

2011 White Lake Spring Sprint

Overall Men

White Lake, NC 5/08/2011 08:00AM

** Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.

Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	TAround	Rank	RUN	PENALTY	Time	DQ
1	1	M	18	OM	Mason Boyles	Wilmington NC	3	00:10:57	00:01:09	2	00:34:00	00:00:46	00:08:14	1	00:16:27		01:03:16	
2	556	M	28	OM	Richard Swor	Dearborn MI	4	00:11:33	00:01:03	1	00:33:32	00:00:44	00:12:16	52	00:21:54		01:08:45	
3	342	M	21		Taylor Knight	Durham NC	11	00:12:15	00:01:04	11	00:35:36	00:00:51	00:09:40	10	00:19:17		01:09:02	
4	132	M	49		Jim Bertrand	Mint Hill NC	24	00:13:25	00:01:31	5	00:35:05	00:00:49	00:10:01	13	00:19:39		01:10:28	
5	10	M	55	MM	Jonathan Farber	Chapel Hill NC	32	00:13:46	00:01:42	8	00:35:13	00:00:51	00:09:42	7	00:19:06		01:10:36	
6	352	M	30		Justin Smith	Mebane NC	17	00:12:58	00:01:29	6	00:35:12	00:00:54	00:10:24	26	00:20:34		01:11:05	
7	78	M	23		Gregory Shore	Matthews NC	12	00:12:20	00:01:22	33	00:37:33	00:00:55	00:09:34	6	00:19:02		01:11:09	
8	8	M	42	MM	John Royal	Raleigh NC	18	00:12:58	00:02:03	14	00:35:55	00:01:06	00:10:00	11	00:19:24		01:11:24	
9	120	M	17		Alex Werden	Chapel Hill NC	1	00:10:19	00:01:26	64	00:39:15	00:01:02	00:09:59	12	00:19:35		01:11:34	
10	384	M	25		David Krueger	Fayetteville NC	35	00:13:53	00:01:46	13	00:35:48	00:01:08	00:09:48	8	00:19:09		01:11:42	
11	12	M	33	OM	Tim Gautreau	Apex NC	38	00:14:15	00:01:46	22	00:36:42	00:00:51	00:09:07	2	00:18:10		01:11:42	
12	100	M	52		Brian Wilson	Charlotte NC	14	00:12:44	00:01:39	15	00:36:01	00:01:03	00:10:22	28	00:20:39		01:12:04	
13	61	M	34		Thomas Woodrum	Wilmington NC	21	00:13:10	00:01:22	18	00:36:25	00:00:57	00:10:23	24	00:20:28		01:12:20	
14	473	M	34		Kevin Bartlett	Pinehurst NC	45	00:14:31	00:01:32	4	00:34:53	00:01:03	00:10:19	23	00:20:26		01:12:23	
15	358	M	21		Daniel Haughton	West Chester PA	27	00:13:30	00:01:44	24	00:36:49	00:00:53	00:10:09	14	00:19:41		01:12:36	
16	433	M	39		Kyle Shepard	Hampstead NC	43	00:14:27	00:01:32	19	00:36:30	00:00:57	00:09:49	9	00:19:12		01:12:36	
17	7	M	37	OM	Jason Biggs	Cary NC	57	00:14:59	00:01:50	3	00:34:50	00:00:54	00:10:18	19	00:20:15		01:12:46	
18	69	M	54		Louis Almekinders	Chapel Hill NC	8	00:12:03	00:01:20	54	00:38:34	00:00:57	00:10:10	18	00:20:05		01:12:57	
19	57	M	33		Paul Powers	Clayton NC	49	00:14:36	00:01:49	37	00:37:46	00:01:01	00:09:32	5	00:19:00		01:14:09	
20	416	M	46		Scott Musson	Chapel Hill NC	13	00:12:34	00:02:04	10	00:35:20	00:01:12	00:11:50	83	00:23:11		01:14:18	
21	269	M	38		Burmah Broadfoot	Wilmington NC	23	00:13:25	00:01:46	46	00:38:13	00:01:10	00:10:08	16	00:19:51		01:14:24	
22	46	M	43		Ron Pascuzzi	Wake Forest NC	56	00:14:58	00:01:23	25	00:36:54	00:00:50	00:10:18	22	00:20:24		01:14:26	

23	160	M	48		John Brienza	Charlotte NC	31	00:13:46	00:01:50	17	00:36:14	00:00:53	00:11:03	51	00:21:53	01:14:33
24	367	M	29		Eric Torrey	Wilmington NC	29	00:13:40	00:01:31	79	00:39:48	00:00:52	00:09:34	3	00:18:49	01:14:38
25	158	M	16		Michael Brienza	Charlotte NC	9	00:12:03	00:01:50	67	00:39:23	00:01:01	00:10:18	25	00:20:31	01:14:47
26	237	M	17		Chris Pollenz	Raleigh NC	2	00:10:36	00:02:39	76	00:39:45	00:01:23	00:10:12	29	00:20:41	01:15:02
27	179	M	40		Jackie Pierce	Hampstead NC	46	00:14:32	00:01:32	16	00:36:02	00:01:14	00:11:10	46	00:21:46	01:15:04
28	184	M	61		Charles Lysaght	Raleigh NC	28	00:13:33	00:01:43	20	00:36:35	00:01:16	00:11:04	61	00:22:08	01:15:12
29	68	M	53		Bolling Lewis	Richmond VA	22	00:13:25	00:01:44	41	00:37:48	00:01:10	00:10:48	31	00:21:15	01:15:20
30	357	M	54		Bruce Wieand	Cary NC	39	00:14:17	00:01:30	34	00:37:34	00:00:57	00:10:47	34	00:21:23	01:15:39
