

Race Date
January 16, 2016

Little River Trail Runs
Age Group Results

7 Kilometer

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Marisa Ryan	Durham NC	30	710	1	27:45.6	6:23/M
2	Shauna Dool	Chapel Hill NC	35	558	2	29:54.1	6:52/M
3	Allison Peters	Kernersville NC	36	691	3	30:07.5	6:55/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Hollis Oberlies	Greensboro NC	45	680	5	32:04.0	7:22/M

*Overall place within gender

Race Date
January 16, 2016

Little River Trail Runs

Age Group Results

7 Kilometer

Women 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Sara Oren	Bahama NC	11	683	4	31:08.5	7:09/M
2 *	Teresa Fiorito	Chapel Hill NC	13	575	16	37:38.8	8:39/M
3 *	Allison Hall	Durham NC	10	590	20	38:00.6	8:44/M
4	Laila Jones	Wake Forest NC	14	618	35	41:40.5	9:35/M
5	Grace Camden	Raleigh NC	12	530	38	42:20.9	9:44/M
6	Grace Johnson	Durham NC	13	617	59	47:02.5	10:49/M
7	Rose Camden	Raleigh NC	12	532	81	51:34.0	11:51/M
8	Charley Howard	Pittsboro NC	9	607	115	57:28.0	13:13/M
9	Audrey Lomax	Raleigh NC	13	652	137	1:18:11.7	17:58/M

Women 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Katie Williams-Frey	Apex NC	15	765	7	33:25.8	7:41/M
2 *	S Hayashi	Carrboro NC	15	599	10	35:00.0	8:03/M
3 *	Sofia McCarthy	Apex NC	18	664	11	35:22.3	8:08/M
4	Lindsay Pasteris	Cary NC	18	686	46	44:12.2	10:10/M
5	Elizabeth Farmer	Chapel Hill NC	15	571	71	48:23.1	11:07/M
6	Catherine Farmer	Chapel Hill NC	19	570	75	50:37.7	11:38/M
7	Sarah Wright	Chapel Hill NC	19	767	76	50:38.2	11:38/M
8	Rachel Cullen	Chapel Hill NC	15	551	82	51:50.8	11:55/M

Women 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Becca Krouse	Chapel Hill NC	28	624	6	32:35.6	7:29/M
2 *	Emily Hamilton	Chapel Hill NC	24	593	8	34:43.3	7:59/M
3 *	Julia Alexander	Durham NC	27	501	22	38:19.0	8:49/M
4	Rebecca Herring	Dallas TX	20	602	30	40:38.4	9:20/M
5	Connie Storholt	Durham NC	27	735	41	42:27.3	9:46/M
6	Maeve McGarry	Carrboro NC	25	669	44	43:54.1	10:06/M
7	Adele Musicant	Chapel Hill NC	23	677	70	48:15.6	11:06/M
8	Lexina Leedom	Durham NC	27	641	73	49:59.2	11:29/M
9	Nan Pincus	Chapel Hill NC	22	776	74	50:04.7	11:31/M
10	Jordan Beans	Sanford NC	25	512	78	51:10.5	11:46/M
11	Elizabeth Andrews	Cary NC	25	505	79	51:25.6	11:49/M
12	Maren Cannon	Durham NC	25	534	86	51:59.8	11:57/M
13	Marjore Barros	Chester VA	25	511	96	53:38.0	12:20/M
14	Bex Orton	Chapel Hill NC	24	684	100	54:52.1	12:37/M
15	Amanda Doyle	Fayetteville NC	25	561	119	58:54.3	13:32/M

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Little River Trail Runs

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7 Kilometer

Women 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
16	Christine Kenison	Carrboro NC	29	620	129	1:08:49.8	15:49/M

