

2010 Triangle Sprint

Overall Women

Harris County Park, southwestern Wake County (Raleigh), NC 7/10/2010 08:30AM

** Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.

Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	Time	DQ
1	7	F	38	OF	STACEY RICHARDSON	CHAPEL HILL NC	5	00:10:53	00:01:41	1	00:45:14	00:00:53	1	00:19:22		01:18:01	
2	6	F	30	OF	AMIE KRASNOZON	MORRISVILLE NC	4	00:10:46	00:01:42	2	00:45:39	00:01:08	3	00:19:57		01:19:11	
3	229	F	26		ERIN CUTRELL	RALEIGH NC	1	00:09:55	00:02:03	6	00:48:31	00:01:19	18	00:22:08		01:23:54	
4	745	F	30		ANNIE LUX	RALEIGH NC	14	00:12:19	00:02:00	3	00:46:58	00:01:10	15	00:21:54		01:24:19	
5	10	F	44	MF	NASRIN AZARI	CARY NC	10	00:11:59	00:01:41	8	00:48:41	00:01:04	13	00:21:42		01:25:05	
6	14	F	37	OF	SHANNON LOWERY	RALEIGH NC	64	00:14:51	00:01:55	5	00:47:37	00:00:59	2	00:19:50		01:25:10	
7	8	F	41	MF	STACEY GRIFFITH	RUTHERFORDTON NC	11	00:11:59	00:01:56	10	00:49:21	00:01:07	9	00:21:15		01:25:37	
8	572	F	31		DELAINE FOWLER	SPENCER NC	8	00:11:30	00:02:15	16	00:50:29	00:01:20	16	00:21:55		01:27:26	
9	710	F	46		CHERYL CARDELLO	RALEIGH NC	30	00:13:14	00:01:53	12	00:50:02	00:01:09	8	00:21:13		01:27:29	
10	9	F	37	OF	MAGGIE ROUGIER-CHAPMAN	RALEIGH NC	52	00:14:25	00:01:54	7	00:48:40	00:01:05	4	00:20:14	00:02:00	01:28:16	
11	29	F	35	OF	KARI MAYHEW	MORRISVILLE NC	28	00:13:10	00:02:14	15	00:50:20	00:01:08	11	00:21:39		01:28:29	
12	31	F	46	MF	SARAH MULLIGAN	RALEIGH NC	7	00:11:12	00:02:06	13	00:50:04	00:01:25	46	00:23:51		01:28:35	
13	581	F	36		STEPHANIE HEALEY	RALEIGH NC	72	00:15:23	00:02:30	4	00:47:14	00:01:32	19	00:22:15		01:28:52	
14	285	F	31		JENNIFER SCHNEIDER	RALEIGH NC	3	00:10:39	00:02:23	23	00:52:08	00:01:51	31	00:22:55		01:29:52	
15	39	F	27		LINDSEY WARD	ANNAPOLIS MD	40	00:13:52	00:02:09	14	00:50:08	00:01:14	29	00:22:51		01:30:11	
16	455	F	31		DIANE LEWIS	RALEIGH NC	24	00:13:02	00:02:18	11	00:49:53	00:01:21	56	00:24:13		01:30:45	
17	281	F	25		KATHRYN SAUER	RALEIGH NC	17	00:12:24	00:02:15	25	00:52:17	00:01:19	40	00:23:22		01:31:36	
18	85	F	18		LARA PANTLIN	CARY NC	15	00:12:20	00:02:01	46	00:54:08	00:01:14	21	00:22:19		01:32:00	
19	74	F	32		ERIN STERLING	RALEIGH NC	25	00:13:02	00:02:11	20	00:50:56	00:01:09	65	00:24:47		01:32:02	
20	541	F	31		LISA IVASKA	APEX NC	54	00:14:27	00:02:44	24	00:52:12	00:01:11	14	00:21:49		01:32:22	
21	496	F	37		HEATHER WEEKS HONNOLD	APEX NC	20	00:12:43	00:02:08	32	00:52:47	00:01:20	42	00:23:31		01:32:27	
