

Race Date
September 08, 2018

RL Tri
Sprint Tri
Sprint Trii

Female Open Winners

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Julie Van Loo	302	34	1	12:08	25:49	1:18	3	34:16	21.8	0:49	1	20:27	6:36	1:09:01
2	8	Marissa Nacey	221	21	2	17:21	36:55	2:20	2	24:29	30.5	0:53	2	25:34	8:15	1:10:38
3	21	Danielle Harner	769	28	3	18:12	38:43	3:16	1	22:48	32.7	1:21	3	27:25	8:51	1:13:05

Female Master Winners

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	65	Michelle Franks	458	47	1	15:39	33:18	1:40	1	36:42	20.3	0:56	1	24:02	7:45	1:19:01

RL Tri
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Female 14 to 19

Place					----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	237	Lily Brouwer	213	16	2	14:05	29:58	2:18	2	49:33	15.1	0:28	1	24:42	7:58	1:31:07
2	287	Tess Ens	216	19	3	14:14	30:17	2:21	3	50:20	14.8	1:14	2	27:46	8:57	1:35:56
3	292	Chloe Sholler	212	15	4	16:12	34:28	2:30	1	47:43	15.6	0:44	3	29:18	9:27	1:36:28
4	363	Emma Wert	214	16	5	16:21	34:47	2:22	4	52:00	14.3	1:13	4	32:46	10:34	1:44:44
5	374	Lilly Wert	211	14	1	12:41	26:59	6:02	5	52:03	14.3	1:10	6	34:46	11:13	1:46:44
6	399	Anna Molloy	215	18	6	19:58	42:29	1:33	6	1:00:27	12.3	1:24	5	34:03	10:59	1:57:27

Female 20 to 24

Place					----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	41	Rachel Carlson	230	24	4	11:45	25:00	1:58	2	41:19	18.1	0:44	1	21:23	6:54	1:17:11
2	100	Ally Vanheken	217	20	2	10:24	22:08	2:04	4	42:30	17.5	1:05	3	25:24	8:12	1:21:29
3	112	Megan Zbinden	225	22	6	12:30	26:36	1:14	1	40:53	18.2	1:09	6	26:00	8:23	1:21:49
4	144	Elizabeth Mitten	227	23	9	13:13	28:07	2:22	3	42:26	17.6	1:41	2	24:12	7:48	1:23:57
5	183	Paige Lackey	233	24	5	11:49	25:09	1:35	6	45:29	16.4	1:15	9	26:43	8:37	1:26:52
6	192	Molly Alger	228	23	3	11:22	24:11	1:21	7	47:24	15.7	0:34	10	27:08	8:45	1:27:51
7	225	Abbey Wellman	219	20	1	9:32	20:17	2:27	10	51:25	14.5	0:36	7	26:33	8:34	1:30:35
8	265	Elizabeth McDaniel	220	21	10	15:39	33:18	1:51	9	49:14	15.1	0:39	4	25:33	8:15	1:32:58
9	271	Meia Karni	229	23	11	18:31	39:24	2:31	5	45:08	16.5	1:14	8	26:37	8:35	1:34:03
10	309	Allie Kendall	223	22	12	18:52	40:09	2:27	8	49:10	15.2	1:34	5	25:40	8:17	1:37:45
11	312	Marissa Koster	226	22	7	12:35	26:46	3:04	11	52:07	14.3	1:40	11	28:28	9:11	1:37:55
12	332	Jacquelin Jimenez	222	22	8	13:11	28:03	4:06	12	52:12	14.3	1:18	12	28:41	9:15	1:39:30
13	401	Jenna Decker	224	22	13	20:06	42:46	4:42	13	1:00:11	12.4	2:02	13	31:52	10:17	1:58:56
14	415	Amanda Vandenbosch	232	24	14	22:37	48:07	5:34	14	1:04:21	11.6	0:55	14	35:57	11:36	2:09:26

Race Date
September 08, 2018

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Female 25 to 29

Place					----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	56	Stephanie Clapham	265	28	14	14:15	30:19	1:29	2	38:58	19.1	1:20	3	22:12	7:10	1:18:16
2	76	Elyse Deshaw	258	27	2	10:32	22:25	2:15	4	40:33	18.4	1:19	10	25:19	8:10	1:20:00
3	78	Mallory Buth	267	29	1	10:23	22:06	1:40	3	40:17	18.5	1:28	13	26:25	8:31	1:20:14
4	81	Lindsay Lewis	262	28	3	10:52	23:07	2:16	6	41:25	18.0	1:16	4	24:29	7:54	1:20:19
5	110	Lindsey O'Brien	241	25	26	17:41	37:37	1:31	5	41:22	18.0	0:53	1	20:18	6:33	1:21:47
6	138	Jolene Weesjes	249	26	8	12:15	26:04	3:27	7	42:18	17.6	0:27	5	25:03	8:05	1:23:32
7	139	Madison Vlietstra	259	27	11	13:17	28:16	1:41	8	42:40	17.5	0:51	8	25:14	8:08	1:23:44
8	168	Haley Kacos	242	26	12	13:33	28:50	2:08	9	42:46	17.4	0:40	14	26:32	8:34	1:25:41
9	176	Sonja Engelsma	256	27	9	12:24	26:23	2:02	10	43:06	17.3	2:17	15	26:40	8:36	1:26:30
10	187	Rachel Wheaton	261	28	5	11:35	24:39	3:25	13	44:36	16.7	2:12	9	25:19	8:10	1:27:08
11	222	Heather Diver	270	29	16	14:25	30:40	2:00	11	43:34	17.1	1:18	19	28:49	9:18	1:30:08
12	226	Elizabeth Van Drunen	263	28	15	14:17	30:23	1:14	12	44:33	16.7	0:14	22	30:19	9:47	1:30:39
13	238	Sarah Kober	234	25	18	14:48	31:29	2:27	16	47:44	15.6	0:54	7	25:13	8:08	1:31:09
14	240	Lara Ejups	253	27	17	14:30	30:51	1:36	18	48:24	15.4	0:46	11	25:55	8:22	1:31:13
15	252	Alexa Henslee	239	25	20	15:05	32:06	2:17	26	51:30	14.5	0:50	2	22:11	7:09	1:31:56
16	258	Stephanie Weir	272	29	4	11:31	24:30	2:21	14	46:19	16.1	1:28	23	30:47	9:56	1:32:28
17	280	Hannah Akin	269	29	21	15:07	32:10	2:26	20	49:07	15.2	1:34	16	26:48	8:39	1:35:04
18	284	Emily Dewit	266	28	6	12:03	25:38	2:02	22	49:39	15.0	1:01	24	30:54	9:58	1:35:41
19	300	Mary Deyoung	244	26	13	13:52	29:30	2:49	23	50:31	14.8	1:36	17	28:11	9:05	1:37:00
20	306	Camille Faith Isenga	250	26	23	17:33	37:20	3:07	15	47:21	15.8	1:10	18	28:20	9:08	1:37:33
21	313	Megan Rizzo	257	27	28	18:22	39:05	3:59	17	48:10	15.5	1:19	12	26:15	8:28	1:38:06
22	314	Abigail Deierlein	246	26	22	15:31	33:01	3:02	21	49:13	15.2	0:56	20	29:26	9:30	1:38:10
23	359	Cassandra Hester	273	29	24	17:36	37:27	1:51	28	53:18	14.0	1:33	21	29:50	9:37	1:44:09
24	365	Lauren Marchione	255	27	27	17:47	37:50	3:53	19	48:49	15.3	2:04	26	32:13	10:24	1:44:48
25	375	Emily Zoeller	761	26	29	19:46	42:03	3:00	27	51:51	14.4	0:53	25	31:13	10:04	1:46:44
26	381	Amy Bourne	271	29	32	27:48	59:09	1:51	25	50:58	14.6	2:00	6	25:12	8:08	1:47:51
27	384	Tiffany Zandstra	235	25	19	15:00	31:55	2:23	29	55:17	13.5	1:05	28	35:54	11:35	1:49:42
28	385	Allison Myers	268	29	30	20:45	44:09	2:55	24	50:44	14.7	2:28	27	33:00	10:39	1:49:54

