

shifwl 3
Lap Results - Overall Detail

Cyclocross

Females

<u>Pos.</u>	<u>Name/City</u>	<u>Laps</u>	<u>Bib No</u>	<u>Time</u>
1	Denelle Grant	8	633	42:40.13
		1	633	5:22.54
		2	633	5:16.36
		3	633	5:19.60
		4	633	5:19.08
		5	633	5:20.59
		6	633	5:23.98
		7	633	5:22.67
		8	633	5:15.31
2	Claire Sands	8	620	43:15.99
	Richmond	1	620	5:23.85
		2	620	5:19.23
		3	620	5:26.41
		4	620	5:30.22
		5	620	5:31.81
		6	620	5:23.67
		7	620	5:24.60
		8	620	5:16.20
3	Mason Hopkins	8	1241	44:13.31
	Henrico	1	1241	5:40.73
		2	1241	5:25.31
		3	1241	5:27.92
		4	1241	5:34.04
		5	1241	5:33.36
		6	1241	5:30.12
		7	1241	5:31.43
		8	1241	5:30.40
4	Wilson Emily	7	1280	42:55.66
		1	1280	6:08.27
		2	1280	5:55.24
		3	1280	5:54.17
		4	1280	6:29.51
		5	1280	6:11.45
		6	1280	6:07.93
		7	1280	6:09.09
5	Sarah Grier Barber	7	1245	46:28.22
	Providence Forge	1	1245	6:34.40
		2	1245	6:27.33
		3	1245	6:34.65
		4	1245	6:41.75
		5	1245	7:02.09
		6	1245	6:38.65
		7	1245	6:29.35
6	Kitty Foster	7	1285	46:43.15
		1	1285	6:35.95
		2	1285	6:14.21
		3	1285	6:31.52
		4	1285	6:41.47
		5	1285	7:03.33
		6	1285	6:41.42
		7	1285	6:55.25

7	Emily Webster	7	626	48:05.07
	Glen Allen	1	626	6:44.92
		2	626	6:31.72
		3	626	6:43.79
		4	626	6:55.99
		5	626	7:10.11
		6	626	7:13.02
		7	626	6:45.52
8	Maggie Hopkins	6	611	36:15.46
	Richmond	1	611	5:57.02
		2	611	5:56.68
		3	611	5:58.90
		4	611	5:54.82
		5	611	6:03.90
		6	611	6:24.14

shifwl 3
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Males

<u>Pos.</u>	<u>Name/City</u>	<u>Laps</u>	<u>Bib No</u>	<u>Time</u>
1	Ethan Morris Richmond	9	639	42:02.48
		1	639	4:24.39
		2	639	4:32.65
		3	639	4:32.93
		4	639	4:38.05
		5	639	4:41.88
		6	639	4:40.13
		7	639	4:42.36
		8	639	4:48.21
		9	639	5:01.88
2	Grant Fanning Richmond	9	1257	42:23.95
		1	1257	4:24.09
		2	1257	4:42.16
		3	1257	4:38.35
		4	1257	4:43.11
		5	1257	4:45.42
		6	1257	4:44.35
		7	1257	4:48.38
		8	1257	4:47.84
		9	1257	4:50.25
3	Alex Kasch Richmond	9	612	43:17.42
		1	612	4:32.97
		2	612	4:42.71
		3	612	4:44.51
		4	612	4:48.45
		5	612	4:46.01
		6	612	4:51.28
		7	612	4:53.96
		8	612	4:57.24
		9	612	5:00.29
4	Andrew Martinek Richmond	9	1247	43:36.05
		1	1247	4:38.94
		2	1247	4:45.43
		3	1247	4:44.68
		4	1247	4:53.18
		5	1247	4:52.32
		6	1247	4:55.17
		7	1247	4:54.71
		8	1247	4:53.72
		9	1247	4:57.90
5	Mike Platania Richmond	9	635	43:54.35
		1	635	4:45.37
		2	635	4:42.09
		3	635	4:44.33
		4	635	4:57.59
		5	635	4:56.53
		6	635	4:55.51
		7	635	4:52.74
		8	635	4:56.11
		9	635	5:04.08
6	Cole Lewis	9	615	44:14.37

