

Up and Running 4th of July 5K 2012
Age Group Results
July 04, 2012

Female Open Winners

Place	Name	Age	Overall	Total Time
1	Ashley Anderson	27	22	19:35.6
2	Lee Ann Westman	46	38	21:43.8
3	Adriana Osornio	34	39	21:45.8

Female 9 and under

Place	Name	Age	Overall	Total Time
1	ella goeldner	6	344	43:39.3

Female 10 to 14

Place	Name	Age	Overall	Total Time
1	Hunter Wancho	13	243	31:18.6
2	celia escobar	11	271	33:36.4
3	diamante valero-corbett	10	281	34:27.1
4	erica sianez	14	298	35:28.5
5	Genesis Carrasco	13	333	42:25.1
6	ally sianez	10	346	43:52.5

Female 15 to 19

Place	Name	Age	Overall	Total Time
1	Kimberly Rivera	16	56	22:33.8
2	lilly valdespino	17	66	23:13.2
3	lindsey whiting	17	79	23:54.7
4	Karla Mendoza	15	112	25:15.3
5	cecilia weddell	19	189	29:02.9
6	Madeleine Westman	16	239	31:05.9
7	Kate Lippincott	15	253	32:04.2
8	amanda sianez	19	296	35:24.5
9	Samantha Smith	15	358	47:14.2

Female 20 to 29

Place	Name	Age	Overall	Total Time
1	becky downey	26	55	22:29.2
2	Caitlin McCormick	28	61	23:02.5
3	Brittany Bradford	24	68	23:17.3
4	Chelsea Kendrick	28	75	23:36.5
5	Clare Barton	25	95	24:28.6
6	Melody Wright	22	96	24:29.9
7	Allison Mitchell	28	106	24:58.1
8	ASHLEY KONRARDY	22	107	24:58.6
9	Leslie Jameson Douglas	27	110	25:06.1

10	Brianna Lopez	23	122	25:37.9
11	Jessica Lavoie	27	123	25:39.3
12	Courtney Sloat	27	132	26:00.8
13	Jessica Gonzales	25	133	26:02.3
14	Rene Headley	27	148	27:02.8
15	Cristina Almeida	27	154	27:14.6
16	Elizabeth Wilcoxon	26	161	27:33.3
17	Lisa Zuri	25	162	27:34.3
18	Jennifer Engel	26	175	28:11.8
19	jamie atkinson	25	179	28:18.9
20	Laura Guerra	22	194	29:13.2
21	Elizabeth Kussulke	28	197	29:18.7
22	priscilla pina	23	206	29:44.3
23	Nisha Ludwig	29	207	29:45.6
24	Brianna Hulsey	20	210	29:52.3
25	julie montero	23	213	30:02.6
26	Christine Gallardo	24	218	30:17.0
27	Jessica Melendez-Carrillo	29	221	30:21.9
28	Rachel Murphy	20	222	30:23.1
29	Amorette Benavides	26	229	30:41.9
30	Nicole Aguirre	24	230	30:48.8
31	nina beltran	20	231	30:51.1
32	Jessica Avila	28	233	30:55.4
33	Crystal Torres	29	236	31:01.4
34	Luz Trevizo	23	248	31:43.8
35	priscilla lopez	29	251	31:54.1
36	Cynthia Guerrero	28	254	32:06.4
37	Esther Loera	27	259	32:27.1
38	SELINA TOLONEN	28	260	32:48.5
39	Maritza Nino	22	270	33:35.7
40	ashley benisatto	28	283	34:33.9
41	Erica Herrera	24	284	34:34.5
42	fania montoya	28	291	35:11.1
43	Stephanie Espinosa	27	297	35:25.0
44	Sylvia Ortega	29	303	36:09.4
45	Ashley Petry	27	305	36:11.2
46	Michelle Hoey	20	310	36:25.5
47	Alba Carrillo	24	312	36:33.4
48	Jessica Campbell	24	317	37:46.0
49	Dutchess Wilson	23	320	38:23.9
50	Alma Corona	29	324	40:28.1
51	Andrea Salcedo	24	325	40:28.5
52	Dawn Griffin	29	328	40:42.2
53	analina benavides	23	332	42:06.2
54	Naomi Alvarado	27	334	42:28.4
55	jenn smith	22	339	43:00.7
56	Paula Sanchez	29	362	50:01.1

