

2010 White Lake Fall International

Overall Men

White Lake, NC 9/11/2010 09:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	Time	DQ
1	3	M	23	OM	SAMUEL DANNENBRING	YANKTON SD	18	00:27:35	00:01:00	1	01:06:37	00:00:50	1	00:35:20		02:11:20	
2	7	M	22	OM	BRAD PERRY	CHARLOTTE NC	1	00:22:46	00:01:05	8	01:08:50	00:00:54	5	00:38:04		02:11:36	
3	5	M	32	OM	ASHLEY ACKERMAN	DAVIDSON NC	9	00:25:41	00:01:14	5	01:08:12	00:01:04	3	00:36:49		02:12:57	
4	34	M	42		RICHARD BAILEY	CHAPEL HILL NC	32	00:29:38	00:01:09	3	01:07:13	00:00:58	2	00:36:22		02:15:18	
5	12	M	33	OM	JAY CARMINE	LELAND NC	5	00:25:30	00:01:14	10	01:09:25	00:00:54	12	00:39:50		02:16:51	
6	10	M	44	MM	KEN YOUNTS	CHAPEL HILL NC	8	00:25:35	00:01:19	19	01:10:48	00:01:13	9	00:39:17		02:18:10	
7	118	M	37		DREW BRASHEAR	CHARLOTTE NC	10	00:25:54	00:01:29	11	01:09:30	00:00:58	18	00:40:46		02:18:35	
8	21	M	23	OM	JASON HOWARD	NORFOLK VA	26	00:28:55	00:01:23	2	01:06:42	00:01:21	20	00:41:01		02:19:20	
9	363	M	29		DMITRI BROWN	WILMINGTON NC	19	00:27:40	00:01:28	13	01:09:42	00:01:28	10	00:39:40		02:19:55	
10	15	M	34	OM	KIT PHILLIPS	APEX NC	25	00:28:45	00:01:07	12	01:09:32	00:01:04	13	00:39:55		02:20:21	
11	36	M	39		STEVEN LEWIS	WILMINGTON NC	31	00:29:27	00:01:01	24	01:11:52	00:00:45	4	00:37:56		02:20:59	
12	76	M	24		JONATHAN ANDERSON	ROANOKE RAPIDS NC	15	00:27:08	00:01:10	6	01:08:27	00:00:53	47	00:43:50		02:21:27	
13	414	M	18		BEN RACHUNOK	WILMINGTON NC	22	00:28:24	00:00:57	36	01:13:15	00:00:47	6	00:38:10		02:21:32	
14	451	M	33		TODD MIDGETT	WILMINGTON NC	13	00:26:53	00:01:20	18	01:10:38	00:01:15	30	00:42:07		02:22:10	
15	263	M	34		SHANNON SCOTT	JULIAN NC	47	00:30:49	00:01:15	15	01:10:32	00:01:05	7	00:39:07		02:22:48	
16	35	M	34		ROBERT CRISTMAN	SALISBURY NC	16	00:27:22	00:01:13	44	01:14:11	00:01:05	19	00:40:48		02:24:37	
17	334	M	44		PATRICK RIMRON	WINSTON SALEM NC	29	00:29:15	00:01:14	9	01:09:14	00:01:07	49	00:44:01		02:24:50	
18	280	M	40		PATRICK MULLIGAN	WILMINGTON NC	36	00:29:45	00:01:11	30	01:12:50	00:01:04	15	00:40:19		02:25:07	
19	11	M	51	MM	JOHN ALLEN	WILMINGTON NC	65	00:31:59	00:01:11	4	01:07:36	00:01:27	38	00:43:04		02:25:16	
20	27	M	39	OM	BRUCE RICHTER	GRIMESLAND NC	24	00:28:38	00:01:16	7	01:08:47	00:01:04	76	00:45:51		02:25:34	
21	412	M	49		CHRIS KALBERG	CARY NC	21	00:28:21	00:01:33	28	01:12:24	00:01:31	26	00:42:02		02:25:49	
22	642	M	30		DAVE PLOTTS	FAYETTEVILLE NC	86	00:33:03	00:01:19	16	01:10:34	00:00:59	17	00:40:44		02:26:38	

23	421	M	38	KEVIN DELANEY	WILMINGTON NC	74	00:32:20	00:01:28	27	01:12:00	00:01:12	11	00:39:41	02:26:39
24	202	M	39	NEIL PETERKEN	WILMINGTON NC	54	00:31:19	00:01:07	14	01:10:21	00:01:09	36	00:42:57	02:26:52
25	223	M	43	JOHN EARLEY	CARY NC	20	00:28:11	00:01:12	42	01:13:33	00:01:16	45	00:43:34	02:27:43
26	608	M	24	DAVID KRUEGER	FAYETTEVILLE NC	48	00:30:55	00:01:15	32	01:12:59	00:01:13	23	00:41:51	02:28:11
27	543	M	53	LOUIS ALMEKINDERS	CHAPEL HILL NC	17	00:27:34	00:01:21	50	01:14:37	00:01:29	43	00:43:28	02:28:28
28	72	M	43	ANDREW WOOSTER	RALEIGH NC	55	00:31:20	00:01:34	20	01:10:50	00:01:09	32	00:42:13	00:02:00 02:29:05
29	341	M	40	JAMES WRAGGE	WAKE FOREST NC	27	00:29:00	00:01:05	60	01:15:21	00:01:22	34	00:42:38	02:29:24
30	192	M	36	RODNEY SCOTT	RALEIGH NC	121	00:35:00	00:01:31	17	01:10:37	00:01:02	25	00:41:55	02:30:03
31	484	M	41	DOUG COWELL	PITTSBORO NC	46	00:30:43	00:01:43	26	01:12:00	00:01:20	59	00:44:46	02:30:29
32	275	M	42	TED ARMOUR	CARY NC	81	00:32:46	00:01:22	34	01:13:03	00:01:13	31	00:42:09	02:30:31
33	382	M	44	DAN SULLIVAN	CHARLOTTE NC	44	00:30:33	00:01:23	29	01:12:28	00:01:17	60	00:45:04	02:30:43
34	200	M	32	ADAM GOERGE	CHARLOTTESVILLE VA	49	00:31:00	00:01:02	61	01:15:21	00:01:09	33	00:42:22	02:30:54
35	25	M	40	JAMES RUTH	CHARLOTTE NC	23	00:28:27	00:01:53	39	01:13:24	00:01:13	77	00:46:00	02:30:55
36	545	M	39	SHAWN SPENCER	WILMINGTON NC	127	00:35:09	00:00:58	35	01:13:05	00:01:07	21	00:41:20	02:31:38
37	516	M	28	REMI DELILLE	RALEIGH NC	58	00:31:36	00:01:47	33	01:13:00	00:01:21	50	00:44:04	02:31:47
38	612	M	28	BRET LEHMAN	FAYETTEVILLE NC	39	00:30:03	00:01:28	77	01:16:37	00:01:19	37	00:42:58	02:32:23
39	647	M	37	RYAN WERNER	CORNELIUS NC	52	00:31:17	00:01:53	68	01:15:51	00:01:07	35	00:42:54	02:33:00
40	346	M	43	DOMINIC CIAVATTA	CHAPEL HILL NC	60	00:31:44	00:01:16	62	01:15:25	00:01:40	39	00:43:06	02:33:09
41	745	M	30	NICK WHITE	CORNELIUS NC	124	00:35:02	00:01:24	22	01:11:23	00:01:12	51	00:44:11	02:33:10
42	197	M	37	PAUL KELLY	APEX NC	132	00:35:19	00:01:34	21	01:11:17	00:01:37	44	00:43:33	02:33:19
43	510	M	43	JIM PULLEN	CARY NC	111	00:34:30	00:01:14	55	01:14:56	00:01:22	22	00:41:24	02:33:24
44	268	M	27	MATT GREENAN	RALEIGH NC	11	00:26:45	00:01:31	75	01:16:16	00:01:06	102	00:47:54	02:33:30
45	43	M	36	GABE SALINAS	WILMINGTON NC	89	00:33:24	00:01:18	23	01:11:52	00:01:10	75	00:45:49	02:33:31
46	142	M	46	PATRICK MCGAHAN	CHAPEL HILL NC	61	00:31:46	00:01:39	110	01:18:49	00:01:16	16	00:40:40	02:34:08
47	496	M	60	CHARLES LYSAGHT	RALEIGH NC	51	00:31:14	00:01:40	37	01:13:18	00:01:37	84	00:46:41	02:34:29
48	449	M	33	KYLE GILLOOLY	APEX NC	33	00:29:39	00:01:36	84	01:16:59	00:01:26	74	00:45:49	02:35:27
49	63	M	52	MICHAEL HAMILTON	CHAPEL HILL NC	14	00:27:08	00:02:22	121	01:19:24	00:01:21	71	00:45:35	02:35:48
50	94	M	45	SCOTT MUSSON	CHAPEL HILL NC	12	00:26:52	00:01:54	43	01:13:36	00:01:25	157	00:52:26	02:36:12
51	527	M	51	JOHN LITSAS	RALEIGH NC	40	00:30:13	00:01:20	90	01:17:25	00:01:04	78	00:46:15	02:36:15
52	59	M	41	SCOTT SCHMOLESKY	WILMINGTON NC	76	00:32:36	00:02:02	91	01:17:28	00:01:27	42	00:43:16	02:36:47
53	411	M	36	PHILLIP BEANE	GREENSBORO NC	96	00:33:46	00:01:43	80	01:16:44	00:01:04	46	00:43:48	02:37:04