Women 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Melissa Cooper	Durham NC	31	545	9	34:59.3	8:03/M
2 *	Elizabeth Steffens	Durham NC	39	733	13	36:50.2	8:28/M
3 *	Kate Kulenic	Durham NC	37	629	14	36:53.8	8:29/M
4	Erin McGowan	Raleigh NC	31	769	17	37:51.8	8:42/M
5	Kate Sullivan	Chapel Hill NC	38	741	18	37:56.8	8:43/M
6	Natalie Lakas	Chapel Hill NC	36	634	23	38:52.9	8:56/M
7	Audrey Turley	Durham NC	36	754	24	39:17.5	9:02/M
8	Kelly Svihovec	Cary NC	38	742	25	39:27.6	9:04/M
9	Carolina Hurant	Chapel Hill NC	34	610	32	41:11.7	9:28/M
10	Annie Lewis	Durham NC	32	644	40	42:26.6	9:45/M
11	Wisp Trailhead	Chapel Hill NC	35	752	45	43:54.8	10:06/M
12	Claire Atkins	Durham NC	33	507	51	45:49.8	10:32/M
13	Sarah Stucke	Durham NC	39	737	52	45:56.3	10:34/M
14	Courtney Lockemer	Durham NC	34	650	53	45:56.6	10:34/M
15	Jennifer Headley	Durham NC	36	600	54	46:13.0	10:37/M
16	Maria Ocampo	Carrboro NC	30	681	58	46:53.7	10:47/M
17	Cheryl Moy	Carrboro NC	31	185	65	47:49.7	11:00/M
18	Shabnam Baig	Apex NC	30	509	67	48:08.0	11:04/M
19	Claire McGarry	Chapel Hill NC	30	668	69	48:13.4	11:05/M
20	Melissa Polasek	Chapel Hill NC	35	696	80	51:25.9	11:49/M
21	Clair Jenne	Towson MD	39	615	84	51:57.1	11:57/M
22	Emily Pontious	Hillsborough NC	33	697	105	55:08.5	12:40/M
23	Jenni Scoggin	Durham NC	39	716	107	55:41.2	12:48/M
24	Julie Lellis	Durham NC	38	642	108	56:21.8	12:57/M
25	Laura Allison	Raleigh NC	30	502	113	56:57.5	13:06/M
26	Andrea Knowlton	Durham NC	37	637	114	57:19.8	13:11/M
27	Nicole Deinert	Durham NC	32	554	118	58:01.5	13:20/M
28	Marilyn Adams	Durham NC	31	789	126	1:05:18.8	15:01/M
29	Nicole Pynaker	Chapel Hill NC	34	701	128	1:07:15.9	15:28/M
30	Amanda Hutchinson	Cary NC	34	788	131	1:09:44.6	16:02/M
31	Amy Pearson	Chapel Hill NC	36	689	134	1:10:34.0	16:13/M
32	Rachel Selinger	Chapel Hill NC	34	717	135	1:16:33.5	17:36/M

