

Wyoming Valley Striders 2nd Annual 20K Run

Race Dirs: John Martino and Tony Pszeniczny

Timing: Wyoming Valley Striders

Overall and Age Group Results

Lehigh Gorge State Park

White Haven PA

11/8/2015

Place	Bib #	First Name	Last Name	City	State	Age	Gender	Age Group	Gender Place Run	Overall Place	Age Group Place	Pace Per Mile	Time
1	849	STEPHEN	SENICK	HAZLETON	PA	22	M	20 - 29	1	1		0:06:14	1:17:27.66
13	840	PATRICIA	BUZINKAI	KINGSTON	PA	40	F	40 - 44	1	1		0:07:36	1:34:27.37
45	827	REBECCA	KINSEY	DUNMORE	PA	26	F	20 - 29	13		1	0:09:02	1:52:10.41
57	822	KRISTEN	MAJDIC	VANDLING	PA	24	F	20 - 29	21		2	0:09:27	1:57:20.14
60	771	AUTUMN	JARVIS	OLD FORGE	PA	26	F	20 - 29	23		3	0:09:41	2:00:21.51
64	852	ASHLEE	WARD	TRUCKSVILLE	PA	24	F	20 - 29	25		4	0:09:56	2:03:23.43
21	842	FRANKIE	SWAHA	ARCHBALD	PA	20	M	20 - 29	19		1	0:08:06	1:40:41.71
55	826	JEFF	FARKAS	SCRANTON	PA	26	M	20 - 29	35		2	0:09:22	1:56:23.17
61	808	BRIAN	GIBBONS	DALLAS	PA	28	M	20 - 29	38		3	0:09:46	2:01:22.66
83	772	JASON	BOONE	FREELAND	PA	29	M	20 - 29	48		4	0:13:25	2:46:39.66
66	795	KAITLYN	CARR	EDWARDSVILLE	PA	31	F	30 - 34	27		1	0:10:00	2:04:13.35
77	779	ELIZABETH	DANDO	ASHLAND	PA	30	F	30 - 34	32		2	0:11:46	2:26:10.62
3	846	NICK	WADAS	KINGSTON	PA	33	M	30 - 34	3		1	0:06:17	1:18:01.96
20	828	JUSTIN	RUBAL	OLD FORGE	PA	30	M	30 - 34	18		2	0:08:02	1:39:45.18
25	791	JOSH	HADEN	HAZLETON	PA	34	M	30 - 34	22		3	0:08:15	1:42:33.65
38	850	ZACHARY	RITZ	OREFIELD	PA	31	M	30 - 34	31		4	0:08:47	1:49:10.09
78	778	THOMAS	DANDO	ASHLAND	PA	31	M	30 - 34	46		5	0:11:46	2:26:10.95
14	792	CHRISTAL	ZERMANE	AVOCA	PA	36	F	35 - 39	2		1	0:07:40	1:35:12.22
34	854	RACHEL	LABORANTI	SCOTT TWP.	PA	35	F	35 - 39	7		2	0:08:35	1:46:34.24
44	758	WENDY	ORESICK	MOUNTAIN TOP	PA	37	F	35 - 39	12		3	0:08:59	1:51:38.85
50	806	HEATHER	KUFFA	BOILING SPRINGS	PA	38	F	35 - 39	16		4	0:09:15	1:54:55.45
53	804	JEN	GREGORIS	CARLISLE	PA	38	F	35 - 39	19		5	0:09:18	1:55:34.32
54	786	KAREN	MOSKEL	KINGSTON	PA	37	F	35 - 39	20		6	0:09:18	1:55:35.14
74	781	NICOLE	SURRICCHIO	PHOENIXVILLE	PA	37	F	35 - 39	30		7	0:10:59	2:16:28.95
8	837	DAVID	RIOS	NEW YORK CITY	NY	38	M	35 - 39	8		1	0:07:21	1:31:18.27
19	774	MIKE	DUTROW	HANOVER TWP	PA	39	M	35 - 39	17		2	0:08:00	1:39:21.72
73	783	PAUL	JENCELESKI	NANTICOKE	PA	37	M	35 - 39	44		3	0:10:47	2:13:58.71
23	848	MELISSA	OBMANN	MOUNTAIN TOP	PA	42	F	40 - 44	3		1	0:08:08	1:41:03.54
27	811	MEGAN	HOREIS	PECKVILLE	PA	42	F	40 - 44	4		2	0:08:23	1:44:14.29

