

2013 White Lake Spring International

Overall Women

White Lake, NC 5/04/2013 08:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	10	F	29	OF	Mary Robbins	Durham NC	1	00:25:14	6	00:01:55	1	01:13:11	6	00:01:13	8	00:47:00		02:28:32	
2	386	F	41	MF	Jeanna Chain	Wake Forest NC	7	00:28:22	8	00:02:09	2	01:14:48	1	00:00:55	5	00:44:34		02:30:46	
3	17	F	38	OF	Kari Mayhew	Morrisville NC	10	00:28:49	2	00:01:43	3	01:16:43	19	00:01:26	3	00:44:26		02:33:05	
4	12	F	37	OF	Jordan McAmmond	Jamestown NC	2	00:25:49	16	00:02:29	4	01:18:51	15	00:01:21	6	00:46:23		02:34:50	
5	7	F	36	OF	Carrie Andrews	Matthews NC	5	00:26:57	3	00:01:43	10	01:22:42	3	00:01:08	7	00:46:58		02:39:26	
6	276	F	40		Alison Klaitman	Chapel Hill NC	20	00:30:42	29	00:02:56	20	01:25:28	29	00:01:35	1	00:41:05		02:41:45	
7	182	F	49		Susan Varga	Greensboro NC	19	00:30:17	22	00:02:47	14	01:23:56	2	00:01:07	4	00:44:30		02:42:35	
8	211	F	43		Amy Cocanour	Sneads Ferry NC	15	00:30:04	5	00:01:53	7	01:21:35	12	00:01:21	17	00:49:03		02:43:54	
9	11	F	47	MF	Nasrin Azari	Cary NC	13	00:29:33	4	00:01:53	11	01:22:45	31	00:01:35	10	00:48:11		02:43:56	
10	358	F	47		Karen Kemerait	Raleigh NC	8	00:28:31	10	00:02:18	12	01:23:07	46	00:01:52	15	00:48:37	00:02:00	02:46:25	
11	333	F	37		Robin Petruzzi	Lexington NC	4	00:26:37	34	00:03:04	25	01:26:38	22	00:01:28	24	00:50:36		02:48:21	
12	75	F	30		Meghan Reed	Swansboro NC	6	00:27:19	28	00:02:56	34	01:28:43	20	00:01:27	14	00:48:30		02:48:54	
13	309	F	37		Braden Walsh	Pittsboro NC	17	00:30:13	17	00:02:33	21	01:25:29	11	00:01:18	22	00:50:10		02:49:41	
14	18	F	41	MF	Wendy Just	Cary NC	33	00:34:43	9	00:02:14	9	01:22:41	14	00:01:21	20	00:49:19		02:50:16	
15	152	F	28		Chelsea Bushman	Chesterfield VA	52	00:39:20	1	00:01:34	5	01:19:25	35	00:01:38	12	00:48:24		02:50:17	
16	370	F	41		Debbie Roberson	Clayton NC	47	00:38:20	23	00:02:47	6	01:21:00	23	00:01:28	18	00:49:06		02:52:40	
17	153	F	34		Libby Talley	Cary NC	26	00:33:38	11	00:02:19	19	01:25:25	26	00:01:33	23	00:50:33		02:53:27	
18	274	F	37		Frances Atkins	Wilmington NC	34	00:34:47	15	00:02:29	35	01:28:52	13	00:01:21	9	00:47:48		02:55:15	
19	335	F	37		Lindsey Halter	Fayetteville NC	64	00:42:02	25	00:02:53	16	01:24:54	79	00:02:37	2	00:43:03		02:55:28	
20	343	F	41		Bridget Frey	Holly Springs NC	16	00:30:07	40	00:03:16	30	01:27:14	65	00:02:14	31	00:52:50		02:55:40	
21	246	F	45		Cary Maycock	Greensboro NC	14	00:29:53	51	00:03:25	33	01:28:13	7	00:01:15	32	00:52:59		02:55:43	
22	56	F	43		Amanda Sommer	Elon NC	37	00:35:39	48	00:03:24	27	01:26:42	40	00:01:45	16	00:48:49		02:56:17	

