

Captain's Solstice 6 hr

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed
1	JON OLSEN		M: 1	Runner	696	Laps: 41 11:23:42.33	42	N/A
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	
			Split 1	06:07:27.859		07:32	0.2mph	
			Split 2	00:07:27.097		07:27	8.1mph	
			Split 3	00:07:32.904		07:32	7.9mph	
			Split 4	00:07:31.150		07:31	8.0mph	
			Split 5	00:07:38.519		07:38	7.8mph	
			Split 6	00:16:46.052		16:46	3.6mph	
			Split 7	00:07:50.060		07:50	7.7mph	
			Split 8	00:08:00.826		08:00	7.5mph	
			Split 9	00:07:46.899		07:46	7.7mph	
			Split 10	00:07:45.758		07:45	7.7mph	
			Split 11	00:07:40.217		07:40	7.8mph	
			Split 12	00:07:50.036		07:50	7.7mph	
			Split 13	00:07:42.420		07:42	7.8mph	
			Split 14	00:07:30.143		07:30	8.0mph	
			Split 15	00:06:47.330		06:47	8.8mph	
			Split 16	00:09:04.400		09:04	6.6mph	
			Split 17	00:07:29.628		07:29	8.0mph	
			Split 18	00:07:34.803		07:34	7.9mph	
			Split 19	00:07:40.124		07:40	7.8mph	
			Split 20	00:07:36.675		07:36	7.9mph	
			Split 21	00:08:11.552		08:11	7.3mph	
			Split 22	00:07:21.264		07:21	8.2mph	
			Split 23	00:06:46.023		06:46	8.9mph	
			Split 24	00:07:24.698		07:24	8.1mph	
			Split 25	00:07:10.631		07:10	8.4mph	
			Split 26	00:07:21.491		07:21	8.2mph	
			Split 27	00:07:07.725		07:07	8.4mph	
			Split 28	00:07:16.271		07:16	8.3mph	
			Split 29	00:07:31.453		07:31	8.0mph	
			Split 30	00:07:42.938		07:43	7.8mph	
			Split 31	00:09:32.273		09:32	6.3mph	
			Split 32	00:08:12.027		08:12	7.3mph	
			Split 33	00:07:41.132		07:41	7.8mph	
			Split 34	00:07:56.129		07:56	7.6mph	
			Split 35	00:07:42.342		07:42	7.8mph	
			Split 36	00:07:59.575		07:59	7.5mph	
			Split 37	00:07:33.180		07:33	7.9mph	
			Split 38	00:07:16.939		07:17	8.2mph	
			Split 39	00:08:30.046		08:30	7.1mph	
			Split 40	00:07:12.162		07:12	8.3mph	
			Split 41	00:07:29.585		07:29	8.0mph	

