

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female Overall Winners

| <u>Place</u> | <u>Place</u>   |                    | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             |             | <u>----- 10K -----</u> |             |             | <u>Total</u> |             |
|--------------|----------------|--------------------|------------|---------------|----------------------------|-------------|-------------|------------------------|-------------|-------------|--------------|-------------|
|              | <u>Overall</u> | <u>Name</u>        |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>             | <u>Time</u> | <u>Pace</u> | <u>Time</u>  | <u>Pace</u> |
| 1            | 1              | Courtney Broussard | 22         | 682           | 1                          | 19:26.8     | 6:16        | 1                      | 20:27.8     | 6:36        | 39:54.6      | 6:26/M      |
| 2            | 2              | Patty Armond       | 37         | 237           | 2                          | 21:24.1     | 6:54        | 3                      | 21:07.8     | 6:49        | 42:31.9      | 6:51/M      |
| 3            | 3              | Kate Rountree      | 36         | 734           | 3                          | 21:29.7     | 6:56        | 4                      | 21:16.2     | 6:52        | 42:45.9      | 6:54/M      |
| 4            | 4              | Leah Kaisler       | 24         | 1124          | 4                          | 22:00.1     | 7:06        | 2                      | 21:07.0     | 6:49        | 43:07.2      | 6:57/M      |
| 5            | 5              | Lauren Breaux      | 27         | 1068          | 5                          | 22:35.6     | 7:17        | 5                      | 22:56.0     | 7:24        | 45:31.6      | 7:20/M      |

#### Female Masters Winners

| <u>Place</u> | <u>Place</u>   |                | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             |             | <u>----- 10K -----</u> |             |             | <u>Total</u> |             |
|--------------|----------------|----------------|------------|---------------|----------------------------|-------------|-------------|------------------------|-------------|-------------|--------------|-------------|
|              | <u>Overall</u> | <u>Name</u>    |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>             | <u>Time</u> | <u>Pace</u> | <u>Time</u>  | <u>Pace</u> |
| 1            | 6              | Lindsay Legnon | 42         | 543           | 1                          | 22:57.0     | 7:24        | 1                      | 22:43.3     | 7:20        | 45:40.4      | 7:22/M      |

#### Female Grand Masters Winners

| <u>Place</u> | <u>Place</u>   |                   | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             |             | <u>----- 10K -----</u> |             |             | <u>Total</u> |             |
|--------------|----------------|-------------------|------------|---------------|----------------------------|-------------|-------------|------------------------|-------------|-------------|--------------|-------------|
|              | <u>Overall</u> | <u>Name</u>       |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>             | <u>Time</u> | <u>Pace</u> | <u>Time</u>  | <u>Pace</u> |
| 1            | 17             | Jennifer Castille | 58         | 817           | 1                          | 24:11.7     | 7:48        | 1                      | 24:09.1     | 7:47        | 48:20.8      | 7:48/M      |

#### Female Senior Grand Master Winners

| <u>Place</u> | <u>Place</u>   |              | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             |             | <u>----- 10K -----</u> |             |             | <u>Total</u> |             |
|--------------|----------------|--------------|------------|---------------|----------------------------|-------------|-------------|------------------------|-------------|-------------|--------------|-------------|
|              | <u>Overall</u> | <u>Name</u>  |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>             | <u>Time</u> | <u>Pace</u> | <u>Time</u>  | <u>Pace</u> |
| 1            | 71             | Mitzi Eastin | 63         | 478           | 1                          | 27:04.1     | 8:44        | 1                      | 26:17.1     | 8:29        | 53:21.2      | 8:36/M      |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

Race Date  
November 10, 2018

#### Female 1 to 9

| Place |         |                 | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|-----------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name            | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 557     | Juliette Dupont | 7                   | 1089   | 1   | 46:50.4 | 15:06 | 1               | 45:18.8 | 14:37 | 1:32:09.2 | 14:52/M |

#### Female 10 to 14

| Place |         |                     | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|---------------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name                | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 54      | Grace Champeaux     | 13                  | 413    | 1   | 25:07.5 | 8:06  | 1               | 26:34.4 | 8:34  | 51:42.0   | 8:20/M  |
| 2     | 65      | Catherine Coreil    | 13                  | 516    | 2   | 25:23.6 | 8:11  | 2               | 27:14.5 | 8:47  | 52:38.1   | 8:29/M  |
| 3     | 77      | Kaitlyn Self        | 13                  | 635    | 3   | 26:00.9 | 8:23  | 3               | 28:02.2 | 9:03  | 54:03.1   | 8:43/M  |
| 4     | 93      | Ellianna Desormeaux | 12                  | 1132   | 4   | 26:17.9 | 8:29  | 4               | 29:02.8 | 9:22  | 55:20.7   | 8:55/M  |
| 5     | 197     | Erin Burnum         | 13                  | 488    | 5   | 29:21.9 | 9:28  | 5               | 31:27.7 | 10:09 | 1:00:49.7 | 9:49/M  |
| 6     | 463     | Kaye Leigh Lavergne | 14                  | 511    | 6   | 37:35.8 | 12:07 | 6               | 38:03.7 | 12:16 | 1:15:39.6 | 12:12/M |

#### Female 15 to 19

| Place |         |                 | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|-----------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name            | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 74      | Ashley Immel    | 19                  | 513    | 1   | 26:23.5 | 8:31  | 1               | 27:05.2 | 8:44  | 53:28.7   | 8:37/M  |
| 2     | 207     | Abby Robertson  | 17                  | 295    | 2   | 30:47.1 | 9:56  | 2               | 30:32.9 | 9:51  | 1:01:20.0 | 9:54/M  |
| 3     | 277     | Emma Lebouef    | 16                  | 257    | 3   | 32:39.0 | 10:32 | 3               | 31:55.7 | 10:18 | 1:04:34.7 | 10:25/M |
| 4     | 359     | Jada Venable    | 17                  | 984    | 4   | 33:21.5 | 10:45 | 4               | 35:35.8 | 11:29 | 1:08:57.3 | 11:07/M |
| 5     | 381     | Madison Bourque | 18                  | 803    | 5   | 34:04.3 | 10:59 | 5               | 36:16.4 | 11:42 | 1:10:20.8 | 11:21/M |
| 6     | 522     | Mia Formby      | 16                  | 1082   | 6   | 39:50.8 | 12:51 | 6               | 42:59.6 | 13:52 | 1:22:50.5 | 13:22/M |

#### Female 20 to 24

| Place |         |                   | -----5K Split ----- |        |     |         |      | ----- 10K ----- |         |      | Total   |        |
|-------|---------|-------------------|---------------------|--------|-----|---------|------|-----------------|---------|------|---------|--------|
| Place | Overall | Name              | Age                 | Bib No | Rnk | Time    | Pace | Rnk             | Time    | Pace | Time    | Pace   |
| 1     | 9       | Kali Calkins      | 22                  | 588    | 1   | 23:34.2 | 7:36 | 1               | 22:55.0 | 7:24 | 46:29.2 | 7:30/M |
| 2     | 34      | Hannah Daniel     | 21                  | 1079   | 2   | 24:41.4 | 7:58 | 4               | 25:35.8 | 8:15 | 50:17.3 | 8:07/M |
| 3     | 41      | Katelyn Donald    | 21                  | 344    | 4   | 25:32.4 | 8:14 | 3               | 25:21.6 | 8:11 | 50:54.0 | 8:13/M |
| 4     | 44      | Bree Higginbotham | 24                  | 111    | 5   | 26:03.0 | 8:24 | 2               | 25:01.7 | 8:04 | 51:04.8 | 8:14/M |
| 5     | 50      | Rachel Hebert     | 20                  | 427    | 3   | 25:26.9 | 8:12 | 5               | 26:03.8 | 8:24 | 51:30.8 | 8:18/M |
| 6     | 88      | Mallory Runner    | 20                  | 277    | 6   | 27:25.2 | 8:51 | 6               | 27:33.1 | 8:53 | 54:58.3 | 8:52/M |
| 7     | 90      | Macy Miller       | 23                  | 922    | 7   | 27:28.8 | 8:52 | 7               | 27:34.3 | 8:54 | 55:03.1 | 8:53/M |
| 8     | 118     | Hannah Dardar     | 22                  | 1008   | 12  | 29:17.7 | 9:27 | 8               | 27:37.0 | 8:55 | 56:54.7 | 9:11/M |
| 9     | 134     | Katherine Kilgore | 23                  | 243    | 9   | 28:51.0 | 9:18 | 10              | 29:02.0 | 9:22 | 57:53.1 | 9:20/M |
| 10    | 137     | Chasity Potier    | 24                  | 299    | 10  | 28:56.9 | 9:20 | 9               | 28:58.2 | 9:21 | 57:55.1 | 9:20/M |
| 11    | 152     | Katherine Faul    | 24                  | 838    | 11  | 29:05.2 | 9:23 | 11              | 29:12.6 | 9:25 | 58:17.9 | 9:24/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 20 to 24

| Place | Place   |                    | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|--------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name               |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 12    | 167     | Megan Farnsworth   | 23  | 273    | 13                  | 30:05.6 | 9:42  | 12              | 29:22.8 | 9:28  | 59:28.4   | 9:35/M  |
| 13    | 188     | Caroline Rhoades   | 24  | 1173   | 8                   | 27:46.8 | 8:57  | 17              | 32:45.2 | 10:34 | 1:00:32.0 | 9:46/M  |
| 14    | 201     | Mia Quebedeaux     | 24  | 364    | 14                  | 30:26.2 | 9:49  | 13              | 30:42.8 | 9:54  | 1:01:09.1 | 9:52/M  |
| 15    | 228     | Morgan Angelle     | 23  | 1036   | 15                  | 30:26.4 | 9:49  | 15              | 31:49.5 | 10:16 | 1:02:16.0 | 10:03/M |
| 16    | 254     | Ra-Shawn Lewis     | 23  | 1070   | 17                  | 31:11.2 | 10:04 | 16              | 32:09.4 | 10:22 | 1:03:20.6 | 10:13/M |
| 17    | 275     | Angelique Bieri    | 21  | 745    | 16                  | 30:45.5 | 9:55  | 22              | 33:44.4 | 10:53 | 1:04:30.0 | 10:24/M |
| 18    | 291     | Maci Quebedeaux    | 20  | 530    | 24                  | 33:24.3 | 10:46 | 14              | 31:48.1 | 10:15 | 1:05:12.5 | 10:31/M |
| 19    | 298     | Brittany King      | 24  | 887    | 20                  | 32:27.4 | 10:28 | 18              | 33:08.5 | 10:41 | 1:05:36.0 | 10:35/M |
| 20    | 300     | Morgan Dennis      | 23  | 75     | 18                  | 31:31.7 | 10:10 | 23              | 34:07.7 | 11:00 | 1:05:39.4 | 10:35/M |
| 21    | 322     | Victoria Culotta   | 22  | 317    | 21                  | 33:06.5 | 10:41 | 20              | 33:35.9 | 10:50 | 1:06:42.5 | 10:45/M |
| 22    | 326     | Ashley Ramirez     | 22  | 174    | 22                  | 33:14.7 | 10:43 | 19              | 33:35.4 | 10:50 | 1:06:50.1 | 10:47/M |
| 23    | 329     | Hannah McMillan    | 22  | 731    | 23                  | 33:23.4 | 10:46 | 21              | 33:36.4 | 10:50 | 1:06:59.9 | 10:48/M |
| 24    | 340     | Alyssa Romero      | 20  | 166    | 19                  | 32:15.7 | 10:24 | 27              | 35:38.2 | 11:30 | 1:07:53.9 | 10:57/M |
| 25    | 347     | Shannon Robertson  | 21  | 256    | 25                  | 33:26.9 | 10:47 | 26              | 34:46.2 | 11:13 | 1:08:13.1 | 11:00/M |
| 26    | 364     | Sara Crockett      | 21  | 1183   | 26                  | 34:47.6 | 11:13 | 25              | 34:26.2 | 11:06 | 1:09:13.8 | 11:10/M |
| 27    | 365     | Ali Hebert         | 21  | 1184   | 27                  | 34:48.0 | 11:14 | 24              | 34:25.9 | 11:06 | 1:09:14.0 | 11:10/M |
| 28    | 428     | Courtnie Richard   | 20  | 330    | 28                  | 37:37.3 | 12:08 | 28              | 36:11.7 | 11:40 | 1:13:49.0 | 11:54/M |
| 29    | 454     | Kaylee Daniels     | 21  | 321    | 29                  | 37:40.5 | 12:09 | 29              | 37:15.8 | 12:01 | 1:14:56.3 | 12:05/M |
| 30    | 473     | Haley Delahoussaye | 22  | 582    | 30                  | 37:54.3 | 12:14 | 30              | 38:33.8 | 12:26 | 1:16:28.1 | 12:20/M |
| 31    | 540     | Abbigail Wilson    | 21  | 1041   | 31                  | 43:22.9 | 13:59 | 31              | 44:09.5 | 14:15 | 1:27:32.4 | 14:07/M |

#### Female 25 to 29

| Place | Place   |                     | Age | Bib No | -----5K Split ----- |         |      | ----- 10K ----- |         |      | Total   |        |
|-------|---------|---------------------|-----|--------|---------------------|---------|------|-----------------|---------|------|---------|--------|
|       | Overall | Name                |     |        | Rnk                 | Time    | Pace | Rnk             | Time    | Pace | Time    | Pace   |
| 1     | 19      | Ellie Bernstein     | 27  | 621    | 2                   | 24:46.2 | 7:59 | 1               | 24:07.4 | 7:47 | 48:53.7 | 7:53/M |
| 2     | 26      | Marci Hargroder     | 27  | 227    | 1                   | 24:32.9 | 7:55 | 2               | 24:38.9 | 7:57 | 49:11.8 | 7:56/M |
| 3     | 39      | Clarissa Randel     | 27  | 494    | 3                   | 25:07.5 | 8:06 | 3               | 25:27.0 | 8:13 | 50:34.5 | 8:09/M |
| 4     | 55      | Michon Delahoussaye | 29  | 828    | 4                   | 25:22.4 | 8:11 | 4               | 26:29.0 | 8:33 | 51:51.5 | 8:22/M |
| 5     | 63      | Sara Diliberto      | 29  | 507    | 5                   | 25:49.7 | 8:20 | 6               | 26:45.1 | 8:38 | 52:34.8 | 8:29/M |
| 6     | 82      | Katie Green         | 27  | 346    | 10                  | 27:54.5 | 9:00 | 5               | 26:31.8 | 8:33 | 54:26.3 | 8:47/M |
| 7     | 85      | Mallory Barnes      | 29  | 319    | 6                   | 27:27.8 | 8:51 | 8               | 27:22.0 | 8:50 | 54:49.8 | 8:50/M |
| 8     | 87      | Lauren Shepherd     | 28  | 1083   | 8                   | 27:36.7 | 8:54 | 7               | 27:16.9 | 8:48 | 54:53.7 | 8:51/M |
| 9     | 91      | Paige Thibodeaux    | 27  | 307    | 9                   | 27:49.2 | 8:58 | 9               | 27:23.6 | 8:50 | 55:12.9 | 8:54/M |
| 10    | 103     | Adelle Meche        | 26  | 758    | 7                   | 27:34.5 | 8:54 | 11              | 28:20.0 | 9:08 | 55:54.5 | 9:01/M |
| 11    | 128     | Katrina Sullivan    | 28  | 195    | 16                  | 29:13.3 | 9:25 | 12              | 28:26.2 | 9:10 | 57:39.6 | 9:18/M |
| 12    | 130     | Alexandra Stanley   | 27  | 410    | 21                  | 29:47.1 | 9:36 | 10              | 27:55.5 | 9:00 | 57:42.6 | 9:18/M |
| 13    | 131     | Desirae Richard     | 29  | 91     | 12                  | 28:52.0 | 9:19 | 14              | 28:54.7 | 9:19 | 57:46.8 | 9:19/M |
| 14    | 145     | Hanna Treece        | 29  | 982    | 11                  | 28:20.7 | 9:08 | 17              | 29:44.2 | 9:35 | 58:04.9 | 9:22/M |
| 15    | 153     | Bailey Billeaudeau  | 28  | 752    | 19                  | 29:44.5 | 9:35 | 13              | 28:39.4 | 9:15 | 58:24.0 | 9:25/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Female 25 to 29

| Place | Place   |                     | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|---------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 16    | 155     | Lyndsey Hargrove    | 28  | 862    | 13                  | 28:58.9 | 9:21  | 16              | 29:27.2 | 9:30  | 58:26.1   | 9:25/M  |
| 17    | 162     | Gretchen Leger      | 27  | 1037   | 15                  | 29:12.3 | 9:25  | 20              | 30:03.6 | 9:42  | 59:16.0   | 9:34/M  |
| 18    | 170     | Brittany Thousand   | 27  | 287    | 23                  | 30:25.6 | 9:49  | 15              | 29:19.9 | 9:27  | 59:45.5   | 9:38/M  |
| 19    | 172     | Tamara Goodyear     | 27  | 262    | 22                  | 29:47.2 | 9:36  | 19              | 30:02.3 | 9:41  | 59:49.5   | 9:39/M  |
| 20    | 186     | Kali Kasper         | 27  | 520    | 14                  | 29:05.9 | 9:23  | 24              | 31:19.0 | 10:06 | 1:00:25.0 | 9:45/M  |
| 21    | 194     | Gaelle Massart      | 29  | 915    | 18                  | 29:43.4 | 9:35  | 21              | 30:59.4 | 10:00 | 1:00:42.8 | 9:47/M  |
| 22    | 208     | Blair Broussard     | 27  | 703    | 28                  | 31:25.9 | 10:08 | 18              | 29:56.4 | 9:39  | 1:01:22.3 | 9:54/M  |
| 23    | 224     | Emily Turner        | 26  | 301    | 20                  | 29:44.5 | 9:35  | 27              | 32:11.5 | 10:23 | 1:01:56.0 | 9:59/M  |
| 24    | 230     | Elizabeth White     | 29  | 212    | 25                  | 31:03.1 | 10:01 | 22              | 31:17.4 | 10:05 | 1:02:20.6 | 10:03/M |
| 25    | 231     | Caroline Nickel     | 26  | 201    | 26                  | 31:03.3 | 10:01 | 23              | 31:17.5 | 10:05 | 1:02:20.9 | 10:03/M |
| 26    | 249     | April Jackson       | 29  | 707    | 27                  | 31:20.8 | 10:06 | 25              | 31:54.2 | 10:17 | 1:03:15.1 | 10:12/M |
| 27    | 256     | Megan Richard       | 27  | 1064   | 24                  | 31:01.9 | 10:00 | 28              | 32:22.0 | 10:26 | 1:03:23.9 | 10:13/M |
| 28    | 289     | Valerie Saunders    | 28  | 958    | 29                  | 32:19.4 | 10:25 | 29              | 32:49.7 | 10:35 | 1:05:09.2 | 10:30/M |
| 29    | 290     | Katie Langlinais    | 27  | 474    | 35                  | 33:00.6 | 10:39 | 26              | 32:09.9 | 10:22 | 1:05:10.6 | 10:31/M |
| 30    | 293     | Kylee Kern          | 29  | 105    | 31                  | 32:28.8 | 10:28 | 30              | 32:52.6 | 10:36 | 1:05:21.4 | 10:32/M |
| 31    | 302     | Elizabeth Ledoux    | 28  | 1022   | 17                  | 29:16.8 | 9:26  | 40              | 36:24.3 | 11:45 | 1:05:41.1 | 10:36/M |
| 32    | 305     | Krystina Stein      | 25  | 626    | 30                  | 32:20.3 | 10:26 | 31              | 33:26.2 | 10:47 | 1:05:46.6 | 10:36/M |
| 33    | 320     | Katie Debaillon     | 27  | 473    | 34                  | 33:00.4 | 10:39 | 32              | 33:30.5 | 10:48 | 1:06:30.9 | 10:44/M |
| 34    | 323     | Halie Richard       | 28  | 1189   | 32                  | 32:48.2 | 10:35 | 33              | 33:56.6 | 10:57 | 1:06:44.8 | 10:46/M |
| 35    | 336     | Aimee Couvillon     | 25  | 762    | 33                  | 32:51.9 | 10:36 | 35              | 34:39.3 | 11:11 | 1:07:31.3 | 10:53/M |
| 36    | 343     | Stacy Calhoun       | 27  | 191    | 36                  | 33:41.2 | 10:52 | 34              | 34:24.1 | 11:06 | 1:08:05.4 | 10:59/M |
| 37    | 366     | Katelyn Dekerlegand | 26  | 1169   | 38                  | 34:06.4 | 11:00 | 36              | 35:08.9 | 11:20 | 1:09:15.4 | 11:10/M |
| 38    | 368     | Monte Morris        | 27  | 504    | 37                  | 33:55.1 | 10:56 | 37              | 35:22.1 | 11:25 | 1:09:17.2 | 11:10/M |
| 39    | 383     | Katrena Porter      | 28  | 940    | 39                  | 34:15.6 | 11:03 | 39              | 36:18.1 | 11:43 | 1:10:33.8 | 11:23/M |
| 40    | 401     | Grace Heil          | 28  | 701    | 42                  | 35:42.2 | 11:31 | 41              | 36:28.0 | 11:46 | 1:12:10.2 | 11:38/M |
| 41    | 402     | Maggie Bihm         | 28  | 343    | 40                  | 35:13.0 | 11:22 | 42              | 36:57.8 | 11:55 | 1:12:10.9 | 11:38/M |
| 42    | 418     | Brittany Broussard  | 29  | 261    | 41                  | 35:31.3 | 11:27 | 46              | 37:43.3 | 12:10 | 1:13:14.6 | 11:49/M |
| 43    | 422     | Natalie Adams       | 28  | 1015   | 43                  | 35:50.5 | 11:34 | 45              | 37:30.2 | 12:06 | 1:13:20.7 | 11:50/M |
| 44    | 425     | Caki Russo          | 26  | 679    | 44                  | 36:22.7 | 11:44 | 43              | 37:09.1 | 11:59 | 1:13:31.8 | 11:51/M |
| 45    | 430     | Jayme Landry        | 25  | 894    | 46                  | 36:33.9 | 11:47 | 44              | 37:20.6 | 12:03 | 1:13:54.5 | 11:55/M |
| 46    | 464     | Hollie Montet       | 28  | 106    | 47                  | 36:59.1 | 11:56 | 47              | 38:40.9 | 12:28 | 1:15:40.1 | 12:12/M |
| 47    | 468     | Taylor Broussard    | 25  | 198    | 45                  | 36:30.8 | 11:46 | 48              | 39:33.5 | 12:45 | 1:16:04.4 | 12:16/M |
| 48    | 476     | Amanda Owen         | 26  | 934    | 48                  | 37:07.8 | 11:58 | 49              | 39:35.5 | 12:46 | 1:16:43.3 | 12:22/M |
| 49    | 509     | Alexandra Dardar    | 25  | 574    | 49                  | 40:05.7 | 12:56 | 50              | 40:27.4 | 13:03 | 1:20:33.2 | 13:00/M |
| 50    | 523     | Nicole Ward         | 29  | 63     | 55                  | 47:06.7 | 15:12 | 38              | 36:15.2 | 11:42 | 1:23:22.0 | 13:27/M |
| 51    | 525     | Ashley Olivier      | 26  | 1519   | 50                  | 40:42.7 | 13:08 | 52              | 43:30.2 | 14:02 | 1:24:13.0 | 13:35/M |
| 52    | 529     | Nicole Leblanc      | 29  | 577    | 51                  | 41:07.4 | 13:16 | 53              | 43:46.2 | 14:07 | 1:24:53.6 | 13:41/M |
| 53    | 534     | Nyesha Trusty       | 27  | 585    | 54                  | 42:59.3 | 13:52 | 51              | 43:04.3 | 13:54 | 1:26:03.6 | 13:53/M |
| 54    | 539     | Katie Linkhart      | 27  | 153    | 53                  | 42:16.2 | 13:38 | 54              | 45:16.2 | 14:36 | 1:27:32.4 | 14:07/M |
| 55    | 547     | Justine Champagne   | 29  | 403    | 52                  | 41:14.0 | 13:18 | 55              | 47:23.4 | 15:17 | 1:28:37.4 | 14:18/M |
| 56    | 567     | Tyne Brooks         | 26  | 769    | 56                  | 48:33.2 | 15:40 | 56              | 48:21.6 | 15:36 | 1:36:54.8 | 15:38/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 30 to 34