31	471	M	50		Ronnie Horne	Raleigh NC	86	00:16:02	00:02:01	7	00:35:13	00:01:04	00:10:53	41	00:21:41	01:15:59
32	469	M	29		Brandon Davis	Wilmington NC	60	00:15:02	00:02:37	9	00:35:14	00:01:28	00:11:08	49	00:21:49	01:16:09
33	119	M	39		Russell Wilson	Raleigh NC	48	00:14:33	00:01:38	32	00:37:27	00:00:58	00:11:23	57	00:22:00	01:16:34
34	38	M	15		Michael Mebel	Advance NC	5	00:11:53	00:02:12	82	00:39:55	00:00:55	00:11:30	47	00:21:46	01:16:39
35	17	M	48	MC	Harvey Haigler	Raleigh NC	44	00:14:30	00:01:32	44	00:38:03	00:00:55	00:11:02	60	00:22:03	01:17:02
36	391	M	47		Jeff Plemmons	Gastonia NC	62	00:15:06	00:02:33	28	00:37:14	00:01:21	00:10:42	30	00:20:56	01:17:08
37	368	M	40		David McBride	Morrisville NC	16	00:12:58	00:01:42	53	00:38:32	00:01:45	00:11:35	69	00:22:37	01:17:32
38	432	M	32		Jim Halley	Wilmington NC	100	00:16:32	00:01:40	40	00:37:47	00:01:14	00:10:11	21	00:20:23	01:17:34
39	28	M	30		Wade Barts	Charlotte NC	68	00:15:23	00:01:50	70	00:39:25	00:01:15	00:10:03	15	00:19:51	01:17:42
40	41	M	47	MC	Chad Grieves	Cary NC	106	00:16:45	00:01:42	12	00:35:47	00:01:19	00:11:39	62	00:22:18	01:17:49
41	172	M	29		Tony Radakovich	Raleigh NC	82	00:15:56	00:02:17	26	00:37:06	00:01:12	00:11:01	33	00:21:22	01:17:52
42	14	M	45		David Oyler	Apex NC	36	00:13:53	00:02:00	90	00:40:29	00:01:36	00:10:06	17	00:19:58	01:17:55
43	447	M	20		Frank Ramirez	Fayetteville NC	20	00:13:04	00:01:39	65	00:39:15	00:01:03	00:11:52	86	00:23:12	01:18:11
44	383	M	35		Dale Lamb	Wilmington NC	111	00:16:53	00:01:41	48	00:38:23	00:00:58	00:10:22	20	00:20:23	01:18:16
45	430	M	16		Brandon Nix	Wilmington NC	54	00:14:52	00:01:30	55	00:38:43	00:00:52	00:11:15	65	00:22:24	01:18:19
46	392	M	40		Shawn Spencer	Wilmington NC	90	00:16:11	00:01:26	47	00:38:13	00:01:08	00:11:22	38	00:21:32	01:18:29
47	43	M	38	C	Chad Culver	Smithfield NC	79	00:15:51	00:01:29	51	00:38:30	00:00:55	00:10:57	50	00:21:51	01:18:35
48	294	M	26		Josh Asselin	Wilmington NC	121	00:17:04	00:01:17	45	00:38:07	00:00:57	00:11:05	32	00:21:15	01:18:38
49	319	M	49		Webb Geer	Morehead City NC	53	00:14:50	00:01:51	57	00:38:49	00:01:23	00:11:10	56	00:21:58	01:18:49
50	558	M	41		John Caggiano	Smithfield VA	93	00:16:19	00:01:34	27	00:37:14	00:01:23	00:11:57	73	00:22:51	01:19:20
51	435	M	37		Timothy Vest	Huntersville NC	117	00:17:00	00:02:05	30	00:37:21	00:01:12	00:11:08	45	00:21:45	01:19:21
52	554	M	29		Jacob Hosey	Wrightsville Beach NC	67	00:15:21	00:01:35	42	00:37:59	00:01:38	00:12:03	85	00:23:11	01:19:42
53	265	M	41		James Lewis	Pace FL	101	00:16:34	00:02:36	29	00:37:20	00:01:36	00:11:09	43	00:21:44	01:19:49

54	360	M	47	Tim Hahn	Cary NC	96	00:16:24	00:02:15	31	00:37:21	00:01:25	00:11:27	66	00:22:29	01:19:53
55	222	M	43	Erik Johnson	Apex NC	7	00:11:59	00:01:49	112	00:41:43	00:01:22	00:11:34	80	00:23:07	01:19:58
56	434	M	38	Warren Phillips	Wrightsville Beach NC	25	00:13:26	00:01:43	115	00:41:57	00:00:55	00:11:01	59	00:22:03	01:20:02
57	549	M	39	David Naelon	Davidson NC	80	00:15:52	00:01:52	60	00:39:08	00:01:25	00:11:02	53	00:21:56	01:20:11
58	559	M	57	Brian Campbell	Wilmington NC	71	00:15:29	00:01:48	39	00:37:47	00:01:11	00:12:22	106	00:23:57	01:20:12
59	42	M	50	Frazier Keck	Chapel Hill NC	61	00:15:03	00:01:51	63	00:39:14	00:01:21	00:11:54	84	00:23:11	01:20:38
60	276	M	25	Andres Gutierrez	Fayetteville NC	122	00:17:08	00:01:45	117	00:42:05	00:01:08	00:09:34	4	00:18:51	01:20:55
61	398	M	40	MC Jon Keiser	Spring Lake NC	42	00:14:25	00:01:43	78	00:39:48	00:01:15	00:12:01	101	00:23:47	01:20:57
62	373	M	31	Jason Los	Fayetteville NC	104	00:16:43	00:01:19	50	00:38:28	00:00:53	00:12:19	105	00:23:54	01:21:15