Captain's Solstice 6 hr

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed																																																																																																																																																
2	HEATHER FORREST		F: 1	Runner	676	Laps: 35 05:54:01.49	35	N/A																																																																																																																																																
						<table><tr><th><u>Split Description</u></th><th><u>Split Time</u></th><th><u>Pace</u></th><th><u>Speed</u></th></tr><tr><td>Solit 1</td><td>00:10:06.679</td><td>10:06</td><td>5.9mph</td></tr><tr><td>Solit 2</td><td>00:08:58.228</td><td>08:58</td><td>6.7mph</td></tr><tr><td>Solit 3</td><td>00:09:02.452</td><td>09:02</td><td>6.6mph</td></tr><tr><td>Solit 4</td><td>00:09:21.115</td><td>09:21</td><td>6.4mph</td></tr><tr><td>Solit 5</td><td>00:09:38.222</td><td>09:38</td><td>6.2mph</td></tr><tr><td>Solit 6</td><td>00:09:36.167</td><td>09:36</td><td>6.2mph</td></tr><tr><td>Solit 7</td><td>00:09:25.815</td><td>09:25</td><td>6.4mph</td></tr><tr><td>Solit 8</td><td>00:09:14.901</td><td>09:15</td><td>6.5mph</td></tr><tr><td>Solit 9</td><td>00:08:41.002</td><td>08:41</td><td>6.9mph</td></tr><tr><td>Solit 10</td><td>00:09:06.763</td><td>09:06</td><td>6.6mph</td></tr><tr><td>Solit 11</td><td>00:08:53.796</td><td>08:53</td><td>6.7mph</td></tr><tr><td>Solit 12</td><td>00:09:31.349</td><td>09:31</td><td>6.3mph</td></tr><tr><td>Solit 13</td><td>00:09:35.889</td><td>09:36</td><td>6.2mph</td></tr><tr><td>Solit 14</td><td>00:09:40.312</td><td>09:40</td><td>6.2mph</td></tr><tr><td>Solit 15</td><td>00:09:07.300</td><td>09:07</td><td>6.6mph</td></tr><tr><td>Solit 16</td><td>00:09:54.793</td><td>09:54</td><td>6.1mph</td></tr><tr><td>Solit 17</td><td>00:09:25.604</td><td>09:25</td><td>6.4mph</td></tr><tr><td>Solit 18</td><td>00:09:34.576</td><td>09:34</td><td>6.3mph</td></tr><tr><td>Solit 19</td><td>00:10:30.176</td><td>10:30</td><td>5.7mph</td></tr><tr><td>Solit 20</td><td>00:10:35.800</td><td>10:35</td><td>5.7mph</td></tr><tr><td>Solit 21</td><td>00:10:00.723</td><td>10:00</td><td>6.0mph</td></tr><tr><td>Solit 22</td><td>00:08:46.453</td><td>08:46</td><td>6.8mph</td></tr><tr><td>Solit 23</td><td>00:11:10.959</td><td>11:11</td><td>5.4mph</td></tr><tr><td>Solit 24</td><td>00:10:20.186</td><td>10:20</td><td>5.8mph</td></tr><tr><td>Solit 25</td><td>00:10:18.101</td><td>10:18</td><td>5.8mph</td></tr><tr><td>Solit 26</td><td>00:13:25.413</td><td>13:25</td><td>4.5mph</td></tr><tr><td>Solit 27</td><td>00:11:24.910</td><td>11:25</td><td>5.3mph</td></tr><tr><td>Solit 28</td><td>00:11:44.284</td><td>11:44</td><td>5.1mph</td></tr><tr><td>Solit 29</td><td>00:11:18.605</td><td>11:18</td><td>5.3mph</td></tr><tr><td>Solit 30</td><td>00:12:31.781</td><td>12:31</td><td>4.8mph</td></tr><tr><td>Solit 31</td><td>00:10:27.025</td><td>10:27</td><td>5.7mph</td></tr><tr><td>Solit 32</td><td>00:09:44.261</td><td>09:44</td><td>6.2mph</td></tr><tr><td>Solit 33</td><td>00:12:42.186</td><td>12:42</td><td>4.7mph</td></tr><tr><td>Solit 34</td><td>00:11:06.399</td><td>11:06</td><td>5.4mph</td></tr><tr><td>Solit 35</td><td>00:08:59.274</td><td>08:59</td><td>6.7mph</td></tr></table>	<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	Solit 1	00:10:06.679	10:06	5.9mph	Solit 2	00:08:58.228	08:58	6.7mph	Solit 3	00:09:02.452	09:02	6.6mph	Solit 4	00:09:21.115	09:21	6.4mph	Solit 5	00:09:38.222	09:38	6.2mph	Solit 6	00:09:36.167	09:36	6.2mph	Solit 7	00:09:25.815	09:25	6.4mph	Solit 8	00:09:14.901	09:15	6.5mph	Solit 9	00:08:41.002	08:41	6.9mph	Solit 10	00:09:06.763	09:06	6.6mph	Solit 11	00:08:53.796	08:53	6.7mph	Solit 12	00:09:31.349	09:31	6.3mph	Solit 13	00:09:35.889	09:36	6.2mph	Solit 14	00:09:40.312	09:40	6.2mph	Solit 15	00:09:07.300	09:07	6.6mph	Solit 16	00:09:54.793	09:54	6.1mph	Solit 17	00:09:25.604	09:25	6.4mph	Solit 18	00:09:34.576	09:34	6.3mph	Solit 19	00:10:30.176	10:30	5.7mph	Solit 20	00:10:35.800	10:35	5.7mph	Solit 21	00:10:00.723	10:00	6.0mph	Solit 22	00:08:46.453	08:46	6.8mph	Solit 23	00:11:10.959	11:11	5.4mph	Solit 24	00:10:20.186	10:20	5.8mph	Solit 25	00:10:18.101	10:18	5.8mph	Solit 26	00:13:25.413	13:25	4.5mph	Solit 27	00:11:24.910	11:25	5.3mph	Solit 28	00:11:44.284	11:44	5.1mph	Solit 29	00:11:18.605	11:18	5.3mph	Solit 30	00:12:31.781	12:31	4.8mph	Solit 31	00:10:27.025	10:27	5.7mph	Solit 32	00:09:44.261	09:44	6.2mph	Solit 33	00:12:42.186	12:42	4.7mph	Solit 34	00:11:06.399	11:06	5.4mph	Solit 35	00:08:59.274	08:59	6.7mph		
<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>																																																																																																																																																					
Solit 1	00:10:06.679	10:06	5.9mph																																																																																																																																																					
Solit 2	00:08:58.228	08:58	6.7mph																																																																																																																																																					
Solit 3	00:09:02.452	09:02	6.6mph																																																																																																																																																					
Solit 4	00:09:21.115	09:21	6.4mph																																																																																																																																																					
