

2015 White Lake Spring Sprint

Overall Women

White Lake, NC 5/03/2015 07:00AM

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Place	Bib	Co	Name	Age	City	St	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	9	OF	ROBIN PETRUZZI	39	LEXINGTON	NC	1	00:12:55	4	00:02:13	1	00:38:58	15	00:01:08	7	00:23:15		01:18:26	
2	135		SARAH SIEKMAN	24	RAEFORD	NC	14	00:16:14	2	00:02:11	10	00:42:04	9	00:01:02	4	00:22:34		01:24:03	
3	190		FRAN HUGHES	51	APEX	NC	10	00:15:41	18	00:02:47	7	00:41:30	27	00:01:21	9	00:23:32		01:24:51	
4	218		JO MURPHY	18	NEWPORT	NC	3	00:13:50	11	00:02:36	13	00:42:57	1	00:00:43	15	00:24:57		01:25:01	
5	158	A	ELIZABETH KNIPPEN	30	FLORENCE	SC	16	00:16:21	8	00:02:24	8	00:41:45	25	00:01:19	11	00:24:09		01:25:56	
6	182		SAMANTHA TULENKO	23	WAKE FOREST	NC	6	00:14:48	12	00:02:43	24	00:44:44	36	00:01:26	6	00:22:36		01:26:15	
7	177		GERALDINE WALKER	34	LOUISBURG	NC	59	00:20:58	9	00:02:32	2	00:40:21	21	00:01:15	1	00:21:21		01:26:26	
8	69		HEATHER CREWS	29	CARY	NC	18	00:16:31	14	00:02:45	3	00:40:45	26	00:01:20	19	00:25:19		01:26:38	
9	211		RENEE GRIFFIN	46	WILMINGTON	NC	9	00:15:39	5	00:02:18	11	00:42:09	49	00:01:35	17	00:25:05		01:26:44	
10	252		CATHERINE BURTON	21	ASHEVILLE	NC	35	00:17:47	31	00:03:15	5	00:41:28	13	00:01:05	13	00:24:32		01:28:04	
11	249		CARY MAYCOCK	47	GREENSBORO	NC	2	00:13:23	40	00:03:29	23	00:44:26	44	00:01:31	25	00:26:02		01:28:51	
12	243		ROXANNE PURVIS	43	BUNNLEVEL	NC	52	00:19:54	6	00:02:18	4	00:41:06	35	00:01:26	18	00:25:15		01:29:57	
13	171		KATHY HUNTER	45	DURHAM	NC	23	00:16:49	10	00:02:33	12	00:42:47	16	00:01:09	37	00:26:45		01:30:03	
14	89		LISA TARANTINO	48	CHAPEL HILL	NC	11	00:15:45	21	00:02:57	19	00:43:39	38	00:01:28	34	00:26:34		01:30:21	
15	83		WINDY CHRISTY	37	LUMBERTON	NC	39	00:18:26	43	00:03:40	18	00:43:38	79	00:02:09	5	00:22:35		01:30:26	
16	233		ALLY ROTH	13	EMERALD ISLE	NC	5	00:14:44	33	00:03:20	46	00:48:32	3	00:00:49	8	00:23:24		01:30:48	
17	312		TINA AVERY	36	ERWIN	NC	38	00:18:22	30	00:03:14	22	00:44:05	67	00:01:51	10	00:24:07		01:31:37	
18	65		KRISTEN MALZAHN	41	DURHAM	NC	22	00:16:45	48	00:03:44	16	00:43:05	50	00:01:37	36	00:26:38		01:31:47	
19	95		MICHELLE DE PAOR	44	HAMPSTEAD	NC	49	00:19:38	16	00:02:47	9	00:41:56	68	00:01:52	23	00:25:43		01:31:54	
20	175		RACHEL JONES	29	RALEIGH	NC	37	00:18:18	23	00:03:00	41	00:47:47	40	00:01:30	2	00:21:33		01:32:06	
21	70		DANIELLE MCGREGOR	49	MIDLOTHIAN	VA	29	00:17:18	28	00:03:11	20	00:43:56	56	00:01:40	30	00:26:20		01:32:23	