Female 30 to 39

Place	Name	Age	Overall	Total Time
1	constance wannamaker	39	62	23:03.6

2	Kirsten Glodava	37	72	23:29.6
3	Michelle Gilbert	38	85	24:05.0
4	Angela Martinez	34	121	25:32.9
5	julie worthington	32	135	26:17.0
6	Sandra Olivas	38	138	26:21.3
7	carmen contreras	36	140	26:23.1
8	Lillian J. Molia-Rosado	31	141	26:33.8
9	rita chasco	36	153	27:13.4
10	Kerrie Hodges	36	164	27:44.0
11	Lisa Elliott	30	165	27:45.0
12	marcy azcarate	37	167	27:45.9
13	Elizabeth Marquez	33	169	28:00.4
14	Erika Mercado	31	178	28:17.2
15	mickey agness	34	187	28:57.2
16	veronica anchondo	39	193	29:11.6
17	Elsa Pinela	39	200	29:22.9
18	lisa quaranto	33	203	29:33.7
19	Jennifer Valero	38	224	30:27.1
20	karla mclaurin	31	232	30:53.1
21	Fernanda Hernandez	37	237	31:03.9
22	Barbara Wancho	39	244	31:18.6
23	Martha Avila	37	247	31:41.3
24	SONIA SKELTON	32	250	31:52.7
25	Alejandra Nino	32	255	32:21.3
26	cynthia hurtado	31	256	32:21.7
27	Jennifer Lippincott	35	257	32:24.8
28	CheLinda Reed	31	264	33:11.2
29	Carla Martinez	38	268	33:29.7
30	meredith henderson	35	269	33:34.4
31	lucy abeyta	38	272	33:40.2
32	Hana Cha	33	275	33:51.3
33	Liz Mendoza	32	277	34:13.9
34	Rebekah Jones	31	279	34:21.6
35	Alicia Hernandez	30	287	34:55.9
36	Ana Moreno	31	304	36:10.2
37	ronda ward	32	311	36:27.0
38	Gabriela Herrera	35	314	37:15.5
39	Amy Ross	37	316	37:32.3
40	Lorraine Quimiro	38	340	43:01.9
41	marissa ornelas	31	341	43:12.6
42	amie goeldner	33	343	43:39.3
43	Veronica Soto	39	345	43:43.1
44	Lorena Gonzalez	37	351	45:16.2
45	alina matus	38	355	46:45.7

Female 40 to 49

Place	Name	Age	Overall	Total Time
1	lorena gonzalez	42	40	21:45.8
2	sylvia lozoya	45	83	24:02.3
3	Pat Duarte	40	92	24:21.4
4	Maria Trejo	45	98	24:36.7

5	ANGELA BOWIE	44	99	24:38.9
6	Claudia Merino	40	104	24:51.3
7	becky minjarez	49	156	27:20.4
8	Debbie Moreno	48	159	27:29.2
9	Maria gonzalez	41	171	28:04.2
10	Carla Gonzalez	49	173	28:09.9
11	Jodi Gillett	41	180	28:24.7
12	Cynthia Acosta	49	181	28:25.4
13	yvette albright	45	198	29:22.1
14	silvia silvas	41	201	29:28.8
15	Christy Anchondo	49	212	29:58.3
16	Catherine Harris	40	214	30:04.0
17	norma beltran	44	215	30:06.4
18	Araceli Cook	44	219	30:18.9
19	ELIZABETH O'HARA WILLIAMSON	40	220	30:19.3
20	Ofelia Dominguez	49	223	30:24.3
21	nora lovett	41	240	31:11.7
22	gina moss	47	241	31:15.9
23	Alicia Rodriguez	40	245	31:23.4
24	tina valero	40	246	31:38.7
25	Georgette Morgan	40	249	31:47.8
26	letty ben	40	252	31:55.5
27	tova yazzie	43	258	32:26.6
28	Carmen Flores	42	266	33:28.3
29	Cecilia Sisniega	49	267	33:29.0
30	vicky sianez	48	274	33:46.2
31	Beatriz Parr	41	290	35:02.1
32	Marleen Waldron	40	295	35:19.5
33	Marisa Barrio	49	301	35:57.8
34	Jackie Almeida	41	308	36:21.6
35	Lori Shepherd	41	330	41:15.4
36	rosy sianez	41	347	43:53.8
37	Elizabeth Carrasco	40	363	50:03.6
38	Ana Lozano	44	364	50:10.0