Solit 5	00:09:38.222	09:38	6.2mph																																																																																																																																																					
Solit 6	00:09:36.167	09:36	6.2mph																																																																																																																																																					
Solit 7	00:09:25.815	09:25	6.4mph																																																																																																																																																					
Solit 8	00:09:14.901	09:15	6.5mph																																																																																																																																																					
Solit 9	00:08:41.002	08:41	6.9mph																																																																																																																																																					
Solit 10	00:09:06.763	09:06	6.6mph																																																																																																																																																					
Solit 11	00:08:53.796	08:53	6.7mph																																																																																																																																																					
Solit 12	00:09:31.349	09:31	6.3mph																																																																																																																																																					
Solit 13	00:09:35.889	09:36	6.2mph																																																																																																																																																					
Solit 14	00:09:40.312	09:40	6.2mph																																																																																																																																																					
Solit 15	00:09:07.300	09:07	6.6mph																																																																																																																																																					
Solit 16	00:09:54.793	09:54	6.1mph																																																																																																																																																					
Solit 17	00:09:25.604	09:25	6.4mph																																																																																																																																																					
Solit 18	00:09:34.576	09:34	6.3mph																																																																																																																																																					
Solit 19	00:10:30.176	10:30	5.7mph																																																																																																																																																					
Solit 20	00:10:35.800	10:35	5.7mph																																																																																																																																																					
Solit 21	00:10:00.723	10:00	6.0mph																																																																																																																																																					
Solit 22	00:08:46.453	08:46	6.8mph																																																																																																																																																					
Solit 23	00:11:10.959	11:11	5.4mph																																																																																																																																																					
Solit 24	00:10:20.186	10:20	5.8mph																																																																																																																																																					
Solit 25	00:10:18.101	10:18	5.8mph																																																																																																																																																					
Solit 26	00:13:25.413	13:25	4.5mph																																																																																																																																																					
Solit 27	00:11:24.910	11:25	5.3mph																																																																																																																																																					
Solit 28	00:11:44.284	11:44	5.1mph																																																																																																																																																					
Solit 29	00:11:18.605	11:18	5.3mph																																																																																																																																																					
Solit 30	00:12:31.781	12:31	4.8mph																																																																																																																																																					
Solit 31	00:10:27.025	10:27	5.7mph																																																																																																																																																					
Solit 32	00:09:44.261	09:44	6.2mph																																																																																																																																																					
Solit 33	00:12:42.186	12:42	4.7mph																																																																																																																																																					
Solit 34	00:11:06.399	11:06	5.4mph																																																																																																																																																					