22	48		CINDY REBMAN	47	VIRGINIA BEACH	VA	36	00:18:03	19	00:02:50	14	00:43:00	43	00:01:31	47	00:27:39		01:33:02	

23	42	NATALIE COWAN	32	WAYNESVILLE	NC	30	00:17:28	7	00:02:18	28	00:45:31	29	00:01:22	32	00:26:26	01:33:03	
24	164	SLOANE MILLER	22	CARY	NC	21	00:16:44	42	00:03:33	38	00:47:21	5	00:00:53	16	00:25:01	01:33:30	
25	198	EMMA SCHMID	21	CHAPEL HILL	NC	8	00:15:31	38	00:03:29	54	00:49:27	6	00:01:01	12	00:24:19	01:33:44	
26	119	ANGELA GAUTREAU	37	CARY	NC	57	00:20:28	20	00:02:51	15	00:43:03	28	00:01:21	26	00:26:04	01:33:46	
27	221	RACHEL SLEDGE	20	SWANNANOA	NC	20	00:16:37	25	00:03:07	30	00:45:40	86	00:02:22	28	00:26:11	01:33:54	
28	144	SUSANNE BUTLER	46	WILMINGTON	NC	27	00:17:11	15	00:02:45	36	00:46:16	4	00:00:51	38	00:26:53	01:33:55	
29	246	BETH UBERSEDER	55	LEWISVILLE	NC	26	00:17:07	13	00:02:43	34	00:45:55	51	00:01:37	44	00:27:21	01:34:42	
30	215	LINDA TUFTS	55	ABERDEEN	NC	15	00:16:19	54	00:04:04	29	00:45:36	80	00:02:10	39	00:26:54	01:35:01	
31	242	MARTHA BRYANT	57	WINSTON SALEM	NC	34	00:17:37	26	00:03:08	31	00:45:43	59	00:01:42	42	00:27:07	01:35:16	
32	150	BYRDENA SHEPHERD	50	CLEMMONS	NC	46	00:19:06	29	00:03:14	25	00:44:48	30	00:01:23	46	00:27:29	01:35:57	
33	180	BONNIE HATLEY	45	HOPE MILLS	NC	63	00:21:23	39	00:03:29	27	00:45:03	22	00:01:17	31	00:26:20	01:37:30	
34	66	KIMBERLY MOORE	51	RICHMOND	VA	90	00:24:55	17	00:02:47	17	00:43:11	19	00:01:14	21	00:25:31	01:37:37	
35	263	ZF DIANE MICHOT	42	RALEIGH	NC	17	00:16:25	87	00:05:28	37	00:47:16	101	00:03:06	20	00:25:24	01:37:37	
36	206	REBECCA HINDS	36	SOUTHERN PINES	NC	85	00:24:33	27	00:03:10	6	00:41:29	58	00:01:41	14	00:24:55	00:02:00	01:37:47
37	179	WENDY LANCE	53	HUNTERSVILLE	NC	40	00:18:27	49	00:03:46	47	00:48:38	54	00:01:40	24	00:25:58	01:38:26	
38	112	CATHERINE JONES	35	ASHEVILLE	NC	24	00:16:58	68	00:04:28	32	00:45:48	53	00:01:40	53	00:29:49	01:38:40	
39	45	SHANNON ICE	38	FALLS CHURCH	VA	25	00:17:05	37	00:03:27	51	00:48:57	42	00:01:31	50	00:27:50	01:38:49	
40	140	STACY RINEHART	42	HOLLY SPRINGS	NC	47	00:19:27	58	00:04:11	21	00:44:04	48	00:01:35	57	00:30:13	01:39:27	
41	294	NF SARAH LOFTUS	24	BEAUFORT	NC	42	00:18:33	69	00:04:30	77	00:53:48	7	00:01:01	3	00:22:09	01:39:59	
42	21	SHANNON KNOTT	34	DURHAM	NC	32	00:17:34	78	00:05:02	44	00:48:12	96	00:02:50	33	00:26:32	01:40:07	
43	99	A CANDACE BROWN	40	RALEIGH	NC	61	00:21:08	41	00:03:32	26	00:44:59	85	00:02:19	52	00:28:21	01:40:17	
44	111	LOUISE MARIANI	38	GREER, SC	SC	41	00:18:29	35	00:03:24	68	00:51:14	47	00:01:34	29	00:26:18	01:40:56	