| Place | Place   |                     | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|---------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 11      | Elizabeth Blum      | 33  | 424    | 1                   | 22:34.7 | 7:17  | 2               | 23:58.1 | 7:44  | 46:32.9   | 7:30/M  |
| 2     | 14      | Hallie Coreil       | 32  | 823    | 3                   | 24:12.0 | 7:48  | 1               | 23:50.7 | 7:41  | 48:02.8   | 7:45/M  |
| 3     | 21      | Mary Stanford       | 34  | 248    | 2                   | 24:11.4 | 7:48  | 6               | 24:47.9 | 8:00  | 48:59.3   | 7:54/M  |
| 4     | 25      | Nicole Aucoin       | 34  | 533    | 4                   | 24:22.5 | 7:52  | 5               | 24:46.1 | 7:59  | 49:08.7   | 7:55/M  |
| 5     | 32      | Elli Bourque        | 34  | 802    | 5                   | 24:41.3 | 7:58  | 9               | 25:20.3 | 8:10  | 50:01.6   | 8:04/M  |
| 6     | 33      | Jessica Rogers      | 31  | 1517   | 7                   | 26:02.2 | 8:24  | 3               | 24:12.4 | 7:48  | 50:14.6   | 8:06/M  |
| 7     | 38      | Laina Simon         | 34  | 962    | 8                   | 26:06.6 | 8:25  | 4               | 24:26.2 | 7:53  | 50:32.9   | 8:09/M  |
| 8     | 47      | Renee Langlinois    | 34  | 609    | 6                   | 25:03.9 | 8:05  | 10              | 26:11.1 | 8:27  | 51:15.0   | 8:16/M  |
| 9     | 49      | Jennifer Lagrange   | 33  | 573    | 9                   | 26:14.5 | 8:28  | 8               | 25:05.5 | 8:05  | 51:20.0   | 8:17/M  |
| 10    | 60      | Sophie Guidry       | 31  | 188    | 13                  | 27:21.2 | 8:49  | 7               | 24:50.2 | 8:01  | 52:11.4   | 8:25/M  |
| 11    | 61      | Reesa Bazar         | 32  | 783    | 10                  | 26:14.6 | 8:28  | 11              | 26:14.7 | 8:28  | 52:29.3   | 8:28/M  |
| 12    | 76      | Amanda Trichel      | 31  | 378    | 12                  | 27:18.2 | 8:48  | 12              | 26:38.1 | 8:35  | 53:56.4   | 8:42/M  |
| 13    | 99      | Rae Hill            | 30  | 1160   | 15                  | 28:05.4 | 9:04  | 14              | 27:40.5 | 8:55  | 55:45.9   | 9:00/M  |
| 14    | 109     | Brandi Christensen  | 30  | 405    | 16                  | 28:25.4 | 9:10  | 15              | 27:52.0 | 8:59  | 56:17.4   | 9:05/M  |
| 15    | 112     | Lacey Viator        | 30  | 575    | 14                  | 27:58.7 | 9:01  | 21              | 28:36.0 | 9:14  | 56:34.8   | 9:07/M  |
| 16    | 113     | Starla Morgan       | 30  | 733    | 17                  | 28:26.1 | 9:10  | 17              | 28:12.6 | 9:06  | 56:38.7   | 9:08/M  |
| 17    | 114     | Ciji Garcia         | 32  | 618    | 18                  | 28:28.0 | 9:11  | 16              | 28:12.1 | 9:06  | 56:40.1   | 9:08/M  |
| 18    | 120     | Leslie Colignon     | 34  | 333    | 27                  | 29:34.6 | 9:32  | 13              | 27:40.5 | 8:55  | 57:15.1   | 9:14/M  |
| 19    | 121     | Kristy Lee          | 33  | 1033   | 20                  | 28:51.2 | 9:18  | 22              | 28:42.0 | 9:15  | 57:33.3   | 9:17/M  |
| 20    | 132     | Shelly Daigle       | 34  | 1005   | 21                  | 29:02.3 | 9:22  | 23              | 28:46.7 | 9:17  | 57:49.1   | 9:20/M  |
| 21    | 133     | Lisa Cantera        | 30  | 1156   | 19                  | 28:30.9 | 9:12  | 26              | 29:20.5 | 9:28  | 57:51.4   | 9:20/M  |
| 22    | 135     | Kelsey Tomes        | 32  | 683    | 22                  | 29:06.2 | 9:23  | 24              | 28:46.9 | 9:17  | 57:53.2   | 9:20/M  |
| 23    | 138     | Anna Libersat       | 33  | 1105   | 25                  | 29:27.4 | 9:30  | 20              | 28:27.9 | 9:11  | 57:55.4   | 9:20/M  |
| 24    | 157     | Shannon Thomas      | 33  | 380    | 26                  | 29:33.6 | 9:32  | 25              | 28:58.3 | 9:21  | 58:31.9   | 9:26/M  |
| 25    | 161     | Kacy Lyons          | 32  | 1062   | 30                  | 30:37.2 | 9:53  | 19              | 28:27.7 | 9:11  | 59:04.9   | 9:32/M  |
| 26    | 163     | Colette Ellender    | 30  | 116    | 24                  | 29:20.1 | 9:28  | 30              | 29:56.1 | 9:39  | 59:16.3   | 9:34/M  |
| 27    | 166     | Jessica Meyer       | 32  | 1162   | 28                  | 29:39.1 | 9:34  | 29              | 29:49.2 | 9:37  | 59:28.3   | 9:35/M  |
| 28    | 168     | Kaylee Mahoney      | 31  | 97     | 23                  | 29:09.8 | 9:24  | 33              | 30:22.2 | 9:48  | 59:32.1   | 9:36/M  |
| 29    | 169     | Myra Guidry         | 30  | 79     | 36                  | 31:18.1 | 10:06 | 18              | 28:17.1 | 9:07  | 59:35.3   | 9:37/M  |
| 30    | 175     | Catherine Boudreaux | 33  | 799    | 29                  | 30:30.5 | 9:50  | 27              | 29:24.2 | 9:29  | 59:54.7   | 9:40/M  |
| 31    | 199     | Andrea Andrews      | 34  | 1192   | 41                  | 31:33.4 | 10:11 | 28              | 29:30.4 | 9:31  | 1:01:03.8 | 9:51/M  |
| 32    | 202     | Brittany Fruge      | 34  | 1195   | 34                  | 30:54.6 | 9:58  | 32              | 30:14.6 | 9:45  | 1:01:09.3 | 9:52/M  |
| 33    | 222     | Ashleigh Landry     | 34  | 893    | 31                  | 30:42.3 | 9:54  | 35              | 31:07.1 | 10:02 | 1:01:49.4 | 9:58/M  |
| 34    | 229     | Amanda Lahaye       | 34  | 1063   | 35                  | 30:58.6 | 9:59  | 36              | 31:20.7 | 10:06 | 1:02:19.3 | 10:03/M |
| 35    | 241     | Ashley Bella        | 33  | 1002   | 51                  | 32:56.1 | 10:37 | 31              | 30:00.0 | 9:41  | 1:02:56.1 | 10:09/M |
| 36    | 252     | Karli Duke          | 30  | 1522   | 33                  | 30:52.5 | 9:57  | 45              | 32:24.7 | 10:27 | 1:03:17.2 | 10:12/M |
| 37    | 255     | Sierra Higgins      | 31  | 684    | 32                  | 30:49.5 | 9:56  | 46              | 32:33.8 | 10:30 | 1:03:23.3 | 10:13/M |
| 38    | 258     | Brittany Bearb      | 30  | 622    | 40                  | 31:31.7 | 10:10 | 41              | 31:54.6 | 10:17 | 1:03:26.4 | 10:14/M |
| 39    | 263     | Brooke Fontenot     | 34  | 1120   | 38                  | 31:28.3 | 10:09 | 42              | 32:05.0 | 10:21 | 1:03:33.4 | 10:15/M |
| 40    | 264     | Leah Dawsey         | 34  | 219    | 50                  | 32:50.4 | 10:35 | 34              | 30:46.9 | 9:55  | 1:03:37.3 | 10:16/M |
| 41    | 267     | Heather Poirier     | 33  | 755    | 43                  | 32:00.6 | 10:19 | 40              | 31:53.0 | 10:17 | 1:03:53.7 | 10:18/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 30 to 34

| Place | Place   |                    | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|--------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name               |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 42    | 269     | Jacy Lemaire       | 33  | 1121   | 45                  | 32:24.5 | 10:27 | 37              | 31:41.3 | 10:13 | 1:04:05.8 | 10:20/M |
| 43    | 270     | Mary Blanchard     | 30  | 795    | 42                  | 31:58.9 | 10:19 | 44              | 32:15.0 | 10:24 | 1:04:13.9 | 10:21/M |
| 44    | 272     | Joelle Boudreaux   | 33  | 252    | 44                  | 32:11.3 | 10:23 | 43              | 32:06.2 | 10:21 | 1:04:17.5 | 10:22/M |
| 45    | 278     | Samantha Villien   | 30  | 1065   | 49                  | 32:50.1 | 10:35 | 38              | 31:44.9 | 10:14 | 1:04:35.0 | 10:25/M |
| 46    | 280     | Katie McBain       | 32  | 579    | 53                  | 32:57.2 | 10:38 | 39              | 31:48.5 | 10:15 | 1:04:45.7 | 10:27/M |
| 47    | 285     | Casey Giglio       | 31  | 547    | 39                  | 31:31.4 | 10:10 | 49              | 33:17.2 | 10:44 | 1:04:48.7 | 10:27/M |
| 48    | 304     | Cherrelle Castille | 34  | 1020   | 48                  | 32:47.1 | 10:35 | 48              | 32:58.8 | 10:38 | 1:05:46.0 | 10:36/M |
| 49    | 307     | Mia Fontenot       | 33  | 753    | 37                  | 31:21.6 | 10:07 | 55              | 34:34.2 | 11:09 | 1:05:55.8 | 10:38/M |
| 50    | 309     | Emily Hodges       | 33  | 480    | 46                  | 32:29.3 | 10:29 | 50              | 33:28.4 | 10:48 | 1:05:57.8 | 10:38/M |
| 51    | 310     | Rachael Phillips   | 33  | 688    | 54                  | 33:12.7 | 10:43 | 47              | 32:49.3 | 10:35 | 1:06:02.0 | 10:39/M |
| 52    | 324     | Lanna Roberts      | 34  | 107    | 52                  | 32:56.1 | 10:37 | 52              | 33:49.7 | 10:55 | 1:06:45.8 | 10:46/M |
| 53    | 338     | Nicole Doucet      | 34  | 323    | 47                  | 32:46.7 | 10:34 | 56              | 34:51.7 | 11:15 | 1:07:38.4 | 10:55/M |
| 54    | 339     | Tiffany Thibodeaux | 32  | 1128   | 58                  | 33:51.3 | 10:55 | 51              | 33:47.1 | 10:54 | 1:07:38.4 | 10:55/M |
| 55    | 341     | Jimi Sonnier       | 33  | 566    | 55                  | 33:33.1 | 10:49 | 53              | 34:22.5 | 11:05 | 1:07:55.7 | 10:57/M |
| 56    | 362     | Amanda Morton      | 34  | 336    | 62                  | 34:42.9 | 11:12 | 54              | 34:24.8 | 11:06 | 1:09:07.8 | 11:09/M |
| 57    | 375     | Cherise Gautreaux  | 30  | 1154   | 56                  | 33:33.8 | 10:49 | 59              | 35:55.7 | 11:35 | 1:09:29.6 | 11:12/M |
| 58    | 377     | Michelle Boudreaux | 31  | 1095   | 60                  | 34:14.9 | 11:03 | 57              | 35:28.6 | 11:26 | 1:09:43.6 | 11:15/M |
| 59    | 386     | Nicole Bell        | 30  | 425    | 57                  | 33:50.9 | 10:55 | 66              | 37:01.8 | 11:56 | 1:10:52.8 | 11:26/M |
| 60    | 392     | Stephanie Tate     | 31  | 164    | 59                  | 34:07.6 | 11:00 | 65              | 37:01.5 | 11:56 | 1:11:09.1 | 11:29/M |
| 61    | 397     | Shelly Gauthier    | 34  | 527    | 64                  | 35:11.7 | 11:21 | 62              | 36:34.4 | 11:48 | 1:11:46.2 | 11:35/M |
| 62    | 405     | Louisa Onyewadume  | 30  | 555    | 69                  | 36:33.8 | 11:47 | 58              | 35:47.7 | 11:33 | 1:12:21.6 | 11:40/M |
| 63    | 410     | Melinda Castagnos  | 31  | 1074   | 61                  | 34:28.1 | 11:07 | 69              | 38:15.2 | 12:20 | 1:12:43.4 | 11:44/M |
| 64    | 411     | Meagan Callais     | 33  | 448    | 70                  | 36:37.2 | 11:49 | 60              | 36:09.5 | 11:40 | 1:12:46.7 | 11:44/M |
| 65    | 423     | Stephanie Moore    | 31  | 1117   | 65                  | 35:30.8 | 11:27 | 68              | 37:55.2 | 12:14 | 1:13:26.1 | 11:51/M |
| 66    | 431     | Amy Manceaux       | 33  | 298    | 68                  | 36:32.0 | 11:47 | 67              | 37:23.6 | 12:04 | 1:13:55.6 | 11:55/M |
| 67    | 437     | Kelly Ducharme     | 31  | 476    | 73                  | 37:43.7 | 12:10 | 61              | 36:22.3 | 11:44 | 1:14:06.1 | 11:57/M |
| 68    | 448     | Courtney Stakes    | 34  | 1133   | 74                  | 38:01.9 | 12:16 | 63              | 36:36.7 | 11:48 | 1:14:38.7 | 12:02/M |
| 69    | 457     | Bobbi Landry       | 32  | 253    | 66                  | 36:25.2 | 11:45 | 70              | 38:33.8 | 12:26 | 1:14:59.1 | 12:06/M |
| 70    | 460     | Leigh Guidry       | 31  | 858    | 75                  | 38:21.3 | 12:22 | 64              | 37:00.3 | 11:56 | 1:15:21.7 | 12:09/M |
| 71    | 461     | Kiley Leonard      | 30  | 726    | 63                  | 34:57.0 | 11:16 | 77              | 40:28.0 | 13:03 | 1:15:25.0 | 12:10/M |
| 72    | 462     | Amber Clark        | 34  | 725    | 67                  | 36:29.2 | 11:46 | 72              | 39:01.3 | 12:35 | 1:15:30.6 | 12:11/M |
| 73    | 478     | Angèle Louis-Marie | 34  | 908    | 71                  | 37:20.1 | 12:03 | 75              | 39:42.9 | 12:48 | 1:17:03.1 | 12:26/M |
| 74    | 483     | Lauren Mahfouz     | 34  | 1081   | 77                  | 38:52.0 | 12:32 | 71              | 38:55.7 | 12:33 | 1:17:47.7 | 12:33/M |
| 75    | 487     | Christiane Rivera  | 31  | 351    | 72                  | 37:32.9 | 12:06 | 79              | 40:53.4 | 13:11 | 1:18:26.4 | 12:39/M |
| 76    | 495     | Lauren Popich      | 32  | 1066   | 79                  | 39:22.7 | 12:42 | 73              | 39:34.2 | 12:46 | 1:18:56.9 | 12:44/M |
| 77    | 500     | Christie Oster     | 30  | 498    | 80                  | 39:43.0 | 12:49 | 74              | 39:38.5 | 12:47 | 1:19:21.6 | 12:48/M |
| 78    | 501     | Heather Fontenot   | 34  | 258    | 76                  | 38:46.3 | 12:30 | 78              | 40:41.8 | 13:07 | 1:19:28.1 | 12:49/M |
| 79    | 503     | Caitlin Jacob      | 32  | 879    | 78                  | 39:20.1 | 12:41 | 76              | 40:10.5 | 12:57 | 1:19:30.6 | 12:49/M |
| 80    | 526     | Hope Taylor        | 32  | 502    | 83                  | 42:41.9 | 13:46 | 80              | 41:41.7 | 13:27 | 1:24:23.7 | 13:37/M |
| 81    | 527     | Danielle Marcantel | 34  | 282    | 81                  | 41:06.0 | 13:15 | 83              | 43:24.0 | 14:00 | 1:24:30.0 | 13:38/M |
| 82    | 533     | Michelle Thomas    | 33  | 512    | 82                  | 42:41.8 | 13:46 | 81              | 42:51.5 | 13:49 | 1:25:33.4 | 13:48/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 30 to 34

| Place |         |                 | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|-----------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name            | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 83    | 535     | Rainee Elliott  | 31                  | 586    | 84  | 43:01.9 | 13:53 | 82              | 43:04.0 | 13:54 | 1:26:05.9 | 13:53/M |
| 84    | 551     | Meghan Allen    | 34                  | 152    | 86  | 44:12.7 | 14:15 | 84              | 46:48.4 | 15:06 | 1:31:01.1 | 14:41/M |
| 85    | 552     | Michelle Ochoa  | 31                  | 68     | 85  | 43:47.6 | 14:07 | 85              | 47:21.1 | 15:16 | 1:31:08.7 | 14:42/M |
| 86    | 562     | Brianna Howlett | 34                  | 88     | 87  | 47:23.1 | 15:17 | 86              | 48:21.5 | 15:36 | 1:35:44.7 | 15:26/M |

#### Female 35 to 39

| Place |         |                    | -----5K Split ----- |        |     |         |      | ----- 10K ----- |         |      | Total     |        |
|-------|---------|--------------------|---------------------|--------|-----|---------|------|-----------------|---------|------|-----------|--------|
| Place | Overall | Name               | Age                 | Bib No | Rnk | Time    | Pace | Rnk             | Time    | Pace | Time      | Pace   |
| 1     | 7       | Lynsey Braniff     | 36                  | 460    | 1   | 23:30.5 | 7:35 | 1               | 22:52.1 | 7:23 | 46:22.7   | 7:29/M |
| 2     | 18      | Jandy Tyl          | 36                  | 559    | 4   | 24:10.4 | 7:48 | 3               | 24:19.5 | 7:51 | 48:29.9   | 7:49/M |
| 3     | 20      | Heather Harris     | 37                  | 328    | 5   | 24:23.6 | 7:52 | 6               | 24:34.4 | 7:55 | 48:58.1   | 7:54/M |
| 4     | 22      | Heather Mason      | 38                  | 122    | 3   | 24:08.5 | 7:47 | 7               | 24:53.4 | 8:02 | 49:01.9   | 7:54/M |
| 5     | 27      | Kayla Rochon       | 35                  | 466    | 6   | 24:50.8 | 8:01 | 4               | 24:22.8 | 7:52 | 49:13.6   | 7:56/M |
| 6     | 30      | Meribeth Huizinga  | 39                  | 1130   | 8   | 25:14.4 | 8:08 | 5               | 24:32.5 | 7:55 | 49:47.0   | 8:02/M |
| 7     | 35      | Cassie Goldsboro   | 37                  | 449    | 2   | 23:44.4 | 7:39 | 13              | 26:33.4 | 8:34 | 50:17.9   | 8:07/M |
| 8     | 36      | Wendy Schmit       | 39                  | 960    | 11  | 26:00.4 | 8:23 | 2               | 24:18.6 | 7:50 | 50:19.0   | 8:07/M |
| 9     | 51      | Mandi Simoneaux    | 36                  | 275    | 7   | 25:13.2 | 8:08 | 11              | 26:18.4 | 8:29 | 51:31.6   | 8:19/M |
| 10    | 52      | Katherine Roy      | 37                  | 954    | 10  | 25:59.0 | 8:23 | 9               | 25:33.0 | 8:15 | 51:32.0   | 8:19/M |
| 11    | 59      | Elise Boutin       | 36                  | 233    | 12  | 26:09.8 | 8:26 | 10              | 25:58.9 | 8:23 | 52:08.8   | 8:25/M |
| 12    | 62      | Jeanne Declouet    | 35                  | 518    | 9   | 25:55.2 | 8:22 | 14              | 26:37.4 | 8:35 | 52:32.6   | 8:28/M |
| 13    | 64      | Kristen Wilson     | 36                  | 1163   | 16  | 27:07.2 | 8:45 | 8               | 25:30.3 | 8:14 | 52:37.5   | 8:29/M |
| 14    | 69      | Jaime Johnson      | 36                  | 260    | 14  | 26:51.3 | 8:40 | 12              | 26:26.3 | 8:32 | 53:17.6   | 8:36/M |
| 15    | 70      | Jamie Mouton       | 38                  | 101    | 13  | 26:17.2 | 8:29 | 15              | 27:02.0 | 8:43 | 53:19.2   | 8:36/M |
| 16    | 92      | Ashley Hebert      | 37                  | 865    | 15  | 26:52.4 | 8:40 | 19              | 28:25.7 | 9:10 | 55:18.1   | 8:55/M |
| 17    | 94      | Melanie Rodrigue   | 35                  | 160    | 18  | 27:49.8 | 8:58 | 16              | 27:32.3 | 8:53 | 55:22.2   | 8:56/M |
| 18    | 95      | Katharine Bleecher | 37                  | 796    | 17  | 27:49.3 | 8:58 | 17              | 27:33.2 | 8:53 | 55:22.6   | 8:56/M |
| 19    | 111     | Trisha Ancelet     | 37                  | 628    | 19  | 27:50.1 | 8:59 | 21              | 28:31.2 | 9:12 | 56:21.4   | 9:05/M |
| 20    | 117     | Yvonne Ochoa       | 36                  | 70     | 23  | 28:43.0 | 9:16 | 18              | 27:59.6 | 9:02 | 56:42.7   | 9:09/M |
| 21    | 123     | Lynsey Talbot      | 36                  | 468    | 22  | 28:35.7 | 9:13 | 23              | 28:58.8 | 9:21 | 57:34.5   | 9:17/M |
| 22    | 141     | Whitney Busscher   | 36                  | 1046   | 20  | 28:02.5 | 9:03 | 31              | 29:55.9 | 9:39 | 57:58.4   | 9:21/M |
| 23    | 143     | Anri Artigue       | 39                  | 62     | 27  | 29:33.5 | 9:32 | 20              | 28:28.0 | 9:11 | 58:01.6   | 9:21/M |
| 24    | 144     | Mandy Parria       | 35                  | 290    | 21  | 28:30.7 | 9:12 | 24              | 29:33.2 | 9:32 | 58:03.9   | 9:22/M |
| 25    | 148     | Julia Autin Adams  | 38                  | 770    | 26  | 29:33.3 | 9:32 | 22              | 28:33.6 | 9:13 | 58:06.9   | 9:22/M |
| 26    | 156     | Abbey Broussard    | 38                  | 811    | 24  | 28:52.6 | 9:19 | 25              | 29:37.1 | 9:33 | 58:29.7   | 9:26/M |
| 27    | 173     | Mary Richard       | 37                  | 115    | 25  | 29:22.5 | 9:28 | 34              | 30:29.0 | 9:50 | 59:51.5   | 9:39/M |
| 28    | 178     | Jennifer Ledet     | 36                  | 339    | 28  | 29:40.3 | 9:34 | 32              | 30:19.7 | 9:47 | 1:00:00.1 | 9:41/M |
| 29    | 190     | Alena Guidry       | 38                  | 857    | 32  | 30:48.8 | 9:56 | 29              | 29:48.8 | 9:37 | 1:00:37.6 | 9:47/M |
| 30    | 191     | Devin Soeseno      | 39                  | 66     | 30  | 30:10.0 | 9:44 | 33              | 30:27.7 | 9:49 | 1:00:37.8 | 9:47/M |
| 31    | 193     | Stephanie Legnon   | 36                  | 906    | 29  | 30:08.0 | 9:43 | 35              | 30:31.2 | 9:51 | 1:00:39.3 | 9:47/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 35 to 39

| Place | Place   |                  | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name             |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 32    | 198     | Amie Bodin       | 38  | 189    | 33                  | 31:11.0 | 10:04 | 27              | 29:41.1 | 9:35  | 1:00:52.2 | 9:49/M  |
| 33    | 200     | Susan Saad       | 39  | 1131   | 35                  | 31:26.3 | 10:08 | 28              | 29:41.3 | 9:35  | 1:01:07.6 | 9:51/M  |
| 34    | 205     | April Broussard  | 37  | 193    | 38                  | 31:34.6 | 10:11 | 26              | 29:39.8 | 9:34  | 1:01:14.4 | 9:53/M  |
| 35    | 211     | Nicole Fontenot  | 37  | 523    | 37                  | 31:31.3 | 10:10 | 30              | 29:54.5 | 9:39  | 1:01:25.8 | 9:54/M  |
| 36    | 238     | Loni Shaw        | 35  | 231    | 39                  | 31:45.6 | 10:15 | 37              | 31:03.5 | 10:01 | 1:02:49.1 | 10:08/M |
| 37    | 240     | Brandy Daigle    | 39  | 1030   | 31                  | 30:43.8 | 9:55  | 44              | 32:11.0 | 10:23 | 1:02:54.9 | 10:09/M |
| 38    | 250     | Deana Fontenot   | 38  | 71     | 42                  | 31:48.7 | 10:15 | 39              | 31:26.4 | 10:08 | 1:03:15.1 | 10:12/M |
| 39    | 251     | Lisa Bruno       | 37  | 724    | 41                  | 31:48.7 | 10:15 | 40              | 31:26.4 | 10:08 | 1:03:15.1 | 10:12/M |
| 40    | 253     | Trisha Cole      | 38  | 139    | 43                  | 32:17.9 | 10:25 | 36              | 31:00.9 | 10:00 | 1:03:18.9 | 10:13/M |
| 41    | 257     | Monti Smith      | 35  | 421    | 40                  | 31:46.9 | 10:15 | 42              | 31:38.7 | 10:12 | 1:03:25.7 | 10:14/M |
| 42    | 261     | Abby Trahan      | 35  | 980    | 36                  | 31:29.9 | 10:09 | 43              | 31:57.8 | 10:18 | 1:03:27.8 | 10:14/M |
| 43    | 274     | Casey Malbrough  | 38  | 1115   | 49                  | 33:17.8 | 10:44 | 38              | 31:09.0 | 10:03 | 1:04:26.8 | 10:24/M |
| 44    | 282     | Gretchen Daniel  | 38  | 113    | 34                  | 31:15.0 | 10:05 | 48              | 33:31.6 | 10:49 | 1:04:46.6 | 10:27/M |
| 45    | 284     | Andrea Ledee     | 36  | 903    | 48                  | 33:17.3 | 10:44 | 41              | 31:30.2 | 10:10 | 1:04:47.6 | 10:27/M |
| 46    | 296     | Katie Rogers     | 35  | 952    | 46                  | 32:51.2 | 10:36 | 45              | 32:32.4 | 10:30 | 1:05:23.6 | 10:33/M |
| 47    | 315     | Rachel Marquet   | 39  | 914    | 47                  | 32:54.0 | 10:37 | 47              | 33:17.9 | 10:44 | 1:06:11.9 | 10:40/M |
| 48    | 331     | Leigh Hemperley  | 35  | 625    | 44                  | 32:20.7 | 10:26 | 55              | 35:03.1 | 11:18 | 1:07:23.8 | 10:52/M |
| 49    | 332     | Delia Girouard   | 35  | 420    | 59                  | 34:15.5 | 11:03 | 46              | 33:08.5 | 10:41 | 1:07:24.0 | 10:52/M |
| 50    | 337     | Lindsay Hoyt     | 39  | 1027   | 50                  | 33:40.1 | 10:52 | 49              | 33:56.4 | 10:57 | 1:07:36.5 | 10:54/M |
| 51    | 349     | Sarah Bolding    | 37  | 798    | 51                  | 33:50.1 | 10:55 | 53              | 34:41.7 | 11:11 | 1:08:31.9 | 11:03/M |
| 52    | 350     | Emily Walker     | 37  | 988    | 52                  | 33:50.5 | 10:55 | 52              | 34:41.5 | 11:11 | 1:08:32.1 | 11:03/M |
| 53    | 352     | Brandy Gumela    | 35  | 860    | 58                  | 34:12.5 | 11:02 | 50              | 34:30.3 | 11:08 | 1:08:42.8 | 11:05/M |
| 54    | 356     | Mele Gonzales    | 36  | 855    | 60                  | 34:20.2 | 11:05 | 51              | 34:30.5 | 11:08 | 1:08:50.8 | 11:06/M |
| 55    | 360     | Elizabeth Lyons  | 35  | 639    | 45                  | 32:47.7 | 10:35 | 67              | 36:09.8 | 11:40 | 1:08:57.6 | 11:07/M |
| 56    | 370     | Abby Benoit      | 35  | 792    | 54                  | 33:56.2 | 10:57 | 59              | 35:27.9 | 11:26 | 1:09:24.1 | 11:12/M |
| 57    | 371     | Cheli Breaux     | 37  | 1127   | 55                  | 33:57.1 | 10:57 | 58              | 35:27.4 | 11:26 | 1:09:24.5 | 11:12/M |
| 58    | 372     | Molly Beach      | 39  | 784    | 53                  | 33:56.0 | 10:57 | 61              | 35:28.5 | 11:26 | 1:09:24.6 | 11:12/M |
| 59    | 373     | Cearley Fontenot | 38  | 841    | 56                  | 33:57.4 | 10:57 | 60              | 35:28.0 | 11:26 | 1:09:25.4 | 11:12/M |
| 60    | 379     | Alaina Joubert   | 36  | 633    | 61                  | 34:36.1 | 11:10 | 57              | 35:18.9 | 11:23 | 1:09:55.1 | 11:17/M |
| 61    | 389     | Mandy Romero     | 36  | 163    | 57                  | 34:06.6 | 11:00 | 70              | 36:54.4 | 11:54 | 1:11:01.0 | 11:27/M |
| 62    | 390     | Willie Marinella | 39  | 913    | 66                  | 35:22.9 | 11:25 | 64              | 35:39.7 | 11:30 | 1:11:02.7 | 11:27/M |
| 63    | 404     | Jessi Gilbert    | 38  | 266    | 68                  | 35:45.5 | 11:32 | 68              | 36:34.9 | 11:48 | 1:12:20.5 | 11:40/M |
| 64    | 406     | Lori Gauthier    | 37  | 515    | 72                  | 36:29.8 | 11:46 | 65              | 36:00.7 | 11:37 | 1:12:30.5 | 11:42/M |
| 65    | 407     | Aimee Yandle     | 35  | 1019   | 76                  | 37:04.9 | 11:57 | 62              | 35:28.8 | 11:26 | 1:12:33.7 | 11:42/M |
| 66    | 408     | Erica Venable    | 36  | 1103   | 71                  | 36:29.2 | 11:46 | 66              | 36:05.1 | 11:38 | 1:12:34.4 | 11:42/M |
| 67    | 409     | Erin Lassalle    | 36  | 457    | 75                  | 37:00.9 | 11:56 | 63              | 35:34.5 | 11:28 | 1:12:35.4 | 11:42/M |
| 68    | 412     | Jessica Norwood  | 37  | 932    | 65                  | 35:16.6 | 11:23 | 74              | 37:31.3 | 12:06 | 1:12:47.9 | 11:44/M |
| 69    | 413     | Emily Gaspard    | 36  | 395    | 69                  | 36:07.0 | 11:39 | 69              | 36:49.5 | 11:53 | 1:12:56.6 | 11:46/M |
| 70    | 417     | Danielle Cole    | 38  | 259    | 63                  | 34:53.7 | 11:15 | 80              | 38:10.3 | 12:19 | 1:13:04.0 | 11:47/M |
| 71    | 421     | Ashley Clark     | 39  | 305    | 67                  | 35:44.5 | 11:32 | 76              | 37:36.0 | 12:08 | 1:13:20.6 | 11:50/M |
| 72    | 424     | Kathleen Leneck  | 37  | 371    | 64                  | 34:58.0 | 11:17 | 83              | 38:31.8 | 12:25 | 1:13:29.9 | 11:51/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 35 to 39