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Female 25 to 29

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
29	396	Kirsten Clemans	248	26	7	12:04	25:40	3:28	30	56:33	13.2	2:27	31	41:31	13:24	1:56:06
30	397	Keren Nobel	245	26	10	13:08	27:57	2:04	1	29:08	25.6	0:48	32	1:11:04	22:55	1:56:14
31	404	Sruthi Naraharisetti	238	25	25	17:37	37:29	3:37	31	57:22	13.0	1:02	30	39:59	12:54	1:59:39
32	414	Nicole Bush	264	28	31	23:41	50:23	4:38	32	58:44	12.7	3:23	29	38:58	12:34	2:09:26

Female 30 to 34

Place			----- Swim -----					T1	----- Bike -----		T2	----- Run -----		Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	64	Lindsey Leblanc	287	32	2	11:43	24:56	1:48	2	40:08	18.6	1:10	1	24:08	7:47	1:18:59
2	163	Katie McBride	290	32	3	11:57	25:26	2:09	13	44:53	16.6	0:49	4	25:26	8:12	1:25:16
3	166	Amber Morse	297	33	23	17:05	36:21	2:16	4	40:58	18.2	0:44	2	24:25	7:53	1:25:30
4	174	Chrissy Wiersma	298	33	10	14:10	30:09	1:47	6	43:19	17.2	1:04	5	25:51	8:20	1:26:13
5	188	Hannah Fessler	284	31	14	14:56	31:46	1:39	5	43:03	17.3	0:46	8	27:00	8:43	1:27:26
6	201	Kelly Metsker	303	34	8	14:04	29:56	1:16	10	44:38	16.7	1:07	9	27:28	8:52	1:28:35
7	212	Melissa Kacos	275	30	6	13:09	27:59	2:33	12	44:48	16.6	1:57	7	26:50	8:39	1:29:18
8	213	Ariel Vaux	274	30	11	14:15	30:19	2:21	15	46:16	16.1	1:26	3	25:06	8:06	1:29:25
9	221	Diana Klein	280	31	12	14:30	30:51	2:18	14	46:10	16.2	0:42	6	26:26	8:32	1:30:07
10	229	Lindsay Gandy	285	31	5	13:03	27:46	1:41	11	44:42	16.7	0:51	14	30:26	9:49	1:30:45
11	248	Katie Fontaine	281	31	24	17:28	37:10	1:32	7	43:56	17.0	1:00	10	27:52	8:59	1:31:51
12	253	Tracy Herbig	301	34	20	16:17	34:39	2:18	3	40:41	18.3	0:50	18	31:51	10:16	1:31:58
13	256	Carlin Grundemann	306	34	18	15:50	33:41	1:44	9	44:37	16.7	1:25	11	28:31	9:12	1:32:09
14	259	Michelle Kozak	277	30	1	11:17	24:00	2:04	19	48:42	15.3	0:30	13	29:56	9:39	1:32:32
15	294	Valerie Endres	291	32	9	14:07	30:02	2:02	20	50:07	14.9	1:06	12	29:11	9:25	1:36:35
16	295	Nicole Devries	282	31	13	14:54	31:42	2:19	18	47:32	15.7	1:08	15	30:42	9:54	1:36:37
17	346	Kasandra Butler	299	34	16	15:07	32:10	3:02	23	51:00	14.6	1:38	16	31:06	10:02	1:41:54

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Female 30 to 34

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
18	348	Jamie Roberts	278	30	7	13:56	29:39	1:06	8	44:26	16.8		25	42:40	13:46	1:42:09
19	355	Lauren Van Keulen	288	32	17	15:15	32:27	2:21	21	50:35	14.7	0:54	20	34:03	10:59	1:43:10
20	367	Lesley Hellerstedt	305	34	19	16:07	34:17	2:04	17	46:36	16.0	1:03	23	39:22	12:42	1:45:13
21	372	Jenna Kape	283	31	22	17:02	36:14	5:07	22	50:49	14.7	1:16	19	32:21	10:26	1:46:37
22	376	Quinn Griffin	156	30	15	15:06	32:08	4:42	1	25:54	28.8	29:24	17	31:38	10:12	1:46:46
23	382	Lindsay Davis	276	30	26	20:12	42:59	2:54	16	46:33	16.0	3:11	21	36:45	11:51	1:49:37
24	392	Kaylee Swanson	296	33	21	16:37	35:21	3:06	24	51:58	14.4	2:03	24	39:53	12:52	1:53:39
25	413	Lindsay MacHiniak	295	33	27	24:12	51:29	2:33	25	57:50	12.9	3:27	22	38:37	12:27	2:06:40

Female 35 to 39

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	48	Holly Gustafson	433	39	8	13:33	28:50	0:49	1	38:10	19.5	0:53	5	24:36	7:56	1:18:02
2	67	Emily Dixon	413	35	2	12:40	26:57	1:08	2	40:23	18.5	0:53	3	24:28	7:54	1:19:33
3	134	Gretchen Walsh	436	39	17	15:48	33:37	1:34	4	41:50	17.8	1:21	1	22:21	7:13	1:22:57
4	165	Sarah Cross	414	36	10	14:30	30:51	2:26	5	42:23	17.6	1:37	4	24:28	7:54	1:25:26
5	173	Sarah Vansoest	416	36	1	11:52	25:15	1:59	7	43:16	17.2	1:15	10	27:47	8:58	1:26:10
6	181	Jeanne Garlets	419	36	16	15:42	33:24	2:32	10	44:01	16.9	1:11	2	23:13	7:29	1:26:41
7	189	Jeanette Bucher	415	36	7	13:10	28:01	1:50	9	43:55	17.0	1:18	9	27:22	8:50	1:27:38
8	232	Denise Ruwersma	432	38	20	16:51	35:51	1:14	3	41:17	18.1	1:15	17	30:11	9:44	1:30:50
9	243	Rachelle Puccini	427	37	6	12:51	27:20	2:30	11	45:16	16.5	1:58	12	28:42	9:15	1:31:20
10	246	Cara Jones	434	39	15	15:27	32:52	1:50	12	45:41	16.3	1:42	7	27:01	8:43	1:31:43
11	251	Emily Bolduc	411	35	5	12:49	27:16	1:30	14	46:03	16.2	0:45	19	30:45	9:55	1:31:54
12	260	Brooke Van Assen	412	35	12	15:15	32:27	1:40	20	47:53	15.6	0:51	6	26:54	8:41	1:32:35
13	261	Mary Guyette	417	36	19	16:18	34:41	2:01	6	43:14	17.3	1:25	15	29:36	9:33	1:32:36

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Female 35 to 39

Place			----- Swim -----			T1		----- Bike -----			T2		----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
14	266	Sarah Stehouwer	424	37	9	14:25	30:40	3:20	16	46:27	16.1	1:41	8	27:05	8:44	1:33:00
15	268	Elizabeth Christensen	431	38	4	12:45	27:08	3:45	15	46:21	16.1	1:01	16	29:47	9:36	1:33:41
16	286	Sara Hernandez	407	35	23	17:39	37:33	2:17	13	45:41	16.3	1:22	13	28:49	9:18	1:35:52
17	305	Jacqueline Kaschyk	423	37				19:18	19	47:47	15.6	0:55	14	29:27	9:30	1:37:28
18	322	Jacqueline Kronk	410	35	25	18:51	40:06	2:24				46:43	20	30:55	9:58	1:38:55
19	329	Kimberly Pobanz	409	35	3	12:43	27:03	3:10	23	51:12	14.6	2:00	18	30:16	9:46	1:39:23
20	343	Ari Clowney	430	38	18	16:16	34:37	1:47	18	47:12	15.8	0:37	25	35:07	11:20	1:41:02
21	350	Melissa Dombrowski	426	37	22	17:38	37:31	3:11	22	48:56	15.2	1:17	21	31:42	10:14	1:42:45
22	352	Rebecca Martin	421	37	21	17:15	36:42	2:15	21	48:52	15.3	1:42	22	32:47	10:35	1:42:53
23	360	Tiffany Richmond	408	35				17:07	25	51:46	14.4	1:37	24	33:54	10:56	1:44:26
24	364	Katie Bozek	425	37	26	22:15	47:20	1:33	26	51:53	14.4	0:57	11	28:06	9:04	1:44:45
25	370	Emily Hollenbach	438	39	24	17:41	37:37	3:11	17	47:03	15.9	1:24	26	36:36	11:48	1:45:57
26	373	Kathleen Brubaker	429	38	14	15:22	32:42	5:03	24	51:21	14.5	1:19	23	33:34	10:50	1:46:42
27	402	Molly Griffith	435	39	13	15:20	32:37	3:27	27	1:00:17	12.4	2:14	27	38:04	12:17	1:59:24

