

2016 White Lake Fall International

Overall Women

White Lake, NC 9/10/2016 08:30AM

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Place	Bib	Name	Age	City/State	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	486	JENNIFER DEVERS	39	WILMINGTON NC	6	00:27:57	2	00:01:51	2	01:19:55	1	00:01:04	3	00:46:37		02:37:22	
2	544	ANNA DEMONTE	22	RALEIGH NC	1	00:23:06	7	00:02:29	8	01:22:27	5	00:01:22	11	00:52:53		02:42:15	
3	350	STACEY HODNETT	39	CHARLOTTE NC	8	00:28:57	26	00:02:58	4	01:21:17	15	00:01:34	4	00:48:47		02:43:31	
4	574	HEATHER MACMILLAN	42	PINEHURST NC	19	00:30:49	1	00:01:49	3	01:21:05	3	00:01:17	6	00:50:17		02:45:14	
5	539	JENNIFER BARKER	40	RALEIGH NC	5	00:27:45	8	00:02:29	5	01:21:35	41	00:02:05	8	00:51:22		02:45:14	
6	501	KATIE HAMISTER	38	CARY NC	24	00:33:06	21	00:02:55	10	01:23:25	43	00:02:07	1	00:46:15		02:47:46	
7	575	DEBORAH ELLIOTT	36	SOUTHERN PINES NC	2	00:25:32	3	00:02:02	9	01:22:28	18	00:01:38	16	00:56:12		02:47:50	
8	564	KRISTEN JENO	33	WILMINGTON NC	3	00:26:36	13	00:02:35	15	01:25:02	8	00:01:25	17	00:57:00		02:52:35	
9	525	KAREN PRELI	48	WINSTON-SALEM NC	43	00:35:21	63	00:03:43	11	01:23:27	22	00:01:44	5	00:49:59		02:54:11	
10	528	JULIA MULNICK	44	RALEIGH NC	44	00:35:31	28	00:03:01	1	01:17:07	27	00:01:48	21	00:57:30		02:54:55	
11	570	ALEXANDRA APPLEBY	24	RALEIGH NC	39	00:34:44	9	00:02:30	12	01:23:34	29	00:01:53	12	00:52:56		02:55:36	
12	416	JESSICA ROHRMAN	29	RALEIGH NC	7	00:28:12	22	00:02:55	14	01:24:51	54	00:02:23	20	00:57:29		02:55:49	
13	435	CINDI ECK	34	MOUNT PLEASANT SC	31	00:33:50	4	00:02:11	33	01:28:38	13	00:01:29	14	00:54:24		03:00:31	
14	477	VANESSA WEED	38	SOUTHERN PINES NC	15	00:30:32	68	00:03:49	21	01:26:23	47	00:02:10	25	00:58:39		03:01:32	
15	561	ANGELA BALL	37	PINEHURST NC	29	00:33:46	20	00:02:55	26	01:27:43	21	00:01:43	15	00:55:31		03:01:36	
16	344	KATHLEEN NERENZ	30	ABERDEEN NC	65	00:39:14	40	00:03:12	25	01:27:21	14	00:01:32	7	00:50:51		03:02:08	
17	443	CARRIE POWELL	32	CHARLESTON SC	53	00:37:08	33	00:03:05	57	01:34:31	6	00:01:22	2	00:46:27		03:02:32	
18	550	KATHY HUNTER	46	DURHAM NC	21	00:32:23	5	00:02:13	17	01:25:40	4	00:01:20	33	01:02:03		03:03:37	
19	559	KARI WILKINSON	55	MEBANE NC	32	00:33:56	18	00:02:53	7	01:22:20	68	00:02:44	32	01:01:47		03:03:38	
20	450	JENNIFER DOLLYHIGH	35	MOUNT AIRY NC	56	00:37:59	17	00:02:50	36	01:29:11	7	00:01:23	9	00:52:31		03:03:53	
21	423	GRACE TUEFFEL	24	CARRBORO NC	35	00:33:59	95	00:04:49	40	01:30:51	58	00:02:25	10	00:52:41		03:04:43	
22	468	DONNA WEST	47	HARRISBURG NC	66	00:39:19	52	00:03:26	23	01:26:56	55	00:02:23	13	00:53:00		03:05:02	