23	245	F	43	Heather Hageman	Charlotte NC	9	00:28:49	43	00:03:21	38	01:29:41	41	00:01:47	44	00:54:34	02:58:10	
24	67	F	31	Kari Obermeyer	Durham NC	30	00:34:04	13	00:02:25	22	01:25:46	37	00:01:42	42	00:54:27	02:58:22	
25	304	F	46	Kimberly Jones	Raleigh NC	40	00:36:24	53	00:03:29	26	01:26:40	70	00:02:23	21	00:49:59	02:58:53	
26	334	F	39	Kerry Burleigh	Durham NC	3	00:26:29	52	00:03:25	55	01:33:41	18	00:01:25	28	00:52:07	00:02:00	02:59:05
27	292	F	34	Naomi Gallagher	Southern Pines NC	46	00:38:18	18	00:02:34	15	01:24:10	4	00:01:08	36	00:53:13	02:59:22	
28	247	F	41	A	Kirsten Morin	Granite Falls NC	29	00:33:58	44	00:03:21	13	01:23:36	32	00:01:36	57	00:57:42	03:00:11
29	72	F	42	Kristen Sheldon	Charlotte NC	23	00:33:14	12	00:02:24	48	01:31:19	8	00:01:15	34	00:53:07	03:01:18	
30	80	F	28	Carrie Mitran	Apex NC	42	00:36:53	65	00:04:03	24	01:26:33	27	00:01:34	29	00:52:25	03:01:26	
31	156	F	42	Julie Worden	Cary NC	57	00:40:00	27	00:02:56	46	01:30:34	50	00:01:56	11	00:48:18	03:03:42	
32	166	F	35	Carolyn Wells	Morehead City NC	31	00:34:29	58	00:03:48	45	01:30:34	36	00:01:38	40	00:53:49	03:04:16	
33	282	F	31	Carissa Van Alstine	Wilmington NC	48	00:38:28	41	00:03:17	37	01:29:31	21	00:01:27	25	00:51:36	03:04:17	
34	391	F	39	Michelle Bingley	Angier NC	60	00:40:15	39	00:03:16	31	01:27:30	30	00:01:35	27	00:52:06	03:04:40	
35	240	F	33	Nicole Ward	Mooresville NC	35	00:35:36	60	00:03:48	40	01:29:57	45	00:01:52	39	00:53:46	03:04:57	
36	149	F	43	Michele Palma	Raleigh NC	32	00:34:30	54	00:03:33	32	01:27:49	38	00:01:43	59	00:57:50	03:05:24	
37	237	F	33	Chantelle Ferland	Daniel Island SC	58	00:40:08	80	00:04:35	43	01:30:21	24	00:01:30	19	00:49:12	03:05:44	
38	144	F	39	Maggie Wells	Cary NC	38	00:36:12	74	00:04:21	18	01:25:22	47	00:01:52	64	00:58:22	03:06:07	
39	50	F	47	Laura Gellman	Charlotte NC	70	00:43:43	87	00:05:02	17	01:25:07	28	00:01:34	30	00:52:33	03:07:57	
40	189	F	34	Shannon Goyda	Greensboro NC	59	00:40:10	14	00:02:28	28	01:26:48	83	00:02:43	51	00:56:45	03:08:51	
41	314	F	31	Kelli McDowell	Trinity NC	62	00:41:00	21	00:02:46	8	01:22:21	102	00:05:10	61	00:58:00	03:09:15	
42	84	F	60	Nancy Pierce	Charlotte NC	61	00:40:54	50	00:03:24	29	01:27:02	17	00:01:24	58	00:57:44	03:10:27	
43	123	F	39	Dana Bahr-Deibert	Holly Springs NC	54	00:39:47	24	00:02:51	39	01:29:41	10	00:01:17	52	00:57:00	03:10:35	
44	307	F	36	Lindsee McPhail	Morrisville NC	79	00:46:23	47	00:03:23	47	01:30:59	48	00:01:55	13	00:48:28	03:11:06	
45	289	F	25	Kaci Wright	Raleigh NC	36	00:35:38	37	00:03:11	49	01:32:07	44	00:01:50	65	00:58:22	03:11:07	
46	352	F	32	Michelle Goessens	Wilmington NC	22	00:33:08	19	00:02:43	70	01:39:25	42	00:01:48	43	00:54:30	03:11:32	
47	21	F	52	Marsha Clark	Pinehurst NC	88	00:48:07	20	00:02:46	23	01:26:13	33	00:01:36	37	00:53:23	03:12:03	
48	340	F	37	Anjana Wills	Cary NC	50	00:38:50	88	00:05:09	41	01:30:07	78	00:02:37	48	00:55:42	03:12:22	
49	88	F	41	Betsy Weinberg	Wilmington NC	27	00:33:40	45	00:03:21	65	01:38:11	25	00:01:33	49	00:55:44	03:12:27	
50	239	F	47	Janice Hirsch	Wake Forest NC											03:13:14	
51	196	F	26	Lisa Kretchman	Cary NC	28	00:33:44	77	00:04:28	63	01:37:07	88	00:03:07	46	00:54:54	03:13:18	
52	70	F	54	Cecilia Redding	Raleigh NC	53	00:39:32	76	00:04:28	36	01:29:03	39	00:01:44	74	01:00:00	03:14:46	
53	366	F	42	Amy Robinson	Cary NC	43	00:37:53	49	00:03:24	51	01:32:19	52	00:01:58	73	00:59:37	03:15:09	

