

# 2016 CVCC Cru Run of the Mill 5K

## Age Group Results

April 09, 2016

Results By Finish Line Pros, Morganton, NC

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## 5K

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### Female Open Winners

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Sarah Faith McAllister	Catawba NC	76	14	2	22:41.8	7:18/M

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### Male Open Winners

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Eric Gilbert	Hildebran NC	73	19	1	20:17.0	6:31/M

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### Female, Age Unknown

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Sydney Triplett	Hudson NC	62	0	33	37:46.0	12:09/M

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### Female 10 and under

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Lily Brown	Conover NC	8	10	18	30:09.6	9:42/M
2	Jenna Harrill	Maiden NC	30	10	20	31:14.0	10:03/M
3	Rachel Anderson	Maiden NC	1	9	21	31:52.4	10:15/M
4	Ciara Davidson	Catawba NC	18	10	27	34:33.8	11:07/M
5	Emily Lancaster	Claremont NC	41	10	30	35:56.8	11:33/M
6	Stephania Antonio-Escobar	Newton NC	2	8	34	37:53.1	12:11/M
7	Abbie White	Newton NC	64	7	45	45:10.1	14:31/M

8	Grace Watkins	Newton NC	63	10	53	50:17.5	16:10/M
9	Malorie Farlee	Maiden NC	20	7	54	50:29.7	16:14/M
10	Audrey Simmons	Catawba NC	50	8	60	54:18.5	17:28/M
11	Kylie Simmons	Catawba NC	55	6	61	54:25.2	17:30/M
12	Anna Bechtol		83	5	75	1:26:08.0	27:42/M

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## Male 10 and under

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Owen Little	Newton NC	68	8	6	26:00.2	8:22/M
2	Christopher Guernsey	Newton NC	28	10	7	26:10.4	8:25/M
3	Aiden Dellinger	NC	79	9	9	26:34.3	8:33/M
4	Jacob Dellinger	NC	78	10	16	29:01.5	9:20/M
5	Addon Ikerd	Newton NC	33	10	17	29:03.7	9:20/M
6	Isaac Carroll	Newton NC	10	8	26	34:10.5	10:59/M
7	Gavyn Keener	Maiden NC	36	8	47	46:08.9	14:50/M
8	Gareth Simmons	Catawba NC	52	9	52	48:40.0	15:39/M
9	Will Bechtol		71	8	73	1:24:20.0	27:07/M

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## Female 11 to 15

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Hope Clements	Newton NC	13	13	14	28:47.0	9:15/M
2	Ashley Keener	Maiden NC	5	12	24	33:06.6	10:39/M
3	Skyla Moose		77	11	50	47:08.2	15:09/M
4	Cecilia Simmons	Catawba NC	51	12	63	55:44.9	17:55/M

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## Male 11 to 15

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	David Birkhofer Jr	Catawba NC	7	12	3	23:06.2	7:26/M
2	Jacob Clements	Newton NC	14	13	5	25:40.2	8:15/M
3	Joshua Clements	Newton NC	15	13	8	26:17.4	8:27/M
4	Mark Manno	Sherrills Ford NC	42	11	23	33:02.3	10:37/M
5	Matthew Gilbert	Taylorsville NC	24	13	39	39:47.0	12:48/M
6	Noah Ikerd	Newton NC	34	11	51	48:21.6	15:33/M

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## Female 20 to 29

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Tia Evans	Gastonia NC	19	27	56	51:29.8	16:33/M
2	Sarai Fleming	Morganton NC	21	23	70	1:08:28.8	22:01/M

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## Male 20 to 29

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Adam Fredell	Sherrills Ford NC	22	22	32	37:45.8	12:08/M

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## Female 30 to 39

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Shelly Spurlin	Catawba NC	59	36	15	28:48.4	9:16/M
2	Misti Richardson	Maiden NC	48	36	35	37:53.2	12:11/M
3	Melissa King	Valdese NC	38	36	36	38:39.6	12:26/M
4	Ashley Barger	Maiden NC	4	32	48	46:09.2	14:50/M
5	Bailey Woody	Maiden NC	66	35	55	50:29.8	16:14/M
6	Jennifer Griffin	Newton NC	27	34	57	51:48.9	16:39/M
7	Lee Simmons	Greensboro NC	57	37	62	55:44.7	17:55/M
8	Jennifer Archer	Conover NC	3	37	65	58:51.8	18:55/M
9	Iris Laboy	Conover NC	39	33	66	58:51.9	18:55/M

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## Male 30 to 39

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Joshua Simmons	Greensboro NC	53	37	25	33:38.8	10:49/M
2	Sean Simmons	Marion NC	58	34	31	37:09.6	11:57/M
3	Danny Lancaster	Claremont NC	40	39	44	44:04.3	14:10/M
4	Jason Keener	Maiden NC	37	36	49	46:41.1	15:01/M
5	Jonathan Griffin		84	32	58	51:50.6	16:40/M

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## Female 40 to 49

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Deborah Huffman	Hickory NC	32	47	13	28:41.2	9:13/M
2	Ruth Pershing	Morganton NC	46	42	22	32:24.3	10:25/M
3	Julie Carroll	Newton NC	11	41	28	34:42.4	11:09/M
4	Kimberly Holman	Lincolnton NC	31	49	41	41:26.8	13:19/M
5	Brice Melton	Hickory NC	44	44	59	53:08.6	17:05/M
6	Deatra Harbison	Morganton NC	29	48	69	1:07:49.3	21:48/M
7	Tonya Stephens	Valdese NC	60	44	74	1:24:42.0	27:14/M

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## Male 40 to 49

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	John Setzler	Valdese NC	49	48	10	26:46.3	8:36/M

2 Johnathan Gilbert Taylorsville NC 23 40 40 39:47.1 12:48/M

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## Female 50 to 59

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Karen Keeley	Catawba NC	35	51	12	28:22.7	9:07/M
2	Nancy Thomas	Valdese NC	61	57	29	35:22.3	11:22/M

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## Male 50 to 59

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Stanly Stewart	Catawba NC	75	59	4	23:16.7	7:29/M
2	Allen Bumgarner	Claremont NC	74	51	11	28:18.8	9:06/M
3	Michael Carroll	Newton NC	12	52	37	38:55.9	12:31/M
4	Paul Woodrum	Conover NC	65	59	38	39:35.0	12:44/M
5	Bo Glenn	Newton NC	25	54	42	41:26.9	13:19/M
6	Jeff Bays	Newton NC	6	50	46	45:11.1	14:32/M

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## Female 60 to 69

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Beth Wooten	Hickory NC	67	66	64	58:17.3	18:44/M
2	Lecia Simmons	Catawba NC	56	63	68	1:00:30.3	19:27/M
3	Arlene Neal		81	63	71	1:09:05.1	22:13/M
4	Kay Gregory	Granite Falls NC	26	65	72	1:09:05.3	22:13/M

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## Male 60 to 69

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Robert Money	Statesville NC	45	63	19	30:48.4	9:54/M
2	Edward (bud) Pierce	Hickory NC	69	64	43	41:29.8	13:20/M
3	Ken Simmons	Catawba NC	54	67	67	1:00:24.2	19:25/M

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