| Place | Place   |                     | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|---------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 73    | 429     | Cassie Templet      | 35  | 483    | 70                  | 36:16.7 | 11:42 | 77              | 37:36.9 | 12:08 | 1:13:53.6 | 11:55/M |
| 74    | 432     | Candice Abney       | 35  | 563    | 87                  | 38:51.9 | 12:32 | 56              | 35:04.2 | 11:19 | 1:13:56.1 | 11:55/M |
| 75    | 433     | Celeste Barrett     | 36  | 767    | 88                  | 38:53.8 | 12:33 | 54              | 35:02.6 | 11:18 | 1:13:56.4 | 11:55/M |
| 76    | 436     | Cherice Teets       | 39  | 103    | 73                  | 36:33.8 | 11:47 | 73              | 37:30.3 | 12:06 | 1:14:04.2 | 11:57/M |
| 77    | 442     | Alisha Templet      | 36  | 204    | 62                  | 34:52.4 | 11:15 | 87              | 39:37.5 | 12:47 | 1:14:29.9 | 12:01/M |
| 78    | 449     | Corinne Hester      | 39  | 872    | 77                  | 37:21.5 | 12:03 | 71              | 37:17.7 | 12:02 | 1:14:39.3 | 12:02/M |
| 79    | 453     | Alice Tate          | 39  | 501    | 78                  | 37:23.2 | 12:04 | 72              | 37:30.0 | 12:06 | 1:14:53.3 | 12:05/M |
| 80    | 458     | Gabrielle Daigle    | 37  | 1147   | 79                  | 37:36.8 | 12:08 | 75              | 37:34.1 | 12:07 | 1:15:11.0 | 12:08/M |
| 81    | 465     | Aimee Billeaud      | 36  | 510    | 80                  | 37:37.7 | 12:08 | 79              | 38:07.5 | 12:18 | 1:15:45.3 | 12:13/M |
| 82    | 466     | Tonya Borill        | 38  | 1182   | 81                  | 37:38.5 | 12:08 | 81              | 38:16.2 | 12:21 | 1:15:54.8 | 12:15/M |
| 83    | 471     | Layne Edelman       | 35  | 82     | 74                  | 36:58.0 | 11:55 | 86              | 39:29.8 | 12:44 | 1:16:27.8 | 12:20/M |
| 84    | 479     | Kim Fontenot        | 37  | 69     | 86                  | 38:50.0 | 12:32 | 82              | 38:27.2 | 12:24 | 1:17:17.3 | 12:28/M |
| 85    | 480     | Melissa Kohler      | 36  | 890    | 82                  | 38:12.5 | 12:19 | 85              | 39:10.3 | 12:38 | 1:17:22.9 | 12:29/M |
| 86    | 486     | Abigail Bennett     | 36  | 791    | 90                  | 39:34.5 | 12:46 | 84              | 38:33.8 | 12:26 | 1:18:08.3 | 12:36/M |
| 87    | 489     | Claire Margaglio    | 39  | 121    | 92                  | 40:22.6 | 13:01 | 78              | 38:07.1 | 12:18 | 1:18:29.8 | 12:40/M |
| 88    | 496     | Elizabeth Green     | 38  | 856    | 83                  | 38:28.9 | 12:25 | 89              | 40:29.3 | 13:04 | 1:18:58.2 | 12:44/M |
| 89    | 506     | Kelein Barrow       | 36  | 244    | 85                  | 38:33.9 | 12:26 | 90              | 41:18.7 | 13:19 | 1:19:52.7 | 12:53/M |
| 90    | 511     | Katie Geiger        | 39  | 851    | 91                  | 40:21.9 | 13:01 | 88              | 40:16.5 | 12:59 | 1:20:38.4 | 13:00/M |
| 91    | 518     | Bridgette Biagas    | 39  | 271    | 89                  | 39:26.2 | 12:43 | 91              | 42:49.0 | 13:49 | 1:22:15.3 | 13:16/M |
| 92    | 520     | Amber Frey          | 37  | 72     | 84                  | 38:29.8 | 12:25 | 93              | 43:46.5 | 14:07 | 1:22:16.4 | 13:16/M |
| 93    | 530     | Kellee Kleinke      | 35  | 564    | 93                  | 41:07.7 | 13:16 | 92              | 43:46.4 | 14:07 | 1:24:54.1 | 13:42/M |
| 94    | 550     | Katie Lightfoot     | 38  | 151    | 94                  | 44:12.3 | 14:15 | 97              | 46:48.0 | 15:06 | 1:31:00.4 | 14:41/M |
| 95    | 553     | Jamie Klump         | 39  | 402    | 96                  | 44:44.1 | 14:26 | 96              | 46:34.5 | 15:01 | 1:31:18.6 | 14:44/M |
| 96    | 555     | Brianne Landry      | 39  | 750    | 97                  | 46:40.7 | 15:03 | 94              | 44:55.9 | 14:29 | 1:31:36.6 | 14:46/M |
| 97    | 561     | Elizabeth Davenport | 35  | 998    | 98                  | 48:29.6 | 15:38 | 95              | 46:23.3 | 14:58 | 1:34:53.0 | 15:18/M |
| 98    | 565     | Rachel McKinsey     | 36  | 1104   | 95                  | 44:13.0 | 14:16 | 98              | 52:20.0 | 16:53 | 1:36:33.1 | 15:34/M |

#### Female 40 to 44

| Place | Place   |                  | Age | Bib No | -----5K Split ----- |         |      | ----- 10K ----- |         |      | Total   |        |
|-------|---------|------------------|-----|--------|---------------------|---------|------|-----------------|---------|------|---------|--------|
|       | Overall | Name             |     |        | Rnk                 | Time    | Pace | Rnk             | Time    | Pace | Time    | Pace   |
| 1     | 8       | Michelle Reed    | 43  | 439    | 2                   | 23:23.4 | 7:33 | 1               | 23:05.5 | 7:27 | 46:28.9 | 7:30/M |
| 2     | 10      | Courtney Laser   | 40  | 896    | 1                   | 23:20.2 | 7:32 | 2               | 23:11.2 | 7:29 | 46:31.5 | 7:30/M |
| 3     | 12      | Emily Normand    | 40  | 1100   | 3                   | 23:40.7 | 7:38 | 3               | 23:26.3 | 7:34 | 47:07.1 | 7:36/M |
| 4     | 15      | Emmy Breaux      | 42  | 712    | 5                   | 24:20.4 | 7:51 | 4               | 23:48.4 | 7:41 | 48:08.8 | 7:46/M |
| 5     | 16      | Rhonda Branch    | 40  | 806    | 4                   | 24:05.8 | 7:46 | 5               | 24:14.5 | 7:49 | 48:20.4 | 7:48/M |
| 6     | 28      | Amy Fusilier     | 41  | 331    | 6                   | 24:39.2 | 7:57 | 6               | 24:36.8 | 7:56 | 49:16.0 | 7:57/M |
| 7     | 42      | Margaret Manning | 42  | 442    | 7                   | 25:22.1 | 8:11 | 10              | 25:32.4 | 8:14 | 50:54.6 | 8:13/M |
| 8     | 43      | Ann Bond         | 44  | 1186   | 11                  | 25:55.8 | 8:22 | 7               | 25:07.1 | 8:06 | 51:03.0 | 8:14/M |
| 9     | 46      | Amanda Breaux    | 41  | 807    | 9                   | 25:41.9 | 8:17 | 9               | 25:31.8 | 8:14 | 51:13.7 | 8:16/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 40 to 44

| Place | Place   |                     | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|---------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 10    | 48      | Leah Formby         | 41  | 1080   | 13                  | 26:00.6 | 8:23  | 8               | 25:19.0 | 8:10  | 51:19.6   | 8:17/M  |
| 11    | 53      | Heather James       | 43  | 537    | 12                  | 25:57.5 | 8:22  | 11              | 25:39.9 | 8:16  | 51:37.4   | 8:20/M  |
| 12    | 56      | April Kephart       | 41  | 713    | 8                   | 25:34.0 | 8:15  | 13              | 26:24.0 | 8:31  | 51:58.0   | 8:23/M  |
| 13    | 58      | Angelle Hollier     | 42  | 874    | 10                  | 25:52.2 | 8:21  | 12              | 26:14.8 | 8:28  | 52:07.1   | 8:24/M  |
| 14    | 66      | Chastity Bernard    | 43  | 793    | 14                  | 26:26.7 | 8:32  | 14              | 26:24.3 | 8:31  | 52:51.1   | 8:31/M  |
| 15    | 68      | Maggie Pere         | 42  | 1053   | 16                  | 26:39.7 | 8:36  | 16              | 26:36.7 | 8:35  | 53:16.5   | 8:35/M  |
| 16    | 79      | Sondra Morrow       | 43  | 1052   | 17                  | 26:59.6 | 8:42  | 19              | 27:08.8 | 8:45  | 54:08.4   | 8:44/M  |
| 17    | 80      | Jonelle Pommier     | 40  | 552    | 20                  | 27:42.2 | 8:56  | 15              | 26:26.2 | 8:32  | 54:08.5   | 8:44/M  |
| 18    | 84      | Daphne Olivier      | 43  | 611    | 15                  | 26:38.4 | 8:35  | 24              | 27:55.9 | 9:00  | 54:34.3   | 8:48/M  |
| 19    | 89      | Jeanette Runner     | 42  | 278    | 19                  | 27:25.4 | 8:51  | 21              | 27:32.9 | 8:53  | 54:58.4   | 8:52/M  |
| 20    | 97      | Kim Girouard        | 42  | 852    | 26                  | 28:43.2 | 9:16  | 17              | 27:02.1 | 8:43  | 55:45.3   | 9:00/M  |
| 21    | 98      | Lauren Champagne    | 42  | 1076   | 18                  | 27:12.8 | 8:46  | 27              | 28:33.0 | 9:13  | 55:45.8   | 9:00/M  |
| 22    | 101     | Michelle Blanchard  | 44  | 1054   | 25                  | 28:42.3 | 9:15  | 18              | 27:07.5 | 8:45  | 55:49.8   | 9:00/M  |
| 23    | 102     | Pamela Payne        | 43  | 58     | 22                  | 28:10.2 | 9:05  | 22              | 27:43.7 | 8:56  | 55:54.0   | 9:01/M  |
| 24    | 106     | Melanie Lauer       | 40  | 1166   | 30                  | 28:55.8 | 9:20  | 20              | 27:10.8 | 8:46  | 56:06.6   | 9:03/M  |
| 25    | 110     | Kristin Keeter      | 44  | 1181   | 24                  | 28:28.5 | 9:11  | 23              | 27:49.7 | 8:58  | 56:18.3   | 9:05/M  |
| 26    | 122     | Tiffanie Bulliard   | 44  | 214    | 21                  | 27:57.5 | 9:01  | 40              | 29:36.3 | 9:33  | 57:33.9   | 9:17/M  |
| 27    | 124     | Shaun Soileau       | 42  | 255    | 29                  | 28:54.6 | 9:19  | 30              | 28:40.4 | 9:15  | 57:35.1   | 9:17/M  |
| 28    | 127     | Nicole Stutes       | 41  | 1122   | 28                  | 28:50.9 | 9:18  | 31              | 28:48.3 | 9:17  | 57:39.2   | 9:18/M  |
| 29    | 129     | Katherine Daigle    | 42  | 1044   | 27                  | 28:49.6 | 9:18  | 32              | 28:50.4 | 9:18  | 57:40.1   | 9:18/M  |
| 30    | 136     | Armelle Verre       | 40  | 467    | 36                  | 29:39.9 | 9:34  | 26              | 28:13.9 | 9:06  | 57:53.9   | 9:20/M  |
| 31    | 139     | Melana Power        | 43  | 306    | 39                  | 29:50.6 | 9:37  | 25              | 28:04.9 | 9:03  | 57:55.5   | 9:20/M  |
| 32    | 142     | Jillian Jones       | 40  | 690    | 35                  | 29:19.7 | 9:27  | 29              | 28:40.2 | 9:15  | 57:59.9   | 9:21/M  |
| 33    | 149     | Ali Vincent         | 40  | 986    | 34                  | 29:11.2 | 9:25  | 33              | 28:55.9 | 9:20  | 58:07.2   | 9:22/M  |
| 34    | 150     | Jenny Folse         | 43  | 1165   | 32                  | 29:02.5 | 9:22  | 36              | 29:09.3 | 9:24  | 58:11.9   | 9:23/M  |
| 35    | 151     | Jolaine McCluer     | 42  | 1040   | 31                  | 29:02.0 | 9:22  | 37              | 29:10.2 | 9:25  | 58:12.3   | 9:23/M  |
| 36    | 154     | Karen Burdette      | 41  | 381    | 23                  | 28:28.2 | 9:11  | 41              | 29:56.5 | 9:39  | 58:24.8   | 9:25/M  |
| 37    | 159     | Sandra Burnell      | 40  | 1018   | 38                  | 29:47.3 | 9:36  | 34              | 28:59.1 | 9:21  | 58:46.5   | 9:29/M  |
| 38    | 176     | Paula Thompson      | 43  | 979    | 48                  | 30:52.8 | 9:57  | 35              | 29:04.7 | 9:23  | 59:57.6   | 9:40/M  |
| 39    | 179     | Jennifer Watson     | 41  | 493    | 43                  | 30:29.4 | 9:50  | 38              | 29:31.2 | 9:31  | 1:00:00.7 | 9:41/M  |
| 40    | 181     | Christie Delhomme   | 42  | 67     | 33                  | 29:10.3 | 9:25  | 48              | 30:53.3 | 9:58  | 1:00:03.6 | 9:41/M  |
| 41    | 182     | Brandi Badeaux      | 43  | 1108   | 40                  | 30:03.4 | 9:42  | 42              | 30:01.1 | 9:41  | 1:00:04.5 | 9:41/M  |
| 42    | 183     | Stephanie Buck      | 44  | 1077   | 45                  | 30:34.8 | 9:52  | 39              | 29:33.9 | 9:32  | 1:00:08.8 | 9:42/M  |
| 43    | 185     | Christine Blancher  | 41  | 651    | 60                  | 31:41.4 | 10:13 | 28              | 28:37.1 | 9:14  | 1:00:18.5 | 9:44/M  |
| 44    | 189     | Maria Lahaye Menard | 42  | 176    | 41                  | 30:14.3 | 9:45  | 44              | 30:19.2 | 9:47  | 1:00:33.5 | 9:46/M  |
| 45    | 203     | Carmen Olivier      | 43  | 470    | 44                  | 30:31.7 | 9:51  | 46              | 30:38.9 | 9:53  | 1:01:10.6 | 9:52/M  |
| 46    | 215     | Amber Laprairie     | 41  | 895    | 52                  | 31:10.4 | 10:03 | 45              | 30:29.2 | 9:50  | 1:01:39.7 | 9:57/M  |
| 47    | 217     | Candace Bain        | 43  | 781    | 57                  | 31:22.5 | 10:07 | 43              | 30:18.2 | 9:46  | 1:01:40.7 | 9:57/M  |
| 48    | 220     | Mandy Martin        | 42  | 187    | 37                  | 29:40.8 | 9:34  | 59              | 32:02.4 | 10:20 | 1:01:43.3 | 9:57/M  |
| 49    | 221     | Lyne Mitchell       | 43  | 124    | 47                  | 30:39.4 | 9:53  | 50              | 31:03.9 | 10:01 | 1:01:43.3 | 9:57/M  |
| 50    | 227     | Marnie Hoyt         | 41  | 1038   | 53                  | 31:10.9 | 10:03 | 49              | 30:54.9 | 9:58  | 1:02:05.9 | 10:01/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 40 to 44

| Place | Place   |                        | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|------------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                   |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 51    | 233     | Courtney Gerald Elkins | 42  | 1009   | 61                  | 31:52.5 | 10:17 | 47              | 30:48.2 | 9:56  | 1:02:40.7 | 10:06/M |
| 52    | 235     | Heidi Roma             | 41  | 1060   | 54                  | 31:15.0 | 10:05 | 53              | 31:25.9 | 10:08 | 1:02:41.0 | 10:07/M |
| 53    | 236     | Kerry Hoffpauir        | 43  | 375    | 55                  | 31:17.6 | 10:05 | 52              | 31:25.0 | 10:08 | 1:02:42.6 | 10:07/M |
| 54    | 237     | Stacey Simon           | 43  | 966    | 56                  | 31:17.8 | 10:05 | 54              | 31:27.0 | 10:09 | 1:02:44.8 | 10:07/M |
| 55    | 242     | Ashley Salvaggio       | 42  | 1129   | 58                  | 31:28.2 | 10:09 | 55              | 31:27.9 | 10:09 | 1:02:56.2 | 10:09/M |
| 56    | 243     | Kim Hebert             | 43  | 870    | 46                  | 30:37.0 | 9:53  | 60              | 32:20.1 | 10:26 | 1:02:57.2 | 10:09/M |
| 57    | 248     | Kim Dooley             | 43  | 1175   | 64                  | 32:01.8 | 10:20 | 51              | 31:07.6 | 10:02 | 1:03:09.4 | 10:11/M |
| 58    | 259     | Jamie Trahan           | 42  | 1109   | 42                  | 30:19.6 | 9:47  | 69              | 33:07.0 | 10:41 | 1:03:26.7 | 10:14/M |
| 59    | 260     | Kim Harrison           | 44  | 1097   | 49                  | 30:55.8 | 9:58  | 61              | 32:31.5 | 10:29 | 1:03:27.3 | 10:14/M |
| 60    | 265     | Corie Wells            | 44  | 463    | 50                  | 30:57.5 | 9:59  | 63              | 32:46.7 | 10:34 | 1:03:44.3 | 10:17/M |
| 61    | 268     | Michelle Rome          | 43  | 503    | 51                  | 31:00.5 | 10:00 | 67              | 33:01.0 | 10:39 | 1:04:01.5 | 10:20/M |
| 62    | 271     | Robin Pham             | 40  | 936    | 68                  | 32:46.4 | 10:34 | 56              | 31:29.7 | 10:09 | 1:04:16.1 | 10:22/M |
| 63    | 276     | Kelly Schoeffler       | 43  | 1004   | 69                  | 32:56.6 | 10:37 | 57              | 31:33.7 | 10:11 | 1:04:30.3 | 10:24/M |
| 64    | 279     | Amber Lodrigues        | 41  | 613    | 62                  | 31:56.5 | 10:18 | 64              | 32:47.5 | 10:35 | 1:04:44.1 | 10:26/M |
| 65    | 287     | Hazel Chavis           | 43  | 1012   | 63                  | 32:01.0 | 10:20 | 65              | 32:51.9 | 10:36 | 1:04:53.0 | 10:28/M |
| 66    | 288     | Martina Joseph         | 44  | 456    | 59                  | 31:37.3 | 10:12 | 70              | 33:23.0 | 10:46 | 1:05:00.3 | 10:29/M |
| 67    | 292     | Denise Champagne       | 41  | 562    | 71                  | 33:20.0 | 10:45 | 58              | 31:57.2 | 10:18 | 1:05:17.3 | 10:32/M |
| 68    | 299     | Robin Secco            | 43  | 736    | 65                  | 32:35.7 | 10:31 | 68              | 33:03.4 | 10:40 | 1:05:39.1 | 10:35/M |
| 69    | 303     | Sandra Lejeune         | 41  | 119    | 67                  | 32:46.0 | 10:34 | 66              | 32:58.5 | 10:38 | 1:05:44.5 | 10:36/M |
| 70    | 319     | Wendy Broussard        | 42  | 1023   | 74                  | 33:44.8 | 10:53 | 62              | 32:41.6 | 10:33 | 1:06:26.5 | 10:43/M |
| 71    | 344     | April Holley           | 41  | 408    | 66                  | 32:36.1 | 10:31 | 75              | 35:34.0 | 11:28 | 1:08:10.1 | 11:00/M |
| 72    | 345     | Amy Cavanaugh          | 42  | 458    | 72                  | 33:31.5 | 10:49 | 72              | 34:40.4 | 11:11 | 1:08:11.9 | 11:00/M |
| 73    | 346     | Miranda Usie           | 40  | 264    | 75                  | 33:54.2 | 10:56 | 71              | 34:17.8 | 11:04 | 1:08:12.0 | 11:00/M |
| 74    | 353     | Tommi Angelle          | 44  | 1028   | 73                  | 33:38.9 | 10:51 | 73              | 35:04.3 | 11:19 | 1:08:43.3 | 11:05/M |
| 75    | 357     | Korie Champeaux        | 44  | 414    | 70                  | 33:03.3 | 10:40 | 76              | 35:52.5 | 11:34 | 1:08:55.9 | 11:07/M |
| 76    | 382     | Aimee Doucet           | 41  | 832    | 77                  | 34:23.4 | 11:05 | 78              | 36:09.8 | 11:40 | 1:10:33.2 | 11:23/M |
| 77    | 384     | Charisa Bernard        | 41  | 648    | 84                  | 35:30.1 | 11:27 | 74              | 35:10.2 | 11:21 | 1:10:40.4 | 11:24/M |
| 78    | 393     | Nicole Guidry          | 41  | 711    | 79                  | 34:41.9 | 11:11 | 81              | 36:38.0 | 11:49 | 1:11:19.9 | 11:30/M |
| 79    | 394     | Candace Frazier        | 44  | 844    | 76                  | 34:16.7 | 11:03 | 84              | 37:06.2 | 11:58 | 1:11:22.9 | 11:31/M |
| 80    | 395     | Chris Cormier          | 44  | 691    | 80                  | 35:10.1 | 11:21 | 79              | 36:19.2 | 11:43 | 1:11:29.3 | 11:32/M |
| 81    | 396     | Stephanie Skinner      | 42  | 359    | 81                  | 35:22.3 | 11:25 | 77              | 36:07.7 | 11:39 | 1:11:30.1 | 11:32/M |
| 82    | 416     | Gabrielle Frazier      | 43  | 241    | 85                  | 35:41.0 | 11:31 | 85              | 37:19.7 | 12:02 | 1:13:00.7 | 11:46/M |
| 83    | 419     | Christy Bird           | 40  | 545    | 78                  | 34:35.3 | 11:09 | 90              | 38:39.8 | 12:28 | 1:13:15.1 | 11:49/M |
| 84    | 426     | Dana Altamirano        | 44  | 129    | 90                  | 36:48.8 | 11:52 | 83              | 36:55.7 | 11:55 | 1:13:44.6 | 11:54/M |
| 85    | 427     | Stacey Savoy           | 44  | 689    | 86                  | 36:18.1 | 11:43 | 86              | 37:26.8 | 12:05 | 1:13:45.0 | 11:54/M |
| 86    | 438     | Raegan Doucet          | 41  | 1042   | 93                  | 37:40.9 | 12:09 | 80              | 36:26.0 | 11:45 | 1:14:07.0 | 11:57/M |
| 87    | 441     | Pauline Johnston       | 43  | 92     | 88                  | 36:35.2 | 11:48 | 88              | 37:43.4 | 12:10 | 1:14:18.6 | 11:59/M |
| 88    | 445     | Shelley Johnson        | 44  | 881    | 91                  | 36:52.9 | 11:54 | 87              | 37:41.7 | 12:09 | 1:14:34.6 | 12:02/M |
| 89    | 450     | Emily Pitre            | 41  | 937    | 94                  | 37:53.5 | 12:13 | 82              | 36:51.3 | 11:53 | 1:14:44.8 | 12:03/M |
| 90    | 451     | Charisse Douget        | 40  | 634    | 83                  | 35:27.8 | 11:26 | 91              | 39:22.2 | 12:42 | 1:14:50.0 | 12:04/M |
| 91    | 452     | Callie Schouest        | 42  | 382    | 82                  | 35:26.1 | 11:26 | 92              | 39:24.7 | 12:43 | 1:14:50.9 | 12:04/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 40 to 44

| Place |         |                   | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|-------------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name              | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 92    | 459     | Kilie Armand      | 40                  | 85     | 92  | 37:12.0 | 12:00 | 89              | 38:09.5 | 12:18 | 1:15:21.6 | 12:09/M |
| 93    | 469     | Nathalie Leroux   | 42                  | 907    | 89  | 36:48.6 | 11:52 | 93              | 39:26.7 | 12:43 | 1:16:15.3 | 12:18/M |
| 94    | 477     | Crystal Pritchard | 41                  | 288    | 87  | 36:31.8 | 11:47 | 95              | 40:22.2 | 13:01 | 1:16:54.1 | 12:24/M |
| 95    | 484     | Heather Perilloux | 44                  | 935    | 96  | 38:17.6 | 12:21 | 94              | 39:43.4 | 12:49 | 1:18:01.1 | 12:35/M |
| 96    | 499     | Allyson Womack    | 42                  | 496    | 95  | 37:57.2 | 12:15 | 97              | 41:07.8 | 13:16 | 1:19:05.1 | 12:45/M |
| 97    | 510     | Cindy Reid Landry | 42                  | 765    | 99  | 39:59.0 | 12:54 | 96              | 40:37.2 | 13:06 | 1:20:36.2 | 13:00/M |
| 98    | 517     | Tasha Cieslak     | 41                  | 820    | 98  | 39:01.9 | 12:35 | 98              | 43:11.3 | 13:56 | 1:22:13.2 | 13:16/M |
| 99    | 519     | Jacqueline Fruge  | 44                  | 95     | 97  | 38:30.3 | 12:25 | 100             | 43:46.0 | 14:07 | 1:22:16.4 | 13:16/M |
| 100   | 524     | Vicki Lambert     | 44                  | 892    | 100 | 40:40.7 | 13:07 | 99              | 43:23.0 | 14:00 | 1:24:03.8 | 13:33/M |
| 101   | 545     | Kim Millien       | 44                  | 390    | 101 | 42:40.3 | 13:46 | 101             | 45:27.6 | 14:40 | 1:28:07.9 | 14:13/M |
| 102   | 558     | Laurel Dupont     | 41                  | 1518   | 102 | 46:50.8 | 15:06 | 103             | 45:56.9 | 14:49 | 1:32:47.8 | 14:58/M |
| 103   | 560     | Louise Pastor     | 41                  | 315    | 103 | 49:01.0 | 15:49 | 102             | 45:47.7 | 14:46 | 1:34:48.7 | 15:17/M |

