

Race Date
September 23, 2017

SS Lightning 2017
Age Group Results

10K Run

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Evan Beauchamp		29	2523	1	35:53.1	5:47/M
2	Naveen Ramachandrappa		34	2922	2	38:21.7	6:11/M
3	Daniel Heine		34	2724	4	40:29.3	6:32/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Allen Tetley		56	3108	6	41:03.9	6:37/M

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Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Flynn Klug		10	2786	214	1:24:31.3	13:38/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nick Balga		13	2513	22	47:27.7	7:39/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jiaxin Tang		17	3007	146	1:04:06.1	10:20/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Benjamin Jacobs		22	2753	42	50:46.4	8:11/M
2	David Fair		22	2646	98	58:11.1	9:23/M
3	James Beaman		23	2520	120	1:00:41.5	9:47/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Grimm		27	2695	7	42:04.1	6:47/M
2	Michael Black		28	2539	24	47:42.3	7:42/M
3	Lawson Pruett		28	2918	25	47:56.1	7:44/M
4	Duncan Emmons		29	3136	46	51:24.0	8:17/M
5	Ray Nosari		28	2886	133	1:02:47.9	10:08/M
6	Andres Sandoval		28	2957	159	1:06:03.2	10:39/M
7	Arthur McNaughton		29	2857	161	1:06:09.5	10:40/M
8	Nathan Terrell		25	3013	176	1:09:41.6	11:14/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anthony Cox		31	2605	26	49:04.4	7:55/M
2	Chris Hamilton		31	2703	34	49:38.9	8:00/M
3	Fax Reynolds		33	3128	45	51:01.0	8:14/M
4	Adam Pratt		33	3113	56	52:56.4	8:32/M

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Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Andrew Pratt		33	2913	71	55:13.5	8:54/M
6	Kirk Mishrell		33	2866	92	57:46.9	9:19/M
7	Lutfullah Almos		32	2507	110	59:35.6	9:37/M
8	Chris Duncan		33	2624	158	1:05:41.2	10:36/M
9	Eric Bowman		30	2551	185	1:10:37.2	11:23/M
10	Bobby Vickery		33	3029	221	1:29:54.0	14:30/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Resutek		37	2928	10	44:14.7	7:08/M
2	Taylor Bronikowski		35	2559	12	45:35.8	7:21/M
3	Terence Haran		37	3160	13	45:38.7	7:22/M
4	Chris Kulinski		39	2797	16	45:54.9	7:24/M
5	Frank Varano		36	3027	27	49:14.4	7:56/M
6	Benjamin Krawiecki		37	2794	38	50:32.7	8:09/M
7	Jason Messina		38	2863	39	50:33.1	8:09/M
8	Scott Brown		36	2561	40	50:34.8	8:09/M
9	Andrew Cawood		38	2584	44	50:52.3	8:12/M
10	BD Chavis		39	2587	47	51:25.5	8:18/M
11	Brian Breece		39	2556	69	54:50.1	8:51/M
12	Mark Salmenson		37	2949	77	56:17.1	9:05/M
13	Alexander Livits		36	2823	103	59:01.0	9:31/M
14	Adam Singer		39	3145	134	1:02:58.5	10:09/M
15	Lemuel Reyes		35	2930	200	1:17:05.5	12:26/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bruce Sanders		43	3162	29	49:24.8	7:58/M
2	Joe Nagel		43	3148	30	49:28.6	7:59/M
3	Alexander Higgs		41	2736	31	49:32.5	7:59/M
4	Robert Parris		41	2896	59	53:11.9	8:35/M
5	Joel Kurtz		42	2799	83	56:34.6	9:07/M
6	BENJAMIN TAUBE		43	3008	84	56:56.7	9:11/M
7	Vann McNeill		40	2858	94	57:55.0	9:20/M
8	John Schwede		40	2967	109	59:25.0	9:35/M
9	Brandon Shaw		42	2978	129	1:01:55.5	9:59/M
10	Scott Miller		44	2562	196	1:15:06.6	12:07/M