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31	805	JESSICA	JOSEPH	DALLAS	PA	41	F	40 - 44	5		3	0:08:29	1:45:21.40
46	831	JILL	CASARELLA	WHITE HAVEN	PA	41	F	40 - 44	14		4	0:09:14	1:54:39.33
58	765	THERESA	STOOK	MOUNTAIN TOP	PA	42	F	40 - 44	22		5	0:09:31	1:58:12.19
79	847	MARIA	HALL	WILKES-BARRE	PA	43	F	40 - 44	33		6	0:12:01	2:29:15.48
10	807	WILL	CRAFT	LAKE ARIEL	PA	44	M	40 - 44	10		1	0:07:23	1:31:49.17
15	851	JAMES	ALBERT	PITTSTON	PA	44	M	40 - 44	13		2	0:07:43	1:35:49.60
35	832	CHRIS	ROBERTS	TRUCKSVILLE	PA	41	M	40 - 44	28		3	0:08:37	1:47:02.87
32	818	DEANA	MANZONI	DALLAS	PA	47	F	45 - 49	6		1	0:08:31	1:45:51.03
40	839	SHERRY	HARVEY	JERMYN	PA	45	F	45 - 49	8		2	0:08:52	1:50:09.96
41	817	DONNA	MAY	SWOYERSVILLE	PA	48	F	45 - 49	9		3	0:08:55	1:50:52.48
42	853	WENDY	FISK	DALLAS	PA	49	F	45 - 49	10		4	0:08:55	1:50:53.51
65	810	TRACI	STRUNGIS	MOUNTAIN TOP	PA	46	F	45 - 49	26		5	0:09:59	2:04:01.86
75	812	STACEY	WILLIAMS	JESSUP	PA	45	F	45 - 49	31		6	0:11:08	2:18:21.14
80	784	WENDY	MACARRO	HELLERTOWN	PA	45	F	45 - 49	34		7	0:13:08	2:43:15.84
81	785	NICKI	MEYER	BETHLEHEM	PA	46	F	45 - 49	35		8	0:13:08	2:43:16.14
86	798	DANIELLE	BIANCHI	PECKVILLE	PA	46	F	45 - 49	36		9	0:14:39	3:01:59.17
5	845	JOE	DRUMSTA	SCRANTON	PA	47	M	45 - 49	5		1	0:07:01	1:27:12.32
7	825	RYAN	ANDREWS	TUNKHANNOCK	PA	48	M	45 - 49	7		2	0:07:18	1:30:42.90
9	838	DANIEL	ROSA	WEST PITTSTON	PA	45	M	45 - 49	9		3	0:07:23	1:31:39.99
22	858	RON	LOZOWSKI	WARREN GLEN	PA	46	M	45 - 49	20		4	0:08:08	1:40:58.48
26	759	JOE	DECKER	DICKSON CITY	PA	45	M	45 - 49	23		5	0:08:20	1:43:37.62
33	794	THOMAS	DAVIS	COALDALE	PA	46	M	45 - 49	27		6	0:08:32	1:46:07.99
59	829	JOHN	PERRY	SCRANTON	PA	47	M	45 - 49	37		7	0:09:31	1:58:15.18
85	766	DANIEL	LYNN	MIFFLINVILLE	PA	48	M	45 - 49	50		8	0:13:40	2:49:56.59
43	833	ANNET	KAMINSKI	TRUCKSVILLE	PA	52	F	50 - 54	11		1	0:08:58	1:51:26.48
2	857	PAUL	LEONARD	SCRANTON	PA	53	M	50 - 54	2		1	0:06:15	1:17:37.04
11	777	STEVE	BOUCHER	ZION GROVE	PA	54	M	50 - 54	11		2	0:07:25	1:32:15.73
24	763	DONALD	HART	WILKES-BARRE	PA	51	M	50 - 54	21		3	0:08:08	1:41:04.36
30	769	GEORGE	BURGER	MOUNTAIN TOP	PA	51	M	50 - 54	26		4	0:08:24	1:44:24.02
39	797	STEPHEN	FENSKE	WYOMING	PA	52	M	50 - 54	32		5	0:08:49	1:49:29.39