23	314	ASHLEY ALLRED	28	CHARLOTTE NC	10	00:29:34	44	00:03:15	43	01:31:15	12	00:01:29	28	01:00:03	03:05:33	
24	355	ABBY DUFFY	21	HIGH POINT NC	20	00:32:17	10	00:02:31	37	01:29:21	11	00:01:28	29	01:00:35	03:06:10	
25	353	CARSON MEISFELD	22	BOONE NC	34	00:33:58	23	00:02:56	39	01:30:32	2	00:01:14	22	00:57:44	03:06:23	
26	563	ALYSSA JAMES	26	CARRBORO NC	14	00:30:11	35	00:03:05	62	01:35:51	69	00:02:48	19	00:57:16	03:09:11	
27	552	ELIZABETH MILLAR	32	RALEIGH NC	9	00:29:29	16	00:02:49	41	01:30:59	20	00:01:43	40	01:04:12	03:09:11	
28	408	EMILY WILLIAMS	30	PINEHURST NC	26	00:33:18	25	00:02:58	52	01:33:37	45	00:02:08	23	00:57:47	03:09:46	
29	576	AMY ROBINSON	45	CARY NC	40	00:35:08	24	00:02:56	20	01:26:19	17	00:01:38	38	01:04:00	03:09:59	
30	536	MICHELLE BANDKLAYDE	24	RALEIGH NC	57	00:38:03	72	00:03:56	29	01:28:04	36	00:02:01	18	00:57:06	00:02:00	03:11:07
31	465	KRISTEN LIES	31	MURRELLS INLET SC	42	00:35:11	53	00:03:27	16	01:25:15	51	00:02:18	44	01:05:03	03:11:13	
32	430	PAULA VANANTWERP	66	WEST END NC	49	00:36:36	43	00:03:14	28	01:27:54	64	00:02:37	35	01:02:21	03:12:41	
33	359	DANA LITTLE	52	HAMPSTEAD NC	71	00:40:34	12	00:02:33	13	01:24:16	26	00:01:48	41	01:04:43	03:13:51	
34	541	FRITH GOWAN	42	CARRBORO NC	77	00:42:06	51	00:03:24	6	01:21:49	28	00:01:52	43	01:04:53	03:14:02	
35	531	KATHLEEN ONG	45	SOUTHERN PINES NC	41	00:35:11	69	00:03:51	34	01:28:39	73	00:03:01	39	01:04:11	03:14:52	
36	438	CAROLINE KING	39	BURLINGTON NC	63	00:38:58	75	00:04:02	18	01:26:07	74	00:03:04	36	01:03:00	03:15:09	
37	305	DIANNE FLADUNG	48	LITTLE MOUNTAIN SC	13	00:29:55	32	00:03:04	24	01:27:00	35	00:02:00	63	01:13:20	03:15:17	
38	374	KARI OBERMEYER	34	DURHAM NC	27	00:33:40	14	00:02:45	19	01:26:17	19	00:01:39	53	01:11:04	03:15:24	
39	614	JENNIFER SZURGOT	45	PINEHURST NC	18	00:30:49	81	00:04:18	53	01:33:45	53	00:02:22	45	01:05:56	03:17:08	
40	511	PAULA ROCK	44	HAMPSTEAD NC	23	00:33:05	64	00:03:43	46	01:32:06	67	00:02:41	46	01:06:13	03:17:46	
41	506	SARAH ZUMBRUM	34	FUQUAY VARINA NC	46	00:36:22	6	00:02:22	27	01:27:51	10	00:01:26	52	01:10:51	03:18:50	
42	577	LANE DICKSON	29	GOLDSBORO NC	55	00:37:33	89	00:04:37	58	01:35:03	65	00:02:38	26	00:59:22	03:19:12	
43	432	MARISA MARSOLEK	29	RALEIGH NC	16	00:30:36	41	00:03:12	51	01:33:03	30	00:01:54	55	01:12:09	03:20:51	
44	557	TRISH FAGAN	46	WINSTON-SALEM NC	80	00:42:37	50	00:03:24	22	01:26:38	70	00:02:51	42	01:04:46	00:02:00	03:22:13
45	322	MARTINA MUELLER	54	N CHARLESTON SC	96	00:45:53	105	00:05:31	31	01:28:18	111	00:04:48	24	00:58:29	03:22:57	
