

RUN THE RACE 5K 2022

Overall Male Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	58	JORDAN POTRZEBA	00:18:05.20		Runner	Orlando, FL	5:54/M	10.2mph	1	28	
2	38	JIMMY CHOU HUNG	00:19:05.03		Runner	Kissimmee, FL	6:09/M	9.8mph	2	37	
3	94	PHILLIP IPPOLITO	00:19:55.84		Runner	Naples, FL	6:25/M	9.4mph	3	61	

Overall Female Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	2	KATY COOK	00:23:07.40		Runner	Lake Mary, FL	7:26/M	8.1mph	10	42	
2	35	SHEYLA FISHER	00:24:08.46		Runner	Orlando, FL	7:46/M	7.7mph	14	50	
3	100	REBECCA HYLIN	00:25:12.48		Runner	Orlando, FL	8:07/M	7.4mph	17	29	

Male 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	86	JAROM NICHOLS	00:24:16.97		Runner	Sorrento, FL	7:49/M	7.7mph	15	14	

Female 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	93	JISELLE MEDINA	00:55:13.75		Runner	Ocoee, FL	17:46/M	3.4mph	95	16	

Male 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	72	ADAM BLACK	00:37:57.68		Runner	Longwood, FL	12:13/M	4.9mph	62	19	

Female 20 - 24

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	96	OLIVIA BENNETT	00:31:47.02		Runner	Longwood, FL	10:14/M	5.9mph	37	20	
2	49	GENEVIEVE CLELLAND	00:37:42.67		Runner	Longwood, FL	12:08/M	4.9mph	60	20	
3	24	KERSTYN SHIPLEY	00:48:47.65		Runner	Sorrento, FL	15:42/M	3.8mph	88	23	
4	109	AEISHA KING	01:04:43.96		Runner	Deltona, FL	20:50/M	2.9mph	101	24	
5	18	CHERISH CORNELOUS	01:04:47.44		Runner	Deltona, FL	20:51/M	2.9mph	102	22	

Male 20 - 24

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	73	PAOLO CINTRON	00:21:29.44		Runner	Winter Park, FL	6:55/M	8.7mph	5	24	
2	17	MANUEL CORDERO	00:22:39.96		Runner	Orlando, FL	7:17/M	8.2mph	9	24	
3	28	JACOB BLACK	00:33:07.75		Runner	Longwood, FL	10:40/M	5.6mph	43	21	

Female 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	55	NISHAUNTAE JOHNSON	00:32:12.55		Runner	Newberry, FL	10:22/M	5.8mph	38	26	
2	97	YARI CASTRO	00:35:38.06		Runner	Orlando, FL	11:28/M	5.2mph	51	27	
3	41	JESSICA JESTER	00:36:01.47		Runner	Holiday, FL	11:36/M	5.2mph	53	27	

Male 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	69	CHRISTIAN GIANNOBLE	00:23:27.71		Runner	Winter Park, FL	7:33/M	7.9mph	11	28	
2	108	DEREK MCGEE	00:26:07.56		Runner	Deltona, FL	8:24/M	7.1mph	20	26	
3	40	TRAMAYNE LETSON	00:26:34.22		Runner	Altamonte Springs, FL	8:33/M	7.0mph	23	26	

RUN THE RACE 5K

Male 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
4	62	ERIX OROVIO	00:30:01.20		Runner	Howey In The Hills, FL	9:40/M	6.2mph	29	29	

Female 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	79	CYNTHIA RAME	00:28:42.01		Runner	Apopka, FL	9:14/M	6.5mph	27	30	
2	12	BRANDI SMITH	00:34:47.80		Runner	Longwood, FL	11:12/M	5.4mph	47	34	
3	64	NORALIZ ORENGO	00:41:13.24		Runner	Orlando, FL	13:16/M	4.5mph	70	34	
4	110	JENNIFER MESIKA	00:41:29.97		Runner		13:21/M	4.5mph	72	30	
5	68	AMANDA NORIEGA	00:49:19.36		Runner	Deland, FL	15:52/M	3.8mph	89	33	

Male 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	1	BRYAN CARRARO	00:25:32.49		Runner	Port Orange, FL	8:13/M	7.3mph	18	30	
2	70	JEREMY BRADDOCK	00:34:53.26		Runner	Sanford, FL	11:14/M	5.3mph	49	34	
3	16	ALEC NACHTSHEIM	00:50:33.55		Runner	Ocoee, FL	16:16/M	3.7mph	92	30	