45	117	SARAH KAMINER	24	DURHAM	NC	12	00:15:50	44	00:03:41	69	00:51:19	14	00:01:05	54	00:29:57	01:41:50	
46	170	KAREN LUMAN	61	COLUMBIA	MD	44	00:18:56	53	00:03:59	58	00:49:38	69	00:01:54	51	00:28:20	01:42:45	
47	284	NF TERESA MOWRY	37	PORTSMOUTH	VA	83	00:23:52	45	00:03:41	35	00:46:15	55	00:01:40	49	00:27:50	01:43:17	
48	114	THERESA BURIAN	57	GAMBRILLS	MD	45	00:19:04	73	00:04:57	40	00:47:44	71	00:01:55	55	00:29:59	01:43:37	
49	116	JOANNA BLASZCZAK	26	DURHAM	NC	80	00:23:26	46	00:03:41	45	00:48:28	73	00:01:57	35	00:26:36	01:44:06	
50	5	BETH MCGONNELL	32	DURHAM	NC	13	00:16:04	64	00:04:23	71	00:52:47	31	00:01:23	64	00:30:54	01:45:29	
51	61	GAIL SUMMERSKILL	62	CHARLOTTE	NC	48	00:19:36	22	00:02:59	61	00:50:11	72	00:01:56	65	00:30:56	01:45:36	
52	165	SALLY ALMEKINDERS	61	CHAPEL HILL	NC	77	00:22:57	1	00:02:06	39	00:47:24	8	00:01:01	70	00:32:39	01:46:05	
53	154	ANDREA KELSEY	25	BETHESDA	MD	33	00:17:36	24	00:03:05	95	00:58:39	2	00:00:47	27	00:26:10	01:46:15	

54	129	EMILY PECHAR	27	DURHAM	NC	53	00:19:59	59	00:04:12	53	00:49:14	94	00:02:41	60	00:30:23	01:46:27
55	214	LAURA DORTON	57	RALEIGH	NC	31	00:17:34	63	00:04:22	55	00:49:31	52	00:01:39	77	00:33:53	01:46:56
56	46	MADLINE ICE	13	FALLS CHURCH	VA	7	00:15:01	50	00:03:46	88	00:56:51	11	00:01:02	69	00:32:18	01:48:56
57	126	REBEKAH GELE	29	COLUMBIA	SC	19	00:16:32	110	00:07:52	64	00:50:58	112	00:06:45	41	00:27:01	01:49:06
58	41	JO RODGERS	44	CHAPEL HILL	NC	86	00:24:36	81	00:05:13	60	00:50:04	91	00:02:34	40	00:26:55	01:49:21
59	241	LAURA MURRAY	40	RALEIGH	NC	60	00:21:04	55	00:04:04	67	00:51:08	97	00:02:50	58	00:30:22	01:49:27
60	219	ALLISON MISTLER	31	SANFORD	NC	55	00:20:24	96	00:06:13	56	00:49:31	99	00:02:53	63	00:30:48	01:49:48
61	302	NF HALEY YANELLO	34	APEX	NC	67	00:22:11	51	00:03:49	50	00:48:56	87	00:02:22	75	00:33:15	01:50:31
62	279	NF HANNA FULFORD	14	APEX	NC	4	00:14:03	74	00:04:57	108	01:05:11	37	00:01:26	22	00:25:37	01:51:12
63	172	A SHELLY-ANN SINCLAIR	36	ARLINGTON	VA	68	00:22:12	47	00:03:42	59	00:50:02	90	00:02:31	73	00:32:49	01:51:14
64	37	PAMELA STRONG	31	WAYNESVILLE	NC	72	00:22:34	3	00:02:11	33	00:45:49	66	00:01:49	97	00:39:43	01:52:04
65	270	NF BRITTANY GUERIN	27	RALEIGH	NC	78	00:23:08	61	00:04:19	84	00:55:59	39	00:01:29	43	00:27:18	01:52:11
66	291	NF JANA CRYE	30	RALEIGH	NC	62	00:21:16	95	00:06:10	85	00:56:16	18	00:01:14	45	00:27:23	01:52:16
67	142	SHERRY WOLFGANG	48	FAYETTEVILLE	NC	88	00:24:48	83	00:05:20	52	00:49:08	102	00:03:08	67	00:31:50	01:54:13
68	264	ZF GLYNIS FULLWOOD	45	CHAPEL HILL	NC	54	00:20:14	84	00:05:23	83	00:55:27	70	00:01:55	66	00:31:26	01:54:22