Henrico	1	615	4:44.92
	2	615	4:55.93
	3	615	4:56.20
	4	615	4:59.84
	5	615	4:52.58
	6	615	5:04.34
	7	615	4:58.06
	8	615	4:50.35
	9	615	4:52.15
7 William Wright	9	1182	44:14.81
	1	1182	4:35.90
	2	1182	4:50.46
	3	1182	4:56.77
	4	1182	5:00.80
	5	1182	4:56.49
	6	1182	5:00.64
	7	1182	5:02.63
	8	1182	5:01.15
	9	1182	4:49.97
8 Nathan Salle Richmond	9	619	44:43.71
	1	619	4:55.96
	2	619	4:46.57
	3	619	4:56.40
	4	619	4:58.69
	5	619	5:02.82
	6	619	5:09.26
	7	619	4:58.69
	8	619	5:02.67
	9	619	4:52.65
9 Jordan Jamal	9	1281	44:50.39
	1	1281	5:05.10
	2	1281	4:50.16
	3	1281	5:00.59
	4	1281	5:06.26
	5	1281	4:57.36
	6	1281	4:55.78
	7	1281	5:05.52
	8	1281	4:56.46
	9	1281	4:53.16
10 Rocjespm Tom	9	1191	44:54.07
	1	1191	5:00.58
	2	1191	4:59.42
	3	1191	5:01.22
	4	1191	5:05.16
	5	1191	5:00.10
	6	1191	4:50.85
	7	1191	5:04.94
	8	1191	4:54.54
	9	1191	4:57.26
11 Christopher Yesmant Richmond	9	1337	45:47.63
	1	1337	4:50.95
	2	1337	5:00.23
	3	1337	5:03.66
	4	1337	5:03.66
	5	1337	5:07.11
	6	1337	5:13.34
	7	1337	5:08.40

shifwl 3
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Cyclocross

Males

<u>Pos.</u>	<u>Name/City</u>	<u>Laps</u>	<u>Bib No</u>	<u>Time</u>
11	Christopher Yesmant	9	1337	45:47.63
		8	1337	5:10.20
		9	1337	5:10.08
12	Taylor Pisano	9	1287	45:56.75
		1	1287	4:57.41
		2	1287	5:00.92
		3	1287	4:58.62
		4	1287	5:02.19
		5	1287	4:59.86
		6	1287	5:14.11
		7	1287	5:15.43
		8	1287	5:11.96
13	David Cary Richmond	9	1187	46:10.62
		1	1187	4:50.52
		2	1187	5:08.35
		3	1187	5:06.66
		4	1187	5:03.99
		5	1187	5:09.05
		6	1187	5:11.42
		7	1187	5:20.89
		8	1187	5:16.57
14	Sean Yeager Richmond	9	630	46:16.69
		1	630	5:04.44
		2	630	5:05.05
		3	630	5:06.28
		4	630	5:06.12
		5	630	5:11.73
		6	630	5:19.57
		7	630	5:09.66
		8	630	5:09.99
15	Christopher Cobbs Richmond	9	606	46:34.01
		1	606	4:47.57
		2	606	5:16.95
		3	606	5:12.87
		4	606	5:14.14
		5	606	5:18.66
		6	606	5:16.78
		7	606	5:11.82
		8	606	5:05.77
16	Brent Williamson Richmond	9	628	46:36.40
		1	628	5:04.61
		2	628	5:02.44
		3	628	5:10.86
		4	628	5:18.02
		5	628	5:14.63
		6	628	5:14.05
		7	628	5:12.96