22	25	F	42	MF	CARI SOLEO	CARY NC	32	00:13:31	00:02:26	30	00:52:29	00:01:26	37	00:23:14		01:33:04	

23	73	F	47	SUZY PANTLIN	CARY NC	34	00:13:36	00:01:57	18	00:50:33	00:01:13	85	00:25:54	01:33:12
24	691	F	30	JENNIFER LASTFOGEL	RICHMOND VA	9	00:11:31	00:02:30	45	00:53:57	00:01:22	54	00:24:13	01:33:31
25	697	F	44	MARY BETH ERRINGTON	PLEASANT GARDEN NC	59	00:14:36	00:02:45	29	00:52:27	00:01:50	22	00:22:19	01:33:57
26	391	F	52	MIRIAM VANNOY	SPARTANBURG SC	13	00:12:18	00:02:19	19	00:50:35	00:01:39	107	00:27:09	01:33:59
27	302	F	50	DENISE LARSON	DURHAM NC	77	00:15:30	00:02:31	9	00:49:14	00:01:32	76	00:25:18	01:34:04
28	136	F	25	ANDREA MARTIN	CLIFTON VA	6	00:11:11	00:02:32	54	00:55:05	00:01:30	57	00:24:20	01:34:36
29	338	F	38	JENN GEORGE	MORRISVILLE NC	42	00:13:59	00:02:20	44	00:53:51	00:01:24	38	00:23:15	01:34:47
30	566	F	30	KARYN SUTTON	RALEIGH NC	60	00:14:41	00:02:13	28	00:52:23	00:01:33	59	00:24:26	01:35:16
31	115	F	36	KRISTA FOERSTER	RALEIGH NC	131	00:17:03	00:02:31	17	00:50:32	00:01:33	48	00:23:54	01:35:32
32	692	F	25	KATHRYN PATE	GAINESVILLE FL	84	00:15:39	00:01:57	31	00:52:39	00:01:17	53	00:24:09	01:35:38
33	263	F	45	COLLEEN KARR	RALEIGH NC	38	00:13:50	00:02:17	57	00:55:18	00:01:21	34	00:23:07	01:35:50
34	580	F	55	DORIS ALEXANDER	CARRBORO NC	29	00:13:12	00:02:06	64	00:55:47	00:01:35	41	00:23:22	01:36:01
35	389	F	31	COURTNEY SOMMER	CARRBORO NC	102	00:16:16	00:02:44	34	00:53:01	00:01:34	24	00:22:31	01:36:03
36	282	F	44	MAXINE FERRIS	RALEIGH NC	140	00:17:27	00:02:30	36	00:53:07	00:01:32	12	00:21:41	01:36:15
37	234	F	15	MICHELLE SWAROVSKI	CARY NC	55	00:14:28	00:02:19	48	00:54:29	00:01:19	45	00:23:49	01:36:21
38	308	F	36	AMY SCOTT	CARY NC	132	00:17:04	00:02:25	37	00:53:17	00:01:22	25	00:22:32	01:36:39
39	644	F	44	KAREN KEMERAIT	RALEIGH NC	26	00:13:02	00:02:24	53	00:55:03	00:01:43	62	00:24:40	01:36:50
40	221	F	21	BECKY JOHNSON	CHAPEL HILL NC	67	00:15:02	00:02:52	74	00:56:39	00:01:40	6	00:20:55	01:37:07
41	645	F	22	BLAKELY HARRIS	SHELBY NC	45	00:14:08	00:02:46	70	00:56:26	00:01:29	23	00:22:28	01:37:15
42	161	F	37	JENNIFER MACDOUGALL	CARY NC	35	00:13:40	00:02:37	52	00:54:57	00:01:22	64	00:24:41	01:37:16
43	141	F	31	MARY DEDO	VASS NC	62	00:14:42	00:02:51	39	00:53:22	00:01:29	71	00:25:05	01:37:27
44	359	F	38	MONIQUE RIGSBY	MORRISVILLE NC	88	00:15:50	00:02:33	55	00:55:06	00:01:27	28	00:22:40	01:37:34
