

53rd Annual Seaside Beach Run

5K
July 20, 2019
Seaside, Oregon

Timed using 'Race Timer XL'

version 2012.01

E-mail: info@SeasideBeachRun.org

Web: www.facebook.com/seasidebeachrun

Age Group Results

Place	Race#	LastName	FirstName	Age	Gender	City, State	Overall Time	Pace(min/mi)	Group %-Rank
Overall									
1	217	Johnson	Noah	15	M	Ohio	0:18:28	0:05:57	0
2	241	Dugan	David	15	M	Lake Oswego, OR	0:19:57	0:06:26	1.9
3	255	Morrisey	Seth	37	M	Seaside, OR	0:21:44	0:07:01	3.9
4	254	Sauter	Kristin	41	F	Seattle, WA	0:21:54	0:07:04	5.8
5	239	Becken	Tim	55	M	Vernonia, OR	0:22:03	0:07:07	7.8
6	227	Roehr	James	13	M	Seaside, OR	0:22:14	0:07:10	9.8
7	252	Freitas	Michael	13	M	Oakdale, CA	0:22:17	0:07:11	11.7
8	253	Mandeville	Tyler	30	M	West Linn, OR	0:23:06	0:07:27	13.7
9	218	Parker	Samuel	18	M	Warrenton, OR	0:23:13	0:07:29	15.6
10	257	Cunningham	Cory	31	M	Auburn, WA	0:23:17	0:07:31	17.6
11	245	Caverley	Zachary	28	M	Astoria, OR	0:24:11	0:07:48	19.6
12	251	Nelson	Nathan	22	M	New York, NY	0:24:40	0:07:57	21.5
13	201	Howard	Franklin	30	M	Seaside, OR	0:25:36	0:08:15	23.5
14	206	Gibbs	Mariah	24	F	Seaside, OR	0:26:11	0:08:27	25.4
15	224	Tovar	Kristen	27	F	Seaside, OR	0:26:51	0:08:40	27.4
16	244	Squire	Karina	37	F	Seaside, OR	0:28:32	0:09:12	29.4
17	231	Beck	Alan	72	M	Warrenton, OR	0:28:48	0:09:17	31.3
18	242	Heroux	Samuel	15	M	Seaside, OR	0:28:53	0:09:19	33.3
19	212	Pickar	Amanda	46	F	Tigard, OR	0:28:56	0:09:20	35.2
20	238	Gibbs	Mary Ann	64	F	Seaside, OR	0:29:03	0:09:22	37.2
21	249	Nelson	Lauren	30	F	Austin, TX	0:29:22	0:09:28	39.2
22	250	Nelson	Brendan	30	M	Austin, TX	0:29:24	0:09:29	41.1
23	221	O'Neill	David	12	M	Forest Grove, OR	0:29:40	0:09:34	43.1
24	225	Denham	Anne	51	F	Caldwell, ID	0:30:06	0:09:43	45
25	258	Garhofer	Hannah	22	F	Seaside, OR	0:30:15	0:09:45	47
26	243	Mayfield	Rebekah	41	F	Warrenton, OR	0:30:30	0:09:50	49
27	256	Mclaughlin	Andrew	30	M	Portland, OR	0:30:42	0:09:54	50.9
28	237	Moberg	Esther	40	F	Seaside, OR	0:30:54	0:09:58	52.9
29	228	Sills	Chrissy	34	F	Seattle, WA	0:30:59	0:10:00	54.9
30	248	Kelso	Clayton	34	M	Salado, TX	0:31:23	0:10:07	56.8
31	260	Labich	Kaitlyn	24	F	Portland, OR	0:32:11	0:10:23	58.8
32	213	Sills	Harry	33	M	Seattle, WA	0:32:39	0:10:32	60.7
33	247	Lerwick	Kara	31	F	Beaverton, OR	0:32:59	0:10:38	62.7
34	232	Beck	Karen	72	F	Warrenton, OR	0:34:50	0:11:14	64.7
35	246	Morse	Rachel	24	F	Gearhart, OR	0:35:09	0:11:20	66.6
36	216	Morse	Robert	59	M	Gearhart, OR	0:35:11	0:11:21	68.6
37	220	Schmidlin	Dave	74	M	Forest Grove, OR	0:35:22	0:11:25	70.5
38	209	Sumner	Aaron	46	M	Astoria, OR	0:35:28	0:11:26	72.5
39	205	Looney	William J	70	M	Eugene, OR	0:35:40	0:11:30	74.5
40	234	Redmon	Hunter	11	M	Potlatch, ID	0:36:15	0:11:42	76.4
41	235	Redmon	Annette	43	F	Potlatch, ID	0:36:16	0:11:42	78.4
42	219	Cooper	Caitlin	21	F	Saint Paul, MN	0:36:34	0:11:48	80.3
43	233	Brown	Krista	45	F	Seaside, OR	0:37:06	0:11:58	82.3
44	207	Wanitschek	Andrea	57	F	Hillsboro, OR	0:37:08	0:11:59	84.3
45	240	Dugan	Renee	51	F	Lake Oswego, OR	0:38:09	0:12:18	86.2
46	211	Omundson	Joseph	38	M	Clermont, FL	0:40:08	0:12:57	88.2
47	229	Omundson	Jennifer	33	F	Clermont, FL	0:40:10	0:12:57	90.1
48	215	Klock	Anita	62	F	Eugene, OR	0:40:59	0:13:13	92.1
49	226	Cooper	Mollie	13	F	Tigard, OR	0:41:24	0:13:21	94.1
50	259	Myers	Ragan	42	F	Ocean Park, WA	0:42:07	0:13:35	96
51	236	Redmon	Chuck	43	M	Potlatch, ID	0:42:17	0:13:38	98
52	202	Mulick	Viki	61	F	Forest Grove, OR	0:55:03	0:17:45	100