17	Reed Shomaker Henrico	8	628	5:12.13
		9	628	5:06.70
		9	1278	46:43.48
		1	1278	4:56.38
		2	1278	5:05.51
		3	1278	5:11.56
		4	1278	5:11.12
		5	1278	5:20.60
		6	1278	5:17.75
18	Samuel Dworetzky Richmond	7	1278	5:17.75
		8	1278	5:14.65
		9	1278	5:08.16
		9	640	46:49.25
		1	640	4:57.48
		2	640	4:57.57
		3	640	5:11.96
		4	640	5:09.78
		5	640	5:14.02
19	Hayes McMillan Richmond	6	640	5:23.37
		7	640	5:19.95
		8	640	5:20.16
		9	640	5:14.96
		9	1265	46:58.76
		1	1265	5:04.77
		2	1265	5:05.45
		3	1265	5:19.99
		4	1265	5:18.92
20	Michael Whitfield Colonial Heights	5	1265	5:17.47
		6	1265	5:09.59
		7	1265	5:12.00
		8	1265	5:17.84
		9	1265	5:12.73
		9	638	47:05.28
		1	638	5:02.78
		2	638	5:12.01
		3	638	5:17.48
21	Michael Phillips Hampton	4	638	5:15.74
		5	638	5:17.60
		6	638	5:14.35
		7	638	5:14.25
		8	638	5:16.02
		9	638	5:15.05
		8	1197	42:05.51
		1	1197	4:56.71
		2	1197	5:03.59
22	Robert Suydam Richmond	3	1197	5:08.09
		4	1197	5:18.45
		5	1197	5:16.86
		6	1197	5:25.78
		7	1197	5:25.98
		8	1197	5:30.05
		8	624	42:10.62
		1	624	4:54.76
		2	624	5:14.52
		3	624	5:25.60
		4	624	5:19.80

Cyclocross

Males

Pos.	Name/City	Laps	Bib No	Time
22	Robert Suydam	8	624	42:10.62
		5	624	5:22.46
		6	624	5:18.36
		7	624	5:18.47
		8	624	5:16.65
23	Jokorey Robinson	8	1186	42:21.56
		1	1186	4:36.11
		2	1186	4:50.58
		3	1186	4:55.04
		4	1186	5:14.23
		5	1186	5:15.14
		6	1186	5:34.98
		7	1186	5:54.02
		8	1186	6:01.46
24	Bruce Wenger Richmond	8	627	42:40.57
		1	627	5:09.48
		2	627	5:15.78
		3	627	5:22.08
		4	627	5:19.30
		5	627	5:25.71
		6	627	5:25.39
		7	627	5:27.19
		8	627	5:15.64
25	Peter Henry Richmond	8	610	42:45.02
		1	610	5:23.36
		2	610	5:16.15
		3	610	5:18.62
		4	610	5:19.69
		5	610	5:20.77
		6	610	5:24.03
		7	610	5:21.84
		8	610	5:20.56
26	Chris Thorpe Richmond	8	1284	42:51.35
		1	1284	5:22.84
		2	1284	5:11.47
		3	1284	5:16.62
		4	1284	5:16.43
		5	1284	5:16.70
		6	1284	5:21.77
		7	1284	5:45.34
		8	1284	5:20.18
27	Eric Etka Richmond	8	1194	42:55.08
		1	1194	5:39.51
		2	1194	5:03.07
		3	1194	5:10.06
		4	1194	5:13.46
		5	1194	5:20.84
		6	1194	5:22.63
		7	1194	5:37.31
		8	1194	5:28.20
28	Ken Parker	8	1195	43:22.31

		1	1195	5:16.00
		2	1195	5:17.89
		3	1195	5:24.88
		4	1195	5:27.20
		5	1195	5:31.23
		6	1195	5:34.69
		7	1195	5:26.30
		8	1195	5:24.12
29	Tom Brookfield	8	604	43:32.42
	Richmond	1	604	5:41.78
		2	604	5:13.01
		3	604	5:21.48
		4	604	5:21.84
		5	604	5:22.58
		6	604	5:27.68
		7	604	5:27.92
		8	604	5:36.13
30	Brendan Noggle	8	1246	43:42.96
	Richmond	1	1246	5:21.34
		2	1246	5:20.77
		3	1246	5:32.93
		4	1246	5:30.69
		5	1246	5:31.62
		6	1246	5:35.26
		7	1246	5:35.42
		8	1246	5:14.93
31	Nathan Stover	8	1273	43:43.10
	Richmond	1	1273	5:44.11
		2	1273	5:25.78
		3	1273	5:25.10
		4	1273	5:24.80
		5	1273	5:30.97
		6	1273	5:27.69
		7	1273	5:28.24
		8	1273	5:16.41
32	Davis Brandon	8	1192	43:46.01
		1	1192	5:19.80
		2	1192	5:34.10
		3	1192	5:22.95
		4	1192	5:26.70
		5	1192	5:24.31
		6	1192	5:38.82
		7	1192	5:35.70
		8	1192	5:23.63
33	Mark North	8	636	43:56.02
	Glen Allen	1	636	5:13.35
		2	636	5:16.32
		3	636	5:24.75
		4	636	5:34.32
		5	636	5:46.69
		6	636	5:37.93
		7	636	5:36.17
		8	636	5:26.49
34	Todd Rowley	8	634	44:06.10
	Richmond	1	634	5:52.96
		2	634	5:18.97