46	581	MIKI YORK	42	SOUTHERN PINES NC	62	00:38:54	15	00:02:47	45	01:31:55	16	00:01:36	48	01:08:51	03:24:00	
47	462	MADISON LYTLE	23	WILMINGTON NC	12	00:29:55	49	00:03:23	67	01:38:14	9	00:01:25	54	01:11:59	03:24:53	
48	545	SHANDRA CASE	30	DURHAM NC	4	00:26:42	61	00:03:39	73	01:39:31	44	00:02:08	66	01:14:19	03:26:17	
49	449	AMY PETERSON	42	CARY NC	25	00:33:13	74	00:03:57	55	01:34:05	102	00:04:02	57	01:12:40	03:27:55	
50	466	BETSY MILES	41	GREENSBORO NC	61	00:38:54	80	00:04:17	68	01:38:42	103	00:04:05	34	01:02:13	03:28:09	
51	571	KATHLEEN MORAN	51	CHARLOTTE NC	50	00:36:46	55	00:03:31	42	01:31:07	59	00:02:28	70	01:14:43	03:28:34	
52	573	CHRISTINE CAMPBELL	43	WINSTON SALEM NC	37	00:34:35	79	00:04:12	59	01:35:03	91	00:03:38	56	01:12:25	03:29:51	
53	580	KAITLIN KENNY	32	ABERDEEN NC	67	00:39:38	39	00:03:09	48	01:32:16	48	00:02:10	64	01:13:26	03:30:38	

54	358	KATHRYN BUCKLAND	28	SPRING LAKE NC	51	00:36:47	88	00:04:36	107	01:46:29	71	00:02:53	30	01:01:00	03:31:45	
55	562	MONTANA FOULKE	29	CANDLER NC	104	00:48:37	29	00:03:02	66	01:36:33	40	00:02:05	31	01:01:43	03:31:58	
56	347	VANESSA MEBEL	55	ADVANCE NC	76	00:41:59	48	00:03:19	44	01:31:38	61	00:02:30	58	01:12:43	03:32:07	
57	553	MARTHA BRYANT	58	WINSTON SALEM NC	48	00:36:33	58	00:03:35	65	01:36:25	50	00:02:16	65	01:13:35	03:32:21	
58	620	CAMI WINARCHICK	47	CHARLOTTE NC	22	00:32:52	60	00:03:39	38	01:30:19	88	00:03:32	86	01:23:35	03:33:54	
59	485	SHARON BALAS	55	CHARLOTTE NC	47	00:36:31	19	00:02:54	47	01:32:06	62	00:02:33	82	01:20:16	03:34:19	
60	560	LORRI GUDEMAN	54	DURHAM NC	11	00:29:45	47	00:03:18	54	01:33:55	60	00:02:28	91	01:25:26	03:34:50	
61	499	SUSAN TROUT	43	CHAPEL HILL NC	68	00:39:58	118	00:09:11	86	01:41:55	113	00:04:55	27	00:59:35	03:35:32	
62	604	KRISTEN HARRELL	40	WILMINGTON NC	72	00:40:38	92	00:04:44	77	01:40:21	89	00:03:32	47	01:08:08	03:37:22	
63	356	JAN HARRISON	58	DURHAM NC	82	00:42:40	11	00:02:32	84	01:41:25	33	00:01:56	49	01:08:56	03:37:27	
64	329	SUSANNE ALLEN	39	ROBBINS NC	90	00:44:36	37	00:03:07	56	01:34:24	46	00:02:09	62	01:13:14	03:37:27	
65	326	ERICKA KAUER	43	FORT MILL SC	64	00:39:03	54	00:03:30	78	01:40:28	39	00:02:03	61	01:13:08	03:38:10	
66	357	TARA BROOK	44	WILMINGTON NC	70	00:40:30	66	00:03:44	75	01:40:07	32	00:01:55	60	01:13:03	03:39:17	
67	391	SHANNON KNOTT	35	DURHAM NC	36	00:34:08	86	00:04:26	93	01:43:39	108	00:04:26	68	01:14:24	03:41:01	
68	593	SHAWN BREEN	38	RALEIGH NC	99	00:47:10	104	00:05:30	64	01:36:17	81	00:03:11	50	01:08:58	03:41:04	
69	309	EVA (SANDI) HUNT	43	FAYETTEVILLE NC	86	00:43:40	71	00:03:55	49	01:32:17	38	00:02:01	75	01:17:18	00:02:00	03:41:08
