

Shepherds Lake 5K & 1M CC Run

Race Date
May 07, 2016

Final Team Results

SL5K

Class - F Female

Overall Cumulative

| <u>Bib No</u> | <u>Name</u> | <u>City</u> | | | <u>Time</u> |
|---------------|-------------|-------------|--|--|-------------|
|---------------|-------------|-------------|--|--|-------------|

Team - Girls Gone Running

Finish Position - 1

Team Score (times): 1:25:01.39

| | | | | | | |
|---|-----|----------------|-------------|-----|-----|----------|
| 1 | 190 | Laurie Wallace | Ringwood NJ | 83 | 83 | 26:02.00 |
| 2 | 183 | Melissa Tocci | Lodi NJ | 107 | 190 | 27:21.39 |
| 3 | 153 | Lori Sahanas | Wanaque NJ | 156 | 346 | 31:38.00 |

Team - Road Runners

Finish Position - 2

Team Score (times): 1:32:28.98

| | | | | | | |
|---|-----|-------------------|-------------|-----|-----|----------|
| 1 | 3 | Renee Amoruso | Ringwood NJ | 114 | 114 | 27:59.56 |
| 2 | 118 | Cristina Newarski | Ringwood NJ | 127 | 241 | 29:14.94 |
| 3 | 107 | Colleen McMaster | Oakland NJ | 184 | 425 | 35:14.48 |

Team - Red Rockers

Finish Position - Inc.

Team Score (times):

| | | | | | | |
|---|-----|------------------|-------------|----|-----|----------|
| 1 | 105 | Julia McCormick | Ringwood NJ | 49 | 49 | 23:58.78 |
| 2 | 106 | Olivia McCormick | Ringwood NJ | 76 | 125 | 25:50.21 |

Shepherds Lake 5K & 1M CC Run

Race Date
May 07, 2016

Final Team Results

SL5K

Class - M Male

Overall Cumulative

Bib No Name City Time

Team - Warriors

Finish Position - 1

Team Score (times): 1:09:59.01

| | | | | | | |
|---|-----|-----------------|-------------|----|-----|----------|
| 1 | 29 | Jimmy Catalioto | Ringwood NJ | 33 | 33 | 22:57.48 |
| 2 | 123 | Carter Pagan | Ringwood NJ | 36 | 69 | 23:15.90 |
| 3 | 80 | Brian Kincaid | Ringwood NJ | 43 | 112 | 23:45.63 |

Team - Rampage

Finish Position - 2

Team Score (times): 1:10:04.74

| | | | | | | |
|---|----|----------------|-------------|----|-----|----------|
| 1 | 16 | Zachary Boorse | Ringwood NJ | 22 | 22 | 22:20.89 |
| 2 | 50 | Dylan Fedele | Ringwood NJ | 38 | 60 | 23:25.73 |
| 3 | 8 | Ryan Arriaza | Ringwood NJ | 55 | 115 | 24:18.12 |

Team - Revolution

Finish Position - 3

Team Score (times): 1:11:04.70

| | | | | | | |
|---|-----|-----------------|-------------|----|-----|----------|
| 1 | 164 | Luke Scochemaro | Ringwood NJ | 24 | 24 | 22:26.08 |
| 2 | 198 | Pawel Zauter | Ringwood NJ | 54 | 78 | 24:11.90 |
| 3 | 92 | Ethan Lehr | Ringwood NJ | 57 | 135 | 24:26.72 |

Team - Ringwood Raptors

Finish Position - 4

Team Score (times): 1:20:50.89

| | | | | | | |
|---|-----|---------------|-------------|-----|-----|----------|
| 1 | 170 | Timmy Siegel | Ringwood NJ | 39 | 39 | 23:34.19 |
| 2 | 140 | Joey Ribitzki | Ringwood NJ | 89 | 128 | 26:18.97 |
| 3 | 42 | Connor Dunn | Ringwood NJ | 146 | 274 | 30:57.73 |

Team - U9 Raiders

Finish Position - 5

Team Score (times): 1:26:42.39

| | | | | | | |
|---|-----|----------------|-------------|-----|-----|----------|
| 1 | 151 | Tyler Roughton | Ringwood NJ | 100 | 100 | 26:53.30 |
| 2 | 102 | Parker Martin | Ringwood NJ | 131 | 231 | 29:49.93 |
| 3 | 76 | Declan Kelly | Ringwood NJ | 133 | 364 | 29:59.16 |