

# 2012 White Lake Spring Half

## Overall Men

### White Lake, NC 5/05/2012 07:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	TAround	Rank	RUN	PENALTY	Time	DQ
1	20	M	38	OM	Brian Lovett	Allentown PA	2	00:26:36	16	00:01:36	9	02:22:39	6	00:01:00	00:43:55	5	01:30:03		04:21:53	
2	30	M	32	OM	Kenrick Smith	Schnecksville PA					19	02:26:17	13	00:01:09	00:41:43	2	01:26:32		04:22:32	
3	57	M	43	MC	Matt Rohden	Winston Salem NC	228	00:39:24	131	00:02:25	40	02:32:44	292	00:03:19		1	01:02:52	00:02:00	04:22:43	Y
4	4	M	41	MM	Mark Carey	Chapel Hill NC	6	00:26:59	14	00:01:35	5	02:21:07	5	00:01:00	00:42:35	9	01:33:47		04:24:26	
5	480	M	27		Sylvain Lefebvre	Mineral Springs NC	21	00:30:50	9	00:01:30	1	02:15:35	17	00:01:14	00:46:07	10	01:36:23		04:25:30	
6	6	M	33	OM	John Shilt	Boise ID	10	00:28:32	26	00:01:40	4	02:19:27	11	00:01:07	00:47:24	12	01:36:41		04:27:25	
7	195	M	25	OM	Steve Orellana	Orlando FL	32	00:31:45					7	00:01:03		4	01:29:12		04:27:44	
8	2	M	28	OM	Doug Van Wie	Birmingham AL	1	00:23:12	30	00:01:42	18	02:25:24	3	00:01:00	00:44:14	15	01:37:40		04:28:56	
9	8	M	26	OM	Kory Gray	Raleigh NC	31	00:31:42	3	00:01:22	21	02:26:23	10	00:01:07	00:44:24	7	01:32:44		04:33:16	
10	24	M	30	OM	Josh West	Carrboro NC	26	00:31:26	5	00:01:24	8	02:22:28	8	00:01:05	00:45:59	19	01:39:36		04:35:58	
11	31	M	50	MM	Steve Patterson	Virginia Beach VA													04:36:18	
12	9	M	41	MM	Neil Peterken	Wilmington NC	30	00:31:36	6	00:01:25	15	02:25:02	20	00:01:18	00:46:22	14	01:37:25		04:36:44	
13	698	M	36		James Kunevicius	Charlotte NC	57	00:33:38	35	00:01:44	27	02:28:27	25	00:01:20	00:45:00	6	01:31:42		04:36:49	
14	687	M	37		Erik Rasmussen	Wilmington NC	71	00:34:15	7	00:01:26	41	02:32:47	33	00:01:27	00:41:44	3	01:28:19		04:38:11	
15	699	M	25		Ira Gallagher	Southern Pines NC	38	00:32:39	27	00:01:41	14	02:24:33	24	00:01:20	00:48:48	22	01:40:24		04:40:34	
16	13	M	45	MM	Scott Baldwin	Reston VA	52	00:33:23	120	00:02:22	20	02:26:19	47	00:01:37	00:48:18	13	01:37:09		04:40:50	
17	471	M	43		Wim De Baudringhien	Gastonia NC	22	00:31:07	38	00:01:45	6	02:21:53	82	00:01:49	00:49:29	35	01:45:42		04:42:15	
18	45	M	27		Duran Greene	Apex NC	16	00:30:04	37	00:01:45	42	02:34:01	4	00:01:00	00:43:52	11	01:36:34		04:43:22	
19	22	M	36	OM	Kit Phillips	Apex NC	37	00:32:33	59	00:01:57	11	02:24:01	12	00:01:08	00:52:11	32	01:45:07		04:44:43	
20	19	M	40	MM	Heath Dotson	Asheville NC	58	00:33:42	60	00:01:57	2	02:17:02	95	00:01:54	00:52:49	54	01:51:58		04:46:31	
21	511	M	39		Ryan Smith	Raleigh NC	157	00:37:25	93	00:02:09	17	02:25:18	69	00:01:46	00:48:22	21	01:40:23		04:47:00	

22	397	M	32		Joshua Dixon	Durham NC	95	00:35:10	56	00:01:56	28	02:28:41	37	00:01:29	00:49:38	23	01:41:52	04:49:05	
23	194	M	35	OM	Radek Parnica	Orlando FL	4	00:26:46	10	00:01:31	22	02:26:56	73	00:01:47	00:51:34	42	01:48:37	00:04:00	04:49:35
24	17	M	34	OM	Evan Hill	Hillsborough NC	36	00:32:18	21	00:01:39	16	02:25:06	14	00:01:10	00:50:11	49	01:50:02		04:50:13
25	603	M	38		Brian Hayes	Concord NC	327	00:43:00	22	00:01:39	38	02:32:01	106	00:01:57	00:45:12	8	01:32:47		04:51:23
26	83	M	44		Mark Facciani	Pasadena MD	86	00:34:53	61	00:01:57	7	02:22:04	31	00:01:25	00:53:16	53	01:51:39		04:51:57
27	100	M	44		Jeff Hulting	Severna Park MD	138	00:36:38	46	00:01:48	44	02:34:13	122	00:02:03	00:48:38	17	01:38:02		04:52:43
28	28	M	38	OM	Jason Biggs	Cary NC	79	00:34:27	31	00:01:42	3	02:18:48	147	00:02:12	00:59:43	84	01:57:01		04:54:08
29	33	M	44	MM	Michael Dickson	Columbia SC	136	00:36:26	80	00:02:05	25	02:28:20	9	00:01:06	00:49:33	40	01:46:30		04:54:25
30	232	M	35		Matthew Ward	Chicago IL	118	00:35:56	94	00:02:09	37	02:31:58	170	00:02:20	00:48:31	26	01:43:04		04:55:25
31	78	M	26		Jonathan Anderson	Tarboro NC	29	00:31:32	23	00:01:39	10	02:23:39	19	00:01:17	00:54:43	88	01:57:49		04:55:53
32	23	M	51	MM	Wade Laufenberg	North Wilkesboro NC	14	00:29:44	34	00:01:43	26	02:28:21	49	00:01:38	00:55:02	72	01:55:22		04:56:46
33	288	M	36		Brian Heidt	Silver Spring MD	332	00:43:04	248	00:03:08	34	02:31:39	61	00:01:42	00:47:42	18	01:38:10		04:57:41
34	1	M	28	OM	Derek Kidwell	Mooreville NC	5	00:26:53	17	00:01:37	23	02:26:56	55	00:01:41	00:51:00	107	02:00:57		04:58:02
35	34	M	47	MM	Michael Weyant	Tallahassee FL	9	00:28:11	24	00:01:39	30	02:30:02	77	00:01:49	00:55:42	82	01:56:59		04:58:38
36	442	M	44		Ted Armour	Cary NC	91	00:34:56	136	00:02:27	63	02:36:38	22	00:01:19	00:48:31	28	01:43:56		04:59:14
37	610	M	38		Jon Higgins	Salisbury NC	151	00:37:14	43	00:01:47	35	02:31:47	44	00:01:35	00:51:59	41	01:46:56		04:59:17
38	669	M	30		Christopher Johnson	Southern Pines NC	66	00:34:06	159	00:02:35	108	02:41:14	103	00:01:56	00:44:39	20	01:39:50		04:59:39
39	339	M	24		Andrew Langlois	Elizabeth City NC	45	00:33:05	33	00:01:43	168	02:45:53	84	00:01:50	00:47:27	16	01:37:48		05:00:17
40	668	M	30		Sean Walsh	Southern Pine NC	8	00:27:49	299	00:03:26	111	02:41:19	35	00:01:28	00:51:26	47	01:49:29		05:03:29
41	231	M	52		Todd Willis	Cary NC	121	00:36:02	171	00:02:37	102	02:40:01	197	00:02:33		29	01:44:02		05:05:12
42	531	M	30		Steven Vadnais	Fairfax VA	233	00:39:28	50	00:01:52	72	02:37:54	70	00:01:46	00:50:47	31	01:44:41		05:05:40
43	354	M	52		Matthew Mace	Arnold MD					81	02:38:31	337	00:03:53		34	01:45:27		05:06:34
44	509	M	39		Rob Sucharski	Morrisville NC	275	00:41:09	20	00:01:38	31	02:30:12	93	00:01:53	00:55:15	55	01:52:07		05:06:58
45	15	M	49	MM	Richard Sexton	Concord NC	63	00:33:58	158	00:02:34	144	02:44:05	2	00:00:58	00:50:37	36	01:45:45		05:07:17
46	207	M	31		Chris Countouriotis	Steilacoom WA	116	00:35:52	92	00:02:09	60	02:36:30	65	00:01:45	00:54:46	46	01:49:22	00:02:00	05:07:37
47	696	M	27		John Kane	Raleigh NC	27	00:31:28	48	00:01:49	33	02:30:26	27	00:01:20	00:57:26	117	02:03:40		05:08:41
48	474	M	48		David MacDonald	Cary NC	190	00:38:23	102	00:02:12	32	02:30:20	150	00:02:12	00:55:56	75	01:55:50		05:08:56
49	409	M	43		Edward McDermott	Jacksonville NC	131	00:36:16	115	00:02:18	53	02:35:14	94	00:01:53	00:53:53	59	01:53:29		05:09:08
50	578	M	22		Ross Taggart	Greensboro NC	11	00:28:55	113	00:02:17	215	02:51:19	52	00:01:39	00:51:40	33	01:45:07		05:09:16
51	391	M	41		Lee Bradley	Charlotte NC	238	00:39:38	147	00:02:30	100	02:39:50	40	00:01:30	00:50:36	37	01:45:56		05:09:22