45	437	F	39	SARAH MATEJOWSKY	CARY NC	53	00:14:26	00:03:04	38	00:53:20	00:01:44	74	00:25:12	01:37:44
46	211	F	46	FRAN HUGHES	HOLLY SPRINGS NC	50	00:14:20	00:02:26	69	00:56:19	00:01:37	39	00:23:15	01:37:56
47	220	F	33	LEIGH ERISMAN	CHAPEL HILL NC	56	00:14:31	00:02:20	83	00:57:25	00:01:38	20	00:22:16	01:38:07
48	612	F	42	KIMBERLY SIMMONS	JACKSONVILLE NC	71	00:15:22	00:02:17	33	00:52:55	00:01:37	86	00:25:59	01:38:09
49	608	F	43	KATHLEEN NEVILL	WARRENTON VA	147	00:17:46	00:02:15	40	00:53:33	00:01:38	32	00:23:05	01:38:15
50	631	F	34	BRADEN WALSH	PITTSBORO NC	21	00:12:48	00:02:17	84	00:57:28	00:01:32	61	00:24:36	01:38:40
51	336	F	37	LISA WARD	MORRISVILLE NC	16	00:12:22	00:02:43	93	00:58:05	00:01:42	51	00:24:07	01:38:58
52	203	F	44	CATHY POFAHL	CARY NC	174	00:18:43	00:02:22	22	00:52:02	00:01:06	68	00:24:54	01:39:04
53	124	F	28	ANGELA MULLENNIX	RAEFORD NC	142	00:17:28	00:02:24	21	00:51:41	00:01:25	91	00:26:13	01:39:10

54	403	F	41		CAROLYN VINCENT	MORRISVILLE NC	169	00:18:32	00:02:40	27	00:52:19	00:01:53	47	00:23:53	01:39:15
55	215	F	29		LEA SIMMONS	ARLINGTON VA	189	00:19:42	00:02:30	41	00:53:43	00:01:20	17	00:22:03	01:39:16
56	597	F	42		MARIAN GREEN	CARY NC	75	00:15:26	00:02:34	59	00:55:22	00:01:58	58	00:24:21	01:39:39
57	133	F	63		PHYLLIS MASON	WILMINGTON NC	63	00:14:42	00:02:42	50	00:54:35	00:01:38	90	00:26:10	01:39:46
58	322	F	45		BARBARA WEDEL	DURHAM NC	94	00:16:01	00:02:51	26	00:52:18	00:01:38	103	00:27:01	01:39:47
59	453	F	15		LILIANNA FERNANDEZ	CARY NC	43	00:14:03	00:02:05	43	00:53:50	00:01:00	148	00:29:15	01:40:11
60	660	F	43		PEGGY CONLON	HAMPSTEAD NC	96	00:16:02	00:02:53	76	00:56:44	00:01:42	30	00:22:53	01:40:12
61	271	F	27		MEGHAN HEGARTY	RALEIGH NC	79	00:15:34	00:03:29	108	00:59:02	00:01:28	5	00:20:41	01:40:12
62	704	F	31		LEANNE JOHNSON	LELAND NC	139	00:17:26	00:02:20	94	00:58:07	00:01:25	7	00:21:11	01:40:27
63	269	F	39		MARA SHURGOT	DURHAM NC	124	00:16:52	00:02:49	61	00:55:25	00:01:43	44	00:23:48	01:40:34
64	434	F	18		MONICA LITSAS	RALEIGH NC	39	00:13:51	00:02:08	88	00:57:45	00:01:06	49	00:23:56 00:02:00	01:40:44
65	160	F	38	A	KARYN LONG	CARY NC	95	00:16:01	00:02:35	35	00:53:07	00:01:34	125	00:27:56	01:41:11
66	384	F	39		ANGELA MCDONALD	RALEIGH NC	37	00:13:46	00:02:20	42	00:53:44	00:01:55	120	00:27:46 00:02:00	01:41:29
67	425	F	21		RITA BEARD	RALEIGH NC	136	00:17:10	00:02:44	103	00:58:56	00:01:12	10	00:21:38	01:41:38