#### Female 45 to 49

| Place |         |                    | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |      | Total     |        |
|-------|---------|--------------------|---------------------|--------|-----|---------|-------|-----------------|---------|------|-----------|--------|
| Place | Overall | Name               | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace | Time      | Pace   |
| 1     | 13      | Pamela Gaillard    | 47                  | 1035   | 2   | 24:03.6 | 7:45  | 1               | 23:46.5 | 7:40 | 47:50.1   | 7:43/M |
| 2     | 23      | Marilyn Rumbaugh   | 46                  | 350    | 4   | 25:05.7 | 8:05  | 2               | 23:57.6 | 7:44 | 49:03.3   | 7:55/M |
| 3     | 24      | Olivia Girouard    | 46                  | 853    | 1   | 23:55.3 | 7:43  | 4               | 25:11.2 | 8:07 | 49:06.6   | 7:55/M |
| 4     | 40      | Christine Willis   | 45                  | 210    | 5   | 25:26.5 | 8:12  | 3               | 25:09.1 | 8:07 | 50:35.6   | 8:10/M |
| 5     | 45      | Misty Walters      | 46                  | 989    | 3   | 24:54.0 | 8:02  | 6               | 26:13.2 | 8:27 | 51:07.3   | 8:15/M |
| 6     | 67      | Beth Perry         | 47                  | 706    | 8   | 27:34.2 | 8:54  | 5               | 25:38.5 | 8:16 | 53:12.7   | 8:35/M |
| 7     | 73      | Sheila Plunkett    | 47                  | 549    | 7   | 27:08.3 | 8:45  | 7               | 26:17.0 | 8:29 | 53:25.4   | 8:37/M |
| 8     | 81      | Laina Fredieu      | 46                  | 221    | 9   | 27:52.8 | 8:59  | 8               | 26:20.5 | 8:30 | 54:13.4   | 8:45/M |
| 9     | 83      | Maria Mendoza      | 47                  | 1000   | 6   | 26:59.8 | 8:42  | 9               | 27:30.0 | 8:52 | 54:29.9   | 8:47/M |
| 10    | 108     | Tricia Massie      | 46                  | 459    | 11  | 28:26.7 | 9:10  | 10              | 27:50.1 | 8:59 | 56:16.9   | 9:05/M |
| 11    | 115     | Carol Fontenot     | 49                  | 719    | 13  | 28:43.9 | 9:16  | 12              | 27:58.0 | 9:01 | 56:42.0   | 9:09/M |
| 12    | 119     | Virginia Woods     | 46                  | 993    | 12  | 28:30.4 | 9:12  | 14              | 28:26.9 | 9:10 | 56:57.4   | 9:11/M |
| 13    | 126     | Tricia Dugas       | 48                  | 835    | 15  | 29:19.4 | 9:27  | 13              | 28:19.5 | 9:08 | 57:38.9   | 9:18/M |
| 14    | 140     | Renee Nugier       | 47                  | 394    | 16  | 29:24.9 | 9:29  | 15              | 28:33.1 | 9:13 | 57:58.1   | 9:21/M |
| 15    | 146     | Karen Sanson       | 49                  | 957    | 14  | 29:10.0 | 9:25  | 17              | 28:55.1 | 9:20 | 58:05.1   | 9:22/M |
| 16    | 147     | Christy Hebert     | 49                  | 1086   | 17  | 29:27.3 | 9:30  | 16              | 28:38.6 | 9:14 | 58:05.9   | 9:22/M |
| 17    | 160     | Tamara Lindner     | 46                  | 406    | 27  | 30:57.4 | 9:59  | 11              | 27:57.9 | 9:01 | 58:55.3   | 9:30/M |
| 18    | 164     | Gale Rhoades       | 49                  | 1140   | 19  | 29:51.8 | 9:38  | 18              | 29:31.5 | 9:31 | 59:23.4   | 9:35/M |
| 19    | 171     | Stefanie Prothro   | 45                  | 942    | 20  | 30:03.6 | 9:42  | 21              | 29:42.2 | 9:35 | 59:45.9   | 9:38/M |
| 20    | 184     | Candace Funderburk | 49                  | 136    | 18  | 29:35.2 | 9:33  | 26              | 30:41.2 | 9:54 | 1:00:16.4 | 9:43/M |
| 21    | 187     | Alonda Jenkins     | 47                  | 401    | 26  | 30:50.8 | 9:57  | 19              | 29:40.9 | 9:34 | 1:00:31.7 | 9:46/M |
| 22    | 204     | Michele Richard    | 45                  | 1058   | 22  | 30:33.9 | 9:51  | 25              | 30:37.0 | 9:53 | 1:01:10.9 | 9:52/M |
| 23    | 206     | Sandi Stewart      | 48                  | 423    | 30  | 31:07.4 | 10:02 | 23              | 30:10.2 | 9:44 | 1:01:17.7 | 9:53/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 45 to 49

| Place | Place   |                    | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|--------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name               |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 24    | 210     | Angela Stewart     | 49  | 1024   | 32                  | 31:29.9 | 10:09 | 22              | 29:55.5 | 9:39  | 1:01:25.4 | 9:54/M  |
| 25    | 213     | Simmie Soileau     | 49  | 757    | 21                  | 30:16.8 | 9:46  | 31              | 31:15.0 | 10:05 | 1:01:31.8 | 9:55/M  |
| 26    | 214     | Elizabeth Landry   | 48  | 1139   | 24                  | 30:34.8 | 9:52  | 28              | 31:02.7 | 10:01 | 1:01:37.6 | 9:56/M  |
| 27    | 216     | Melanie Lebouef    | 48  | 902    | 23                  | 30:34.7 | 9:52  | 29              | 31:05.8 | 10:02 | 1:01:40.5 | 9:57/M  |
| 28    | 218     | Deedee McCoy       | 46  | 917    | 31                  | 31:22.4 | 10:07 | 24              | 30:18.2 | 9:46  | 1:01:40.7 | 9:57/M  |
| 29    | 223     | Stephanie Reis     | 49  | 540    | 36                  | 32:11.5 | 10:23 | 20              | 29:41.7 | 9:35  | 1:01:53.2 | 9:59/M  |
| 30    | 232     | Missy Foster       | 45  | 211    | 28                  | 31:02.9 | 10:01 | 32              | 31:24.1 | 10:08 | 1:02:27.0 | 10:04/M |
| 31    | 234     | Jennifer Daigle    | 45  | 268    | 35                  | 31:51.0 | 10:16 | 27              | 30:49.8 | 9:56  | 1:02:40.8 | 10:06/M |
| 32    | 245     | Nicole Morrow      | 46  | 925    | 25                  | 30:42.0 | 9:54  | 38              | 32:20.9 | 10:26 | 1:03:02.9 | 10:10/M |
| 33    | 247     | Amanda Galloway    | 46  | 1142   | 29                  | 31:04.9 | 10:01 | 37              | 32:01.2 | 10:20 | 1:03:06.1 | 10:11/M |
| 34    | 262     | Andrea Vidrine     | 49  | 388    | 34                  | 31:45.1 | 10:15 | 33              | 31:47.2 | 10:15 | 1:03:32.3 | 10:15/M |
| 35    | 273     | Vanessa Jones      | 48  | 738    | 33                  | 31:42.0 | 10:14 | 39              | 32:39.0 | 10:32 | 1:04:21.0 | 10:23/M |
| 36    | 281     | Wendy Mouton       | 49  | 929    | 38                  | 32:46.7 | 10:34 | 36              | 31:59.5 | 10:19 | 1:04:46.3 | 10:27/M |
| 37    | 283     | Emilie Boudreaux   | 45  | 800    | 39                  | 32:48.9 | 10:35 | 34              | 31:57.9 | 10:18 | 1:04:46.8 | 10:27/M |
| 38    | 286     | Tara Derouen       | 45  | 387    | 44                  | 33:42.3 | 10:52 | 30              | 31:08.0 | 10:03 | 1:04:50.3 | 10:27/M |
| 39    | 294     | Cindy Ardoin       | 47  | 778    | 43                  | 33:23.7 | 10:46 | 35              | 31:57.9 | 10:18 | 1:05:21.7 | 10:32/M |
| 40    | 318     | Montine Howard     | 49  | 184    | 37                  | 32:44.7 | 10:34 | 41              | 33:39.2 | 10:51 | 1:06:24.0 | 10:43/M |
| 41    | 325     | Shantelle Scott    | 46  | 662    | 40                  | 32:57.0 | 10:38 | 44              | 33:49.4 | 10:55 | 1:06:46.4 | 10:46/M |
| 42    | 334     | Nanette Bernard    | 47  | 766    | 46                  | 34:20.3 | 11:05 | 40              | 33:05.2 | 10:40 | 1:07:25.6 | 10:52/M |
| 43    | 342     | Mandy Broussard    | 45  | 326    | 47                  | 34:25.0 | 11:06 | 42              | 33:40.0 | 10:52 | 1:08:05.1 | 10:59/M |
| 44    | 351     | Ann Dore           | 45  | 1520   | 45                  | 33:45.4 | 10:53 | 46              | 34:54.8 | 11:15 | 1:08:40.2 | 11:05/M |
| 45    | 358     | Maria Marshall     | 45  | 1107   | 41                  | 33:04.9 | 10:40 | 49              | 35:51.5 | 11:34 | 1:08:56.4 | 11:07/M |
| 46    | 363     | Sharon Onken       | 45  | 338    | 54                  | 35:30.6 | 11:27 | 43              | 33:41.3 | 10:52 | 1:09:11.9 | 11:10/M |
| 47    | 376     | Rachel Alexander   | 47  | 1523   | 52                  | 35:20.8 | 11:24 | 45              | 34:16.9 | 11:03 | 1:09:37.8 | 11:14/M |
| 48    | 378     | Melisa Blundell    | 47  | 659    | 48                  | 34:28.7 | 11:07 | 48              | 35:25.4 | 11:25 | 1:09:54.2 | 11:16/M |
| 49    | 380     | Leslie Prejean     | 49  | 345    | 49                  | 34:43.4 | 11:12 | 47              | 35:12.2 | 11:21 | 1:09:55.6 | 11:17/M |
| 50    | 385     | Dedra Buddecke     | 45  | 535    | 42                  | 33:19.8 | 10:45 | 54              | 37:22.4 | 12:03 | 1:10:42.3 | 11:24/M |
| 51    | 400     | Phyllis Dennis     | 48  | 74     | 53                  | 35:24.3 | 11:25 | 53              | 36:42.9 | 11:50 | 1:12:07.2 | 11:38/M |
| 52    | 415     | Tammy Waters       | 47  | 1116   | 51                  | 35:15.1 | 11:22 | 56              | 37:42.5 | 12:10 | 1:12:57.7 | 11:46/M |
| 53    | 434     | Pam Thibodeaux     | 45  | 617    | 62                  | 37:36.9 | 12:08 | 51              | 36:26.8 | 11:45 | 1:14:03.8 | 11:57/M |
| 54    | 435     | Paige Veron        | 47  | 605    | 63                  | 37:37.4 | 12:08 | 50              | 36:26.4 | 11:45 | 1:14:03.8 | 11:57/M |
| 55    | 439     | Lori Welch         | 46  | 763    | 64                  | 37:45.7 | 12:11 | 52              | 36:30.4 | 11:46 | 1:14:16.1 | 11:59/M |
| 56    | 440     | Lisa Myers         | 47  | 376    | 55                  | 36:02.2 | 11:37 | 58              | 38:14.1 | 12:20 | 1:14:16.4 | 11:59/M |
| 57    | 443     | Wendy Comeaux      | 48  | 500    | 50                  | 34:53.8 | 11:15 | 61              | 39:36.5 | 12:46 | 1:14:30.3 | 12:01/M |
| 58    | 444     | Michelle Benson    | 47  | 746    | 57                  | 36:39.2 | 11:49 | 57              | 37:54.1 | 12:14 | 1:14:33.4 | 12:01/M |
| 59    | 447     | Joan B Landry      | 49  | 81     | 58                  | 37:00.3 | 11:56 | 55              | 37:35.0 | 12:07 | 1:14:35.3 | 12:02/M |
| 60    | 474     | Katina Ardoin      | 47  | 645    | 60                  | 37:04.8 | 11:57 | 60              | 39:26.8 | 12:43 | 1:16:31.6 | 12:20/M |
| 61    | 485     | Nicolle Campbell   | 48  | 469    | 59                  | 37:04.7 | 11:57 | 64              | 41:01.7 | 13:14 | 1:18:06.5 | 12:36/M |
| 62    | 492     | Liza Granger       | 45  | 610    | 61                  | 37:29.5 | 12:05 | 65              | 41:09.3 | 13:16 | 1:18:38.9 | 12:41/M |
| 63    | 493     | Amy Yarbrough      | 46  | 994    | 56                  | 36:04.1 | 11:38 | 66              | 42:35.2 | 13:44 | 1:18:39.4 | 12:41/M |
| 64    | 494     | Melanie Laviolette | 45  | 475    | 67                  | 39:37.4 | 12:47 | 59              | 39:14.3 | 12:39 | 1:18:51.8 | 12:43/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 45 to 49

| Place |         |                    | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|--------------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name               | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 65    | 498     | Josette Gholson    | 46                  | 674    | 65  | 39:01.9 | 12:35 | 62              | 40:00.9 | 12:54 | 1:19:02.8 | 12:45/M |
| 66    | 504     | Angela Guillory    | 45                  | 558    | 66  | 39:12.1 | 12:39 | 63              | 40:22.4 | 13:01 | 1:19:34.5 | 12:50/M |
| 67    | 521     | Jennifer Theriot   | 45                  | 1092   | 68  | 39:42.3 | 12:48 | 67              | 42:48.7 | 13:48 | 1:22:31.0 | 13:19/M |
| 68    | 532     | Desiree Jackson    | 47                  | 235    | 70  | 41:38.2 | 13:26 | 68              | 43:38.5 | 14:05 | 1:25:16.7 | 13:45/M |
| 69    | 536     | Stacey Carrier     | 45                  | 199    | 69  | 41:30.9 | 13:23 | 70              | 44:50.9 | 14:28 | 1:26:21.9 | 13:56/M |
| 70    | 543     | Valerie Jumonville | 48                  | 883    | 71  | 43:26.2 | 14:01 | 69              | 44:29.0 | 14:21 | 1:27:55.2 | 14:11/M |
| 71    | 554     | Carrie Chastant    | 46                  | 653    | 72  | 45:00.6 | 14:31 | 71              | 46:22.0 | 14:57 | 1:31:22.6 | 14:44/M |

#### Female 50 to 54

| Place |         |                    | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|--------------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name               | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 31      | Angela Sellers     | 51                  | 57     | 1   | 24:31.1 | 7:55  | 2               | 25:25.7 | 8:12  | 49:56.8   | 8:03/M  |
| 2     | 37      | Leisa Lee          | 52                  | 324    | 2   | 25:13.7 | 8:08  | 1               | 25:07.8 | 8:06  | 50:21.5   | 8:07/M  |
| 3     | 57      | Ginger Coreil      | 50                  | 517    | 3   | 25:30.4 | 8:14  | 5               | 26:31.8 | 8:33  | 52:02.3   | 8:24/M  |
| 4     | 72      | Mary Broussard     | 50                  | 743    | 4   | 26:54.8 | 8:41  | 3               | 26:30.3 | 8:33  | 53:25.1   | 8:37/M  |
| 5     | 75      | Lisa Schneider     | 53                  | 1113   | 5   | 27:03.3 | 8:44  | 4               | 26:30.7 | 8:33  | 53:34.0   | 8:38/M  |
| 6     | 86      | Dawn Rippas        | 52                  | 949    | 8   | 27:40.7 | 8:55  | 6               | 27:09.2 | 8:45  | 54:49.9   | 8:50/M  |
| 7     | 96      | Tresha Michot      | 50                  | 921    | 7   | 27:29.3 | 8:52  | 7               | 27:58.4 | 9:01  | 55:27.8   | 8:57/M  |
| 8     | 100     | Teresa Ernst       | 51                  | 447    | 10  | 27:42.9 | 8:56  | 8               | 28:04.6 | 9:03  | 55:47.6   | 9:00/M  |
| 9     | 105     | Shannon Johnson    | 50                  | 464    | 6   | 27:22.8 | 8:50  | 10              | 28:37.6 | 9:14  | 56:00.5   | 9:02/M  |
| 10    | 107     | Monique Nelms      | 52                  | 245    | 9   | 27:41.2 | 8:56  | 9               | 28:32.3 | 9:12  | 56:13.6   | 9:04/M  |
| 11    | 125     | Donna Girouard     | 52                  | 109    | 11  | 28:16.3 | 9:07  | 11              | 29:19.3 | 9:27  | 57:35.6   | 9:17/M  |
| 12    | 158     | Angie Comeaux      | 54                  | 435    | 12  | 29:05.0 | 9:23  | 13              | 29:31.0 | 9:31  | 58:36.0   | 9:27/M  |
| 13    | 165     | Uyen Chu           | 51                  | 818    | 13  | 29:25.8 | 9:29  | 16              | 29:59.7 | 9:40  | 59:25.5   | 9:35/M  |
| 14    | 177     | Terri Gondron      | 50                  | 112    | 16  | 30:27.4 | 9:49  | 12              | 29:30.8 | 9:31  | 59:58.3   | 9:40/M  |
| 15    | 180     | Karen St Germain   | 51                  | 1014   | 17  | 30:28.3 | 9:50  | 14              | 29:35.0 | 9:33  | 1:00:03.3 | 9:41/M  |
| 16    | 192     | Mitzi Lalande      | 53                  | 567    | 14  | 30:16.4 | 9:46  | 17              | 30:22.2 | 9:48  | 1:00:38.6 | 9:47/M  |
| 17    | 196     | Renee Guillory     | 52                  | 859    | 15  | 30:24.5 | 9:48  | 18              | 30:24.3 | 9:48  | 1:00:48.9 | 9:48/M  |
| 18    | 209     | Naomi Friedberg    | 50                  | 846    | 21  | 31:30.9 | 10:10 | 15              | 29:54.4 | 9:39  | 1:01:25.4 | 9:54/M  |
| 19    | 225     | Cinnamon Broussard | 50                  | 499    | 18  | 30:57.6 | 9:59  | 19              | 30:58.8 | 9:59  | 1:01:56.5 | 9:59/M  |
| 20    | 239     | Kristi Ikerd       | 50                  | 597    | 20  | 31:30.7 | 10:10 | 20              | 31:21.5 | 10:07 | 1:02:52.3 | 10:08/M |
| 21    | 266     | Annette Kelsch     | 52                  | 885    | 19  | 31:30.7 | 10:10 | 21              | 32:19.4 | 10:25 | 1:03:50.1 | 10:18/M |
| 22    | 295     | Sonya Jumonville   | 50                  | 1152   | 23  | 32:38.8 | 10:32 | 23              | 32:44.6 | 10:34 | 1:05:23.4 | 10:33/M |
| 23    | 313     | Sophia Quebedeaux  | 53                  | 529    | 27  | 33:24.6 | 10:46 | 22              | 32:44.4 | 10:34 | 1:06:09.0 | 10:40/M |
| 24    | 316     | Mary Ethridge      | 51                  | 587    | 25  | 32:58.2 | 10:38 | 24              | 33:15.8 | 10:44 | 1:06:14.0 | 10:41/M |
| 25    | 321     | Kim Hebert         | 53                  | 313    | 26  | 33:06.7 | 10:41 | 25              | 33:35.6 | 10:50 | 1:06:42.3 | 10:45/M |
| 26    | 327     | Tina Dugas         | 54                  | 694    | 22  | 31:55.4 | 10:18 | 29              | 34:55.8 | 11:16 | 1:06:51.3 | 10:47/M |
| 27    | 330     | Bonnie Tharp       | 53                  | 976    | 24  | 32:52.4 | 10:36 | 27              | 34:28.6 | 11:07 | 1:07:21.1 | 10:52/M |
| 28    | 348     | Erin Belsom        | 50                  | 1050   | 28  | 33:26.9 | 10:47 | 30              | 34:58.3 | 11:17 | 1:08:25.2 | 11:02/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 50 to 54

| Place | Place   |                      | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|----------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                 |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 29    | 361     | Angela Concienne     | 54  | 614    | 30                  | 34:18.8 | 11:04 | 28              | 34:45.5 | 11:13 | 1:09:04.3 | 11:08/M |
| 30    | 367     | Marie Dekerlegand    | 52  | 1168   | 29                  | 34:06.8 | 11:00 | 31              | 35:09.3 | 11:20 | 1:09:16.2 | 11:10/M |
| 31    | 374     | Jeri Onken           | 52  | 286    | 34                  | 35:27.8 | 11:26 | 26              | 34:00.6 | 10:58 | 1:09:28.4 | 11:12/M |
| 32    | 388     | Michelle Monte       | 51  | 168    | 32                  | 34:40.7 | 11:11 | 32              | 36:17.0 | 11:42 | 1:10:57.7 | 11:27/M |
| 33    | 391     | Elizabeth Reid       | 51  | 943    | 31                  | 34:40.4 | 11:11 | 33              | 36:22.8 | 11:44 | 1:11:03.2 | 11:28/M |
| 34    | 399     | Cathy Almeida        | 52  | 721    | 33                  | 35:21.6 | 11:24 | 34              | 36:27.9 | 11:45 | 1:11:49.5 | 11:35/M |
| 35    | 456     | Vickie Bailey        | 52  | 780    | 36                  | 37:02.5 | 11:57 | 35              | 37:55.6 | 12:14 | 1:14:58.1 | 12:05/M |
| 36    | 470     | Renee Delahoussaye   | 51  | 580    | 37                  | 37:54.2 | 12:14 | 36              | 38:33.5 | 12:26 | 1:16:27.7 | 12:20/M |
| 37    | 481     | Leslie Fontenot      | 53  | 249    | 39                  | 38:22.6 | 12:23 | 37              | 39:02.1 | 12:35 | 1:17:24.8 | 12:29/M |
| 38    | 502     | Lisa Perry           | 53  | 550    | 38                  | 37:58.0 | 12:15 | 41              | 41:31.8 | 13:24 | 1:19:29.8 | 12:49/M |
| 39    | 507     | Karen Batiste        | 52  | 768    | 41                  | 40:11.9 | 12:58 | 39              | 40:12.7 | 12:58 | 1:20:24.7 | 12:58/M |
| 40    | 508     | Elizabeth Farnsworth | 50  | 272    | 35                  | 36:49.4 | 11:53 | 43              | 43:38.5 | 14:05 | 1:20:28.0 | 12:59/M |
| 41    | 512     | Adaora Chukudebelu   | 51  | 556    | 42                  | 41:28.8 | 13:23 | 38              | 39:16.4 | 12:40 | 1:20:45.2 | 13:01/M |
| 42    | 513     | Leslie Soileau       | 50  | 969    | 40                  | 39:42.3 | 12:48 | 40              | 41:10.7 | 13:17 | 1:20:53.0 | 13:03/M |
| 43    | 528     | Lisa Landry          | 52  | 1134   | 43                  | 42:36.1 | 13:45 | 42              | 42:01.0 | 13:33 | 1:24:37.2 | 13:39/M |
| 44    | 559     | Yvette Benoit        | 54  | 223    | 46                  | 45:38.7 | 14:43 | 44              | 48:24.2 | 15:37 | 1:34:03.0 | 15:10/M |
| 45    | 564     | Tammy Gremillion     | 54  | 1153   | 45                  | 44:16.3 | 14:17 | 45              | 51:49.0 | 16:43 | 1:36:05.4 | 15:30/M |
| 46    | 566     | Paula Vizinat        | 51  | 686    | 44                  | 44:13.9 | 14:16 | 46              | 52:19.2 | 16:53 | 1:36:33.1 | 15:34/M |