54	62	M	37	KRIS LONG	HUNTERSVILLE NC	70	00:32:17	00:01:20	82	01:16:50	00:01:23	63	00:45:18	02:37:06	
55	468	M	52	DAVID JONES	CARY NC	45	00:30:36	00:02:05	51	01:14:40	00:01:39	105	00:48:09	02:37:08	
56	366	M	34	BRIAN ALLEN	CARY NC	135	00:35:25	00:01:39	58	01:15:02	00:01:13	54	00:44:34	02:37:51	
57	283	M	39	JASON ADAMS	WRIGHTSVILLE BEACH NC	71	00:32:17	00:01:21	117	01:19:14	00:01:16	27	00:42:02	00:02:00	02:38:09
58	424	M	48	TODD ALLEN	CARY NC	78	00:32:40	00:01:50	76	01:16:21	00:01:38	73	00:45:47	02:38:14	
59	463	M	41	MC BRAD HOBGOOD	HOLLY SPRINGS NC	43	00:30:17	00:01:37	38	01:13:21	00:01:38	144	00:51:24	02:38:15	
60	176	M	16	HANS LOEWEN	HAMPSTEAD NC	104	00:34:11	00:01:52	159	01:21:46	00:01:19	8	00:39:11	02:38:17	
61	625	M	44	WALT FULCHER	RALEIGH NC	82	00:32:55	00:01:16	31	01:12:58	00:01:34	122	00:49:36	02:38:17	
62	80	M	46	JEFF PLEMMONS	GASTONIA NC	90	00:33:25	00:01:39	53	01:14:47	00:01:25	97	00:47:37	02:38:52	
63	313	M	38	LLOYD CRICKENBERGER	NEW BERN NC	152	00:36:21	00:01:23	46	01:14:27	00:01:28	66	00:45:29	02:39:07	
64	620	M	48	ROBERT HICKNER	GREENVILLE NC	107	00:34:14	00:01:06	72	01:16:06	00:01:17	81	00:46:27	02:39:08	
65	267	M	46	TIM SCOTT	COLUMBIA SC	140	00:35:52	00:01:27	73	01:16:09	00:01:00	57	00:44:43	02:39:10	
66	37	M	38	MARVIN SHERRON	WINSTON-SALEM NC	66	00:32:01	00:01:58	95	01:18:10	00:01:29	72	00:45:35	02:39:11	
67	456	M	36	TIMOTHY VEST	HUNTERSVILLE NC	150	00:36:20	00:01:44	66	01:15:41	00:01:23	53	00:44:25	02:39:32	
68	74	M	40	BLAKE HARDIN	DURHAM NC	134	00:35:24	00:01:09	49	01:14:37	00:01:06	101	00:47:51	02:40:04	
69	355	M	45	JEFF KIRBY	ATLANTA GA	175	00:37:23	00:01:59	81	01:16:49	00:01:50	29	00:42:06	02:40:04	
70	259	M	39	GREG WARREN	RALEIGH NC	4	00:25:10	00:01:26	93	01:18:01	00:02:02	176	00:53:33	02:40:09	
71	350	M	33	PAUL SAVAGE	APEX NC	148	00:36:14	00:01:50	45	01:14:12	00:01:21	58	00:44:44	00:02:00	02:40:19
72	378	M	20	KYLE WILSON	CHARLOTTE NC	41	00:30:15	00:01:25	122	01:19:29	00:00:49	109	00:48:28	02:40:24	
73	748	M	19	WILL POWELL	CHAPEL HILL NC	59	00:31:37	00:02:20	152	01:21:20	00:01:18	24	00:41:55	00:02:00	02:40:27
74	530	M	23	ERIC HALL	DURHAM NC	143	00:36:06	00:01:47	154	01:21:23	00:00:59	14	00:40:19	02:40:31	
75	298	M	31	JASON FISH	CHARLOTTE NC	110	00:34:30	00:01:54	67	01:15:44	00:01:27	87	00:47:08	02:40:41	
76	554	M	47	MC HARVEY HAIGLER	RALEIGH NC	123	00:35:01	00:01:39	65	01:15:33	00:01:25	88	00:47:10	02:40:45	
77	180	M	18	CHRIS DUDA	GREENSBORO NC	125	00:35:08	00:01:38	63	01:15:31	00:01:23	64	00:45:19	00:02:00	02:40:57
78	509	M	33	BEN BEACH	JACKSONVILLE NC	85	00:33:00	00:01:19	100	01:18:16	00:01:16	90	00:47:19	02:41:08	
79	245	M	37	DENNIS LUCAS	POTOMAC MD	108	00:34:15	00:01:40	25	01:11:56	00:01:26	149	00:51:54	02:41:10	
80	88	M	42	RONALD PASCUZZI	WAKE FOREST NC	131	00:35:15	00:01:23	48	01:14:31	00:01:20	115	00:48:52	02:41:19	
81	57	M	31	DAVID PRATER	GARNER NC	181	00:37:38	00:01:26	57	01:15:00	00:01:15	52	00:44:21	00:02:00	02:41:39
82	294	M	38	MARK ENGEN	FAYETTEVILLE NC	231	00:39:59	00:01:40	52	01:14:45	00:01:36	48	00:43:58	02:41:56	
83	433	M	50	DAVID HARDY	CARRBORO NC	137	00:35:37	00:01:49	79	01:16:39	00:01:35	83	00:46:40	02:42:19	
84	452	M	38	TOR SWENSON	RALEIGH NC	87	00:33:07	00:01:23	149	01:21:12	00:01:09	68	00:45:30	02:42:20	