68	380	F	38		JENNIFER WRIGHT	RALEIGH NC	190	00:19:43	00:02:31	58	00:55:20	00:01:16	36	00:23:13	01:41:59
69	433	F	38		SAGE ROUNTREE	CHAPEL HILL NC	85	00:15:44	00:02:13	117	00:59:44	00:01:19	33	00:23:06	01:42:04
70	648	F	22		ALLISON FRATTO	PEACHTREE CITY GA	92	00:15:58	00:02:50	85	00:57:39	00:01:13	60	00:24:33	01:42:11
71	388	F	33		LINDSEE MCPHAIL	CARRBORO NC	117	00:16:45	00:02:43	72	00:56:31	00:01:58	63	00:24:40	01:42:35
72	556	F	41		TYRELLE BARNES	RALEIGH NC	137	00:17:17	00:02:48	63	00:55:47	00:01:38	77	00:25:19	01:42:46
73	166	F	42		KIMMIE JACOBS	CARY NC	118	00:16:46	00:02:21	101	00:58:43	00:01:26	43	00:23:32	01:42:47
74	549	F	45		MARGARET POOLER	CLARKSVILLE MD	121	00:16:49	00:03:06	51	00:54:46	00:01:50	106	00:27:06	01:43:34
75	270	F	24		TIFFANY UNG	RALEIGH NC	51	00:14:23	00:03:54	78	00:56:55	00:01:42	102	00:26:58	01:43:49
76	83	F	39		SALLY BOTWICK	GARNER NC	129	00:17:02	00:02:16	60	00:55:22	00:01:16	126	00:27:57	01:43:51
77	737	F	44	ZF	MAYA RESS	CARY NC	19	00:12:40	00:03:19	67	00:55:54	00:01:34	160	00:30:27	01:43:53
78	225	F	41		HEIDI BLOOM	RALEIGH NC	41	00:13:52	00:03:29	62	00:55:39	00:01:54	147	00:29:12	01:44:05
79	341	F	48		WENDY HEINZMANN	APEX NC	61	00:14:42	00:02:55	118	00:59:48	00:01:58	66	00:24:51	01:44:12
80	275	F	33		ERIN LESESKY	DURHAM NC	33	00:13:31	00:03:08	129	01:00:47	00:02:06	69	00:24:54	01:44:24
81	671	F	41		LISA GARCIA	SPRING LAKE NC	197	00:20:06	00:02:20	75	00:56:43	00:01:29	55	00:24:13	01:44:49
82	441	F	37		KIMBERLY SIRAN	RALEIGH NC	109	00:16:26	00:03:13	99	00:58:38	00:01:45	67	00:24:53	01:44:54
83	729	F	26	NF	BROOKE HAYAMI	APEX NC	81	00:15:38	00:03:29	79	00:56:59	00:01:55	100	00:26:56	01:44:56
84	492	F	33	A	JEFFRI KING	WHISPERING PINES NC	108	00:16:24	00:02:20	66	00:55:53	00:01:53	141	00:28:40	01:45:08

85	416	F	44	LAURA VAN SANT	CHAPEL HILL NC	158	00:18:01	00:02:44	86	00:57:43	00:01:41	70	00:25:05	01:45:12
86	371	F	23	SUZANNA DUPEE	CARRBORO NC	65	00:14:54	00:03:05	80	00:57:09	00:02:46	115	00:27:23	01:45:15
87	267	F	29	EVA MIHM	BOONE NC	101	00:16:11	00:03:03	110	00:59:06	00:01:38	79	00:25:21	01:45:16
88	155	F	39	MELISSA BRYAN	HOLLY SPRINGS NC	113	00:16:37	00:03:49	90	00:58:00	00:01:47	72	00:25:06	01:45:18
89	364	F	29	KELLY HANKINS	DURHAM NC	47	00:14:10	00:03:03	114	00:59:33	00:01:44	98	00:26:52	01:45:19
90	412	F	39	ANEIS ANDREOLI	CARY NC	141	00:17:27	00:02:47	71	00:56:31	00:01:30	111	00:27:13	01:45:26
