00:03:00	400	00:58:16	00:02:04	318	00:26:24	01:46:58
349	114	M	60		DAVID ROBERTS	RALEIGH NC	527	00:23:35	00:04:03	241	00:53:14	00:02:32	196	00:23:49	01:47:11
350	999	M	31	NM	CHAD NUSSMAN	CHARLOTTE NC	404	00:19:26	00:03:41	317	00:55:28	00:02:13	324	00:26:30	01:47:16
351	574	M	32		ROBERT PLUNKET	DURHAM NC	96	00:14:32	00:03:08	470	01:01:14	00:02:02	320	00:26:25	01:47:20
352	439	M	53		PETER CHRISTIE	RALEIGH NC	275	00:17:21	00:03:21	303	00:55:06	00:02:26	411	00:29:09	01:47:22
353	1041	M	49	ZM	STEVE FALLAIZE	RALEIGH NC	430	00:20:01	00:03:02	404	00:58:20	00:01:38	229	00:24:22	01:47:22
354	116	M	48		FRAZIER KECK	CHAPEL HILL NC	304	00:17:49	00:02:37	340	00:56:11	00:01:54	405	00:28:55	01:47:24
355	691	M	39		DAVID ARNETTE	GARNER NC	339	00:18:23	00:03:34	274	00:54:00	00:01:48	375	00:27:46	00:02:00 01:47:30
356	994	M	45	ZM	LANCE TASTET	APEX NC	269	00:17:17	00:03:23	331	00:55:47	00:02:14	402	00:28:49	01:47:30
357	526	M	54		ALAN POLLENZ	RALEIGH NC	92	00:14:29	00:02:54	345	00:56:22	00:01:51	485	00:32:00	01:47:35
358	218	M	38		DREW ALEXANDER	WAKE FOREST NC	172	00:15:55	00:05:29	280	00:54:13	00:02:04	440	00:30:03	01:47:42
359	969	M	37		JAMES GERDTS	RALEIGH NC	547	00:26:29	00:04:22	211	00:52:16	00:01:47	162	00:22:57	01:47:49
360	798	M	29		CHRIS TENNANT	WILMINGTON NC	254	00:17:09	00:03:59	366	00:57:01	00:01:56	378	00:27:47	01:47:50
361	698	M	33		CRAIG FORTNER	APEX NC	400	00:19:22	00:03:40	409	00:58:34	00:01:21	168	00:23:02	00:02:00 01:47:57
362	738	M	54		MICHAEL STRASESKI	LILLINGTON NC	531	00:23:48	00:03:59	195	00:51:57	00:02:03	310	00:26:12	01:47:57
363	187	M	37		ASHBY RAY	RALEIGH NC	476	00:21:08	00:02:59	309	00:55:14	00:01:32	355	00:27:13	01:48:05

364	543	M	33		JOSEPH DUPREY	CARY NC	341	00:18:26	00:02:19	523	01:04:31	00:01:29	86	00:21:21	01:48:05
365	727	M	32		AARON SINGH	RALEIGH NC	235	00:16:48	00:04:05	476	01:01:26	00:01:18	247	00:24:41	01:48:16
366	601	M	24	NM	CHRISTOPHER O'CONOR	DURHAM NC	491	00:21:54	00:04:31	367	00:57:06	00:01:56	156	00:22:52	01:48:17
367	599	M	51		JOE VOSHELL	DURHAM NC	424	00:19:53	00:03:23	370	00:57:09	00:02:12	288	00:25:48	01:48:23
368	766	M	59		LAWRENCE GREENBERG	CHAPEL HILL NC	297	00:17:39	00:04:38	361	00:56:57	00:02:03	354	00:27:09	01:48:25
369	493	M	36		JASON KUHLEMEIER	RALEIGH NC	526	00:23:35	00:02:53	357	00:56:51	00:01:30	187	00:23:40	01:48:27
370	1070	M	41	ZM	JAMES HURR	CAMERON NC	461	00:20:37	00:03:27	339	00:56:10	00:01:30	337	00:26:46	01:48:27
371	399	M	37		SCOTT JOHNSON	LELAND NC	155	00:15:41	00:03:17	323	00:55:36	00:02:01	483	00:31:59	01:48:33
372	792	M	42	MC	JOHN RIDER	CLAYTON NC	318	00:18:07	00:03:09	305	00:55:10	00:01:20	457	00:30:54	01:48:38
373	555	M	39		TOMAS HANSON	APEX NC	545	00:25:47	00:04:27	217	00:52:40	00:02:05	193	00:23:46	01:48:42
374	891	M	41		BEN HITCHINGS	DURHAM NC	364	00:18:46	00:03:33	444	00:59:58	00:02:49	186	00:23:40	01:48:44
375	684	M	56		JOHN PRICE	RALEIGH NC	480	00:21:24	00:03:15	377	00:57:22	00:02:01	251	00:24:49	01:48:48
376	566	M	36		KEVIN HICKEY	RALEIGH NC	423	00:19:51	00:03:21	319	00:55:28	00:02:17	383	00:27:59	01:48:54