TOP FINISHERS

Overall Men

1	217	Johnson	Noah	15	M	Ohio	0:18:28	0:05:57	0
2	241	Dugan	David	15	M	Lake Oswego, OR	0:19:57	0:06:26	4
3	255	Morrisey	Seth	37	M	Seaside, OR	0:21:44	0:07:01	8
4	239	Becken	Tim	55	M	Vernonia, OR	0:22:03	0:07:07	12
5	227	Roehr	James	13	M	Seaside, OR	0:22:14	0:07:10	16
6	252	Freitas	Michael	13	M	Oakdale, CA	0:22:17	0:07:11	20
7	253	Mandeville	Tyler	30	M	West Linn, OR	0:23:06	0:07:27	24
8	218	Parker	Samuel	18	M	Warrenton, OR	0:23:13	0:07:29	28
9	257	Cunningham	Cory	31	M	Auburn, WA	0:23:17	0:07:31	32

Place	Race#	LastName	FirstName	Age	Gender	City, State	Overall Time	Pace(min/mi)	Group %-Rank
10	245	Caverley	Zachary	28	M	Astoria, OR	0:24:11	0:07:48	36
11	251	Nelson	Nathan	22	M	New York, NY	0:24:40	0:07:57	40
12	201	Howard	Franklin	30	M	Seaside, OR	0:25:36	0:08:15	44
13	231	Beck	Alan	72	M	Warrenton, OR	0:28:48	0:09:17	48
14	242	Heroux	Samuel	15	M	Seaside, OR	0:28:53	0:09:19	52
15	250	Nelson	Brendan	30	M	Austin, TX	0:29:24	0:09:29	56
16	221	O'Neill	David	12	M	Forest Grove, OR	0:29:40	0:09:34	60
17	256	Mclaughlin	Andrew	30	M	Portland, OR	0:30:42	0:09:54	64
18	248	Kelso	Clayton	34	M	Salado, TX	0:31:23	0:10:07	68
19	213	Sills	Harry	33	M	Seattle, WA	0:32:39	0:10:32	72
20	216	Morse	Robert	59	M	Gearhart, OR	0:35:11	0:11:21	76
21	220	Schmidlin	Dave	74	M	Forest Grove, OR	0:35:22	0:11:25	80
22	209	Sumner	Aaron	46	M	Astoria, OR	0:35:28	0:11:26	84
23	205	Looney	William J	70	M	Eugene, OR	0:35:40	0:11:30	88
24	234	Redmon	Hunter	11	M	Potlatch, ID	0:36:15	0:11:42	92
25	211	Omundson	Joseph	38	M	Clermont, FL	0:40:08	0:12:57	96
26	236	Redmon	Chuck	43	M	Potlatch, ID	0:42:17	0:13:38	100