52	625	M	24	Patrick Stake	Asheboro NC	349	00:44:01	189	00:02:42	85	02:38:46	165	00:02:19	00:52:14	24	01:42:08	05:09:53
53	176	M	35	Tim Suttles	Wake Forest NC	83	00:34:46	55	00:01:55	104	02:40:20	16	00:01:12	00:54:41	56	01:52:11	05:10:24
54	152	M	43	Thomas O'Donnell	Charlotte NC	104	00:35:27	65	00:01:59	45	02:34:14	83	00:01:50	00:54:39	85	01:57:04	05:10:31
55	322	M	32	Jim Fernandes	Raleigh NC	144	00:36:48	74	00:02:03	55	02:35:28	59	00:01:42	00:55:40	71	01:55:05	05:11:04
56	627	M	50	Chip Warfel	Ellicott City MD	23	00:31:08	77	00:02:04	92	02:39:21	204	00:02:35		77	01:56:13	05:11:18
57	637	M	48	Mike Burkard	Charlotte NC	307	00:41:58	141	00:02:29	133	02:43:05	105	00:01:57		25	01:42:14	05:11:40
58	158	M	33	Phillip Horne	Durham NC	44	00:33:01	298	00:03:26	158	02:45:01	189	00:02:30	00:51:01	38	01:46:08	00:02:00 05:12:05
59	266	M	42	Roger Hand	Mooreville NC	20	00:30:44	8	00:01:29	24	02:27:10	36	00:01:28	00:58:21	161	02:11:31	05:12:21
60	82	M	42	Mark Wild	Columbia SC	41	00:32:47	32	00:01:43	106	02:40:22	58	00:01:41	00:54:52	76	01:56:05	05:12:36
61	347	M	47	Ed Modzelewski	Charlotte NC	383	00:46:23	236	00:02:58	57	02:35:56	289	00:03:18		30	01:44:14	05:12:46
62	673	M	38	Phillip Beane	Greensboro NC	149	00:37:12	19	00:01:37	86	02:38:53	30	00:01:24	00:53:58	66	01:54:37	05:13:42
63	141	M	29	Matt Greenan	Raleigh NC	28	00:31:31	45	00:01:48	84	02:38:39	41	00:01:31	01:01:24	105	02:00:45	05:14:11
64	613	M	44	Locke Stuart	Marvin NC	141	00:36:42	146	00:02:30	62	02:36:34	38	00:01:29	00:50:00	83	01:57:00	05:14:12
65	681	M	29	Jeffrey Glick	Fort Bragg NC	13	00:29:21	4	00:01:22	120	02:42:04	171	00:02:21	00:50:29	97	01:59:24	05:14:30
66	349	M	40	Scott Wells	Cary NC	70	00:34:13	100	00:02:11	43	02:34:04	160	00:02:15	00:57:49	113	02:02:01	05:14:42
67	519	M	23	Steven Holshouser	Tega Cay SC	40	00:32:41	54	00:01:55	64	02:36:45	213	00:02:41	01:02:06	106	02:00:47	05:14:47
68	53	M	29	Andrew Cochran	Morgantown WV	55	00:33:30	40	00:01:46	13	02:24:29	149	00:02:12	00:59:35	167	02:13:30	05:15:26
69	707	M	45	Chris McIver	Chapel Hill NC	170	00:37:49	196	00:02:44	12	02:24:21	235	00:02:50	00:59:57	139	02:07:48	05:15:31
70	90	M	47	Bobby Spencer-Strong	Burlington NC	204	00:38:57	128	00:02:24	131	02:42:49	164	00:02:17		48	01:49:37	05:16:02
71	10	M	40	Chad Kufen	Raleigh NC	143	00:36:48	25	00:01:40	80	02:38:30	26	00:01:20	00:55:13	90	01:58:06	05:16:21
72	596	M	44	Jeff Dukay	Goldsboro NC	73	00:34:18	87	00:02:07	127	02:42:19	139	00:02:08	00:56:09	74	01:55:43	05:16:35
73	264	M	56	Dave Venable	Yorktown VA	187	00:38:16	165	00:02:36	51	02:34:46	222	00:02:44		94	01:58:48	05:17:08
74	507	M	34	Michal Kovac	Myrtle Beach SC	97	00:35:13	133	00:02:26	99	02:39:37	81	00:01:49	00:55:51	92	01:58:14	05:17:18
75	643	M	51	Gerry Farris	Concord NC	135	00:36:26	67	00:02:00	95	02:39:29	34	00:01:28		64	01:54:28	00:04:00 05:17:49
76	470	M	33	Sean Kenney	Greensboro NC	69	00:34:11	223	00:02:54	70	02:37:20	78	00:01:49	00:56:45	111	02:01:50	05:18:01
77	677	M	33	James McKay	Pawleys Island SC	98	00:35:14	125	00:02:24	129	02:42:36	249	00:02:59	00:55:12	68	01:54:53	05:18:03
78	171	M	38	Jorlie Cruz	Alexandria VA	206	00:39:00	108	00:02:16	67	02:37:01	92	00:01:53	00:59:10	89	01:58:01	05:18:09
79	572	M	38	Scott Criddle	Apex NC	265	00:40:42	239	00:03:01	39	02:32:09	236	00:02:50	00:55:57	101	02:00:08	05:18:49
80	351	M	44	MC Mike Kirsch	Newport News VA	39	00:32:40	178	00:02:39	66	02:36:51	66	00:01:45		123	02:04:57	05:18:50
81	199	M	43	Christopher Salisbury	Charlotte NC	140	00:36:41	103	00:02:12	149	02:44:20	29	00:01:24	00:56:00	63	01:54:18	05:18:53

82	534	M	30	John Brausch	Cary NC	77	00:34:23	96	00:02:09	107	02:40:58	143	00:02:09	00:58:40	98	01:59:37	05:19:15	
83	424	M	37	Joe Letterhos	Huron OH	182	00:38:09	308	00:03:30	145	02:44:08	182	00:02:27	00:52:51	51	01:51:05	05:19:17	
84	581	M	22	Mike Fausone	Wilmette IL	102	00:35:22	323	00:03:38	165	02:45:33	190	00:02:30	00:50:44	39	01:46:17	00:06:00	05:19:19
85	597	M	45	Patrick Wright	Chapel Hill NC	88	00:34:53	29	00:01:42	29	02:29:08	187	00:02:29	01:03:22	160	02:11:19	05:19:29	
86	621	M	18	Chris Pollenz	Raleigh NC	3	00:26:42	82	00:02:06	136	02:43:25	354	00:04:07	01:03:39	118	02:03:55	05:20:12	
87	41	M	32	J.R. Naylor	Wilmington NC	92	00:34:57	162	00:02:35	161	02:45:13	219	00:02:44	00:55:13	69	01:54:59	05:20:26	
88	778	M	38	OM Rick Ulstad	Wilmington NC	68	00:34:10	99	00:02:11	167	02:45:36	80	00:01:49	00:52:41	81	01:56:49	05:20:33	
89	43	M	42	John Caggiano	Smithfield VA	237	00:39:34	231	00:02:56	73	02:38:05	320	00:03:42	00:59:30	78	01:56:21	05:20:37	
90	609	M	33	Phillip Mansueto	Chattanooga TN	142	00:36:44	144	00:02:29	74	02:38:10	64	00:01:45	00:54:34	112	02:01:53	05:20:59	
91	277	M	40	Erik Sandvig	Glen Allen VA	53	00:33:28	145	00:02:29	65	02:36:46	230	00:02:48	01:01:21	127	02:05:48	05:21:17	
92	714	M	29	NM Matthew Leggett	Garn NC												05:21:35	
93	484	M	42	Paul Howard	Apex NC	347	00:43:54	75	00:02:03	61	02:36:33	21	00:01:18	00:57:01	91	01:58:14	05:22:00	
94	513	M	33	Nathan Treible	Durham NC	100	00:35:20	320	00:03:36	115	02:41:43	173	00:02:23	00:56:40	96	01:59:11	05:22:11	
95	269	M	40	Joseph Lamonica Jr	Mooresville NC	15	00:29:55	47	00:01:49	82	02:38:32	209	00:02:37	01:02:19	152	02:09:36	05:22:27	
96	155	M	53	Lawrence Hamilton	Raleigh NC	282	00:41:20	193	00:02:44	146	02:44:10	316	00:03:41		50	01:50:41	05:22:34	
97	526	M	46	John Balanda	Charlotte NC	61	00:33:50	186	00:02:42	56	02:35:39	90	00:01:52		151	02:09:24	05:23:25	
98	300	M	49	Lee Allen	Albemarle NC	221	00:39:21	81	00:02:05	52	02:35:00	145	00:02:10		129	02:05:55	05:24:29	
99	565	M	44	Bryan Hager	Greensboro NC	268	00:40:48	71	00:02:02	79	02:38:28	114	00:02:00	00:56:26	108	02:01:19	05:24:35	
100	522	M	27	Geoffrey Clark	Cary NC	87	00:34:53	201	00:02:47	112	02:41:19	39	00:01:29	00:55:34	114	02:02:21	00:02:00	05:24:48
101	115	M	47	Bryan Knupp	Waxhaw NC	152	00:37:14	109	00:02:16	178	02:47:11	79	00:01:49		79	01:56:27	05:24:54	
102	550	M	41	Shawn Spencer	Wilmington NC	259	00:40:22	2	00:01:17	88	02:39:02	43	00:01:32	00:56:39	115	02:02:45	05:24:56	
103	185	M	62	Joseph Knap	Bay Village OH	172	00:37:54	176	00:02:38	59	02:36:05	177	00:02:25		131	02:06:03	05:25:03	
104	384	M	35	Land Heintzberger	Campobello SC	25	00:31:26	296	00:03:25	76	02:38:24	243	00:02:53	01:00:19	146	02:08:59	05:25:05	
105	448	M	37	Daniel Gobel	Raleigh NC	150	00:37:12	229	00:02:56	193	02:48:24	146	00:02:11	00:55:28	65	01:54:33	05:25:13	
106	705	M	34	Clemente Gutierrez	Camp Lejeune NC	410	00:49:03	149	00:02:31	69	02:37:15	57	00:01:41	00:53:04	70	01:55:04	05:25:33	
107	328	M	22	Mohammad Saad	Cary NC	227	00:39:24	261	00:03:13	230	02:52:26	86	00:01:51	00:53:46	43	01:48:41	05:25:33	
108	616	M	28	Alan Diaz	Durham NC	370	00:45:23	173	00:02:37	36	02:31:56	202	00:02:34	01:01:18	120	02:04:16	05:26:44	
109	784	M	52	MM Philip Hatcher	Wilmington NC	46	00:33:13	12	00:01:33	90	02:39:12	76	00:01:48	00:58:56	164	02:11:59	05:27:44	
110	732	M	28	NM Ross McGurk	Durham NC	7	00:27:19	39	00:01:46	83	02:38:37	50	00:01:39		199	02:18:48	05:28:06	
111	370	M	46	Kevin Liberacki	Huntersville NC	224	00:39:22	11	00:01:33	50	02:34:43	32	00:01:26		159	02:11:16	05:28:18	