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Age Group Results

7 Kilometer

Women 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Kendra Stumpf	Durham NC	48	739	12	35:40.3	8:12/M
2 *	Megan Sykes	Chapel Hill NC	47	745	15	37:38.1	8:39/M
3 *	Virginia Hall	Durham NC	42	592	19	37:59.3	8:44/M
4	Amy McAllister	Durham NC	45	662	21	38:02.1	8:45/M
5	Sharon Doolittle	Rougemont NC	48	559	26	39:31.4	9:05/M
6	Jennifer Swenson	Durham NC	48	743	29	40:30.1	9:19/M
7	Sandra Campo-Manton	Pittsboro NC	42	533	33	41:25.9	9:31/M
8	Torey Wahlstrom	Chapel Hill NC	47	758	34	41:35.3	9:34/M
9	Isabel Lea	Cedar Grove NC	48	640	36	42:03.9	9:40/M
10	Meg Sisk	Greensboro NC	48	726	37	42:09.6	9:41/M
11	Krista Millard	Pittsboro NC	42	672	42	43:03.4	9:54/M
12	Maureen McCormack	Raleigh NC	42	667	55	46:25.6	10:40/M
13	CherylN Axline	Durham NC	47	508	56	46:28.2	10:41/M
14	Sara Sousa	Durham NC	44	730	57	46:48.9	10:46/M
15	Ann Creech	Durham NC	46	778	60	47:06.8	10:50/M
16	Caroline Barlow	Pittsboro NC	41	510	63	47:34.3	10:56/M
17	Ingrid Boswell	Mebane NC	43	518	64	47:34.6	10:56/M
18	Karin Michel	Hillsborough NC	41	671	77	50:56.4	11:43/M
19	Ashlee Biccum	Durham NC	43	515	83	51:53.2	11:56/M
20	Libby Vaughn	Hillsborough NC	44	755	85	51:57.6	11:57/M
21	Jen Tallett	Morrisville NC	49	746	92	53:19.1	12:15/M
22	Gina Spadavecchio	Chapel Hill NC	46	731	95	53:22.3	12:16/M
23	Kim Price	Chapel Hill NC	48	699	97	54:24.4	12:30/M
24	Tori Williams Reid	Hillsborough NC	47	764	101	54:56.1	12:38/M
25	Leslie Brooks	Hurdle Mills NC	42	525	103	55:02.6	12:39/M
26	Sarah Goyea	Pittsboro NC	48	586	104	55:03.8	12:39/M
27	Debbie Young	Chapel Hill NC	46	768	109	56:28.2	12:59/M
28	Viji Sathy	Chapel Hill NC	41	714	110	56:35.6	13:00/M
29	Cynthia Daugherty	Raleigh NC	42	552	112	56:49.5	13:04/M
30	Tanya Horning	Rougemont NC	45	606	116	57:36.9	13:14/M
31	Donna Howard	Pittsboro NC	45	608	117	57:41.2	13:16/M
32	Elizabeth Shamblin	Bahama NC	47	722	121	59:29.4	13:40/M
33	Anne Gering	Durham NC	40	580	125	1:05:11.3	14:59/M
34	Debbie Lindsay	Raleigh NC	47	647	136	1:18:11.2	17:58/M
35	Aimee Lomax	Raleigh NC	43	651	138	1:18:22.9	18:01/M

Women 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Catherine Belitsky	Carrboro NC	52	513	27	40:03.5	9:12/M
2 *	Anne Mandeville-Long	Chapel Hill NC	56	659	28	40:07.6	9:13/M

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7 Kilometer

Women 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
3 *	Tanya Helms	Chapel Hill NC	55	784	31	40:46.1	9:22/M
4	Elaine Estes	Morrisville NC	51	568	39	42:21.7	9:44/M
5	Cecilia Redding	Raleigh NC	56	703	43	43:27.3	9:59/M
6	Mimi Escobar	Raleigh NC	57	567	47	44:46.0	10:17/M
7	Laura Smith	Lillington NC	53	728	48	45:13.2	10:24/M
8	Cid Guy	Chapel Hill NC	52	589	49	45:14.3	10:24/M
9	Irene Slydel	Chapel Hill NC	59	727	50	45:24.2	10:26/M
10	Amy Vasu	Chapel Hill NC	51	775	61	47:08.9	10:50/M
11	Heidi Hannapel	Durham NC	54	594	62	47:16.4	10:52/M
12	Mary-Russell Roberson	Durham NC	52	705	66	48:01.8	11:02/M
13	Denise Lynch	Pittsboro NC	50	657	68	48:09.7	11:04/M
14	Shauna Farmer	Chapel Hill NC	51	572	72	48:29.6	11:09/M
15	Nancy Brake	Clinton NC	56	522	88	52:30.8	12:04/M
16	Ingrid Schmidt	Carrboro NC	55	715	89	52:51.7	12:09/M
17	Kim Boggess	Chapel Hill NC	51	517	90	53:03.6	12:12/M
18	Susan Lawrence	Chapel Hill NC	54	774	91	53:07.9	12:13/M
19	Lucy Eaton	Durham NC	52	563	93	53:19.7	12:15/M
20	Bj Tipton	Chapel Hill NC	52	750	94	53:20.1	12:16/M
21	Melanie Leyden	Chapel Hill NC	50	645	98	54:30.4	12:32/M
22	Ladeane Hawes	Chapel Hill NC	51	598	99	54:44.5	12:35/M
23	Valerie Komives	Chapel Hill NC	53	623	102	55:01.9	12:39/M
24	Jean Owen	Durham NC	55	685	106	55:11.3	12:41/M
25	Lou Ann Taylor	Durham NC	54	747	111	56:48.9	13:03/M
26	Carolyn Lane	Durham NC	55	638	123	1:03:30.6	14:36/M
27	Mayra Graden	Chapel Hill NC	53	587	124	1:03:30.9	14:36/M
28	Anita Evans	Bullock NC	52	569	127	1:07:01.9	15:24/M
29	Susan McCord	Cary NC	56	666	132	1:09:44.9	16:02/M
30	Pamela Matz	Raleigh NC	51	660	133	1:09:55.9	16:04/M

