

February 09, 2014

## PCRC Winter Series 5K

## Overall Female Overalls Winners

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Sabrina Roldan	Woodbridge NJ 7095	18	Series Total:	<b>25</b>	<b>43:46.9</b>
	2014 PCRC Winter Series - Race #1				16	22:35.9 *
	2014 PCRC Winter Series - Race #2				9	21:10.9 *
2	Kassandra Topp	Upper Saddle River NJ	21	Series Total:	<b>28</b>	<b>44:42.9</b>
	2014 PCRC Winter Series - Race #1				15	22:29.4 *
	2014 PCRC Winter Series - Race #2				13	22:13.5 *
3	Sylvia Bialy	Lodi NJ 7644	20	Series Total:	<b>41</b>	<b>47:03.3</b>
	2014 PCRC Winter Series - Race #1				21	23:07.9 *
	2014 PCRC Winter Series - Race #2				20	23:55.4 *

## Female 20 to 29

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Lianne Rossi	Nutley NJ 7110	21	Series Total:	<b>49</b>	<b>49:09.6</b>
	2014 PCRC Winter Series - Race #1				26	24:47.7 *
	2014 PCRC Winter Series - Race #2				23	24:21.9 *
2	Kelly Degen	Clifton NJ 7013	20	Series Total:	<b>75</b>	<b>1:08:16.0</b>
	2014 PCRC Winter Series - Race #1				43	34:55.5 *
	2014 PCRC Winter Series - Race #2				32	33:20.5 *

## Female 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Kelly MCMILLON	Paterson NJ 7514	48	Series Total:	<b>62</b>	<b>1:01:59.0</b>
	2014 PCRC Winter Series - Race #1				34	31:13.4 *
	2014 PCRC Winter Series - Race #2				28	30:45.6 *
2	Cheryll McCusker	Franklin Lakes NJ	48	Series Total:	<b>72</b>	<b>1:07:53.6</b>
	2014 PCRC Winter Series - Race #1				41	34:38.9 *
	2014 PCRC Winter Series - Race #2				31	33:14.7 *
3	Delores Connors	Bergenfield NJ 7621	42	Series Total:	<b>74</b>	<b>1:08:07.3</b>
	2014 PCRC Winter Series - Race #1				40	34:19.8 *
	2014 PCRC Winter Series - Race #2				34	33:47.5 *

## Female 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Aileen O'Rourke	Cedar Grove NJ 7009	50	Series Total:	<b>40</b>	<b>47:38.6</b>
	2014 PCRC Winter Series - Race #1				23	23:52.9 *
	2014 PCRC Winter Series - Race #2				17	23:45.7 *
2	Elyse Zucker	Franklin Lakes NJ	53	Series Total:	<b>75</b>	<b>1:08:16.1</b>
	2014 PCRC Winter Series - Race #1				42	34:49.0 *
	2014 PCRC Winter Series - Race #2				33	33:27.0 *

## Female 60 to 69

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Betty Langenkamp	Wharton NJ 07885	63	Series Total:	<b>65</b>	<b>1:04:17.5</b>
	2014 PCRC Winter Series - Race #1				35	32:24.7 *
	2014 PCRC Winter Series - Race #2				30	31:52.7 *

\*Overall Place

February 09, 2014

## PCRC Winter Series 5K

## Overall Male Overalls Winners

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Rob Albano 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Pompton Plains NJ	23	Series Total:	<b>3</b>	<b>32:17.9</b>
					1	16:17.9 *
					2	15:59.9 *
2	Michael Secreti 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Paramus NJ 7652	18	Series Total:	<b>5</b>	<b>35:29.2</b>
					2	17:56.1 *
					3	17:33.1 *
3	Stephen Omari 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Cherry Hill NJ 8003	21	Series Total:	<b>10</b>	<b>39:18.9</b>
					6	19:57.0 *
					4	19:21.8 *

## Male 20 to 29

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Nick Mardirosian 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Manahawkin NJ 8050	21	Series Total:	<b>11</b>	<b>39:26.1</b>
					5	19:42.3 *
					6	19:43.8 *

## Male 30 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Brian Petersen 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Wayne NJ 07470	32	Series Total:	<b>43</b>	<b>48:28.3</b>
					25	24:38.3 *
					18	23:50.0 *

## Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Michael Beaudoin 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Glen Rock NJ 7452	45	Series Total:	<b>15</b>	<b>40:42.6</b>
					8	20:38.2 *
					7	20:04.3 *
2	PABLO TROCHE 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	PATERSON NJ 7503	40	Series Total:	<b>25</b>	<b>44:11.6</b>
					14	22:23.8 *
					11	21:47.8 *
3	Jim Nicosia 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Clifton NJ 7012	48	Series Total:	<b>38</b>	<b>46:32.4</b>
					22	23:34.7 *
					16	22:57.7 *
4	James Pruden, Jr. 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Pompton Lakes NJ	40	Series Total:	<b>60</b>	<b>59:40.7</b>
					33	31:13.4 *
					27	28:27.3 *

## Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Michael Los 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Clifton NJ 7013	51	Series Total:	<b>17</b>	<b>41:42.7</b>
					9	20:57.0 *
					8	20:45.7 *
2	Jorge Losch 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Wyckoff NJ 7481	54	Series Total:	<b>21</b>	<b>42:53.7</b>
					11	21:33.5 *
					10	21:20.2 *
3	EZ DelPrado 2014 PCRC Winter Series - Race #1 2014 PCRC Winter Series - Race #2	Mahwah NJ	57	Series Total:	<b>46</b>	<b>48:42.5</b>
					24	24:29.2 *
					22	24:13.2 *

\*Overall Place

**PCRC Winter Series 5K**

**Male 50 to 59**

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
4	Richard Trenk	West orange NJ 7052	56	Series Total:	<b>65</b>	<b>1:04:47.2</b>
	2014 PCRC Winter Series - Race #1				36	33:25.4 *
	2014 PCRC Winter Series - Race #2				29	31:21.7 *

**Male 60 to 69**

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Joseph Jennings	Pompton Lakes NJ	61	Series Total:	<b>32</b>	<b>45:11.5</b>
	2014 PCRC Winter Series - Race #1				17	22:46.6 *
	2014 PCRC Winter Series - Race #2				15	22:24.9 *
2	Bruce Langenkamp	Wharton NJ 07885	64	Series Total:	<b>34</b>	<b>45:18.2</b>
	2014 PCRC Winter Series - Race #1				20	22:58.1 *
	2014 PCRC Winter Series - Race #2				14	22:20.1 *
3	Stephen Frith	Glen rock NJ 7452	62	Series Total:	<b>55</b>	<b>53:36.7</b>
	2014 PCRC Winter Series - Race #1				29	26:55.6 *
	2014 PCRC Winter Series - Race #2				26	26:41.1 *

**Male 80 and over**

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Arch Seamans	Rockaway NJ 07866	81	Series Total:	<b>82</b>	<b>1:23:56.2</b>
	2014 PCRC Winter Series - Race #1				44	42:10.7 *
	2014 PCRC Winter Series - Race #2				38	41:45.5 *

\*Overall Place