112	187	M	29		Brian Karim	Raleigh NC	127	00:36:10	205	00:02:48	117	02:41:53	56	00:01:41	01:01:29	135	02:06:41	05:29:11	
113	7	M	31	OM	Dustin Shinholser	Carrboro NC	33	00:31:49	28	00:01:42	94	02:39:29	54	00:01:40	01:07:45	175	02:14:37	05:29:15	
114	506	M	19		Morgan Eudy	Wilmington NC	198	00:38:42	274	00:03:17	175	02:46:48	96	00:01:54	00:55:07	67	01:54:42	00:04:00	05:29:21
115	503	M	43		Steven Lindsey	Charlotte NC	65	00:34:00	154	00:02:32	135	02:43:22	111	00:01:59	01:01:23	130	02:05:57	00:02:00	05:29:48
116	403	M	53		Charles Veronee	Charlotte NC	67	00:34:08	184	00:02:41	109	02:41:14	133	00:02:06		128	02:05:48	00:04:00	05:29:56
117	576	M	38		Brad Farrell	Clayton NC	166	00:37:44	58	00:01:56	187	02:48:10	48	00:01:38	00:56:52	104	02:00:37		05:30:03
118	595	M	36		Mike Nichols	Wilmington NC	246	00:39:52	106	00:02:15	198	02:48:56	97	00:01:54	00:56:43	86	01:57:24		05:30:19
119	571	M	38		John Peterson	Virginia Beach VA	62	00:33:53	57	00:01:56	75	02:38:17	67	00:01:45	00:59:40	173	02:14:30		05:30:19
120	692	M	25		Bryan Deitz	Raleigh NC	174	00:37:58	73	00:02:03	124	02:42:11	23	00:01:20	00:59:32	137	02:07:23		05:30:53
121	375	M	44		Dan Berry	Spartanburg SC	336	00:43:13	357	00:04:07	180	02:47:20	124	00:02:04		62	01:54:15		05:30:56
122	703	M	38		Diego Sosa	Myrtle Beach SC	281	00:41:20	15	00:01:35	177	02:47:07	15	00:01:11	00:56:49	99	01:59:54		05:31:05
123	377	M	39		Michael Amazon	Kernersville NC	155	00:37:16	53	00:01:55	197	02:48:56	120	00:02:02	00:59:29	110	02:01:50		05:31:56
124	666	M	24		William Flores	Henderson NC	292	00:41:35	130	00:02:25	331	03:02:15	108	00:01:58		27	01:43:49		05:32:00
125	112	M	48		Warren Ratley	Little River SC	78	00:34:25	336	00:03:45	132	02:42:57	181	00:02:27		142	02:08:44		05:32:16
126	293	M	40		James Floyd	Baltimore MD	288	00:41:33	203	00:02:48	191	02:48:21	275	00:03:10		93	01:58:30		05:34:20
127	128	M	54		Glenn Woodruff	Annapolis MD	266	00:40:46	156	00:02:33	87	02:38:57	264	00:03:04		148	02:09:12		05:34:30
128	170	M	39		Kirk Marshall	Lake Wylie SC	162	00:37:35	110	00:02:16	235	02:52:35	88	00:01:52	00:57:25	103	02:00:28		05:34:43
129	367	M	40		Jeffrey Baker	Durham NC	257	00:40:18	72	00:02:03	47	02:34:17	303	00:03:33	01:03:42	176	02:14:37		05:34:46
130	358	M	29		Daniel Cardwell	Raleigh NC	214	00:39:12	226	00:02:55	201	02:49:29	238	00:02:51		102	02:00:25		05:34:51
131	383	M	53		John Litsas	Raleigh NC	51	00:33:22	126	00:02:24	141	02:43:46	62	00:01:42		170	02:14:02		05:35:14
132	394	M	36		Chris Hutchison	Gastonia NC	230	00:39:25	280	00:03:19	71	02:37:44	193	00:02:31	01:04:06	166	02:13:10		05:36:08
133	378	M	46		Louis Soleo	Cary NC	215	00:39:13	216	00:02:53	147	02:44:11	340	00:03:54		132	02:06:07		05:36:17
134	579	M	22		Brad Pansing	Durham NC	226	00:39:23	185	00:02:42	119	02:41:55	299	00:03:30		149	02:09:22		05:36:50
135	665	M	53		Craig Gilbert	Durham NC	110	00:35:41	18	00:01:37	232	02:52:31	75	00:01:48		124	02:05:21		05:36:56
136	99	M	40		Bob Mathews	Columbia SC	99	00:35:17	314	00:03:32	183	02:47:42	127	00:02:04	00:55:31	141	02:08:25		05:36:57
137	250	M	47		John Syme	Fayetteville NC	153	00:37:15	294	00:03:24	121	02:42:05	157	00:02:13		140	02:08:08	00:04:00	05:37:03
138	95	M	27		Doug Ornoff	Chapel Hill NC	12	00:29:10	148	00:02:31	251	02:53:56	254	00:03:00	00:55:52	147	02:08:59		05:37:35
139	380	M	64		Terry Farmer	Charlotte NC	269	00:40:50	174	00:02:38	174	02:46:41	113	00:01:59	01:00:10	125	02:05:41		05:37:47
140	726	M	22	NM	Nicholson Sprinkle	Statesville NC	132	00:36:16	389	00:04:34	249	02:53:49	272	00:03:09	00:56:31	100	02:00:00		05:37:47
141	426	M	36		Jeffrey Browne	Raleigh NC	168	00:37:48	279	00:03:18	78	02:38:27	101	00:01:56	01:03:39	191	02:16:47		05:38:14
142	297	M	38		Anthony Rekito	Williamston SC	291	00:41:34	251	00:03:10	153	02:44:33	178	00:02:25	00:57:28	134	02:06:39		05:38:20

143	287	M	31		Jason Blejwas	Sands Point NY	272	00:41:00	62	00:01:58	305	02:59:17	152	00:02:13		60	01:53:55	05:38:20
144	548	M	51		Craig Fulton	Camp Lejeune NC	117	00:35:53	258	00:03:12	212	02:51:09	89	00:01:52		136	02:06:49	05:38:53
145	251	M	49		Dale Dingle	Fayetteville NC	374	00:45:38	242	00:03:04	97	02:39:32	109	00:01:58		144	02:08:57	05:39:08
146	641	M	41		Dan Girouard	Cary NC	334	00:43:07	354	00:04:05	157	02:44:55	290	00:03:18		119	02:04:09	05:39:31
147	521	M	42		Jason Philbin	Charlotte NC	433	00:51:33	379	00:04:23	233	02:52:32	211	00:02:38		44	01:48:48	05:39:52
148	649	M	42		Jason Melvin	Sparks MD	50	00:33:20	138	00:02:28	227	02:52:19	218	00:02:43		150	02:09:23	05:40:12
149	88	M	29		Kyle King	Clemson SC	112	00:35:43	129	00:02:25	164	02:45:31	198	00:02:33	01:01:49	171	02:14:13	05:40:23
150	143	M	45	MC	Jim Doyle	Davidson NC	208	00:39:02	89	00:02:08	98	02:39:35	195	00:02:31		192	02:17:13	05:40:27
151	710	M	39		Ryan Werner	Cornelius NC	167	00:37:47	295	00:03:25	207	02:50:24	318	00:03:42		126	02:05:43	05:40:59
152	42	M	27		Kyle Turnbull	Morgantown WV	411	00:49:06	271	00:03:16	279	02:57:09	280	00:03:14		45	01:48:50	05:41:32
153	421	M	44		Jonathan Huddleston	Windsor NC	122	00:36:05	217	00:02:53	264	02:55:40	268	00:03:07		122	02:04:52	05:42:35
154	385	M	43		David Wagner	Cary NC	201	00:38:46	175	00:02:38	137	02:43:30	74	00:01:47		187	02:16:04	05:42:43
155	520	M	36		Eric Smith	Charlotte NC	145	00:36:53	42	00:01:47	138	02:43:40	28	00:01:23	01:05:49	203	02:19:10	05:42:51
156	562	M	25		Corey Rayner	Raleigh NC	94	00:35:01	140	00:02:28	160	02:45:13	134	00:02:07	00:58:07	196	02:18:14	05:43:01
157	227	M	47		Jim Keffer	Charlotte NC	49	00:33:19	232	00:02:57	155	02:44:42	148	00:02:12		210	02:20:47	05:43:55
158	447	M	30		Andy Sawyers	North Tazewell VA	255	00:40:11	70	00:02:01	151	02:44:26	206	00:02:35		178	02:14:46	05:43:58
159	553	M	24	OM	Jackie Radford	Southern Pines NC	399	00:48:07	127	00:02:24	286	02:57:46	99	00:01:54		61	01:54:14	05:44:24
160	221	M	55		Daniel Campo	Charlotte NC	262	00:40:36	207	00:02:48	128	02:42:31	345	00:03:59	01:06:30	174	02:14:33	05:44:26
161	670	M	31		Ben Smith	Cleveland TN	342	00:43:40	347	00:03:57	196	02:48:53	312	00:03:39		121	02:04:25	05:44:32
162	18	M	50	MM	Scott Brown	Hilton Head Island SC	254	00:40:10	123	00:02:23	143	02:43:52	153	00:02:13	01:05:26	186	02:15:59	05:44:36
163	73	M	42	MC	Vann Gilleland	Concord NC	19	00:30:41	135	00:02:27	182	02:47:34	207	00:02:36		211	02:21:40	05:44:56
164	781	M	42		Jim Hundley	Wilmington NC	134	00:36:25	183	00:02:41	116	02:41:47	168	00:02:20		213	02:21:47	05:44:58
165	664	M	45		Gerald Clum	New York NY	302	00:41:47	380	00:04:23	257	02:54:15	306	00:03:35		109	02:01:38	05:45:37
166	676	M	35		Scott Lake	Ellicott City MD	340	00:43:31	83	00:02:06	130	02:42:39	196	00:02:32		183	02:15:41	05:46:27
167	680	M	40		Kevin Thomas	Raleigh NC	113	00:35:44	49	00:01:51	272	02:56:38	104	00:01:56		156	02:10:32	05:46:40
168	162	M	54		Stewart Mulford	Wilmington NC	301	00:41:47	191	00:02:42	342	03:03:33	100	00:01:55	00:56:32	80	01:56:49	05:46:44
169	37	M	47		David Saintsing	Boulder CO	159	00:37:26	206	00:02:48	225	02:52:11	365	00:04:17		154	02:10:09	05:46:50
170	224	M	40		Ben Wilhelm	Charlotte NC	339	00:43:29	319	00:03:36	176	02:47:03	112	00:01:59		157	02:10:48	05:46:53
171	626	M	37	C	Michael Shurko	Fayetteville NC	236	00:39:31	69	00:02:01	48	02:34:27	184	00:02:28		258	02:28:55	05:47:20
172	684	M	40		Steven Bumgarner	Raleigh NC	133	00:36:21	304	00:03:28	204	02:49:49	183	00:02:28		181	02:15:27	05:47:31