85	312	M	21	IVAN ALMEKINDERS	CHAPEL HILL NC	80	00:32:41	00:02:10	137	01:20:08	00:01:03	80	00:46:23	02:42:22	
86	578	M	39	TROY KNIGHT	RALEIGH NC	50	00:31:05	00:02:36	94	01:18:05	00:01:03	124	00:49:47	02:42:34	
87	597	M	26	JOSHUA DAVIS	FAYETTEVILLE NC	154	00:36:25	00:01:21	103	01:18:22	00:01:23	67	00:45:30	02:42:59	
88	205	M	46	WARREN RATLEY	LITTLE RIVER SC	42	00:30:16	00:02:11	158	01:21:40	00:01:39	96	00:47:36	02:43:20	
89	423	M	38	BRIAN CAUSEY	WILMINGTON NC	168	00:36:57	00:01:30	69	01:15:56	00:01:27	98	00:47:40	02:43:29	
90	66	M	41	J.T. YOUNG III	JACKSONVILLE NC	79	00:32:40	00:01:21	87	01:17:19	00:01:29	139	00:51:04	02:43:52	
91	519	M	48	NICK TOFFOLON	WILMINGTON NC	94	00:33:45	00:01:46	132	01:19:47	00:01:07	94	00:47:31	02:43:54	
92	201	M	39	MARK LOCKLEAR	LUMBERTON NC	114	00:34:40	00:02:25	59	01:15:09	00:01:43	130	00:50:09	02:44:05	
93	507	M	31	AARON REILLY	NEW BERN NC	174	00:37:22	00:01:23	40	01:13:26	00:01:27	112	00:48:33	00:02:00	02:44:09
94	466	M	50	JOHN BECK	WINSTON-SALEM NC	72	00:32:19	00:01:17	136	01:20:07	00:01:24	119	00:49:05	02:44:11	
95	566	M	25	BRAD TRIPP	RALEIGH NC	146	00:36:10	00:01:38	133	01:19:53	00:01:21	65	00:45:26	02:44:26	
96	96	M	39	DOUG BROWN	RALEIGH NC	184	00:37:46	00:01:52	112	01:18:55	00:01:30	56	00:44:43	02:44:45	
97	286	M	33	JOHN KING	WHISPERING PINES NC	177	00:37:32	00:01:24	131	01:19:44	00:01:33	55	00:44:40	02:44:51	
98	580	M	37	C	DAN DOEBLER	WAKE FOREST NC	167	00:36:57	00:01:55	130	01:19:44	00:00:52	70	00:45:33	02:44:58
99	231	M	41	PAUL EPPERS	CARY NC	267	00:42:11	00:02:43	64	01:15:31	00:01:22	41	00:43:14	02:45:00	
100	135	M	36	MATTHEW SCHONWALDER	DURHAM NC	3	00:24:31	00:02:21	170	01:22:26	00:01:33	185	00:54:16	02:45:06	
101	293	M	39	C	JON KEISER	SPRING LAKE NC	73	00:32:19	00:01:19	107	01:18:42	00:01:37	141	00:51:10	02:45:06
102	556	M	45	MIKE JONES	WRIGHTSVILLE BEACH NC	95	00:33:46	00:01:50	97	01:18:13	00:01:25	133	00:50:23	02:45:34	
103	602	M	39	ANDREW CHASE	CARY NC	84	00:32:59	00:01:42	134	01:19:54	00:01:21	123	00:49:46	02:45:40	
104	137	M	41	BRAD WAMBEKE	FAYETTEVILLE NC	178	00:37:33	00:01:40	78	01:16:38	00:01:07	113	00:48:44	02:45:41	
105	38	M	16	CHRIS POLLENZ	RALEIGH NC	2	00:23:53	00:01:54	204	01:25:03	00:02:20	160	00:52:37	02:45:45	
106	708	M	28	LEE JACKSON	CHARLOTTE NC	118	00:34:47	00:02:15	108	01:18:47	00:01:54	110	00:48:29	02:46:10	
107	577	M	40	DON ZELNA	CARY NC	69	00:32:17	00:03:14	181	01:23:24	00:02:06	62	00:45:17	02:46:16	
108	340	M	46	TIM HAHN	CARY NC	214	00:39:28	00:01:40	74	01:16:10	00:01:28	95	00:47:34	02:46:19	
109	723	M	36	SCOTT CRIDDLE	APEX ND	228	00:39:54	00:02:46	54	01:14:49	00:01:35	89	00:47:18	02:46:20	
110	657	M	27	RYAN KEATON	VASS NC	115	00:34:44	00:01:29	128	01:19:41	00:01:37	118	00:49:03	02:46:32	
111	289	M	40	MIKE DECINTI	LUMBERTON NC	88	00:33:19	00:02:20	173	01:22:45	00:01:25	86	00:46:58	02:46:44	
112	547	M	29	KYLE CARTHEUSER	SNEADS FERRY NC	130	00:35:11	00:01:46	196	01:24:43	00:03:11	28	00:42:05	02:46:54	
113	110	M	46	JEFF BOVAIS	PINEHURST NC	28	00:29:10	00:02:16	190	01:24:09	00:02:08	121	00:49:13	02:46:55	
114	599	M	39	C	JOHN MARTELLE	CONCORD NC	6	00:25:34	00:02:04	198	01:24:47	00:01:12	172	00:53:23	02:46:58
115	494	M	28	DAN EVANS	HAVELOCK NC	236	00:40:31	00:01:28	71	01:16:01	00:01:34	93	00:47:30	02:47:02	