shifwl 3
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<u>Pos.</u>	<u>Name/City</u>	<u>Laps</u>	<u>Bib No</u>	<u>Time</u>
34	Todd Rowley	8	634	44:06.10
		3	634	5:21.63
		4	634	5:34.13
		5	634	5:35.26
		6	634	5:35.30
		7	634	5:30.12
		8	634	5:17.73
35	Robert Carrico	8	605	44:06.84
	Rockville	1	605	5:24.13
		2	605	5:15.62
		3	605	5:40.13
		4	605	5:24.54
		5	605	5:32.38
		6	605	5:36.02
		7	605	5:36.92
		8	605	5:37.10
36	Erik Bleecher	8	601	44:29.37
	Henrico	1	601	5:26.04
		2	601	5:16.05
		3	601	5:35.58
		4	601	5:33.33
		5	601	5:38.64
		6	601	5:40.34
		7	601	5:42.23
		8	601	5:37.16
37	Nick Hancock	8	1259	44:37.29
	Richmond	1	1259	5:31.80
		2	1259	5:22.13
		3	1259	5:38.67
		4	1259	5:39.95
		5	1259	5:46.57
		6	1259	5:40.09
		7	1259	5:33.44
		8	1259	5:24.64
38	Todd Green	8	608	44:38.86
	Richmond	1	608	5:38.90
		2	608	5:27.38
		3	608	5:35.37
		4	608	5:36.52
		5	608	5:39.08
		6	608	5:34.36
		7	608	5:34.83
		8	608	5:32.42
39	Keith Vaninwegen	8	625	44:53.56
	Glen Allen	1	625	5:58.21
		2	625	5:27.19
		3	625	5:32.35
		4	625	5:34.69
		5	625	5:32.28
		6	625	5:36.12
		7	625	5:37.91

		8	625	5:34.81
40	Grant Brookfield	8	603	45:10.48
	Richmond	1	603	5:41.55
		2	603	5:23.06
		3	603	5:36.78
		4	603	5:39.87
		5	603	5:43.65
		6	603	5:47.58
		7	603	5:43.13
		8	603	5:34.86
41	Jonah Masson	8	1199	45:14.14
		1	1199	6:01.02
		2	1199	5:30.43
		3	1199	5:42.10
		4	1199	5:24.50
		5	1199	5:28.45
		6	1199	5:38.38
		7	1199	5:44.67
		8	1199	5:44.59
42	Danny Shyti	8	1233	45:47.07
	Richmond	1	1233	5:51.02
		2	1233	5:33.70
		3	1233	5:42.66
		4	1233	5:45.17
		5	1233	5:46.39
		6	1233	5:42.90
		7	1233	5:51.40
		8	1233	5:33.83
43	John Morgan	8	1283	45:47.46
		1	1283	6:18.09
		2	1283	5:39.33
		3	1283	5:47.21
		4	1283	5:37.83
		5	1283	5:43.36
		6	1283	5:36.08
		7	1283	5:38.98
		8	1283	5:26.58
44	Riley Coron	8	1200	45:58.76
	Henrico	1	1200	5:40.91
		2	1200	5:43.86
		3	1200	5:39.54
		4	1200	5:43.60
		5	1200	5:49.20
		6	1200	5:51.20
		7	1200	5:48.94
		8	1200	5:41.51
45	Nick Blend	8	1235	46:12.38
	Richmond	1	1235	5:42.84
		2	1235	5:28.76
		3	1235	5:49.76
		4	1235	5:48.62
		5	1235	5:52.38
		6	1235	5:52.02
		7	1235	5:53.86
		8	1235	5:44.14
46	John Messersmith	8	1215	46:42.10

