

## 27<sup>th</sup> Annual

### Queens Lake 5K Run

New Quarter Park, Williamsburg, VA

Saturday, March 27, 2021

A Colonial Road Runners Grand Prix Event

A Hampton Roads Super Grand Prix Event

USATF-certified 5K course (VA-20004-RT)

All times rounded up to the next second, according to USATF timing standards

Course was run as certified.

196 finishers in 5K run/walk.

16 finishers in one mile fun run/walk.

\*\* Age group record (5-year age groups)

### Men Overall

**1. Adam Otstot, 38	Williamsburg	15:50
[course record 15:10 by Patrick Phillips, 25, Greensboro, NC, in 1997]		
2. Evan McCue, 15	Chesapeake	16:27
3. Ryan Carroll, 38	Chesapeake	16:36

### Women Overall

1. Sika Henry, 37	Newport News	18:43
[course record 16:32 by Kathy Newberry, 32, Williamsburg, in 2010]		
2. Bethany Spector, 31	Virginia Beach	19:30
3. Emily Honeycutt, 30	Newport News	19:53

### Men 14-and-under

1. Isaac Lamprecht, 14	New Kent	17:58
2. Orion Berger, 14	Williamsburg	20:20
3. Braxton Lee, 11	Quinton	26:47
4. Ronald Collier, 14	Yorktown	28:01
5. Bryson Jones, 13	Williamsburg	29:09
6. Magnus Chiles, 14	Virginia Beach	29:52
7. Bryton Lee, 8	Quinton	29:59

### Men 15-19

1. Austin Alanis, 19	Quantico	17:04
2. Evan Clary, 19	Williamsburg	17:56
3. Sam Waters, 19	Williamsburg	18:32
4. Jarrett Sindt, 19	Virginia Beach	18:42
5. Pierce Cutler, 15	Smithfield	20:07
6. Jacob Thiebault, 15	Toano	20:32
7. Hunter Muench, 18	Williamsburg	21:17

### Men 20-24

1. Jonathan Coleman, 24	Richmond	16:43
2. John Chiles, 23	Virginia Beach	22:40

### Men 25-29

1. Terrance Gray, 26	Virginia Beach	18:12
2. Dillon Britt, 25	Pendleton, NC	18:23

3. Logan St. John, 26	Newport News	18:35
4. Jacob Dodge, 27	Norfolk	18:44

### Men 30-34

1. Blaine O'Reilly, 32	Williamsburg	16:39
2. Clark Pederson, 30	Yorktown	17:14
3. Jonathan Torres, 31	Newport News	17:36
4. Spencer Norman, 31	Henrico	19:37
5. Jordan Spector, 34	Virginia Beach	20:18
6. Darin Stiefvater, 32	Williamsburg	22:21
7. Benjamin Kaurich, 33	Williamsburg	23:19
8. Jordan Chapman, 32	Williamsburg	23:49
9. Frank Nixon, 34	Chesapeake	24:02
10. Andrew Welliver, 30	Virginia Beach	28:13

### Men 35-39

1. Daniel Shean, 38	Virginia Beach	17:39
2. Christopher Davis, 36	Hayes	19:42
3. William McCallister, 38	Lanexa	22:45
4. Allan Sabino, 37	Williamsburg	34:09

### Men 40-44

1. Andy Riley, 42	Toano	17:31
2. Paul Smartschan, 41	Powhatan	18:24
3. Andrew Rose, 43	Williamsburg	22:00
4. Sean Sparkman, 42	Williamsburg	23:43
5. Chris Delzer, 42	Williamsburg	25:07
6. Karl Kroenlein, 44	Williamsburg	28:24
7. Jayson Fieldings, 43	Williamsburg	33:44

### Men 45-49

1. Greg Lynn, 46	Hayes	19:02
2. Andrea Buoso, 47	Norfolk	20:14
3. Steven Short, 46	Toano	21:02
4. Kevin Rafferty, 49	Virginia Beach	21:48
5. Phil Plante, 48	Williamsburg	21:51
6. David Berger, 45	Williamsburg	23:14

### Men 50-54

1. Joe Calkins, 50	Lanexa	19:55
2. David Anderson, 51	Williamsburg	20:39
3. Kevin Clauberg, 52	Williamsburg	23:07
4. Mark Douglas, 54	Williamsburg	24:14
5. Matthew Zentz, 53	Portsmouth	24:31
6. John Accardi, 51	Williamsburg	24:31
7. Ralph Hutton, 54	Williamsburg	24:39
8. Kevin Hughes, 52	Williamsburg	24:45
9. Brian Chiles, 52	Virginia Beach	38:22