Solit 35	00:08:59.274	08:59	6.7mph																																																																																																																																																					
3	JOSEPH JACOBS		M: 2	Runner	694	Laps: 34 05:58:06.61	34	N/A																																																																																																																																																
						<table><tr><th><u>Split Description</u></th><th><u>Split Time</u></th><th><u>Pace</u></th><th><u>Speed</u></th></tr><tr><td>Solit 1</td><td>00:09:39.602</td><td>09:39</td><td>6.2mph</td></tr><tr><td>Solit 2</td><td>00:09:15.377</td><td>09:15</td><td>6.5mph</td></tr><tr><td>Solit 3</td><td>00:09:12.061</td><td>09:12</td><td>6.5mph</td></tr><tr><td>Solit 4</td><td>00:09:08.019</td><td>09:08</td><td>6.6mph</td></tr><tr><td>Solit 5</td><td>00:09:05.868</td><td>09:05</td><td>6.6mph</td></tr><tr><td>Solit 6</td><td>00:09:12.138</td><td>09:12</td><td>6.5mph</td></tr><tr><td>Solit 7</td><td>00:09:24.593</td><td>09:24</td><td>6.4mph</td></tr><tr><td>Solit 8</td><td>00:09:20.511</td><td>09:20</td><td>6.4mph</td></tr><tr><td>Solit 9</td><td>00:09:19.039</td><td>09:19</td><td>6.4mph</td></tr><tr><td>Solit 10</td><td>00:09:16.147</td><td>09:16</td><td>6.5mph</td></tr><tr><td>Solit 11</td><td>00:09:44.297</td><td>09:44</td><td>6.2mph</td></tr><tr><td>Solit 12</td><td>00:09:26.384</td><td>09:26</td><td>6.4mph</td></tr><tr><td>Solit 13</td><td>00:09:29.829</td><td>09:29</td><td>6.3mph</td></tr><tr><td>Solit 14</td><td>00:09:53.473</td><td>09:53</td><td>6.1mph</td></tr><tr><td>Solit 15</td><td>00:09:55.522</td><td>09:55</td><td>6.0mph</td></tr><tr><td>Solit 16</td><td>00:09:49.174</td><td>09:49</td><td>6.1mph</td></tr><tr><td>Solit 17</td><td>00:09:39.421</td><td>09:39</td><td>6.2mph</td></tr><tr><td>Solit 18</td><td>00:09:42.254</td><td>09:42</td><td>6.2mph</td></tr><tr><td>Solit 19</td><td>00:10:47.629</td><td>10:47</td><td>5.6mph</td></tr><tr><td>Solit 20</td><td>00:10:01.672</td><td>10:01</td><td>6.0mph</td></tr><tr><td>Solit 21</td><td>00:10:01.970</td><td>10:02</td><td>6.0mph</td></tr><tr><td>Solit 22</td><td>00:12:15.613</td><td>12:15</td><td>4.9mph</td></tr><tr><td>Solit 23</td><td>00:10:52.510</td><td>10:52</td><td>5.5mph</td></tr><tr><td>Solit 24</td><td>00:12:44.643</td><td>12:44</td><td>4.7mph</td></tr><tr><td>Solit 25</td><td>00:10:12.936</td><td>10:13</td><td>5.9mph</td></tr><tr><td>Solit 26</td><td>00:13:10.382</td><td>13:10</td><td>4.6mph</td></tr><tr><td>Solit 27</td><td>00:10:57.672</td><td>10:57</td><td>5.5mph</td></tr><tr><td>Solit 28</td><td>00:11:17.557</td><td>11:17</td><td>5.3mph</td></tr><tr><td>Solit 29</td><td>00:11:23.985</td><td>11:24</td><td>5.3mph</td></tr><tr><td>Solit 30</td><td>00:12:14.969</td><td>12:15</td><td>4.9mph</td></tr><tr><td>Solit 31</td><td>00:15:34.314</td><td>15:34</td><td>3.9mph</td></tr><tr><td>Solit 32</td><td>00:12:03.440</td><td>12:03</td><td>5.0mph</td></tr><tr><td>Solit 33</td><td>00:12:30.571</td><td>12:30</td><td>4.8mph</td></tr><tr><td>Solit 34</td><td>00:11:23.038</td><td>11:23</td><td>5.3mph</td></tr></table>	<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	Solit 1	00:09:39.602	09:39	6.2mph	Solit 2	00:09:15.377	09:15	6.5mph	Solit 3	00:09:12.061	09:12	6.5mph	Solit 4	00:09:08.019	09:08	6.6mph	Solit 5	00:09:05.868	09:05	6.6mph	Solit 6	00:09:12.138	09:12	6.5mph	Solit 7	00:09:24.593	09:24	6.4mph	Solit 8	00:09:20.511	09:20	6.4mph	Solit 9	00:09:19.039	09:19	6.4mph	Solit 10	00:09:16.147	09:16	6.5mph	Solit 11	00:09:44.297	09:44	6.2mph	Solit 12	00:09:26.384	09:26	6.4mph	Solit 13	00:09:29.829	09:29	6.3mph	Solit 14	00:09:53.473	09:53	6.1mph	Solit 15	00:09:55.522	09:55	6.0mph	Solit 16	00:09:49.174	09:49	6.1mph	Solit 17	00:09:39.421	09:39	6.2mph	Solit 18	00:09:42.254	09:42	6.2mph	Solit 19	00:10:47.629	10:47	5.6mph	Solit 20	00:10:01.672	10:01	6.0mph	Solit 21	00:10:01.970	10:02	6.0mph	Solit 22	00:12:15.613	12:15	4.9mph	Solit 23	00:10:52.510	10:52	5.5mph	Solit 24	00:12:44.643	12:44	4.7mph	Solit 25	00:10:12.936	10:13	5.9mph	Solit 26	00:13:10.382	13:10	4.6mph	Solit 27	00:10:57.672	10:57	5.5mph	Solit 28	00:11:17.557	11:17	5.3mph	Solit 29	00:11:23.985	11:24	5.3mph	Solit 30	00:12:14.969	12:15	4.9mph	Solit 31	00:15:34.314	15:34	3.9mph	Solit 32	00:12:03.440	12:03	5.0mph	Solit 33	00:12:30.571	12:30	4.8mph	Solit 34	00:11:23.038	11:23	5.3mph						
<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>																																																																																																																																																					
Solit 1	00:09:39.602	09:39	6.2mph																																																																																																																																																					
Solit 2	00:09:15.377	09:15	6.5mph																																																																																																																																																					
Solit 3	00:09:12.061	09:12	6.5mph																																																																																																																																																					
Solit 4	00:09:08.019	09:08	6.6mph																																																																																																																																																					