377	396	M	38		JOHN SOUTHEY	NEWNAN GA	377	00:19:03	00:02:53	336	00:56:05	00:01:50	409	00:29:08	01:48:57
378	814	M	15		WILL CLARK	NEW BERN NC	305	00:17:50	00:02:45	457	01:00:45				01:48:59
379	443	M	53		CARLTON COOPER	RALEIGH NC	457	00:20:32	00:03:06	391	00:57:43	00:01:44	297	00:25:57	01:48:59
380	983	M	25	NM	JOHN GUNTHER	RALEIGH NC	486	00:21:47	00:04:50	392	00:57:45	00:02:13	146	00:22:42	01:49:15
381	274	M	36		JOHN ERHART	RALEIGH NC	380	00:19:07	00:03:46	413	00:58:41	00:01:34	309	00:26:12	01:49:17
382	107	M	33		JEFF SCHROEDER	RALEIGH NC	176	00:15:57	00:03:40	393	00:57:46	00:01:52	444	00:30:16	01:49:29
383	502	M	45		KEVIN FEENY	APEX NC	434	00:20:04	00:03:07	442	00:59:56	00:01:33	255	00:24:54	01:49:32
384	995	M	31	NM	JOSEPH BURLESON	CARY NC	425	00:19:53	00:03:15	449	01:00:21	00:01:06	264	00:25:03	01:49:37
385	357	M	42		JEFF FREER	CARY NC	488	00:21:49	00:03:13	384	00:57:33	00:01:36	276	00:25:29	01:49:39
386	936	M	35		JESSE ERVIN	MORRISVILLE NC	471	00:20:52	00:03:03	451	01:00:23	00:01:08	225	00:24:16	01:49:41
387	512	M	44		FRED THERON	RALEIGH NC	170	00:15:53	00:03:35	493	01:02:15	00:01:30	326	00:26:32	01:49:44
388	507	M	41		ALEXANDER KARSTENS	CLAYTON NC	417	00:19:46	00:03:35	321	00:55:34	00:01:16	429	00:29:44	01:49:52
389	572	M	41		BRET PEDIGO	SANFORD NC	501	00:22:10	00:03:07	248	00:53:22	00:01:44	424	00:29:34	01:49:55
390	1072	M	52	ZM	ANDREW WALLACW	RALEIGH NC	193	00:16:10	00:01:54	549	01:09:04	00:01:35	78	00:21:16	01:49:56
391	719	M	47		BOB HUTHER	APEX NC	156	00:15:42	00:03:15	420	00:58:50	00:02:11	437	00:30:00	01:49:57
392	659	M	30		MATT PRICE	WILLOW SPRING NC	324	00:18:12	00:03:10	435	00:59:32	00:02:19	341	00:26:54	01:50:06
393	732	M	32		WILLIAM TAYLOR	CORNELIUS NC	429	00:20:01	00:03:37	265	00:53:38	00:02:13	401	00:28:38	00:02:00 01:50:06
394	482	M	34		RICK RECTENWALD	RALEIGH NC	322	00:18:11	00:04:26	503	01:02:47	00:02:12	141	00:22:34	01:50:09

395	1062	M	28	NM	DERRICK MCDUFFEE	FAYETTEVILLE NC	459	00:20:35	00:03:22	376	00:57:21	00:01:27	366	00:27:31	01:50:14
396	898	M	19		ZACHARY COX	RALEIGH NC	313	00:17:59	00:03:12	453	01:00:33				01:50:17
397	264	M	65		DENNIS GEISER	PITTSBORO NC	489	00:21:51	00:03:08	387	00:57:39	00:01:09	327	00:26:33	01:50:18
398	820	M	43		KEVIN ATKINS	APEX NC	335	00:18:20	00:02:57	432	00:59:28	00:01:59	372	00:27:39	01:50:22
399	707	M	39		SCOTT SHIELDS	FUQUAY VARINA NC	385	00:19:13	00:04:16	335	00:56:03	00:02:16	400	00:28:37	01:50:23
400	370	M	40		CORY ADAMSON	DURHAM NC	371	00:18:56	00:03:28	395	00:57:56	00:02:21	377	00:27:47	01:50:26
401	706	M	16		MIKE LANGSTON	DURHAM NC	308	00:17:54	00:03:56	450	01:00:21	00:01:17	352	00:27:06	01:50:32
402	276	M	38		CHRIS ADAMS	APEX NC	369	00:18:53	00:03:48	318	00:55:28	00:02:22	443	00:30:05	01:50:34
403	924	M	37		IAIN STAUFFER	APEX NC	523	00:23:30	00:04:01	277	00:54:07	00:02:04	349	00:27:02	01:50:42
404	847	M	27		REED NELSON	CHAMPAIGN IL	197	00:16:17	00:04:25	478	01:01:29	00:01:47	338	00:26:48	01:50:45
405	120	M	45		KEVIN KELLEY	RALEIGH NC	153	00:15:40	00:04:56	532	01:05:16	00:01:06	200	00:23:52	01:50:48
406	408	M	47		JOHN BREBNER	DURHAM NC	167	00:15:50	00:03:50	378	00:57:23	00:03:20	452	00:30:35	01:50:56