Female 40 to 44

Place			----- Swim -----			T1		----- Bike -----			T2		----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	75	Emilie Collins	454	44	5	14:10	30:09	1:33				39:12	1	25:02	8:05	1:19:58
2	148	Angie Scarlato	445	41	6	14:14	30:17	2:05	1	41:52	17.8	0:45	3	25:21	8:11	1:24:18
3	191	Casey Deklein	452	44	7	14:40	31:12	2:28	5	44:31	16.8	0:59	2	25:08	8:06	1:27:47
4	223	Valerie Stout	453	44	1	12:33	26:42	3:23	3	44:11	16.9	1:23	9	28:50	9:18	1:30:22
5	233	Tracie Sanford	443	41	2	12:47	27:12	3:28	8	46:34	16.0	1:37	5	26:24	8:31	1:30:53
6	239	Jen Tenbrink	444	41	9	15:44	33:29	1:41	4	44:24	16.8	1:10	8	28:09	9:05	1:31:11
7	255	Becky Purdy	449	42	13	18:35	39:32	2:43	2	42:29	17.6	1:31	6	26:47	8:38	1:32:07

RL Tri
Sprint Tri
 Sprint Trii

Female 40 to 44

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
8	274	Julie Hunefeld	441	41	3	13:41	29:07	3:34	7	45:27	16.4	1:17	10	30:20	9:47	1:34:21
9	283	Andrea Tewinkel	446	41	4	14:03	29:54	3:01	10	51:22	14.5	1:18	4	25:51	8:20	1:35:36
10	307	Joy Burd	451	43	11	16:23	34:51	2:52	6	45:14	16.5	1:49	12	31:16	10:05	1:37:36
11	349	Erin Barron	440	40	8	15:04	32:03	4:10	11	51:28	14.5	3:32	7	28:03	9:03	1:42:19
12	371	Rhiannon Morse	447	42	12	18:22	39:05	5:22	9	49:48	15.0	2:37	11	30:24	9:48	1:46:35
13	383	Diana Shea	442	41	10	16:21	34:47	4:50	12	55:07	13.5	1:08	13	32:11	10:23	1:49:40

Female 45 to 49

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	97	Cara Smith	763	49	2	13:35	28:54	1:21	1	40:27	18.4	1:27	2	24:34	7:55	1:21:27
2	105	Tamara Walters	460	48	3	14:27	30:45	2:15	2	41:26	18.0	0:56	1	22:36	7:17	1:21:41
3	177	Jane Spies-Wert	461	49	1	12:21	26:17	2:42	3	42:58	17.4	1:08	3	27:22	8:50	1:26:33
4	345	Evy Houser	457	47	4	18:24	39:09	2:54	4	47:57	15.6	2:41	4	29:51	9:38	1:41:49
5	354	Larinda Fase	459	48	5	20:13	43:01	2:37	5	49:29	15.1	0:53	5	29:53	9:38	1:43:06
6	395	Mary Ann White	762	45				18:26	7	1:01:34	12.1	1:27	6	34:26	11:06	1:55:55
7	416	Mary Hoadley	462	49	6	26:30	56:23	2:48	6	57:45	12.9	2:36	7	43:23	14:00	2:13:04

Female 50 to 54

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	106	Leena Mammen	469	52	1	12:45	27:08	1:43	2	40:45	18.3	1:28	1	24:59	8:04	1:21:42
2	150	Margo Topp	471	54	3	14:37	31:06	1:34	1	40:39	18.3	1:28	2	26:05	8:25	1:24:25

RL Tri
Sprint Tri
Sprint Trii

Female 50 to 54

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
3	228	Angela Milad	466	51	2	13:30	28:43	1:13	3	43:40	17.1	1:00	4	31:18	10:06	1:30:43
4	291	Denise Richards	473	54	7	17:58	38:14	3:42	4	46:10	16.2	1:50	3	26:43	8:37	1:36:24
5	337	Michelle Kruithof	472	54	8	18:22	39:05	1:46	5	46:17	16.1	1:10	5	32:37	10:31	1:40:15
6	356	Diane Griffin	463	51	5	16:54	35:57	2:55	6	47:01	15.9	2:31	6	34:00	10:58	1:43:22
7	380	Patricia Lulich	468	52	4	16:18	34:41	4:02	7	50:28	14.8	1:35	7	35:15	11:22	1:47:40
8	409	Jennifer Silva	464	51	9	18:31	39:24	2:09	8	59:12	12.6	1:50	9	42:00	13:33	2:03:44
9	412	Kristin Sheline	465	51	10	23:19	49:37	4:47	9	1:00:03	12.4	1:10	8	36:31	11:47	2:05:52

Female 55 to 59

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	170	Natalie Kik-Brown	475	55	3	14:48	31:29	2:24	1	40:58	18.2	1:54	1	25:51	8:20	1:25:57
2	199	Kathleen Broekhuizen	477	56	4	15:02	31:59	2:01	2	42:35	17.5	1:45	3	27:03	8:44	1:28:29
3	290	Marcy Kossak	479	59	2	14:47	31:27	3:01	4	48:46	15.3	2:56	2	26:52	8:40	1:36:24
4	318	Becki Mueller	476	55	1	14:32	30:55	2:50	3	47:17	15.8	2:00	4	31:40	10:13	1:38:21
5	417	Nancy Roelfsema	474	55	5	27:26	58:22	4:01	5	59:03	12.6	1:24	5	46:16	14:55	2:18:12

Female 60 to 64

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	281	Sheryl Riddle	482	61	2	16:49	35:47	2:18	1	45:15	16.5	2:03	1	29:02	9:22	1:35:27
2	377	Jane Snider	483	62	1	16:44	35:36	2:39	2	50:52	14.7	1:33	3	35:03	11:18	1:46:53
3	386	Sandra Kacos	481	61	3	16:54	35:57	4:22	3	52:02	14.3	2:17	2	34:41	11:11	1:50:18

Race Date
September 08, 2018

RL Tri
Sprint Tri
Sprint Trii

Female 65 to 69

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total			
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	184	Sarah Richards	485	65	1	14:45	31:23	1:19	1	41:20	18.0	0:38	1	28:52	9:19	1:26:56
2	379	Nancy Geerling	487	68	2	16:48	35:45	2:33	2	48:38	15.3	2:20	3	36:56	11:55	1:47:17
3	398	Kathy McGilton	486	68	3	17:54	38:05	4:36	3	57:17	13.0	1:48	2	35:21	11:24	1:56:58

Race Date
September 08, 2018

RL Tri
Sprint Tri
Sprint Trii

Male Open Winners

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	2	Cade Vrugink	101	19	1	8:52	18:52	1:37	3	36:37	20.4	0:38	2	19:14	6:12	1:07:01
2	3	Jeremy Cole	115	24	2	9:45	20:45	0:55	2	35:50	20.8	0:47	3	20:25	6:35	1:07:44
3	4	Kyle Snell	188	32	3	13:08	27:57	0:55	1	34:10	21.8	0:35	1	19:02	6:08	1:07:53

Male Master Winners

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	John Sanford	370	43	1	9:48	20:51	0:53	1	32:42	22.8	0:53	1	21:34	6:57	1:05:51