69	22	SHELLEY GALPHIN	63	RALEIGH	NC	76	00:22:54	67	00:04:28	48	00:48:41	93	00:02:41	81	00:35:57	01:54:39
70	131	DEANNE MAYNARD	46	RALEIGH	NC	58	00:20:47	93	00:06:02	43	00:48:06	110	00:03:27	84	00:36:25	01:54:45
71	86	BRYN TOWNSEND	55	RALEIGH	NC	66	00:22:07	80	00:05:12	42	00:47:48	75	00:02:01	89	00:37:39	01:54:46
72	163	RUTH AMAGLIANI	28	FAYETTEVILLE	NC	89	00:24:51	71	00:04:46	76	00:53:45	76	00:02:01	61	00:30:38	01:55:59
73	296	NF EMILY JACARUSO	27	BURLINGTON	NC	74	00:22:38	66	00:04:27	65	00:51:00	77	00:02:04	82	00:35:59	01:56:05
74	92	KELLIE LEWIS	46	RALEIGH	NC	43	00:18:51	82	00:05:14	62	00:50:41	107	00:03:20	91	00:38:09	01:56:14
75	183	A TAMIKA PEGUES	37	RALEIGH	NC	93	00:26:20	62	00:04:20	86	00:56:26	63	00:01:44	48	00:27:39	01:56:28
76	286	ZF SUZANNE HAIR	55	CHARLOTTE	NC	81	00:23:35	94	00:06:06	74	00:53:09	65	00:01:48	68	00:32:08	01:56:45
77	121	KINGSLEY KAMINER	61	ASHEVILLE	NC	56	00:20:28	77	00:05:01	82	00:54:59	34	00:01:24	80	00:35:25	01:57:15
78	57	A TIFFANY MCKENZIE	40	APEX	NC	69	00:22:26	34	00:03:21	73	00:52:53	23	00:01:17	93	00:38:18	01:58:12
79	25	DOVE AVYLLA	37	WINNABOW	NC	94	00:26:28	36	00:03:27	91	00:57:23	12	00:01:04	56	00:30:11	01:58:30
80	60	KAREN JACOBS	70	VIRGINIA BEACH	VA	51	00:19:42	92	00:06:00	75	00:53:18	74	00:01:59	95	00:38:56	01:59:54
81	91	KATIE BALDWIN	22	RALEIGH	NC	28	00:17:17	32	00:03:20	90	00:57:05	17	00:01:12	102	00:41:22	02:00:14
82	267	ZF JANEL SEXTON	45	CHAPEL HILL	NC	84	00:23:57	56	00:04:06	79	00:54:41	33	00:01:24	86	00:36:38	02:00:44
83	181	TRISHA STONE	52	HOPE MILLS	NC	92	00:25:52	98	00:06:21	66	00:51:01	45	00:01:32	85	00:36:34	02:01:19
84	261	A LINDSAY GRESS	36	CAPE CARTERET	NC	64	00:21:57	70	00:04:41	96	00:58:41	61	00:01:43	78	00:34:31	02:01:31

85	58	A	CARRIE FREY	45	WILLOW SPRING	NC	50	00:19:40	52	00:03:50	93	00:57:58	88	00:02:28	90	00:37:42	02:01:36
86	259		AUDREY MUNGAL	51	RALEIGH	NC	82	00:23:40	89	00:05:35	63	00:50:51	111	00:04:20	87	00:37:29	02:01:54
87	113	A	STEPHANIE NIXA	38	WINSTON-SALEM	NC	70	00:22:28	91	00:05:52	49	00:48:47	24	00:01:18	106	00:44:43	02:03:07
88	247		KAY SWENSON	49	MIDLOTHIAN	VA	65	00:22:07	57	00:04:08	80	00:54:43	78	00:02:07	100	00:41:07	02:04:10
89	297	ZF	JENNIFER MARTIN	50	DURHAM	NC	97	00:29:58	90	00:05:43	72	00:52:48	106	00:03:19	72	00:32:43	02:04:29
90	34	A	PAULA BASS	38	LUMBERTON	NC	87	00:24:38	107	00:07:42	70	00:51:23	105	00:03:16	92	00:38:14	02:05:12
91	292	ZF	ROMAINE HUDSON	57	WINSTON-SALEM	NC	79	00:23:08	97	00:06:21	92	00:57:28	82	00:02:12	88	00:37:37	02:06:44
