

2018 Lake Lure Sprint

Overall Women

Lake Lure, NC 8/11/2018 08:00AM

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Place	Bib	Name	City/State	Rank	swim	Rank	T1	Rank	Bike	Rank	T2	Rank	Run	PENALTY	Time	DQ
1	91	HEATHER TARPLEY	CORNELIA GA	2	00:12:54	8	00:01:27	1	00:45:19	6	00:00:55	4	00:23:49		01:24:22	
2	3	MOLLY CHERRY	MT. PLEASANT SC	7	00:13:44	2	00:01:21	2	00:45:36	10	00:00:58	6	00:24:28		01:26:05	
3	153	ALEX VROON	FORT MILL SC	3	00:13:06	1	00:01:20	6	00:49:13	8	00:00:58	3	00:23:48		01:28:22	
4	63	AMY COCANOUR	ASHEVILLE NC	1	00:12:41	3	00:01:22	4	00:48:24	2	00:00:50	13	00:26:36		01:29:51	
5	238	COLLETTE STERN	ASHEVILLE NC	18	00:15:35	21	00:01:56	7	00:50:53	7	00:00:56	2	00:23:46		01:33:04	
6	87	LINDSEE MCPHAIL	ASHEVILLE NC	30	00:17:04	17	00:01:41	5	00:49:11	3	00:00:52	7	00:24:54		01:33:40	
7	227	LAURA MOYE	ASHEVILLE NC	6	00:13:32	18	00:01:46	12	00:53:43	18	00:01:04	5	00:24:17		01:34:20	
8	147	SHARLEEN RINELLA	GREENVILLE SC	12	00:14:57	23	00:02:01	3	00:46:46	27	00:01:21	25	00:29:23		01:34:26	
9	77	LAURA RICHARDSON	ASHEVILLE NC	10	00:14:19	30	00:02:06	9	00:52:24	31	00:01:26	8	00:24:58		01:35:12	
10	64	HANNAH GIANASPRO	SPARTANBURG SC	9	00:14:11	22	00:01:58	15	00:54:43	40	00:01:51	1	00:23:33		01:36:14	
11	102	ALLISON FRANCISCO	CHARLOTTE NC	15	00:15:24	9	00:01:27	11	00:53:13	26	00:01:15	9	00:25:04		01:36:21	
12	129	MARISA ROMEO	WINSTON SALEM NC	8	00:13:59	4	00:01:23	20	00:55:38	5	00:00:53	12	00:26:05		01:37:57	
13	205	MEG COYNE	ATLANTA GA	31	00:17:04	34	00:02:22	10	00:52:40	22	00:01:13	11	00:25:49		01:39:05	
14	16	APRIL PAWLOWSKI	CHARLOTTE NC	25	00:16:32	12	00:01:37	18	00:54:51	19	00:01:04	14	00:26:40		01:40:43	
15	146	ANTONIA PITALO	GREENVILLE SC	20	00:15:48	13	00:01:38	19	00:55:18	12	00:00:59	23	00:29:07		01:42:48	
16	140	MEG FOGLEMAN	GREENVILLE SC	5	00:13:31	7	00:01:25	8	00:52:14	4	00:00:52	40	00:34:55		01:42:56	
17	85	JENNIFER SUCKOW	CHARLOTTE NC	4	00:13:26	19	00:01:48	24	00:57:35	52	00:02:20	19	00:27:55		01:43:01	
18	89	KARA PEACH	APEX NC	16	00:15:27	5	00:01:24	22	00:55:55	28	00:01:22	26	00:30:03		01:44:09	
19	36	KASSI NICOPOULOS	SHELBY NC	51	00:19:49	10	00:01:33	14	00:54:28	30	00:01:24	24	00:29:22		01:46:34	
20	131	JASMINE ST DENNY	RALEIGH NC	32	00:17:04	15	00:01:39	13	00:53:51	21	00:01:12	36	00:33:54		01:47:38	
21	181	HOLLY CUNNINGHAM	WILMINGTON NC	53	00:20:18	6	00:01:25	16	00:54:46	11	00:00:58	28	00:30:22		01:47:47	
22	156	SARAH HAND	JOHNSON CITY TN	33	00:17:06	11	00:01:34	32	01:00:16	45	00:01:58	17	00:27:04		01:47:55	