407	949	M	40		DAVID MATHES	CARY NC	219	00:16:35	00:04:04	439	00:59:45	00:02:02	398	00:28:33	01:50:57
408	486	M	46		JOHN SWARTZ	DURHAM NC	420	00:19:49	00:04:41	353	00:56:45	00:02:29	359	00:27:16	01:50:58
409	838	M	29	C	MATTHEW ROWE	RALEIGH NC	114	00:15:00	00:03:27	489	01:02:04	00:02:28	393	00:28:22	01:51:18
410	316	M	28		DAN DELEO	RALEIGH NC	148	00:15:34	00:03:27	463	01:00:54	00:02:02	418	00:29:26	01:51:21
411	550	M	34		SHAWN SPENCE	HENDERSON NC	435	00:20:06	00:03:27	301	00:55:06	00:02:01	454	00:30:45	01:51:22
412	53	M	37		DANIEL POPHAM	APEX NC	376	00:19:02	00:04:11	350	00:56:39	00:01:26	448	00:30:24	01:51:40
413	99	M	53	MC	JON SASSER	RALEIGH NC	474	00:20:58	00:02:53	414	00:58:44	00:02:09	347	00:27:00	01:51:41
414	505	M	47		JOHN COLON	RALIEGH NC	362	00:18:43	00:03:29	403	00:58:18	00:02:05	416	00:29:19	01:51:53
415	824	M	46		KEN HAYMAN	APEX NC	374	00:18:58	00:03:04	389	00:57:41	00:01:54	445	00:30:19	01:51:54
416	527	M	27		WILLIAM SMITH	DURHAM NC	443	00:20:16	00:03:15	416	00:58:47	00:01:45	390	00:28:10	01:52:11
417	1068	M	39	NM	JOHN MATTOX	RALEIGH NC	427	00:19:57	00:03:09	431	00:59:22	00:01:52	384	00:28:02	01:52:19
418	266	M	50		STEVE MORRIS	TRINITY NC	390	00:19:14	00:02:30	418	00:58:49	00:01:49	439	00:30:03	01:52:23
419	336	M	39		DAVID BRYAN	HOLLY SPRINGS NC	101	00:14:39	00:04:11	412	00:58:39	00:02:11	492	00:32:51	01:52:29
420	1031	M	33	NM	ALEX QUIGLEY	DURHAM NC	452	00:20:27	00:03:35	399	00:58:05	00:01:51	399	00:28:34	01:52:30
421	129	M	62		IVA ANDERSON	RALEIGH NC	511	00:22:30	00:02:47	488	01:01:58	00:01:22	214	00:24:01	01:52:35
422	513	M	35	C	STEARNS HEINZEN	RALEIGH NC	94	00:14:30	00:04:30	379	00:57:23	00:02:57	497	00:33:19	01:52:37
423	737	M	55		STEVEN SPRAGUE	CHAPEL HILL NC	128	00:15:18	00:03:58	436	00:59:38	00:02:39	460	00:31:06	01:52:37
424	1008	M	53	ZM	JOHN DAVIS	RALEIGH NC	407	00:19:33	00:04:21	448	01:00:14	00:01:37	343	00:26:58	01:52:41
425	367	M	42		ANDREW MEYERS	APEX NC	393	00:19:16	00:04:01	362	00:56:57			00:02:00	01:52:46

426	435	M	35		THOMAS DUNN	WESTFIELD NJ	530	00:23:46	00:03:08	286	00:54:24	00:01:33	382	00:27:58	00:02:00	01:52:47
427	334	M	53		MICHAEL MCCOLLUM	RALEIGH NC	535	00:24:08	00:03:42	440	00:59:48	00:01:22	197	00:23:50		01:52:48
428	237	M	37		SCOTT PEACOCK	YOUNGSVILLE NC	200	00:16:20	00:03:40	455	01:00:36	00:01:54	446	00:30:21		01:52:49
429	940	M	26		CHRIS VODILA	RAEFORD NC	544	00:25:11	00:03:36	438	00:59:45	00:02:16	117	00:22:07		01:52:53
430	1074	M	45	ZM	ALAN YUEH	DURHAM NC	145	00:15:29	00:04:50	519	01:04:07	00:01:46	340	00:26:50		01:53:00
431	870	M	43		WILLIAM BOYER	WRIGHTSVILLE BEACH NC	469	00:20:50	00:04:32	425	00:59:12	00:01:50	331	00:26:40		01:53:03
432	544	M	39		MICHAEL KEILHOLZ	APEX NC	357	00:18:39	00:04:08	401	00:58:17					01:53:06
433	1046	M	33	NM	SCOTTIE ESPORAS	RALEIGH NC	532	00:23:49	00:02:45	347	00:56:34	00:02:09	379	00:27:53		01:53:08
434	854	M	56		TOM KOINIS	OXFORD NC	539	00:24:27	00:03:16	312	00:55:17	00:02:55	367	00:27:31		01:53:24
435	285	M	51		BRIAN COUGHLAN	WILMINGTON NC	239	00:16:53	00:05:09	462	01:00:53	00:02:29	387	00:28:07		01:53:29