92	49		EMILY MARGAGLIOTTI	23	APEX	NC	73	00:22:38	76	00:04:59	103	01:02:16	32	00:01:24	83	00:35:59	02:07:14
93	47		MICHELLE POTTER	38	RALEIGH	NC	98	00:30:05	112	01:04:56		-Time	60	00:01:42	74	00:32:49	02:08:44
94	299	NF	TIFFANY GREENE	29	GREENSBORO	NC	91	00:24:55	111	00:08:44	97	00:59:49	100	00:02:59	71	00:32:40	02:09:04
95	51		CHELSEA CYR	23	GREENVILLE	NC	75	00:22:44	72	00:04:56	111	01:09:53	20	00:01:15	59	00:30:23	02:09:09
96	90		JULIA SZETO	33	RALEIGH	NC											02:13:21
97	162		MICHELLE WILSON	40	FAYETTEVILLE	NC	95	00:27:52	85	00:05:23	87	00:56:29	92	00:02:36	101	00:41:19	02:13:37
98	187	A	MYRA CASILLAS	37	FLORENCE	SC	99	00:30:39	86	00:05:24	78	00:54:32	95	00:02:47	99	00:40:25	02:13:46
99	271	NF	HANNAH VERNIA	27	RALEIGH	NC	100	00:30:45	65	00:04:25	110	01:08:17	10	00:01:02	62	00:30:47	02:15:15
100	277	NF	LENA ANGELICHIO-MILLER	30	GRAHAM	NC	71	00:22:32	75	00:04:57	94	00:58:12	62	00:01:43	110	00:49:42	02:17:05
101	266	NF	STACI EDWARDS	39	PFAFFTOWN	NC	96	00:29:43	79	00:05:05	98	01:01:13	57	00:01:41	98	00:40:07	02:17:46
102	31		RASMI BACON	37	MORRISVILLE	NC	101	00:31:00	60	00:04:13	109	01:07:08	46	00:01:34	76	00:33:16	00:02:00 02:19:09
103	68	A	LYDIA BROWN	51	PIEDMONT	SC	104	00:33:55	105	00:07:25	57	00:49:36	109	00:03:24	108	00:45:10	02:19:28
104	132		UNHEE KIM	56	STERLING	VA	110	00:40:54	108	00:07:49	89	00:56:57	104	00:03:16	79	00:34:40	02:23:34
105	203		BETH WILSON	51	CARY	NC	107	00:35:57	109	00:07:52	81	00:54:51	108	00:03:23	103	00:41:33	02:23:35
106	280	ZF	CINDY FARMER WOOD	53	GREENSBORO	NC	106	00:34:16	88	00:05:31	101	01:01:45	89	00:02:31	105	00:43:28	02:27:29
107	273	ZF	LISA HESS	44	CHAPEL HILL	NC	108	00:36:49	102	00:06:52	106	01:04:42	64	00:01:45	94	00:38:24	02:28:30
108	265	ZF	JEANNIE DUDLEY	48	WINSTON SALEM	NC	105	00:34:02	104	00:07:18	99	01:01:27	98	00:02:51	104	00:43:10	02:28:46
109	19		CYNTHIA SMART	61	WINSTON SALEM	NC	102	00:32:22	100	00:06:38	102	01:02:09	84	00:02:13	109	00:48:02	02:31:22
110	262	NF	SABRINA HUDSON	33	WINSTON SALEM	NC	103	00:33:04	106	00:07:32	105	01:04:36	83	00:02:13	107	00:45:03	02:32:26
111	209		HEATHER MATKOWSKY	40	WINSTON-SALEM	NC	112	00:54:48	101	00:06:48	100	01:01:36	41	00:01:30	96	00:39:26	02:44:07
112	18		APRIL HARTSOOK	48	WINSTON-SALEM	NC	111	00:44:49	103	00:07:00	104	01:03:23	81	00:02:11	111	00:52:57	02:50:19
113	185		HEATHER WADDELL	48	PFAFFTOWN	NC	109	00:37:10	99	00:06:22	107	01:04:59	103	00:03:14	112	00:58:36	02:50:20

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