91	621	F	30	LEE LAMB	GOLDSBORO NC	128	00:17:00	00:03:11	138	01:01:15	00:01:32	27	00:22:38	01:45:34
92	143	F	46	SUSAN HARRELL	CARY NC	123	00:16:51	00:02:45	100	00:58:41	00:01:46	81	00:25:40	01:45:41
93	277	F	41	MELISSA KOHRT	WINSTON-SALEM NC	178	00:19:11	00:02:59	68	00:56:17	00:01:45	80	00:25:32	01:45:42
94	198	F	43	APRIL KEMPER	CHAPEL HILL NC	97	00:16:03	00:02:28	104	00:58:56	00:01:18	104	00:27:02	01:45:45
95	510	F	29	MEREDITH ROBERTS	AVERILL PARK NY	181	00:19:19	00:03:03	49	00:54:30	00:01:36	114	00:27:22	01:45:48
96	71	F	35	KRISTEN OAKLEY	RALEIGH NC	165	00:18:23	00:02:27	127	01:00:45	00:01:07	35	00:23:10	01:45:49
97	589	F	25	MARISSA GARDNER	RALEIGH NC	143	00:17:36	00:02:59	77	00:56:44	00:01:31	108	00:27:10	01:45:57
98	119	F	29	JENNIFER JAMES	RALEIGH NC	144	00:17:37	00:02:46	92	00:58:04	00:01:32	88	00:26:06	01:46:04
99	501	F	24	NICOLE LEWIS	CARY NC	36	00:13:44	00:02:14	82	00:57:25	00:01:16	173	00:31:33	01:46:10
100	325	F	44	MINDI MCLENDON	HILLSBOROUGH NC	188	00:19:36	00:02:21	65	00:55:48	00:01:25	117	00:27:34	01:46:42
101	284	F	33	LINDSAY BROWN	RALEIGH NC	204	00:20:53	00:06:08	47	00:54:11	00:01:31	52	00:24:09	01:46:49
102	65	F	30	ZOE HOLLENBECK	WINSTON SALEM NC	18	00:12:38	00:02:49	145	01:01:55	00:01:54	118	00:27:36	01:46:49
103	596	F	29	NICOLE ROBERTSON	CHAPEL HILL NC	66	00:14:59	00:02:50	73	00:56:35	00:02:11	158	00:30:22	01:46:55
104	420	F	30	ALISON FRIEND	FAYETTEVILLE NC	22	00:12:53	00:03:04	139	01:01:20	00:01:45	130	00:28:04	01:47:03
105	340	F	27	DERICA JUSTICE	FUQUAY VARINA NC	82	00:15:38	00:02:44	113	00:59:30	00:01:19	123	00:27:55	01:47:04
106	276	F	37	KATHERINE LEITCH	CARRBORO NC	76	00:15:28	00:03:42	96	00:58:29	00:01:35	132	00:28:16	01:47:28
107	687	F	36	AMY BRYSON	HOLLY SPRINGS NC	161	00:18:09	00:02:30	97	00:58:31	00:01:43	94	00:26:39	01:47:30
108	445	F	31	MARY CONDRAY	DURHAM NC	184	00:19:21	00:03:07	95	00:58:21	00:02:17	26	00:22:35	00:02:00 01:47:40
109	619	F	37	A CINDY SHEDRICK	HOLLY SPRINGS NC	154	00:17:55	00:02:27	81	00:57:21	00:01:36	137	00:28:33	01:47:50
110	430	F	32	ANDREINA PEREZ	RALEIGH NC	138	00:17:25	00:03:14	98	00:58:36	00:02:13	92	00:26:31	01:47:57
111	172	F	25	BRIANNA ZENEROVITZ	DURHAM NC	156	00:18:00	00:04:03	115	00:59:33	00:01:21	73	00:25:07	01:48:03
112	775	F	32	NF JENNIFER RENN	CHAPEL HILL NC	211	00:21:50	00:02:40	91	00:58:01	00:01:53	50	00:23:57	01:48:19
113	356	F	34	ANJANA WILLS	CARY NC	86	00:15:45	00:03:14	124	01:00:18	00:02:13	99	00:26:55	01:48:23