436	1044	M	39	NM	DANIEL JONES	WILLOW SPRINGS NC	356	00:18:38	00:03:21	315	00:55:21	00:02:23	510	00:33:54		01:53:34
437	125	M	62		NICHOLAS COSTANTINO	RALEIGH NC	467	00:20:47	00:03:37	390	00:57:41	00:02:40	415	00:29:19		01:54:01
438	910	M	23		JEFF HELMS	CARRBORO NC	132	00:15:20	00:03:38	514	01:03:23	00:03:03	404	00:28:53		01:54:14
439	594	M	60		DAVID MASON	WILMINGTON NC	453	00:20:27	00:03:26	410	00:58:34	00:01:57	436	00:29:59		01:54:22
440	998	M	44	ZM	RICH LEVINE	KNIGHTDALE NC	244	00:16:58	00:05:53	428	00:59:14	00:02:57	421	00:29:31		01:54:32
441	491	M	25		JONATHAN MILLER	RALEIGH NC	276	00:17:22	00:03:16	521	01:04:22	00:01:28	389	00:28:08		01:54:34
442	516	M	48		CRAIG COX	DAYTON OH	549	00:26:57	00:03:46	282	00:54:17	00:02:37	345	00:26:58		01:54:34
443	988	M	43	ZM	DONALD BLACKWELL	DENVER NC	493	00:21:58	00:03:36	480	01:01:35	00:01:42	289	00:25:48		01:54:37
444	631	M	38		CHRIS SIMPSON	RALEIGH NC	421	00:19:50	00:04:15	398	00:58:04	00:02:49	428	00:29:42		01:54:39
445	589	M	27		DAVE COCHRAN	CLAYTON NC	279	00:17:23	00:03:35	520	01:04:09	00:01:32	386	00:28:07		01:54:44
446	886	M	43	MC	JACK MORGAN	RALEIGH NC	438	00:20:14	00:04:11	334	00:55:59	00:02:16	489	00:32:07		01:54:45
447	344	M	36		GREG THOMPSON	RALEIGH NC	418	00:19:48	00:03:46	496	01:02:33	00:02:19	317	00:26:23		01:54:46
448	674	M	36		SEAN MCCABE	APEX NC	327	00:18:14	00:05:28	466	01:01:07	00:01:36	396	00:28:28		01:54:51
449	865	M	43		GLEN BRIZENDINE	YOUNGSVILLE NC	368	00:18:52	00:04:10	373	00:57:13	00:02:48	477	00:31:49		01:54:51
450	98	M	48		STEVE SIPPLE	CARY NC	140	00:15:27	00:02:49	494	01:02:17	00:01:36	491	00:32:45		01:54:52
451	647	M	34	C	RYAN SWITZER	CARY NC	370	00:18:55	00:03:44	468	01:01:11	00:02:06	406	00:29:02		01:54:56
452	651	M	38		CHARLES CLIFT	RALEIGH NC	428	00:19:58	00:04:27	517	01:03:59	00:01:35	263	00:25:02		01:55:01
453	328	M	37		MICHAEL SHARP	RALEIGH NC	460	00:20:36	00:04:45	490	01:02:05	00:02:11	273	00:25:27		01:55:03
454	121	M	56		TAYLOR WARD	CONWAY NC	495	00:21:58	00:02:32	351	00:56:42	00:02:03	480	00:31:53		01:55:06
455	640	M	35		JAMES GARRIS	LILLINGTON NC	378	00:19:06	00:03:39	443	00:59:57	00:01:41	458	00:30:55		01:55:15
456	365	M	48		KARL LYON	RALEIGH NC				459	01:00:51	00:02:38	237	00:24:30		01:55:22 DC

457	679	M	36		RYAN STEVENS	RALEIGH NC	274	00:17:20	00:04:00	500	01:02:39	00:04:17	357	00:27:14	01:55:28
458	235	M	47		RANDY KING	RALEIGH NC	431	00:20:04	00:03:27	473	01:01:22	00:02:13	395	00:28:25	01:55:29
459	57	M	31	C	STEPHEN STOCKWELL	DURHAM NC	298	00:17:40	00:02:51	447	01:00:06	00:01:31	508	00:33:42	01:55:48
460	943	M	34		DEREK SHERMAN	DURHAM NC	373	00:18:58	00:03:01	471	01:01:14	00:01:21	468	00:31:22	01:55:54
461	295	M	40		JOHN MOORE	WILMINGTON NC	309	00:17:54	00:03:14	475	01:01:25	00:01:50	472	00:31:37	01:55:58
462	327	M	40	MC	CHRIS MILES	CARY NC	409	00:19:36	00:04:17	408	00:58:29	00:02:18	466	00:31:21	01:55:59
463	210	M	48		HUDSON WELCH	CHARLOTTE NC	232	00:16:47	00:02:41	544	01:07:55	00:02:05	328	00:26:37	01:56:03
464	954	M	45		SCOTT TAFFAR	RALEIGH NC	408	00:19:35	00:03:09	394	00:57:52	00:02:39	493	00:32:56	01:56:09