Female 50 to 59

Place	Name	Age	Overall	Total Time
1	becky rash	50	49	22:22.3
2	dee gangstad	50	100	24:40.6
3	gerriane lockhart-walker	51	103	24:46.6
4	linda gonzales	52	145	26:54.5
5	rita flores	53	190	29:05.5
6	Courtney Rios	54	208	29:46.2
7	Colleen Marusich	50	226	30:36.4
8	JO MENDOZA	54	262	33:03.5
9	jacki zahn	51	263	33:04.8
10	Christine Bostick	52	276	33:51.8
11	martha trevino	56	299	35:34.0
12	Barbara Paz	54	318	38:08.6
13	Lucy Trejo	54	323	39:51.8
14	Delores Kelly	58	329	41:03.5

15	Loretta Alvarez	58	349	44:09.0
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Female 60 to 69

Place	Name	Age	Overall	Total Time
1	Carole Cook	67	228	30:41.4
2	Corina Medrano	62	361	47:39.4

Female 70 to 79

Place	Name	Age	Overall	Total Time
1	mary morrison	70	307	36:18.5
2	eva santa cruz	70	350	45:15.0

Male Overall Winners

Place	Name	Age	Overall	Total Time
1	bashar ibrahim	33	1	16:04.5
2	Solomon Gardea	20	2	16:24.1
3	Ernesto Rios	17	3	16:57.9

Male 9 and under

Place	Name	Age	Overall	Total Time
1	brayden goeldner	8	176	28:16.3
2	Gaven Lerner	8	216	30:14.5
3	joaquin escobar	9	227	30:37.8
4	zacharey haarz	6	331	41:15.8
5	logan williams	5	354	46:31.9
6	elias matus	7	356	46:49.4

Male 10 to 14

Place	Name	Age	Overall	Total Time
1	luis nieto	14	20	19:21.7
2	Michael Flores	14	23	19:44.9
3	dominic whiting	13	50	22:24.0
4	christian ben	14	63	23:10.3
5	leonardo hernandez	11	67	23:16.1
6	miguel angel hernandez	13	69	23:21.5
7	Raymond JR Chaires jr.	12	81	23:58.6
8	marine castaneda	14	116	25:25.1
9	Austin Kershner	13	117	25:27.3
10	tyler barfield	11	134	26:05.9
11	alexander pustinger	12	152	27:13.4
12	javier escobar	14	163	27:35.4
13	aj Balderas	12	205	29:36.3
14	jaime fonseca	12	352	46:26.8
15	adrian carrera	14	353	46:27.5

Male 15 to 19

Place	Name	Age	Overall	Total Time
1	Daniel Flores	18	4	17:00.5
2	joel flores	18	6	17:19.1
3	Kevin Peters	16	10	17:56.1
4	abel salas	16	11	18:02.2
5	keegan rankin	16	13	18:15.5
6	corban larsen	18	35	21:20.0
7	ricardo lozoya	15	36	21:32.6
8	Jay Yanez	19	84	24:04.7
9	Caulin Hulsey	18	90	24:14.7
10	Andrew Garcia	18	125	25:44.5
11	Skyler Wancho	16	155	27:16.3
12	Nathan Avila	15	234	31:00.6