54	131	F	37	Cordelia Scott	Apex NC	72	00:44:02	90	00:05:39	42	01:30:09	94	00:03:31	26	00:51:53	03:15:12	
55	26	F	44	Tracy Lempke	Jacksonville NC	76	00:45:28	68	00:04:10	44	01:30:24	67	00:02:16	38	00:53:25	03:15:40	
56	139	F	40	Kelty McRae	Charlotte NC	21	00:32:42	69	00:04:10	66	01:38:15	66	00:02:14	67	00:58:42	03:16:02	
57	117	F	50	Helen Dunklin	Charlotte NC	24	00:33:17	56	00:03:37	64	01:37:50	61	00:02:07	72	00:59:13	03:16:03	
58	349	F	40	Mandy Midgett	Aberdeen NC	41	00:36:45	7	00:02:07	50	01:32:11	53	00:02:01	80	01:03:45	03:16:47	
59	132	F	39	Cara Heath	Charlotte NC	39	00:36:21	79	00:04:33	61	01:36:32	64	00:02:13	70	00:59:01	03:18:38	
60	202	F	39	Christy Kunkle	Charlotte NC	12	00:29:26	46	00:03:22	56	01:34:54	75	00:02:29	92	01:08:43	03:18:52	
61	146	F	32	Wendy Neisler	Charlotte NC	25	00:33:31	81	00:04:38	60	01:36:00	90	00:03:14	79	01:02:42	03:20:04	
62	298	F	43	Katheryn Uveges	Wake Forest NC	65	00:42:09	63	00:03:55	52	01:32:31	49	00:01:55	66	00:58:33	00:02:00	03:21:02
63	163	F	16	Laura Naylor	Chapel Hill NC	18	00:30:13	93	00:06:20	82	01:45:11	89	00:03:13	54	00:57:22	03:22:17	
64	114	F	44	Sonia Grego	Durham NC	45	00:38:02	42	00:03:18	57	01:35:27	54	00:02:02	85	01:05:01	03:23:49	
65	130	F	42	Ashley Harris	Raleigh NC	66	00:42:10	66	00:04:04	62	01:37:02	91	00:03:17	55	00:57:29	03:23:59	
66	176	F	43	A	Jennifer Harriss	Greensboro NC	55	00:39:51	92	00:06:14	54	01:33:30	92	00:03:20	78	01:01:31	03:24:23
67	337	F	34	Tina Avery	Dunn NC	74	00:44:22	36	00:03:11	68	01:39:07	62	00:02:09	62	00:58:08	03:26:55	
68	35	F	26	Becky Edman	Raleigh NC	69	00:43:26	75	00:04:24	76	01:43:10	59	00:02:03	47	00:55:08	03:28:09	
69	215	F	38	Christine Kjellberg	Apex NC	44	00:38:01	67	00:04:05	80	01:44:42	77	00:02:36	68	00:58:48	03:28:11	
70	300	F	34	A	Ellie Norton	Cornelius NC	56	00:39:54	57	00:03:42	53	01:33:06	73	00:02:25	94	01:09:33	03:28:39
71	118	F	46	Sarah Brandon	Charlotte NC	87	00:47:47	35	00:03:11	73	01:41:35	58	00:02:03	45	00:54:46	03:29:19	
72	136	F	44	Meredith Merrill	Wilmington NC	49	00:38:39	61	00:03:53	83	01:45:35	71	00:02:23	71	00:59:09	03:29:37	
73	177	F	48	Elizabeth Tomlin	Greensboro NC	73	00:44:15	89	00:05:27	69	01:39:23	93	00:03:22	53	00:57:17	03:29:43	
74	381	F	31	NF	Kathryn Salisbury	Winston-Salem NC	84	00:47:07	30	00:02:57	71	01:40:55	56	00:02:03	60	00:57:59	03:30:58
75	353	F	46	Lisa Martin	Wake Forest NC	11	00:29:10	71	00:04:18	103	02:02:27	74	00:02:27	41	00:54:17	03:32:38	
76	188	F	39	Mandy Studebaker	Tarboro NC	67	00:42:30	86	00:05:00	78	01:44:19	96	00:03:44	56	00:57:40	03:33:11	
77	344	F	38	Jennifer Cassada	Raleigh NC	78	00:46:17	83	00:04:53	81	01:44:47	86	00:02:55	50	00:56:04	03:34:55	
78	137	F	36	Carrie Coulson	Charlotte NC	81	00:47:01	59	00:03:48	79	01:44:37	69	00:02:17	63	00:58:12	03:35:53	
79	400	F	45	Tonya Jonkheer	Wilmington NC	77	00:45:50	82	00:04:40	58	01:35:34	87	00:03:01	88	01:07:48	03:36:52	
80	6	F	51	MF	Dina Jorgensen	Chesapeake VA	80	00:46:57	78	00:04:31	59	01:35:38	68	00:02:16	90	01:08:07	03:37:26
81	151	F	61	Judy Chandler	Durham NC	51	00:39:15	70	00:04:11	92	01:53:55	63	00:02:10	76	01:00:34	03:40:02	
82	235	F	41	Kim Nimmer	Willow Springs NC	90	00:51:23	103	00:10:46	74	01:42:03	100	00:04:46	33	00:53:01	03:41:58	
83	107	F	33	Alisha Murray	Wilmington NC	85	00:47:26	62	00:03:54	75	01:43:02	72	00:02:24	86	01:05:34	03:42:18	
84	40	F	42	Maria Fister	Apex NC	75	00:44:42	33	00:03:02	88	01:50:31	34	00:01:37	82	01:04:00	03:43:50	