RL Tri
Sprint Tri
Sprint Trii

Male 14 to 19

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	54	Erik Schoonover	97	18	4	14:10	30:09	1:54	1	39:30	18.9	1:02	1	21:31	6:56	1:18:10
2	60	Ben Alter	96	17	3	13:36	28:56	1:48	2	39:52	18.7	1:25	3	22:06	7:08	1:18:49
3	102	Jackson Vlietstra	92	15	1	11:23	24:13	1:00	6	46:35	16.0	1:01	2	21:32	6:57	1:21:32
4	210	Joe Kordenbrock	99	18	2	13:18	28:18	1:25	4	42:45	17.4	1:56	6	29:45	9:36	1:29:11
5	215	Abdeil Cardiel	218	18	7	18:44	39:51	1:45	5	44:54	16.6	0:39	4	23:39	7:38	1:29:43
6	267	Curran Boersma	98	18	6	14:50	31:34	2:43	3	41:09	18.1	1:07	7	33:38	10:51	1:33:29
7	279	Jacob Flickinger	93	16	5	14:35	31:02	2:32	7	49:34	15.0	0:48	5	27:25	8:51	1:34:55

Male 20 to 24

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	28	Aaron Kamp	107	22	7	13:20	28:22	1:28	3	39:12	19.0	0:30	1	20:12	6:31	1:14:43
2	40	Jack Koperski	110	23	4	12:02	25:36	1:36	5	40:09	18.6	1:07	3	22:10	7:09	1:17:06
3	45	Tyler Grady	114	24	2	10:10	21:38	1:28	6	40:38	18.4	1:46	6	23:41	7:38	1:17:46
4	50	Connor Zautke	106	21	1	9:43	20:40	1:34	10	41:12	18.1	1:00	8	24:32	7:55	1:18:02
5	61	Levi Grant	117	24	14	17:03	36:17	1:56	1	37:35	19.8	0:43	2	21:35	6:58	1:18:54
6	94	Brent Yelton	113	23	8	13:55	29:37	2:21	9	40:59	18.2	0:50	4	23:03	7:26	1:21:10
7	95	James Karsten	116	24	13	15:26	32:50	1:18	4	40:08	18.6	1:04	5	23:13	7:29	1:21:10
8	128	Weston Early	104	20	12	14:44	31:21	1:48	2	38:53	19.2	1:05	11	25:53	8:21	1:22:26
9	153	Jason Fintelman	111	23	5	13:01	27:42	1:24	8	40:54	18.2	1:38	12	27:40	8:55	1:24:38
10	164	Stephen McLean	102	20	6	13:09	27:59	2:46	12	43:21	17.2	1:19	9	24:40	7:57	1:25:17
11	172	Dan Stoffer	109	23	10	14:29	30:49	2:00	11	43:12	17.3	1:36	10	24:46	7:59	1:26:05
12	204	Keegan Brown	112	23	9	13:58	29:43	2:30	13	45:47	16.3	2:37	7	23:57	7:44	1:28:51
13	214	Kelsey Downs	108	23	11	14:43	31:19	2:21	7	40:46	18.3	2:03	15	29:42	9:35	1:29:37
14	334	Gabriel Boss	778	23	15	17:54	38:05	3:23	14	48:38	15.3	2:01	13	27:45	8:57	1:39:43

RL Tri
Sprint Tri
 Sprint Trii

Male 20 to 24

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total			
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
15	335	Ross Whitman	777	23				21:23				50:35	14	27:47	8:58	1:39:45
16	351	Benjamin Moss	103	20	3	11:34	24:37	1:17	15	56:04	13.3	1:58	16	31:56	10:18	1:42:51

Male 25 to 29

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	14	James Engelsma	122	25	9	13:09	27:59	1:15	1	35:23	21.1	0:47	1	20:56	6:45	1:11:31
2	15	Mason Duling	138	27	6	12:23	26:21	1:18	3	36:09	20.6	0:23	6	21:46	7:01	1:12:01
3	18	Derek Dehaan	147	29	7	12:41	26:59	1:23	2	35:42	20.9	0:30	7	22:17	7:11	1:12:36
4	19	Cameron Raguse	124	25	4	12:02	25:36	1:58	5	37:11	20.1	0:32	4	21:08	6:49	1:12:53
5	24	Nate Johnston	140	27	2	11:11	23:48	1:28	10	38:43	19.3	0:42	5	21:16	6:52	1:13:21
6	29	Brian Wilterink	141	28	13	14:02	29:51	1:01	8	38:10	19.5	0:45	3	21:08	6:49	1:15:08
7	42	Michael Greenlund	123	25	1	10:39	22:40	2:38	7	38:04	19.6	1:42	13	24:16	7:50	1:17:21
8	44	Evan Cusack	150	29	3	11:54	25:19	1:06	11	38:46	19.2	0:46	16	25:03	8:05	1:17:38
9	47	Drew O'Brien	130	26	15	14:41	31:14	1:18	6	37:25	19.9	1:08	8	23:25	7:33	1:18:00
10	66	Andrew Ottenwess	129	26	5	12:18	26:10	1:37	14	39:05	19.1	0:29	17	25:33	8:15	1:19:04
11	70	Cameron Cramer	127	26	22	16:02	34:07	2:02	15	39:30	18.9	1:06	2	21:00	6:46	1:19:43
12	85	Jason Anderson	146	28	11	13:37	28:58	1:32	4	36:26	20.5	0:46	21	28:07	9:04	1:20:31
13	89	Greg O'hearn	137	27	17	14:42	31:17	2:05	13	39:01	19.1	0:42	14	24:17	7:50	1:20:48
14	129	Josh Jacoby	144	28	12	13:54	29:34	4:09	9	38:32	19.4	1:37	12	24:12	7:48	1:22:26
15	130	Michael Sanderson	134	27	14	14:33	30:57	2:00				42:01	11	23:58	7:44	1:22:34
16	136	Aaron Claybaugh	145	28	19	15:11	32:18	4:07				40:16	10	23:32	7:35	1:23:08
17	158	Caleb Claybaugh	139	27	24	17:11	36:34	4:35	12	38:54	19.2	0:48	9	23:28	7:34	1:24:58
18	161	Brent Geers	142	28	18	14:47	31:27	2:55	16	40:49	18.3	1:29	15	25:03	8:05	1:25:04
19	195	Steve Reynolds	152	29	16	14:42	31:17	2:34	17	41:04	18.2	0:34	22	29:00	9:21	1:27:56

RL Tri
Sprint Tri
 Sprint Trii

Male 25 to 29

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
20	216	Andrew Dagher	772	29	28	18:18	38:56	0:34	20	42:47	17.4	1:25	19	26:38	8:35	1:29:44
21	231	Aaron Lucas	132	27	8	13:05	27:50	1:51	21	44:37	16.7	1:00	24	30:13	9:45	1:30:48
22	282	Marc Muilenberg	151	29	20	15:34	33:07	2:55				46:04	27	30:54	9:58	1:35:28
23	289	Adam Diver	149	29	26	17:32	37:18	2:42	18	42:15	17.7	1:49	28	31:45	10:15	1:36:05
24	296	Peter Walters	121	25	21	15:55	33:52	2:29	19	42:34	17.5	3:47	29	31:55	10:18	1:36:42
25	311	David Schoenleber	135	27	27	17:52	38:01	3:03	27	50:08	14.9	1:10	18	25:39	8:16	1:37:55
26	320	Neal Anderson	136	27	25	17:17	36:46	2:30	23	46:30	16.0	1:24	26	30:50	9:57	1:38:31
27	326	Michael Doran	131	27	29	22:22	47:35	1:39	24	47:01	15.9	1:07	20	26:57	8:42	1:39:09
28	330	Shawn Karalash	128	26	10	13:10	28:01	3:26	22	44:48	16.6	0:54	32	37:09	11:59	1:39:29
29	339	Eric Elmer	125	26	23	17:01	36:12	2:24	26	49:46	15.0	1:15	23	29:59	9:40	1:40:26
30	388	Ahmad Enosh Kazem	148	29	30	25:15	53:43	5:20	25	48:29	15.4	1:23	25	30:16	9:46	1:50:45
31	405	Travis Randolph	126	26	31	26:26	56:14	4:10	28	52:57	14.1	2:30	31	35:52	11:34	2:01:58
32	419	Vidyut Rajkotia	119	25	32	32:57	70:06	5:11	29	1:24:19	8.85	0:47	30	34:05	11:00	2:37:21