Male 20 to 29

Place	Name	Age	Overall	Total Time
1	Marco Munoz	21	12	18:11.4
2	JAVIER TORRES	26	16	18:48.6
3	Tony Rodriguez	27	19	19:21.4
4	Jorge Almeida	23	21	19:25.3
5	tommy kraus	22	25	19:52.0
6	gordon thomas	28	37	21:34.6
7	pablo magdaleno	26	41	21:45.8
8	Nelson Duran	20	52	22:27.0
9	Brian Fore	24	65	23:12.5
10	Eduardo Rocha	21	87	24:08.1
11	Aaron Wilcoxon	27	88	24:09.4
12	Jonathan Sonouper	26	108	24:59.7
13	Mauricio Lastro	26	115	25:22.5
14	Jose Nino	28	119	25:29.8
15	Jeff McNealy	22	139	26:22.3
16	eder garcia	20	146	26:57.9
17	Ricardo Martinez	24	149	27:08.2
18	Donovan Rivera	28	168	27:54.7
19	derek mitchell	20	177	28:16.8
20	Kyle Ward	26	278	34:14.6
21	benito ramos	27	292	35:11.7
22	esteban montoya	27	300	35:43.9
23	timothy allsbrook	28	306	36:17.8
24	william hull	22	338	43:00.2

Male 30 to 39

Place	Name	Age	Overall	Total Time
1	jason atkinson	30	7	17:27.0
2	Roberto Gonzalez	39	9	17:51.7
3	Ricardo Ontiveros	30	17	19:10.5
4	Andrzej Krot	36	29	20:37.0
5	reyes silvas	39	31	20:37.8
6	Juan Martinez	33	44	22:05.7
7	Joshua Lippincott	34	46	22:11.2

8	joseph kellogg	35	47	22:17.3
9	Hector Anaya	30	51	22:26.5
10	Arturo Penia	32	54	22:28.5
11	Aaron Jenkins	36	57	22:35.2
12	James Poss	37	59	22:52.5
13	james collins	30	60	23:02.5
14	Jason Scism	36	73	23:32.4
15	Joel Mora	32	89	24:14.2
16	Norman Hodges	34	93	24:26.8
17	Javier Montejano Jr.	34	94	24:27.6
18	Fritzgerald Clinton	35	97	24:34.0
19	javier napoles	32	101	24:43.0
20	Ronnie Sanchez	38	120	25:31.5
21	Terrence Garcia	39	126	25:45.7
22	lorne johnson	35	136	26:17.5
23	Jose Guerrero	31	147	27:01.9
24	Rick Sanchez	37	166	27:45.9
25	samuel pena	30	183	28:35.2
26	alejandro estrada	31	191	29:07.8
27	Brian Stancoven	35	195	29:17.3
28	MARTIN MEINERS	32	261	32:48.8
29	Craig Wynne	34	265	33:16.0
30	Levi L Pavia	31	273	33:44.1
31	adam schydlower	39	286	34:41.9
32	jeff park	32	288	34:56.3
33	Casey L Parr	38	289	35:01.7
34	Lorenzo Mejia	31	294	35:14.9
35	Peter Vargas	31	302	36:07.4
36	Ed Nieves	34	309	36:25.1
37	mike goeldner	33	321	39:26.5
38	Albert Cazares	38	335	42:29.6
39	Jason Duran	35	348	43:55.4

Male 40 to 49

Place	Name	Age	Overall	Total Time
1	Chris Huff	40	5	17:05.3
2	rudy paz	41	8	17:32.7
3	Greg Wyrobek	41	14	18:29.7
4	Armando Meza	49	15	18:43.0
5	jim weddell	49	18	19:14.8
6	Scott Mosier	42	24	19:46.4
7	brandon gangstad	46	26	20:10.8
8	eric rankin	40	27	20:20.6
9	Scott McLaughlin	48	28	20:35.1
10	miguel carter	49	30	20:37.4
11	larry smith	41	32	20:55.5
12	jim hernandez	45	42	22:00.5
13	Christopher Swagerty	41	43	22:00.5
14	juan escobar	49	45	22:11.2
15	george rivera	49	48	22:19.1
16	Chris Wells	43	53	22:27.7