63	438	M	46	Mike Jones	Wrightsville Beach NC	59	00:15:02	00:01:58	66	00:39:18	00:01:13	00:12:12	103	00:23:50	01:21:20
64	355	M	31	Lawrence Landrigan	Wilmington NC	113	00:16:58	00:01:38	52	00:38:32	00:01:12	00:12:05	90	00:23:20	01:21:37
65	323	M	38	Andrew Brazee	Fort Bragg NC	156	00:18:49	00:02:22	35	00:37:37	00:01:07	00:11:00	48	00:21:46	01:21:40
66	168	M	55	Michael Caveness	Wilmington NC	47	00:14:33	00:01:42	77	00:39:47	00:00:59	00:12:31	120	00:24:49	01:21:48
67	94	M	44	David Clark	Morganton NC	99	00:16:27	00:02:32	21	00:36:39	00:01:29	00:12:26	119	00:24:47	01:21:53
68	387	M	43	Greg Hamlyn	Cary NC	66	00:15:17	00:02:35	84	00:40:19	00:01:39	00:11:39	63	00:22:18	01:22:06
69	246	M	36	George Davis	Cary NC	64	00:15:10	00:02:03	43	00:37:59	00:01:38	00:12:47	129	00:25:22	01:22:11
70	362	M	47	Mike Guerin	Cary NC	116	00:16:59	00:02:14	62	00:39:14	00:01:15	00:11:36	68	00:22:33	01:22:13
71	343	M	24	Martin Jacaruso	Haw River NC	164	00:19:05	00:01:43	56	00:38:48	00:01:12	00:11:00	40	00:21:38	01:22:23
72	135	M	48	Robert Moody	Durham NC	125	00:17:21	00:02:02	49	00:38:28	00:01:15	00:12:10	91	00:23:21	01:22:26
73	23	M	34	Stephen Lowe	Cornelius NC	138	00:17:56	00:02:38	72	00:39:32	00:01:12	00:10:40	36	00:21:29	01:22:46
74	310	M	49	Thom Porter	Wilmington NC	33	00:13:51	00:01:59	129	00:42:44	00:01:22	00:11:54	75	00:23:02	01:22:56
75	245	M	53	Gary Moore	North Wilkesboro NC	163	00:19:03	00:01:35	68	00:39:23	00:01:14	00:11:01	44	00:21:45	01:22:58
76	19	M	47	Lowell Gould	Rocky Point NC	135	00:17:37	00:01:03	86	00:40:21	00:00:45	00:11:55	93	00:23:22	01:23:06
77	283	M	37	Ren Rotondo	Wrightsville Beach NC	119	00:17:02	00:01:47	58	00:38:59	00:01:36	00:12:04	100	00:23:45	01:23:08
78	461	M	30	Patrick Mincey	Aberdeen NC	65	00:15:15	00:02:01	104	00:41:27	00:01:54	00:11:39	71	00:22:44	01:23:18
79	297	M	44	Ben Bailey	Cary NC	169	00:19:15	00:01:55	36	00:37:42	00:01:17	00:12:08	82	00:23:11	01:23:19
80	51	M	62	Robert Glenn	Durham NC	72	00:15:32	00:02:04	71	00:39:28	00:01:16	00:12:52	123	00:25:01	01:23:19
81	287	M	43	Richard Kuhns	Aberdeen NC	73	00:15:32	00:02:13	81	00:39:52	00:01:12	00:12:43	118	00:24:42	01:23:29
82	415	M	48	Loyd Trimmer	Chapel Hill NC	58	00:15:01	00:02:18	114	00:41:50	00:01:30	00:11:38	74	00:22:52	01:23:29
83	555	M	30	Nihat Cengel	Norfolk VA	78	00:15:50	00:02:13	85	00:40:20	00:01:33	00:12:28	95	00:23:34	01:23:29
84	397	M	31	James Naylor	Wilmington NC	63	00:15:10	00:03:34	122	00:42:16	00:01:02	00:10:46	37	00:21:32	01:23:32

85	444	M	25		Patrick Taylor	Cary NC	10	00:12:12									01:23:41
86	414	M	30		Jennings Berry	Chapel Hill NC	161	00:18:58	00:01:47	74	00:39:42	00:01:10	00:11:24	64	00:22:22		01:23:57
87	289	M	29		Doniphan Browder	Roanoke Rapids NC	52	00:14:49	00:01:34	107	00:41:29	00:00:56	00:12:51	136	00:25:39		01:24:26
88	18	M	41		Michael Jordan	Winston-Salem NC	180	00:19:49	00:01:48	69	00:39:25	00:01:27	00:11:18	58	00:22:00		01:24:27
89	206	M	35		Gary Hartong	Greenville NC	81	00:15:55	00:01:57	140	00:43:08	00:00:24	00:11:29	77	00:23:05		01:24:28
90	345	M	49	MC	Tim Mock	Raleigh NC	108	00:16:48	00:01:42	73	00:39:39	00:01:10	00:12:53	128	00:25:15		01:24:31
91	374	M	39		Maksim Hromiak	Wilmington NC	69	00:15:25	00:02:49	87	00:40:21	00:01:55	00:12:33	111	00:24:09		01:24:37
92	215	M	35		Drew Jordan	North Augusta SC	141	00:18:01	00:02:43	95	00:40:49	00:01:36	00:11:17	55	00:21:58		01:25:04
93	436	M	27		Manuel Franquez II	Raleigh NC	186	00:20:18	00:01:22	103	00:41:11	00:01:39	00:10:38	27	00:20:37		01:25:05
94	395	M	44		Bobby Flanagan	Chapel Hill NC	92	00:16:15	00:01:54	96	00:40:51	00:01:12	00:12:43	122	00:24:57		01:25:07
