

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	Kimberly MacDonald	Clinton NY	4	1:11:24.8
2	Vicki Taylor	Burlington VT	5	1:12:21.7
3	Jacqueline Fasano	New York NY	10	1:15:25.8

Female 18 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Kimberly MacDonald	Clinton NY	4	1:11:24.8
2 *	Jaclyn Greening	Mickleton NJ	30	1:25:41.0
3 *	Sophie Mayhew	Mechanicville NY	52	1:37:16.8
4	Isabel Brennan	Norwich VT	56	1:38:30.2

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Olivia Castro	Cambridge MA	29	1:25:40.2
2 *	Ayla Yagan	Syracuse NY	32	1:27:37.3
3 *	Sara Yagan	Syracuse NY	39	1:32:34.9
4	Nicki Robibero	New Paltz NY	51	1:36:43.1
5	Hannah Gordy	Nottingham MD	72	1:49:11.3
6	Yuval Schaal	Northborough MA	75	1:50:34.7

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Jacqueline Fasano	New York NY	10	1:15:25.8
2 *	Tracy Miller	West Hartford CT	18	1:20:31.4
3 *	Emilie Jacobs	Buffalo NY	19	1:20:54.7
4	Sarah Ruppert	East Amherst NY	20	1:20:54.8
5	Elizabeth Woidt	Binghamton NY	43	1:33:56.8
6	Sarah Groat	Kingston NY	53	1:37:35.0
7	Katie Barry	West Nyackt NY	54	1:38:27.7
8	Madeline Collins	Brooklyn NY	90	2:03:18.4

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Vicki Taylor	Burlington VT	5	1:12:21.7
2 *	Katrina Gleich		38	1:32:33.3
3 *	Brigitta Gundersen	New York NY	66	1:44:32.2
4	Erin Donahue	Brooklyn NY	71	1:47:34.8
5	Allison Wuertz	New York NY	86	1:59:24.1
6	Katelyn Hughes	Bay Shore NY	92	2:06:08.6

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Emma Hansen	New York NY	14	1:19:19.9
2 *	Sandra Honey	Greenwich CT	16	1:19:21.8
3 *	Brianne Slover	Bristol VT	34	1:28:15.8
4	Kristina Saxena	New York NY	48	1:34:53.7
5	Mel Comerchero	Maplewood NJ	80	1:56:46.4
6	Rachel Cohen	New York NY	85	1:59:11.4

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Kristen Miller	Ludlow VT	21	1:22:19.8
2 *	Kristen Koines	Marshfield MA	55	1:38:27.7
3 *	Lisa Schmitt	Millbrook NY	63	1:42:29.7

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Sarah Anderson	East Hampton NY	35	1:29:30.1
2 *	Jennifer Docherty	Maplewood NJ	61	1:41:41.7
3 *	Shlomit Schaal	Northborough MA	70	1:47:04.1
4	Tiffany Collins	Fairport NY	73	1:49:53.1
5	Emily Duffy	Chester CT	82	1:57:49.9
6	Karen Miura	Hopewell Junction	89	2:00:24.8
7	Karen Strobe	Schaghticoke NY	93	2:06:50.3
8	Linda Horiuchi	New York NY	95	2:16:50.5

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Beth Albarelli-Lane	Westford VT	42	1:33:05.0
2 *	Margaret Rowley	Gloversville NY	49	1:35:19.1
3 *	Marty Munson	New York NY	59	1:41:27.4
4	Cindy Cotter	Buffalo NY	98	2:20:12.2

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Amy Carow	Wellfleet MA	15	1:19:20.9
2 *	Sally Dykstra	Melbourne Beach	26	1:25:30.1
3 *	Robyn Schaffer	Baltimore MD	31	1:25:43.2
4	Ann Faust	Haddam CT	50	1:35:34.1
5	Gail Dufault	Worcester MA	57	1:39:12.5
6	Marie Cole	Wappingers Falls	67	1:44:33.8
7	Karen Tremaine	Stormville NY	96	2:19:18.8