173	299	M	40	MC	Daniel Egbert	Sanford NC	75	00:34:20	192	00:02:43	156	02:44:52	270	00:03:08		225	02:23:09	05:48:10	
174	485	M	46		Nick Nixon	Leland NC	373	00:45:30	272	00:03:16	49	02:34:30	229	00:02:47		224	02:23:07	05:49:07	
175	117	M	21		Austin High	Holly Springs NC	276	00:41:11	222	00:02:53	350	03:04:25	274	00:03:10		87	01:57:45	05:49:23	
176	527	M	52		Spencer Seay	Concord NC	203	00:38:55	256	00:03:11	338	03:02:55	118	00:02:01	00:58:36	95	01:58:55	00:04:00	05:49:56
177	557	M	32		Robert Crow	Portland OR	169	00:37:49	306	00:03:29	206	02:49:58	344	00:03:58		179	02:14:51	05:50:04	
178	320	M	37		Bryan Schmeiser	Carmel IN	85	00:34:50	36	00:01:45	101	02:39:59	110	00:01:59	01:11:00	278	02:32:17	05:50:48	
179	208	M	49		Bill Little	Wendell NC	311	00:42:15	152	00:02:31	244	02:53:33	232	00:02:49	01:03:00	153	02:09:50	05:50:56	
180	216	M	34		William Royal	Charlotte NC	312	00:42:15	429	00:05:55	345	03:03:44	333	00:03:52		52	01:51:35	00:04:00	05:51:19
181	529	M	42		Taylor Gibbs	Union SC	202	00:38:48	270	00:03:16	275	02:56:53	417	00:06:11		133	02:06:14	05:51:20	
182	575	M	42		Allan Couch	Kingsport TN	264	00:40:39	327	00:03:41	46	02:34:16	390	00:04:50	00:49:30	252	02:27:58	05:51:22	
183	573	M	30		Ian Bass	Apex NC	176	00:38:03	194	00:02:44	181	02:47:31	132	00:02:06		212	02:21:47	05:52:09	
184	396	M	56		Thomas Weber	Wake Forest NC	105	00:35:27	277	00:03:18	256	02:54:13	263	00:03:04	01:05:37	189	02:16:11	05:52:12	
185	168	M	47		Michael Napoli	Orlando FL	350	00:44:02	107	00:02:15	105	02:40:21	117	00:02:01		228	02:23:43	05:52:19	
186	132	M	41		Eric Cloutier	Jacksonville NC	250	00:40:01	338	00:03:46	284	02:57:40	239	00:02:51		143	02:08:47	05:53:03	
187	137	M	51		Chris Graebe	Raleigh NC	271	00:40:58	234	00:02:57	91	02:39:15	85	00:01:50	01:08:42	254	02:28:08	05:53:07	
188	144	M	40		Kevin Cottingham	Dillon SC	318	00:42:33	255	00:03:11	282	02:57:13	225	00:02:46		138	02:07:26	05:53:08	
189	418	M	42		Thomas Necessary	Concord NC	76	00:34:21	341	00:03:52	194	02:48:37	374	00:04:27		215	02:22:07	05:53:22	
190	653	M	41		David Glasgow	Holly Springs NC	42	00:32:51	249	00:03:08	134	02:43:07	327	00:03:46		273	02:30:48	05:53:38	
191	569	M	31		Christopher Fletcher	Fayetteville NC	253	00:40:10	289	00:03:22	268	02:56:15	161	00:02:16		162	02:11:43	05:53:44	
192	655	M	16		John Kremar	Mooreville NC	225	00:39:22	160	00:02:35	114	02:41:40	46	00:01:36		256	02:28:36	05:53:48	
193	458	M	23		Greg Randolph	Raleigh NC	263	00:40:36	417	00:05:16	384	03:11:20	375	00:04:28		57	01:52:15	05:53:52	
194	582	M	21		Greg Evans	Durham NC	93	00:34:59	153	00:02:32	190	02:48:16	247	00:02:57		240	02:25:15	05:53:57	
195	11	M	54	MM	Dave Campbell	Durham NC	188	00:38:20	116	00:02:19	172	02:46:29	357	00:04:09	01:06:07	221	02:22:49	05:54:04	
196	94	M	43		Craig Harris	Matthews NC	156	00:37:23	97	00:02:10	122	02:42:09	180	00:02:26		272	02:30:22	05:54:29	
197	355	M	53		Rick Lewis	High Point NC	234	00:39:29	163	00:02:35	159	02:45:04	125	00:02:04	01:09:47	242	02:25:23	05:54:33	
198	708	M	47		Ralph Stephenson	Wake Forest NC	186	00:38:14	213	00:02:52	179	02:47:17	302	00:03:32		226	02:23:11	05:55:04	
199	74	M	47		John Davidson	Greenville SC	366	00:45:02	182	00:02:41	152	02:44:29	188	00:02:30		207	02:20:25	05:55:05	
200	315	M	26		Thomas Revelle	Carrboro NC	185	00:38:14	95	00:02:09	195	02:48:43	115	00:02:00		230	02:24:03	05:55:08	
201	84	M	52		Gary Medlin	Roanoke Rapids NC	111	00:35:43	260	00:03:13	118	02:41:54	131	00:02:05	01:11:22	280	02:32:27	05:55:21	
202	591	M	51		Perry Boseman	Raleigh NC	329	00:43:02	359	00:04:08	219	02:51:41	231	00:02:49	01:06:05	169	02:13:47	05:55:26	

203	204	M	30	Chad Whited	Durham NC	173	00:37:55	288	00:03:22	203	02:49:38	167	00:02:20	217	02:22:25	05:55:37	
204	292	M	33	Michael Evans	Shady Spring WV	81	00:34:42	68	00:02:01	222	02:51:57	144	00:02:10	239	02:25:11	05:55:58	
205	452	M	19	Robert Maughan	Fayetteville NC	273	00:41:00	168	00:02:36	410	03:16:14	310	00:03:37	58	01:52:45	05:56:10	
206	76	M	30	Jonathan Hamrick	Charlotte NC	56	00:33:35	227	00:02:55	96	02:39:32	60	00:01:42	302	02:38:29	05:56:12	
207	174	M	40	Adam Swank	Durham NC	106	00:35:33	164	00:02:36	270	02:56:22	259	00:03:03	201	02:19:01	05:56:32	
208	412	M	51	Joel Isely	Poquoson VA	90	00:34:55	241	00:03:02	123	02:42:11	203	00:02:35	01:15:58	289	02:34:12	05:56:53
209	284	M	52	David Hardy	Carrboro NC	101	00:35:20	214	00:02:52	163	02:45:29	331	00:03:49	01:06:12	267	02:29:56	05:57:24
210	423	M	41	John Letterhos	Fort Mill SC	200	00:38:45	169	00:02:36	337	03:02:41	205	00:02:35	158	02:10:57	05:57:32	
211	241	M	50	Andrew Gager	Holly Springs NC	120	00:35:59	328	00:03:41	185	02:47:55	242	00:02:53	01:07:03	250	02:27:21	05:57:46
212	483	M	49	David Welch	Winston Salem NC	239	00:39:40	454	00:07:48	140	02:43:42	323	00:03:45	223	02:22:57	05:57:49	
213	725	M	26	NM Brian Little	New Bern NC	300	00:41:46	246	00:03:06	125	02:42:16	142	00:02:09	01:11:31	257	02:28:44	05:58:00
214	381	M	42	Daryl Ocain	Raleigh NC	359	00:44:38	155	00:02:32	220	02:51:54	102	00:01:56	194	02:17:16	05:58:13	
215	535	M	40	Charles Cornwell	Fort Mill SC	148	00:37:10	167	00:02:36	288	02:57:48	121	00:02:02	200	02:18:54	05:58:28	
216	411	M	35	Christapher Lang	Yorktown VA	391	00:47:21	286	00:03:20	169	02:45:54	116	00:02:00	206	02:19:56	05:58:29	
217	568	M	24	Clark McGehee	Rome GA	415	00:49:25	41	00:01:46	380	03:10:18	72	00:01:47	73	01:55:35	05:58:50	
218	678	M	33	Dan Meyer	Raleigh NC	363	00:44:54	267	00:03:14	297	02:58:23	151	00:02:13	155	02:10:10	05:58:52	
219	693	M	31	Todd Majeski	Wilmington NC	386	00:46:57	301	00:03:27	214	02:51:12	286	00:03:17	177	02:14:38	05:59:28	
220	67	M	39	Alan Parker	Aberdeen NC	278	00:41:16	219	00:02:53	199	02:49:15	18	00:01:15	236	02:24:50	05:59:28	
221	156	M	43	Tom Blake	Matthews NC	24	00:31:09	179	00:02:39	292	02:58:03	283	00:03:15	231	02:24:25	05:59:29	
222	549	M	42	MC Bruce Reeves	Cary NC	123	00:36:06	195	00:02:44	237	02:52:44	252	00:02:59	01:11:40	241	02:25:16	05:59:47
223	122	M	56	Kevin Howard	Eden NC	164	00:37:43	101	00:02:12	295	02:58:13	130	00:02:05	01:06:34	205	02:19:52	06:00:02
224	493	M	42	Kevin Keller	Hampstead NC	229	00:39:24	401	00:04:52	259	02:54:25	411	00:05:53	182	02:15:31	06:00:04	
225	540	M	43	John Kingsmore	Union,Sc SC	388	00:47:04	407	00:04:59	224	02:52:10	267	00:03:07	165	02:12:49	06:00:08	
226	495	M	35	C Joshua Richardson	Fairfax VA	317	00:42:27	302	00:03:27	189	02:48:14	215	00:02:41	227	02:23:21	06:00:08	
227	650	M	36	Clayton Roberts	Raleigh NC	241	00:39:41	79	00:02:05	148	02:44:16	315	00:03:41	274	02:30:49	06:00:29	
228	398	M	40	John Holland	Gastonia NC	377	00:45:53	329	00:03:41	267	02:56:01	273	00:03:09	163	02:11:59	06:00:42	
229	282	M	56	Hans Rodo	Hampstead NC	396	00:47:40	150	00:02:31	110	02:41:15	179	00:02:26	01:10:00	249	02:27:13	06:01:03
230	131	M	33	Cody Gormley	Jacksonville NC	344	00:43:50	283	00:03:20	258	02:54:22	328	00:03:47	184	02:15:52	06:01:08	
231	416	M	32	Clint Bollinger	Charlotte NC	139	00:36:38	124	00:02:23	205	02:49:53	42	00:01:32	276	02:31:12	06:01:37	
232	617	M	36	Scottie Esporas	Raleigh NC	381	00:46:10	51	00:01:52	216	02:51:21	53	00:01:40	208	02:20:39	06:01:40	
233	296	M	41	Jerry Higginbotham	Spring Lake NC	217	00:39:16	360	00:04:09	234	02:52:33	261	00:03:03	220	02:22:49	06:01:48	