114	438	F	38	MEREDITH BLAKE	MORRISVILLE NC	157	00:18:00	00:02:59	107	00:59:00	00:02:08	96	00:26:43	01:48:48
115	532	F	40	MEG KRISTIN	APEX NC	73	00:15:24	00:03:23	132	01:00:55	00:02:04	105	00:27:03	01:48:48

116	207	F	37	JEN PICHA	GREENVILLE NC	122	00:16:49	00:04:51	89	00:57:50	00:02:09	113	00:27:19	01:48:57
117	70	F	60	LINDA MAYSE	ALPHARETTA GA	160	00:18:09	00:03:04	121	00:59:55	00:01:57	87	00:26:02	01:49:06
118	560	F	50	MILDRED H BILLER	CARY NC	125	00:16:58	00:03:20	137	01:01:10	00:01:33	89	00:26:09	01:49:08
119	400	F	30	MARIA MAZZILLO	APEX NC	12	00:12:05	00:03:13	123	01:00:18	00:01:39	177	00:31:58	01:49:10
120	379	F	30	TAMI MAES	RALEIGH NC	70	00:15:17	00:02:59	126	01:00:39	00:02:31	82	00:25:49	00:02:00 01:49:14
121	219	F	37	JILL BECHTEL	DURHAM NC	58	00:14:36	00:03:45	112	00:59:28	00:02:55	140	00:28:40	01:49:21
122	746	F	30	NF TERESA SANCHEZ	DURHAM NC	23	00:13:00	00:03:34	170	01:04:01	00:01:06	128	00:27:57	01:49:37
123	446	F	30	VICKI CHANON	DURHAM NC	78	00:15:33	00:02:37	141	01:01:41	00:01:58	124	00:27:55	01:49:42
124	246	F	30	MEGHAN RIDER	HOLLY SPRINGS NC	110	00:16:33	00:04:04	106	00:59:00	00:01:42	139	00:28:36	01:49:53
125	342	F	46	WENDY SKELDING	CARY NC	180	00:19:14	00:02:33	56	00:55:17	00:02:10	164	00:30:40	01:49:53
126	350	F	29	ERICA MARCHIE	HAVELOCK NC	27	00:13:10	00:03:27	164	01:03:36	00:01:23	135	00:28:28	01:50:02
127	232	F	41	WENDY MATHES	CARY NC	152	00:17:53	00:02:19	87	00:57:43	00:01:37	163	00:30:33	01:50:02
128	228	F	42	MARY BETH HENDERSON	CARY NC	31	00:13:15	00:02:58	167	01:03:44	00:01:21	145	00:29:00	01:50:17
129	353	F	14	ALEXA GAFFANEY	CARY NC	69	00:15:11	00:02:17	161	01:03:32	00:01:33	129	00:28:01	01:50:32
130	546	F	38	TISHA GALLOWAY	NEW BERN NC	173	00:18:38	00:02:48	154	01:02:52	00:01:10	78	00:25:20	01:50:46
131	413	F	42	BETH SAYMAN	CARY NC	49	00:14:20	00:03:14	125	01:00:24	00:01:45	172	00:31:09	01:50:50
132	393	F	35	KELLY PELLETIER	NEW BERN NC	107	00:16:24	00:02:59	144	01:01:51	00:01:43	127	00:27:57	01:50:51
133	90	F	33	CORRI FAQUIN	RALEIGH NC	48	00:14:13	00:03:11	166	01:03:43	00:01:38	138	00:28:34	01:51:17
134	521	F	32	JEN BECK	APEX NC	83	00:15:39	00:03:34	152	01:02:41	00:01:19	133	00:28:24	01:51:36
135	623	F	18	EMILY EDQUIST	RALEIGH NC	164	00:18:19	00:03:55	128	01:00:46	00:02:09	93	00:26:32	01:51:39
136	536	F	33	SHANNON KYLE	HOLLY SPRINGS NC	172	00:18:37	00:03:43	148	01:02:15	00:01:20	84	00:25:51	01:51:45