Male 30 to 34

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	9	Michael Grove	197	33	2	10:51	23:05	1:47	3	35:16	21.1	0:54	6	21:59	7:05	1:10:49
2	10	Nicholas Stockero	175	31	3	11:18	24:03	1:27	6	35:41	20.9	0:41	5	21:51	7:03	1:11:00
3	11	Chris Gates	779	32	4	11:59	25:30	1:04	4	35:21	21.1	0:56	3	21:45	7:01	1:11:07
4	12	Sado Jelovac	203	34	1	10:24	22:08	1:29	8	36:30	20.4	0:55	4	21:51	7:03	1:11:11
5	25	Jesse Tien	206	34	8	12:19	26:12	1:25	9	37:15	20.0	0:51	2	21:43	7:00	1:13:35
6	27	Marty Huizinga	170	31	11	12:37	26:51	1:16	2	35:00	21.3	1:07	22	24:07	7:47	1:14:09
7	34	Nick Cusack	186	32	28	13:53	29:32	1:29	5	35:35	21.0	1:06	20	23:52	7:42	1:15:58
8	36	Ryan Huizinga	199	33	18	12:57	27:33	2:22	7	35:59	20.7	1:07	21	23:59	7:44	1:16:27

RL Tri
Sprint Tri
 Sprint Trii

Male 30 to 34

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
9	37	David Friedland	158	30	16	12:47	27:12	2:49	18	39:08	19.1	1:22	1	20:29	6:36	1:16:37
10	39	David Stoffer	181	32	21	13:11	28:03	1:35	10	37:34	19.9	1:29	9	23:07	7:27	1:16:59
11	68	Sterling Raehtz	171	31	25	13:45	29:15	1:37	14	38:45	19.2	1:05	25	24:26	7:53	1:19:40
12	69	Curt Essenburg	208	34	15	12:44	27:06	2:22	17	39:06	19.1	0:37	28	24:51	8:01	1:19:41
13	73	Eric Haslinger	168	31	34	14:34	31:00	3:04	12	38:01	19.6	1:25	8	22:48	7:21	1:19:54
14	77	Cody Fontaine	159	30	36	14:48	31:29	1:46	20	39:20	19.0	0:58	10	23:10	7:28	1:20:05
15	79	Mark Stevens	210	34	6	12:15	26:04	2:40	26	40:16	18.5	0:45	24	24:20	7:51	1:20:18
16	80	Ben White	207	34	19	13:04	27:48	1:13	33	41:19	18.1	0:27	23	24:14	7:49	1:20:18
17	84	Joel Deruiter	195	33	35	14:40	31:12	2:11	15	39:01	19.1	1:16	14	23:20	7:32	1:20:30
18	87	Alexander Perrin	166	30	14	12:43	27:03	2:21	29	40:46	18.3	1:31	13	23:20	7:32	1:20:43
19	103	Eric Devries	193	33	5	12:08	25:49	1:24	13	38:12	19.5	1:04	48	28:43	9:16	1:21:33
20	108	Joe Vanlaan	189	32	24	13:38	29:00	1:48	27	40:20	18.5	1:29	26	24:28	7:54	1:21:45
21	109	Patrick Reed	770	33	17	12:57	27:33	2:20	28	40:24	18.5	2:29	18	23:34	7:36	1:21:47
22	111	Ryan Moliassa	155	30	29	13:59	29:45	2:41	36	41:23	18.0	0:27	11	23:16	7:30	1:21:48
23	113	Michael Napper	200	33	20	13:11	28:03	2:40	31	41:15	18.1	1:21	12	23:20	7:32	1:21:49
24	115	Chris Davis	182	32	44	15:43	33:26	1:49	16	39:05	19.1	1:50	15	23:25	7:33	1:21:54
25	122	Brian Kuipers	202	34	27	13:50	29:26	1:43	38	41:40	17.9	1:15	19	23:39	7:38	1:22:08
26	124	Robert Gantz	160	30	31	14:19	30:28	1:51	21	39:34	18.8	1:25	31	25:05	8:05	1:22:15
27	127	Brian Wierenga	154	30	49	16:47	35:43	1:50	30	41:13	18.1	0:21	7	22:10	7:09	1:22:24
28	132	Yannick Millet	194	33	10	12:35	26:46	1:35	39	41:44	17.9	0:41	33	26:02	8:24	1:22:39
29	141	Joshua Hiemstra	169	31	26	13:46	29:17	2:37	11	37:57	19.7	2:08	42	27:17	8:48	1:23:48
30	142	Nicholas Cunigan	190	33	32	14:23	30:36	1:57	19	39:12	19.0	1:52	37	26:28	8:32	1:23:54
31	143	Kristofer Pachla	771	33	12	12:38	26:53	2:02	24	40:02	18.6	2:29	39	26:41	8:36	1:23:54
32	146	Brock Mellema	187	32	38	15:01	31:57					44:39	27	24:34	7:55	1:24:15
33	149	Kyle Moblo	198	33	7	12:17	26:08	1:45				45:25	29	24:53	8:02	1:24:21
34	154	Adrian Fintelman	177	31	30	14:12	30:13	2:35	23	39:51	18.7	1:12	40	26:47	8:38	1:24:39
35	155	Aaron Melucci	173	31	42	15:31	33:01	1:39	25	40:12	18.6	0:45	38	26:31	8:33	1:24:40
36	159	Duncan Murdock	192	33	41	15:08	32:12	1:24				42:27	34	26:03	8:24	1:25:03

RL Tri
Sprint Tri
 Sprint Trii

Male 30 to 34

Place			----- Swim -----			T1		----- Bike -----			T2		----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
37	160	Sam Prout	183	32	13	12:41	26:59	1:16	45	45:11	16.5	0:36	32	25:19	8:10	1:25:04
38	169	Matt Donahue	167	31	45	15:53	33:48	3:21	37	41:37	17.9	1:26	17	23:34	7:36	1:25:53
39	178	Brandon Webb	191	33	40	15:08	32:12	2:16	22	39:45	18.8	1:53	43	27:31	8:53	1:26:35
40	186	Yijia Chu	201	34	37	14:56	31:46	1:46	35	41:22	18.0	0:43	46	28:17	9:07	1:27:06
41	200	Jason Brower	178	31	22	13:16	28:14	2:08	46	46:54	15.9	1:10	30	25:03	8:05	1:28:33
42	207	Addison Hawkins	174	31	43	15:33	33:05	2:21	40	41:55	17.8	1:23	44	27:48	8:58	1:29:02
43	218	Kyle Teeples	172	31	48	16:35	35:17	1:56	34	41:21	18.0	1:19	47	28:42	9:15	1:29:54
44	230	Tyler De La Luz	185	32	47	16:00	34:03	1:56	44	44:50	16.6	1:54	35	26:05	8:25	1:30:47
45	236	Nicholas Bakker	161	30	33	14:31	30:53	2:44	42	44:46	16.7	0:53	45	28:11	9:05	1:31:06
46	263	Lucas Brinks	205	34	51	17:27	37:08	0:39	32	41:17	18.1	0:42	53	32:39	10:32	1:32:46
47	270	Andrew Kyser	756	32	53	18:09	38:37	1:51	43	44:49	16.6	1:39	41	27:16	8:48	1:33:46
48	285	Derrick Watson	157	30	50	16:52	35:53	3:15	51	51:11	14.6	0:58	16	23:33	7:36	1:35:50
49	288	Eric Murray	164	30	9	12:34	26:44	2:36	48	47:40	15.6	0:28	54	32:44	10:34	1:36:04
50	302	Brandon Hopkins	176	31	23	13:29	28:41					54:19	50	29:14	9:26	1:37:03
51	325	Zachary Arens	209	34	39	15:07	32:10	2:03	50	51:06	14.6	0:32	51	30:08	9:43	1:38:58
52	336	Eric Falstad	184	32	55	26:05	55:30	3:07	41	43:29	17.2	0:59	36	26:10	8:26	1:39:52
53	341	Christopher Schrock	196	33	46	15:55	33:52	2:45	49	48:37	15.3	3:09	52	30:11	9:44	1:40:38
54	342	William Stapleton	163	30	52	17:47	37:50	3:59	47	47:12	15.8	2:45	49	29:09	9:24	1:40:54
55	358	Micah Uetrict	781	30	54	20:30	43:37	4:03	1	23:03	32.4	1:32	55	54:51	17:42	1:44:00