Solit 5	00:09:05.868	09:05	6.6mph																																																																																																																																																					
Solit 6	00:09:12.138	09:12	6.5mph																																																																																																																																																					
Solit 7	00:09:24.593	09:24	6.4mph																																																																																																																																																					
Solit 8	00:09:20.511	09:20	6.4mph																																																																																																																																																					
Solit 9	00:09:19.039	09:19	6.4mph																																																																																																																																																					
Solit 10	00:09:16.147	09:16	6.5mph																																																																																																																																																					
Solit 11	00:09:44.297	09:44	6.2mph																																																																																																																																																					
Solit 12	00:09:26.384	09:26	6.4mph																																																																																																																																																					
Solit 13	00:09:29.829	09:29	6.3mph																																																																																																																																																					
Solit 14	00:09:53.473	09:53	6.1mph																																																																																																																																																					
Solit 15	00:09:55.522	09:55	6.0mph																																																																																																																																																					
Solit 16	00:09:49.174	09:49	6.1mph																																																																																																																																																					
Solit 17	00:09:39.421	09:39	6.2mph																																																																																																																																																					
Solit 18	00:09:42.254	09:42	6.2mph																																																																																																																																																					
Solit 19	00:10:47.629	10:47	5.6mph																																																																																																																																																					
Solit 20	00:10:01.672	10:01	6.0mph																																																																																																																																																					
Solit 21	00:10:01.970	10:02	6.0mph																																																																																																																																																					
Solit 22	00:12:15.613	12:15	4.9mph																																																																																																																																																					
Solit 23	00:10:52.510	10:52	5.5mph																																																																																																																																																					
Solit 24	00:12:44.643	12:44	4.7mph																																																																																																																																																					
Solit 25	00:10:12.936	10:13	5.9mph																																																																																																																																																					
Solit 26	00:13:10.382	13:10	4.6mph																																																																																																																																																					
Solit 27	00:10:57.672	10:57	5.5mph																																																																																																																																																					
Solit 28	00:11:17.557	11:17	5.3mph																																																																																																																																																					
Solit 29	00:11:23.985	11:24	5.3mph																																																																																																																																																					
Solit 30	00:12:14.969	12:15	4.9mph																																																																																																																																																					
Solit 31	00:15:34.314	15:34	3.9mph																																																																																																																																																					
Solit 32	00:12:03.440	12:03	5.0mph																																																																																																																																																					
Solit 33	00:12:30.571	12:30	4.8mph																																																																																																																																																					
Solit 34	00:11:23.038	11:23	5.3mph																																																																																																																																																					