234	555	M	34		Jason Harris	Greensboro NC	248	00:39:59	121	00:02:23	250	02:53:56	326	00:03:45		214	02:21:58	06:01:59	
235	219	M	43	MC	Patrick Kirse	Delray Beach FL	270	00:40:56	293	00:03:23	226	02:52:11	234	00:02:49	01:10:55	219	02:22:46	06:02:04	
236	533	M	36		J.D. Thornburg	Hampstead NC	196	00:38:39	268	00:03:15	266	02:55:53	244	00:02:54		216	02:22:23	06:03:03	
237	285	M	39		Philip Martin	Clayton NC	404	00:48:49	446	00:06:41	231	02:52:28	380	00:04:34		145	02:08:57	00:02:00	06:03:26
238	136	M	34	C	Shawn Wolff	Mooreville NC	319	00:42:37	263	00:03:14	103	02:40:01	138	00:02:08		295	02:36:24	06:04:21	
239	667	M	38		Daniel Care	Apex NC	333	00:43:05	105	00:02:14	308	02:59:52	175	00:02:24		193	02:17:15	06:04:47	
240	238	M	50	MC	Andre Olivier	Cary NC	154	00:37:15	311	00:03:31	240	02:52:51	324	00:03:45	01:08:48	251	02:27:32	06:04:52	
241	619	M	49		Kirk Harrison	Kernersville NC	378	00:45:54	404	00:04:55	93	02:39:24	396	00:05:10	01:12:07	263	02:29:39	06:04:59	
242	717	M	37	NM	Chad Pearson	Huntersville NC	126	00:36:10	414	00:05:09	332	03:02:30	366	00:04:18	01:05:04	197	02:18:22	06:06:29	
243	388	M	65		Tito Craige	Chapel Hill NC	54	00:33:29	209	00:02:49	162	02:45:24	156	00:02:13	01:09:08	319	02:42:51	06:06:44	
244	252	M	56		Matthew Thompson	Lumberton NC	207	00:39:01	91	00:02:09	293	02:58:03	162	00:02:17	01:12:23	243	02:25:30	06:06:58	
245	779	M	56		Robert Murray	Kill Devil Hills NC	35	00:32:17	378	00:04:23	389	03:13:06	298	00:03:29	01:07:40	172	02:14:16	06:07:28	
246	516	M	39	C	Brad Davis	Raleigh NC	431	00:51:29	330	00:03:42	365	03:06:44	212	00:02:39	00:58:51	116	02:02:56	06:07:29	
247	689	M	39		John Cockrum	Hampstead NC	89	00:34:54	166	00:02:36	265	02:55:40	391	00:04:53		262	02:29:39	06:07:40	
248	98	M	52		Anthony Read	Mooreville NC	211	00:39:07	408	00:05:00	255	02:54:12	388	00:04:46	01:09:59	233	02:24:41	06:07:44	
249	261	M	30		Andrew Cooper	Nokesville VA	251	00:40:02	259	00:03:12	242	02:53:18	68	00:01:45		261	02:29:37	06:07:53	
250	80	M	30		William Smith	Durham NC	346	00:43:53	276	00:03:18	192	02:48:24	304	00:03:34		260	02:29:24	06:08:31	
251	629	M	47		Chic Ferrell	Raleigh NC	245	00:39:51	132	00:02:26	252	02:54:00	256	00:03:01		265	02:29:44	06:09:01	
252	469	M	55	MM	Jeff Wakeman	Cornelius NC	338	00:43:19	210	00:02:49	281	02:57:13	291	00:03:18		222	02:22:49	06:09:27	
253	212	M	44		Mark Jackson	Raleigh NC	192	00:38:31	317	00:03:34	173	02:46:40	163	00:02:17		303	02:38:41	06:09:42	
254	612	M	44		Les Garlinghouse	Cary NC	407	00:48:55	122	00:02:23	208	02:50:33	277	00:03:13		235	02:24:49	06:09:52	
255	476	M	49		Keith Hines	Goldsboro NC	165	00:37:43	221	00:02:53	113	02:41:32	281	00:03:14	01:19:09	329	02:45:01	06:10:22	
256	475	M	37		Brad Martin	Lumberton NC	218	00:39:19	240	00:03:01	296	02:58:17	129	00:02:05		253	02:28:00	06:10:39	
257	319	M	35		Michael Schmeiser	Hillsborough NC	194	00:38:34	333	00:03:44	236	02:52:40	294	00:03:23		279	02:32:27	06:10:45	
258	392	M	48		Alan Yueh	Durham NC	124	00:36:07	275	00:03:18	269	02:56:20	166	00:02:19	01:10:33	284	02:33:03	06:11:04	
259	304	M	47		Samuel Merritt	Anderson SC	220	00:39:19	318	00:03:35	254	02:54:11	404	00:05:35	01:09:37	259	02:29:11	06:11:50	
260	259	M	45		Bobby Flanagan	Chapel Hill NC	308	00:42:07	291	00:03:22	210	02:50:44	255	00:03:01	01:09:43	283	02:32:46	06:11:58	
261	218	M	48		Dan Kirse	Winston Salem NC	197	00:38:41	385	00:04:29	239	02:52:51	308	00:03:36	01:10:10	281	02:32:28	06:12:03	
262	433	M	40		John Grooman	Wilmington NC	43	00:32:57	388	00:04:34	58	02:35:59	155	00:02:13		379	02:56:38	06:12:19	
263	273	M	47		Steve Reynierse	Chesapeake VA	235	00:39:30	303	00:03:28	290	02:57:59	126	00:02:04	01:11:37	266	02:29:51	06:12:50	
264	679	M	41		Randall Rine	Raleigh NC	304	00:41:50	137	00:02:28	166	02:45:36	260	00:03:03		308	02:40:38	06:13:32	

265	47	M	47	John Carmichael	Suffolk VA	398	00:48:03	218	00:02:53	54	02:35:24	398	00:05:24	315	02:42:01	06:13:44		
266	129	M	45	Jay Allen	Union SC	209	00:39:07	180	00:02:41	317	03:00:44	258	00:03:02	01:04:07	255	02:28:18	06:13:50	
267	524	M	38	Tom Kuppinen	Raleigh NC	284	00:41:24	361	00:04:12	276	02:56:54	266	00:03:05	234	02:24:45	00:04:00	06:14:19	
268	46	M	38	Jerry White	Matthews NC	285	00:41:26	365	00:04:14	171	02:46:09	287	00:03:17	305	02:39:40	06:14:44		
269	407	M	43	Peter Spohn	Herndon VA	47	00:33:13	273	00:03:17	312	03:00:02	378	00:04:31	01:15:16	288	02:33:50	06:14:52	
270	460	M	40	Alan Piercy	Raleigh NC	137	00:36:29	370	00:04:16	372	03:08:30	257	00:03:02	01:03:54	218	02:22:39	06:14:55	
271	656	M	41	MC Matt Jamison	Durham NC	195	00:38:35	88	00:02:07	291	02:58:03	343	00:03:57	01:11:17	285	02:33:07	06:15:47	
272	209	M	47	MC Tucker Hite	Severna Park MD	158	00:37:25	254	00:03:11	321	03:01:01	363	00:04:15	01:11:00	269	02:30:19	06:16:10	
273	96	M	40	MC Michael Majewski	Burke VA	298	00:41:43	281	00:03:19	221	02:51:54	221	00:02:44	01:15:40	297	02:37:02	06:16:40	
274	188	M	50	Jon Segerstrom	Cary NC	222	00:39:21	402	00:04:54	283	02:57:25	330	00:03:48	01:17:10	277	02:31:47	06:17:13	
275	611	M	40	Mike Petersen	Greenbelt MD	280	00:41:19	313	00:03:31	294	02:58:12	339	00:03:54	01:09:44	248	02:26:26	00:04:00	06:17:21
276	640	M	23	Ryan Pahl	Wilmington NC	82	00:34:46	208	00:02:48	89	02:39:12	194	00:02:31	383	02:58:07	06:17:22		
277	210	M	35	Jody Smith	Matthews NC	387	00:46:58	151	00:02:31	228	02:52:21	91	00:01:52	290	02:34:36	06:18:18		
278	405	M	23	Preston Stack	Wilmington NC	128	00:36:11	212	00:02:52	285	02:57:44	191	00:02:30	304	02:39:05	06:18:21		
279	215	M	27	Brian Helfrich	Charlotte NC	348	00:43:55	368	00:04:15	346	03:03:53	322	00:03:44	01:04:48	202	02:19:04	00:04:00	06:18:48
280	213	M	48	Chris Tzanakos	Cockeysville MD	180	00:38:07	177	00:02:38	277	02:57:01	321	00:03:43	01:13:11	286	02:33:30	00:04:00	06:18:58
281	444	M	59	John Reilly	Brown Summit NC	368	00:45:22	445	00:06:41	329	03:02:01	444	00:07:30	01:07:24	195	02:17:31	06:19:03	
282	399	M	44	Wayne Lalevee	Wake Forest NC	385	00:46:53	309	00:03:31	300	02:58:49	342	00:03:56	01:06:29	246	02:26:03	06:19:10	
283	196	M	45	Stan Paynter	Orlando FL	130	00:36:16	220	00:02:53	301	02:58:50	45	00:01:36	01:18:28	307	02:40:21	06:19:54	
284	505	M	61	Joaquin Arias	Charlotte NC					217	02:51:31	311	00:03:39	01:10:55	299	02:37:58	06:20:05	
285	537	M	47	MC John Asebes	Raleigh NC	364	00:44:55	374	00:04:21	289	02:57:49	278	00:03:13	01:12:10	271	02:30:20	06:20:36	
286	267	M	41	MC Greg Brostrom	Apex NC	171	00:37:53	265	00:03:14	142	02:43:48	387	00:04:46	01:14:23	357	02:51:21	06:21:00	
287	429	M	26	Jake Hollenbeck	Raleigh NC	401	00:48:21	290	00:03:22	323	03:01:06	297	00:03:28	01:10:28	238	02:25:03	06:21:18	
288	119	M	56	Michael Caveness	Wilmington NC	80	00:34:41	66	00:01:59	248	02:53:47	87	00:01:51	01:20:26	347	02:49:07	06:21:24	
289	663	M	59	David Brooks	Pembroke NC	443	00:53:23	451	00:07:08	327	03:01:41	359	00:04:10	01:04:55	185	02:15:54	06:22:13	
290	461	M	41	Neil Deans	Raleigh NC	323	00:42:47	112	00:02:17	241	02:53:01	335	00:03:53	01:14:20	309	02:40:40	06:22:36	
291	63	M	44	David Kreutzer	Matthews NC	160	00:37:29	139	00:02:28	229	02:52:23	159	00:02:15	01:20:00	325	02:44:16	00:04:00	06:22:48
292	685	M	38	C Gerard Pelletier	Selma NC	223	00:39:21	119	00:02:21	328	03:01:57	119	00:02:02	01:18:04	298	02:37:45	06:23:24	
293	211	M	36	C Dusty Holcomb	Concord NC	409	00:48:58	244	00:03:06	139	02:43:42	169	00:02:20	01:20:23	341	02:46:46	06:24:50	
294	353	M	39	Trent Walker	Cramerton NC	179	00:38:07	376	00:04:22	213	02:51:10	393	00:04:56	339	02:46:33	06:25:06		
295	561	M	49	Paul Seropian	Salisbury NC	84	00:34:46	243	00:03:05	356	03:06:03	123	00:02:03	01:13:14	293	02:35:14	00:04:00	06:25:09