23	68	DIANA JUERGENS	FAYETTEVILLE NC	44	00:19:04	29	00:02:03	25	00:57:38	47	00:02:03	18	00:27:42	01:48:29
24	72	MARTHA NAMIE	MORRISVILLE NC	45	00:19:13	20	00:01:52	21	00:55:47	43	00:01:53	27	00:30:19	01:49:01
25	108	PAULA FERNANDEZ	COWPENS SC	50	00:19:24	37	00:02:29	26	00:58:20	23	00:01:13	20	00:28:14	01:49:39
26	43	JENNIFER MCKEE	HENDERSONVILLE NC	26	00:16:38	16	00:01:41	29	00:59:32	29	00:01:24	30	00:31:10	01:50:23
27	163	CAROLYN MORRISROE	HENDERSONVILLE NC	29	00:16:56	25	00:02:02	35	01:01:39	33	00:01:29	22	00:28:30	01:50:33
28	100	ESTELLE ARNAL	ASHEVILLE NC	17	00:15:34	24	00:02:02	30	00:59:50	46	00:02:01	31	00:31:56	01:51:22
29	74	CHRISSY BALL	FORT MILL SC	37	00:18:24	28	00:02:02	40	01:03:28	17	00:01:03	16	00:26:53	01:51:49
30	109	ALLI FLANNERY	INDIAN TRAIL NC	13	00:14:59	52	00:03:39	45	01:05:45	1	00:00:49	15	00:26:46	01:51:56
31	141	LISE FONDREN	PINE KNOLL SHORES NC	14	00:15:09	51	00:03:22	17	00:54:47	59	00:03:05	44	00:36:04	01:52:25
32	32	CHRISTY FLEMING	HUNTERSVILLE NC	39	00:18:35	14	00:01:38	33	01:00:45	24	00:01:13	29	00:31:01	01:53:10
33	42	SARAH COMPTON	CHESNEE SC	43	00:18:50	32	00:02:19	27	00:58:25	58	00:03:04	33	00:32:23	01:54:59
34	122	RACHEL LAHRING	RALEIGH NC	59	00:23:37	57	00:04:09	34	01:01:23	13	00:01:00	10	00:25:47	01:55:53
35	117	RENEE HOWARD	UNION MILLS NC	49	00:19:23	45	00:03:06	43	01:05:42	20	00:01:08	21	00:28:21	01:57:38
36	126	HELEN O'SHAUGHNESSY	RALEIGH NC	36	00:18:02	26	00:02:02	31	00:59:57	53	00:02:40	43	00:35:25	01:58:04
37	114	KELLY HAIR	SUMMERVILLE SC	52	00:19:59	27	00:02:02	28	00:59:18	42	00:01:53	42	00:35:21	01:58:31
38	123	ASHLEY LOWERY	RUTHERFORDTON NC	27	00:16:39	55	00:03:46	44	01:05:43	54	00:02:45	32	00:31:58	02:00:48
39	184	BETHANY BURGON	RALEIGH NC	48	00:19:22	33	00:02:20	42	01:05:10	16	00:01:02	38	00:34:16	02:02:07
40	236	SHONA MCHONE	ASHEVILLE NC	47	00:19:19	39	00:02:36	23	00:57:01	39	00:01:51	57	00:42:28	02:03:13
41	52	JACKY OLIN	MONROE NC	58	00:22:53	46	00:03:10	36	01:02:54	32	00:01:27	35	00:33:46	02:04:09
42	26	CAILIN ASIP	GREENVILLE NC	35	00:17:41	44	00:03:03	41	01:03:30	36	00:01:42	50	00:38:23	02:04:16
43	145	FRANKIE PATE	HICKORY NC	22	00:16:13	59	00:04:54	38	01:03:00	57	00:03:03	45	00:37:45	02:04:54
44	138	MARY ANN CAMPBELL	HICKORY NC	28	00:16:49	58	00:04:23	39	01:03:00	56	00:03:01	47	00:37:46	02:04:58
45	137	LESLEY BROWN	HICKORY NC	41	00:18:47	36	00:02:29	37	01:03:00	55	00:03:01	46	00:37:46	02:05:00
46	90	LAURA MATZ	GREER SC	38	00:18:34	38	00:02:32	46	01:06:39	49	00:02:06	41	00:35:12	02:05:00
47	200	SUSAN JAMES	DURHAM NC	23	00:16:15	53	00:03:39	50	01:10:50	35	00:01:37	34	00:33:39	02:05:58
48	195	ELOISA BAEZ JONES	HENDERSONVILLE NC	11	00:14:20	40	00:02:44	51	01:12:08	44	00:01:54	53	00:39:54	02:10:58
49	182	CINDY STEWART	GASTONIA NC	21	00:15:56	47	00:03:11	55	01:13:05	25	00:01:15	48	00:37:58	02:11:24
50	47	ANN HOLZHAUER	GREENWOOD SC	24	00:16:21	42	00:02:56	47	01:07:58	60	00:04:11	54	00:40:09	02:11:32
51	80	MELANIE ADAMS	WINSTON SALEM NC	19	00:15:35	31	00:02:15	48	01:08:36	51	00:02:16	59	00:46:21	02:15:01
52	13	DIXIE ABERNATHY	BELMONT NC	46	00:19:14	54	00:03:41	54	01:12:50	14	00:01:00	49	00:38:18	02:15:01
53	224	KIMBERLY COXE	ASHEVILLE NC	60	00:24:20	50	00:03:18	49	01:09:35	61	00:04:53	37	00:34:01	02:16:05

54	220	PATRICE SHEARIN	ANDERSON SC	57	00:22:44	43	00:03:00	53	01:12:37	34	00:01:34	51	00:38:42	02:18:35
55	104	LINDA BONE	ABBEVILLE SC	54	00:20:32	56	00:03:51	60	01:23:32	41	00:01:52	39	00:34:48	02:24:34
56	27	ROBIN PROCTOR	LAKE LURE NC	55	00:20:39	48	00:03:15	56	01:13:36	37	00:01:42	58	00:46:05	02:25:16
57	202	KELLY COPE	RICHLAND IA	56	00:21:23	61	00:09:31	52	01:12:10	48	00:02:05	55	00:40:24	02:25:31
58	217	ELEANOR CROWE YOUNG	CASHIERS NC	34	00:17:29	35	00:02:24	59	01:18:21	15	00:01:00	61	00:47:14	02:26:27
59	134	CHARLENE VASQUEZ	RALEIGH NC	42	00:18:49	41	00:02:45	57	01:16:49	50	00:02:10	60	00:47:11	02:27:43
60	198	ERIKA CURTIS	RALEIGH NC	40	00:18:40	49	00:03:15	61	01:24:46	9	00:00:58	56	00:41:33	02:29:10
61	204	JULIE GREENE	RUTHERFORDTON NC	61	00:30:40	60	00:05:54	58	01:17:01	38	00:01:45	52	00:39:08	02:34:26

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