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Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	patrick chesser		45	2588	18	46:30.6	7:30/M
2	Dana Kaufman		46	3153	21	47:02.9	7:35/M
3	Bryan Jackson		47	2751	33	49:36.6	8:00/M
4	Jay Baxter		46	2518	51	52:18.7	8:26/M
5	Sharone Slakman		49	2981	72	55:25.0	8:56/M
6	Wayne Kibler		48	2775	74	55:32.9	8:57/M
7	John Duffoo		45	2622	78	56:22.8	9:05/M
8	Randall Keyser		48	2774	81	56:29.7	9:07/M
9	Chris Callison		45	2572	132	1:02:16.9	10:03/M
10	Richard Rowe		46	2940	171	1:07:30.4	10:53/M
11	Ernest Greer		47	2691	186	1:10:49.5	11:25/M
12	Crispin Stromberg		45	3006	187	1:11:00.3	11:27/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Phillip Finley		53	3155	9	43:54.2	7:05/M
2	Greg Berns		53	2533	19	46:33.2	7:30/M
3	Shawn Hardister		53	2709	23	47:30.8	7:40/M
4	David Lindsay		51	2820	32	49:34.1	8:00/M
5	Jeff Posey		54	3135	36	50:29.6	8:09/M
6	Bret Quigley		53	3127	50	52:07.9	8:24/M
7	David White		51	3107	67	54:01.8	8:43/M
8	Patrick Jewell		52	3132	73	55:25.0	8:56/M
9	Jim Kroninger		53	2796	79	56:26.8	9:06/M
10	Tom White		53	3169	91	57:42.9	9:18/M
11	Thomas Lagrange		53	2802	150	1:04:34.6	10:25/M
12	Carel Bekker		50	2524	153	1:04:43.9	10:26/M
13	Brian Russ		52	2943	191	1:12:45.0	11:44/M
14	Eugene Vissers		52	3168	225	1:35:50.8	15:27/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zeferino Modesto		57	3118	11	45:18.4	7:18/M
2	Bill Kiever		57	3117	15	45:49.4	7:23/M
3	Victor Grichting		57	3134	43	50:49.2	8:12/M
4	Dell Mason		55	2841	57	53:02.8	8:33/M
5	Colin Rogoff		57	3123	82	56:33.2	9:07/M
6	John Nosari		55	2885	106	59:17.7	9:34/M

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10K Run

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Brian Thomas		58	3015	122	1:00:48.6	9:48/M
8	Jeremy Cohen		56	2595	124	1:01:21.8	9:54/M
9	Mark Irle		59	2749	135	1:03:03.1	10:10/M
10	Mitchell McCleary		57	2848	136	1:03:04.5	10:10/M
11	Richard Goldsmith		57	3157	164	1:06:21.3	10:42/M
12	Steven Knight		59	2787	167	1:06:58.8	10:48/M
13	Gregory Selig		55	2972	197	1:15:08.4	12:07/M
14	Marc Merrill		59	3159	208	1:19:34.9	12:50/M
15	Gerhard Kinas		58	2780	227	1:38:48.3	15:56/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Bishop		61	2538	49	51:57.6	8:23/M
2	Geoffrey Faux		61	3129	68	54:37.7	8:49/M
3	Frank O. Brown		63	3105	70	55:09.2	8:54/M
4	Mark Fair		61	2645	99	58:12.7	9:23/M
5	Stephen Maret		61	2836	104	59:09.5	9:32/M
6	Jay Shaffer		60	2974	115	1:00:06.8	9:42/M
7	Kevin Smith		60	2985	199	1:17:03.8	12:26/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Larry Jamieson		68	2754	61	53:32.1	8:38/M
2	Tim Effler		66	2637	88	57:17.7	9:14/M
3	Fred Bavmbach		66	3102	90	57:38.1	9:18/M
4	Rob Herman		66	2727	143	1:03:45.4	10:17/M
5	Greg Wright		65	3073	182	1:10:22.7	11:21/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Sherman		73	2979	172	1:08:06.1	10:59/M
2	Stanley Lefco		70	2809	209	1:21:02.0	13:04/M

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Female Overall Winners

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1	Irma Betancoont		46	3116	3	39:47.2	6:25/M
2	Bonnie Garber		48	2667	5	40:38.1	6:33/M
3	Lauren Bach		29	2511	8	43:53.9	7:05/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Natalie Kurtz		45	2800	28	49:14.5	7:56/M