95	394	M	22		Jeff Schap	Wilmington NC	98	00:16:27	00:01:53	141	00:43:13	00:00:56	00:11:29	70	00:22:42		01:25:09
96	407	M	32		Doug Clarkin	Leland NC	130	00:17:34	00:02:27	131	00:42:52	00:00:59	00:10:38	35	00:21:23		01:25:13
97	465	M	47		Noah Pickus	Durham NC	84	00:16:00	00:02:26	127	00:42:36	00:01:26	00:11:50	72	00:22:47		01:25:13
98	139	M	41		David Arnette	Garner NC	105	00:16:43	00:02:24	97	00:40:52	00:01:04	00:12:20	113	00:24:14		01:25:16
99	314	M	37		Todd Dyches	Holly Springs NC	177	00:19:40	00:01:35	38	00:37:46	00:00:58	00:13:16	130	00:25:23		01:25:20
100	338	M	30	C	Matt Ham	Wilmington NC	75	00:15:42	00:01:50	83	00:40:13	00:01:10	00:13:10	151	00:26:38		01:25:32
101	455	M	33		Jeff Rooks	Hampstead NC	30	00:13:45	00:02:15	154	00:44:02	00:01:14	00:12:14	116	00:24:38		01:25:52
102	405	M	40		Ron Steve	Wilmington NC	158	00:18:52	00:03:05	59	00:39:01	00:01:53	00:11:41	81	00:23:10		01:25:59
103	24	M	24		Zac O'Brien	Davie County NC	87	00:16:03	00:02:15	61	00:39:14	00:01:03	00:14:33	174	00:27:37		01:26:09
104	266	M	36		Brad Martin	Lumberton NC	148	00:18:25	00:02:12	89	00:40:29	00:01:21	00:12:15	102	00:23:48		01:26:12
105	402	M	44		Harold Garner	Hope Mills NC	162	00:19:03	00:01:43	106	00:41:29	00:01:01	00:11:34	89	00:23:15		01:26:29
106	376	M	43	MC	Michael Ross	Wilmington NC	83	00:15:58	00:02:07	80	00:39:51	00:01:14	00:14:10	176	00:27:41		01:26:49
107	92	M	18		Austin Clark	Morganton NC	15	00:12:47	00:02:11	139	00:43:07	00:02:52	00:13:06	141	00:25:58		01:26:53
108	282	M	49		Robert Agans	Hillsborough NC	107	00:16:46	00:01:37	130	00:42:50	00:01:04	00:12:35	121	00:24:49		01:27:04
109	431	M	18		Aaron Nix	Wilmington NC	220	00:22:21	00:01:34	23	00:36:46	00:01:06	00:13:13	137	00:25:40		01:27:25
110	273	M	39		Martin Stark	Lumberton NC	134	00:17:37	00:02:28	91	00:40:31	00:01:30	00:13:07	132	00:25:30		01:27:34
111	453	M	52		Don Shupe	Cary NC	40	00:14:21	00:02:43	105	00:41:28	00:01:50	00:14:01	167	00:27:17		01:27:36
112	235	M	44		James Hewitt	Cary NC	160	00:18:54	00:02:44	110	00:41:36	00:01:20	00:11:52	78	00:23:05		01:27:39
113	457	M	35		Robert Mooney	Fort Bragg NC	216	00:22:14	00:01:45	98	00:40:54	00:01:15	00:11:05	39	00:21:36		01:27:41
114	467	M	61		Jim Mincher	Wrightsville Beach NC	37	00:14:09	00:02:17	123	00:42:22	00:01:47	00:14:05	166	00:27:14		01:27:47
115	459	M	27		Michael Adams	Chapel Hill NC	76	00:15:44	00:02:46	150	00:43:56	00:01:34	00:12:20	110	00:24:01		01:27:59

116	325	M	35		Chris Burkhead	Sanford NC	88	00:16:07	00:02:49	135	00:42:58	00:01:17	00:12:27	124	00:25:06	01:28:15	
117	35	M	52	MC	Keith Stone	Winston Salem NC	34	00:13:53	00:02:38	119	00:42:07	00:01:47	00:14:00	183	00:28:01	01:28:23	
118	274	M	56		Andy Whiteman	Raleigh NC	155	00:18:47	00:03:27	121	00:42:08	00:02:07	00:11:18	54	00:21:57	01:28:24	
119	420	M	38		John Cockrum	Hampstead NC	97	00:16:25	00:02:22	169	00:45:00	00:01:30	00:12:09	92	00:23:22	01:28:37	
120	127	M	23		Chris Creech	Raleigh NC	179	00:19:47	00:02:05	108	00:41:32	00:01:21	00:12:16	108	00:23:58	01:28:41	
121	239	M	36		Kyle Habecker	Durham NC	50	00:14:40	00:02:30	201	00:46:44	00:01:29	00:11:46	96	00:23:36	01:28:56	
122	77	M	14		Jackson Boyles	Wilmington NC	26	00:13:29	00:02:59	218	00:48:18	00:01:12	00:11:32	76	00:23:05	01:29:01	
123	117	M	47		Steve White	Wilmington NC	159	00:18:53	00:02:36	118	00:42:06	00:01:53	00:11:49	98	00:23:41	01:29:07	
124	80	M	19		Heath Hudgins	Chapel Hill NC	6	00:11:54	00:02:30	208	00:47:22	00:01:00	00:13:39	147	00:26:26	01:29:10	
125	429	M	43		Brent Nix	Wilmington NC	137	00:17:51	00:01:26	99	00:40:56	00:01:14	00:14:25	181	00:27:58	01:29:23	