#### Female 55 to 59

| Place | Place   |                    | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|--------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name               |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 29      | Pamela Thibodeaux  | 57  | 309    | 1                   | 24:43.9 | 7:58  | 1               | 24:53.0 | 8:02  | 49:37.0   | 8:00/M  |
| 2     | 78      | Lisa Bell          | 56  | 431    | 2                   | 27:37.7 | 8:55  | 2               | 26:27.7 | 8:32  | 54:05.5   | 8:43/M  |
| 3     | 104     | Susie Holloway     | 59  | 875    | 3                   | 28:08.3 | 9:05  | 3               | 27:51.4 | 8:59  | 55:59.8   | 9:02/M  |
| 4     | 116     | Catalina Batiste   | 56  | 1094   | 4                   | 28:40.9 | 9:15  | 4               | 28:01.3 | 9:02  | 56:42.2   | 9:09/M  |
| 5     | 219     | Tina McKissick     | 55  | 918    | 5                   | 30:39.0 | 9:53  | 6               | 31:02.3 | 10:01 | 1:01:41.3 | 9:57/M  |
| 6     | 226     | Lori Pritchett     | 55  | 709    | 6                   | 31:03.6 | 10:01 | 5               | 30:59.4 | 10:00 | 1:02:03.0 | 10:00/M |
| 7     | 297     | Roxanne Cole       | 56  | 821    | 13                  | 33:43.0 | 10:53 | 7               | 31:52.8 | 10:17 | 1:05:35.8 | 10:35/M |
| 8     | 301     | Angie Lippman      | 57  | 723    | 9                   | 33:08.0 | 10:41 | 8               | 32:32.6 | 10:30 | 1:05:40.6 | 10:35/M |
| 9     | 308     | Claire Delaune     | 59  | 373    | 7                   | 32:35.8 | 10:31 | 13              | 33:20.1 | 10:45 | 1:05:56.0 | 10:38/M |
| 10    | 311     | Tina Haydel        | 55  | 443    | 11                  | 33:32.5 | 10:49 | 9               | 32:33.6 | 10:30 | 1:06:06.1 | 10:40/M |
| 11    | 312     | Sherry Wright      | 55  | 675    | 10                  | 33:22.9 | 10:46 | 11              | 32:45.6 | 10:34 | 1:06:08.6 | 10:40/M |
| 12    | 317     | Mary Kay Blanchard | 57  | 1125   | 12                  | 33:40.0 | 10:52 | 10              | 32:39.5 | 10:32 | 1:06:19.5 | 10:42/M |
| 13    | 328     | Tracy Ardoin       | 56  | 96     | 8                   | 32:39.4 | 10:32 | 14              | 34:17.2 | 11:04 | 1:06:56.7 | 10:48/M |
| 14    | 333     | Annette Faulk      | 55  | 426    | 16                  | 34:20.3 | 11:05 | 12              | 33:05.2 | 10:40 | 1:07:25.6 | 10:52/M |
| 15    | 354     | Ria Hebert         | 58  | 284    | 14                  | 33:44.4 | 10:53 | 15              | 34:59.7 | 11:17 | 1:08:44.2 | 11:05/M |
| 16    | 369     | Shuw-Hwey Juang    | 55  | 652    | 15                  | 34:07.8 | 11:00 | 16              | 35:12.0 | 11:21 | 1:09:19.9 | 11:11/M |
| 17    | 446     | Tammy Dugas        | 58  | 834    | 19                  | 37:00.3 | 11:56 | 17              | 37:34.7 | 12:07 | 1:14:35.1 | 12:02/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 55 to 59

| Place | Place   |                         | Age | Bib No | ----5K Split ---- |         |       | ---- 10K ---- |           |       | Total     |         |
|-------|---------|-------------------------|-----|--------|-------------------|---------|-------|---------------|-----------|-------|-----------|---------|
|       | Overall | Name                    |     |        | Rnk               | Time    | Pace  | Rnk           | Time      | Pace  | Time      | Pace    |
| 18    | 455     | Ann Dowdy               | 58  | 833    | 21                | 37:02.4 | 11:57 | 18            | 37:55.6   | 12:14 | 1:14:58.1 | 12:05/M |
| 19    | 467     | Cyndi Vidrine           | 56  | 76     | 18                | 36:51.7 | 11:53 | 19            | 39:09.7   | 12:38 | 1:16:01.5 | 12:16/M |
| 20    | 472     | Denise Faulk            | 55  | 840    | 20                | 37:00.5 | 11:56 | 20            | 39:27.4   | 12:44 | 1:16:28.0 | 12:20/M |
| 21    | 491     | Philomena Hatch         | 57  | 863    | 23                | 38:17.3 | 12:21 | 21            | 40:16.1   | 12:59 | 1:18:33.4 | 12:40/M |
| 22    | 497     | Cathy Walz              | 55  | 329    | 22                | 38:02.0 | 12:16 | 22            | 40:58.5   | 13:13 | 1:19:00.5 | 12:45/M |
| 23    | 516     | Patty Smith             | 59  | 968    | 24                | 39:56.2 | 12:53 | 23            | 41:56.8   | 13:32 | 1:21:53.1 | 13:12/M |
| 24    | 531     | Christine Blanc Saucier | 57  | 150    | 25                | 41:42.9 | 13:27 | 24            | 43:16.5   | 13:57 | 1:24:59.5 | 13:42/M |
| 25    | 537     | Mary Catherine Hager    | 57  | 696    | 27                | 43:08.6 | 13:55 | 25            | 43:46.2   | 14:07 | 1:26:54.9 | 14:01/M |
| 26    | 538     | Beth Frith              | 57  | 708    | 28                | 43:12.2 | 13:56 | 26            | 43:51.1   | 14:09 | 1:27:03.4 | 14:02/M |
| 27    | 544     | Rebecca Ridge           | 57  | 363    | 29                | 43:14.3 | 13:57 | 27            | 44:45.6   | 14:26 | 1:28:00.0 | 14:12/M |
| 28    | 546     | Stephanie Selvage       | 57  | 417    | 26                | 42:54.9 | 13:50 | 29            | 45:39.7   | 14:44 | 1:28:34.7 | 14:17/M |
| 29    | 548     | Pam Begnaud             | 56  | 785    | 30                | 44:46.5 | 14:26 | 28            | 45:17.9   | 14:36 | 1:30:04.4 | 14:32/M |
| 30    | 563     | Becky Howlett           | 58  | 86     | 31                | 47:23.1 | 15:17 | 30            | 48:26.8   | 15:37 | 1:35:50.0 | 15:27/M |
| 31    | 570     | Patrice Miller          | 56  | 729    |                   |         |       | 32            | 1:56:22.7 | 18:46 | 1:56:22.7 | 18:46/M |
| 32    | 571     | Joanne Miller           | 57  | 728    | 32                | 49:13.7 | 15:53 | 31            | 1:07:09.7 | 21:40 | 1:56:23.5 | 18:46/M |

#### Female 60 to 64

| Place | Place   |                     | Age | Bib No | ----5K Split ---- |         |       | ---- 10K ---- |         |       | Total     |         |
|-------|---------|---------------------|-----|--------|-------------------|---------|-------|---------------|---------|-------|-----------|---------|
|       | Overall | Name                |     |        | Rnk               | Time    | Pace  | Rnk           | Time    | Pace  | Time      | Pace    |
| 1     | 174     | Cindy Trahan        | 60  | 606    | 1                 | 29:39.2 | 9:34  | 2             | 30:15.4 | 9:45  | 59:54.7   | 9:40/M  |
| 2     | 195     | Dona Dietlein       | 63  | 572    | 2                 | 30:21.8 | 9:47  | 3             | 30:25.3 | 9:49  | 1:00:47.2 | 9:48/M  |
| 3     | 212     | Cecile Broussard    | 64  | 538    | 6                 | 31:31.7 | 10:10 | 1             | 29:54.0 | 9:39  | 1:01:25.8 | 9:54/M  |
| 4     | 244     | Lynette Clement     | 63  | 1034   | 4                 | 31:25.3 | 10:08 | 4             | 31:37.1 | 10:12 | 1:03:02.4 | 10:10/M |
| 5     | 246     | Vicki Hargroder     | 62  | 861    | 3                 | 30:43.8 | 9:55  | 5             | 32:20.6 | 10:26 | 1:03:04.5 | 10:10/M |
| 6     | 306     | Jan Penn            | 60  | 93     | 7                 | 32:37.3 | 10:31 | 6             | 33:10.7 | 10:42 | 1:05:48.0 | 10:37/M |
| 7     | 314     | Donna Comeaux       | 60  | 391    | 5                 | 31:30.9 | 10:10 | 9             | 34:40.1 | 11:11 | 1:06:11.1 | 10:40/M |
| 8     | 335     | Ellen Deaton        | 61  | 826    | 8                 | 33:38.2 | 10:51 | 8             | 33:52.6 | 10:55 | 1:07:30.9 | 10:53/M |
| 9     | 355     | Irene Cloud         | 61  | 665    | 11                | 35:30.6 | 11:27 | 7             | 33:19.7 | 10:45 | 1:08:50.3 | 11:06/M |
| 10    | 387     | Fran Gibson         | 61  | 133    | 10                | 34:45.8 | 11:13 | 11            | 36:09.0 | 11:40 | 1:10:54.9 | 11:26/M |
| 11    | 398     | Naomie Plaisance    | 62  | 1155   | 12                | 35:30.7 | 11:27 | 12            | 36:17.1 | 11:42 | 1:11:47.9 | 11:35/M |
| 12    | 414     | Bonnie Camos        | 61  | 399    | 13                | 36:56.4 | 11:55 | 10            | 36:01.2 | 11:37 | 1:12:57.6 | 11:46/M |
| 13    | 420     | Priscilla Broussard | 60  | 342    | 9                 | 34:34.7 | 11:09 | 14            | 38:41.2 | 12:29 | 1:13:15.9 | 11:49/M |
| 14    | 475     | Joan Vidrine        | 64  | 646    | 14                | 37:05.2 | 11:58 | 15            | 39:27.2 | 12:44 | 1:16:32.4 | 12:21/M |
| 15    | 482     | Mona Richard        | 61  | 948    | 17                | 39:05.8 | 12:36 | 13            | 38:19.9 | 12:22 | 1:17:25.7 | 12:29/M |
| 16    | 505     | Debbie Fuentes      | 62  | 1056   | 16                | 38:45.7 | 12:30 | 16            | 40:52.0 | 13:11 | 1:19:37.7 | 12:50/M |
| 17    | 514     | Cindy McCoy         | 62  | 546    | 15                | 38:39.0 | 12:28 | 18            | 42:45.7 | 13:47 | 1:21:24.7 | 13:08/M |
| 18    | 515     | Janette Merrill     | 62  | 920    | 18                | 39:54.7 | 12:52 | 17            | 41:57.2 | 13:32 | 1:21:52.0 | 13:12/M |
| 19    | 541     | Tori Guidry         | 61  | 727    | 21                | 44:43.6 | 14:25 | 19            | 43:07.6 | 13:55 | 1:27:51.2 | 14:10/M |
| 20    | 542     | Deborah Olivier     | 63  | 1001   | 19                | 43:12.9 | 13:56 | 20            | 44:40.3 | 14:25 | 1:27:53.2 | 14:10/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Female 60 to 64

| Place        |                |                 | -----5K Split ----- |               |            |             |             | ----- 10K ----- |             |             | Total       |             |
|--------------|----------------|-----------------|---------------------|---------------|------------|-------------|-------------|-----------------|-------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>     | <u>Age</u>          | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Pace</u> |
| 21           | 549            | Karen Kemp      | 62                  | 886           | 20         | 44:26.6     | 14:20       | 22              | 46:31.4     | 15:00       | 1:30:58.1   | 14:40/M     |
| 22           | 556            | Kimberly Hebert | 61                  | 396           | 22         | 46:40.2     | 15:03       | 21              | 44:57.5     | 14:30       | 1:31:37.7   | 14:47/M     |
| 23           | 568            | Louise Lovisa   | 62                  | 357           | 23         | 47:51.2     | 15:26       | 23              | 51:55.5     | 16:45       | 1:39:46.7   | 16:05/M     |
| 24           | 569            | Joan Adams      | 64                  | 772           | 24         | 50:51.1     | 16:24       | 24              | 53:34.8     | 17:17       | 1:44:26.0   | 16:51/M     |

#### Female 65 to 69

| Place        |                |                 | -----5K Split ----- |               |            |             |             | ----- 10K ----- |             |             | Total       |             |
|--------------|----------------|-----------------|---------------------|---------------|------------|-------------|-------------|-----------------|-------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>     | <u>Age</u>          | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Pace</u> |
| 1            | 403            | Ann Pollingue   | 68                  | 484           | 1          | 35:32.3     | 11:28       | 1               | 36:40.7     | 11:50       | 1:12:13.1   | 11:39/M     |
| 2            | 488            | Gwendolyn Tabor | 65                  | 554           | 3          | 39:07.9     | 12:37       | 2               | 39:18.8     | 12:41       | 1:18:26.7   | 12:39/M     |
| 3            | 490            | Mary Mire       | 68                  | 491           | 2          | 38:24.2     | 12:23       | 3               | 40:06.9     | 12:56       | 1:18:31.1   | 12:40/M     |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Male Overall Winners

| <u>Place</u> | <u>Place</u>   |                 | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             |             | <u>----- 10K -----</u> |             |             | <u>Total</u> |             |
|--------------|----------------|-----------------|------------|---------------|----------------------------|-------------|-------------|------------------------|-------------|-------------|--------------|-------------|
|              | <u>Overall</u> | <u>Name</u>     |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>             | <u>Time</u> | <u>Pace</u> | <u>Time</u>  | <u>Pace</u> |
| 1            | 1              | Jarrett Leblanc | 28         | 360           | 1                          | 14:30.9     | 4:41        | 1                      | 15:26.3     | 4:59        | 29:57.2      | 4:50/M      |
| 2            | 2              | Nathan Jones    | 24         | 434           | 2                          | 14:48.6     | 4:46        | 2                      | 15:53.0     | 5:07        | 30:41.6      | 4:57/M      |
| 3            | 3              | Brock Moreaux   | 26         | 760           | 3                          | 15:56.4     | 5:08        | 3                      | 16:27.2     | 5:18        | 32:23.7      | 5:13/M      |
| 4            | 4              | Sean Bezdek     | 26         | 386           | 4                          | 16:00.1     | 5:10        | 4                      | 16:41.2     | 5:23        | 32:41.4      | 5:16/M      |
| 5            | 5              | Calum Neff      | 34         | 53            | 5                          | 16:16.5     | 5:15        | 5                      | 17:38.8     | 5:41        | 33:55.3      | 5:28/M      |

#### Male Masters Winners

| <u>Place</u> | <u>Place</u>   |             | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             |             | <u>----- 10K -----</u> |             |             | <u>Total</u> |             |
|--------------|----------------|-------------|------------|---------------|----------------------------|-------------|-------------|------------------------|-------------|-------------|--------------|-------------|
|              | <u>Overall</u> | <u>Name</u> |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>             | <u>Time</u> | <u>Pace</u> | <u>Time</u>  | <u>Pace</u> |
| 1            | 6              | John Hitter | 40         | 873           | 1                          | 16:51.2     | 5:26        | 1                      | 17:10.1     | 5:32        | 34:01.4      | 5:29/M      |

#### Male Grand Masters Winners

| <u>Place</u> | <u>Place</u>   |                | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             |             | <u>----- 10K -----</u> |             |             | <u>Total</u> |             |
|--------------|----------------|----------------|------------|---------------|----------------------------|-------------|-------------|------------------------|-------------|-------------|--------------|-------------|
|              | <u>Overall</u> | <u>Name</u>    |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>             | <u>Time</u> | <u>Pace</u> | <u>Time</u>  | <u>Pace</u> |
| 1            | 27             | Keith Delhomme | 54         | 830           | 1                          | 21:06.1     | 6:48        | 1                      | 21:28.8     | 6:55        | 42:34.9      | 6:52/M      |

#### Male Senior Grand Master Winners

| <u>Place</u> | <u>Place</u>   |              | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             |             | <u>----- 10K -----</u> |             |             | <u>Total</u> |             |
|--------------|----------------|--------------|------------|---------------|----------------------------|-------------|-------------|------------------------|-------------|-------------|--------------|-------------|
|              | <u>Overall</u> | <u>Name</u>  |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u> | <u>Rnk</u>             | <u>Time</u> | <u>Pace</u> | <u>Time</u>  | <u>Pace</u> |
| 1            | 35             | Joe Melanson | 63         | 1091          | 1                          | 21:05.8     | 6:48        | 1                      | 22:02.2     | 7:06        | 43:08.0      | 6:57/M      |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Men 0 Age

| Place |         |                     | -----5K Split ----- |        |     |         |      | ----- 10K ----- |         |       | Total     |        |
|-------|---------|---------------------|---------------------|--------|-----|---------|------|-----------------|---------|-------|-----------|--------|
| Place | Overall | Name                | Age                 | Bib No | Rnk | Time    | Pace | Rnk             | Time    | Pace  | Time      | Pace   |
| 1 *   | 269     | Unknown Partic. 50  |                     | 50     | 8   | 30:11.0 | 9:44 | 1               | 28:42.4 | 9:15  | 58:53.5   | 9:30/M |
| 2 *   | 303     | Unknown Partic. 217 |                     | 217    | 7   | 29:20.3 | 9:28 | 2               | 32:34.7 | 10:30 | 1:01:55.1 | 9:59/M |

#### Men 10 to 14

| Place |         |                | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|----------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name           | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 7       | Rhen Langley   | 14                  | 171    | 1   | 19:12.9 | 6:12  | 1               | 18:52.5 | 6:05  | 38:05.4   | 6:09/M  |
| 2     | 76      | Sam Gadir      | 12                  | 739    | 2   | 22:43.4 | 7:20  | 2               | 24:13.6 | 7:49  | 46:57.0   | 7:34/M  |
| 3     | 79      | Kaser Guidroz  | 11                  | 1073   | 3   | 22:44.0 | 7:20  | 3               | 24:36.7 | 7:56  | 47:20.7   | 7:38/M  |
| 4     | 139     | Luke Champeaux | 11                  | 416    | 5   | 25:07.6 | 8:06  | 4               | 26:02.5 | 8:24  | 51:10.1   | 8:15/M  |
| 5     | 140     | Jed Gadir      | 12                  | 740    | 4   | 22:55.1 | 7:24  | 6               | 28:17.5 | 9:07  | 51:12.7   | 8:15/M  |
| 6     | 229     | Grayson Konow  | 12                  | 1141   | 8   | 28:25.0 | 9:10  | 5               | 27:59.5 | 9:02  | 56:24.6   | 9:06/M  |
| 7     | 236     | Eric Buddecke  | 10                  | 536    | 7   | 28:19.3 | 9:08  | 7               | 28:28.5 | 9:11  | 56:47.9   | 9:10/M  |
| 8     | 252     | Luke Jackson   | 14                  | 236    | 6   | 28:16.0 | 9:07  | 8               | 29:31.2 | 9:31  | 57:47.2   | 9:19/M  |
| 9     | 289     | James Adams    | 13                  | 230    | 9   | 29:42.8 | 9:35  | 9               | 30:41.0 | 9:54  | 1:00:23.8 | 9:44/M  |
| 10    | 357     | Dawson Meehan  | 10                  | 1179   | 10  | 34:24.9 | 11:06 | 10              | 33:39.9 | 10:51 | 1:08:04.8 | 10:59/M |
| 11    | 374     | Corbin Haymon  | 13                  | 677    | 11  | 36:24.1 | 11:45 | 12              | 36:08.0 | 11:39 | 1:12:32.1 | 11:42/M |
| 12    | 375     | Benett Dupont  | 10                  | 1088   | 12  | 37:25.9 | 12:04 | 11              | 35:06.5 | 11:19 | 1:12:32.4 | 11:42/M |

#### Men 15 to 19

| Place |         |                    | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|--------------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name               | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 49      | Steele Russell III | 18                  | 956    | 1   | 21:32.1 | 6:57  | 1               | 22:54.5 | 7:23  | 44:26.6   | 7:10/M  |
| 2     | 121     | Ethan Comeaux      | 15                  | 251    | 2   | 25:13.5 | 8:08  | 2               | 25:12.3 | 8:08  | 50:25.9   | 8:08/M  |
| 3     | 149     | Raleigh Blundell   | 15                  | 660    | 4   | 25:56.5 | 8:22  | 3               | 25:39.1 | 8:16  | 51:35.6   | 8:19/M  |
| 4     | 209     | Andrew Daniel      | 15                  | 1525   | 3   | 25:21.6 | 8:11  | 4               | 30:09.9 | 9:44  | 55:31.5   | 8:57/M  |
| 5     | 309     | Gabriel Theriot    | 15                  | 754    | 5   | 31:21.1 | 10:07 | 5               | 31:19.3 | 10:06 | 1:02:40.4 | 10:06/M |
| 6     | 346     | Dylan Winston      | 15                  | 718    | 7   | 33:27.6 | 10:47 | 6               | 33:17.0 | 10:44 | 1:06:44.6 | 10:46/M |
| 7     | 354     | Gunnar Deroche     | 18                  | 658    | 6   | 32:09.5 | 10:22 | 7               | 35:17.0 | 11:23 | 1:07:26.5 | 10:53/M |
| 8     | 381     | Case Altamirano    | 16                  | 130    | 8   | 36:49.5 | 11:53 | 8               | 36:55.3 | 11:55 | 1:13:44.8 | 11:54/M |

#### Men 20 to 24

| Place |         |               | -----5K Split ----- |        |     |         |      | ----- 10K ----- |         |      | Total   |        |
|-------|---------|---------------|---------------------|--------|-----|---------|------|-----------------|---------|------|---------|--------|
| Place | Overall | Name          | Age                 | Bib No | Rnk | Time    | Pace | Rnk             | Time    | Pace | Time    | Pace   |
| 1     | 10      | Ty Foreman    | 24                  | 700    | 4   | 19:52.0 | 6:25 | 1               | 19:17.0 | 6:13 | 39:09.0 | 6:19/M |
| 2     | 12      | Nathan Madsen | 20                  | 909    | 2   | 19:51.6 | 6:24 | 2               | 19:26.9 | 6:16 | 39:18.5 | 6:20/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 20 to 24

| Place | Place   |                     | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|---------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 3     | 13      | Ryan Obanion        | 23  | 242    | 3                   | 19:51.6 | 6:24  | 3               | 19:41.7 | 6:21  | 39:33.4   | 6:23/M  |
| 4     | 14      | Andrew Brouillette  | 24  | 681    | 1                   | 17:54.6 | 5:46  | 6               | 22:07.7 | 7:08  | 40:02.4   | 6:27/M  |
| 5     | 15      | Landon Leblanc      | 23  | 900    | 5                   | 19:56.7 | 6:26  | 4               | 20:21.9 | 6:34  | 40:18.7   | 6:30/M  |
| 6     | 32      | Dante Hebert        | 22  | 867    | 6                   | 21:01.0 | 6:47  | 5               | 21:58.2 | 7:05  | 42:59.2   | 6:56/M  |
| 7     | 77      | Matt Domas          | 21  | 655    | 8                   | 23:30.6 | 7:35  | 7               | 23:26.4 | 7:34  | 46:57.1   | 7:34/M  |
| 8     | 93      | Joshua Sogga        | 21  | 656    | 7                   | 23:23.4 | 7:33  | 11              | 25:04.9 | 8:05  | 48:28.4   | 7:49/M  |
| 9     | 109     | Kiefer Moore        | 24  | 623    | 9                   | 24:54.7 | 8:02  | 8               | 24:40.2 | 7:57  | 49:34.9   | 8:00/M  |
| 10    | 126     | Christopher Soileau | 21  | 316    | 12                  | 25:58.4 | 8:23  | 9               | 24:44.5 | 7:59  | 50:42.9   | 8:11/M  |
| 11    | 127     | Collin Leblanc      | 21  | 247    | 13                  | 25:58.5 | 8:23  | 10              | 24:46.2 | 7:59  | 50:44.7   | 8:11/M  |
| 12    | 145     | Hunter Johnson      | 23  | 748    | 11                  | 25:51.0 | 8:20  | 13              | 25:36.3 | 8:15  | 51:27.4   | 8:18/M  |
| 13    | 156     | Matthew Sellers     | 21  | 571    | 14                  | 26:44.7 | 8:37  | 12              | 25:11.5 | 8:07  | 51:56.2   | 8:23/M  |
| 14    | 171     | Nicholas Sellers    | 24  | 570    | 15                  | 26:45.4 | 8:38  | 14              | 26:16.6 | 8:28  | 53:02.0   | 8:33/M  |
| 15    | 181     | Alex Raymond        | 24  | 669    | 10                  | 25:19.7 | 8:10  | 16              | 28:06.8 | 9:04  | 53:26.5   | 8:37/M  |
| 16    | 194     | Jackson Green       | 20  | 327    | 16                  | 27:55.5 | 9:00  | 15              | 26:30.5 | 8:33  | 54:26.0   | 8:47/M  |
| 17    | 261     | Grant Bernard       | 22  | 148    | 17                  | 28:01.3 | 9:02  | 17              | 30:19.4 | 9:47  | 58:20.7   | 9:25/M  |
| 18    | 300     | Joshua Villagomez   | 22  | 630    | 18                  | 30:58.6 | 9:59  | 18              | 30:48.4 | 9:56  | 1:01:47.0 | 9:58/M  |
| 19    | 355     | Josh Keller         | 24  | 732    | 19                  | 31:15.1 | 10:05 | 19              | 36:17.8 | 11:42 | 1:07:32.9 | 10:54/M |
| 20    | 384     | Adam Garza          | 22  | 632    | 21                  | 37:33.7 | 12:07 | 20              | 36:53.7 | 11:54 | 1:14:27.4 | 12:00/M |
| 21    | 404     | Austin McCarty      | 22  | 202    | 20                  | 37:31.9 | 12:06 | 21              | 42:04.2 | 13:34 | 1:19:36.2 | 12:50/M |