116	41	M	40		BRYAN TATE	WILMINGTON NC	170	00:37:01	00:01:57	113	01:18:56	00:01:27	100	00:47:50	02:47:10
117	338	M	48	MC	JOHN DEGREEF	FAYETTEVILLE NC	53	00:31:18	00:02:31	106	01:18:25	00:01:14	179	00:53:48	02:47:14
118	233	M	35		KYLE HABECKER	DURHAM NC	100	00:33:58	00:02:03	41	01:13:27	00:01:31	212	00:56:39	02:47:35
119	485	M	44		BERT KELLY	GRIMESLAND NC	91	00:33:31	00:02:45	98	01:18:13	00:01:47	145	00:51:26	02:47:39
120	571	M	39		JEFF NICHOLSON	STATE ROAD NC	173	00:37:20	00:01:47	109	01:18:48	00:01:23	108	00:48:23	02:47:39
121	345	M	37		MARK GRIMLEY	ELON NC	38	00:29:54	00:01:06	123	01:19:33	00:01:19	199	00:55:54	02:47:44
122	236	M	54		LARRY MORAY	CHAPEL HILL NC	30	00:29:18	00:02:38	140	01:20:22	00:01:45	180	00:53:51	02:47:53
123	354	M	45		CHIC FERRELL	RALEIGH NC	208	00:39:11	00:01:40	156	01:21:26	00:02:34	40	00:43:07	02:47:56
124	439	M	35		MICHAEL SHURKO	FAYETTEVILLE NC	219	00:39:35	00:01:31	56	01:14:56	00:01:37	135	00:50:37	02:48:14
125	403	M	23		STEPHEN JORDAN	ELKIN NC	116	00:34:44	00:01:54	184	01:23:32	00:01:16	107	00:48:17	02:49:43
126	234	M	29		JENNINGS BERRY	CHAPEL HILL NC	224	00:39:50	00:01:29	102	01:18:20	00:01:16	116	00:48:58	02:49:50
127	102	M	44		KEVIN LIBERACKI	HUNTERSVILLE NC	221	00:39:41	00:01:17	145	01:20:52	00:01:15	85	00:46:52	02:49:55
128	428	M	46		ALEX GONZALEZ	SOUTHERN PINES NC	97	00:33:47	00:01:58	202	01:25:02	00:01:33	99	00:47:48	02:50:06
129	168	M	51		MICHAEL WHALEY	APEX NC	263	00:41:54	00:01:59	83	01:16:58	00:01:57	91	00:47:20	02:50:06
130	512	M	57		STEVE THOMAS	RALEIGH NC	101	00:33:59	00:02:22	104	01:18:24	00:01:58	174	00:53:27	02:50:08
131	133	M	35		PAUL MCKEITHAN	RALEIGH NC	240	00:40:37	00:01:08	47	01:14:28	00:01:23	162	00:52:39	02:50:13
132	542	M	35		JONATHAN WISE	CHARLOTTE NC	120	00:34:53	00:01:29	167	01:22:10	00:01:52	127	00:49:54	02:50:16
133	331	M	41		DAVID WAGNER	CARY NC	179	00:37:35	00:02:38	111	01:18:51	00:01:49	125	00:49:47	02:50:38
134	493	M	43		PAUL KUZMA	PINEHURST NC	67	00:32:05	00:02:11	178	01:23:13	00:01:47	147	00:51:32	02:50:47
135	588	M	40	MC	NEIL LASLEY	SUMMERFIELD NC	161	00:36:49	00:01:42	139	01:20:20	00:01:28	134	00:50:33	02:50:51
136	473	M	38		MARK TIERNAN	CARY NC							159	00:52:37	02:50:56
137	747	M	28		PHILIPP RIGAUT	CAMP LEJEUNE NC	207	00:39:08	00:02:05	161	01:21:48	00:01:44	79	00:46:21	02:51:04
138	186	M	45		MYLES NELLIGAN	RALEIGH ND	253	00:41:33	00:02:33	92	01:17:49	00:01:16	104	00:48:01	02:51:10
139	292	M	38		TONY DELUCIA	WAKE FOREST NC	113	00:34:40	00:02:18	119	01:19:23	00:01:50	167	00:53:10	02:51:18
140	528	M	43		DOUG ROMICK	CARY NC	62	00:31:49	00:01:52	216	01:25:47	00:01:17	114	00:48:51	00:02:00 02:51:35
141	147	M	47		FREDERICK DOOLITTLE	ROUGEMONT NC	119	00:34:48	00:02:10	201	01:25:00	00:01:40	103	00:48:00	02:51:36
142	476	M	43		DONALD WILDER	WILMINGTON NC	246	00:41:12	00:02:29	125	01:19:38	00:01:59	82	00:46:32	02:51:48
143	553	M	22		DIEDERIK MINKHORST	CHARLOTTE NC	133	00:35:20	00:02:05	203	01:25:02	00:01:54	111	00:48:32	02:52:51
144	317	M	25		NICK LIVY	RALEIGH NC	176	00:37:28	00:01:56	116	01:19:09	00:01:13	166	00:53:08	02:52:52
145	214	M	35		BRAD MARTIN	LUMBERTON NC	160	00:36:45	00:02:12	146	01:20:58	00:02:06	138	00:50:57	02:52:57
146	406	M	28		JASON RUPERT	RALEIGH NC	63	00:31:50	00:02:43	187	01:23:44	00:02:11	171	00:53:22	02:53:48

147	100	M	45		BRYAN KNUPP	WAXHAW NC	106	00:34:14	00:01:37	227	01:26:35	00:01:23	129	00:50:04	02:53:51
148	264	M	38		SEAN DALY	GREENSBORO NC	126	00:35:09	00:01:21	180	01:23:22	00:01:52	154	00:52:17	02:53:59
149	227	M	42		RICHARD KUHNS	ABERDEEN NC	136	00:35:25	00:02:42	143	01:20:48	00:01:57	168	00:53:14	02:54:04
150	351	M	37		THOMAS LOCKHART	GREENVILLE SC	144	00:36:09	00:01:37	115	01:19:08	00:01:10	203	00:56:08	02:54:10
151	477	M	28		PHIL TANTALO	LELAND NC	109	00:34:24	00:03:11	234	01:27:11	00:02:11	92	00:47:20	02:54:16
152	606	M	37		GRANT MEYERS	WILMINGTON NC	163	00:36:51	00:01:33	166	01:22:08	00:01:55	151	00:52:00	02:54:25
153	287	M	26		PATRICK BRUFF	WILMINGTON NC	83	00:32:57	00:01:21	213	01:25:38	00:01:22	170	00:53:21	02:54:36
154	655	M	55		TONY FERRELL	BUIES CREEK NC	245	00:41:11	00:02:14	118	01:19:21	00:02:54	117	00:49:02	02:54:40
155	652	M	57		RUSTY LOOKABILL	MATTHEWS NC	103	00:34:04	00:01:45	124	01:19:35	00:02:17	224	00:57:31	02:55:10
156	585	M	46		MIKE GUERIN	CARY NC	212	00:39:22	00:01:57	150	01:21:20	00:01:37	140	00:51:07	02:55:20
157	422	M	44		MATT MARREN	WILMINGTON NC	250	00:41:27	00:02:34	135	01:20:05	00:01:40	128	00:50:01	02:55:45
158	636	M	37		JASON MAYO	CHARLOTTE NC	117	00:34:47	00:02:41	222	01:26:19	00:02:10	126	00:49:51	02:55:46
159	656	M	37		ROBERT CAINE	WAKE FOREST NC	171	00:37:02	00:02:29	171	01:22:27	00:02:22	146	00:51:28	02:55:46
160	633	M	50		PAUL BAILEY	BRACEY VA	153	00:36:22	00:02:03	232	01:27:08	00:02:01	106	00:48:17	02:55:49
161	705	M	52	ZM	FRANK TUCKER	GREENVILLE SC	156	00:36:28	00:02:43	172	01:22:39	00:01:46	155	00:52:21	02:55:54
162	103	M	40		RAYMOND BURROWS	CORNELIUS NC	68	00:32:08	00:02:05	88	01:17:20	00:02:11	260	01:02:14	02:55:56
163	213	M	35		TODD FINCHER	RALEIGH NC	237	00:40:33	00:02:17	101	01:18:17	00:01:47	165	00:53:07	02:55:59
164	649	M	38		DAVID NAELON	DAVIDSON NC	164	00:36:55	00:02:01	89	01:17:24	00:03:08	222	00:57:18	02:56:44
165	465	M	62		RONALD WEISS	OAK ISLAND NC	166	00:36:56	00:02:59	141	01:20:28	00:02:42	184	00:54:14	02:57:17
166	629	M	47		ERIC MISENHEIMER	MEBANE NC	277	00:43:26	00:02:56	85	01:17:03	00:01:49	153	00:52:11	02:57:24
167	562	M	42		ANDRE LEONARD	WILMINGTON NC	112	00:34:35	00:02:33	155	01:21:26	00:02:21	211	00:56:34	02:57:27
168	618	M	48		PETE SPRENGER	WILMINGTON NC	35	00:29:41	00:03:21	153	01:21:22	00:02:25	248	01:00:46	02:57:33
169	600	M	47		PETER POGGETTI	FAYETTEVILLE NC	273	00:43:02	00:02:08	129	01:19:43	00:01:34	142	00:51:13	02:57:38
170	348	M	37		BRENT HAZELETT	CARY NC	199	00:38:59	00:03:48	157	01:21:37	00:01:45	148	00:51:33	02:57:39
171	584	M	45		BRETT SMITH	CHAPEL HILL NC	227	00:39:53	00:01:52	194	01:24:40	00:01:06	132	00:50:14	02:57:44
172	360	M	22		CHRIS CREECH	RALEIGH NC	189	00:38:10	00:02:16	147	01:21:02	00:02:03	192	00:54:57	02:58:27
173	567	M	37	C	SID MITCHENER	RALEIGH NC	165	00:36:56	00:03:04	127	01:19:40	00:03:22	197	00:55:36	02:58:36
174	700	M	16	NM	BEN SCRUGGS	BELMONT NC	7	00:25:35	00:03:56	261	01:29:39	00:01:16	232	00:58:17	02:58:41
175	347	M	35		SCOTT BODIEN	CHARLOTTE NC	183	00:37:43	00:02:02	169	01:22:16	00:01:18	196	00:55:32	02:58:50
176	244	M	28		TIM MURPHY	CHAPEL HILL NC	194	00:38:46	00:02:12	176	01:23:01	00:01:17	183	00:54:09	02:59:24
177	660	M	40	MC	SCOTT HELMS	CHARLOTTE NC	138	00:35:39	00:02:25	168	01:22:16	00:02:19	216	00:56:53	02:59:30