70	484	MARTHA MARELLO	33	CAROLINA BEACH NC	17	00:30:38	45	00:03:15	83	01:41:18	49	00:02:12	87	01:24:13	03:41:35	
71	335	ALISON WARREN	45	FORT MILL SC	59	00:38:31	46	00:03:16	60	01:35:08	97	00:03:52	84	01:22:26	03:43:11	
72	332	KRISTIN HOCHHALTER	37	HOLLY SPRINGS NC	38	00:34:35	57	00:03:34	106	01:46:08	79	00:03:08	74	01:17:08	03:44:32	
73	474	BROOKE CROZIER	47	CHAPEL HILL NC	91	00:44:52	90	00:04:37	63	01:36:11	115	00:05:11	67	01:14:22	03:45:11	
74	360	BETH HEROLD	49	HILLSBOROUGH NC	78	00:42:08	103	00:05:24	35	01:28:41	90	00:03:34	93	01:25:31	03:45:15	
75	476	KAREN PELOQUIN	34	APEX NC	33	00:33:56	101	00:05:15	108	01:49:04	52	00:02:22	71	01:14:47	03:45:22	
76	605	HEATHER WAGNER	42	BURLINGTON NC	87	00:43:56	94	00:04:46	76	01:40:15	87	00:03:27	69	01:14:33	03:46:55	
77	606	JUNGHEE LIM	50	CARY NC	101	00:47:28	78	00:04:09	61	01:35:08	95	00:03:50	73	01:16:47	03:47:19	
78	475	ELIZABETH DOORN	48	FORT MILL SC	97	00:46:43	102	00:05:23	79	01:40:38	100	00:03:55	59	01:12:45	03:49:22	
79	334	MICHELE HECKAMAN	47	FORT MILL SC	73	00:40:41	30	00:03:03	71	01:39:14	31	00:01:54	94	01:25:39	03:50:30	
80	441	KATHY LEE	53	CHARLOTTE NC	111	00:51:08	76	00:04:07	109	01:49:59	37	00:02:01	37	01:03:26	03:50:39	
81	453	ALLISON POTTER	42	WILMINGTON NC	69	00:40:09	73	00:03:57	92	01:43:21	98	00:03:53	83	01:20:59	03:52:16	
82	526	SHELLEY GURLEY	36	RALEIGH NC	92	00:45:22	62	00:03:42	89	01:42:25	80	00:03:10	78	01:17:58	03:52:35	
83	414	JESSICA BROWNING	31	RIDGEVILLE SC	52	00:37:07	70	00:03:53	70	01:39:06	25	00:01:47	100	01:30:53	03:52:44	
84	420	RAINI KIMBALL	56	BELMONT NC	85	00:43:31	31	00:03:04	90	01:42:34	23	00:01:44	85	01:22:41	03:53:31	

85	502	DEVON GAULT	30	GREENVILLE SC	108	00:49:24	93	00:04:45	82	01:41:17	78	00:03:07	72	01:15:34	03:54:05
86	612	JENNIFER LEVASSEUR	30	WILMINGTON NC	83	00:42:45	112	00:06:12	98	01:44:58	101	00:03:59	77	01:17:52	03:55:44
87	434	ALISA ALLEN	46	LUMBERTON NC	74	00:41:04	65	00:03:43	69	01:39:02	114	00:05:03	95	01:26:58	03:55:49
88	366	KELLY TATE	51	CHARLOTTE NC	79	00:42:33	42	00:03:13	74	01:39:56	57	00:02:24	96	01:28:08	03:56:12
89	554	DAWN GIGLIO	50	GOOSE CREEK SC	84	00:42:54	59	00:03:35	50	01:32:54	66	00:02:39	109	01:36:18	03:58:19
90	470	LOYE MESSINA	57	WAKE FOREST NC	75	00:41:29	97	00:04:54	94	01:43:57	96	00:03:52	89	01:24:30	03:58:40
91	540	LAUREN STEPHENSON	33	WILMINGTON NC	28	00:33:45	56	00:03:32	102	01:45:42	107	00:04:19	103	01:32:11	03:59:27
92	422	MICHELLE RODRIGUEZ	45	SOUTHERN PINES NC	110	00:50:48	38	00:03:08	105	01:46:06	42	00:02:06	76	01:17:37	03:59:43