Captain's Solstice 6 hr

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed
4	OLGA LAVRENTJEV		F: 2	Runner	682	Laps: 30 05:57:33.99	30	N/A
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	
			Solit 1	00:09:58.405		09:58	6.0mph	
			Solit 2	00:10:13.422		10:13	5.9mph	
			Solit 3	00:10:16.128		10:16	5.8mph	
			Solit 4	00:10:35.239		10:35	5.7mph	
			Solit 5	00:10:28.094		10:28	5.7mph	
			Solit 6	00:11:11.582		11:11	5.4mph	
			Solit 7	00:11:37.789		11:37	5.2mph	
			Solit 8	00:11:13.483		11:13	5.3mph	
			Solit 9	00:11:52.122		11:52	5.1mph	
			Solit 10	00:11:30.887		11:31	5.2mph	
			Solit 11	00:11:33.040		11:33	5.2mph	
			Solit 12	00:11:37.555		11:37	5.2mph	
			Solit 13	00:11:47.681		11:47	5.1mph	
			Solit 14	00:12:02.067		12:02	5.0mph	
			Solit 15	00:11:45.787		11:45	5.1mph	
			Solit 16	00:12:24.597		12:24	4.8mph	
			Solit 17	00:12:25.925		12:26	4.8mph	
			Solit 18	00:12:28.225		12:28	4.8mph	
			Solit 19	00:12:11.938		12:12	4.9mph	
			Solit 20	00:13:03.968		13:04	4.6mph	
			Solit 21	00:12:24.155		12:24	4.8mph	
			Solit 22	00:12:45.545		12:45	4.7mph	
			Solit 23	00:12:05.367		12:05	5.0mph	
			Solit 24	00:13:01.953		13:02	4.6mph	
			Solit 25	00:12:28.411		12:28	4.8mph	
			Solit 26	00:12:26.454		12:26	4.8mph	
			Solit 27	00:13:07.590		13:07	4.6mph	
			Solit 28	00:14:39.411		14:39	4.1mph	
			Solit 29	00:12:24.851		12:25	4.8mph	
			Solit 30	00:11:52.323		11:52	5.1mph	
5	ROGER BOYD		M: 3	Runner	690	Laps: 26 05:48:21.31	26	N/A
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	
			Solit 1	00:11:42.576		11:42	5.1mph	
			Solit 2	00:12:00.183		12:00	5.0mph	
			Solit 3	00:12:35.751		12:35	4.8mph	
			Solit 4	00:12:23.648		12:23	4.8mph	
			Solit 5	00:12:18.942		12:19	4.9mph	
			Solit 6	00:11:56.338		11:56	5.0mph	
			Solit 7	00:13:07.124		13:07	4.6mph	
			Solit 8	00:11:38.683		11:38	5.2mph	
			Solit 9	00:12:07.622		12:07	4.9mph	
			Solit 10	00:12:43.076		12:43	4.7mph	
			Solit 11	00:13:10.007		13:10	4.6mph	
			Solit 12	00:11:19.022		11:19	5.3mph	
			Solit 13	00:12:35.694		12:35	4.8mph	
			Solit 14	00:12:09.673		12:09	4.9mph	
			Solit 15	00:12:31.796		12:31	4.8mph	
			Solit 16	00:15:21.572		15:21	3.9mph	
			Solit 17	00:14:03.745		14:03	4.3mph	
			Solit 18	00:14:41.876		14:42	4.1mph	
			Solit 19	00:12:12.252		12:12	4.9mph	
			Solit 20	00:15:07.346		15:07	4.0mph	
			Solit 21	00:14:56.988		14:57	4.0mph	
			Solit 22	00:16:27.032		16:27	3.6mph	
			Solit 23	00:14:38.151		14:38	4.1mph	
			Solit 24	00:14:34.140		14:34	4.1mph	
			Solit 25	00:14:39.542		14:39	4.1mph	
			Solit 26	00:17:18.533		17:18	3.5mph	