178	495	M	32		DAN DOWD	JACKSONVILLE NC	206	00:39:07	00:02:30	183	01:23:31	00:02:03	156	00:52:25	02:59:35
179	101	M	33		FELIPE WELLS	RALEIGH NC	262	00:41:53	00:02:22	105	01:18:24	00:01:41	195	00:55:29	02:59:47
180	438	M	61		GLENN GILCHRIST	SOUTHERN PINES NC	218	00:39:34	00:02:11	210	01:25:22	00:02:15	136	00:50:48	03:00:08
181	290	M	38		JASON LIEB	CARRBORO NC	185	00:37:53	00:02:21	193	01:24:32	00:01:38	191	00:54:43	03:01:06
182	619	M	39		PETER BUNERO	CHARLOTTE NC	190	00:38:16	00:02:52	199	01:24:48	00:01:53	169	00:53:20	03:01:07
183	42	M	47		IAN HUNTER	CHAPEL HILL NC	37	00:29:45	00:02:27	224	01:26:21	00:01:52	249	01:00:49	03:01:13
184	548	M	33	C	KRISTOFFER MILLS	FAYETTEVILLE NC	258	00:41:41	00:02:58	86	01:17:06	00:02:24	218	00:57:10	03:01:18
185	531	M	25		GOVAN GARNER	HAMLET NC	244	00:41:03	00:02:06	163	01:21:56	00:02:18	182	00:54:01	03:01:23
186	464	M	50		PAUL LEONARD	FAYETTEVILLE NC	269	00:42:23	00:02:21	114	01:18:57	00:01:59	202	00:56:03	03:01:40
187	321	M	42	MC	DAVID KREUTZER	MATTHEWS NC	241	00:40:41	00:02:39	142	01:20:41	00:01:26	210	00:56:31	03:01:57
188	622	M	40	MC	CHRISTOPHER EARNHARDT	APEX NC	195	00:38:49	00:03:48	151	01:21:20	00:01:59	214	00:56:49	03:02:44
189	199	M	33		CHRIS JONES	RALEIGH NC	77	00:32:36	00:03:40	252	01:29:13	00:01:09	207	00:56:17	03:02:53
190	247	M	40		JOHN DOGGER	HILTON HEAD ISLAND SC	122	00:35:01	00:02:21	279	01:31:10	00:03:38	137	00:50:57	03:03:05
191	701	M	28	C	BART COURSEY	MOORESVILLE NC	92	00:33:38	00:01:56	223	01:26:19	00:01:27	243	01:00:01	03:03:19
192	330	M	33		BRIAN TOTTEN	DURHAM NC	303	00:47:30	00:03:35	200	01:24:53	00:02:17	61	00:45:07	03:03:21
193	276	M	37	C	CHRISTOPHER GRAHAM	WILMINGTON NC	145	00:36:09	00:02:34	120	01:19:23	00:01:56	269	01:03:27	03:03:28
194	383	M	51		GARY HARTSELL	ALBEMARLE NC	216	00:39:30	00:02:06	206	01:25:14	00:03:04	178	00:53:39	03:03:32
195	664	M	41		LES MEADOWCROFT	RALEIGH NC	271	00:42:52	00:02:40	164	01:21:57	00:01:42	187	00:54:23	03:03:32
196	646	M	38		SHELDON WOLITSKI	RALEIGH NC	182	00:37:41	00:03:47	212	01:25:35	00:03:11	173	00:53:25	03:03:37
197	55	M	47		JOSE BECQUER	CHARLOTTE NC	318	00:51:13	00:01:58	99	01:18:13	00:02:11	131	00:50:11	03:03:45
198	68	M	35		BRANDON MOORE	RALEIGH NC	202	00:39:01	00:02:55	144	01:20:49	00:02:05	238	00:58:57	03:03:46
199	99	M	40		DAVID ARNETTE	GARNER NC	169	00:36:59	00:02:18	207	01:25:15	00:01:15	230	00:58:08	03:03:53
200	77	M	38	C	CRAIG ALAN OLIVER	CHARLOTTE NC	300	00:46:56	00:01:40	138	01:20:19	00:01:35	175	00:53:28	03:03:57
201	467	M	37		JASON PARKER	ABERDEEN NC	249	00:41:22	00:02:41	148	01:21:06	00:01:26	225	00:57:32	03:04:05
202	248	M	53		ALAN MAYNARD	WHITE LAKE NC	197	00:38:53	00:02:45	226	01:26:30	00:01:27	190	00:54:33	03:04:07
203	679	M	40		ERIC HERNANDEZ	HAMPSTEAD NC	220	00:39:35	00:02:03	241	01:28:21	00:01:49	161	00:52:38	03:04:23
204	368	M	44	MC	GARY ROSIA	CARY NC	151	00:36:21	00:03:49	179	01:23:17	00:02:28	233	00:58:33	03:04:26
205	339	M	40	MC	GREG SIDDEN	STATE ROAD NC	198	00:38:57	00:02:00	214	01:25:40	00:02:12	204	00:56:12	03:05:00
206	711	M	47	ZM	MICHAEL TIPPENS	HOLLY SPRINGS NC	290	00:45:43	00:02:38	70	01:15:57	00:02:03	235	00:58:48	03:05:06
207	594	M	37		JASON HARRIS	RALEIGH NC	75	00:32:34	00:02:56	267	01:30:18	00:01:41	227	00:57:43	03:05:10
208	678	M	39	NM	CRAIG NADLER	MATTHEWS NC	301	00:47:06	00:01:43	208	01:25:17	00:02:28	120	00:49:08	03:05:40