Overall Women

1	254	Sauter	Kristin	41	F	Seattle, WA	0:21:54	0:07:04	0
2	206	Gibbs	Mariah	24	F	Seaside, OR	0:26:11	0:08:27	4
3	224	Tovar	Kristen	27	F	Seaside, OR	0:26:51	0:08:40	8
4	244	Squire	Karina	37	F	Seaside, OR	0:28:32	0:09:12	12
5	212	Pickar	Amanda	46	F	Tigard, OR	0:28:56	0:09:20	16
6	238	Gibbs	Mary Ann	64	F	Seaside, OR	0:29:03	0:09:22	20
7	249	Nelson	Lauren	30	F	Austin, TX	0:29:22	0:09:28	24
8	225	Denham	Anne	51	F	Caldwell, ID	0:30:06	0:09:43	28
9	258	Garhofer	Hannah	22	F	Seaside, OR	0:30:15	0:09:45	32
10	243	Mayfield	Rebekah	41	F	Warrenton, OR	0:30:30	0:09:50	36
11	237	Moberg	Esther	40	F	Seaside, OR	0:30:54	0:09:58	40
12	228	Sills	Chrissy	34	F	Seattle, WA	0:30:59	0:10:00	44
13	260	Labich	Kaitlyn	24	F	Portland, OR	0:32:11	0:10:23	48
14	247	Lerwick	Kara	31	F	Beaverton, OR	0:32:59	0:10:38	52
15	232	Beck	Karen	72	F	Warrenton, OR	0:34:50	0:11:14	56
16	246	Morse	Rachel	24	F	Gearhart, OR	0:35:09	0:11:20	60
17	235	Redmon	Annette	43	F	Potlatch, ID	0:36:16	0:11:42	64
18	219	Cooper	Caitlin	21	F	Saint Paul, MN	0:36:34	0:11:48	68
19	233	Brown	Krista	45	F	Seaside, OR	0:37:06	0:11:58	72
20	207	Wanitschek	Andrea	57	F	Hillsboro, OR	0:37:08	0:11:59	76
21	240	Dugan	Renee	51	F	Lake Oswego, OR	0:38:09	0:12:18	80
22	229	Omundson	Jennifer	33	F	Clermont, FL	0:40:10	0:12:57	84
23	215	Klock	Anita	62	F	Eugene, OR	0:40:59	0:13:13	88
24	226	Cooper	Mollie	13	F	Tigard, OR	0:41:24	0:13:21	92
25	259	Myers	Ragan	42	F	Ocean Park, WA	0:42:07	0:13:35	96
26	202	Mulick	Viki	61	F	Forest Grove, OR	0:55:03	0:17:45	100

MASTERS

Masters Men - 40 and over

1	239	Becken	Tim	55	M	Vernonia, OR	0:22:03	0:07:07	
2	231	Beck	Alan	72	M	Warrenton, OR	0:28:48	0:09:17	
3	216	Morse	Robert	59	M	Gearhart, OR	0:35:11	0:11:21	
4	220	Schmidlin	Dave	74	M	Forest Grove, OR	0:35:22	0:11:25	
5	209	Sumner	Aaron	46	M	Astoria, OR	0:35:28	0:11:26	
6	205	Looney	William J	70	M	Eugene, OR	0:35:40	0:11:30	
7	236	Redmon	Chuck	43	M	Potlatch, ID	0:42:17	0:13:38	