### Men 55-59

1. Steven Kast, 56	Yorktown	18:48
2. Sean Killeen, 55	Richmond	20:35

3. Greg Dawson, 55	Williamsburg	20:49
4. Orlando Perez, 59	Newport News	21:22
5. Kevin Grierson, 55	Williamsburg	23:08
6. William Palagyi, 55	Suffolk	24:02
7. Ira Haynie, 56	Newport News	24:58
8. Russ Rote, 57	Williamsburg	25:28
9. Robert Jean, 56	Williamsburg	26:36
10. Donald Cutler, 55	Smithfield	27:15
11. Rex Hoover, 57	Williamsburg	28:30
12. Shawn Trahan, 55	Stafford	30:48
13. Charles Via, 58	Richmond	35:54
14. John Markley, 56	Newport News	38:10

### Men 60-64

1. Robert Whitaker, 62	Yorktown	18:55
2. Rick Samaha, 63	Williamsburg	19:24
3. Ken Alberg, 60	Suffolk	23:09
4. Tom Barry, 63	Williamsburg	23:15
5. Tom Robinson, 62	Williamsburg	23:21
6. Timothy Hodge, 61	Virginia Beach	23:23
7. Tony Heimer, 63	Chesapeake	23:54
8. Chris Abelt, 64	Williamsburg	23:57
9. Bill Price, 61	Chesapeake	24:34
10. Dwight Starks, 60	Virginia Beach	27:08
11. Paul Joseph Farneli, 61	Williamsburg	32:32
12. Joseph McConnell, 61	Williamsburg	34:53

### Men 65-69

**1. Stephen Chantry, 66	Williamsburg	19:04
[new Virginia state 5K record for men 65-69, old record 19:53 by Jason Page, 65, in 2010]		
2. Richard Grant, 67	Suffolk	21:43
3. Jim Duffy, 68	Poquoson	22:00
4. Tom Clark, 66	Williamsburg	22:26
5. Felix Lopez, 68	Lynchburg	23:49
6. Ed Elmore, 69	Williamsburg	24:10
7. Jim Gullo, 66	Williamsburg	24:11
8. Jess Brown, 66	Norfolk	25:38
9. Doyle Gage, 65	Williamsburg	29:13
10. Robert Read, 67	Williamsburg	29:29

### Men 70-and-over

1. Dale Abrahamson, 71	Yorktown	23:33
2. John DiCarlo, 71	Virginia Beach	24:49
3. Jim Windsand, 70	Haslett, MI	25:39
4. Ed Irish, 71	Williamsburg	26:53
5. Joseph Verdirame, 71	Suffolk	27:28
6. Jimmy Blount, 70	Williamsburg	27:37
7. Randy Hawthorne, 75	Williamsburg	28:50
8. Larry Arata, 76	Williamsburg	29:50
9. Andrew Medvec, 70	Hampton	29:50
10. Dean Scribner, 73	Williamsburg	33:49
11. Stephen Scudder, 72	Virginia Beach	39:30

**Men Walk**

1. Tom Gerhardt, 69	Chesapeake	38:07
2. George Fenigsohn, 73	Poquoson	39:14
3. Rick Webb, 62	Yorktown	44:16
4. Bob Curtin, 68	Hampton	47:11

**Women 14-and-under**

1. Madeline Buckley, 12	Williamsburg	23:42
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**Women 15-19**

1. Cannon Jean, 16	Williamsburg	21:21
2. Petra Cutler, 17	Smithfield	25:00
3. Morgan Schott, 16	Williamsburg	32:00
4. Alyssa Donnelly, 17	Carrollton	41:43
5. MaKayla Donnelly, 18	Carrollton	42:58

**Women 20-24**

1. Svetlana Goncharova, 23	Williamsburg	20:37
2. Iesha Graham, 24	Toano	37:13

**Women 25-29**

1. Meaghan Gsell, 28	Williamsburg	22:38
2. Jessica Nelms, 27	Henrico	23:33
3. Caitlin Riha, 26	Lanexa	28:10
4. Jolynne Yankoviz, 25	Norfolk	30:47
5. Stacia Smith, 29	Virginia Beach	39:53
6. Taylor Berrena, 26	Yorktown	45:57