296	574	M	56		James Olson	Yadkinville NC	60	00:33:49	430	00:05:57	406	03:15:22	362	00:04:15	01:07:26	244	02:25:58	06:25:19
297	737	M	40	ZM	Phillip Patterson	Greensboro NC	392	00:47:23	245	00:03:06	417	03:17:48	349	00:04:03	01:04:17	168	02:13:37	06:25:54
298	406	M	45		Mark Russell	Charlotte NC	379	00:46:05	353	00:04:05	344	03:03:40	227	00:02:47	01:11:35	268	02:29:56	06:26:30
299	225	M	48		John Agnew	Raleigh NC	189	00:38:22	342	00:03:53	262	02:55:10	383	00:04:40	01:19:26	327	02:44:41	06:26:44
300	634	M	44	MC	Dana Hornkohl	Durham NC	287	00:41:28	384	00:04:25	340	03:03:04	376	00:04:29	01:05:40	287	02:33:42	06:27:05
301	494	M	33		Gregory McGowan	Huntersville NC	283	00:41:24	351	00:04:03	395	03:13:54	347	00:04:00	01:10:00	229	02:23:47	06:27:06
302	181	M	44		Mike McGee	Union SC	435	00:51:43	247	00:03:07	343	03:03:37	355	00:04:07	01:11:19	237	02:25:02	06:27:35
303	682	M	34		Eric Early	Summerfield NC	389	00:47:18	287	00:03:22	421	03:19:10	176	00:02:24	01:02:14	180	02:15:26	06:27:39
304	327	M	17		Joseph Leary	Stanley NC	18	00:30:40	90	00:02:08	274	02:56:49	71	00:01:47		377	02:56:29	06:27:51
305	657	M	35	C	Brian Hicks	Apex NC	414	00:49:23	355	00:04:05	243	02:53:19	406	00:05:40	01:14:18	294	02:35:34	06:27:59
306	435	M	48		Lowell Gould	Rocky Point NC	125	00:36:09	1	00:01:05	263	02:55:30	1	00:00:50	01:21:06	374	02:55:30	06:29:02
307	294	M	54		John Mihm	Cornelius NC	231	00:39:28	252	00:03:10	184	02:47:46	336	00:03:53	01:24:08	368	02:54:52	06:29:08
308	50	M	42	MC	Sean Green	Charlotte NC	96	00:35:11	117	00:02:19	325	03:01:17	317	00:03:41	01:20:05	342	02:46:59	06:29:25
309	363	M	45	MM	Harold Garner	Hope Mills NC	463	01:01:45	187	00:02:42	361	03:06:34	137	00:02:08	01:03:14	190	02:16:25	06:29:32
310	462	M	35		Tony Pease	Cary NC	341	00:43:37	324	00:03:40	260	02:54:29	141	00:02:08		335	02:46:19	06:30:12
311	445	M	19		Christian Terry	Salisbury NC	244	00:39:48	170	00:02:36	368	03:07:20	128	00:02:04	01:17:56	301	02:38:27	06:30:13
312	457	M	49		Derwood Brady	White Pine TN	452	00:54:13	215	00:02:53	401	03:14:52	307	00:03:35	01:08:05	188	02:16:06	06:31:37
313	499	M	52		Charles Broda	Jacksonville NC	434	00:51:42	423	00:05:38	382	03:10:39	271	00:03:09	01:06:36	209	02:20:45	06:31:52
314	60	M	47		Fred Mashburn	Midlothian VA	293	00:41:35	237	00:02:58	278	02:57:03	350	00:04:03	01:22:50	334	02:46:17	06:31:54
315	290	M	45		Matt Morison	Wilmington NC	109	00:35:40	238	00:03:00	351	03:04:26	233	00:02:49	01:12:36	340	02:46:39	06:32:31
316	431	M	34		John Bishop	Matthews NC	177	00:38:06	362	00:04:13	348	03:04:08	300	00:03:31	01:17:17	320	02:42:58	06:32:54
317	514	M	60		Terry Knotts	Charlotte NC	210	00:39:07	364	00:04:13	387	03:11:56	220	00:02:44	01:14:06	292	02:35:03	06:33:01
318	674	M	56		Wally Warren	Charlotte NC	345	00:43:52	419	00:05:22	371	03:07:42	395	00:05:06	01:06:45	275	02:31:02	06:33:03
319	134	M	39		Adam Nessen	Charlotte NC	178	00:38:06	235	00:02:58	324	03:01:13	63	00:01:43		351	02:49:41	06:33:39
320	274	M	49		Henry Lupton	Kenly NC	447	00:53:37	142	00:02:29	150	02:44:23	253	00:03:00	01:24:08	355	02:50:24	06:33:50
321	214	M	42	MC	Richard Wallen	Southport NC	367	00:45:22	64	00:01:59	211	02:50:52	51	00:01:39	01:17:26	366	02:54:19	06:34:10
322	189	M	40		Chad Weston	Kannapolis NC	261	00:40:34	198	00:02:46	223	02:52:01	158	00:02:14	01:22:12	380	02:56:43	06:34:15
323	105	M	44		Ron Jerina	Greenville SC	324	00:42:51	305	00:03:28	304	02:59:11	241	00:02:53	01:18:58	332	02:45:59	06:34:19
324	244	M	48		Joseph Vawter	Rocky Point NC	315	00:42:20	199	00:02:46	367	03:07:09	226	00:02:46	01:13:08	306	02:39:41	06:34:40
325	242	M	40		Scott Christiansen	Daniels WV	163	00:37:35	188	00:02:42	188	02:48:13	228	00:02:47	01:28:32	396	03:03:45	06:35:00
326	661	M	50		John Stout	Charlotte NC	459	00:57:28	375	00:04:21	330	03:02:09	402	00:05:32	01:08:57	245	02:26:01	06:35:28