465	694	M	58		MIKE YOUNG	RALEIGH NC	499	00:22:05	00:03:48	423	00:58:58	00:01:49	427	00:29:42	01:56:21
466	749	M	46		DANNY BYRNE	CARY NC	315	00:18:00	00:02:58	481	01:01:37	00:01:53	482	00:31:55	01:56:21
467	457	M	22		CARVUS BYRD	RALEIGH NC	504	00:22:13	00:04:05	446	01:00:04	00:02:25	373	00:27:39	01:56:23
468	459	M	44		CHRIS MAYES	CARY NC	231	00:16:46	00:03:17	441	00:59:53	00:02:17	514	00:34:14	01:56:25
469	451	M	34		KEITH OVERFIELD	RALEIGH NC	346	00:18:32	00:05:42	477	01:01:29	00:03:01	376	00:27:46	01:56:28
470	450	M	37		GARY MILLICHIP	CARY NC	73	00:14:07	00:03:59	547	01:08:15	00:01:41	397	00:28:31	01:56:30
471	662	M	34		TERRANCE HENRY	RALEIGH NC	490	00:21:53	00:06:46	406	00:58:26	00:01:56	294	00:25:55	00:02:00 01:56:54
472	251	M	30		ADAM COVATI	DURHAM, NC NC	325	00:18:13	00:03:41	422	00:58:57	00:01:58	513	00:34:08	01:56:55
473	735	M	44		ALFRED STERNBERG	WAKE FOREST NC	292	00:17:34	00:02:51	474	01:01:25	00:02:11	496	00:33:06	01:57:04
474	1011	M	29	NM	WILL YELVERTON	CARY NC	215	00:16:33	00:05:17	497	01:02:33	00:02:03	459	00:30:56	01:57:19
475	506	M	40	MC	JEFF MILLER	RALEIGH NC	465	00:20:43	00:05:19	329	00:55:45	00:04:10	470	00:31:28	01:57:22
476	788	M	40		BRIAN JACKSON	HOLLY SPRINGS NC	413	00:19:44	00:05:49	507	01:03:01	00:02:37	314	00:26:18	01:57:27
477	538	M	33		JONATHAN EVANS	DURHAM NC	472	00:20:53	00:03:04	454	01:00:35	00:02:56	441	00:30:04	01:57:29
478	124	M	48	MC	MICHAEL BEASLEY	FUQUAY VARINA NC	311	00:17:56	00:03:52	426	00:59:13	00:03:05	501	00:33:27	01:57:32
479	780	M	36	C	MATT DEMARGEL	DURHAM NC	512	00:22:31	00:03:38	314	00:55:19	00:01:44	516	00:34:27	01:57:38
480	546	M	41		PHILIP MACNABB	RALEIGH NC	214	00:16:33	00:04:52	525	01:04:33	00:02:16	425	00:29:38	01:57:50
481	260	M	41		JOHN KLASSA	CARY NC	389	00:19:14	00:03:19	437	00:59:42	00:01:55	509	00:33:47	01:57:56
482	1079	M	32	NM	DAVID BELL	NEW YORK NY	381	00:19:08	00:04:34	482	01:01:40	00:01:54	455	00:30:47	01:58:01
483	346	M	51		VICTOR LERCH	RALEIGH NC	496	00:21:59	00:05:01	338	00:56:09	00:03:07	476	00:31:48	01:58:03
484	603	M	27		KENNETH HELMS	CHESAPEAKE VA	296	00:17:39	00:03:11	510	01:03:10	00:02:08	484	00:32:00	01:58:06
485	1077	M	37	NM	GENE MCMURRAY	HOLLY SPRINGS NC	524	00:23:34	00:05:01	505	01:02:51	00:01:45	262	00:25:01	01:58:10
486	683	M	40		PAUL KERNER	RALEIGH NC	358	00:18:39	00:06:33	465	01:00:57	00:02:06	447	00:30:22	01:58:35
487	1000	M	39	NM	JOHN KILPATRICK	HOLLY SPRINGS NC	249	00:17:02	00:04:20	486	01:01:53	00:02:26	494	00:33:03	01:58:43

488	1053	M	38	NM	JOSE MARTINEZ	PINEHURST NC	506	00:22:20	00:03:54	518	01:04:04	00:02:01	329	00:26:37	01:58:55
489	255	M	39		TODD STUYVESANT	MORRISVILLE NC	538	00:24:10	00:04:01	460	01:00:51	00:02:31	381	00:27:57	01:59:27
490	972	M	46		WILLIAM CHESSE	DURHAM NC	534	00:24:00	00:03:08	483	01:01:41	00:02:18	403	00:28:50	01:59:54
491	372	M	43		DAVID MCDONALD	APEX NC	492	00:21:55	00:05:12	430	00:59:17	00:01:41	479	00:31:52	01:59:54
492	608	M	53		JAIME HERNANDEZ	CHAPEL HILL NC	462	00:20:40	00:04:40	467	01:01:10	00:02:38	456	00:30:52	01:59:57