126	37	M	40	MC	William H Harkins Jr	Cary NC	112	00:16:55	00:02:25	101	00:40:59	00:01:29	00:14:13	175	00:27:38	01:29:24	
127	207	M	44	MC	Todd Beste	Wilmington NC	103	00:16:41	00:02:33	94	00:40:46	00:00:57	00:13:51	190	00:28:31	01:29:27	
128	115	M	35		Matt Clayton	Morrisville NC	110	00:16:50	00:02:02	88	00:40:25	00:01:50	00:14:38	188	00:28:23	01:29:29	
129	385	M	46		Joel Smith	Cary NC	102	00:16:37	00:02:44	100	00:40:59	00:02:17	00:13:42	165	00:27:13	01:29:49	
130	85	M	14		Davis Clark	Morganton NC	70	00:15:27	00:02:27	198	00:46:42	00:01:42	00:12:03	99	00:23:44	01:30:00	
131	371	M	44		Evan Patterson	Chapel Hill NC	124	00:17:16	00:02:42	182	00:45:49	00:01:31	00:11:47	87	00:23:12	01:30:28	
132	531	M	25	NM	Andy Hayek	Durham NC	150	00:18:31	00:02:53	166	00:44:53	00:01:42	00:11:33	67	00:22:32	01:30:29	
133	250	M	42	MC	Steven Finney	Raeford NC	192	00:20:34	00:02:17	75	00:39:43	00:01:34	00:13:16	148	00:26:28	01:30:35	
134	102	M	13		Watson Dolhare	Charlotte NC	132	00:17:35	00:02:36	213	00:47:52	00:01:23	00:11:04	42	00:21:41	01:31:04	
135	261	M	32		Patrick Renton	Wilmington NC	94	00:16:22	00:02:43	157	00:44:08	00:01:21	00:13:33	149	00:26:37	01:31:09	
136	346	M	35		Bo Sink	Winston Salem NC	176	00:19:32	00:02:34	92	00:40:39	00:01:10	00:13:00	133	00:25:30	00:02:00	01:31:24
137	330	M	32		Jason Bledsoe	Morrisville NC	126	00:17:27	00:02:52	144	00:43:19	00:01:48	00:13:23	143	00:26:07	01:31:32	
138	546	M	37		Will Eward	Durham NC	51	00:14:46	00:03:33	193	00:46:16	00:02:28	00:12:26	117	00:24:40	01:31:41	
139	337	M	36		Matthew Smith	Raleigh NC	115	00:16:58	00:02:18	120	00:42:08	00:02:02	00:14:07	189	00:28:24	01:31:48	
140	541	M	42		Kevin Kelly	Spring Lake NE	142	00:18:01	00:02:28	203	00:46:54	00:01:20	00:11:33	79	00:23:07	01:31:48	
141	74	M	40		Brian Baysinger	Mocksville NC	200	00:20:57	00:03:09	116	00:42:04	00:01:55	00:12:19	104	00:23:52	01:31:55	
142	221	M	54		Gary Cook	Leland NC	172	00:19:18	00:02:13	161	00:44:28	00:01:00	00:12:47	126	00:25:08	01:32:05	
143	113	M	62		Norris Townsend	Raleigh NC	77	00:15:48	00:02:45	124	00:42:24	00:01:44	00:14:54	203	00:29:38	01:32:17	
144	295	M	39		Henry Beckwith	New Bern NC	167	00:19:12	00:02:43	142	00:43:16	00:01:24	00:13:52	139	00:25:50	01:32:23	
145	331	M	56		Michael Sullivan	Spring Lake NC	193	00:20:37	00:03:14	93	00:40:46	00:01:21	00:13:30	153	00:26:43	01:32:40	
146	490	M	58	ZM	John Reilly	Brown Summit NC	153	00:18:35	00:04:26	134	00:42:55	00:02:40	00:12:40	112	00:24:13	01:32:49	

147	187	M	37		David Vaughn	Carrboro NC	184	00:20:09	00:02:59	145	00:43:21	00:01:46	00:12:30	115	00:24:36	01:32:51
148	381	M	41		Eric Hernandez	Hampstead NC	211	00:21:47	00:02:16	155	00:44:04	00:01:21	00:12:10	94	00:23:32	01:32:58
149	560	M	44		Gary Trullinger	Durham NC	198	00:20:53	00:03:11	136	00:43:01	00:01:32	00:12:35	114	00:24:32	01:33:08
150	244	M	36		Hugh Green	Morrisville NC	118	00:17:02	00:02:52	160	00:44:12	00:01:25	00:14:41	177	00:27:46	01:33:14
151	502	M	37	NM	Neil Wilks	Raleigh NC	213	00:21:54	00:02:35	102	00:41:10	00:02:01	00:12:47	135	00:25:37	01:33:15
152	181	M	55		Terry Smith	Wilmington NC	129	00:17:34	00:03:56	146	00:43:29	00:01:44	00:13:45	154	00:26:45	01:33:26
153	130	M	45		Andrew Werden	Chapel Hill NC	131	00:17:34	00:04:04	128	00:42:41	00:02:12	00:13:53	159	00:26:58	01:33:27
154	448	M	41		Jonathan Doering	Clayton NC	120	00:17:02	00:02:37	206	00:47:11	00:01:26	00:12:39	131	00:25:29	01:33:44
155	242	M	41		John Ressler	Fort Mill SC	89	00:16:11	00:03:14	138	00:43:07	00:01:52	00:14:52	206	00:29:45	01:34:06
156	382	M	44		Daniel Doerr	Fayetteville NC	85	00:16:01	00:02:41	187	00:46:06	00:01:18	00:14:01	186	00:28:15	01:34:19