Female 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	50	AMANDA CHASTAIN	00:26:09.95		Runner	Altamonte Springs, FL	8:25/M	7.1mph	21	38	
2	101	DANIELA CUEVAS	00:30:02.60		Runner	Oviedo, FL	9:40/M	6.2mph	30	36	
3	91	SHELLY GUPPY	00:32:25.41		Runner	Lake Mary, FL	10:26/M	5.8mph	39	39	
4	51	RITA GARCIA	00:33:03.93		Runner	Longwood, FL	10:38/M	5.6mph	42	39	
5	53	DANIELA CUEVAS	00:34:31.71		Runner	Oviedo, FL	11:07/M	5.4mph	46	36	
6	113	JENNI DEWALIA	00:39:02.42		Runner		12:34/M	4.8mph	63	37	
7	102	KATHERINA CEGARRA ADAMO	00:39:51.71		Runner	Mount Dora, FL	12:50/M	4.7mph	66	38	
8	92	ANNEMARIE WESS	00:46:15.92		Runner	Winter Springs, FL	14:53/M	4.0mph	82	36	
9	21	ERICA FLANDERS	00:47:08.12		Runner	Ocoee, FL	15:10/M	4.0mph	83	37	

Male 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	87	KYLE BOLTON	00:21:42.65		Runner	Maitland, FL	6:59/M	8.6mph	6	35	
2	45	NATHANAEL PAUL	00:26:11.73		Runner	Orlando, FL	8:26/M	7.1mph	22	36	
3	60	SHARIF ABDULLAH	00:44:32.63		Runner	Oviedo, FL	14:20/M	4.2mph	77	39	

Female 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	89	ZSUZSANNA FRASER	00:28:55.06		Runner	Casselberry, FL	9:18/M	6.4mph	28	41	
2	85	HOLLY NICHOLS	00:36:27.18		Runner	Sorrento, FL	11:44/M	5.1mph	54	42	
3	90	MARIA CARRUEGO	00:44:18.60		Runner	Winter Park, FL	14:16/M	4.2mph	76	44	
4	59	VICTORIA DACHOUK	00:45:44.55		Runner	Oviedo, FL	14:43/M	4.1mph	81	41	
5	23	CARI MAY	00:50:32.01		Runner	Oviedo, FL	16:16/M	3.7mph	91	40	

Male 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	29	RANDY COOK	00:21:49.05		Runner	Lake Mary, FL	7:01/M	8.5mph	7	43	
2	80	JASON MIDDEKE	00:27:59.14		Runner	Apopka, FL	9:00/M	6.7mph	24	42	
3	95	LEONELL BORRERO	00:28:25.78		Runner	Deltona, FL	9:09/M	6.6mph	25	44	
4	106	BENJAMIN DIAZ	00:36:57.49		Runner	Casselberry, FL	11:54/M	5.0mph	56	42	
5	103	PAUL ADAMO	00:39:52.16		Runner	Mount Dora, FL	12:50/M	4.7mph	67	43	

RUN THE RACE 5K

Female 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	83	LISA GALVAO	00:32:31.02		Runner	Oviedo, FL	10:28/M	5.7mph	40	49	
2	67	CAROLYNE ZAVARDINO	00:32:40.25		Runner	Oviedo, FL	10:31/M	5.7mph	41	45	
3	107	SUZANNE MANCHESTER	00:37:37.08		Runner	Altamonte Springs, FL	12:06/M	5.0mph	59	49	
4	8	MELODY SHIPLEY	00:39:50.52		Runner	Sorrento, FL	12:49/M	4.7mph	65	48	
5	54	TAVARA ANDREWS	00:48:04.03		Runner	Newberry, FL	15:28/M	3.9mph	85	46	
6	71	TIANNA WILSON	00:48:04.73		Runner	Winter Park, FL	15:28/M	3.9mph	86	47	
7	66	KELLY ECKER	00:57:43.49		Runner	Longwood, FL	18:35/M	3.2mph	98	46	
8	37	NEIKA BERRY	00:58:33.53		Runner	Orlando, FL	18:51/M	3.2mph	99	48	
9	39	SHAWN KELLY	00:58:42.43		Runner	Orlando, FL	18:54/M	3.2mph	100	49	

Male 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	74	DAVID GIRRBACH	00:20:17.89		Runner	Deltona, FL	6:32/M	9.2mph	4	48	
2	111	JAY BAUMAN	00:22:23.10		Runner		7:12/M	8.3mph	8	49	
3	63	LAURENT LENQUETTE	00:30:28.99		Runner	Oviedo, FL	9:48/M	6.1mph	32	49	
4	98	CARLOS-ANDRES VELEZ	00:30:50.48		Runner	Orlando, FL	9:55/M	6.0mph	34	46	
5	75	BENJAMIN LILLIENDAHL	00:31:15.52		Runner	Clermont, FL	10:04/M	6.0mph	36	47	
6	57	ERIC BARTON	00:42:18.95		Runner	Longwood, FL	13:37/M	4.4mph	73	46	