Male 35 to 39

Place			----- Swim -----			T1		----- Bike -----			T2		----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Tim Stapert	319	36	7	12:48	27:14	1:48	3	35:40	20.9	0:44	1	19:06	6:10	1:10:08
2	16	Nicolas Dehaan	339	39				16:50	1	30:49	24.2		13	24:36	7:56	1:12:16

Race Date
September 08, 2018

RL Tri
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Male 35 to 39

Place					----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
3	20	Paul Ruwersma	346	39	10	13:10	28:01	1:09					35	58:40	18:55	1:12:59
4	26	Jeff Stoll	313	35	2	11:00	23:24	1:21	11	38:35	19.3	1:04	5	21:33	6:57	1:13:35
5	31	Nicholas Schneider	336	38	31	16:57	36:04	1:55	2	34:34	21.6	1:00	3	21:10	6:50	1:15:37
6	33	Adam Hillary	308	35	4	12:22	26:19	2:03	4	36:05	20.7	1:08	10	24:18	7:50	1:15:58
7	38	Rod Thompson	334	38	11	13:12	28:05	2:08	6	37:18	20.0	3:24	2	20:48	6:43	1:16:52
8	53	Phillip Morse	311	35	17	14:52	31:38	1:19	7	37:31	19.9	1:07	8	23:13	7:29	1:18:04
9	57	Austin Asamo-Tutu	330	38	15	14:10	30:09	2:14	5	36:08	20.6	1:20	12	24:30	7:54	1:18:24
10	62	Jay Fournier	314	35	14	13:42	29:09	1:10	10	38:35	19.3	1:02	11	24:25	7:53	1:18:57
11	71	Christopher Anderson	322	36	8	12:54	27:27	2:45	18	41:34	17.9	0:38	6	21:54	7:04	1:19:46
12	88	Jerry Marogil	335	38	12	13:15	28:11	1:35	19	42:08	17.7	0:30	9	23:15	7:30	1:20:46
13	104	Nicolas Millet	310	35	3	11:39	24:47	1:27	14	40:18	18.5	0:47	22	27:21	8:49	1:21:33
14	107	Adam Panter	343	39	1	10:08	21:34	1:37	15	40:20	18.5	0:38	25	28:58	9:21	1:21:44
15	114	Martin Jones	321	36	13	13:19	28:20	2:13					36	1:06:18	21:23	1:21:51
16	119	Vuong Tang	323	36	27	16:22	34:49	2:39	8	37:38	19.8	2:55	7	22:26	7:14	1:22:02
17	120	Rob Kruisenga	342	39	20	15:08	32:12	3:23	16	40:27	18.4	1:31	4	21:31	6:56	1:22:04
18	135	Derek Carlisle	329	38	9	13:06	27:52	2:19	12	39:50	18.7	1:33	17	26:17	8:29	1:23:06
19	151	Dan Littrell	338	38	24	15:30	32:59	2:07	17	41:07	18.1	0:40	15	25:06	8:06	1:24:31
20	157	Jordan Taylor	347	39	16	14:49	31:31	2:05	13	40:00	18.6	1:45	18	26:17	8:29	1:24:57
21	162	Adam Groulx	332	38	5	12:23	26:21	2:27	20	42:19	17.6	1:08	20	26:52	8:40	1:25:10
22	171	Jeff Smigielski	326	37	6	12:39	26:55	3:11	22	44:23	16.8	1:05	14	24:43	7:58	1:26:04
23	244	Jonathan Slenk	318	36	26	16:16	34:37	2:33	21	43:52	17.0	2:02	19	26:40	8:36	1:31:25
24	249	Nick Devries	345	39	23	15:22	32:42	2:36	9	38:24	19.4	1:04	33	34:25	11:06	1:31:53
25	275	Micah Stoutjesdyk	320	36	30	16:35	35:17	1:47	26	46:52	15.9	0:55	24	28:15	9:07	1:34:25
26	299	Josh Gosa	312	35	35	20:56	44:32	2:04	23	46:21	16.1	1:20	16	26:15	8:28	1:36:58
27	308	Jeffrey Malloch	309	35	29	16:27	35:00	3:46	27	47:08	15.8	1:09	26	29:05	9:23	1:37:36
28	316	Nathan Lareau	328	37	25	16:06	34:15	4:45	25	46:36	16.0	3:09	23	27:38	8:55	1:38:16
29	321	Joe Belsito	331	38	21	15:09	32:14	2:51	32	48:20	15.4	1:18	28	31:07	10:02	1:38:46
30	324	Ian Lock	327	37	28	16:23	34:51		33	52:52	14.1	2:36	21	27:04	8:44	1:38:57

RL Tri
Sprint Tri
 Sprint Trii

Male 35 to 39

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
31	327	Loren Souers	315	35	19	15:04	32:03	1:56	24	46:35	16.0	2:04	31	33:29	10:48	1:39:09
32	333	Matthew Dhaseleer	348	39	36	21:15	45:13	3:17					37	1:15:03	24:13	1:39:36
33	338	Nate Hoekstra	307	35	18	14:52	31:38	3:11	31	48:20	15.4	1:15	29	32:39	10:32	1:40:19
34	340	Steve Achram	340	39	22	15:10	32:16	5:46	30	47:35	15.7	1:01	27	31:04	10:01	1:40:37
35	366	Dan Hellerstedt	316	35	34	19:42	41:55	2:51	28	47:12	15.8	0:47	34	34:26	11:06	1:45:01
36	387	Matthew Bezon	337	38	33	19:06	40:38	7:58	29	47:30	15.7	2:53	30	33:13	10:43	1:50:42
37	394	Mark Swanson	333	38	32	17:36	37:27	3:40	34	58:52	12.7	1:32	32	34:03	10:59	1:55:45

Male 40 to 44

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Ty Shesky	364	41	4	12:35	26:46	1:44	1	33:51	22.0	0:52	1	19:43	6:22	1:08:47
2	13	Carter McWilliams	374	44	1	12:01	25:34	1:16	2	35:05	21.3	0:31	6	22:35	7:17	1:11:30
3	17	Joseph Beracy	363	41	2	12:16	26:06	1:40	3	35:06	21.2	1:07	3	22:13	7:10	1:12:24
4	32	Ross Hunefeld	359	41	11	14:40	31:12	2:04	4	36:15	20.6	0:41	2	21:57	7:05	1:15:39
5	49	Benjamin Miller	360	41	5	12:38	26:53	1:49	6	39:00	19.1	1:11	7	23:21	7:32	1:18:02
6	83	J. D. Loeks	361	41	3	12:22	26:19	1:33	7	39:52	18.7	0:49	10	25:51	8:20	1:20:29
7	98	Tim Miller	768	41	7	13:13	28:07	1:41	13	40:52	18.2	1:37	8	24:02	7:45	1:21:27
8	140	Matthew Cederquist	356	41	6	12:58	27:35	1:07	5	38:28	19.4	1:21	17	29:50	9:37	1:23:46
9	175	Jonathan May	371	43	9	14:23	30:36	2:23	11	40:39	18.3	1:15	14	27:40	8:55	1:26:21
10	193	Aaron Cooper	366	42	21	18:36	39:34	2:23	8	40:06	18.6	0:40	11	26:08	8:26	1:27:55
11	197	Justin Duimstra	369	42	13	14:59	31:53	2:25	18	44:08	16.9	0:54	9	25:36	8:15	1:28:04
12	198	David Engbers	351	40	14	15:12	32:20	1:55	14	42:05	17.7	0:38	16	28:27	9:11	1:28:19
13	208	Matthew Timmer	373	44	8	13:51	29:28	3:51	15	43:01	17.3	1:29	12	26:51	8:40	1:29:04
14	209	Ben Dilla	757	41	22	19:15	40:57	2:56	17	43:24	17.2	1:12	4	22:17	7:11	1:29:05