Masters Women - 40 and over

1	254	Sauter	Kristin	41	F	Seattle, WA	0:21:54	0:07:04	
2	212	Pickar	Amanda	46	F	Tigard, OR	0:28:56	0:09:20	
3	238	Gibbs	Mary Ann	64	F	Seaside, OR	0:29:03	0:09:22	
4	225	Denham	Anne	51	F	Caldwell, ID	0:30:06	0:09:43	
5	243	Mayfield	Rebekah	41	F	Warrenton, OR	0:30:30	0:09:50	
6	237	Moberg	Esther	40	F	Seaside, OR	0:30:54	0:09:58	
7	232	Beck	Karen	72	F	Warrenton, OR	0:34:50	0:11:14	
8	235	Redmon	Annette	43	F	Potlatch, ID	0:36:16	0:11:42	
9	233	Brown	Krista	45	F	Seaside, OR	0:37:06	0:11:58	
10	207	Wanitschek	Andrea	57	F	Hillsboro, OR	0:37:08	0:11:59	
11	240	Dugan	Renee	51	F	Lake Oswego, OR	0:38:09	0:12:18	
12	215	Klock	Anita	62	F	Eugene, OR	0:40:59	0:13:13	
13	259	Myers	Ragan	42	F	Ocean Park, WA	0:42:07	0:13:35	
14	202	Mulick	Viki	61	F	Forest Grove, OR	0:55:03	0:17:45	

MENS AGE GROUPS

14 years old and under - 14 and under

Place	Race#	LastName	FirstName	Age	Gender	City, State	Overall Time	Pace(min/mi)	Group %-Rank
1	227	Roehr	James	13	M	Seaside, OR	0:22:14	0:07:10	
2	252	Freitas	Michael	13	M	Oakdale, CA	0:22:17	0:07:11	
3	221	O'Neill	David	12	M	Forest Grove, OR	0:29:40	0:09:34	
4	234	Redmon	Hunter	11	M	Potlatch, ID	0:36:15	0:11:42	
15 to 19 years old - 15 to 19									
1	217	Johnson	Noah	15	M	Ohio	0:18:28	0:05:57	
2	241	Dugan	David	15	M	Lake Oswego, OR	0:19:57	0:06:26	
3	218	Parker	Samuel	18	M	Warrenton, OR	0:23:13	0:07:29	
4	242	Heroux	Samuel	15	M	Seaside, OR	0:28:53	0:09:19	
20 to 29 years old - 20 to 29									
1	245	Caverley	Zachary	28	M	Astoria, OR	0:24:11	0:07:48	
2	251	Nelson	Nathan	22	M	New York, NY	0:24:40	0:07:57	
30 to 39 years old - 30 to 39									
1	255	Morrisey	Seth	37	M	Seaside, OR	0:21:44	0:07:01	
2	253	Mandeville	Tyler	30	M	West Linn, OR	0:23:06	0:07:27	
3	257	Cunningham	Cory	31	M	Auburn, WA	0:23:17	0:07:31	
4	201	Howard	Franklin	30	M	Seaside, OR	0:25:36	0:08:15	
5	250	Nelson	Brendan	30	M	Austin, TX	0:29:24	0:09:29	
6	256	McLaughlin	Andrew	30	M	Portland, OR	0:30:42	0:09:54	
7	248	Kelso	Clayton	34	M	Salado, TX	0:31:23	0:10:07	
8	213	Sills	Harry	33	M	Seattle, WA	0:32:39	0:10:32	
9	211	Omundson	Joseph	38	M	Clermont, FL	0:40:08	0:12:57	
40 to 49 years old - 40 to 49									
1	209	Sumner	Aaron	46	M	Astoria, OR	0:35:28	0:11:26	
2	236	Redmon	Chuck	43	M	Potlatch, ID	0:42:17	0:13:38	
Masters 50 to 59 years old - 50 to 59									
1	239	Becken	Tim	55	M	Vernonia, OR	0:22:03	0:07:07	
2	216	Morse	Robert	59	M	Gearhart, OR	0:35:11	0:11:21	
Masters 70+ years old - 70 and over									
1	231	Beck	Alan	72	M	Warrenton, OR	0:28:48	0:08:34	
2	220	Schmidlin	Dave	74	M	Forest Grove, OR	0:35:22	0:11:25	
3	205	Looney	William J	70	M	Eugene, OR	0:35:40	0:11:30	