shifwl 3
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Cyclocross

Males

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46	John Messersmith Richmond	8	1215	46:42.10
		1	1215	6:04.07
		2	1215	5:34.58
		3	1215	5:44.27
		4	1215	5:43.32
		5	1215	5:44.56
		6	1215	5:47.75
		7	1215	5:53.51
47	Mcconnell Clayton	8	1198	46:47.09
		1	1198	5:43.31
		2	1198	5:40.12
		3	1198	5:55.77
		4	1198	5:51.49
		5	1198	5:48.41
		6	1198	5:56.11
		7	1198	6:03.59
48	Frank Smith Richmond	8	622	46:57.45
		1	622	5:37.92
		2	622	5:43.10
		3	622	5:51.05
		4	622	5:46.04
		5	622	5:55.06
		6	622	5:56.23
		7	622	6:01.34
49	Mason McBurney Richmond	8	618	47:17.26
		1	618	5:40.21
		2	618	5:45.71
		3	618	5:43.90
		4	618	5:53.59
		5	618	5:58.66
		6	618	6:01.23
		7	618	6:08.79
50	Nick Fessick Richmond	8	1282	48:13.90
		1	1282	5:59.38
		2	1282	5:44.40
		3	1282	5:52.48
		4	1282	5:56.98
		5	1282	6:02.28
		6	1282	6:07.58
		7	1282	6:11.91
51	Matthew Marchal Richmond	8	1282	6:18.89
		7	617	37:11.36
		1	617	5:14.74
		2	617	5:14.44
		3	617	5:23.95
		4	617	5:17.12
		5	617	5:17.79

52	Ficor Jamie	6	617	5:23.87
		7	617	5:19.45
		7	1190	42:42.31
		1	1190	6:27.25
		2	1190	6:02.42
		3	1190	5:59.23
		4	1190	6:02.49
53	Adam Scott Henrico	5	1190	6:01.60
		6	1190	6:01.01
		7	1190	6:08.31
		7	1286	43:26.65
		1	1286	6:21.56
		2	1286	6:02.18
		3	1286	6:20.91
54	Joe Musso Manakin Sabot	4	1286	6:09.92
		5	1286	6:08.40
		6	1286	6:14.67
		7	1286	6:09.01
		7	643	44:03.28
		1	643	6:21.53
		2	643	6:03.55
55	Brian Ezzelle Richmond	3	643	6:20.65
		4	643	6:09.75
		5	643	6:20.05
		6	643	6:26.86
		7	643	6:20.89
		7	1256	48:05.70
		1	1256	6:29.52
56	Harrell Brandon	2	1256	6:40.49
		3	1256	7:01.88
		4	1256	7:02.02
		5	1256	7:03.80
		6	1256	7:07.86
		7	1256	6:40.13
		7	1196	48:39.22
57	Spencer Hale	1	1196	7:07.47
		2	1196	6:44.12
		3	1196	6:42.05
		4	1196	7:14.63
		5	1196	6:59.30
		6	1196	7:00.71
		7	1196	6:50.94
58	Wilson Hale Richmond	6	645	32:36.98
		1	645	5:48.32
		2	645	5:22.01
		3	645	5:34.20
		4	645	5:15.85
		5	645	5:06.57
59	Unknown Racer	6	645	5:30.03
		5	666	27:18.92
		1	666	6:24.98
		2	666	5:10.90
		3	666	5:03.17
		4	666	5:10.25
		5	666	5:29.62
		4	1231	23:23.26

Cyclocross

Males

<u>Pos.</u>	<u>Name/City</u>	<u>Laps</u>	<u>Bib No</u>	<u>Time</u>
59	Unknown Racer	4	1231	23:23.26
		1	1231	5:44.45
		2	1231	5:46.34
		3	1231	5:53.47
		4	1231	5:59.00
60	Nasin Cox	4	644	25:24.88
		1	644	6:29.20
		2	644	6:13.01
		3	644	6:16.86
		4	644	6:25.81