

15k Challenge

Race Date

August 26, 2023

10k Challenge

Female Finishers

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
1	Whitney Foushee	Southern Pines NC	36	1-99	Series Total:	1:15:56.5	18
	CARA Run For Their Lives 5k					24:25.3	11
	CARA Run For Their Lives 10k					51:31.2	7
2	Amy Taylor	Sanford NC	35	1-99	Series Total:	1:17:18.9	18
	CARA Run For Their Lives 5k					24:13.2	9
	CARA Run For Their Lives 10k					53:05.7	9
3	Megan Pitts	Southern Pines NC	38	1-99	Series Total:	1:21:57.6	26
	CARA Run For Their Lives 5k					27:41.6	16
	CARA Run For Their Lives 10k					54:15.9	10
4	Danielle Matos	Cary NC	39	1-99	Series Total:	1:30:58.5	37
	CARA Run For Their Lives 5k					28:15.5	18
	CARA Run For Their Lives 10k					1:02:42.9	19
5	Amanda Austin	Apex NC	40	1-99	Series Total:	1:30:58.9	39
	CARA Run For Their Lives 5k					28:15.7	19
	CARA Run For Their Lives 10k					1:02:43.2	20
6	Jennifer Ralston	Raleigh NC	41	1-99	Series Total:	1:32:20.0	40
	CARA Run For Their Lives 5k					30:08.3	23
	CARA Run For Their Lives 10k					1:02:11.6	17
7	Molly A Copelin	Wendell NC	47	1-99	Series Total:	1:34:10.4	44
	CARA Run For Their Lives 5k					30:01.2	22
	CARA Run For Their Lives 10k					1:04:09.1	22
8	Beverly Nestor	Sanford NC	52	1-99	Series Total:	1:43:21.0	50
	CARA Run For Their Lives 5k					31:28.0	24
	CARA Run For Their Lives 10k					1:11:53.0	26
9	Elizabeth Schwemmer	Cameron NC	44	1-99	Series Total:	1:46:23.8	57
	CARA Run For Their Lives 5k					34:01.6	30
	CARA Run For Their Lives 10k					1:12:22.2	27
10	Kristin Recknagel	Sanford NC	34	1-99	Series Total:	1:50:22.5	61
	CARA Run For Their Lives 5k					36:24.1	33
	CARA Run For Their Lives 10k					1:13:58.3	28
11	Laurie Matecki	Sanford NC	40	1-99	Series Total:	1:51:00.9	60
	CARA Run For Their Lives 5k					32:43.2	27
	CARA Run For Their Lives 10k					1:18:17.6	33
12	Amber Guevara	Fayetteville NC	42	1-99	Series Total:	1:52:11.1	63
	CARA Run For Their Lives 5k					34:25.2	32
	CARA Run For Their Lives 10k					1:17:45.9	31
13	Tabitha Kinnerson	Fayetteville NC	43	1-99	Series Total:	2:19:42.3	73
	CARA Run For Their Lives 5k					40:22.7	37
	CARA Run For Their Lives 10k					1:39:19.6	36
14	Olivia Sims	Sanford NC	33	1-99	Series Total:	2:28:12.3	80
	CARA Run For Their Lives 5k					48:07.0	43

*Overall Place

15k Challenge

Race Date

August 26, 2023

10k Challenge

Female Finishers

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
15	Olivia Sims	Sanford NC	33	1-99	Series Total:	2:28:12.3	80
	CARA Run For Their Lives 10k					1:40:05.2	37
15	Siobhan Anglea	Fayetteville NC	10	1-99	Series Total:	2:31:54.5	75
	CARA Run For Their Lives 5k					40:22.6	36
	CARA Run For Their Lives 10k					1:51:31.8	39
16	Karina Anglea	Fayetteville NC	36	1-99	Series Total:	2:32:06.8	75
	CARA Run For Their Lives 5k					40:21.9	35
	CARA Run For Their Lives 10k					1:51:44.9	40
17	Melanie Criswell	Linden NC	39	1-99	Series Total:	2:32:26.8	78
	CARA Run For Their Lives 5k					42:46.5	40
	CARA Run For Their Lives 10k					1:49:40.3	38