#### Men 25 to 29

| Place | Place   |                     | Age | Bib No | -----5K Split ----- |         |      | ----- 10K ----- |         |      | Total   |        |
|-------|---------|---------------------|-----|--------|---------------------|---------|------|-----------------|---------|------|---------|--------|
|       | Overall | Name                |     |        | Rnk                 | Time    | Pace | Rnk             | Time    | Pace | Time    | Pace   |
| 1     | 17      | Matthew Yoder       | 28  | 996    | 1                   | 20:32.7 | 6:37 | 1               | 20:04.1 | 6:28 | 40:36.9 | 6:33/M |
| 2     | 22      | Zachary France      | 28  | 1126   | 2                   | 21:02.1 | 6:47 | 2               | 21:01.3 | 6:47 | 42:03.4 | 6:47/M |
| 3     | 28      | Seth Gary           | 26  | 1055   | 3                   | 21:26.7 | 6:55 | 3               | 21:09.6 | 6:49 | 42:36.3 | 6:52/M |
| 4     | 33      | Joshua Randel       | 29  | 495    | 4                   | 21:46.5 | 7:01 | 4               | 21:20.0 | 6:53 | 43:06.6 | 6:57/M |
| 5     | 46      | Greg Coffin         | 26  | 1069   | 6                   | 22:30.2 | 7:15 | 5               | 21:36.0 | 6:58 | 44:06.2 | 7:07/M |
| 6     | 48      | Ross Calais         | 29  | 89     | 5                   | 22:09.6 | 7:09 | 6               | 22:15.3 | 7:11 | 44:24.9 | 7:10/M |
| 7     | 75      | Anthony Witherspoon | 27  | 695    | 7                   | 23:25.3 | 7:33 | 7               | 23:29.7 | 7:35 | 46:55.1 | 7:34/M |
| 8     | 102     | Tony Flores         | 28  | 544    | 8                   | 23:47.9 | 7:40 | 11              | 25:24.6 | 8:12 | 49:12.5 | 7:56/M |
| 9     | 106     | Malloy Moulis       | 29  | 927    | 10                  | 25:04.6 | 8:05 | 9               | 24:16.2 | 7:50 | 49:20.9 | 7:57/M |
| 10    | 119     | Matthew Fontenot    | 26  | 349    | 9                   | 24:25.0 | 7:53 | 13              | 25:51.4 | 8:20 | 50:16.5 | 8:06/M |
| 11    | 122     | Grant Wooley        | 29  | 98     | 14                  | 26:32.1 | 8:34 | 8               | 23:56.4 | 7:43 | 50:28.5 | 8:08/M |
| 12    | 136     | John Broussard      | 26  | 636    | 12                  | 26:08.7 | 8:26 | 10              | 24:58.2 | 8:03 | 51:06.9 | 8:15/M |
| 13    | 146     | Luke Morris         | 29  | 1047   | 11                  | 25:54.1 | 8:21 | 12              | 25:36.9 | 8:15 | 51:31.1 | 8:19/M |
| 14    | 161     | Casey Bright        | 28  | 1017   | 15                  | 26:35.0 | 8:35 | 14              | 25:58.3 | 8:23 | 52:33.4 | 8:29/M |
| 15    | 191     | Ben Bell            | 28  | 432    | 17                  | 27:39.0 | 8:55 | 15              | 26:27.5 | 8:32 | 54:06.6 | 8:44/M |
| 16    | 193     | Scott Ball          | 29  | 404    | 18                  | 27:47.0 | 8:58 | 16              | 26:35.3 | 8:35 | 54:22.3 | 8:46/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 25 to 29

| Place |         |                      | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|----------------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name                 | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 17    | 196     | Kevin Judice         | 29                  | 83     | 13  | 26:30.4 | 8:33  | 18              | 28:03.6 | 9:03  | 54:34.1   | 8:48/M  |
| 18    | 227     | Thomas Frederick     | 28                  | 608    | 19  | 29:02.6 | 9:22  | 17              | 27:21.0 | 8:49  | 56:23.6   | 9:06/M  |
| 19    | 251     | Mitchell Goodyear    | 26                  | 676    | 21  | 29:37.6 | 9:33  | 19              | 28:07.9 | 9:04  | 57:45.5   | 9:19/M  |
| 20    | 265     | Michael Latiolais    | 27                  | 505    | 23  | 30:27.2 | 9:49  | 20              | 28:16.3 | 9:07  | 58:43.5   | 9:28/M  |
| 21    | 267     | Jesse White          | 29                  | 1145   | 20  | 29:32.2 | 9:32  | 21              | 29:17.0 | 9:27  | 58:49.2   | 9:29/M  |
| 22    | 288     | Gage Hamby           | 26                  | 1185   | 16  | 27:12.9 | 8:46  | 26              | 33:10.2 | 10:42 | 1:00:23.1 | 9:44/M  |
| 23    | 291     | Jeremy White         | 25                  | 269    | 22  | 29:53.6 | 9:38  | 23              | 30:43.6 | 9:55  | 1:00:37.3 | 9:47/M  |
| 24    | 304     | Jacob Thibodeaux     | 25                  | 978    | 25  | 31:57.1 | 10:18 | 22              | 30:07.4 | 9:43  | 1:02:04.5 | 10:01/M |
| 25    | 321     | Nicolaus Simon       | 28                  | 1045   | 26  | 32:36.3 | 10:31 | 24              | 30:47.8 | 9:56  | 1:03:24.2 | 10:14/M |
| 26    | 322     | Corey Broussard      | 29                  | 1025   | 24  | 30:34.6 | 9:52  | 25              | 32:53.3 | 10:36 | 1:03:28.0 | 10:14/M |
| 27    | 366     | Christopher Leonards | 26                  | 347    | 29  | 36:53.4 | 11:54 | 27              | 33:55.7 | 10:56 | 1:10:49.1 | 11:25/M |
| 28    | 371     | Brett Heil           | 29                  | 1159   | 28  | 35:39.2 | 11:30 | 28              | 36:30.7 | 11:46 | 1:12:10.0 | 11:38/M |
| 29    | 376     | Evan Taylor          | 29                  | 1174   | 27  | 35:25.8 | 11:25 | 29              | 37:18.7 | 12:02 | 1:12:44.5 | 11:44/M |
| 30    | 403     | Taylor Larriviere    | 25                  | 99     | 31  | 38:42.7 | 12:29 | 30              | 40:49.9 | 13:10 | 1:19:32.7 | 12:50/M |

#### Men 30 to 34

| Place |         |                        | -----5K Split ----- |        |     |         |      | ----- 10K ----- |         |      | Total   |        |
|-------|---------|------------------------|---------------------|--------|-----|---------|------|-----------------|---------|------|---------|--------|
| Place | Overall | Name                   | Age                 | Bib No | Rnk | Time    | Pace | Rnk             | Time    | Pace | Time    | Pace   |
| 1     | 19      | Bailey Bobbitt         | 34                  | 525    | 1   | 20:39.1 | 6:40 | 1               | 20:55.7 | 6:45 | 41:34.8 | 6:42/M |
| 2     | 26      | Eric Ellender          | 30                  | 117    | 5   | 21:07.6 | 6:49 | 3               | 21:20.8 | 6:53 | 42:28.5 | 6:51/M |
| 3     | 29      | Paul Miller Jr         | 34                  | 1039   | 3   | 20:59.9 | 6:46 | 6               | 21:38.2 | 6:59 | 42:38.1 | 6:53/M |
| 4     | 30      | Matt Vigueira          | 30                  | 246    | 7   | 21:17.0 | 6:52 | 5               | 21:28.7 | 6:55 | 42:45.8 | 6:54/M |
| 5     | 34      | Chris Guidry           | 32                  | 1059   | 11  | 21:58.8 | 7:05 | 2               | 21:08.4 | 6:49 | 43:07.3 | 6:57/M |
| 6     | 36      | John Paul Wells        | 34                  | 991    | 6   | 21:11.9 | 6:50 | 8               | 21:57.6 | 7:05 | 43:09.6 | 6:58/M |
| 7     | 37      | Aaron Boudreaux        | 30                  | 589    | 10  | 21:49.8 | 7:02 | 4               | 21:22.8 | 6:54 | 43:12.6 | 6:58/M |
| 8     | 39      | Hunter Broussard       | 30                  | 274    | 4   | 21:00.3 | 6:46 | 10              | 22:16.2 | 7:11 | 43:16.5 | 6:59/M |
| 9     | 40      | Jacob Palombo          | 33                  | 383    | 8   | 21:23.9 | 6:54 | 7               | 21:57.0 | 7:05 | 43:20.9 | 6:59/M |
| 10    | 43      | Chris Morvant          | 32                  | 584    | 9   | 21:34.6 | 6:57 | 9               | 22:08.5 | 7:08 | 43:43.1 | 7:03/M |
| 11    | 44      | Jamie Ducote           | 34                  | 602    | 2   | 20:44.3 | 6:41 | 14              | 23:07.6 | 7:27 | 43:52.0 | 7:05/M |
| 12    | 52      | Sushant Shekher        | 34                  | 412    | 12  | 22:12.6 | 7:10 | 12              | 22:34.5 | 7:17 | 44:47.1 | 7:13/M |
| 13    | 56      | Rev. Patrick Broussard | 33                  | 814    | 14  | 22:58.9 | 7:25 | 11              | 22:30.7 | 7:15 | 45:29.7 | 7:20/M |
| 14    | 62      | Adam Christrup         | 33                  | 182    | 15  | 23:16.5 | 7:30 | 13              | 22:46.3 | 7:21 | 46:02.8 | 7:25/M |
| 15    | 70      | Luke Moody             | 33                  | 481    | 13  | 22:24.4 | 7:14 | 16              | 23:53.0 | 7:42 | 46:17.5 | 7:28/M |
| 16    | 86      | Hunter Romero          | 34                  | 147    | 18  | 23:56.1 | 7:43 | 19              | 24:15.9 | 7:49 | 48:12.0 | 7:46/M |
| 17    | 87      | Kipp Leblanc           | 34                  | 899    | 19  | 23:58.4 | 7:44 | 17              | 24:14.4 | 7:49 | 48:12.9 | 7:46/M |
| 18    | 91      | Corey Bazar            | 34                  | 782    | 17  | 23:55.8 | 7:43 | 21              | 24:26.1 | 7:53 | 48:22.0 | 7:48/M |
| 19    | 94      | Thomas David           | 34                  | 742    | 20  | 24:35.5 | 7:56 | 18              | 24:14.5 | 7:49 | 48:50.0 | 7:53/M |
| 20    | 95      | Jerrold Vidrine        | 31                  | 590    | 23  | 25:12.2 | 8:08 | 15              | 23:37.8 | 7:37 | 48:50.0 | 7:53/M |
| 21    | 101     | Cory Racca             | 31                  | 716    | 16  | 23:32.6 | 7:35 | 26              | 25:34.3 | 8:15 | 49:06.9 | 7:55/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 30 to 34

| Place | Place   |                       | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|-----------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                  |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 22    | 112     | Christopher Clevenger | 33  | 138    | 21                  | 25:04.1 | 8:05  | 24              | 24:47.8 | 8:00  | 49:52.0   | 8:03/M  |
| 23    | 123     | Brooks Dartez         | 33  | 825    | 24                  | 25:47.4 | 8:19  | 23              | 24:43.0 | 7:58  | 50:30.4   | 8:09/M  |
| 24    | 133     | Dustin Rogers         | 34  | 951    | 27                  | 26:45.2 | 8:38  | 20              | 24:19.0 | 7:51  | 51:04.3   | 8:14/M  |
| 25    | 135     | Bill Hopkins          | 33  | 877    | 22                  | 25:09.6 | 8:07  | 28              | 25:56.2 | 8:22  | 51:05.9   | 8:14/M  |
| 26    | 157     | Greg Stanonis         | 32  | 462    | 29                  | 27:00.0 | 8:43  | 25              | 25:04.2 | 8:05  | 52:04.2   | 8:24/M  |
| 27    | 165     | Sammy Lazare          | 34  | 897    | 26                  | 26:12.5 | 8:27  | 31              | 26:28.7 | 8:32  | 52:41.3   | 8:30/M  |
| 28    | 177     | Jarred Degeyter       | 30  | 175    | 31                  | 27:46.1 | 8:57  | 27              | 25:39.6 | 8:16  | 53:25.7   | 8:37/M  |
| 29    | 184     | Brian Fontenot        | 34  | 1119   | 28                  | 26:47.8 | 8:38  | 33              | 27:01.8 | 8:43  | 53:49.7   | 8:41/M  |
| 30    | 187     | Bart Robinson         | 33  | 595    | 25                  | 26:07.5 | 8:25  | 35              | 27:46.2 | 8:57  | 53:53.7   | 8:41/M  |
| 31    | 195     | Jacob Falgout         | 31  | 411    | 41                  | 30:05.1 | 9:42  | 22              | 24:27.3 | 7:53  | 54:32.4   | 8:48/M  |
| 32    | 205     | David Comeaux         | 33  | 822    | 36                  | 29:12.6 | 9:25  | 30              | 26:07.8 | 8:25  | 55:20.4   | 8:55/M  |
| 33    | 206     | Bennett Broussard     | 33  | 704    | 37                  | 29:13.0 | 9:25  | 29              | 26:07.6 | 8:25  | 55:20.6   | 8:55/M  |
| 34    | 210     | Matt Thibeaux         | 31  | 1013   | 32                  | 28:31.3 | 9:12  | 34              | 27:03.8 | 8:44  | 55:35.1   | 8:58/M  |
| 35    | 213     | Travis Scott          | 30  | 641    | 35                  | 29:01.3 | 9:22  | 32              | 26:54.1 | 8:41  | 55:55.5   | 9:01/M  |
| 36    | 256     | Thomas Hooks          | 32  | 876    | 38                  | 29:15.6 | 9:26  | 37              | 28:46.2 | 9:17  | 58:01.9   | 9:21/M  |
| 37    | 257     | Josh Saboe            | 30  | 228    | 39                  | 29:16.4 | 9:26  | 36              | 28:45.9 | 9:16  | 58:02.3   | 9:22/M  |
| 38    | 259     | Cory Taylor           | 30  | 521    | 33                  | 28:45.5 | 9:16  | 39              | 29:33.2 | 9:32  | 58:18.8   | 9:24/M  |
| 39    | 263     | Dane Carriere         | 34  | 393    | 34                  | 28:58.1 | 9:21  | 38              | 29:33.2 | 9:32  | 58:31.3   | 9:26/M  |
| 40    | 272     | Kevin Lancon          | 32  | 663    | 30                  | 27:20.8 | 8:49  | 45              | 31:39.3 | 10:13 | 59:00.2   | 9:31/M  |
| 41    | 292     | Tracy Gautreaux       | 33  | 1149   | 40                  | 30:05.0 | 9:42  | 40              | 30:34.9 | 9:52  | 1:00:40.0 | 9:47/M  |
| 42    | 296     | Cody Lantier          | 30  | 90     | 42                  | 30:05.9 | 9:42  | 42              | 31:21.7 | 10:07 | 1:01:27.6 | 9:55/M  |
| 43    | 308     | Logan Ray             | 30  | 607    | 43                  | 30:25.1 | 9:49  | 47              | 32:08.7 | 10:22 | 1:02:33.8 | 10:05/M |
| 44    | 314     | Kyle Smith            | 32  | 678    | 46                  | 31:26.3 | 10:08 | 43              | 31:26.6 | 10:08 | 1:02:52.9 | 10:08/M |
| 45    | 316     | Ryan Ward             | 33  | 64     | 45                  | 30:55.5 | 9:58  | 46              | 32:06.4 | 10:21 | 1:03:01.9 | 10:10/M |
| 46    | 318     | George Bellis         | 33  | 789    | 47                  | 31:33.1 | 10:11 | 44              | 31:32.6 | 10:10 | 1:03:05.8 | 10:10/M |
| 47    | 319     | David Zenon, Jr.      | 30  | 1067   | 44                  | 30:51.9 | 9:57  | 48              | 32:14.7 | 10:24 | 1:03:06.6 | 10:11/M |
| 48    | 325     | Benluke Wimberly      | 33  | 218    | 50                  | 32:50.2 | 10:35 | 41              | 30:44.6 | 9:55  | 1:03:34.8 | 10:15/M |
| 49    | 335     | Chris Giglio          | 30  | 548    | 48                  | 31:33.9 | 10:11 | 50              | 33:14.6 | 10:43 | 1:04:48.6 | 10:27/M |
| 50    | 342     | Donald Higgins        | 32  | 685    | 49                  | 31:58.3 | 10:19 | 51              | 34:07.3 | 11:00 | 1:06:05.6 | 10:40/M |
| 51    | 347     | Simon Morton          | 33  | 335    | 52                  | 33:56.3 | 10:57 | 49              | 32:48.4 | 10:35 | 1:06:44.7 | 10:46/M |
| 52    | 363     | Duiet Malbrough       | 30  | 180    | 51                  | 33:55.8 | 10:56 | 52              | 36:44.6 | 11:51 | 1:10:40.5 | 11:24/M |
| 53    | 378     | Jeremy Adams          | 34  | 1016   | 53                  | 35:50.6 | 11:34 | 53              | 37:30.6 | 12:06 | 1:13:21.3 | 11:50/M |
| 54    | 392     | Cortney Onezime       | 34  | 933    | 55                  | 36:56.7 | 11:55 | 54              | 40:08.5 | 12:57 | 1:17:05.3 | 12:26/M |
| 55    | 408     | Adam Marks            | 33  | 714    | 56                  | 37:37.2 | 12:08 | 56              | 42:12.7 | 13:37 | 1:19:49.9 | 12:52/M |
| 56    | 410     | David Kizziar         | 34  | 596    | 54                  | 36:32.3 | 11:47 | 58              | 43:36.1 | 14:04 | 1:20:08.5 | 12:55/M |
| 57    | 411     | Drake Ward            | 30  | 997    | 57                  | 39:59.9 | 12:54 | 55              | 40:14.4 | 12:59 | 1:20:14.4 | 12:56/M |
| 58    | 415     | Douglas Lee           | 34  | 1032   | 58                  | 40:15.5 | 12:59 | 57              | 43:14.5 | 13:57 | 1:23:30.1 | 13:28/M |
| 59    | 419     | Shane Montet          | 34  | 206    | 59                  | 45:01.6 | 14:31 | 59              | 46:25.2 | 14:58 | 1:31:26.9 | 14:45/M |
| 60    | 422     | Corey Hebert          | 33  | 866    | 60                  | 48:01.1 | 15:29 | 60              | 47:44.7 | 15:24 | 1:35:45.9 | 15:27/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 35 to 39

| Place | Place   |                      | Age | Bib No | -----5K Split ----- |         |      | ----- 10K ----- |         |      | Total   |        |
|-------|---------|----------------------|-----|--------|---------------------|---------|------|-----------------|---------|------|---------|--------|
|       | Overall | Name                 |     |        | Rnk                 | Time    | Pace | Rnk             | Time    | Pace | Time    | Pace   |
| 1     | 9       | Michael Hebert       | 37  | 1061   | 1                   | 19:10.0 | 6:11 | 1               | 19:39.1 | 6:20 | 38:49.2 | 6:16/M |
| 2     | 20      | Brian Rando          | 39  | 1176   | 2                   | 20:53.4 | 6:44 | 3               | 20:47.9 | 6:42 | 41:41.4 | 6:43/M |
| 3     | 24      | Preston Blair        | 39  | 794    | 3                   | 20:57.5 | 6:45 | 4               | 21:12.9 | 6:50 | 42:10.4 | 6:48/M |
| 4     | 25      | Chris Herrington     | 38  | 741    | 4                   | 21:38.1 | 6:59 | 2               | 20:44.6 | 6:41 | 42:22.8 | 6:50/M |
| 5     | 55      | Brad Breaux          | 39  | 808    | 6                   | 22:44.8 | 7:20 | 5               | 22:43.7 | 7:20 | 45:28.5 | 7:20/M |
| 6     | 57      | Marc Comeaux         | 37  | 565    | 5                   | 22:39.1 | 7:18 | 9               | 22:59.3 | 7:25 | 45:38.4 | 7:22/M |
| 7     | 61      | Bill Johnson         | 36  | 137    | 7                   | 23:07.2 | 7:27 | 8               | 22:55.2 | 7:24 | 46:02.4 | 7:25/M |
| 8     | 73      | Matt Judice          | 36  | 882    | 8                   | 23:25.8 | 7:33 | 10              | 23:10.5 | 7:28 | 46:36.4 | 7:31/M |
| 9     | 78      | Corey Trim           | 38  | 444    | 14                  | 24:22.9 | 7:52 | 6               | 22:49.4 | 7:22 | 47:12.4 | 7:37/M |
| 10    | 82      | Don Norman           | 37  | 931    | 9                   | 24:01.7 | 7:45 | 13              | 23:48.5 | 7:41 | 47:50.2 | 7:43/M |
| 11    | 83      | Loren Klein          | 37  | 888    | 11                  | 24:09.1 | 7:47 | 11              | 23:41.1 | 7:38 | 47:50.3 | 7:43/M |
| 12    | 92      | Andrew North         | 38  | 551    | 12                  | 24:12.2 | 7:48 | 15              | 24:14.3 | 7:49 | 48:26.5 | 7:49/M |
| 13    | 96      | Casey Arceneaux      | 39  | 239    | 21                  | 26:05.1 | 8:25 | 7               | 22:52.4 | 7:23 | 48:57.5 | 7:54/M |
| 14    | 99      | Will Rountree        | 39  | 735    | 15                  | 24:32.7 | 7:55 | 16              | 24:27.5 | 7:53 | 49:00.3 | 7:54/M |
| 15    | 100     | John Declouet        | 37  | 519    | 17                  | 24:46.5 | 7:59 | 14              | 24:14.0 | 7:49 | 49:00.5 | 7:54/M |
| 16    | 111     | Billy Pritchard      | 39  | 208    | 16                  | 24:45.4 | 7:59 | 19              | 25:04.2 | 8:05 | 49:49.6 | 8:02/M |
| 17    | 114     | Matthew Tyl          | 39  | 560    | 10                  | 24:08.7 | 7:47 | 22              | 25:44.0 | 8:18 | 49:52.7 | 8:03/M |
| 18    | 116     | Charles Richard      | 35  | 944    | 24                  | 26:11.7 | 8:27 | 12              | 23:43.8 | 7:39 | 49:55.5 | 8:03/M |
| 19    | 117     | Patrick Kane         | 39  | 1026   | 19                  | 25:22.7 | 8:11 | 17              | 24:33.1 | 7:55 | 49:55.8 | 8:03/M |
| 20    | 118     | Randy Bolde          | 37  | 1112   | 13                  | 24:17.0 | 7:50 | 24              | 25:58.2 | 8:23 | 50:15.3 | 8:06/M |
| 21    | 125     | Anthony Lanclos      | 39  | 751    | 18                  | 25:21.8 | 8:11 | 21              | 25:13.0 | 8:08 | 50:34.8 | 8:09/M |
| 22    | 129     | Nick Grove           | 39  | 407    | 27                  | 26:15.5 | 8:28 | 18              | 24:36.0 | 7:56 | 50:51.6 | 8:12/M |
| 23    | 143     | Sean Walker          | 36  | 132    | 26                  | 26:13.6 | 8:27 | 20              | 25:09.6 | 8:07 | 51:23.3 | 8:17/M |
| 24    | 159     | Bogart Marcial       | 35  | 911    | 22                  | 26:09.3 | 8:26 | 23              | 25:57.6 | 8:22 | 52:06.9 | 8:24/M |
| 25    | 169     | Bret Theriot         | 36  | 292    | 25                  | 26:12.2 | 8:27 | 25              | 26:43.5 | 8:37 | 52:55.7 | 8:32/M |
| 26    | 172     | Jeff Dunn            | 38  | 836    | 28                  | 26:17.2 | 8:29 | 27              | 26:57.2 | 8:42 | 53:14.4 | 8:35/M |
| 27    | 179     | Ruben Nambo          | 38  | 930    | 23                  | 26:09.6 | 8:26 | 29              | 27:16.2 | 8:48 | 53:25.8 | 8:37/M |
| 28    | 182     | Chad Cother          | 38  | 824    | 31                  | 26:52.2 | 8:40 | 26              | 26:45.9 | 8:38 | 53:38.2 | 8:39/M |
| 29    | 192     | Paul Viator          | 35  | 576    | 32                  | 27:00.9 | 8:43 | 28              | 27:06.6 | 8:45 | 54:07.6 | 8:44/M |
| 30    | 197     | Michael Delahoussaye | 36  | 827    | 20                  | 25:58.6 | 8:23 | 35              | 28:41.4 | 9:15 | 54:40.0 | 8:49/M |
| 31    | 199     | Ross Sonnier         | 35  | 1096   | 33                  | 27:16.3 | 8:48 | 30              | 27:36.5 | 8:54 | 54:52.9 | 8:51/M |
| 32    | 214     | Jude Godeaux         | 38  | 452    | 36                  | 27:27.0 | 8:51 | 33              | 28:32.2 | 9:12 | 55:59.3 | 9:02/M |
| 33    | 215     | Chris Richard        | 36  | 946    | 37                  | 27:30.9 | 8:52 | 32              | 28:29.2 | 9:11 | 56:00.1 | 9:02/M |
| 34    | 223     | Jed Huval            | 36  | 1071   | 30                  | 26:40.4 | 8:36 | 37              | 29:38.9 | 9:34 | 56:19.4 | 9:05/M |
| 35    | 241     | Chris Arnold         | 35  | 84     | 35                  | 27:20.8 | 8:49 | 39              | 29:52.5 | 9:38 | 57:13.4 | 9:14/M |
| 36    | 242     | Justin Meriwether    | 37  | 509    | 29                  | 26:39.4 | 8:36 | 42              | 30:34.5 | 9:52 | 57:13.9 | 9:14/M |
| 37    | 248     | Will Comeaux         | 39  | 649    | 38                  | 27:50.6 | 8:59 | 38              | 29:46.2 | 9:36 | 57:36.9 | 9:17/M |
| 38    | 249     | Jerry Theriot        | 37  | 1190   | 39                  | 28:38.7 | 9:14 | 36              | 29:01.7 | 9:22 | 57:40.4 | 9:18/M |
| 39    | 254     | Brook Theriot        | 35  | 612    | 34                  | 27:17.9 | 8:48 | 43              | 30:39.1 | 9:53 | 57:57.0 | 9:21/M |
| 40    | 255     | Justin Krielow       | 36  | 1161   | 40                  | 29:22.7 | 9:28 | 34              | 28:34.9 | 9:13 | 57:57.6 | 9:21/M |
| 41    | 258     | Karl Schott          | 39  | 961    | 44                  | 30:26.3 | 9:49 | 31              | 27:50.1 | 8:59 | 58:16.4 | 9:24/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 35 to 39