137	447	F	31	SARAH HART	DURHAM NC	99	00:16:08	00:02:39	168	01:03:45	00:01:32	122	00:27:48	01:51:49
138	794	F	24	NF ASHLEY TRAMA	DURHAM NC	104	00:16:19	00:03:44	116	00:59:39	00:02:32	152	00:29:49	01:52:01
139	321	F	35	CHRISTINE KJELLBERG	APEX NC	44	00:14:07	00:02:45	122	01:00:11	00:02:21	186	00:33:03	01:52:26
140	436	F	56	KAREN LIVINGSTON	RALEIGH NC	186	00:19:23	00:02:44	109	00:59:03	00:02:21	146	00:29:03	01:52:33
141	684	F	42	BETSY MONROE	CARY NC	115	00:16:42	00:03:07	102	00:58:53	00:01:45	180	00:32:18	01:52:42
142	357	F	35	JAIME THOMPSON	APEX NC	179	00:19:12	00:03:22	163	01:03:36	00:01:24	75	00:25:15	01:52:47
143	461	F	49	CHERI TAYLOR	CARY NC	120	00:16:48	00:02:33	150	01:02:25	00:01:53	150	00:29:18	01:52:55
144	599	F	25	KELLY WOODRUFF	RALEIGH NC	2	00:10:00	00:02:37	193	01:08:58	00:01:25	157	00:30:08	01:53:07
145	337	F	27	BETH CORRINGTON	WASHINGTON DC	130	00:17:02	00:02:57	120	00:59:53	00:01:44	175	00:31:39	01:53:13
146	409	F	38	KENDRA LYNCH	HOLLY SPRINGS NC	105	00:16:20	00:03:32	134	01:01:02	00:01:29	167	00:30:52	01:53:13

147	262	F	39		JENNIFER ERDMAN	RALEIGH NC	196	00:19:59	00:02:17	136	01:01:09	00:01:37	136	00:28:28	01:53:29
148	354	F	54		JOANNE PISCITELLI	DURHAM NC	177	00:19:10	00:03:07	133	01:01:02	00:02:34	121	00:27:47	01:53:38
149	523	F	38		JULIE SHAW	WILMINGTON NC	194	00:19:57	00:03:35	149	01:02:20	00:02:12	83	00:25:50	01:53:52
150	352	F	16		MADELEINE GAFFANEY	CARY NC	46	00:14:08	00:02:36	156	01:03:12	00:01:46	178	00:32:15	01:53:55
151	358	F	31		JENNIFER SPENCER	DURHAM NC	148	00:17:47	00:02:33	105	00:58:56	00:02:02	183	00:32:43	01:53:59
152	169	F	37	A	JILL MORRIS	CARY NC	175	00:18:49	00:03:02	131	01:00:54	00:01:49	155	00:30:00	01:54:33
153	600	F	47		PAULA BRENNAN	CHAPEL HILL NC	221	00:23:56	00:02:26	111	00:59:15	00:01:49	116	00:27:23	01:54:46
154	590	F	30		EMILY WILSON	BOONE NC	57	00:14:35	00:03:01	151	01:02:27	00:03:00	176	00:31:50	01:54:51
155	399	F	40		JEAN SKORA	JACKSON SPRINGS NC	200	00:20:13	00:02:57	169	01:03:50	00:01:46	95	00:26:41	01:55:26
156	689	F	38		MELANIE ELMORE	APEX NC	93	00:15:59	00:03:08	157	01:03:15	00:02:21	166	00:30:51	01:55:33
157	104	F	56		SALLY ALMEKINDERS	CHAPEL HILL NC	126	00:16:59	00:02:39	130	01:00:48	00:01:16	194	00:34:19	01:55:58
158	187	F	38		ELIZABETH GOODMAN	WINSTON SALEM NC	103	00:16:16	00:02:58	185	01:07:18	00:01:30	131	00:28:11	01:56:12
159	216	F	40		HEIDI WILLIAMS	CARY NC	134	00:17:07	00:03:50	153	01:02:46	00:02:18	161	00:30:27	01:56:26