Captain's Solstice 6 hr

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed
6	THOMAS ROMERO		M: 4	Runner	698	Laps: 23	23	N/A
						05:51:21.16		
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>
						<u>Speed</u>		
						Solit 1	00:12:38.178	12:38
						Solit 2	00:12:07.981	12:08
						Solit 3	00:12:07.531	12:07
						Solit 4	00:13:51.724	13:51
						Solit 5	00:12:15.864	12:16
						Solit 6	00:12:33.399	12:33
						Solit 7	00:12:56.089	12:56
						Solit 8	00:12:50.771	12:50
						Solit 9	00:13:58.170	13:58
						Solit 10	00:14:06.276	14:06
						Solit 11	00:16:49.395	16:49
						Solit 12	00:15:12.266	15:12
						Solit 13	00:14:31.016	14:31
						Solit 14	00:19:49.235	19:49
						Solit 15	00:14:36.331	14:36
						Solit 16	00:14:53.634	14:53
						Solit 17	00:13:38.428	13:38
						Solit 18	00:13:31.254	13:31
						Solit 19	00:15:20.173	15:20
						Solit 20	00:20:47.900	20:48
						Solit 21	00:17:53.524	17:53
						Solit 22	00:25:47.815	25:48
						Solit 23	00:19:04.210	19:04



Division Rank

Overall Male Runner: 1

Cumulative

- 06:07:27.859
- 06:14:54.956
- 06:22:27.860
- 06:29:59.010
- 06:37:37.529
- 06:54:23.581
- 07:02:13.641
- 07:10:14.467
- 07:18:01.366
- 07:25:47.124
- 07:33:27.341
- 07:41:17.377
- 07:48:59.797
- 07:56:29.940
- 08:03:17.270
- 08:12:21.670
- 08:19:51.298
- 08:27:26.101
- 08:35:06.225
- 08:42:42.900
- 08:50:54.452
- 08:58:15.716
- 09:05:01.739
- 09:12:26.437
- 09:19:37.068
- 09:26:58.559
- 09:34:06.284
- 09:41:22.555
- 09:48:54.008
- 09:56:36.946
- 10:06:09.219
- 10:14:21.246
- 10:22:02.378
- 10:29:58.507
- 10:37:40.849
- 10:45:40.424
- 10:53:13.604
- 11:00:30.543
- 11:09:00.589
- 11:16:12.751
- 11:23:42.336