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10K Run

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mia Shaw		10	2977	128	1:01:55.5	9:59/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nina Klug		13	3139	149	1:04:28.4	10:24/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tierra Williams		16	3061	139	1:03:36.4	10:15/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alana Weinstock		22	3140	65	53:57.6	8:42/M
2	Saskia Lindsay		22	2821	75	56:03.6	9:02/M
3	Frances Hicks		24	3147	86	57:08.8	9:13/M
4	Naomi Nikolas		22	2884	118	1:00:14.7	9:43/M
5	Victoria Lay		22	2808	166	1:06:34.5	10:44/M
6	Amy Koenig		23	2790	178	1:10:03.6	11:18/M
7	Joelle Chiasson		24	2589	210	1:22:28.2	13:18/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Miranda Forman		27	2660	17	45:58.6	7:25/M
2	SYLVANA COLMENARES		28	2598	41	50:43.1	8:11/M
3	Chelsey Beauchamp		28	2522	52	52:37.5	8:29/M
4	Mary Kathryn Williamson		26	3065	76	56:06.7	9:03/M
5	Amanda Brantley		28	2555	102	59:00.2	9:31/M
6	BRIANNA HARTE		29	2713	127	1:01:43.3	9:57/M
7	Kristin Smith		26	2986	156	1:05:14.0	10:31/M
8	Kimber McNaughton		28	2856	160	1:06:09.4	10:40/M
9	Alexandra Sandoval		26	2956	174	1:09:36.8	11:14/M
10	Joy Terrell		25	3014	175	1:09:41.5	11:14/M
11	Erin Bowman		29	2550	184	1:10:36.4	11:23/M
12	Alexis Lynch		29	2831	193	1:12:57.0	11:46/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Andrea Arauz		28	2509	195	1:14:16.2	11:59/M
14	Lindsay Henry		29	2726	220	1:29:53.4	14:30/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Crystal Perkins		32	2903	14	45:39.0	7:22/M
2	Margaret Williams		30	3062	60	53:24.9	8:37/M
3	Sara Bier		34	2536	64	53:55.4	8:42/M
4	Julie Habif		33	2698	66	54:01.8	8:43/M
5	Ashley Puccini		31	2919	89	57:23.6	9:15/M
6	Katherine Thomson		33	3018	101	58:48.4	9:29/M
7	Maureen Walker		30	3034	119	1:00:33.6	9:46/M
8	Susy Schwede		34	2968	125	1:01:40.7	9:57/M
9	Emilie Gastley		33	2671	140	1:03:37.9	10:16/M
10	Irina Schwartz		33	2966	170	1:07:30.2	10:53/M
11	Elizabeth Bierly		31	2537	179	1:10:14.0	11:20/M
12	Sarah Flaman		34	2656	188	1:11:54.1	11:36/M
13	Charity Zalk		34	3076	202	1:17:50.8	12:33/M
14	Rhiannon Masterson		32	2842	203	1:18:50.7	12:43/M
15	Katherine Wroblecki		32	3074	211	1:22:43.3	13:20/M
16	Annie Lopez-Ona		30	2828	216	1:26:02.0	13:53/M
17	Jessica Harmon		31	2710	217	1:26:02.1	13:53/M
18	Keila Kirkpatrick		30	2783	219	1:29:19.2	14:24/M
19	Jessica Stepp		33	3001	223	1:32:54.2	14:59/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Meghan Vogt		37	3030	20	46:38.6	7:31/M
2	Kacy Homans		39	2740	35	49:40.3	8:01/M
3	Maleah Street		36	3004	53	52:43.4	8:30/M
4	Adrienne Penake		38	2902	55	52:50.8	8:31/M
5	Jane Fields		37	2654	80	56:27.9	9:06/M
6	Susanne Walton		38	3036	87	57:15.0	9:14/M
7	Elyssa Kramer		37	2792	93	57:50.1	9:20/M
8	Marte Meyerhoff		36	2865	95	57:56.5	9:21/M
9	Jaclyn Krawiecki		39	2795	96	58:03.5	9:22/M
10	Rachel Poole		35	2912	97	58:04.4	9:22/M
11	Melinda Pauly		38	2898	105	59:12.4	9:33/M