RL Tri
Sprint Tri
 Sprint Trii

Male 40 to 44

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
15	211	Robert Inman	365	41	23	22:06	47:01	3:15	12	40:46	18.3	0:41	5	22:25	7:14	1:29:16
16	241	Matt Schmuker	355	40	17	17:19	36:51	1:56	10	40:34	18.4	1:33	18	29:51	9:38	1:31:15
17	269	Tim Oberst	358	41	15	15:19	32:35	1:51	16	43:10	17.3	1:05	19	32:17	10:25	1:33:44
18	277	Mike Bitson	368	42	16	16:47	35:43	1:53	9	40:10	18.6	1:55	20	33:43	10:53	1:34:30
19	278	Brian Wisdom	354	40	18	17:20	36:53	4:01	19	45:04	16.5	1:00	13	27:11	8:46	1:34:38
20	328	Dave Langley	349	40	10	14:38	31:08	3:35	23	50:44	14.7	2:02	15	28:14	9:06	1:39:15
21	389	William McLaren	357	41	12	14:49	31:31	3:27	22	50:39	14.7	2:04	23	39:59	12:54	1:51:00
22	390	Jeremiah Jacobs	375	44	20	17:58	38:14	4:05	20	48:21	15.4	2:35	22	39:11	12:38	1:52:13
23	391	Jon Griffith	367	42	19	17:29	37:12	4:55	21	50:26	14.8	1:12	21	39:03	12:36	1:53:08

Male 45 to 49

Place						-----	Swim	-----	T1	-----	Bike	-----	T2	-----	Run	-----	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	Scott Smith	383	46	6	12:39	26:55		0:54	2	36:52	20.2	0:46	1	21:53	7:04	1:13:07
2	51	Peter Sholler	405	49	11	14:01	29:49		2:30	1	36:32	20.4	1:00	5	23:59	7:44	1:18:03
3	58	Sam Blumke	406	49	12	14:19	30:28		1:50	4	36:56	20.2	1:17	7	24:09	7:47	1:18:32
4	59	Dan Alderink	384	47	3	12:01	25:34		1:28	7	38:38	19.3	0:57	11	25:34	8:15	1:18:39
5	72	Darrin Garris	400	49	5	12:19	26:12						41:04	16	26:27	8:32	1:19:50
6	86	Neal Hayenga	403	49	8	13:10	28:01		2:41	5	37:39	19.8	1:15	12	25:55	8:22	1:20:42
7	90	Michael Flickinger	394	48	7	12:51	27:20		1:40	10	39:22	18.9	0:44	14	26:17	8:29	1:20:56
8	92	Bill Bergstrom	380	46	2	11:42	24:54		3:06	9	39:01	19.1	1:45	10	25:28	8:13	1:21:04
9	93	Jason Reep	391	47	1	11:12	23:50		2:07	16	42:11	17.7	1:55	4	23:41	7:38	1:21:08
10	116	Martin Stein	379	46	9	13:27	28:37		3:11	8	38:51	19.2	1:30	8	24:54	8:02	1:21:55
11	118	Andy Debraber	389	47	10	13:29	28:41		2:15	6	37:41	19.8	2:19	13	26:12	8:27	1:21:59
12	123	Kevin Hains	397	48	15	14:51	31:36		2:59	3	36:56	20.2	1:06	15	26:20	8:30	1:22:15

RL Tri
Sprint Tri
 Sprint Trii

Male 45 to 49

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
13	125	Modesto Castillo	404	49	21	16:23	34:51	2:35	11	39:28	18.9	1:11	2	22:37	7:18	1:22:17
14	145	Dennis Lacy	386	47	16	15:14	32:25	2:27				39:30	17	26:47	8:38	1:23:59
15	156	Kyle Jansen	381	46	24	17:11	36:34	2:41	13	40:47	18.3	1:12	3	22:57	7:24	1:24:50
16	179	John Sparks	377	45	17	15:27	32:52	2:28	18	42:40	17.5	1:53	6	24:06	7:46	1:26:36
17	190	Robert Atteberry	382	46	4	12:10	25:53	3:17	21	43:05	17.3	1:35	21	27:36	8:54	1:27:44
18	194	Kevin Fase	388	47	14	14:44	31:21	3:28	20	43:03	17.3	1:34	9	25:05	8:05	1:27:55
19	202	Tim Devires	758	45	18	15:30	32:59	2:09	15	42:07	17.7	1:36	20	27:22	8:50	1:28:45
20	205	Ken Mohney	402	49	22	16:30	35:06	1:44	12	40:43	18.3	1:32	22	28:20	9:08	1:28:51
21	227	Scott Redinger	395	48	19	15:52	33:46	4:29	17	42:13	17.7	1:02	18	27:03	8:44	1:30:40
22	247	David Riccius	378	45	23	16:57	36:04	3:55	14	41:37	17.9	1:55	19	27:18	8:48	1:31:44
23	298	Kevin Jawahir	398	48	20	16:02	34:07	3:41				45:52	24	31:21	10:07	1:36:57
24	304	Chris Benjamin	387	47				18:30	19	42:58	17.4	1:49	26	34:06	11:00	1:37:24
25	368	Tom Miller	401	49	27	19:38	41:46		22	46:17	16.1	3:34	27	36:13	11:41	1:45:43
26	369	Stephen Benson	392	48	26	18:37	39:37	2:54	24	52:07	14.3	1:44	23	30:32	9:51	1:45:55
27	378	S Putt	390	47	25	18:16	38:52	3:46	23	51:24	14.5	1:24	25	32:25	10:27	1:47:17

Male 50 to 54

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	23	Trayton Jordan	544	51	1	12:46	27:10	1:49	1	36:09	20.6	1:15	1	21:14	6:51	1:13:16
2	35	Dave Flickinger	538	50	2	13:28	28:39	1:41	3	38:27	19.4	0:53	2	21:37	6:58	1:16:07
3	52	Jim Anuszkiewicz	545	51				13:54	5	39:34	18.8	1:20	4	23:14	7:30	1:18:04
4	63	Todd Walters	557	54	3	13:28	28:39	2:05	4	39:29	18.9	1:28	3	22:27	7:15	1:18:59
5	99	Bill Boersma	539	50	5	13:40	29:05	1:32	2	37:37	19.8	1:45	7	26:53	8:40	1:21:29
6	152	Jim Bos	550	53				16:51	9	40:45	18.3		8	27:00	8:43	1:24:37

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Male 50 to 54

Place			----- Swim -----			T1		----- Bike -----			T2		----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
7	180	Frans Van Liere	554	54	12	18:18	38:56	2:48	8	40:16	18.5	0:40	5	24:33	7:55	1:26:37
8	206	Brent Gaines	759	51	9	16:20	34:45	3:42	6	39:37	18.8	2:06	9	27:10	8:46	1:28:56
9	220	Tony Payne	555	54	8	15:55	33:52	3:01	7	39:47	18.7	2:46	11	28:34	9:13	1:30:05
10	242	David Hartung	552	54	10	16:24	34:54	3:30	10	41:58	17.8	1:28	10	27:56	9:01	1:31:17
11	245	Todd Brown	556	54	6	13:50	29:26	2:50	11	43:38	17.1	1:28	12	29:39	9:34	1:31:27
12	276	Kevin Lundquist	549	53				17:33	12	44:30	16.8	1:24	13	30:58	9:59	1:34:27
13	319	Jason Hubbard	553	54	11	16:52	35:53	2:37	13	45:23	16.4	2:02	14	31:32	10:10	1:38:28
14	362	Randy Kendall	551	54	13	23:49	50:40	3:32	14	49:14	15.1	1:39	6	26:25	8:31	1:44:41
15	407	Brian Barr	546	52				21:33	15	57:17	13.0		15	44:27	14:20	2:03:18