Women 60 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Cindy Engle	Durham NC	65	565	87	52:15.4	12:01/M
2 *	Ann Petro	Raleigh NC	63	692	120	58:57.7	13:33/M
3 *	Theresa Tesh	Raleigh NC	65	792	122	1:02:33.7	14:23/M
4	Cathryn Chiesa	Chapel Hill NC	64	539	130	1:09:23.8	15:57/M

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Little River Trail Runs
Age Group Results

7 Kilometer

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Costen Irons	Chapel Hill NC	36	791	1	24:53.7	5:43/M
2	Erik Johnson	Seward AK	39	616	2	25:35.8	5:53/M
3	Ben Levy	Chapel Hill NC	22	643	3	26:33.2	6:06/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Conrad Hall	Durham NC	44	591	6	27:54.1	6:25/M

*Overall place within gender

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Men 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Daniel Oren	Bahama NC	12	682	14	30:33.3	7:01/M
2 *	Will Shamblin	Bahama NC	12	724	39	35:51.5	8:14/M
3 *	Simon Jeffries	Raleigh NC	12	613	53	38:14.1	8:47/M
4	Hesham Elhamaky	Raleigh NC	12	564	76	43:00.7	9:53/M
5	Caleb Lackey	Chapel Hill NC	11	631	77	43:01.3	9:53/M
6	Scott Shamblin	Bahama NC	9	723	112	59:27.9	13:40/M

Men 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Will Hopkins	Raleigh NC	15	605	4	26:50.2	6:10/M
2 *	Spencer Husen	Hillsborough NC	18	777	5	27:28.4	6:19/M
3 *	Ethan Goldman	Chapel Hill NC	15	584	7	28:10.5	6:29/M
4	Grayson Lynch	Pittsboro NC	15	658	34	35:22.5	8:08/M
5	Daniel Krupa	Durham NC	16	626	103	51:22.3	11:49/M

Men 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Ian Williamson	Chapel Hill NC	26	766	11	29:08.2	6:42/M
2 *	Jedediah Seltzer	Chapel Hill NC	23	718	16	30:40.4	7:03/M
3 *	Kyle Roche	Chapel Hill NC	26	709	19	31:25.2	7:13/M
4	Nick Krouse	Chapel Hill NC	29	625	22	32:36.0	7:30/M
5	Randy Jackson	Elon NC	22	611	42	36:20.1	8:21/M
6	Akeem Lloyd	Pawtucket RI	27	648	51	38:02.5	8:45/M
7	Aaron Louv	Durham NC	27	654	62	40:24.0	9:17/M
8	Ben Brake	Chapel Hill NC	23	521	84	44:40.1	10:16/M
9	George Crownover	Morrisville NC	27	550	94	46:52.1	10:46/M

Men 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	John Lakas	Chapel Hill NC	33	633	13	29:24.1	6:46/M
2 *	Joey Hauser	Cameron NC	30	597	18	30:53.9	7:06/M
3 *	Lee Langer	Chapel Hill NC	33	639	20	31:40.6	7:17/M
4	Bryan Hassin	Chapel Hill NC	36	596	23	32:42.5	7:31/M
5	Jason Crawford	Chapel Hill NC	39	548	24	32:51.5	7:33/M
6	John Vrnak	Carrboro NC	30	756	30	34:16.4	7:53/M
7	William Davis	Durham NC	39	779	35	35:26.9	8:09/M