17	Frank Gonzalez	49	58	22:48.8
18	Peter Iozoya	46	70	23:26.4
19	Frank Moreno	47	74	23:32.7
20	Jaime Herrra	45	76	23:48.0
21	glenn shioji	45	77	23:51.5
22	arthur mcgrue	42	78	23:52.4
23	tim whiting	46	80	23:55.1
24	Gustavo Deandar	49	82	24:01.6
25	SERGIO DURAN	40	91	24:20.0
26	lorenzo garcia	47	114	25:22.0
27	Sam Aguilar	45	128	25:50.6
28	al trujillo	49	129	25:51.2
29	Gilbert Limas	43	131	25:58.3
30	Agustin Puga	43	137	26:19.9
31	bruce jenkins	49	142	26:40.1
32	Eric Avila	40	151	27:12.0
33	Victor Canchola	46	157	27:25.9
34	Craig Gilbert	40	158	27:28.5
35	Jon Law	41	172	28:08.8
36	blake larsen	44	174	28:10.9
37	eddie sianez	42	182	28:32.6
38	Mark Gonzalez	48	184	28:37.7
39	Raymond Chaires	41	185	28:45.2
40	Charles Boehmer	44	209	29:47.9
41	Gregory Cook	49	217	30:15.0
42	Noel Valero	42	225	30:34.5
43	ed cruz	44	235	31:00.9
44	Mike Porras	47	238	31:04.4
45	ara corbett	40	280	34:26.5
46	Dave Shank	43	282	34:27.5
47	Jimmy Davis	43	285	34:36.7
48	Nelson Lock	48	313	36:44.4
49	Michael Smithson	45	327	40:37.9
50	Richard BROOKS	42	359	47:17.5

Male 50 to 59

Place	Name	Age	Overall	Total Time
1	vaughn courtney	55	33	20:56.0
2	Lolo Mercado	52	34	21:17.1
3	Ken Arambasick	51	64	23:11.7
4	antonio trejo	55	71	23:29.1
5	Salvador Almeida	55	102	24:45.1
6	paul pustinger	51	105	24:54.9
7	Michael Mowles	50	109	25:01.6
8	Hector Retia	58	113	25:20.9
9	lowry barfield	54	118	25:28.3
10	Craig Marusich	51	124	25:41.2
11	Carlos Sisniega	53	127	25:46.4
12	mike mitchell	58	143	26:40.7
13	mark buckland	54	144	26:47.7
14	jim schwarzbach	51	160	27:30.9

15	joe olivo	53	170	28:02.0
16	mario flores	52	202	29:29.6
17	bruce zahn	54	315	37:20.0

Male 60 to 69

Place	Name	Age	Overall	Total Time
1	stan roberts	60	86	24:05.6
2	Clifford Cole	63	111	25:11.7
3	javier ramirez	62	130	25:53.6
4	Luis Flores	60	150	27:11.3
5	bob raleigh	63	186	28:50.1
6	manuel rosales	64	188	29:01.2
7	gilbert velez	62	196	29:18.1
8	george bailey	65	199	29:22.1
9	manuel schydlower	69	204	29:34.2
10	jim deBoer	64	326	40:30.4
11	Dionicio Rivera	63	336	42:52.4
12	James Patterson	67	360	47:17.5

Male 70 to 79

Place	Name	Age	Overall	Total Time
1	Richard Park	74	192	29:09.1
2	Paul Hernandez	79	211	29:54.4
3	bill barry	70	242	31:17.9
4	luis leon	76	293	35:12.2
5	ken uecker	75	337	42:57.4
6	bufe morrison	73	357	47:08.2

Male 80 and over

Place	Name	Age	Overall	Total Time
1	ignacio cano	80	319	38:19.1
2	larry medrano	83	322	39:34.1
3	donald navrkal	81	342	43:28.7