157	192	M	48		Steven Anderson	Fayetteville NC	146	00:18:15	00:03:57	147	00:43:33	00:01:47	00:13:41	157	00:26:54	01:34:24
158	466	M	30		Christopher Stewart	Fayetteville NC	143	00:18:07	00:03:11	113	00:41:49	00:01:36	00:15:15	207	00:29:45	01:34:26
159	463	M	62		Ian Shearing	Brighton MI	140	00:18:01	00:02:35	137	00:43:02	00:01:43	00:14:48	196	00:29:09	01:34:28
160	170	M	52		Spencer Fox	Winston Salem NC	109	00:16:48	00:02:37	196	00:46:27	00:01:25	00:13:36	169	00:27:24	01:34:40
161	424	M	32		Rusty Cotterman	Vass NC	206	00:21:24	00:02:32	179	00:45:41	00:01:28	00:12:05	109	00:23:59	01:35:03
162	126	M	52		Steve Boyd	Apex NC	145	00:18:14	00:03:20	165	00:44:48	00:01:17	00:13:53	170	00:27:27	01:35:04
163	540	M	29	NM	Andy Owens	Wilmington NC	149	00:18:29	00:03:18	195	00:46:22	00:01:57	00:13:05	125	00:25:07	01:35:12
164	462	M	34	C	Kristoffer Mills	Fayetteville NC	114	00:16:58	00:03:44	132	00:42:54	00:02:09	00:14:57	200	00:29:31	01:35:13
165	372	M	46		Steve Boehling	Wilmington NC	207	00:21:29	00:03:00	109	00:41:36	00:02:09	00:13:50	161	00:27:02	01:35:15
166	468	M	56		Bobby Brandon	Wrightsville Beach NC	219	00:22:20	00:02:48	125	00:42:32	00:01:49	00:12:46	138	00:25:48	01:35:16
167	446	M	44		Russ Schroter	Cary NC	144	00:18:12	00:01:56	168	00:44:55	00:01:26	00:14:29	193	00:28:49	01:35:16
168	532	M	25	NM	Drew Herring	Durham NC	147	00:18:15	00:03:36	204	00:46:59	00:00:54	00:12:50	134	00:25:35	01:35:17
169	443	M	59		Richard Haney	Chapel Hill NC	55	00:14:58	00:03:07	184	00:45:51	00:02:26	00:14:39	198	00:29:27	01:35:47
170	375	M	29		Brad Nickelston	Whitsett NC	166	00:19:12	00:01:31	205	00:47:00	00:01:18	00:13:44	156	00:26:54	01:35:52
171	60	M	62		David Roberts	Raleigh NC	170	00:19:17	00:03:23	148	00:43:43	00:02:47	00:13:45	163	00:27:09	01:36:18
172	134	M	33		Seth Yearout	Raleigh NC	168	00:19:13	00:02:25	163	00:44:43	00:01:39	00:14:28	187	00:28:22	01:36:21
173	110	M	15		Oliver Hudgins	Chapel Hill NC	19	00:13:02	00:03:27	228	00:50:59	00:00:54	00:13:26	182	00:28:01	01:36:21
174	122	M	54		Aldo Dagnino	Cary NC	182	00:19:58	00:04:26	143	00:43:18	00:02:02	00:13:54	152	00:26:39	01:36:22
175	316	M	46	MC	David Meyer	Fayetteville NC	136	00:17:45	00:04:06	180	00:45:43	00:01:31	00:13:38	172	00:27:31	01:36:35
176	236	M	56		Alan Pollenz	Raleigh NC	41	00:14:25	00:02:26	164	00:44:45	00:01:52	00:16:06	227	00:33:09	01:36:36
177	425	M	21		Zachary Cox	Raleigh NC	196	00:20:53	00:03:47	211	00:47:29	00:00:51	00:11:49	107	00:23:58	01:36:55

178	169	M	40		Tim Gill	Wilmington NC	173	00:19:20	00:03:04	185	00:45:59	00:02:01	00:13:37	155	00:26:46	01:37:09
179	177	M	40		Mark Ketner	Fuquay-Varina NC	152	00:18:32	00:02:43	176	00:45:17	00:01:47	00:14:52	194	00:29:00	01:37:17
180	27	M	56		John Melling	New Bern NC	221	00:22:26	00:03:24	159	00:44:11	00:01:21	00:13:33	142	00:26:00	01:37:20
181	529	M	22	NM	Harris Davee	Fayetteville NC	224	00:22:47	00:02:38	217	00:48:09	00:00:58	00:11:41	88	00:23:14	01:37:44
182	163	M	45	MC	Philip Maginnes	Wilmington NC	151	00:18:31	00:03:10	178	00:45:36	00:01:37	00:15:03	195	00:29:03	01:37:57
183	271	M	50		Bill Fortney	New Bern NC	171	00:19:18	00:04:03	153	00:44:01	00:02:28	00:14:53	192	00:28:47	01:38:34
184	230	M	36		Bob Sweet	Raleigh NC	201	00:20:57	00:03:00	174	00:45:11	00:02:08	00:14:30	173	00:27:31	01:38:47
185	369	M	40		Shaun Appler	Wrightsville Beach NC	178	00:19:41	00:03:01	151	00:43:59	00:02:02	00:15:22	212	00:30:11	01:38:53
186	263	M	52		Michael Gwinn	Raleigh NC	202	00:21:02	00:02:51	191	00:46:15	00:02:15	00:13:15	150	00:26:37	01:38:58
187	500	M	40	ZM	Ray Metts	Raleigh NC	234	00:26:03	00:03:17	126	00:42:34	00:01:25	00:13:32	144	00:26:12	01:39:30