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Men 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
8	Evan Adler	Durham NC	37	500	43	36:21.8	8:21/M
9	Kostas Dotsikas	Asheville NC	35	560	47	37:33.0	8:38/M
10	Johnny Crncic	Carrboro NC	38	785	48	37:43.2	8:40/M
11	Michael McClain	Sewell NJ	30	665	52	38:02.5	8:45/M
12	Luke Drake	Chapel Hill NC	37	562	54	38:30.7	8:51/M
13	David Cantong	Chapel Hill NC	31	535	60	39:35.0	9:06/M
14	Daniel Kulenic	Durham NC	39	628	74	42:27.7	9:46/M
15	Nick Caruth	Durham NC	30	538	79	43:45.2	10:03/M
16	Joshua Beaver	Durham NC	35	790	115	1:05:41.8	15:06/M

Men 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Scott McAllister	Durham NC	47	663	8	28:16.3	6:30/M
2 *	George Linney	Durham NC	40	770	9	28:24.1	6:32/M
3 *	Curtis Swisher	Kernersville NC	44	744	10	28:52.0	6:38/M
4	Russell Westbrook	Durham NC	45	763	12	29:21.1	6:45/M
5	Brad Hecker	Mebane NC	44	601	17	30:52.5	7:06/M
6	Richard Ellis	Kernersville NC	49	786	21	32:02.0	7:22/M
7	Ryan Stults	Durham NC	41	738	26	33:46.6	7:46/M
8	Michael Cobb	Hillsborough NC	47	544	28	34:05.3	7:50/M
9	Jeffrey Brown	Raleigh NC	49	526	29	34:14.1	7:52/M
10	Kevin Clark	Chapel Hill NC	41	542	33	35:20.8	8:07/M
11	Robert Stumpf	Durham NC	45	740	36	35:34.8	8:11/M
12	Evan Patterson	Chapel Hill NC	48	688	38	35:44.9	8:13/M
13	Kurt Karol	Apex NC	42	619	45	37:30.2	8:37/M
14	Rick Fee	Carrboro NC	43	573	55	38:42.3	8:54/M
15	David Stefan	Hillsborough NC	48	732	57	38:58.0	8:57/M
16	Tod Severance	Durham NC	46	719	61	39:41.7	9:07/M
17	Jeremy Salemsen	Chapel Hill NC	47	711	63	40:47.2	9:23/M
18	Joe Puleo	Phoenixville PA	49	700	68	41:41.4	9:35/M
19	Erik Wahlstrom	Chapel Hill NC	46	757	69	41:42.4	9:35/M
20	Robert Parrish	Durham NC	41	781	71	41:44.8	9:36/M
21	Jeffrey Camden	Raleigh NC	43	531	72	42:17.0	9:43/M
22	Brian McGiverin	Durham NC	41	670	73	42:19.7	9:44/M
23	Steve Lackey	Chapel Hill NC	45	632	78	43:02.8	9:54/M
24	William Harris	Pittsboro NC	40	595	81	44:12.8	10:10/M
25	Daniel Bradshaw	Hillsborough NC	45	520	86	44:45.1	10:17/M
26	David Morazes	Graham NC	45	674	87	44:48.9	10:18/M
27	Jason Loan	Carrboro NC	40	649	88	44:51.3	10:19/M
28	Andrew Jeffries	Raleigh NC	46	612	91	46:26.8	10:40/M

*Overall place within gender

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Men 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
29	James Corken	Hillsborough NC	48	547	92	46:34.4	10:42/M
30	Gregory Sousa	Durham NC	46	729	93	46:49.6	10:46/M
31	David Brooks	Hurdle Mills NC	47	524	97	48:43.0	11:12/M
32	Nathan Ward	Raleigh NC	46	762	99	49:01.7	11:16/M
33	August Gering	Durham NC	44	581	108	57:07.8	13:08/M
34	Marc Pendergast	Chapel Hill NC	42	690	109	59:14.7	13:37/M
35	Noe Pasteris	Cary NC	49	687	110	59:15.1	13:37/M
36	Peter Lutz	Chapel Hill NC	49	656	111	59:15.5	13:37/M
37	Tanuj Kulkarni	Chapel Hill NC	49	630	114	1:02:24.0	14:21/M