Female 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	33	MADELYN MATOS	00:40:02.13		Runner	Orlando, FL	12:53/M	4.7mph	68	51	

Male 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	13	ROSS SMITH	00:34:16.58		Runner	Longwood, FL	11:02/M	5.4mph	45	53	
2	11	ROBERT ARNOLD	00:44:42.43		Runner	Altamonte Springs, FL	14:23/M	4.2mph	78	52	

Female 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	44	HELEN DEBOLES	00:45:00.80		Runner	Orlando, FL	14:29/M	4.1mph	80	55	
2	32	REBECCA SUTTON	00:48:12.89		Runner	Apopka, FL	15:31/M	3.9mph	87	55	
3	47	LOTTIE WASHINGTON	00:54:54.19		Runner	Altamonte Springs, FL	17:40/M	3.4mph	94	56	

Male 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	99	DANIEL ARNHOLZ	00:33:18.96		Runner	LAND O LAKES, FL	10:43/M	5.6mph	44	59	
2	105	JAMES MAHAN	00:39:19.48		Runner	Orlando, FL	12:39/M	4.7mph	64	57	
3	9	CHRISTOPHER SHIPLEY	00:41:19.07		Runner	Sorrento, FL	13:18/M	4.5mph	71	55	
4	31	BRIAN SUTTON	00:42:21.01		Runner	Apopka, FL	13:38/M	4.4mph	74	56	
5	22	LEONARD FLANDERS	00:47:08.42		Runner	Ocoee, FL	15:10/M	4.0mph	84	56	

Female 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	48	DEBORAH CLELLAND	00:36:57.81		Runner	Longwood, FL	11:54/M	5.0mph	57	62	
2	88	JANELL NEWTON	00:50:27.91		Runner	Ocoee, FL	16:14/M	3.7mph	90	61	

RUN THE RACE 5K

Female 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
3	15	THERESA NACHTSHEIM	00:57:32.51		Runner	Ocoee, FL	18:31/M	3.2mph	97	64	

Male 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	46	THOMAS KING	00:24:06.75		Runner	Orlando, FL	7:45/M	7.7mph	13	60	
2	7	LLOYD TAYLOR	00:35:58.90		Runner	Orlando, FL	11:35/M	5.2mph	52	61	
3	20	DAVID BRELSFORD	00:37:05.94		Runner	Tavares, FL	11:56/M	5.0mph	58	64	
4	25	DOUG MCKENNEY	00:55:50.86		Runner	Clermont, FL	17:58/M	3.3mph	96	64	

Female 65 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	34	MENYO LE B?UF	00:28:33.75		Runner	Altamonte Springs, FL	9:11/M	6.5mph	26	66	
2	27	MONICA DROUILLARD	00:31:02.17		Runner	Winter Park, FL	9:59/M	6.0mph	35	65	
3	10	CINDY REEMSNYDER	00:40:37.00		Runner	Orlando, FL	13:04/M	4.6mph	69	65	

Male 65 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	104	DAN BAKER	00:23:41.16		Runner	Crestview, FL	7:37/M	7.9mph	12	65	
2	76	BENEDICTO GONZALEZ NEGRON	00:25:45.28		Runner	Altamonte Springs, FL	8:17/M	7.2mph	19	67	
3	78	JOSUE ROSARIO	00:34:50.75		Runner	Orlando, FL	11:13/M	5.4mph	48	65	
4	112	NIEL PAULSON	00:42:26.94		Runner		13:39/M	4.4mph	75	66	

Female 70 - 74

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	26	ADELAIDA MCKENNEY	00:37:45.20		Runner	Clermont, FL	12:09/M	4.9mph	61	70	

Male 70 - 74

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	77	NEFTALI SANCHEZ	00:24:28.32		Runner	Debary, FL	7:53/M	7.6mph	16	74	
2	42	ADAM RAFALSKI	00:30:31.32		Runner	Lake Mary, FL	9:49/M	6.1mph	33	72	

Male 75 - 79

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	43	JOHN KEEFE	00:30:10.88		Runner	Orlando, FL	9:43/M	6.2mph	31	75	

Female 80 - 84

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	56	SANDY THOMPSON	00:52:36.04		Runner	Casselberry, FL	16:56/M	3.5mph	93	80	