Division Rank

Overall Female Runner: 1

Cumulative

00:10:06.679
00:19:04.907
00:28:07.359
00:37:28.474
00:47:06.696
00:56:42.863
01:06:08.678
01:15:23.579
01:24:04.581
01:33:11.344
01:42:05.140
01:51:36.489
02:01:12.378
02:10:52.690
02:19:59.990
02:29:54.783
02:39:20.387
02:48:54.963
02:59:25.139
03:10:00.939
03:20:01.662
03:28:48.115
03:39:59.074
03:50:19.260
04:00:37.361
04:14:02.774
04:25:27.684
04:37:11.968
04:48:30.573
05:01:02.354
05:11:29.379
05:21:13.640
05:33:55.826
05:45:02.225
05:54:01.499

Overall Male Runner: 2

Cumulative

00:09:39.602
00:18:54.979
00:28:07.040
00:37:15.059
00:46:20.927
00:55:33.065
01:04:57.658
01:14:18.169
01:23:37.208
01:32:53.355
01:42:37.652
01:52:04.036
02:01:33.865
02:11:27.338
02:21:22.860
02:31:12.034
02:40:51.455
02:50:33.709
03:01:21.338
03:11:23.010
03:21:24.980
03:33:40.593
03:44:33.103
03:57:17.746
04:07:30.682
04:20:41.064
04:31:38.736
04:42:56.293
04:54:20.278
05:06:35.247
05:22:09.561
05:34:13.001
05:46:43.572
05:58:06.610



Division Rank

Overall Female Runner: 2

Cumulative

- 00:09:58.405
- 00:20:11.827
- 00:30:27.955
- 00:41:03.194
- 00:51:31.288
- 01:02:42.870
- 01:14:20.659
- 01:25:34.142
- 01:37:26.264
- 01:48:57.151
- 02:00:30.191
- 02:12:07.746
- 02:23:55.427
- 02:35:57.494
- 02:47:43.281
- 03:00:07.878
- 03:12:33.803
- 03:25:02.028
- 03:37:13.966
- 03:50:17.934
- 04:02:42.089
- 04:15:27.634
- 04:27:33.001
- 04:40:34.954
- 04:53:03.365
- 05:05:29.819
- 05:18:37.409
- 05:33:16.820
- 05:45:41.671
- 05:57:33.994

Overall Male Runner: 3

Cumulative

- 00:11:42.576
- 00:23:42.759
- 00:36:18.510
- 00:48:42.158
- 01:01:01.100
- 01:12:57.438
- 01:26:04.562
- 01:37:43.245
- 01:49:50.867
- 02:02:33.943
- 02:15:43.950
- 02:27:02.972
- 02:39:38.666
- 02:51:48.339
- 03:04:20.135
- 03:19:41.707
- 03:33:45.452
- 03:48:27.328
- 04:00:39.580
- 04:15:46.926
- 04:30:43.914
- 04:47:10.946
- 05:01:49.097
- 05:16:23.237
- 05:31:02.779
- 05:48:21.312



Division Rank

Overall Male Runner: 4

Cumulative

- 00:12:38.178
- 00:24:46.159
- 00:36:53.690
- 00:50:45.414
- 01:03:01.278
- 01:15:34.677
- 01:28:30.766
- 01:41:21.537
- 01:55:19.707
- 02:09:25.983
- 02:26:15.378
- 02:41:27.644
- 02:55:58.660
- 03:15:47.895
- 03:30:24.226
- 03:45:17.860
- 03:58:56.288
- 04:12:27.542
- 04:27:47.715
- 04:48:35.615
- 05:06:29.139
- 05:32:16.954
- 05:51:21.164