Men 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	David Mitzi	Hillsboro NC	52	782	15	30:38.1	7:03/M
2 *	Tom Hoerger	Chapel Hill NC	56	604	25	33:43.4	7:45/M
3 *	Owen Astrachan	Choose One NC	59	506	27	33:53.4	7:47/M
4	Eric Ward	Durham NC	55	760	31	34:18.3	7:53/M
5	Tom Giduz	Chapel Hill NC	58	787	32	34:25.8	7:55/M
6	Peter Carpenter	Durham NC	50	536	37	35:38.6	8:11/M
7	Greg Clifton	Nashville NC	51	543	40	35:52.0	8:15/M
8	Peter Gayek	Chapel Hill NC	58	579	44	36:50.6	8:28/M
9	David Krupa	Durham NC	56	627	56	38:48.5	8:55/M
10	Rodney Mayo	Hillsborough NC	51	661	59	39:22.1	9:03/M
11	Bill Copeland	Chapel Hill NC	55	546	64	41:00.2	9:26/M
12	Rick Kennedy	Chapel Hill NC	56	622	65	41:06.5	9:27/M
13	Rich Redding	Raleigh NC	59	704	66	41:30.4	9:32/M
14	Mark Miller	Chapel Hill NC	50	783	75	42:51.6	9:51/M
15	Jim Quinn	Southport NC	50	702	82	44:31.9	10:14/M
16	Brian Goldman	Chapel Hill NC	50	583	83	44:36.8	10:15/M
17	Bruce Pitner	Durham NC	58	694	85	44:43.5	10:17/M
18	David Lindquist	Chapel Hill NC	56	646	89	45:32.7	10:28/M
19	Tom Gillaspay	Raleigh NC	51	582	98	49:01.0	11:16/M
20	Michael Strader	Durham NC	50	736	101	49:40.6	11:25/M
21	Jim Carter	Chapel Hill NC	51	537	102	50:11.5	11:32/M
22	Mark Englehardt	Raleigh NC	56	566	105	52:44.3	12:07/M
23	Michael Pincus	Chapel Hill NC	52	693	106	52:47.0	12:08/M
24	Raymond Toney	Chapel Hill NC	51	751	107	54:20.9	12:29/M

*Overall place within gender

Race Date
January 16, 2016

Little River Trail Runs
Age Group Results

7 Kilometer

Men 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Eric Teagarden	Chapel Hill NC	63	748	41	36:17.8	8:20/M
2 *	Bill Louv	Durham NC	63	655	46	37:32.3	8:38/M
3 *	Duncan Wallace	Graham NC	60	759	49	37:54.2	8:43/M
4	Iva Anderson	Raleigh NC	68	503	50	37:54.9	8:43/M
5	Tim Gross	Chapel Hill NC	62	588	58	39:04.0	8:59/M
6	Robert Long	Chapel Hill NC	64	653	67	41:37.8	9:34/M
7	Mark Bell	Chapel Hill NC	62	514	80	43:54.1	10:06/M
8	Gary Pohl	Hurdle Mills NC	67	695	90	46:15.0	10:38/M
9	Jamie Gartman	Graham NC	62	578	95	46:57.3	10:48/M
10	Paul Pooley	Durham NC	60	772	96	47:40.9	10:57/M
11	Ben Dillon	Raleigh NC	66	557	100	49:19.7	11:20/M
12	George Chiesa	Chapel Hill NC	63	540	104	52:07.5	11:59/M
13	Mike Thorn	Chapel Hill NC	60	749	113	59:42.4	13:43/M

Men 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Dave Salmon	Mocksville NC	72	712	70	41:44.1	9:36/M

*Overall place within gender