93	618	MIYA CASWELL	47	RALEIGH NC	117	01:02:02	34	00:03:05	88	01:42:15	34	00:01:58	51	01:10:28	03:59:47
94	490	KATE PETSOLT	42	SOUTHERN PINES NC	88	00:44:05	67	00:03:49	97	01:44:09	77	00:03:07	92	01:25:26	04:00:34
95	415	M. J. PEARSON	49	SUMMERVILLE SC	58	00:38:27	109	00:05:42	103	01:45:54	24	00:01:44	98	01:30:15	04:02:00
96	602	TIFFANY KETCHUM	28	FAYETTEVILLE NC	103	00:48:32	114	00:06:22	104	01:45:55	86	00:03:21	81	01:19:52	04:04:01
97	582	REBECCA BENDER	55	WINSTON SALEM NC	94	00:45:26	77	00:04:08	87	01:41:57	84	00:03:19	102	01:31:39	04:06:26
98	608	PAIGE KRIER	31	CHAPEL HILL NC	54	00:37:29	99	00:05:09	99	01:45:09	93	00:03:44	106	01:34:58	04:06:27
99	341	TARA WOOD	42	FUQUAY VARINA NC	93	00:45:25	116	00:07:40	111	01:52:14	56	00:02:24	79	01:19:43	04:07:25
100	601	MISTY MANGIACAPRE	25	CAROLINA BEACH NC	114	00:55:41	82	00:04:20	95	01:43:58	109	00:04:38	80	01:19:50	04:08:26
101	354	TIMRA STUMP	49	NASHVILLE OH	100	00:47:10	107	00:05:36	81	01:41:16	106	00:04:13	101	01:31:01	04:09:15
102	437	MYRA WALL	53	ADVANCE NC	105	00:48:55	100	00:05:12	85	01:41:35	75	00:03:06	99	01:30:46	04:09:32
103	534	KRISTEY EVANS	39	GARNER NC	109	00:50:40	84	00:04:24	72	01:39:25	104	00:04:12	104	01:32:24	04:11:03
104	346	TIFFANY STANFIELD	50	IRMO SC	106	00:49:03	110	00:05:49	101	01:45:38	94	00:03:49	97	01:28:42	04:12:59
105	607	NOCHA VAN THIELEN	43	CARY NC	81	00:42:38	108	00:05:37	80	01:41:02	63	00:02:35	112	01:42:42	04:14:33
106	621	CATERINA PHILLIPS	44	DURHAM NC	45	00:35:47	113	00:06:16	117	01:56:12	83	00:03:17	105	01:33:35	00:02:00 04:17:05
107	569	TINA MANNING	54	CLAYTON NC	89	00:44:18	83	00:04:23	100	01:45:34	99	00:03:54	111	01:40:15	04:18:22
108	524	ALISON WIUFF	29	FAYETTEVILLE NC	102	00:48:02	96	00:04:52	96	01:44:06	92	00:03:39	113	01:43:41	04:24:19
109	613	CATHY MONTES	51	FAYETTEVILLE NC	116	01:00:00	87	00:04:33	91	01:42:48	112	00:04:53	107	01:35:03	04:27:15
110	599	JENNIE MOTT	45	WILMINGTON NC	107	00:49:20	85	00:04:25	113	01:53:02	76	00:03:06	110	01:38:00	04:27:51
111	418	TAMI NICE	48	GRAHAM NC	118	01:04:41	91	00:04:41	114	01:53:05	110	00:04:47	90	01:24:42	04:31:54
112	609	DANA SCHNEIDER	35	ALPHARETTA GA	115	00:58:42	117	00:08:37	110	01:51:12	116	00:09:07	88	01:24:21	04:31:57
113	509	LESLIE WILSON	56	FAYETTEVILLE NC	113	00:53:37	98	00:04:55	116	01:55:21	105	00:04:12	108	01:35:30	04:33:32
114	361	BRIANNE JABLOW	32	WILMINGTON NC	112	00:52:03	111	00:05:54	115	01:54:48	85	00:03:21	114	01:44:02	04:40:07
115	405	TERRIE HUI	50	HILLSBOROUGH NC	98	00:47:06	106	00:05:33	118	01:56:22	72	00:02:54	115	01:48:57	04:40:50

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