493	494	M	39	C	MARCO MENENDEZ	RALEIGH NC	432	00:20:04	00:03:23	445	01:00:03	00:03:00	505	00:33:33	02:00:01
494	710	M	39		JAMES HASKELL	HOLLY SPRINGS NC	556	00:27:56	00:04:01	434	00:59:31	00:01:36	346	00:27:00	02:00:02
495	813	M	57		WILLIAM CLARK	NEW BERN NC	487	00:21:48	00:03:25	502	01:02:46	00:01:48	450	00:30:27	02:00:12
496	639	M	37		ALAIN BRAINOS	ASHBURN VA	515	00:22:43	00:03:24	464	01:00:57	00:01:58	463	00:31:13	02:00:13
497	163	M	39		HUGH BAILEY	RALEIGH NC	405	00:19:26	00:03:57	509	01:03:04	00:02:06	474	00:31:45	02:00:16
498	1005	M	19	NM	WADE SNEDECOR	RALEIGH NC	209	00:16:26	00:04:57	548	01:08:29	00:01:08	414	00:29:18	02:00:16
499	1027	M	34	NM	PETER MANUKAS	WAKE FOREST NC	338	00:18:23	00:03:22	526	01:04:36	00:02:01	487	00:32:02	02:00:22
500	259	M	38		MATTHEW WILLIAMSON	DURHAM NC	366	00:18:50	00:05:10	542	01:07:05	00:01:48	368	00:27:35	02:00:26
501	219	M	67		BRUCE KUNIHOLM	DURHAM NC	558	00:28:28	00:04:33	386	00:57:36	00:02:13	374	00:27:39	02:00:27
502	875	M	42	MC	ROBERT WILT	KNOXVILLE TN	7	00:11:27	00:03:16	563	01:12:00	00:02:00	478	00:31:50	02:00:31
503	415	M	48		VIKTOR BOVBJERG	CHAPEL HILL NC	392	00:19:15	00:04:30	531	01:05:06	00:02:09	430	00:29:45	02:00:43
504	591	M	46		THOMAS MCNEIL	GREENSBORO NC	542	00:25:01	00:03:40	433	00:59:30	00:02:25	449	00:30:24	02:00:58
505	1023	M	30	NM	CHARLES AKERS	RALEIGH NC	563	00:28:54	00:02:52	411	00:58:38	00:01:24	413	00:29:18	02:01:03
506	1034	M	33	NM	JOHN COLLINS	CARY NC	454	00:20:28	00:04:21	491	01:02:10	00:02:37	473	00:31:41	02:01:16
507	571	M	57		RICHARD HANEY	CHAPEL HILL NC	147	00:15:31	00:04:43	495	01:02:27	00:02:02	526	00:36:54	02:01:35
508	856	M	35	C	BRIAN WOODARD	FOUR OAKS NC	561	00:28:53	00:03:41	356	00:56:48	00:01:56	451	00:30:28	02:01:45
509	976	M	28	NM	DAVID ALBERT	DURHAM NC	484	00:21:35	00:05:01	452	01:00:33	00:03:09	475	00:31:45	02:02:00
510	389	M	31		KRIS SWINSON	FUQUAY VARINA NC	475	00:20:59	00:04:12	513	01:03:19	00:02:06	469	00:31:27	02:02:02
511	247	M	44	MC	KEVIN GOINGS	CARY NC				487	01:01:58	00:02:25	490	00:32:10	02:02:16 DC
512	522	M	51		JACKIE IRELAND	RALEIGH NC	520	00:23:15	00:03:55	419	00:58:50	00:02:56	502	00:33:27	02:02:21
513	434	M	66		DAVID ROBINSON	DERWOOD MD	241	00:16:54	00:03:15	512	01:03:18	00:01:59	527	00:37:02	02:02:26
514	487	M	66		JOHN SHELBURNE	DURHAM NC	551	00:27:02	00:04:08	297	00:54:57	00:02:07	515	00:34:14	02:02:26
515	657	M	22		MICHAEL NEELY	CARY NC	509	00:22:26	00:03:16	456	01:00:43	00:02:11	512	00:34:03	02:02:37
516	600	M	47		DAVID COX	RALEIGH NC	557	00:28:01	00:04:19	461	01:00:52	00:01:25	391	00:28:14	02:02:49
517	283	M	42		BILL MORRISON	DURHAM NC	550	00:26:59	00:03:04	458	01:00:46	00:03:59	388	00:28:07	02:02:53
518	866	M	44	MC	NEIL ROWERDINK	RALEIGH NC	497	00:22:00	00:03:40	479	01:01:30	00:02:26	499	00:33:24	02:02:57

519	857	M	29		SHANNON SMITH	RALEIGH NC										02:03:07
520	425	M	39		ERIC THOMSON	DURHAM NC	355	00:18:37	00:04:47	536	01:05:50	00:02:38	464	00:31:18		02:03:08
521	862	M	31		PATRICK COLLINS	WENDELL NC	329	00:18:15	00:04:28	556	01:10:43	00:01:53	385	00:28:06		02:03:22
522	362	M	30		MARK CADY	FUQUAY VARINA NC	401	00:19:23	00:03:30	535	01:05:41	00:01:58	495	00:33:05		02:03:35