| Place | Place   |                      | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|----------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                 |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 42    | 279     | Bob Derise           | 35  | 1146   | 42                  | 29:32.4 | 9:32  | 41              | 29:58.0 | 9:40  | 59:30.4   | 9:36/M  |
| 43    | 287     | Dan Adams            | 39  | 229    | 43                  | 29:41.6 | 9:35  | 44              | 30:41.2 | 9:54  | 1:00:22.8 | 9:44/M  |
| 44    | 294     | Blake Bourque        | 38  | 1198   | 41                  | 29:24.3 | 9:29  | 46              | 31:52.5 | 10:17 | 1:01:16.8 | 9:53/M  |
| 45    | 305     | Michael Guidroz      | 39  | 209    | 45                  | 31:06.3 | 10:02 | 45              | 30:58.5 | 9:59  | 1:02:04.9 | 10:01/M |
| 46    | 330     | Tyler Hebert         | 36  | 583    | 46                  | 32:24.1 | 10:27 | 48              | 32:00.8 | 10:19 | 1:04:25.0 | 10:23/M |
| 47    | 331     | Tait Faulk           | 35  | 1106   | 47                  | 32:24.2 | 10:27 | 47              | 32:00.8 | 10:19 | 1:04:25.1 | 10:23/M |
| 48    | 332     | Zoda Bourque         | 36  | 804    | 49                  | 34:33.0 | 11:09 | 40              | 29:53.5 | 9:38  | 1:04:26.6 | 10:24/M |
| 49    | 370     | Douglas Gauthier     | 38  | 526    | 51                  | 35:11.7 | 11:21 | 49              | 36:35.0 | 11:48 | 1:11:46.7 | 11:35/M |
| 50    | 372     | Daniel Hereford      | 38  | 761    | 48                  | 33:29.0 | 10:48 | 55              | 38:54.7 | 12:33 | 1:12:23.7 | 11:40/M |
| 51    | 373     | Josiah Broussard     | 37  | 59     | 52                  | 35:19.6 | 11:24 | 51              | 37:12.2 | 12:00 | 1:12:31.8 | 11:42/M |
| 52    | 379     | Ryan Ledet           | 39  | 340    | 55                  | 36:25.0 | 11:45 | 50              | 37:02.8 | 11:57 | 1:13:27.9 | 11:51/M |
| 53    | 380     | Nick Ueda            | 38  | 693    | 50                  | 34:37.9 | 11:10 | 54              | 38:51.1 | 12:32 | 1:13:29.1 | 11:51/M |
| 54    | 390     | Christopher Sharplin | 37  | 1048   | 58                  | 38:00.5 | 12:15 | 52              | 37:58.5 | 12:15 | 1:15:59.0 | 12:15/M |
| 55    | 394     | Brandon Chitty       | 37  | 55     | 56                  | 37:03.0 | 11:57 | 57              | 40:38.3 | 13:06 | 1:17:41.4 | 12:32/M |
| 56    | 398     | Matthew Margaglio    | 38  | 912    | 60                  | 40:22.4 | 13:01 | 53              | 38:07.1 | 12:18 | 1:18:29.6 | 12:40/M |
| 57    | 401     | Mike Adams           | 39  | 1072   | 59                  | 39:22.4 | 12:42 | 56              | 39:57.4 | 12:53 | 1:19:19.9 | 12:48/M |
| 58    | 402     | Justin Rodrigue      | 36  | 159    | 57                  | 37:49.1 | 12:12 | 58              | 41:35.6 | 13:25 | 1:19:24.7 | 12:48/M |
| 59    | 407     | Jason Stelly         | 39  | 311    | 54                  | 35:53.0 | 11:35 | 59              | 43:56.2 | 14:10 | 1:19:49.2 | 12:52/M |

#### Men 40 to 44

| Place | Place   |                    | Age | Bib No | -----5K Split ----- |         |      | ----- 10K ----- |         |      | Total   |        |
|-------|---------|--------------------|-----|--------|---------------------|---------|------|-----------------|---------|------|---------|--------|
|       | Overall | Name               |     |        | Rnk                 | Time    | Pace | Rnk             | Time    | Pace | Time    | Pace   |
| 1     | 11      | Andrew Perrin      | 43  | 592    | 1                   | 19:51.9 | 6:24 | 1               | 19:26.3 | 6:16 | 39:18.3 | 6:20/M |
| 2     | 16      | Chip Hebert        | 41  | 1085   | 2                   | 20:01.3 | 6:27 | 2               | 20:26.9 | 6:35 | 40:28.3 | 6:32/M |
| 3     | 21      | Hunter Thibeaux    | 43  | 397    | 4                   | 20:58.7 | 6:46 | 3               | 20:59.7 | 6:46 | 41:58.4 | 6:46/M |
| 4     | 23      | Nicholas Labarbera | 42  | 409    | 3                   | 20:54.1 | 6:45 | 4               | 21:10.6 | 6:50 | 42:04.7 | 6:47/M |
| 5     | 47      | Jarod Hebert       | 41  | 868    | 5                   | 21:42.5 | 7:00 | 6               | 22:36.7 | 7:17 | 44:19.3 | 7:09/M |
| 6     | 51      | Jason Simoneaux    | 41  | 715    | 6                   | 22:13.9 | 7:10 | 5               | 22:30.6 | 7:15 | 44:44.5 | 7:13/M |
| 7     | 64      | David Reed         | 44  | 440    | 8                   | 23:22.7 | 7:32 | 7               | 22:40.4 | 7:19 | 46:03.2 | 7:26/M |
| 8     | 66      | Angel Rivera       | 41  | 1114   | 7                   | 22:50.7 | 7:22 | 8               | 23:18.5 | 7:31 | 46:09.2 | 7:27/M |
| 9     | 81      | Bj Tassin          | 40  | 207    | 9                   | 23:42.2 | 7:39 | 10              | 24:03.4 | 7:45 | 47:45.6 | 7:42/M |
| 10    | 88      | Brad Doucet        | 42  | 1010   | 11                  | 24:27.5 | 7:53 | 9               | 23:47.5 | 7:40 | 48:15.0 | 7:47/M |
| 11    | 89      | Matthew Manning    | 40  | 441    | 10                  | 24:05.5 | 7:46 | 11              | 24:16.2 | 7:50 | 48:21.7 | 7:48/M |
| 12    | 103     | Patrick Michaelson | 40  | 759    | 12                  | 24:40.5 | 7:57 | 12              | 24:33.9 | 7:55 | 49:14.5 | 7:56/M |
| 13    | 128     | Harold Hicks       | 41  | 142    | 16                  | 25:24.6 | 8:12 | 15              | 25:22.9 | 8:11 | 50:47.5 | 8:11/M |
| 14    | 132     | Stephen Copeland   | 43  | 1093   | 17                  | 26:08.6 | 8:26 | 13              | 24:51.7 | 8:01 | 51:00.4 | 8:14/M |
| 15    | 137     | Michael Garber     | 42  | 1150   | 15                  | 25:24.2 | 8:12 | 17              | 25:43.2 | 8:18 | 51:07.4 | 8:15/M |
| 16    | 142     | Jason Hebert       | 40  | 1177   | 19                  | 26:13.7 | 8:27 | 14              | 25:05.6 | 8:05 | 51:19.4 | 8:17/M |
| 17    | 147     | Neal Cormier       | 42  | 699    | 13                  | 25:14.0 | 8:08 | 19              | 26:20.4 | 8:30 | 51:34.4 | 8:19/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Men 40 to 44

| Place | Place   |                  | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name             |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 18    | 152     | Reese Comeaux    | 40  | 250    | 14                  | 25:14.7 | 8:08  | 20              | 26:28.9 | 8:32  | 51:43.7   | 8:20/M  |
| 19    | 162     | Andy Blalock     | 44  | 1118   | 23                  | 27:07.5 | 8:45  | 16              | 25:28.4 | 8:13  | 52:36.0   | 8:29/M  |
| 20    | 167     | Alex Clostio     | 44  | 1051   | 20                  | 26:52.9 | 8:40  | 18              | 25:58.6 | 8:23  | 52:51.6   | 8:31/M  |
| 21    | 173     | Mike Gautreaux   | 43  | 744    | 18                  | 26:13.1 | 8:27  | 22              | 27:03.0 | 8:44  | 53:16.2   | 8:35/M  |
| 22    | 185     | Tommy Miller     | 44  | 923    | 22                  | 27:02.2 | 8:43  | 21              | 26:49.5 | 8:39  | 53:51.7   | 8:41/M  |
| 23    | 189     | Stefan Schmidt   | 40  | 673    | 21                  | 26:54.4 | 8:41  | 23              | 27:05.8 | 8:44  | 54:00.2   | 8:43/M  |
| 24    | 207     | Larry Attenhofer | 42  | 108    | 26                  | 27:54.1 | 9:00  | 25              | 27:32.9 | 8:53  | 55:27.0   | 8:57/M  |
| 25    | 211     | Yogi Barras      | 41  | 145    | 24                  | 27:27.1 | 8:51  | 32              | 28:10.2 | 9:05  | 55:37.4   | 8:58/M  |
| 26    | 212     | Nick Usie        | 40  | 265    | 32                  | 28:22.5 | 9:09  | 24              | 27:17.3 | 8:48  | 55:39.9   | 8:59/M  |
| 27    | 217     | Vashaun Rodgers  | 40  | 1194   | 28                  | 28:07.1 | 9:04  | 27              | 27:54.6 | 9:00  | 56:01.8   | 9:02/M  |
| 28    | 219     | Taz Wininger     | 42  | 102    | 27                  | 28:04.7 | 9:03  | 31              | 28:07.6 | 9:04  | 56:12.4   | 9:04/M  |
| 29    | 222     | Michael Simon    | 44  | 964    | 33                  | 28:28.5 | 9:11  | 26              | 27:49.5 | 8:58  | 56:18.1   | 9:05/M  |
| 30    | 228     | Chad Dees        | 41  | 631    | 25                  | 27:36.3 | 8:54  | 36              | 28:47.4 | 9:17  | 56:23.8   | 9:06/M  |
| 31    | 233     | Stephan Airault  | 42  | 773    | 35                  | 28:37.4 | 9:14  | 28              | 28:03.1 | 9:03  | 56:40.6   | 9:08/M  |
| 32    | 234     | Scott Hodges     | 40  | 666    | 29                  | 28:09.4 | 9:05  | 34              | 28:31.7 | 9:12  | 56:41.2   | 9:09/M  |
| 33    | 238     | Brad Hawkins     | 40  | 864    | 34                  | 28:30.4 | 9:12  | 33              | 28:26.1 | 9:10  | 56:56.6   | 9:11/M  |
| 34    | 239     | Damien Danzie    | 40  | 181    | 30                  | 28:12.0 | 9:06  | 37              | 28:53.0 | 9:19  | 57:05.0   | 9:12/M  |
| 35    | 240     | Chris Elliott    | 40  | 354    | 36                  | 29:03.6 | 9:22  | 30              | 28:05.4 | 9:04  | 57:09.0   | 9:13/M  |
| 36    | 260     | Bradly Aldridge  | 44  | 362    | 31                  | 28:19.3 | 9:08  | 41              | 29:59.8 | 9:40  | 58:19.2   | 9:24/M  |
| 37    | 268     | Zachary Voss     | 41  | 987    | 41                  | 30:46.3 | 9:55  | 29              | 28:03.8 | 9:03  | 58:50.1   | 9:29/M  |
| 38    | 270     | Brady Domingue   | 44  | 831    | 38                  | 30:08.1 | 9:43  | 35              | 28:45.6 | 9:16  | 58:53.8   | 9:30/M  |
| 39    | 273     | Scott Foreman    | 40  | 578    | 37                  | 30:03.6 | 9:42  | 38              | 29:03.3 | 9:22  | 59:06.9   | 9:32/M  |
| 40    | 281     | Jamie Broussard  | 43  | 812    | 39                  | 30:08.5 | 9:43  | 39              | 29:34.7 | 9:32  | 59:43.3   | 9:38/M  |
| 41    | 284     | James Meaux      | 43  | 919    | 40                  | 30:14.2 | 9:45  | 40              | 29:58.3 | 9:40  | 1:00:12.5 | 9:43/M  |
| 42    | 339     | Brandon Robinson | 44  | 1087   | 42                  | 31:05.0 | 10:02 | 45              | 34:24.9 | 11:06 | 1:05:29.9 | 10:34/M |
| 43    | 340     | Joe Ghanami      | 40  | 1524   | 48                  | 34:36.2 | 11:10 | 42              | 31:18.5 | 10:06 | 1:05:54.8 | 10:38/M |
| 44    | 349     | Kevin Kennedy    | 42  | 616    | 44                  | 33:23.5 | 10:46 | 43              | 33:26.1 | 10:47 | 1:06:49.6 | 10:47/M |
| 45    | 356     | John Cavell      | 43  | 534    | 47                  | 34:17.3 | 11:04 | 44              | 33:27.7 | 10:47 | 1:07:45.0 | 10:56/M |
| 46    | 361     | Stacey Singleton | 43  | 1164   | 43                  | 33:11.9 | 10:42 | 46              | 36:02.0 | 11:37 | 1:09:13.9 | 11:10/M |
| 47    | 362     | Sloan Spears     | 41  | 601    | 45                  | 33:23.5 | 10:46 | 47              | 36:28.3 | 11:46 | 1:09:51.8 | 11:16/M |
| 48    | 388     | Brandin Cantu    | 41  | 1137   | 49                  | 38:02.1 | 12:16 | 48              | 36:36.5 | 11:48 | 1:14:38.7 | 12:02/M |
| 49    | 391     | Mims Mitchell IV | 41  | 392    | 46                  | 33:58.4 | 10:57 | 50              | 42:25.0 | 13:41 | 1:16:23.4 | 12:19/M |
| 50    | 409     | Draper Calais    | 41  | 561    | 50                  | 39:07.6 | 12:37 | 49              | 40:57.5 | 13:13 | 1:20:05.1 | 12:55/M |
| 51    | 418     | Mark Richard     | 40  | 947    | 51                  | 44:22.2 | 14:19 | 51              | 46:29.3 | 15:00 | 1:30:51.5 | 14:39/M |
| 52    | 423     | Matthew Cieslak  | 40  | 819    | 52                  | 48:12.9 | 15:33 | 52              | 48:21.5 | 15:36 | 1:36:34.4 | 15:35/M |

#### Men 45 to 49

| Place | Place   |      | Age | Bib No | -----5K Split ----- |      |      | ----- 10K ----- |      |      | Total |      |
|-------|---------|------|-----|--------|---------------------|------|------|-----------------|------|------|-------|------|
|       | Overall | Name |     |        | Rnk                 | Time | Pace | Rnk             | Time | Pace | Time  | Pace |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 45 to 49

| Place | Place   |                     | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|---------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 8       | Frederic Bonvillain | 45  | 366    | 1                   | 19:21.6 | 6:15  | 1               | 18:58.2 | 6:07  | 38:19.9   | 6:11/M  |
| 2     | 18      | Todd Lambert        | 48  | 891    | 2                   | 20:02.1 | 6:28  | 2               | 20:35.4 | 6:38  | 40:37.6   | 6:33/M  |
| 3     | 58      | David P'Pool        | 48  | 542    | 3                   | 22:26.6 | 7:14  | 5               | 23:13.2 | 7:29  | 45:39.9   | 7:22/M  |
| 4     | 59      | Scott Head          | 49  | 697    | 4                   | 22:44.9 | 7:20  | 4               | 22:56.1 | 7:24  | 45:41.1   | 7:22/M  |
| 5     | 67      | Brian Lebouef       | 48  | 1029   | 7                   | 23:42.5 | 7:39  | 3               | 22:26.7 | 7:14  | 46:09.2   | 7:27/M  |
| 6     | 71      | Philip Landreneau   | 45  | 1516   | 5                   | 23:03.6 | 7:26  | 7               | 23:15.3 | 7:30  | 46:18.9   | 7:28/M  |
| 7     | 72      | John Buck           | 46  | 1078   | 6                   | 23:19.6 | 7:31  | 6               | 23:14.9 | 7:30  | 46:34.5   | 7:31/M  |
| 8     | 84      | Geoffrey Mire       | 45  | 924    | 10                  | 24:42.3 | 7:58  | 8               | 23:18.9 | 7:31  | 48:01.2   | 7:45/M  |
| 9     | 90      | Corey Albarado      | 48  | 436    | 11                  | 24:42.8 | 7:58  | 9               | 23:38.9 | 7:37  | 48:21.7   | 7:48/M  |
| 10    | 104     | Arturo Magidin      | 49  | 910    | 9                   | 24:28.5 | 7:54  | 11              | 24:48.8 | 8:00  | 49:17.4   | 7:57/M  |
| 11    | 105     | Tom Jarnagin        | 48  | 1193   | 13                  | 25:06.5 | 8:06  | 10              | 24:11.1 | 7:48  | 49:17.7   | 7:57/M  |
| 12    | 107     | Steven Bodin        | 47  | 279    | 8                   | 24:11.9 | 7:48  | 13              | 25:10.0 | 8:07  | 49:21.9   | 7:58/M  |
| 13    | 113     | Donald Richard      | 48  | 1057   | 12                  | 24:55.1 | 8:02  | 12              | 24:57.5 | 8:03  | 49:52.6   | 8:03/M  |
| 14    | 138     | Ray Leach           | 45  | 1075   | 14                  | 25:32.6 | 8:14  | 17              | 25:35.0 | 8:15  | 51:07.7   | 8:15/M  |
| 15    | 141     | Mark Bajat          | 49  | 222    | 16                  | 25:58.1 | 8:23  | 15              | 25:19.5 | 8:10  | 51:17.6   | 8:16/M  |
| 16    | 144     | Marcus Marullo      | 47  | 771    | 17                  | 26:08.8 | 8:26  | 14              | 25:17.8 | 8:09  | 51:26.6   | 8:18/M  |
| 17    | 164     | Andrew Gerard       | 49  | 433    | 15                  | 25:52.3 | 8:21  | 18              | 26:45.0 | 8:38  | 52:37.3   | 8:29/M  |
| 18    | 176     | Esau Washington     | 45  | 524    | 18                  | 26:31.5 | 8:33  | 19              | 26:53.7 | 8:40  | 53:25.2   | 8:37/M  |
| 19    | 183     | Kevin Sellers       | 48  | 569    | 27                  | 28:10.8 | 9:05  | 16              | 25:30.5 | 8:14  | 53:41.3   | 8:40/M  |
| 20    | 188     | Richard Stephens    | 49  | 155    | 21                  | 27:01.0 | 8:43  | 20              | 26:55.0 | 8:41  | 53:56.0   | 8:42/M  |
| 21    | 198     | Andrew Robinson     | 49  | 642    | 22                  | 27:18.9 | 8:48  | 22              | 27:30.2 | 8:52  | 54:49.1   | 8:50/M  |
| 22    | 200     | Derrion Polk        | 46  | 939    | 19                  | 26:47.5 | 8:38  | 24              | 28:08.5 | 9:05  | 54:56.0   | 8:52/M  |
| 23    | 208     | Joshua Crapo        | 47  | 220    | 26                  | 28:08.3 | 9:05  | 21              | 27:20.5 | 8:49  | 55:28.8   | 8:57/M  |
| 24    | 218     | Jason Champeaux     | 46  | 415    | 20                  | 26:49.2 | 8:39  | 32              | 29:20.6 | 9:28  | 56:09.9   | 9:03/M  |
| 25    | 220     | Donnie Dooley       | 48  | 698    | 25                  | 28:02.5 | 9:03  | 25              | 28:13.5 | 9:06  | 56:16.1   | 9:05/M  |
| 26    | 226     | Christian Marino    | 45  | 389    | 23                  | 27:49.1 | 8:58  | 27              | 28:33.2 | 9:13  | 56:22.4   | 9:05/M  |
| 27    | 230     | Brad Kohler         | 45  | 889    | 30                  | 28:38.4 | 9:14  | 23              | 27:57.8 | 9:01  | 56:36.2   | 9:08/M  |
| 28    | 235     | Greg Howard         | 47  | 185    | 24                  | 27:53.8 | 9:00  | 30              | 28:52.1 | 9:19  | 56:46.0   | 9:09/M  |
| 29    | 243     | Reese Fuller        | 45  | 300    | 29                  | 28:21.2 | 9:09  | 31              | 28:54.5 | 9:19  | 57:15.7   | 9:14/M  |
| 30    | 247     | Sean Borders        | 45  | 194    | 31                  | 29:13.2 | 9:25  | 26              | 28:19.9 | 9:08  | 57:33.1   | 9:17/M  |
| 31    | 264     | Kevin Jones         | 48  | 737    | 33                  | 29:56.6 | 9:39  | 29              | 28:35.5 | 9:13  | 58:32.2   | 9:26/M  |
| 32    | 266     | Craig Boyd          | 48  | 508    | 32                  | 29:13.7 | 9:25  | 33              | 29:32.0 | 9:32  | 58:45.7   | 9:29/M  |
| 33    | 276     | Bryce Sibley        | 45  | 1143   | 37                  | 30:43.8 | 9:55  | 28              | 28:33.5 | 9:13  | 59:17.3   | 9:34/M  |
| 34    | 283     | Shawn Romero        | 48  | 165    | 36                  | 30:39.1 | 9:53  | 34              | 29:32.8 | 9:32  | 1:00:12.0 | 9:43/M  |
| 35    | 293     | Colin Burnum        | 46  | 487    | 28                  | 28:10.9 | 9:05  | 42              | 32:50.1 | 10:35 | 1:01:01.0 | 9:50/M  |
| 36    | 297     | Cory Lalonde        | 46  | 355    | 34                  | 29:57.0 | 9:40  | 38              | 31:32.2 | 10:10 | 1:01:29.3 | 9:55/M  |
| 37    | 299     | Lonny Landry        | 46  | 1138   | 35                  | 30:32.5 | 9:51  | 37              | 31:04.8 | 10:01 | 1:01:37.4 | 9:56/M  |
| 38    | 302     | Ray Urdaz           | 46  | 541    | 40                  | 32:11.3 | 10:23 | 35              | 29:41.3 | 9:35  | 1:01:52.6 | 9:59/M  |
| 39    | 306     | Stephen Stefanski   | 45  | 722    | 39                  | 31:43.7 | 10:14 | 36              | 30:27.9 | 9:49  | 1:02:11.6 | 10:02/M |
| 40    | 326     | Elvin Grogan        | 45  | 1180   | 38                  | 31:07.2 | 10:02 | 41              | 32:37.2 | 10:31 | 1:03:44.4 | 10:17/M |
| 41    | 328     | Paul Bellow         | 45  | 790    | 41                  | 32:14.5 | 10:24 | 39              | 31:54.7 | 10:17 | 1:04:09.3 | 10:21/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 45 to 49

| Place | Place   |                  | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name             |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 42    | 329     | Marcus Fontenot  | 49  | 1600   | 42                  | 32:15.3 | 10:24 | 40              | 31:55.7 | 10:18 | 1:04:11.0 | 10:21/M |
| 43    | 345     | Tony Bourgeois   | 48  | 599    | 43                  | 33:02.1 | 10:39 | 43              | 33:39.0 | 10:51 | 1:06:41.1 | 10:45/M |
| 44    | 364     | Chad Romero      | 45  | 627    | 44                  | 33:54.7 | 10:56 | 46              | 36:46.2 | 11:52 | 1:10:41.0 | 11:24/M |
| 45    | 365     | Edward Broussard | 48  | 325    | 46                  | 35:41.2 | 11:31 | 44              | 35:03.2 | 11:18 | 1:10:44.4 | 11:25/M |
| 46    | 368     | Sean Skinner     | 47  | 967    | 45                  | 35:21.8 | 11:24 | 45              | 35:38.3 | 11:30 | 1:11:00.1 | 11:27/M |
| 47    | 397     | Laine Conques    | 46  | 131    | 47                  | 38:12.6 | 12:19 | 47              | 40:16.8 | 12:59 | 1:18:29.4 | 12:40/M |
| 48    | 412     | Sean Landry      | 47  | 999    | 49                  | 40:02.5 | 12:55 | 48              | 40:28.1 | 13:03 | 1:20:30.6 | 12:59/M |
| 49    | 414     | Greg Formby      | 45  | 1521   | 48                  | 39:50.6 | 12:51 | 49              | 43:08.8 | 13:55 | 1:22:59.4 | 13:23/M |
| 50    | 421     | Keith Deroche    | 48  | 657    | 50                  | 47:02.5 | 15:10 | 50              | 47:50.8 | 15:26 | 1:34:53.4 | 15:18/M |