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Margaret Meehan	New York NY	83	1:58:45.8
2 *	Gail Stevancsecz	Brick NJ	97	2:19:40.5
3 *	Virginia Touhey	Saratoga Springs	99	2:30:34.8

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Ann Louise Onton	Shelton CT	58	1:40:35.4

Race Date

August 20, 2022

LGOWS 5k & 10k

5k AG

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1	James Pokornowski	Clarence NY	1	1:03:45.0
2	Sean Thomas	Catonsville MD	2	1:08:27.2
3	Matthew Nussbaum	Winchester MA	3	1:10:45.0

Male 18 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Stephen Baker	Poughkeepsie NY	6	1:15:13.0

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	James Pokornowski	Clarence NY	1	1:03:45.0
2 *	John Mosier	Gansevoort NY	9	1:15:25.0

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Matthew Nussbaum	Winchester MA	3	1:10:45.0
2 *	Andrew Vogel	West Hartford CT	12	1:17:14.3
3 *	James Ramseur	New York NY	76	1:50:48.9

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Sean Thomas	Catonsville MD	2	1:08:27.2
2 *	Raymond Dewire	Cropseyville NY	8	1:15:22.0
3 *	Tri Le	Cambridge MA	25	1:25:19.6
4	Andy Greene	Worcester MA	40	1:32:47.6
DNF	Greg O'Connor	Troy NY	DNF	---

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Alexander Hoppe	Worcester MA	44	1:33:57.2
2 *	Jason Abrahamsen	Bronx NY	77	1:53:37.2

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Ben Hammond	Spencer MA	33	1:27:56.6
2 *	John Irwin	Watertown NY	68	1:44:54.4
3 *	Fred Yang	Huntington Station	94	2:13:58.7

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Simon Woods	Pittsford NY	7	1:15:16.1
2 *	Leigh Schmitt	Millbrook NY	13	1:19:09.5
3 *	James Damron	New York NY	24	1:25:17.3
4	Mark Celani	Hamburg NY	37	1:32:26.5
5	Maor Schaal	Northborough MA	64	1:43:02.7
6	James Dieter	Brooklyn NY	91	2:03:26.7

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Ted Rudel	Lake George NY	22	1:23:06.9
2 *	David Haggett	Salt Lake City UT	23	1:24:18.7
3 *	Matthew Alpern	Latham NY	27	1:25:38.7

4	Jeff Rubin	Madison CT	28	1:25:39.9
5	Daniel Boyle	Fort Lauderdale	36	1:30:49.0
6	James Feeney	Long Beach NY	45	1:33:58.7
7	John Kilcullen	Staten Island NY	60	1:41:28.0
8	Alessandro Graziano	Monroe Twp. NJ	69	1:46:39.7
9	Wade Corby	Oakville ON	78	1:53:46.6
10	Mark Burns	South Glens Falls	84	1:58:49.3
DNF	Allan Robinson	Dorchester Center	DNF	---

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	James Oshea	Guilderland NY	41	1:33:02.3
2 *	Alan Weaver	Claverack NY	47	1:34:32.4
3 *	Michael Robie	Schaumburg IL	62	1:41:48.6
4	Howard Whitney	Worcester MA	65	1:44:08.6
5	David Kisacky	Brooklyn NY	74	1:50:12.2
6	Joseph Burzynski	New York NY	88	1:59:52.4

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Dan Wall	Troy NY	11	1:17:03.0
2 *	Jeff Wetzel	Melbourne Beach	17	1:19:46.3
3 *	Frank Brennan	Norwich VT	79	1:54:07.9

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Jim Grimaldi	Higganum CT	81	1:57:47.2
2 *	Donald Alsen	Palatine IL	87	1:59:48.4

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>O'all</u>	<u>Time</u>
1 *	Rich Bernstein	New York NY	46	1:34:25.8