188	361	M	44	MC	Bo Downey	Matthews NC	95	00:16:23	00:05:09	194	00:46:19	00:03:30	00:14:01	185	00:28:11	01:39:30
189	84	M	40	MC	James Caraway	Little River SC	210	00:21:42	00:01:54	133	00:42:54	00:02:11	00:15:45	215	00:30:56	01:39:35
190	103	M	45		Walter Dolhare	Charlotte NC	195	00:20:48	00:03:20	156	00:44:05	00:01:14	00:15:19	211	00:30:10	01:39:35
191	164	M	41		Hugh Bailey	Raleigh NC	191	00:20:30	00:03:07	192	00:46:16	00:01:46	00:14:23	184	00:28:02	01:39:40
192	49	M	51		Bryan Jones	Raleigh NC	127	00:17:28	00:02:10	189	00:46:11	00:01:31	00:16:12	222	00:32:26	01:39:44
193	548	M	38	C	Joshua Motta	Whispering Pines NC	218	00:22:20	00:03:01	111	00:41:42	00:02:15	00:16:23	213	00:30:43	01:39:59
194	388	M	35		David Pellegrino	Leland NC	223	00:22:41	00:02:50	171	00:45:05	00:02:21	00:13:23	162	00:27:07	01:40:02
195	224	M	59		Gregory Black	Mequon WI	230	00:23:44	00:03:04	183	00:45:50	00:00:56	00:13:28	160	00:27:01	01:40:32
196	313	M	40		Eric Seaman	New Bern NC	203	00:21:14	00:03:02	162	00:44:31	00:02:53	00:14:42	201	00:29:33	01:41:11
197	404	M	33		Brian Burnham	Chapel Hill NC	225	00:22:56	00:02:40	197	00:46:27	00:02:19	00:13:29	164	00:27:13	01:41:33
198	136	M	52		David Biles	Garner NC	214	00:21:54	00:03:08	158	00:44:11	00:02:25	00:15:37	210	00:30:05	01:41:41
199	148	M	54		Edward Brown	Raleigh NC	208	00:21:36	00:02:29	172	00:45:09	00:03:03	00:14:52	197	00:29:26	01:41:42
200	354	M	68		Robert Lynott	Bolivia NC	183	00:20:06	00:03:44	167	00:44:53	00:01:37	00:16:07	217	00:31:26	01:41:45
201	543	M	43	ZM	Daniel Gabier	New Bern NC	204	00:21:14	00:04:07	220	00:49:07	00:01:49	00:13:06	140	00:25:51	01:42:07
202	350	M	53		Lester Pace	Burlington NC	212	00:21:53	00:05:28	175	00:45:12	00:02:14	00:13:50	171	00:27:28	01:42:13
203	315	M	36		Michael Larue	Raleigh NC	133	00:17:35	00:05:28	214	00:47:58	00:02:13	00:15:18	209	00:30:02	01:43:14
204	539	M	49	ZM	David Cox	Raleigh NC	235	00:26:06	00:04:54	177	00:45:33	00:01:18	00:13:06	146	00:26:24	01:44:12
205	423	M	39		Michael Curley	Raleigh NC	165	00:19:10	00:03:21	199	00:46:43	00:03:02	00:16:07	220	00:31:58	01:44:13
206	492	M	35	NM	Rian Welch	Washington DC	154	00:18:44	00:02:39	221	00:49:21	00:01:55	00:16:01	221	00:32:20	01:44:57
207	327	M	39		Robert Harrell	Wilmington NC	175	00:19:30	00:03:57	226	00:50:38	00:03:02	00:13:30	180	00:27:55	01:45:00
208	552	M	27		Jeff Mills	Raleigh NC	190	00:20:23	00:02:43	227	00:50:58	00:01:21	00:14:28	208	00:29:52	01:45:14

209	234	M	35		Warren McSweeney	Carthage NC	157	00:18:51	00:02:46	215	00:48:01	00:02:43	00:16:33	226	00:33:03	01:45:22
210	518	M	44	ZM	Tony Erwin	Havelock NC	237	00:26:23	00:03:17	200	00:46:44	00:02:08	00:13:21	158	00:26:58	01:45:28
211	140	M	42		Scot Garner	Raleigh NC	187	00:20:19	00:04:05	210	00:47:26	00:00:57	00:16:41	224	00:32:53	01:45:38
212	537	M	35	NM	Dennis Powers	Ocean Isle Beach NC	227	00:23:04	00:02:50	230	00:51:41	00:00:54	00:14:14	178	00:27:46	01:46:13
213	121	M	39		Charles Coble	Raleigh NC	243	00:30:52	00:03:47	173	00:45:10	00:01:48	00:12:58	127	00:25:12	01:46:48
214	409	M	58		Ken Schettig	Wilmington NC	209	00:21:40	00:03:24	225	00:49:41	00:03:34	00:14:20	191	00:28:41	01:46:59
215	65	M	41		Mark Turner	Indian Land SC	188	00:20:19	00:03:40	188	00:46:09	00:02:14	00:17:30	233	00:34:45	01:47:06
216	533	M	31	NM	Maurice Benson	Wilmington NC	240	00:27:35	00:02:39	212	00:47:46	00:02:15	00:13:54	168	00:27:22	01:47:35
217	220	M	40	MC	Eric Wilson	Raleigh NC	199	00:20:55	00:03:58	149	00:43:48	00:02:48	00:19:03	239	00:36:30	01:47:57
218	302	M	36		Jim Waltz	Wilmington NC	217	00:22:17	00:02:51	186	00:46:04	00:02:48	00:17:02	228	00:34:19	01:48:16