*Overall Place

15k Challenge

Race Date

August 26, 2023

10k Challenge

Male Finishers

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
1	Michael Koballa	Summerfield NC	35	1-99	Series Total:	53:57.2	2
	CARA Run For Their Lives 5k					17:00.5	1
	CARA Run For Their Lives 10k					36:56.6	1
2	Antonio Mendez	Holly Springs NC	41	1-99	Series Total:	1:06:23.0	7
	CARA Run For Their Lives 5k					20:43.2	4
	CARA Run For Their Lives 10k					45:39.7	3
3	Thomas Stotzer	Raleigh NC	26	1-99	Series Total:	1:08:56.2	7
	CARA Run For Their Lives 5k					19:23.9	2
	CARA Run For Their Lives 10k					49:32.2	5
4	James Taylor	Sanford NC	36	1-99	Series Total:	1:12:00.9	11
	CARA Run For Their Lives 5k					23:03.6	7
	CARA Run For Their Lives 10k					48:57.2	4
5	Warren Daniels	Hickory NC	21	1-99	Series Total:	1:12:23.8	12
	CARA Run For Their Lives 5k					22:43.7	6
	CARA Run For Their Lives 10k					49:40.0	6
6	John Dallas	Fayetteville NC	41	1-99	Series Total:	1:15:52.3	15
	CARA Run For Their Lives 5k					19:48.0	3
	CARA Run For Their Lives 10k					56:04.2	12
7	Tyler Long	Holly Springs NC	35	1-99	Series Total:	1:18:08.7	20
	CARA Run For Their Lives 5k					25:03.7	12
	CARA Run For Their Lives 10k					53:05.0	8
8	Steven Guevara	Fayetteville NC	37	1-99	Series Total:	1:19:13.7	19
	CARA Run For Their Lives 5k					23:44.2	8
	CARA Run For Their Lives 10k					55:29.4	11
9	Sheridan Iroegbu		28	1-99	Series Total:	1:20:32.9	21
	CARA Run For Their Lives 5k					22:04.9	5
	CARA Run For Their Lives 10k					58:28.0	16
10	John Pitts	Southern Pines NC	39	1-99	Series Total:	1:22:06.7	25
	CARA Run For Their Lives 5k					24:14.3	10
	CARA Run For Their Lives 10k					57:52.3	15
11	Seth Downen	Sanford NC	39	1-99	Series Total:	1:22:34.8	26
	CARA Run For Their Lives 5k					25:56.7	13
	CARA Run For Their Lives 10k					56:38.1	13
12	Jordan Recknagel	Sanford NC	40	1-99	Series Total:	1:24:17.2	28
	CARA Run For Their Lives 5k					26:46.8	14
	CARA Run For Their Lives 10k					57:30.4	14
13	Eduardo Santos	Sanford NC	29	1-99	Series Total:	1:27:09.5	43
	CARA Run For Their Lives 5k					44:08.4	41
	CARA Run For Their Lives 10k					43:01.0	2
14	Patrick Mace	Sanford NC	54	1-99	Series Total:	1:30:30.9	35
	CARA Run For Their Lives 5k					27:53.8	17

*Overall Place

15k Challenge

Race Date

August 26, 2023

10k Challenge

Male Finishers

<u>Place</u>	<u>Name / Race</u>	<u>City / State</u>	<u>Age</u>	<u>Age Group</u>		<u>Time</u>	<u>Place*</u>
15	Patrick Mace	Sanford NC	54	1-99	Series Total:	1:30:30.9	35
	CARA Run For Their Lives 10k					1:02:37.1	18
15	Gary Mcneely		58	1-99	Series Total:	1:31:48.9	41
	CARA Run For Their Lives 5k					28:17.5	20
	CARA Run For Their Lives 10k					1:03:31.4	21
16	Blake Baur	Sanford NC	34	1-99	Series Total:	1:35:50.3	40
	CARA Run For Their Lives 5k					27:15.7	15
	CARA Run For Their Lives 10k					1:08:34.6	25
17	Jackson Stone	Foxboro MA	24	1-99	Series Total:	1:41:35.2	55
	CARA Run For Their Lives 5k					34:12.5	31
	CARA Run For Their Lives 10k					1:07:22.6	24
18	Sean Blankert	Raleigh NC	54	1-99	Series Total:	1:42:54.7	50
	CARA Run For Their Lives 5k					28:46.7	21
	CARA Run For Their Lives 10k					1:14:08.0	29
19	Paul Starling	Dunn NC	56	1-99	Series Total:	1:47:40.0	58
	CARA Run For Their Lives 5k					32:46.4	28
	CARA Run For Their Lives 10k					1:14:53.5	30
20	Alex Thomas	Broadway NC	10	1-99	Series Total:	1:50:08.9	60
	CARA Run For Their Lives 5k					31:50.2	26
	CARA Run For Their Lives 10k					1:18:18.7	34
21	Nikolas Valerio	Sanford NC	35	1-99	Series Total:	1:50:29.8	65
	CARA Run For Their Lives 5k					44:12.0	42
	CARA Run For Their Lives 10k					1:06:17.7	23
22	Kevin Thomas	Broadway NC	48	1-99	Series Total:	1:51:57.7	64
	CARA Run For Their Lives 5k					33:38.0	29
	CARA Run For Their Lives 10k					1:18:19.6	35
23	Justin Hughes	Sanford NC	33	1-99	Series Total:	1:58:44.5	70
	CARA Run For Their Lives 5k					40:47.7	38
	CARA Run For Their Lives 10k					1:17:56.8	32

*Overall Place