**Women 30-34**

1. April Harper, 32	Glen Allen	21:35
2. Erin Gedicke, 31	Hayes	28:45
3. Eileen O'Shaughnessy, 30	Virginia Beach	31:51
4. Daniela Diaz Sanchez, 34	Virginia Beach	32:23
5. Shawna Graham, 33	Williamsburg	34:31

**Women 35-39**

1. Crystal Witte, 35	Yorktown	20:33
2. Megan Schulze, 38	Newport News	21:10
3. Karen Grabowski, 37	Toano	21:49
4. Stephanie Giammittorio, 37	Newport News	22:53
5. Anna MacLeod, 38	Virginia Beach	23:57
6. Jessica Anderson, 39	Williamsburg	24:40
7. Tricia Murphy, 39	Williamsburg	25:08
8. Regina Zimmerman, 36	Williamsburg	25:12
9. Maryanne Lee, 38	Gloucester	29:34
10. Terri Miller, 39	Toano	31:36
11. Marsha Saintfleur, 39	Norfolk	35:24
12. Kathleen Nichole Donnelly, 37	Carrollton	45:47

**Women 40-44**

1. Jenny Moran, 42	Virginia Beach	20:01
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2. Heather Pedersen, 40	New Kent	20:22
3. Kara Woody, 40	Williamsburg	20:40
4. Daphne Papaefthimiou, 44	Toano	25:14
5. Meredith Robertson, 41	Williamsburg	25:26
6. Jolanta Ciesinska Berdoz, 42	Williamsburg	28:05
7. Amanda Collier, 41	Yorktown	28:18
8. Jennifer Trovato, 44	Yorktown	30:31
9. Ruth Redbird, 44	Williamsburg	32:31
10. Wendy Evans, 43	Williamsburg	32:50
11. Kelly Kadra, 40	Williamsburg	34:30

#### **Women 45-49**

1. Wendy Rafferty, 48	Virginia Beach	25:00
2. Susan Hagel, 48	Norfolk	25:02
3. Megan Buckley, 46	Williamsburg	25:33
4. Karri Plecko, 45	Ravenna, OH	25:52
5. Kristi Chiles, 49	Virginia Beach	27:25
6. Monica Fulks, 46	Williamsburg	28:44
7. Cary Sparkman, 45	Williamsburg	32:41

#### **Women 50-54**

1. Jami Callahan-Brill, 54	Williamsburg	25:44
2. Alyson Kast, 51	Yorktown	28:29
3. Criztina Jean, 52	Williamsburg	29:24
4. Angie Young, 50	Fredericksburg	35:29
5. Andrea Claxton, 51	Williamsburg	35:56
6. Teresa Markley, 52	Newport News	36:31

#### **Women 55-59**

1. Connie Glueck, 56	Williamsburg	23:54
2. Deelyn Robinson, 55	Williamsburg	25:18
3. Maria Peters, 56	Yorktown	27:30
4. Elise Walton, 57	Virginia Beach	29:28
5. Elizabeth Swarckof, 57	Jacksonville, NC	31:05
6. Lori Sherwood, 56	Portsmouth	31:19
7. Ashley Hargrove, 55	Williamsburg	37:42

#### **Women 60-64**

1. Norma Phillips, 60	Williamsburg	25:22
2. Susan Lindemann, 63	Yorktown	26:56
3. Janice Kailos, 60	Williamsburg	27:40
4. Shirley Stephens, 64	Williamsburg	29:54

#### **Women 65-69**

1. Helen Worthington, 66	Bena	28:56
2. Patricia Travis, 69	Williamsburg	29:13
3. Jan Barry, 68	Williamsburg	29:22
4. Martha Gullo, 68	Williamsburg	31:04
5. Debra Gage, 67	Williamsburg	34:09

#### **Women 70-and-over**

1. Virginia Davis, 71	Norfolk	31:49
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2. Roswitha Goossens-Winter, 72	Williamsburg	32:35
3. Brenda Mitchell, 70	Williamsburg	43:14

**Women Walk**

1. Marie Price, 52	Chesapeake	35:51
2. Nancy Byrd, 67	Toano	39:23
3. Cathy Kaurich, 65	Williamsburg	42:04
4. Karen Schenck, 66	Ark	44:00
5. Nancy AtLee, 68	Gloucester	44:01
6. Victoria Estes, 57	Norfolk	44:24
7. Bunny May, 70	Norfolk	46:33
8. Jane Lindstadt, 64	Williamsburg	47:56
9. Deborah Windsand, 67	Haslett, MI	50:40