523	997	M	44	ZM	PAUL MIDDLETON	CARY NC	396	00:19:20	00:02:21	522	01:04:28	00:01:46	523	00:36:03		02:03:57
524	978	M	55	ZM	PHILIP LORANG	RALEIGH NC	343	00:18:28	00:04:52	529	01:04:48	00:03:05	504	00:33:32		02:04:43
525	437	M	47		RON ROSS	RALEIGH NC	473	00:20:54	00:04:33	515	01:03:28	00:02:14	507	00:33:38		02:04:46
526	213	M	32		JEFFREY BRADFORD	CARY NC	536	00:24:09	00:04:05	508	01:03:02	00:02:31	461	00:31:10		02:04:54
527	297	M	41	MC	JOHN CHIDWICK	DENVER NC	507	00:22:21	00:04:45	534	01:05:31	00:02:42	433	00:29:49		02:05:06
528	1006	M	34	NM	AUSTIN MAACK	APEX NC	546	00:26:25	00:04:16	528	01:04:39	00:02:27	362	00:27:20		02:05:06
529	751	M	40		THAYER ADKINS	RALEIGH NC	541	00:24:47	00:06:27	469	01:01:11	00:02:59	435	00:29:56		02:05:18
530	828	M	35		CORY ALLEN	APEX NC	436	00:20:10	00:05:17	530	01:04:58	00:02:50	488	00:32:06		02:05:20
531	801	M	51		WAYNE LOPRESTI	SPRING LAKE NC	567	00:30:18	00:02:49	511	01:03:11	00:02:29	360	00:27:17		02:06:04
532	797	M	40		STEPHEN NOLAN	RALEIGH NC	455	00:20:31	00:05:11	543	01:07:27	00:02:01	465	00:31:20		02:06:28
533	348	M	28		BRADLEY HEARN	RALEIGH NC	204	00:16:23	00:05:23	564	01:12:42	00:02:43	419	00:29:30		02:06:38
534	466	M	50		TAE PARK	CARY NC	448	00:20:20	00:03:46	561	01:11:12	00:01:47	438	00:30:02		02:07:06
535	778	M	44		SHAHAR BAR-YOSEF	CHAPEL HILL NC	525	00:23:35	00:04:29	550	01:09:09	00:02:46	394	00:28:24		02:08:20
536	1022	M	38	NM	BOB CASEY	FUQUAY VARINA NC	483	00:21:26	00:04:45	551	01:09:24	00:01:50	412	00:29:17	00:02:00	02:08:40
537	1069	M	40	ZM	VARTAN DAVIDIAN III	RALEIGH NC	516	00:22:51	00:04:07	554	01:09:41	00:02:18	442	00:30:04		02:09:00
538	541	M	68		GARY TAYLOR	DUNN, NC	510	00:22:27	00:04:31	492	01:02:10	00:02:35	530	00:37:25		02:09:06
539	146	M	50	MC	DAVID BILES	GARNER NC	519	00:23:11	00:04:03	499	01:02:35	00:02:19	529	00:37:17		02:09:24
540	779	M	34		MICHAEL LARUE	RALEIGH NC	426	00:19:56	00:04:58	552	01:09:35	00:01:27	506	00:33:34		02:09:28
541	734	M	21		JONATHAN SCHWARTZ	CHARLOTTE NC	437	00:20:13	00:02:46	559	01:10:58	00:01:33	511	00:34:00		02:09:29
542	696	M	46	MC	RICH JONES	APEX NC				506	01:03:00	00:03:37	531	00:38:17		02:09:37 DC
543	113	M	25		BLAKE FACKLER	WASHINGTON DC	560	00:28:52	00:05:26	533	01:05:28	00:01:17	410	00:29:08		02:10:09
544	1043	M	40	ZM	CHRISTIAN HOFER	FAYETTEVILLE NC	540	00:24:40	00:04:29	539	01:06:08	00:03:03	481	00:31:54		02:10:12
545	1049	M	34	NM	JAMIE BECK	RALEIGH NC	555	00:27:49	00:03:20	541	01:06:59	00:01:34	453	00:30:35		02:10:14
546	118	M	47		VINAY LOGAN-ADAN	CHARLOTTE NC	552	00:27:20	00:04:42	485	01:01:48	00:02:10	519	00:34:48		02:10:46
547	65	M	53		SCOTT SWARINGEN	RALEIGH NC	565	00:28:58	00:03:50	325	00:55:38	00:02:23	534	00:40:24		02:11:10
548	624	M	39	NM	REGINALD O'ROURKE	HOLLY SPRINGS NC	533	00:23:51	00:05:33	538	01:06:02	00:02:36	498	00:33:19		02:11:20
549	806	M	52		ROBERT KERN	CHAPEL HILL NC	521	00:23:27	00:04:18	545	01:08:02	00:02:27	500	00:33:26		02:11:37

550	172	M	62		ROD LEE	BAYBORO NC	289	00:17:30	00:04:01	553	01:09:40	00:02:23	532	00:38:17	02:11:49	