209	218	M	43		BOB YORK	WAKE FOREST NC	34	00:29:40	00:02:54	256	01:29:26	00:02:19	252	01:01:26	03:05:43
210	621	M	43		ROBERT BALES	HUNTERSVILLE NC	180	00:37:37	00:02:18	220	01:26:11	00:01:50	229	00:57:55	03:05:49
211	52	M	13		JAROD NIZEN	RALEIGH NC	56	00:31:21	00:02:28	218	01:25:59	00:01:02	281	01:05:02	03:05:50
212	715	M	43		ULYSSES OTERO	FAYETTEVILLE NC	305	00:47:56	00:01:54	160	01:21:47	00:02:14	152	00:52:01	03:05:51
213	589	M	32		JOSH SELF	RALEIGH NC	128	00:35:11	00:02:12	225	01:26:26	00:02:05	242	01:00:00	03:05:53
214	497	M	28		STEVE MARSH	CHARLOTTE NC	147	00:36:13	00:01:58	270	01:30:30	00:02:19	193	00:54:57	03:05:56
215	672	M	40	ZM	MICHAEL GRUBSTEIN	CARY NC	272	00:43:01	00:03:33	188	01:23:50	00:02:49	164	00:52:56	03:06:06
216	648	M	30		NATE HEARNS	HUNTERSVILLE NC	308	00:48:36	00:02:21	245	01:28:33	00:01:42	69	00:45:32	03:06:43
217	726	M	48	ZM	DEREK SCHOTT	WAXHAW NC	139	00:35:47	00:02:35	262	01:29:50	00:02:32	201	00:56:01	03:06:43
218	460	M	30		CHRIS TENNANT	WILMINGTON NC	158	00:36:32	00:02:04	217	01:25:47	00:01:53	251	01:01:08	03:07:23
219	262	M	44		LOUIS SOLEO	CARY NC	265	00:42:05	00:02:01	165	01:21:59	00:02:30	236	00:58:52	03:07:25
220	413	M	57		JEFF SMITH	WILMINGTON NC	243	00:41:00	00:03:27	209	01:25:17	00:01:01	219	00:57:13	03:07:55
221	435	M	42		CHAD HENDRICKS	HICKORY NC	279	00:43:39	00:02:28	186	01:23:44	00:03:01	206	00:56:15	03:09:05
222	674	M	40	ZM	MATTHEW BRAY	FAYETTEVILLE NC	260	00:41:50	00:02:58	240	01:28:13	00:01:49	186	00:54:21	03:09:09
223	240	M	48		PATRICK D'ANNA	BLYTHEWOOD SC	233	00:40:08	00:02:57	174	01:22:46	00:02:50	246	01:00:32	03:09:11
224	173	M	30		MIKE MALTARICH	CHARLOTTE NC	235	00:40:30	00:02:20	250	01:28:55	00:01:18	208	00:56:26	03:09:28
225	116	M	37		MATTHEW PEARSON	WILLOW SPRING NC	102	00:34:04	00:02:17	239	01:27:59	00:02:51	261	01:02:24	03:09:33
226	583	M	41		JOHN CALLAHAN	GARNER NC	201	00:38:59	00:02:44	182	01:23:24	00:01:56	267	01:03:04	03:10:04
227	92	M	37	C	DAVID ROBERTSON	APEX NC	247	00:41:14	00:02:48	126	01:19:40	00:03:10	271	01:03:29	03:10:18
228	277	M	60		LAWRENCE GREENBERG	CHAPEL HILL NC	209	00:39:13	00:03:18	237	01:27:51	00:02:28	226	00:57:36	03:10:24
229	498	M	39		ERIK GEORGES	CARY NC	129	00:35:11	00:02:58	275	01:30:48	00:02:35	237	00:58:56	03:10:26
230	226	M	51		CHRIS PRUNEAU	WILMINGTON NC	99	00:33:56	00:02:36	221	01:26:11	00:01:39	292	01:06:57	03:11:17
231	560	M	41		SAM TETTERTON	CAMDEN SC	196	00:38:49	00:01:50	258	01:29:31	00:03:46	223	00:57:29	03:11:23
232	470	M	35		STEVE MILLER	APEX NC	223	00:39:46	00:03:17	265	01:30:01	00:03:01	194	00:55:20	03:11:24
233	325	M	54		CARLTON COOPER	RALEIGH NC	293	00:46:01	00:03:02	175	01:22:53	00:02:46	213	00:56:46	03:11:27
234	32	M	33	OM	BRIAN STRONG	WAKE FOREST NC	232	00:40:02	00:01:52	231	01:27:06	00:01:54	250	01:00:55	03:11:46
235	150	M	45		DAVID ROBINSON	RALEIGH NC	98	00:33:53	00:02:50	255	01:29:25	00:01:38	277	01:04:13	03:11:58
236	508	M	42		MICHAEL FOX	GASTONIA NC	64	00:31:51	00:02:55	274	01:30:35	00:02:01	282	01:05:14	03:12:34
237	638	M	43		GREG CARR	RALEIGH NC	193	00:38:35	00:03:28	276	01:31:04	00:02:35	217	00:56:56	03:12:36
238	408	M	43		GARY TRULLINGER	DURHAM NC	297	00:46:39	00:02:49	197	01:24:47	00:01:30	220	00:57:14	03:12:58
239	219	M	52		FRED PERLEY	CHARLOTTE NC	105	00:34:13	00:02:39	230	01:27:00	00:02:26	291	01:06:53	03:13:09