Male 55 to 59

Place			----- Swim -----			T1		----- Bike -----			T2		----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	46	David Wierenga	573	57	8	14:12	30:13	1:22	3	37:11	20.1	1:42	3	23:28	7:34	1:17:57
2	55	Jack Mueller	564	55	2	13:01	27:42	1:56	8	39:13	19.0	1:02	2	23:02	7:26	1:18:16
3	74	Terry Gunther	558	55	4	13:51	29:28	1:41	2	37:05	20.1	2:02	5	25:15	8:09	1:19:56
4	82	Bill Fix	581	58	5	13:51	29:28	1:47	12	41:59	17.8	1:10	1	21:31	6:56	1:20:21
5	91	Craig Vaness	572	56	3	13:04	27:48	1:42	1	35:47	20.8	1:31	15	28:54	9:19	1:21:01
6	96	Paul Post	570	56	1	12:59	27:37	2:45	4	37:49	19.7	2:13	9	25:36	8:15	1:21:24
7	101	David Fugate	580	58	9	14:39	31:10	1:40	5	38:03	19.6	1:30	8	25:36	8:15	1:21:30
8	117	Mike Corby	577	58	6	13:54	29:34	1:41	7	38:47	19.2	1:12	10	26:21	8:30	1:21:58
9	133	Todd Hart	562	55	7	14:02	29:51	1:47	6	38:33	19.3	1:26	12	27:03	8:44	1:22:53
10	147	Thomas Hall	565	55	13	16:09	34:22	1:28	10	40:46	18.3	1:46	4	24:05	7:46	1:24:16
11	203	James Donahue	563	55				19:42	9	40:04	18.6	1:47	13	27:14	8:47	1:28:49
12	235	Greg Pratt	575	57	11	15:21	32:40	1:57	16	45:00	16.6	1:45	11	26:55	8:41	1:30:59

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Male 55 to 59

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
13	250	Gary Mitchell	560	55	15	17:02	36:14	2:25	11	41:25	18.0	1:44	16	29:15	9:26	1:31:54
14	262	Robert Milanowski	582	59	12	15:26	32:50	2:53	15	44:58	16.6	0:58	14	28:21	9:09	1:32:37
15	264	Karl Cooper	571	56	10	14:54	31:42	3:12	13	42:07	17.7	2:44	17	29:49	9:37	1:32:49
16	303	Jerry Deshaw	583	59	18	22:45	48:24	3:51	14	43:21	17.2	1:44	7	25:35	8:15	1:37:17
17	310	Tom Richardson	561	55	17	22:10	47:10	2:04	18	46:09	16.2	1:53	6	25:34	8:15	1:37:51
18	361	Daniel Clemans	579	58				24:38	19	49:27	15.1		18	30:35	9:52	1:44:41
19	408	Joe Arozarena	578	58	16	18:44	39:51	5:32	21	53:41	13.9	3:41	20	41:39	13:26	2:03:19
20	410	Gary Early	567	56	19	31:28	66:57	4:06	20	50:12	14.9	2:03	19	37:46	12:11	2:05:37

Male 60 to 64

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	30	Terry Gates	600	63	1	12:43	27:03	1:36	1	35:14	21.2	1:21	2	24:27	7:53	1:15:23
2	43	Steve Van Loo	584	60	10	14:35	31:02	1:41	4	38:26	19.4	0:44	1	22:04	7:07	1:17:31
3	121	Brian Van Ee	587	60	4	13:14	28:09	2:18	3	37:21	20.0		12	29:11	9:25	1:22:06
4	126	Tom Hendrikse	590	61	2	13:01	27:42						20	1:09:19	22:22	1:22:21
5	137	James Smith	591	61	5	13:24	28:31	3:38	6	39:46	18.8	0:53	3	25:36	8:15	1:23:19
6	167	Rick Allison	588	60	8	13:47	29:20	1:50	9	41:42	17.9	2:06	4	26:13	8:27	1:25:41
7	182	Michael Youn	593	62	7	13:29	28:41	2:11	2	36:46	20.3	1:16	17	33:06	10:41	1:26:50
8	185	Mark Hatch	596	62	3	13:13	28:07	1:45	10	42:02	17.7	1:21	10	28:37	9:14	1:26:59
9	196	William Morrow	595	62	6	13:29	28:41	1:20	7	40:42	18.3	1:01	15	31:24	10:08	1:27:58
10	219	Gerald Barofsky	589	60				17:57	12	43:17	17.2	2:04	5	26:43	8:37	1:30:02
11	234	Daniel Kelley	604	64	13	15:50	33:41	3:10	11	42:33	17.5	1:24	7	27:55	9:00	1:30:55
12	257	Bob Carlson	602	64	9	13:55	29:37	3:10	14	45:15	16.5	2:59	6	27:05	8:44	1:32:26
13	272	David Snider	599	63	15	17:21	36:55	2:41	5	39:43	18.8	1:31	16	32:58	10:38	1:34:15

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Male 60 to 64

Place					----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
14	293	Perry Abbs	586	60				16:12					21	1:20:18	25:54	1:36:30
15	301	Brock Riddle	598	63	17	19:06	40:38	3:16	8	41:08	18.1		18	33:30	10:48	1:37:02
16	315	Steve Lieberman	603	64	14	16:35	35:17	4:20	15	46:39	16.0	2:16	8	28:21	9:09	1:38:14
17	323	Jeffrey Hoogstra	594	62	12	15:33	33:05	3:47	16	47:56	15.6	1:33	13	30:04	9:42	1:38:55
18	344	Dale Rietberg	760	62	16	18:02	38:22	4:37	17	49:09	15.2	1:16	9	28:22	9:09	1:41:28
19	347	William Lewis	597	62	11	15:31	33:01	4:25	18	50:08	14.9	2:49	11	29:00	9:21	1:41:57
20	357	Matt Kilroy	592	62	18	21:26	45:36	5:02	13	44:15	16.9	2:57	14	30:17	9:46	1:43:58
21	403	Joe Makuch	601	63	19	23:26	49:51	6:13	19	51:46	14.4	3:28	19	34:29	11:07	1:59:24

Male 65 to 69

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	131	Philippe Millet	613	68	1	11:38	24:45	3:12	1	37:33	19.9	1:55	3	28:17	9:07	1:22:36
2	217	Peter Lundeen	614	69	2	12:18	26:10	2:26	3	40:57	18.2	1:38	6	32:34	10:30	1:29:53
3	224	Emmanuel Millet	612	68	4	13:28	28:39	2:02	5	42:58	17.4	1:57	4	29:57	9:40	1:30:24
4	254	Dan Fogel	609	67	6	19:26	41:21	4:10	2	40:33	18.4	2:16	1	25:38	8:16	1:32:05
5	273	Jim Steffens	35	66	3	13:19	28:20	1:04	6	43:06	17.3	1:16	8	35:30	11:27	1:34:16
6	297	Dan Talsma	608	66	8	23:24	49:47	2:26	4	42:00	17.8	1:27	2	27:25	8:51	1:36:43
7	353	James McGlothlin	766	67	5	18:03	38:24	3:21	7	46:18	16.1	3:41	5	31:29	10:09	1:42:53
8	400	Marty Myers	607	66	7	20:32	43:41	3:39	8	48:38	15.3	1:06	9	44:16	14:17	1:58:14
9	411	Paul Holland	610	67	9	26:08	55:36	5:11	9	57:40	12.9	2:40	7	34:08	11:01	2:05:50

Race Date
September 08, 2018

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Male 70 and Over

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	317	Rob Norris	754	76	3	15:56	33:54	2:31	1	42:12	17.7	2:37	2	35:01	11:18	1:38:18
2	331	Perry Moore	615	70	1	12:33	26:42	2:55	2	46:48	15.9	2:19	1	34:52	11:15	1:39:29
3	393	Brad Friedland	753	73	2	13:47	29:20	5:18	3	53:53	13.8	3:38	3	38:32	12:26	1:55:10
4	406	Don Chaffee	755	79	4	17:15	36:42	5:58	4	54:23	13.7	3:10	4	42:23	13:40	2:03:12
5	418	Carl Johnson	751	71	6	23:49	50:40	5:59	6	1:04:19	11.6	3:06	5	48:25	15:37	2:25:41