85	259	F	43		Stacey Ingram	Southern Pines NC	86	00:47:38	31	00:03:00	87	01:49:39	80	00:02:38	77	01:01:21	03:44:13	
86	364	F	38	A	Stephanie Renegar	Oak Island NC	94	00:55:48	64	00:04:01	67	01:38:26	43	00:01:49	87	01:06:52	03:46:55	
87	393	F	30		Virginia Drake	Wilmington NC	93	00:55:46	101	00:07:41	72	01:41:35	55	00:02:03	81	01:03:55	03:50:58	
88	71	F	57		Joanne Bagby	Leland NC	83	00:47:05	73	00:04:21	100	01:59:55	16	00:01:22	69	00:58:53	03:51:33	
89	73	F	41		Megan Landers	Charlotte NC	95	00:56:10	97	00:06:35	77	01:43:30	57	00:02:03	83	01:04:33	03:52:50	
90	162	F	48		Patti Naylor	Chapel Hill NC	68	00:42:50	100	00:06:54	85	01:49:16	101	00:05:03	93	01:09:16	03:53:17	
91	36	F	29		Allison Mistler	Raeford NC	89	00:49:27	84	00:04:54	93	01:55:07	95	00:03:41	84	01:04:36	03:57:43	
92	134	F	57		Viki Hill	Beaufort SC	71	00:43:59	32	00:03:02	96	01:55:39	51	00:01:58	98	01:13:10	03:57:46	
93	320	F	37	A	Christine Hughes	Wilmington NC	63	00:41:33	38	00:03:12	86	01:49:18	98	00:04:02	103	01:23:08	04:01:12	
94	380	F	25		Lauren Kulp	Raleigh NC	82	00:47:03	55	00:03:37	102	02:02:19	60	00:02:05	89	01:08:00	04:03:02	
95	339	F	34		Julie Joyner	Fredericksburg VA	100	00:59:11	26	00:02:54	84	01:48:01	76	00:02:32	97	01:11:30	04:04:06	
96	357	F	23		Katie Stocks	Fayetteville NC	103	01:08:52	96	00:06:31	94	01:55:14	81	00:02:42	35	00:53:11	04:06:28	
97	209	F	41	ZF	Joanna Perry	Raleigh NC	92	00:52:24	94	00:06:24	101	02:00:48	84	00:02:45	96	01:10:43	04:13:02	
98	100	F	33		Diane Mogard	Clifton VA	98	00:58:20	102	00:09:50	95	01:55:19	103	00:07:35	75	01:00:09	00:02:00	04:13:11
99	190	F	43		Ann Camden	Raleigh NC	101	01:03:49	95	00:06:27	90	01:52:49	82	00:02:42	91	01:08:27	00:02:00	04:16:11
100	98	F	48		Susan Little	Wendell NC	97	00:57:32	91	00:05:41	89	01:50:36	99	00:04:41	99	01:18:33	04:17:01	
101	127	F	37		Nataliya Yatsenko	Cary NC	91	00:52:09	72	00:04:20	99	01:59:43	5	00:01:11	102	01:22:12	04:19:33	
102	327	F	50		Suzanne Lever	Cary NC	102	01:06:46	99	00:06:47	91	01:53:01	85	00:02:51	95	01:10:40	04:20:04	
103	119	F	43		Christine Vayo	Wilmington NC	99	00:58:27	85	00:04:57	97	01:58:50	9	00:01:16	101	01:22:02	04:25:31	
104	79	F	41		Jenny Bozman	Chesapeake VA	96	00:56:45	98	00:06:47	98	01:59:21	97	00:03:50	100	01:20:35	04:27:16	

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