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Female 35 to 39

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12	Jessica Hamm		37	2705	113	59:51.2	9:39/M
13	Lauren West		35	3048	114	1:00:01.5	9:41/M
14	Michelle Lapointe		37	2804	123	1:00:57.0	9:50/M
15	Melissa Forte		39	2661	126	1:01:42.5	9:57/M
16	Rina Patel		39	2897	130	1:02:13.5	10:02/M
17	Meredith Doster		38	2617	141	1:03:42.2	10:16/M
18	Erin Bridges		37	2558	142	1:03:42.3	10:16/M
19	Anne Gibbs		39	2673	168	1:07:08.7	10:50/M
20	Claire Huenefeld		37	2743	201	1:17:42.8	12:32/M
21	Adrienne Forchilli		39	2659	205	1:19:27.2	12:49/M
22	Amanda Scott		37	2970	207	1:19:31.7	12:50/M
23	Lacey Hutchinson		35	2747	218	1:26:48.9	14:00/M
24	Bernadine Lunsford		36	3166	228	1:43:53.3	16:45/M
25	Sarah Tushin		37	3165	229	1:43:53.6	16:45/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Allison Payne		40	2899	48	51:37.1	8:20/M
2	Traci Flome		40	2658	54	52:44.8	8:30/M
3	Deana Baptiste		43	2514	58	53:09.8	8:34/M
4	Dara Morris		42	2871	62	53:46.2	8:40/M
5	Rachel Reid		40	2926	137	1:03:20.4	10:13/M
6	Anna Quah		42	2920	145	1:03:54.5	10:18/M
7	Audra Thompson		40	3017	162	1:06:15.9	10:41/M
8	Mandy Thome		43	3016	163	1:06:16.2	10:41/M
9	Charlotte Pelz		40	2901	165	1:06:25.4	10:43/M
10	Wendy Levin		43	2811	169	1:07:19.5	10:51/M
11	Jennifer Bornemann		44	2549	189	1:11:54.2	11:36/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jodi Jackson		46	2752	37	50:32.3	8:09/M
2	Dana Levitan		46	3131	63	53:50.4	8:41/M
3	Stephanie Effron		45	2638	107	59:22.5	9:35/M
4	Kathy Fulton		46	2666	108	59:22.7	9:35/M
5	Stephanie Schiele		47	2960	154	1:04:57.0	10:29/M
6	Alexandra Aldrich		48	2502	173	1:09:02.6	11:08/M
7	Beth Dempsey		46	2610	180	1:10:15.5	11:20/M

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10K Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Emily golden		47	2679	183	1:10:31.7	11:22/M
9	Milla Callison		49	2573	190	1:12:39.7	11:43/M
10	Wendy Reece		49	2923	194	1:13:05.6	11:47/M
11	Beverly Win		48	3067	212	1:23:57.6	13:32/M
12	Jennifer Fennell		47	2653	213	1:23:57.7	13:32/M
13	Deayne Johnson		47	2758	215	1:25:18.3	13:45/M
14	Jennifer Greer		45	2690	224	1:32:54.5	14:59/M
15	Merri-Edna Kinas		49	2779	226	1:38:27.3	15:53/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Maria Hybinette		53	3109	85	57:03.4	9:12/M
2	Lisa Drake		50	2619	121	1:00:48.5	9:48/M
3	Jody Reichel		54	2925	131	1:02:13.6	10:02/M
4	Hedy Rubinger		53	2941	148	1:04:16.3	10:22/M
5	Margot Bekker		50	2525	157	1:05:20.7	10:32/M
6	anne carlock		50	2575	198	1:15:10.1	12:07/M
7	Jennifer Wandu		53	3037	204	1:18:54.3	12:44/M
8	Jenni Russ		54	2944	206	1:19:27.5	12:49/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Keeter		58	2769	100	58:47.5	9:29/M
2	Nancy Habif		55	2699	112	59:41.1	9:38/M
3	Hope Flammer		56	2657	144	1:03:50.6	10:18/M
4	Barbara Kratz		57	2793	147	1:04:12.2	10:21/M
5	Carolyn Jo Viator		55	3028	151	1:04:35.5	10:25/M
6	Melissa White		58	3056	152	1:04:36.8	10:25/M
7	Carolyn Koenig		55	2789	177	1:10:03.1	11:18/M
8	Renee Wright		55	3072	181	1:10:22.2	11:21/M
9	Anna Nikolas		57	2883	222	1:31:53.2	14:49/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deborah Price-Alexander		62	2917	111	59:36.0	9:37/M
2	Adri Herman		64	2728	116	1:00:07.0	9:42/M

Race Date
September 23, 2017

SS Lightning 2017
Age Group Results

10K Run

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Gail H. Brown		63	2563	138	1:03:27.5	10:14/M
4	Janie Hicks		63	3146	155	1:05:05.4	10:30/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Valerie Kelleher		68	2770	117	1:00:09.7	9:42/M

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Susan Aldrich		71	2503	192	1:12:47.4	11:44/M
2	LINDA ROSS		70	2938	230	1:45:20.2	16:59/M