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48	773	RICHARD	HUGHES	MOUNTAIN TOP	PA	54	M	50 - 54	33		6	0:09:14	1:54:45.09
49	780	JACK	LEE	MOUNTAIN TOP	PA	53	M	50 - 54	34		7	0:09:14	1:54:45.34
56	841	FRANK	SWAHA JR	SCRANTON	PA	51	M	50 - 54	36		8	0:09:26	1:57:15.57
68	824	Laurie	CHIUMENTO	PLAINS	PA	56	F	55 - 59	28		1	0:10:06	2:05:36.98
4	844	TONY	KORCH	NANTICOKE	PA	55	M	55 - 59	4		1	0:06:38	1:22:21.46
16	788	BOB	WARNAGIRIS	HUNLOCK CREEK	PA	56	M	55 - 59	14		2	0:07:44	1:36:03.03
18	855	JEFF	BARAN	BEAR CREEK TWP.	PA	55	M	55 - 59	16		3	0:07:57	1:38:43.43
37	789	BILL	ELLSWORTH	EDWARDSVILLE	PA	56	M	55 - 59	30		4	0:08:40	1:47:45.93
63	834	HENRY	WOLFE	WILKES-BARRE	PA	56	M	55 - 59	39		5	0:09:52	2:02:32.02
67	809	JOE	STANITIS	PLYMOUTH	PA	59	M	55 - 59	40		6	0:10:06	2:05:35.59
70	776	ED	ZULKOSKI	MOUNTAIN TOP	PA	58	M	55 - 59	42		7	0:10:19	2:08:15.30
72	819	PAUL	HARRINGTON	SCRANTON	PA	57	M	55 - 59	43		8	0:10:43	2:13:15.85
84	835	CHIP	TAYLOR	SCRANTON	PA	56	M	55 - 59	49		9	0:13:28	2:47:19.50
6	843	WILLIAM	COOK	SCRANTON	PA	61	M	60 - 64	6		1	0:07:02	1:27:28.26
12	814	DAVE	MITCHELL	BLOOMSBURG	PA	61	M	60 - 64	12		2	0:07:35	1:34:10.68
17	813	JOE	WALSH	LAKE ARIEL	PA	61	M	60 - 64	15		3	0:07:52	1:37:41.31
29	802	LEO	TURISSINI	SCOTT TWP,	PA	63	M	60 - 64	25		4	0:08:24	1:44:22.48
76	764	DAVID	COHEN	CRESCO	PA	60	M	60 - 64	45		5	0:11:29	2:22:43.76
82	830	DENNIS	WOLFE	WILLIAMSPORT	PA	63	M	60 - 64	47		6	0:13:18	2:45:17.60
47	787	BEV	TOMASAK	EDWARDSVILLE	PA	63	F	60 & over	15		1	0:09:14	1:54:40.78
51	801	PATTI	TURISSINI	SCOTT TWP.	PA	63	F	60 & over	17		2	0:09:17	1:55:18.74
52	799	JOYCE	FOSTER	DALLAS	PA	60	F	60 & over	18		3	0:09:18	1:55:30.09
62	856	DEBBIE	ALUNNI	JESSUP	PA	64	F	60 & over	24		4	0:09:50	2:02:06.47
71	815	PATTY	PHILLIPS	HANOVER TWP	PA	60	F	60 & over	29		5	0:10:38	2:12:05.90
28	800	TONY	CERMINARO	JERMYN	PA	79	M	65 & over	24		1	0:08:24	1:44:22.25
36	790	RON	RAWLS	MOUNTAIN TOP	PA	66	M	65 & over	29		2	0:08:38	1:47:23.07
69	768	GEORGE	NICHOLLS	MOUNTAIN TOP	PA	68	M	65 & over	41		3	0:10:19	2:08:14.59