WOMENS AGE GROUPS									
14 years old and under - 14 and under									
1	226	Cooper	Mollie	13	F	Tigard, OR	0:41:24	0:13:21	
20 to 29 years old - 20 to 29									
1	206	Gibbs	Mariah	24	F	Seaside, OR	0:26:11	0:08:27	
2	224	Tovar	Kristen	27	F	Seaside, OR	0:26:51	0:08:40	
3	258	Garhofer	Hannah	22	F	Seaside, OR	0:30:15	0:09:45	
4	260	Labich	Kaitlyn	24	F	Portland, OR	0:32:11	0:10:23	
5	246	Morse	Rachel	24	F	Gearhart, OR	0:35:09	0:11:20	
6	219	Cooper	Caitlin	21	F	Saint Paul, MN	0:36:34	0:11:48	
30 to 39 years old - 30 to 39									
1	244	Squire	Karina	37	F	Seaside, OR	0:28:32	0:09:12	
2	249	Nelson	Lauren	30	F	Austin, TX	0:29:22	0:09:28	
3	228	Sills	Chrissy	34	F	Seattle, WA	0:30:59	0:10:00	
4	247	Lerwick	Kara	31	F	Beaverton, OR	0:32:59	0:10:38	
5	229	Omundson	Jennifer	33	F	Clermont, FL	0:40:10	0:12:57	
40 to 49 years old - 40 to 49									
1	254	Sauter	Kristin	41	F	Seattle, WA	0:21:54	0:07:04	
2	212	Pickar	Amanda	46	F	Tigard, OR	0:28:56	0:09:20	
3	243	Mayfield	Rebekah	41	F	Warrenton, OR	0:30:30	0:09:50	
4	237	Moberg	Esther	40	F	Seaside, OR	0:30:54	0:09:58	
5	235	Redmon	Annette	43	F	Potlatch, ID	0:36:16	0:11:42	
6	233	Brown	Krista	45	F	Seaside, OR	0:37:06	0:11:58	
7	259	Myers	Ragan	42	F	Ocean Park, WA	0:42:07	0:13:35	
Masters 50 to 59 years old - 50 to 59									
1	225	Denham	Anne	51	F	Caldwell, ID	0:30:06	0:09:43	
2	207	Wanitschek	Andrea	57	F	Hillsboro, OR	0:37:08	0:11:59	
3	240	Dugan	Renee	51	F	Lake Oswego, OR	0:38:09	0:12:18	
Masters 60 to 69 years old - 60 to 69									
1	238	Gibbs	Mary Ann	64	F	Seaside, OR	0:29:03	0:09:22	
2	215	Klock	Anita	62	F	Eugene, OR	0:40:59	0:13:13	

Place	Race#	LastName	FirstName	Age	Gender	City, State	Overall Time	Pace (min/mi)	Group %-Rank
3	202	Mulick	Viki	61	F	Forest Grove, OR		0:00:00	

Masters 70+ years old - 70 and over

1	232	Beck	Karen	72	F	Warrenton, OR	0:02:16	0:11:14	
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MISSING DATA

DNF

Unfinished Participants

1	208	Baldwin	Angela	48	F	Kalama, WA			
2	210	Dunham	Gayle	67	F	Seattle, WA			
3	223	Federline	Rachel	32	F	Keizer, OR			
4	214	Hargrove	Nicolya	37	F	Longview, WA			
5	230	Linza	Margery	55	F	Astoria, OR			
6	222	Mills	Cindy	61	F	Seaside, OR			
7	204	Oakes	Roger	63	M	Seaside, OR			
8	203	Sides	Amy	48	F	Kalama, WA			