551	911	M	21		DEVLIN HORTON	GREENVILLE NC				558	01:10:53	00:02:07	432	00:29:49	02:11:52	DC
552	240	M	53		JOHN SEMANICK	MORRISVILLE NC	572	00:39:04	00:03:22	501	01:02:46	00:02:00	260	00:25:00	02:12:10	
553	888	M	54		JOHN MELLING	NEW BERN NC	518	00:22:55	00:03:34	555	01:09:53	00:02:49	503	00:33:31	02:12:39	
554	705	M	12		JAROD NIZEN	RALEIGH NC	230	00:16:45	00:03:59	560	01:11:02	00:01:41	535	00:41:02	02:14:27	
555	1054	M	34	NM	JOSEPH LARSON	ROUGEMONT NC	351	00:18:35	00:03:45	566	01:13:43	00:01:54	517	00:34:42	00:02:00	02:14:35
556	536	M	40	MC	STEVE FUTRELL	CARY NC	522	00:23:29	00:06:19	557	01:10:45	00:04:08	486	00:32:00	02:16:39	
557	1010	M	29	NM	JEFF REGISTER	APEX NC	566	00:29:37	00:05:06	516	01:03:35	00:05:52	518	00:34:43	02:18:51	
558	819	M	44	MC	KEVIN LOWMAN	KERNERSVILLE NC	468	00:20:49	00:05:18	527	01:04:39	00:06:27	539	00:43:25	02:20:37	
559	454	M	48	MC	GARY DINGESS	CARY NC	463	00:20:40	00:05:20	498	01:02:34	00:04:42	546	00:48:22	02:21:37	
560	1033	M	33	NM	BRANDON HOUGH	CARY NC	554	00:27:41	00:04:43	570	01:15:54	00:01:57	471	00:31:31	02:21:44	
561	1055	M	34	NM	TRAE COLE	APEX NC	494	00:21:58	00:05:18	567	01:14:29	00:02:26	522	00:35:48	00:02:00	02:21:57
562	986	M	27	NM	MICAH MONOSOFF	GREENSBORO NC	281	00:17:24	00:05:52	562	01:11:54	00:02:15	543	00:45:16	02:22:40	
563	658	M	57		JERRY STRICKLAND	CARY NC	562	00:28:53	00:05:36	484	01:01:47	00:02:31	542	00:45:04	02:23:49	
564	368	M	63		RICHARD WATSON	DURHAM NC	517	00:22:54	00:05:49	540	01:06:23	00:04:19	541	00:45:03	02:24:26	
565	271	M	40		DAN HOLLIS	APEX NC	500	00:22:08	00:05:48	571	01:17:07	00:02:49	528	00:37:06	02:24:55	
566	173	M	37		PAUL POTTER	MORRISVILLE NC	466	00:20:44	00:03:53	572	01:22:59	00:01:18	524	00:36:13	02:25:06	
567	111	M	51	MC	ALLEN WALKER	CARY NC	548	00:26:40	00:05:42	546	01:08:08	00:02:07	540	00:44:02	02:26:37	
568	771	M	36		BRAD ROBINSON	RALEIGH NC	559	00:28:34	00:05:15	569	01:15:31	00:03:18	521	00:35:28	02:28:04	
569	335	M	42	MC	MARK APPLEBAUM	KILL DEVIL HILLS NC	569	00:30:53	00:05:54	472	01:01:18	00:04:44	544	00:45:39	02:28:25	
570	272	M	37		SHAHN CHHABRA	RALEIGH NC	537	00:24:09	00:06:03	565	01:13:08	00:04:00	536	00:41:48	02:29:06	
571	1024	M	30	NM	BRIAN TAYLOR	DURHAM NC	502	00:22:11	00:05:17	573	01:24:16	00:01:09	525	00:36:33	02:29:24	
572	529	M	55		ALEX GUEVARA	CARY NC	573	00:44:42	00:03:46	504	01:02:50	00:03:04	520	00:34:51	00:02:00	02:31:11
573	966	M	37		MICHAEL LASSITER	HOLLY SPRINGS NC	568	00:30:32	00:06:59	524	01:04:32	00:06:03	545	00:47:52	02:35:56	
574	1080	M	52	ZM	GARY COOK	LELAND NC	570	00:31:07	00:04:39	568	01:14:48	00:04:30	538	00:42:21	02:37:24	
575	225	M	41		ALLIN FOULKROD	RALEIGH NC	478	00:21:21	00:06:23	574	01:25:04	00:02:22	537	00:41:53	00:02:00	02:39:00
576	101	M	53		EDD SHOPE	RALEIGH NC	571	00:34:49	00:05:46	575	01:29:21	00:01:56	533	00:39:42	02:51:32	
577	100	M	11		WATSON DOLHARE	CHARLOTTE NC	449	00:20:21	00:03:35	537	01:06:00	00:04:33				
578	1032	M	46	ZM	JON EDWARDS	CHAPEL HILL NC	458	00:20:33	00:04:47	576	01:45:56					
579	69	M	36		THANE BOYSEN	CARY NC	205	00:16:23	00:01:53							

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