240	98	M	50		BRIAN MOXEY	SURF CITY NC	222	00:39:44	00:02:29	242	01:28:23	00:01:29	253	01:01:29	03:13:32	
241	296	M	48		BOB HUTHER	APEX NC	93	00:33:39	00:02:30	280	01:31:12	00:02:23	273	01:03:54	03:13:36	
242	372	M	25		GREGORY CARRERO	RALEIGH NC	142	00:35:55	00:03:15	228	01:26:41	00:02:35	285	01:05:30	03:13:54	
243	454	M	61		CRAIG RODBY	BRENTWOOD TN	257	00:41:40	00:06:43	268	01:30:21	00:04:05	143	00:51:18	03:14:05	
244	238	M	51		JOHN MOORE	CHAPEL HILL NC	159	00:36:45	00:02:28	303	01:34:26	00:02:04	234	00:58:44	03:14:25	
245	718	M	32	NM	EVAN ADLER	DURHAM NC	210	00:39:13	00:03:16	298	01:33:29	00:03:01	198	00:55:46	03:14:43	
246	725	M	47	ZM	BILL LITTLE	WENDELL NC	276	00:43:26	00:03:21	248	01:28:47	00:02:22	215	00:56:50	03:14:44	
247	190	M	62		JAMES BULLOCK	GREENVILLE NC	322	00:52:06	00:03:15	177	01:23:09	00:01:48	158	00:52:37	00:02:00	03:14:53
248	626	M	33		HECTOR LOCKAMY	APEX NC	304	00:47:56	00:02:57	273	01:30:34	00:01:59	150	00:51:58	03:15:21	
249	328	M	40		TIM HODGES	ELKIN NC	256	00:41:36	00:02:39	263	01:29:52	00:01:42	241	00:59:59	03:15:47	
250	288	M	46		BOB DURONIO	CHAPEL HILL NC	323	00:52:07	00:02:35	211	01:25:23	00:01:31	188	00:54:24	03:15:58	
251	617	M	22		LOGAN EAKER	DURHAM NC	192	00:38:24	00:01:45	289	01:32:18	00:01:58	254	01:01:41	03:16:04	
252	167	M	43		ROHAN RUDOLPH	WAKE FOREST NC	287	00:45:16	00:02:39	219	01:26:07	00:02:23	244	01:00:08	03:16:30	
253	333	M	66		WILLIAM PETERS	CARY NC	229	00:39:58	00:01:57	254	01:29:18	00:02:43	263	01:02:38	03:16:32	
254	324	M	45	MC	ALFRED WIMBERLEY	RALEIGH NC	213	00:39:28	00:02:51	192	01:24:22	00:02:17	298	01:07:43	03:16:40	
255	709	M	45		CHUCK ANDERSON	NEW BERN NC	261	00:41:51	00:03:58	299	01:33:56	00:03:21	181	00:53:59	03:17:02	
256	710	M	34	NM	FORTUNATO ZUAZUA	SAN PEDRO GARZA GARC X	264	00:42:03	00:02:52	309	01:35:51	00:02:06	189	00:54:28	03:17:18	Y
257	260	M	44	MC	THOMAS KRAEMER	GREENVILLE NC	315	00:50:10	00:02:59	247	01:28:45	00:01:56	177	00:53:39	03:17:28	
258	93	M	39		BRIAN LEWIS	CARY NC	162	00:36:50	00:04:47	244	01:28:31	00:04:30	268	01:03:13	03:17:49	
259	522	M	33	C	AARON MYALL	FORT CAMPBELL KY	141	00:35:53	00:01:50	243	01:28:28	00:02:06	306	01:09:52	03:18:07	
260	47	M	55		ALAN POLLENZ	RALEIGH NC	57	00:31:31	00:02:42	260	01:29:38	00:02:07	312	01:12:16	03:18:11	
261	250	M	55		JAMES STEVENS	RALEIGH NC	204	00:39:02	00:01:56	191	01:24:16	00:03:52	302	01:09:22	03:18:26	
262	436	M	41		SHANNON YOUNG	DURHAM NC	282	00:44:41	00:02:37	233	01:27:10	00:02:19	256	01:01:47	03:18:32	
263	637	M	36		SCOTT DAVIS	CHARLOTTE NC	239	00:40:36	00:02:45	266	01:30:15	00:02:03	270	01:03:28	03:19:05	
264	481	M	38		JASON STANLEY	CHAPEL HILL NC	248	00:41:19	00:01:53	249	01:28:50	00:01:50	283	01:05:25	03:19:16	
265	255	M	40		CHARLES BALDWIN	GREENVILLE NC	275	00:43:20	00:04:41	253	01:29:15	00:02:53	239	00:59:22	03:19:29	
266	634	M	39	OM	CHRIS ROSATI	DURHAM NC	283	00:44:43	00:04:19	281	01:31:22	00:02:41	209	00:56:27	03:19:30	
267	696	M	29	NM	RYAN JACKSON	FAYETTEVILLE NC	172	00:37:10	00:02:41	295	01:32:46	00:01:56	284	01:05:29	03:20:00	
268	67	M	34		JD RAMSEUR	CONCORD NC	215	00:39:29	00:03:32	235	01:27:29	00:01:53	297	01:07:42	03:20:03	
269	469	M	33		HAYWOOD ALEXANDER	RALEIGH NC	186	00:38:02	00:03:06	316	01:37:07	00:02:00	240	00:59:58	03:20:11	
270	658	M	49		DOUG ROBINSON	RALEIGH NC	278	00:43:38	00:02:47	215	01:25:42	00:02:38	286	01:05:31	03:20:14	

271	695	M	32	NM	BRANDEN ZACHERY	JACKSONVILLE NC	294	00:46:11	00:03:15	285	01:32:10	00:03:01	205	00:56:13	03:20:47	
272	448	M	38		DOUGLAS CLARK	CARY NC	254	00:41:34	00:03:33	189	01:23:57	00:02:03	305	01:09:49	03:20:54	
273	501	M	40		SOREN WINDRAM	DURHAM NC	251	00:41:28	00:03:33	306	01:35:21	00:03:01	231	00:58:09	03:21:30	
274	518	M	41		STEVE KEY	RALEIGH NC	307	00:48:31	00:04:02	246	01:28:39	00:02:44	228	00:57:47	03:21:41	
275	505	M	48	MC	RANDY DRAUGHON	GARNER NC	203	00:39:02	00:02:30	292	01:32:25	00:02:34	287	01:05:34	03:22:03	
276	297	M	33		TREY MEEKINS	LUMBERTON NC	157	00:36:31	00:07:32	236	01:27:37	00:05:58	279	01:04:49	03:22:25	
277	712	M	43		RICHARD HOFFMAN	BENSON NC	288	00:45:39	00:02:24	272	01:30:31	00:03:43	245	01:00:13	03:22:28	
278	432	M	40		ERIC COTTRELL	CHARLOTTE NC	311	00:49:14	00:04:34	278	01:31:10	00:02:32	200	00:56:01	03:23:29	
279	49	M	31		SAMUEL NYE	APEX NC	234	00:40:28	00:03:22	308	01:35:31	00:02:37	257	01:01:52	03:23:49	
280	114	M	63		SCOTT DUNCAN	GREENSBORO NC	286	00:45:05	00:02:33	282	01:31:29	00:02:11	264	01:02:42	03:23:58	
281	107	M	37		DAVE WOZNIAK	CHARLOTTE NC	268	00:42:13	00:02:58	315	01:36:52	00:01:26	247	01:00:44	03:24:10	
282	698	M	44		CHRIS ZAGAR	CONCORD NC	266	00:42:06	00:02:54	277	01:31:07	00:01:48	296	01:07:24	03:25:16	
283	517	M	28		KAJ JOHNSON	ASHEVILLE NC	329	00:57:45	00:02:32	271	01:30:31	00:02:14	163	00:52:43	03:25:42	
284	681	M	50	ZM	JAMES GUIMOND	CHARLOTTE NC	326	00:54:25	00:05:37	96	01:18:12	00:03:53	272	01:03:41	03:25:46	
285	534	M	47		BRUCE MATHENY	WAKE FOREST NC	291	00:45:43	00:02:46	257	01:29:27	00:01:54	288	01:06:06	03:25:55	
286	611	M	43	MC	KENNETH BARK	RALEIGH NC	296	00:46:34	00:02:31	286	01:32:16	00:02:32	259	01:02:09	03:26:00	
287	714	M	39		TIM GILL	WILMINGTON NC	284	00:44:48	00:02:37	321	01:38:30	00:03:05	221	00:57:15	03:26:14	
288	344	M	36		ADAM MCCOMB	STATE ROAD NC	211	00:39:17	00:02:51	290	01:32:19	00:01:49	308	01:10:39	03:26:54	
289	104	M	39		MATTHEW WILLIAMSON	DURHAM NC	255	00:41:34	00:03:06	320	01:38:24	00:02:03	262	01:02:25	03:27:30	
290	323	M	37		SEAN MCCABE	APEX NC	225	00:39:50	00:05:04	318	01:38:01	00:01:53	275	01:04:05	03:28:51	
291	308	M	67		MICHAEL RUDAWSKY	CONCORD NC	325	00:54:11	00:03:31	205	01:25:06	00:03:46	265	01:02:53	03:29:25	
292	419	M	15		BURTON BURROWS	KENANSVILLE NC	149	00:36:18	00:02:26	317	01:37:17	00:01:09	313	01:12:19	03:29:27	
293	514	M	40		BEN BARKER	DURHAM NC	320	00:51:25	00:02:21	238	01:27:51	00:02:12	289	01:06:11	03:29:58	
294	376	M	37	C	CHRIS CHESHIRE	RALEIGH NC	205	00:39:05	00:04:18	297	01:33:04	00:04:03	303	01:09:45	03:30:12	
295	671	M	35	NM	TIM WALLACE	CHARLOTTE NC	200	00:38:59	00:05:34	310	01:36:16	00:02:48	293	01:07:03	03:30:37	
296	295	M	39		RICH MORRISON	APEX NC	155	00:36:27	00:03:16	325	01:40:21	00:01:45	300	01:08:56	03:30:43	
297	279	M	35		ALEX PAEN	CAROLINA BEACH NC	238	00:40:34	00:02:49	259	01:29:31	00:01:55	316	01:14:14	00:02:00	03:31:02
298	361	M	38		RUSS HELMS	CHAPEL HILL NC	252	00:41:30	00:07:37	323	01:38:40	00:03:02	255	01:01:45	03:32:33	
299	478	M	52	MC	MICHAEL WELDRICK	LELAND NC	313	00:49:52	00:04:32	162	01:21:55	00:02:37	315	01:13:54	03:32:47	
300	574	M	50	MC	ROBERT WEBER	DURHAM NC	289	00:45:40	00:05:10	294	01:32:27	00:02:36	294	01:07:07	03:32:59	
301	282	M	52		BOB OCONNOR	WAKE FOREST NC	306	00:48:24	00:02:50	283	01:31:51	00:03:20	290	01:06:42	03:33:05	

