

GRL 10K 2023

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	HARTLAGE JOEY		M: 1	10K RUN	301	00:44:02.65	07:06	8.4mph	Overall 10K Male Runner: 1
2	JOE PAWLISH		M: 2	10K RUN	376	00:52:52.29	08:31	7.0mph	Overall 10K Male Runner: 2
3	PHELPS JAMES		M: 3	10K RUN	337	00:52:57.61	08:32	7.0mph	Overall 10K Male Runner: 3
4	SMITH WYATT		M: 4	10K RUN	312	00:53:04.58	08:33	7.0mph	Overall 10K Male Runner: 4
5	GREG FARMER		M: 5	10K RUN	371	00:53:56.09	08:41	6.9mph	Overall 10K Male Runner: 5
6	MELTON RUSSELL		M: 6	10K RUN	333	00:58:25.10	09:25	6.4mph	Overall 10K Male Runner: 6
7	WARREN SHANE		M: 7	10K RUN	364	00:59:53.69	09:39	6.2mph	Overall 10K Male Runner: 7
8	HARDEN JUSTIN		M: 8	10K RUN	318	01:03:09.73	10:11	5.9mph	Overall 10K Male Runner: 8
9	DORAN ERIC		M: 9	10K RUN	323	01:09:09.77	11:09	5.4mph	Overall 10K Male Runner: 9
10	BOGGS BILLY		M: 10	10K RUN	315	01:09:48.37	11:15	5.3mph	Overall 10K Male Runner: 10
11	SPALDING CHRISTOPHER		M: 11	10K RUN	319	01:11:58.10	11:36	5.2mph	Overall 10K Male Runner: 11
12	HENDERSON STEVE		M: 12	10K RUN	317	01:13:15.40	11:48	5.1mph	Overall 10K Male Runner: 12
13	SMITH ERIC		M: 13	10K RUN	313	01:15:44.69	12:13	4.9mph	Overall 10K Male Runner: 13
14	RON MCMAHAN		M: 14	10K RUN	373	01:17:52.57	12:33	4.8mph	Overall 10K Male Runner: 14
15	MELTON SETH		M: 15	10K RUN	335	01:20:14.34	12:56	4.6mph	Overall 10K Male Runner: 15
16	CRISP BRADY		M: 16	10K RUN	336	01:20:14.59	12:56	4.6mph	Overall 10K Male Runner: 16