327	648	M	36	C	James Jones	Fort Mill SC	400	00:48:11	334	00:03:44	200	02:49:20	346	00:04:00	01:20:31	354	02:50:16	06:35:29
328	109	M	66		Jim Ebert	Manteo NC	213	00:39:09	392	00:04:41	322	03:01:02	392	00:04:55	01:20:01	333	02:46:14	06:36:00
329	373	M	52	MC	Thomas Harcus	Wilmington NC	129	00:36:14	400	00:04:52	358	03:06:18	301	00:03:32	01:20:13	330	02:45:13	06:36:06
330	437	M	40		Aaron Landry	Pinehurst NC	365	00:44:58	412	00:05:04	436	03:23:46	201	00:02:34	01:05:54	204	02:19:47	06:36:07
331	782	M	52		Vic Turner	Apex NC	74	00:34:19	157	00:02:33	349	03:04:21	361	00:04:13	01:10:05	356	02:50:45	06:36:08
332	245	M	46		Lemwel Delgra	Charleston WV	360	00:44:40	282	00:03:19	355	03:05:54	185	00:02:28	01:18:09	310	02:40:45	06:37:05
333	479	M	42		Christopher Pritchard	Hickory NC	258	00:40:21	332	00:03:43	238	02:52:48	338	00:03:54	01:20:43	378	02:56:31	06:37:15
334	695	M	38		Todd Dyches	Holly Springs NC	321	00:42:40	264	00:03:14	261	02:54:54	210	00:02:37		367	02:54:24	06:37:47
335	438	M	36		Aaron Ffrench	Fayetteville NC	277	00:41:15	367	00:04:14	333	03:02:32	293	00:03:21	01:19:07	337	02:46:27	06:37:48
336	436	M	23		Douglas Cotty	Charlotte NC	191	00:38:25	266	00:03:14	453	03:33:32	384	00:04:41	01:06:53	198	02:18:27	06:38:18
337	81	M	43	MC	Bruce Jones	Sandy Springs GA	309	00:42:10	337	00:03:46	311	02:59:58	246	00:02:56	01:20:46	352	02:49:49	06:38:37
338	268	M	50		Shannon Heath	Cary NC	322	00:42:46	346	00:03:56	420	03:18:42	382	00:04:38	01:12:53	264	02:29:40	06:39:41
339	477	M	41		Jackie Pierce	Hampstead NC	147	00:36:57	63	00:01:59	126	02:42:19	140	00:02:08		416	03:16:22	06:39:42
340	459	M	30		Justin Boone	Concord NC	267	00:40:47	382	00:04:25	315	03:00:10	135	00:02:07	01:17:30	364	02:53:51	06:41:18
341	604	M	46		Marc Hirschfield	Mooreville NC	183	00:38:10	428	00:05:54	411	03:16:16	423	00:06:23	01:18:41	291	02:34:54	06:41:35
342	348	M	43		Charles Hobart	Bluffton SC	330	00:43:02	413	00:05:06	354	03:05:25	405	00:05:37	01:19:22	318	02:42:48	06:41:55
343	55	M	31		Michael Trumbo	Odenton MD	212	00:39:09	253	00:03:10	287	02:57:47	217	00:02:42	01:31:19	386	02:59:21	06:42:08
344	220	M	50		Rich Steinert	Kannapolis NC	103	00:35:22	395	00:04:46	307	02:59:48	351	00:04:05	01:24:06	384	02:58:32	06:42:32
345	52	M	58		Jim McCleary	Raleigh NC	451	00:54:05	200	00:02:47	303	02:59:04	224	00:02:46	01:09:55	328	02:44:52	06:43:32
346	228	M	53		Frank Armstrong	Raleigh NC	426	00:50:51	98	00:02:10	218	02:51:39	367	00:04:19	01:23:07	370	02:55:08	06:44:05
347	518	M	51		Roger Wilkerson	Charlotte NC	107	00:35:35	292	00:03:22	299	02:58:40	216	00:02:42	01:32:09	398	03:04:09	06:44:26
348	632	M	45	MC	Mark Redmond	Raleigh NC	243	00:39:44	442	00:06:27	336	03:02:38	435	00:07:07	01:19:38	345	02:48:52	06:44:46
349	545	M	51		Earl McMinn	Brookhaven PA	362	00:44:48	284	00:03:20	316	03:00:12	240	00:02:52	01:15:50	365	02:54:12	06:45:22
350	197	M	41		Daniel Sims	Reidsville NC	343	00:43:49	161	00:02:35	363	03:06:37	373	00:04:26	01:26:37	346	02:48:54	06:46:19
351	362	M	56		Marc Jackson	Ellicott City MD	161	00:37:30	458	00:08:34	392	03:13:37	397	00:05:10	01:14:33	313	02:41:31	06:46:20
352	620	M	50		Chris Craver	Huntersville NC	115	00:35:49	331	00:03:43	314	03:00:10	329	00:03:48	01:29:42	395	03:03:01	06:46:28
353	647	M	38		James Green	Winston-Salem NC	417	00:49:33	349	00:04:01	422	03:19:14	325	00:03:45	01:12:56	270	02:30:20	06:46:51
354	121	M	40		Jeff Becken	Kure Beach NC	326	00:42:58	312	00:03:31	370	03:07:36	136	00:02:07	01:20:59	359	02:51:52	06:48:02
355	720	M	47	ZM	Frank Krajewski	Matthews NC	427	00:50:59	285	00:03:20	310	02:59:56	370	00:04:25	01:24:39	353	02:50:02	06:48:40
356	622	M	57		Alan Pollenz	Raleigh NC	119	00:35:56	172	00:02:37	309	02:59:53	403	00:05:35	01:33:13	405	03:05:14	06:49:13
357	198	M	46		Jon Cangalosi	Davidson NC	361	00:44:47	435	00:06:14	186	02:48:00	358	00:04:09	01:27:31	407	03:06:30	06:49:38

358	588	M	45		Matt Valentine	Chapel Hill NC	175	00:37:59	416	00:05:15	435	03:23:41	418	00:06:14	01:12:28	296	02:36:40	06:49:47	
359	733	M	21	NM	Jt Asebes	Raleigh NC	303	00:41:48	386	00:04:33	414	03:16:32	419	00:06:15	01:24:22	312	02:40:50	06:49:56	
360	395	M	40		Jason Tate	Bessemer City NC	420	00:50:04	363	00:04:13	347	03:03:55	248	00:02:58	01:23:39	349	02:49:17	06:50:26	
361	276	M	42		Lance Martin	Asheville NC	406	00:48:50	397	00:04:48	449	03:29:59	192	00:02:31	01:10:49	232	02:24:27	06:50:33	
362	628	M	56		Scott Edwards	Bedford TX	405	00:48:50	427	00:05:51	381	03:10:36	284	00:03:15	01:15:28	322	02:43:19	06:51:50	
363	126	M	50		Scott Packard	Smithfield VA	306	00:41:55	84	00:02:06	320	03:00:56	214	00:02:41	01:33:59	399	03:04:31	06:52:07	
364	594	M	43		Brad Williford	Holly Springs NC	146	00:36:54	352	00:04:04	378	03:10:15	437	00:07:12	01:35:20	363	02:53:50	06:52:13	
365	306	M	41		Mark Chamley	Kannapolis NC	397	00:47:42	433	00:06:02	385	03:11:31	449	00:07:59	01:18:16	311	02:40:47	06:54:00	
366	374	M	30		Brad Nickelston	Whitsett NC	328	00:43:02	78	00:02:05	398	03:14:26	154	00:02:13	01:23:10	360	02:52:58	06:54:41	
367	133	M	53		John Pare	Raleigh NC	358	00:44:34	358	00:04:07	402	03:14:53	348	00:04:00	01:13:56	323	02:43:51	00:04:00	06:55:24
368	659	M	45		Michael Pratt	Fort Mill SC	456	00:55:55	431	00:05:59	357	03:06:12	400	00:05:27	01:14:11	314	02:41:58	06:55:29	
369	455	M	48		Rob Mitchell	Raleigh NC	299	00:41:45	321	00:03:37	423	03:19:21	414	00:06:09	01:19:41	326	02:44:40	06:55:30	
370	541	M	47	MC	Paul Lucas	Cary NC	436	00:51:45	345	00:03:55	374	03:09:23	200	00:02:33	01:24:21	344	02:48:20	06:55:54	
371	54	M	45		Tedd Garner	Greenville SC	181	00:38:08	104	00:02:14	334	03:02:33	279	00:03:13	01:35:15	410	03:10:22	06:56:28	
372	709	M	43		Don Steichen	Raleigh NC	445	00:53:28	421	00:05:34	391	03:13:31	428	00:06:37	01:13:22	300	02:38:09	06:57:17	
373	660	M	49	MC	John Luke	Kill Devil Hills NC	314	00:42:18	440	00:06:21	302	02:59:01	377	00:04:30	01:25:31	403	03:05:12	06:57:20	
374	712	M	29	NM	Scott Parrish	Fayetteville NC	199	00:38:42	181	00:02:41	359	03:06:32	371	00:04:26	01:18:48	406	03:05:19	06:57:39	
375	331	M	46		David Maa	Charlotte NC	444	00:53:23	391	00:04:38	253	02:54:11	426	00:06:29	01:26:03	375	02:56:06	00:04:00	06:58:46
376	644	M	25	C	Mike Saou	Durham NC	184	00:38:13	411	00:05:04	379	03:10:15	415	00:06:09	01:25:07	392	03:01:05	07:00:44	
377	272	M	54		William Scott	Rocky Mount NC	413	00:49:18	366	00:04:14	428	03:21:59	250	00:02:59	01:22:21	317	02:42:18	07:00:46	
378	179	M	43		Michael Berry	Smithfield VA	325	00:42:56	373	00:04:19	396	03:13:59	381	00:04:36	01:25:59	371	02:55:12	07:01:01	
379	646	M	29		Chris Franz	Durham NC	289	00:41:33	425	00:05:46	418	03:18:16	454	00:08:46	01:19:27	343	02:48:06	07:02:26	
380	734	M	48		Kent Harrell	Hampstead NC	416	00:49:33	422	00:05:34	413	03:16:22	369	00:04:24	01:16:54	321	02:42:59	00:04:00	07:02:50
381	504	M	32		Will Yelverton	Raleigh NC	108	00:35:36	409	00:05:02	442	03:27:27	401	00:05:30	01:20:38	350	02:49:24	07:02:58	
382	150	M	51		Pete Coughlin	Centreville VA	382	00:46:18	418	00:05:17	339	03:03:01	360	00:04:12	01:32:45	400	03:04:37	07:03:23	
383	260	M	39		Brett Ciancanelli	Raleigh NC	216	00:39:15	224	00:02:54	416	03:17:46	276	00:03:11	01:25:52	393	03:01:07	07:04:11	
384	278	M	29		Eric Brown	Boone NC	320	00:42:37	460	00:09:09	415	03:16:59	430	00:06:46	01:18:36	348	02:49:14	07:04:43	
385	255	M	42		Charles Baldwin	Greenville NC	424	00:50:40	405	00:04:57	353	03:05:14	432	00:06:52	01:20:43	381	02:57:29	07:05:10	
386	446	M	34		Michael Helton	Keen Mountain VA	290	00:41:34	340	00:03:49	202	02:49:34	352	00:04:06	01:26:50	432	03:26:29	07:05:30	
387	49	M	43		Scott Blackburn	Simpsonville SC	418	00:49:36	111	00:02:16	326	03:01:34	245	00:02:55	01:35:02	409	03:10:09	07:06:28	
388	731	M	28	NM	Jd Goodwin	Asheboro NC	114	00:35:45	118	00:02:19	446	03:29:26	237	00:02:51	01:27:26	376	02:56:11	07:06:30	