#### Men 50 to 54

| Place | Place   |                      | Age | Bib No | -----5K Split ----- |         |      | ----- 10K ----- |         |       | Total   |        |
|-------|---------|----------------------|-----|--------|---------------------|---------|------|-----------------|---------|-------|---------|--------|
|       | Overall | Name                 |     |        | Rnk                 | Time    | Pace | Rnk             | Time    | Pace  | Time    | Pace   |
| 1     | 38      | George Gisclair      | 51  | 593    | 2                   | 21:48.2 | 7:02 | 1               | 21:26.9 | 6:55  | 43:15.1 | 6:59/M |
| 2     | 41      | Lester Bergeron      | 54  | 200    | 1                   | 21:27.7 | 6:55 | 3               | 22:10.3 | 7:09  | 43:38.0 | 7:02/M |
| 3     | 45      | Roy Napier           | 53  | 332    | 3                   | 22:03.2 | 7:07 | 2               | 21:56.0 | 7:05  | 43:59.3 | 7:06/M |
| 4     | 50      | Bert Lejeune         | 50  | 705    | 4                   | 22:25.6 | 7:14 | 4               | 22:12.4 | 7:10  | 44:38.0 | 7:12/M |
| 5     | 60      | Mark Gonsoulin       | 50  | 226    | 6                   | 23:14.6 | 7:30 | 5               | 22:37.0 | 7:18  | 45:51.6 | 7:24/M |
| 6     | 63      | Paul Ardoin          | 51  | 61     | 5                   | 22:56.8 | 7:24 | 6               | 23:06.1 | 7:27  | 46:02.9 | 7:25/M |
| 7     | 98      | Craig Thompson       | 54  | 1136   | 8                   | 24:47.3 | 8:00 | 7               | 24:11.7 | 7:48  | 48:59.0 | 7:54/M |
| 8     | 120     | Daniel Schmit        | 50  | 959    | 13                  | 26:00.6 | 8:23 | 8               | 24:18.5 | 7:50  | 50:19.1 | 8:07/M |
| 9     | 130     | Jay Angelle          | 54  | 747    | 11                  | 25:30.3 | 8:14 | 9               | 25:26.3 | 8:12  | 50:56.7 | 8:13/M |
| 10    | 131     | Stephen Kramer       | 50  | 1111   | 9                   | 24:56.1 | 8:03 | 13              | 26:03.5 | 8:24  | 50:59.7 | 8:13/M |
| 11    | 134     | Mark Bounds          | 53  | 801    | 7                   | 24:31.3 | 7:55 | 16              | 26:33.2 | 8:34  | 51:04.5 | 8:14/M |
| 12    | 153     | Garland (joey) Leger | 52  | 904    | 14                  | 26:01.9 | 8:24 | 11              | 25:43.4 | 8:18  | 51:45.4 | 8:21/M |
| 13    | 154     | Richard Hebert       | 52  | 428    | 15                  | 26:16.6 | 8:28 | 10              | 25:29.3 | 8:13  | 51:45.9 | 8:21/M |
| 14    | 158     | Jay Pierret          | 54  | 1011   | 10                  | 25:16.3 | 8:09 | 17              | 26:48.6 | 8:39  | 52:04.9 | 8:24/M |
| 15    | 163     | Todd Pullin          | 50  | 120    | 16                  | 26:30.2 | 8:33 | 14              | 26:06.0 | 8:25  | 52:36.2 | 8:29/M |
| 16    | 175     | Kenny Guidry         | 50  | 749    | 18                  | 27:17.8 | 8:48 | 12              | 26:01.8 | 8:24  | 53:19.7 | 8:36/M |
| 17    | 178     | Daniel Schwarzenbach | 51  | 304    | 17                  | 27:04.1 | 8:44 | 15              | 26:21.6 | 8:30  | 53:25.7 | 8:37/M |
| 18    | 190     | Wayne Hernandez      | 54  | 318    | 12                  | 25:45.6 | 8:18 | 20              | 28:14.8 | 9:06  | 54:00.5 | 8:43/M |
| 19    | 203     | Jeff Mouton          | 50  | 454    | 19                  | 27:18.1 | 8:48 | 19              | 27:56.7 | 9:01  | 55:14.9 | 8:55/M |
| 20    | 221     | Christopher Willett  | 50  | 992    | 21                  | 28:28.8 | 9:11 | 18              | 27:48.5 | 8:58  | 56:17.3 | 9:05/M |
| 21    | 245     | Jeffery Harris       | 50  | 647    | 22                  | 28:33.9 | 9:13 | 22              | 28:47.3 | 9:17  | 57:21.3 | 9:15/M |
| 22    | 246     | Bryan Boudreaux      | 52  | 186    | 25                  | 29:11.7 | 9:25 | 21              | 28:20.7 | 9:08  | 57:32.5 | 9:17/M |
| 23    | 253     | Mel Cormier          | 52  | 1003   | 24                  | 28:48.6 | 9:17 | 23              | 29:00.4 | 9:21  | 57:49.1 | 9:20/M |
| 24    | 275     | Douglas Taylor       | 50  | 975    | 20                  | 27:53.5 | 9:00 | 31              | 31:22.9 | 10:07 | 59:16.4 | 9:34/M |
| 25    | 278     | Mark Lemaire         | 52  | 1098   | 28                  | 30:19.9 | 9:47 | 24              | 29:05.2 | 9:23  | 59:25.1 | 9:35/M |
| 26    | 280     | Bill Nice            | 53  | 486    | 27                  | 29:29.7 | 9:31 | 25              | 30:02.3 | 9:41  | 59:32.0 | 9:36/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 50 to 54

| Place |         |                  | -----5K Split ----- |        |     |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|------------------|---------------------|--------|-----|---------|-------|-----------------|---------|-------|-----------|---------|
| Place | Overall | Name             | Age                 | Bib No | Rnk | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 27    | 282     | Lawrence Simpson | 52                  | 377    | 23  | 28:38.4 | 9:14  | 29              | 31:08.9 | 10:03 | 59:47.4   | 9:39/M  |
| 28    | 285     | Kendall Allen    | 52                  | 775    | 26  | 29:21.3 | 9:28  | 27              | 30:54.7 | 9:58  | 1:00:16.0 | 9:43/M  |
| 29    | 301     | Robert Morrow    | 50                  | 926    | 30  | 31:14.8 | 10:05 | 26              | 30:32.5 | 9:51  | 1:01:47.4 | 9:58/M  |
| 30    | 312     | William Brown    | 51                  | 816    | 29  | 30:21.7 | 9:47  | 33              | 32:25.7 | 10:27 | 1:02:47.4 | 10:08/M |
| 31    | 313     | Tim Domingue     | 51                  | 65     | 31  | 31:49.6 | 10:16 | 28              | 31:02.8 | 10:01 | 1:02:52.4 | 10:08/M |
| 32    | 320     | Michael Welch    | 50                  | 764    | 32  | 31:52.2 | 10:17 | 30              | 31:20.7 | 10:06 | 1:03:12.9 | 10:12/M |
| 33    | 338     | Todd Ardoin      | 52                  | 779    | 35  | 33:24.2 | 10:46 | 32              | 31:57.5 | 10:18 | 1:05:21.7 | 10:32/M |
| 34    | 344     | Ivan Farnsworth  | 52                  | 598    | 33  | 32:59.7 | 10:38 | 34              | 33:30.6 | 10:48 | 1:06:30.3 | 10:44/M |
| 35    | 351     | Troy Kibodeaux   | 50                  | 1031   | 34  | 33:19.9 | 10:45 | 36              | 33:50.9 | 10:55 | 1:07:10.8 | 10:50/M |
| 36    | 352     | Jimmy Winston    | 52                  | 717    | 36  | 33:27.8 | 10:47 | 35              | 33:43.7 | 10:53 | 1:07:11.6 | 10:50/M |
| 37    | 359     | Clark Leblanc    | 54                  | 482    | 38  | 34:12.7 | 11:02 | 37              | 34:42.7 | 11:12 | 1:08:55.4 | 11:07/M |
| 38    | 360     | Kent Dekerlegand | 53                  | 104    | 37  | 34:10.2 | 11:01 | 38              | 35:01.0 | 11:18 | 1:09:11.2 | 11:10/M |
| 39    | 385     | Mateo Garza      | 54                  | 384    | 40  | 37:34.8 | 12:07 | 39              | 36:52.7 | 11:54 | 1:14:27.5 | 12:00/M |
| 40    | 393     | Steele Russell   | 50                  | 955    | 42  | 39:28.9 | 12:44 | 40              | 37:44.8 | 12:10 | 1:17:13.7 | 12:27/M |
| 41    | 396     | Kyle Soileau     | 51                  | 756    | 41  | 38:18.1 | 12:21 | 41              | 40:10.0 | 12:57 | 1:18:28.2 | 12:39/M |
| 42    | 400     | Ray Yarbrough    | 50                  | 995    | 39  | 36:03.7 | 11:38 | 42              | 42:36.0 | 13:45 | 1:18:39.8 | 12:41/M |
| 43    | 420     | John Benoit      | 54                  | 224    | 43  | 45:37.8 | 14:43 | 43              | 48:24.1 | 15:37 | 1:34:01.9 | 15:10/M |

#### Men 55 to 59

| Place |         |                  | -----5K Split ----- |        |     |         |      | ----- 10K ----- |         |       | Total     |        |
|-------|---------|------------------|---------------------|--------|-----|---------|------|-----------------|---------|-------|-----------|--------|
| Place | Overall | Name             | Age                 | Bib No | Rnk | Time    | Pace | Rnk             | Time    | Pace  | Time      | Pace   |
| 1     | 31      | Stephen Oneil    | 58                  | 234    | 1   | 21:26.0 | 6:55 | 1               | 21:23.9 | 6:54  | 42:50.0   | 6:55/M |
| 2     | 53      | Lorenz Leblanc   | 56                  | 901    | 2   | 22:34.5 | 7:17 | 2               | 22:33.2 | 7:16  | 45:07.8   | 7:17/M |
| 3     | 54      | David Beasley    | 58                  | 671    | 3   | 22:38.3 | 7:18 | 3               | 22:39.5 | 7:18  | 45:17.8   | 7:18/M |
| 4     | 65      | Kyle Deshotel    | 56                  | 477    | 4   | 23:13.6 | 7:29 | 4               | 22:55.5 | 7:24  | 46:09.1   | 7:27/M |
| 5     | 74      | Chris Van Way    | 56                  | 170    | 5   | 23:16.4 | 7:30 | 5               | 23:32.9 | 7:35  | 46:49.3   | 7:33/M |
| 6     | 85      | Russell Caffery  | 57                  | 1049   | 6   | 23:59.1 | 7:44 | 6               | 24:08.5 | 7:47  | 48:07.6   | 7:46/M |
| 7     | 110     | Mark Theriot     | 55                  | 710    | 8   | 25:08.6 | 8:06 | 7               | 24:32.2 | 7:55  | 49:40.8   | 8:01/M |
| 8     | 115     | Todd Prejean     | 56                  | 232    | 7   | 24:53.2 | 8:02 | 8               | 25:01.0 | 8:04  | 49:54.3   | 8:03/M |
| 9     | 155     | Dale Garber      | 57                  | 849    | 9   | 25:23.4 | 8:11 | 10              | 26:28.9 | 8:32  | 51:52.4   | 8:22/M |
| 10    | 180     | Ronald Girouard  | 55                  | 110    | 10  | 26:07.9 | 8:25 | 11              | 27:18.4 | 8:48  | 53:26.3   | 8:37/M |
| 11    | 225     | Wayne Begnaud Jr | 59                  | 786    | 16  | 29:53.3 | 9:38 | 9               | 26:28.5 | 8:32  | 56:21.8   | 9:05/M |
| 12    | 231     | Richard Perkins  | 55                  | 289    | 12  | 28:27.2 | 9:11 | 13              | 28:09.9 | 9:05  | 56:37.1   | 9:08/M |
| 13    | 237     | Anthony Venson   | 58                  | 985    | 14  | 29:10.2 | 9:25 | 12              | 27:42.7 | 8:56  | 56:52.9   | 9:10/M |
| 14    | 244     | John Breaux      | 58                  | 1043   | 11  | 28:00.8 | 9:02 | 14              | 29:20.1 | 9:28  | 57:20.9   | 9:15/M |
| 15    | 262     | Timothy Oubre    | 56                  | 322    | 13  | 28:32.3 | 9:12 | 17              | 29:53.6 | 9:38  | 58:25.9   | 9:25/M |
| 16    | 277     | J D Morein       | 57                  | 1123   | 15  | 29:51.2 | 9:38 | 15              | 29:32.0 | 9:32  | 59:23.2   | 9:35/M |
| 17    | 290     | Corey Vizinat    | 56                  | 668    | 19  | 30:47.8 | 9:56 | 16              | 29:37.8 | 9:33  | 1:00:25.6 | 9:45/M |
| 18    | 295     | Richard Domas    | 58                  | 654    | 18  | 30:06.5 | 9:43 | 19              | 31:19.9 | 10:06 | 1:01:26.5 | 9:55/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 55 to 59

| Place | Place   |                   | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|-------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name              |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 19    | 307     | Terry Ledet       | 56  | 281    | 20                  | 30:49.2 | 9:56  | 20              | 31:38.2 | 10:12 | 1:02:27.4 | 10:04/M |
| 20    | 310     | Lamont Domingue   | 57  | 422    | 23                  | 31:03.7 | 10:01 | 21              | 31:40.1 | 10:13 | 1:02:43.8 | 10:07/M |
| 21    | 311     | Dean Bidstrup     | 55  | 1191   | 25                  | 31:35.8 | 10:11 | 18              | 31:11.1 | 10:04 | 1:02:46.9 | 10:07/M |
| 22    | 323     | Todd Fuselier     | 57  | 451    | 26                  | 31:42.4 | 10:14 | 22              | 31:48.5 | 10:15 | 1:03:31.0 | 10:15/M |
| 23    | 324     | Rod Wimberley     | 59  | 1090   | 17                  | 30:03.7 | 9:42  | 25              | 33:28.3 | 10:48 | 1:03:32.0 | 10:15/M |
| 24    | 327     | Kim Broussard     | 59  | 813    | 24                  | 31:26.4 | 10:08 | 23              | 32:23.2 | 10:27 | 1:03:49.7 | 10:18/M |
| 25    | 333     | Troy Delahoussaye | 56  | 581    | 22                  | 30:52.5 | 9:57  | 26              | 33:41.6 | 10:52 | 1:04:34.2 | 10:25/M |
| 26    | 334     | Todd Delahoussaye | 55  | 829    | 21                  | 30:52.4 | 9:57  | 27              | 33:42.0 | 10:52 | 1:04:34.5 | 10:25/M |
| 27    | 343     | Raymond Frost     | 58  | 847    | 28                  | 33:32.3 | 10:49 | 24              | 32:46.5 | 10:34 | 1:06:18.8 | 10:42/M |
| 28    | 348     | Dennis Almeida    | 55  | 720    | 27                  | 32:36.3 | 10:31 | 28              | 34:09.1 | 11:01 | 1:06:45.5 | 10:46/M |
| 29    | 369     | Jay Concienne     | 55  | 615    | 29                  | 35:18.3 | 11:23 | 29              | 35:58.5 | 11:36 | 1:11:16.8 | 11:30/M |
| 30    | 395     | Michael Walz      | 57  | 285    | 30                  | 39:15.6 | 12:40 | 30              | 38:30.0 | 12:25 | 1:17:45.7 | 12:32/M |
| 31    | 413     | Troy Sorbet       | 57  | 972    | 31                  | 41:05.2 | 13:15 | 31              | 40:36.9 | 13:06 | 1:21:42.2 | 13:11/M |
| 32    | 416     | Patrick Landry    | 56  | 1135   | 32                  | 42:35.1 | 13:44 | 32              | 44:08.3 | 14:14 | 1:26:43.4 | 13:59/M |

#### Men 60 to 64

| Place | Place   |                      | Age | Bib No | -----5K Split ----- |         |       | ----- 10K ----- |         |       | Total     |         |
|-------|---------|----------------------|-----|--------|---------------------|---------|-------|-----------------|---------|-------|-----------|---------|
|       | Overall | Name                 |     |        | Rnk                 | Time    | Pace  | Rnk             | Time    | Pace  | Time      | Pace    |
| 1     | 80      | Acension Fierro      | 62  | 672    | 1                   | 23:12.3 | 7:29  | 3               | 24:28.1 | 7:54  | 47:40.4   | 7:41/M  |
| 2     | 97      | David Sorbet         | 60  | 970    | 3                   | 24:54.3 | 8:02  | 1               | 24:03.5 | 7:45  | 48:57.9   | 7:54/M  |
| 3     | 108     | James Pierret        | 63  | 446    | 2                   | 24:05.1 | 7:46  | 5               | 25:27.9 | 8:13  | 49:33.1   | 8:00/M  |
| 4     | 124     | John Hebert          | 62  | 869    | 9                   | 26:11.7 | 8:27  | 2               | 24:19.5 | 7:51  | 50:31.2   | 8:09/M  |
| 5     | 148     | Mitch Penn           | 60  | 94     | 7                   | 26:10.6 | 8:26  | 4               | 25:23.8 | 8:11  | 51:34.4   | 8:19/M  |
| 6     | 150     | Jimmy Bienvenu       | 61  | 1188   | 6                   | 25:37.4 | 8:16  | 6               | 26:02.7 | 8:24  | 51:40.1   | 8:20/M  |
| 7     | 151     | Stuart West          | 64  | 379    | 4                   | 25:00.0 | 8:04  | 11              | 26:43.4 | 8:37  | 51:43.4   | 8:20/M  |
| 8     | 160     | Paul Walters         | 63  | 990    | 5                   | 25:33.8 | 8:15  | 12              | 26:44.8 | 8:37  | 52:18.6   | 8:26/M  |
| 9     | 166     | Richard Delaune      | 60  | 374    | 8                   | 26:11.5 | 8:27  | 9               | 26:38.7 | 8:35  | 52:50.3   | 8:31/M  |
| 10    | 168     | Greg Gautreaux       | 64  | 1021   | 10                  | 26:15.7 | 8:28  | 8               | 26:36.3 | 8:35  | 52:52.0   | 8:32/M  |
| 11    | 170     | Louis Nix            | 64  | 154    | 11                  | 26:16.3 | 8:28  | 10              | 26:40.5 | 8:36  | 52:56.8   | 8:32/M  |
| 12    | 174     | Steven Domangue      | 64  | 158    | 13                  | 27:05.7 | 8:44  | 7               | 26:12.5 | 8:27  | 53:18.3   | 8:36/M  |
| 13    | 202     | Jose Villagomez      | 62  | 629    | 14                  | 27:47.6 | 8:58  | 13              | 27:18.6 | 8:48  | 55:06.2   | 8:53/M  |
| 14    | 204     | Buddy Howlett        | 60  | 87     | 12                  | 26:23.4 | 8:31  | 17              | 28:52.5 | 9:19  | 55:16.0   | 8:55/M  |
| 15    | 224     | Stephen Southgate    | 63  | 1144   | 16                  | 28:15.5 | 9:07  | 14              | 28:06.2 | 9:04  | 56:21.7   | 9:05/M  |
| 16    | 232     | David Lejeune        | 60  | 320    | 15                  | 28:01.5 | 9:02  | 15              | 28:38.9 | 9:14  | 56:40.5   | 9:08/M  |
| 17    | 271     | Ralph Baker Kearfott | 64  | 884    | 17                  | 29:15.4 | 9:26  | 18              | 29:44.7 | 9:35  | 59:00.2   | 9:31/M  |
| 18    | 286     | Robert Schuler       | 63  | 650    | 19                  | 31:41.2 | 10:13 | 16              | 28:39.7 | 9:15  | 1:00:20.9 | 9:44/M  |
| 19    | 298     | Lynn Simon           | 63  | 963    | 18                  | 30:08.7 | 9:43  | 19              | 31:22.0 | 10:07 | 1:01:30.7 | 9:55/M  |
| 20    | 336     | Robert Faul          | 60  | 839    | 22                  | 33:35.7 | 10:50 | 20              | 31:42.1 | 10:14 | 1:05:17.8 | 10:32/M |
| 21    | 353     | Joe Diliberto        | 61  | 506    | 20                  | 32:26.8 | 10:28 | 21              | 34:45.7 | 11:13 | 1:07:12.5 | 10:50/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 60 to 64

| Place |         |                | -----5K Split ----- |        |     | ----- 10K ----- |       |     | Total   |       |           |         |
|-------|---------|----------------|---------------------|--------|-----|-----------------|-------|-----|---------|-------|-----------|---------|
| Place | Overall | Name           | Age                 | Bib No | Rnk | Time            | Pace  | Rnk | Time    | Pace  | Time      | Pace    |
| 22    | 358     | Kerry Behrens  | 64                  | 787    | 21  | 33:16.6         | 10:44 | 22  | 35:07.0 | 11:20 | 1:08:23.6 | 11:02/M |
| 23    | 377     | Walter Camos   | 61                  | 400    | 25  | 36:59.2         | 11:56 | 23  | 35:59.2 | 11:36 | 1:12:58.4 | 11:46/M |
| 24    | 382     | John Ray       | 61                  | 603    | 23  | 35:43.1         | 11:31 | 25  | 38:03.3 | 12:16 | 1:13:46.5 | 11:54/M |
| 25    | 387     | Calvin Johnson | 61                  | 880    | 24  | 36:55.3         | 11:55 | 24  | 37:40.5 | 12:09 | 1:14:35.8 | 12:02/M |
| 26    | 405     | Manny Fuentes  | 62                  | 619    | 26  | 38:45.1         | 12:30 | 26  | 40:52.3 | 13:11 | 1:19:37.4 | 12:50/M |
| 27    | 417     | Don Lachney    | 62                  | 314    | 27  | 44:22.8         | 14:19 | 27  | 44:52.9 | 14:28 | 1:29:15.8 | 14:24/M |

#### Men 65 to 69

| Place |         |                       | -----5K Split ----- |        |     | ----- 10K ----- |       |     | Total   |       |           |         |
|-------|---------|-----------------------|---------------------|--------|-----|-----------------|-------|-----|---------|-------|-----------|---------|
| Place | Overall | Name                  | Age                 | Bib No | Rnk | Time            | Pace  | Rnk | Time    | Pace  | Time      | Pace    |
| 1     | 42      | Michael Alexander     | 65                  | 774    | 1   | 21:59.9         | 7:05  | 1   | 21:40.4 | 6:59  | 43:40.3   | 7:03/M  |
| 2     | 69      | Manuel Ocampo         | 65                  | 594    | 2   | 22:54.2         | 7:23  | 2   | 23:22.5 | 7:32  | 46:16.7   | 7:28/M  |
| 3     | 201     | Joseph Ralph Roberson | 65                  | 950    | 3   | 27:17.1         | 8:48  | 3   | 27:41.7 | 8:56  | 54:58.8   | 8:52/M  |
| 4     | 216     | Carl Miller           | 66                  | 296    | 4   | 27:19.8         | 8:49  | 4   | 28:41.6 | 9:15  | 56:01.4   | 9:02/M  |
| 5     | 250     | Jerry Richard         | 68                  | 620    | 5   | 28:20.9         | 9:08  | 6   | 29:23.7 | 9:29  | 57:44.7   | 9:19/M  |
| 6     | 274     | Randy Foreman         | 66                  | 1178   | 6   | 30:30.8         | 9:50  | 5   | 28:44.5 | 9:16  | 59:15.3   | 9:33/M  |
| 7     | 337     | Jules Gaudin          | 69                  | 118    | 7   | 31:51.7         | 10:16 | 7   | 33:29.7 | 10:48 | 1:05:21.4 | 10:32/M |
| 8     | 399     | Glen Mire             | 69                  | 490    | 9   | 38:26.7         | 12:24 | 8   | 40:05.2 | 12:56 | 1:18:32.0 | 12:40/M |
| 9     | 406     | Scott Lebleu          | 68                  | 638    | 8   | 36:00.3         | 11:37 | 9   | 43:38.3 | 14:05 | 1:19:38.6 | 12:51/M |
| 10    | 425     | Richard Walsh         | 69                  | 361    | 10  | 47:53.4         | 15:27 | 10  | 51:56.4 | 16:45 | 1:39:49.8 | 16:06/M |

#### Male 70 to 74

| Place |         |                  | -----5K Split ----- |        |     | ----- 10K ----- |       |     | Total   |       |           |         |
|-------|---------|------------------|---------------------|--------|-----|-----------------|-------|-----|---------|-------|-----------|---------|
| Place | Overall | Name             | Age                 | Bib No | Rnk | Time            | Pace  | Rnk | Time    | Pace  | Time      | Pace    |
| 1 *   | 68      | Sherman Stanford | 71                  | 661    | 1   | 22:51.7         | 7:22  | 1   | 23:19.3 | 7:31  | 46:11.0   | 7:27/M  |
| 2 *   | 186     | Jean Dugas       | 73                  | 664    | 2   | 26:44.9         | 8:37  | 2   | 27:08.5 | 8:45  | 53:53.5   | 8:41/M  |
| 3 *   | 315     | Patrick Leonard  | 73                  | 134    | 3   | 31:37.7         | 10:12 | 4   | 31:17.5 | 10:05 | 1:02:55.2 | 10:09/M |
| 4     | 317     | Rob Guidry       | 71                  | 485    | 6   | 33:53.7         | 10:56 | 3   | 29:10.8 | 9:25  | 1:03:04.5 | 10:10/M |
| 5     | 341     | Joe Caldwell     | 71                  | 51     | 5   | 33:25.0         | 10:47 | 5   | 32:35.4 | 10:31 | 1:06:00.4 | 10:39/M |
| 6     | 350     | Mike Keating     | 71                  | 312    | 4   | 31:54.5         | 10:17 | 6   | 35:12.9 | 11:21 | 1:07:07.5 | 10:50/M |
| 7     | 367     | Donald Richard   | 72                  | 352    | 7   | 35:09.7         | 11:20 | 7   | 35:41.9 | 11:31 | 1:10:51.7 | 11:26/M |
| 8     | 383     | Tom Guidry       | 72                  | 1110   | 9   | 37:27.9         | 12:05 | 8   | 36:21.0 | 11:44 | 1:13:49.0 | 11:54/M |
| 9     | 386     | Thomas Miller    | 71                  | 600    | 8   | 36:39.2         | 11:49 | 9   | 37:51.9 | 12:13 | 1:14:31.1 | 12:01/M |
| 10    | 424     | Del Leblanc      | 75                  | 356    | 10  | 47:53.4         | 15:27 | 10  | 51:43.5 | 16:41 | 1:39:36.9 | 16:04/M |

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

Race Date

November 10, 2018

|                  |
|------------------|
| Male 80 and over |
|------------------|

| <u>Place</u> | <u>Place</u>   |              | <u>Age</u> | <u>Bib No</u> | <u>-----5K Split -----</u> |             | <u>----- 10K -----</u> |            |             | <u>Total</u> | <u>Pace</u> |             |
|--------------|----------------|--------------|------------|---------------|----------------------------|-------------|------------------------|------------|-------------|--------------|-------------|-------------|
|              | <u>Overall</u> | <u>Name</u>  |            |               | <u>Rnk</u>                 | <u>Time</u> | <u>Pace</u>            | <u>Rnk</u> | <u>Time</u> |              |             | <u>Pace</u> |
| 1            | 389            | Edmond Dugas | 85         | 56            | 1                          | 36:50.3     | 11:53                  | 1          | 38:19.6     | 12:22        | 1:15:10.0   | 12:07/M     |

\*Overall place within gender