302	159	M	39		JAMES CARAWAY	NORTH MYRTLE BEACH SC	285	00:44:50	00:02:04	195	01:24:41	00:02:38	326	01:19:08	03:33:19
303	349	M	45		TODD PURICH	RALEIGH NC	292	00:45:51	00:02:21	296	01:32:51	00:02:09	310	01:10:57	03:34:06
304	690	M	43	ZM	THOMAS FURR	CHAPEL HILL NC	274	00:43:18	00:04:12	328	01:42:12	00:01:24	266	01:03:02	03:34:06
305	713	M	25	NM	JOEL BRADBURY	CHARLOTTE NC	191	00:38:18	00:04:04	301	01:34:05	00:02:57	317	01:14:58	03:34:20
306	188	M	41	MC	ROBERT REAVES	RED SPRINGS NC	316	00:50:15	00:05:46	293	01:32:27	00:02:38	276	01:04:06	03:35:10
307	689	M	40		CHRIS GOSK	CHAPEL HILL NC	328	00:55:30	00:04:05	287	01:32:16	00:01:49	258	01:01:54	03:35:32
308	336	M	39		DEREK WAYLAND	FUQUAY VARINA NC	280	00:43:42	00:03:35	302	01:34:22	00:02:48	311	01:11:35	03:36:00
309	64	M	43		BILL MORRISON	DURHAM NC	310	00:49:06	00:02:49	288	01:32:17	00:02:50	304	01:09:46	03:36:46
310	397	M	55		JOHN MELLING	NEW BERN NC	327	00:55:20	00:02:38	291	01:32:23	00:02:41	274	01:03:59	03:36:58
311	474	M	36		MARK CARR	RALEIGH NC	270	00:42:24	00:03:43	264	01:29:57	00:02:44	322	01:18:17	03:37:02
312	370	M	36	C	NATHAN MAGEE	FUQUAY-VARINA NC	188	00:38:05	00:04:13	329	01:45:03	00:02:36	299	01:07:59	03:37:54
313	109	M	49		HUDSON WELCH	CHARLOTTE NC	259	00:41:48	00:02:20	330	01:45:21	00:01:37	295	01:07:23	03:38:26
314	610	M	36		RYAN FERGUSON	CLAYTON NC	230	00:39:58	00:03:56	312	01:36:25	00:02:42	319	01:16:18	03:39:17
315	273	M	43		CRAIG WOOD	CHAPEL HILL NC	298	00:46:42	00:03:31	229	01:26:46	00:02:23	327	01:20:49	03:40:09
316	304	M	37	C	PATRICK CONNEELY	NEWPORT NC	187	00:38:03	00:04:17	311	01:36:24	00:03:23	324	01:18:31	03:40:38
317	71	M	62		SAM BAKER	RALEIGH NC	299	00:46:47	00:02:29	314	01:36:38	00:02:51	314	01:12:28	03:41:12
318	704	M	38	NM	CHRIS LYON	CHARLOTTE NC	312	00:49:35	00:03:30	307	01:35:24	00:03:24	309	01:10:55	03:42:46
319	70	M	47	MC	DEAN ANDERSON	HENDERSON NC	295	00:46:26	00:01:59	284	01:32:03	00:02:10	329	01:21:14	03:43:51
320	490	M	47		TIM HOWELL	NICHOLS SC	319	00:51:24	00:03:33	313	01:36:37	00:03:01	307	01:10:22	03:44:56
321	684	M	45		BILL NICOTRA	DURHAM NC	331	01:01:20	00:03:00	304	01:35:03	00:01:51	280	01:04:57	03:46:10
322	105	M	48		HENRY ROYCROFT	REMBERT SC	242	00:40:50	00:03:41	251	01:29:02	00:03:43	332	01:29:31	03:46:46
323	161	M	35	C	ERIC COOK	NORFOLK VA	314	00:50:04	00:02:44	269	01:30:22	00:02:46	328	01:20:57	03:46:50
324	697	M	39		VICTOR HA	KANNAPOLIS NC	330	01:00:17	00:03:23	305	01:35:05	00:02:32	301	01:09:05	03:50:20
325	243	M	35		MARK HARBERTSON	FUQUAY VARINA NC	281	00:43:52	00:02:32	332	01:46:40	00:01:52	325	01:18:53	03:53:47
326	45	M	42		TOM MURRAY	WINSTON-SALEM NC	317	00:50:34	00:04:46	322	01:38:36	00:02:17	323	01:18:18	03:54:30
327	212	M	40	MC	DAVID CASMER	RALEIGH NC	226	00:39:53	00:06:39	300	01:34:04	00:04:14	333	01:30:12	03:55:00
328	198	M	29		DAN MCNEILL	CHARLOTTE NC	302	00:47:12	00:02:52	334	01:47:11	00:02:27	321	01:17:54	03:57:34
329	471	M	57		BILL BANNEN	GREENVILLE SC	334	01:08:10	00:04:10	326	01:40:40	00:04:02	278	01:04:21	04:01:21
330	46	M	47		DAVE MURRAY	RALEIGH NC	321	00:51:36	00:05:16	324	01:39:32	00:03:18	330	01:21:45	04:01:24
331	472	M	63		TONY MAUPIN	RALEIGH NC	324	00:53:05	00:05:36	333	01:46:44	00:03:30	318	01:16:16	04:05:09
332	565	M	44		PHILIP PERROTTA	PINEHURST NC	309	00:48:49	00:04:15	335	01:52:42	00:03:16	320	01:17:03	04:06:03

333	284	M	47	MC	CHRISTOPHER KELLY	CHAPEL HILL NC	335	01:11:17	00:04:19	319	01:38:05	00:04:00	331	01:22:14	04:19:53
334	558	M	41	MC	BOB ANDREWS JR	CHARLOTTE NC	332	01:02:34	00:02:22	331	01:46:38	00:02:36	334	01:34:00	04:28:08
335	61	M	53		GARY COOK	LELAND NC	333	01:02:38	00:02:36	327	01:41:29	00:02:26			
336	215	M	40		MARC MAYETTE	RALEIGH NC	217	00:39:33	00:03:02	185	01:23:36				

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