219	512	M	20	NM	Jonathan Huggins	Wilmington NC	232	00:25:58	00:03:53	219	00:48:19	00:01:37	00:14:55	204	00:29:41	01:49:27
220	427	M	43		Sean Anderson	Raleigh NC	189	00:20:20	00:04:54	202	00:46:50	00:04:31	00:16:36	225	00:33:01	01:49:34
221	254	M	56		Mike Radakovich	Raleigh NC	215	00:22:12	00:04:33	207	00:47:16	00:03:59	00:15:41	218	00:31:41	01:49:40
222	525	M	33	NM	Lincoln Mishoe	Va Beach VA	242	00:30:28	00:03:36	152	00:44:00	00:02:13	00:14:36	199	00:29:30	01:49:45
223	489	M	35	NM	Jason Wicker	Pittsboro NC	226	00:23:00	00:03:36	237	00:56:30	00:01:28	00:13:07	145	00:26:19	01:50:50
224	268	M	33		Antonio Ramos	Fayetteville NC	238	00:26:31	00:02:42	222	00:49:27	00:02:49	00:14:31	202	00:29:35	01:51:02
225	475	M	24	NM	David Stein	Mocksville NC	185	00:20:16	00:04:15	235	00:54:59	00:01:03	00:15:08	214	00:30:52	01:51:23
226	299	M	11		Dominic Crisafulli	Burgaw NC	128	00:17:33	00:03:10	236	00:55:24	00:01:30	00:14:55	229	00:34:31	01:52:07
227	479	M	52	ZM	Byron Creech	Raleigh NC	233	00:26:03	00:07:27	224	00:49:39	00:02:29	00:14:02	179	00:27:49	01:53:24
228	208	M	50	MC	Gary Dingess	Cary NC	174	00:19:28	00:04:13	181	00:45:45	00:04:09	00:19:44	243	00:39:51	01:53:25
229	256	M	66		Richard Budd	Southport NC	229	00:23:35	00:04:03	216	00:48:08	00:03:05	00:17:06	235	00:35:26	01:54:14
230	112	M	45		Chris Snow	Cary NC	231	00:24:31	00:03:47	223	00:49:30	00:02:43	00:17:02	230	00:34:31	01:54:59
231	96	M	41	MC	David Casmer	Raleigh NC	205	00:21:19	00:07:06	190	00:46:14	00:02:41	00:19:28	240	00:38:07	01:55:25
232	520	M	35	NM	Jarret Reynolds	Raleigh NC	139	00:18:00	00:06:27	232	00:52:37	00:02:52	00:19:04	237	00:35:56	01:55:50
233	81	M	43		Robert Heath	Sanford NC	228	00:23:25	00:03:46	231	00:52:04	00:02:52	00:17:41	236	00:35:33	01:57:38
234	515	M	39	NM	Adrian Iapalucci	Southport NC	236	00:26:22	00:04:18	233	00:54:14	00:01:34	00:15:46	219	00:31:45	01:58:11
235	167	M	43	MC	Jack Miller	Henrico VA	245	00:38:38	00:02:35	170	00:45:04	00:01:47	00:15:48	216	00:31:18	01:59:20
236	456	M	30		Ross Mitchell	Myrtle Beach SC	194	00:20:39	00:03:12	246	01:11:20	00:01:09	00:11:59	97	00:23:41	01:59:59
237	440	M	26	C	Bradley Havins	Winston-Salem NC	181	00:19:52	00:03:41	242	01:02:17	00:01:56	00:17:28	234	00:35:14	02:02:58
238	301	M	10		Daniel Buckner	Burgaw NC	197	00:20:53	00:03:09	244	01:03:05	00:02:01	00:15:50	232	00:34:32	02:03:39
239	542	M	34	NM	Brian Canipe	Huntersville NC	247	00:41:32	00:05:04	209	00:47:24	00:02:37	00:15:58	223	00:32:33	02:09:08

240	481	M	49	ZM	Scott Tyson	King George VA	239	00:27:34	00:06:03	238	00:56:58	00:03:06	00:19:00	238	00:36:18	02:09:58	
241	524	M	35	NM	Shane Belcher	Virginia Beach VA	244	00:31:06	00:04:45	234	00:54:59	00:01:24	00:19:22	241	00:38:46	02:10:58	
242	536	M	25	NM	Cory Lotspeich	Greenville NC	248	00:46:56	00:05:03	229	00:51:20	00:02:27	00:12:45	205	00:29:42	02:15:26	
243	545	M	44	PC	Brian Barndt	Wake Forest NC	91	00:16:14	00:06:25	240	00:58:28	00:03:48	00:25:38	245	00:50:45	02:15:37	
244	255	M	44	MC	Matt Russell	Belmont NC	222	00:22:37	00:08:07	239	00:57:28	00:06:19	00:21:34	244	00:43:51	02:18:20	
245	493	M	55	ZM	Keith Smith	Raleigh NC	241	00:28:00	00:05:41	241	01:00:12	00:03:51	00:25:31	246	00:51:42	02:29:24	
246	50	M	43	MC	Sandor Mester	Clarksville MD	246	00:39:30	00:04:20	245	01:03:54	00:02:50	00:21:28	242	00:39:38	02:30:09	
247	11	M	44	MM	Frank Crisafulli	Burgaw NC	249	01:09:02	00:03:02	243	01:03:01	00:02:04	00:15:48	231	00:34:31	00:02:00	02:53:39
248	76	M	22		Ivan Almekinders	Chapel Hill NC	123	00:17:09	00:01:23								
249	464	M	58		Rusty Lookabill	Matthews NC	74	00:15:39	00:02:06								

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