389	177	M	41		Bryan Dodge	Lyon XX	232	00:39:28	202	00:02:48	273	02:56:39	172	00:02:22	01:34:07	429	03:25:33	07:06:48
390	721	M	46	ZM	John Rose	Davidson NC	438	00:52:11	448	00:06:54	369	03:07:28	408	00:05:44	01:23:28	373	02:55:23	07:07:39
391	359	M	65		Iva Anderson	Raleigh NC	423	00:50:32	381	00:04:24	412	03:16:17	313	00:03:39	01:24:55	361	02:53:08	07:08:00
392	175	M	71		Greyson Quarles	Duck Key FL	354	00:44:12	383	00:04:25	280	02:57:09	448	00:07:50	01:33:35	415	03:15:39	07:09:13
393	408	M	38		James Neiner	Fayetteville NC	274	00:41:05	134	00:02:26	404	03:15:03	425	00:06:28	01:23:20	402	03:04:40	07:09:40
394	614	M	53	MC	Dennis Kaster	Apex NC	403	00:48:31							01:36:51	422	03:21:55	07:09:41
395	350	M	24		Nicholas Tracy	Chapel Hill NC	390	00:47:21	371	00:04:16	461	03:48:45	334	00:03:52	01:12:16	247	02:26:06	07:10:19
396	68	M	49		Joe Fuccello	Clayton NC	371	00:45:25	420	00:05:28	444	03:28:38	407	00:05:42	01:19:58	331	02:45:27	07:10:38
397	247	M	45		Scot Nelson	Oviedo FL	352	00:44:10	262	00:03:13	425	03:19:52	309	00:03:36	01:23:28	387	02:59:51	07:10:41
398	313	M	20		Joseph Havey	Raleigh NC	256	00:40:13	310	00:03:31	447	03:29:47	353	00:04:06	01:29:55	362	02:53:14	07:10:50
399	230	M	49		Wes Hux	Roanoke Rapids NC	372	00:45:28	426	00:05:46	400	03:14:36	386	00:04:45	01:30:33	389	03:00:29	07:11:02
400	671	M	60		Steve Jones	Charlotte NC	461	00:59:34	437	00:06:16	409	03:16:07	434	00:07:07	01:18:40	316	02:42:16	07:11:17
401	662	M	37	C	D. Jason Frisco	Spring Lake NC	408	00:48:57	297	00:03:25	383	03:10:57	199	00:02:33	01:34:13	408	03:07:55	07:13:46
402	311	M	68		Dennis Geiser	Pittsboro NC	439	00:52:14	369	00:04:15	427	03:21:40	107	00:01:57	01:25:40	369	02:55:08	07:15:12
403	75	M	47		Alessandro Minichiello	Virginia Beach VA	260	00:40:23	257	00:03:12	335	03:02:34	295	00:03:24	01:42:21	430	03:25:58	07:15:28
404	404	M	49		Edmund Woloszyn	Wake Forest NC	432	00:51:32	436	00:06:15	376	03:09:35	446	00:07:40	01:29:31	394	03:01:10	07:16:10
405	239	M	37		Jacob Bush	Hampstead NC	384	00:46:30	278	00:03:18	433	03:23:31	251	00:02:59	01:29:05	388	03:00:13	07:16:29
406	258	M	49		Anthony Landauer	Raleigh NC	437	00:52:02	399	00:04:50	247	02:53:41	427	00:06:34	01:34:04	419	03:19:29	07:16:35
407	366	M	55		John Pittman	Indian Trail NC	457	00:56:05	372	00:04:19	437	03:24:01	413	00:06:04	01:24:50	336	02:46:21	07:16:49
408	556	M	41		Christopher Moses	Chapel Hill NC	460	00:58:24	461	00:10:49	405	03:15:12	421	00:06:19	01:23:55	338	02:46:28	07:17:10
409	146	M	56		Rodney Jenkins	Raleigh NC					364	03:06:41	332	00:03:49	01:27:02	436	03:32:46	07:18:48
410	735	M	39	NM	Damon Cherne	Charlotte NC					373	03:08:33	442	00:07:24	01:32:44	390	03:00:55	07:19:56
411	434	M	33		Mark Hillen	Pineville NC	458	00:56:50	449	00:07:03	419	03:18:32	439	00:07:17	01:21:52	358	02:51:23	07:21:05
412	130	M	37		Brandon Gillette	Jacksonville NC	305	00:41:53	343	00:03:53	399	03:14:34	265	00:03:05	01:41:53	417	03:17:51	07:21:14
413	79	M	48		Michael Clark	Suffol VA	247	00:39:56	390	00:04:35	366	03:06:52	341	00:03:55	01:38:32	431	03:26:07	07:21:23
414	64	M	44		Rob Chen	Huntersville NC	419	00:50:00	86	00:02:07	360	03:06:34	394	00:05:04	01:48:32	418	03:18:33	07:22:16
415	618	M	53		Ernest Ross	Monroe NC	316	00:42:25	300	00:03:27	452	03:32:29	319	00:03:42	01:23:44	391	03:01:00	07:23:00
416	449	M	40		Mark Belcher	Cedar Bluff VA	394	00:47:26	441	00:06:23	397	03:13:59	364	00:04:16	01:31:49	412	03:11:08	07:23:10
417	233	M	52		Gordon Pearson	Roanoke Rapids NC	429	00:51:09	204	00:02:48	246	02:53:38	186	00:02:29	01:31:54	437	03:33:16	07:23:17
418	736	M	41	ZM	Jim Corcoran	Pinehurst NC	395	00:47:35	396	00:04:47	443	03:27:28	456	00:09:14	01:34:30	382	02:57:52	07:26:54

419	730	M	46	ZM	Tom Rilling	Wilmington NC	428	00:51:03	447	00:06:50	439	03:26:11	445	00:07:32	01:27:16	372	02:55:20	07:26:54	
420	651	M	37		Michael Larue	Raleigh NC	375	00:45:42	415	00:05:14	408	03:15:44	459	00:09:16	01:30:05	413	03:12:40	07:28:34	
421	344	M	30	C	Wyatt Boughter	Phoenixville PA	219	00:39:19	393	00:04:43	271	02:56:34	462	00:19:50	01:42:47	433	03:29:15	07:29:39	
422	683	M	51		John Hall	Harrisburg NC	425	00:50:49	432	00:06:00	430	03:22:31	436	00:07:11	01:36:20	397	03:03:48	07:30:17	
423	157	M	29		Mathew Brown	Raleigh NC	310	00:42:14	230	00:02:56	456	03:36:51	285	00:03:16	01:15:16	404	03:05:13	07:30:28	
424	203	M	40		Joseph Verdicchio	Cary NC	448	00:53:38	463	00:12:30	460	03:48:09	372	00:04:26	01:15:33	282	02:32:43	07:31:25	
425	585	M	26		Joe Mintz	Durham NC	313	00:42:18	269	00:03:15	463	03:57:06	410	00:05:46	01:15:24	324	02:44:00	07:32:23	
426	729	M	27	NM	Jeremy Weber	Norfolk OH	64	00:33:59	44	00:01:47	298	02:58:38	314	00:03:40	01:43:32	443	03:57:27	07:35:30	
427	623	M	52	MC	Joe Kasperski	Morehead City NC	380	00:46:09	325	00:03:40	424	03:19:24	379	00:04:33	01:40:08	423	03:23:39	07:37:23	
428	65	M	47		Ken Smiley	Richmond VA	369	00:45:23	190	00:02:42	429	03:22:19	412	00:06:01	01:34:49	421	03:21:50	07:38:13	
429	607	M	59		Eric Brandt	Lake Waccamaw NC	450	00:54:04	457	00:08:20	438	03:24:48	424	00:06:24	01:25:09	401	03:04:40	07:38:14	
430	402	M	45		Bo Downey	Matthews NC	356	00:44:31	455	00:08:02	440	03:26:14	450	00:08:17	01:36:29	411	03:10:35	00:04:00	07:41:37
431	722	M	42	ZM	Matt Shoesmith	Charlotte NC	252	00:40:04	350	00:04:03	394	03:13:53	460	00:09:47	02:02:25	438	03:35:36	07:43:21	
432	467	M	37		David Betenbaugh	Charleston SC	240	00:39:40	464	00:18:21	459	03:41:32	433	00:07:00	01:27:01	385	02:59:09	07:45:39	
433	240	M	76		Herb Brown	Charlotte NC	449	00:53:55	335	00:03:44	434	03:23:39	431	00:06:46	01:38:26	420	03:19:47	07:47:48	
434	345	M	37		Gerald Babao	Charlotte NC	462	01:00:10	339	00:03:48	390	03:13:13	282	00:03:14	01:42:34	434	03:29:16	07:49:39	
435	608	M	31		Ross Mitchell	Myrtle Beach SC	422	00:50:18	443	00:06:31	318	03:00:47	455	00:08:49	01:37:02	441	03:45:45	07:52:08	Y
436	275	M	43		Scot Rheinecker	Kannapolis NC	337	00:43:17	406	00:04:58	454	03:34:56	368	00:04:21	01:37:05	428	03:25:11	07:52:41	
437	702	M	57		Bobby Brandon	Wrightsville Beach NC	464	01:02:11	307	00:03:30	441	03:27:25	385	00:04:44	01:42:48	414	03:14:57	07:52:45	
438	489	M	46	MC	James Devente	Greenville NC	376	00:45:43	394	00:04:45	450	03:31:01	451	00:08:17	01:40:29	426	03:24:58	07:54:42	
439	450	M	46		Kenneth Calcutt	Summerville SC	446	00:53:36	344	00:03:54	448	03:29:48	269	00:03:08	01:43:51	424	03:24:24	07:54:47	
440	512	M	38		Otis Hopson	Lanham MD	466	01:09:42	424	00:05:39	377	03:09:51	416	00:06:11	01:42:05	427	03:25:04	07:56:26	
441	468	M	38	C	Matt Cole	Oak Ridge NC	393	00:47:24	387	00:04:34	445	03:29:21	447	00:07:49	01:42:43	435	03:29:28	07:58:34	
442	727	M	47	ZM	Keith Houston	Marietta SC	442	00:52:56	316	00:03:33	432	03:22:52	296	00:03:24	01:49:09	440	03:37:18	08:00:01	
443	186	M	49		Jerry Brown	Apopka FL	402	00:48:31	197	00:02:45	68	02:37:04	262	00:03:04	02:50:11	446	04:28:59	08:00:20	
444	318	M	46	MC	Mark Clark	Bunn NC	454	00:54:34	398	00:04:50	403	03:14:57	389	00:04:46	01:52:19	442	03:50:42	08:09:47	
445	510	M	44	MC	Eric Shea	Clemmons NC	430	00:51:29	356	00:04:06	455	03:35:44	440	00:07:19	01:46:07	439	03:36:33	08:15:08	
446	491	M	16		Remigio Devente	Greenville NC	331	00:43:03	444	00:06:36	462	03:56:46	452	00:08:21	01:40:30	425	03:24:58	08:19:42	
447	125	M	37		Alex Paen	Carolina Beach NC	351	00:44:05	211	00:02:50	388	03:13:05	305	00:03:34	01:59:24	445	04:23:48	08:27:21	
448	332	M	32		Brandon Jozwiak	Durham NC	453	00:54:20	453	00:07:28	457	03:36:56	453	00:08:24	02:11:20	444	04:14:02	09:01:08	