160	649	F	49		REBECCA HUTCHERSON	WINSTON SALEM NC	171	00:18:36	00:03:07	159	01:03:18	00:02:22	149	00:29:16	01:56:37
161	355	F	33		FABIULA UNGER	DURHAM NC	150	00:17:49	00:03:26	178	01:06:18	00:02:00	110	00:27:11	01:56:43
162	168	F	33		ERIN SIMMERS	CHAPEL HILL NC	168	00:18:28	00:03:11	160	01:03:29	00:01:35	156	00:30:03	01:56:44
163	757	F	32	NF	KELLY BECK	RALEIGH NC	119	00:16:47	00:05:34	175	01:05:07	00:02:29	101	00:26:57	01:56:52
164	561	F	42		ANGIE MARTIN	RALEIGH NC	183	00:19:21	00:02:40	140	01:01:37	00:02:13	174	00:31:38	01:57:26
165	717	F	36	NF	JENNIFER PRENDA	CHAPEL HILL NC	111	00:16:36	00:03:02	192	01:08:45	00:01:44	119	00:27:44	01:57:49
166	97	F	39		TERESA BRUSADIN	FUQUAY VARINA NC	218	00:23:23	00:03:02	119	00:59:50	00:01:43	159	00:30:26	01:58:22
167	257	F	28		JAMIE BOURGEOIS	WINSTON SALEM NC	133	00:17:06	00:02:46	158	01:03:16	00:02:00	188	00:33:24	01:58:29
168	749	F	31	NF	ANNIE MARTINIE	MEBANE NC	219	00:23:27	00:03:55	146	01:01:58	00:02:08	109	00:27:11	01:58:38
169	627	F	41		ERIN HICKS	BURLINGTON NC	98	00:16:04	00:03:11	182	01:06:32	00:02:14	171	00:31:08	01:59:08
170	507	F	43	A	MONIQUE NEVILLE	GARNER NC	80	00:15:37	00:03:24	135	01:01:03	00:02:44	201	00:36:42	01:59:28
171	686	F	28		JACLYN COOK	APEX NC	214	00:22:12	00:04:03	162	01:03:32	00:02:29	112	00:27:18	01:59:32
172	297	F	38		JENNIFER PARRELLA	HAMPSTEAD NC	195	00:19:58	00:03:21	172	01:04:28	00:01:28	162	00:30:28	01:59:41
173	477	F	43		KAY MARIA GREEN	ABERDEEN NC	166	00:18:26	00:04:08	171	01:04:05	00:02:10	168	00:30:55	01:59:43
174	170	F	30		KRISTEN DWIGGINS	CARY NC	212	00:21:59	00:03:51	147	01:02:01	00:03:47	134	00:28:25	02:00:01
175	641	F	36	A	CARLA ANDERSSON	CLAYTON NC	89	00:15:51	00:03:29	190	01:08:02	00:01:56	170	00:31:03	02:00:19
176	320	F	31		JENNIFER COON	RALEIGH NC	114	00:16:38	00:03:57	142	01:01:46	00:02:25	198	00:35:42	02:00:26
177	519	F	27		COURTNEY WHITEHOUSE	BETHLEHEM PA	106	00:16:23	00:04:20	201	01:10:09	00:03:13	97	00:26:46	02:00:49

178	49	F	29		LORI KRASNER	RALEIGH NC	91	00:15:57	00:03:04	195	01:09:22	00:03:02	151	00:29:28	02:00:52
179	58	F	26		MICHELLE KRASNER	RALEIGH NC	100	00:16:09	00:03:09	205	01:11:13	00:01:56	153	00:29:55	02:02:19
180	779	F	30	NF	STEFANIE RATLEDGE	RALEIGH NC	112	00:16:36	00:04:27	198	01:09:45	00:03:14	142	00:28:54	02:02:55
181	565	F	26		TORRE BYDLON	DURHAM NC	87	00:15:47	00:02:48	183	01:06:39	00:02:26	200	00:36:06	02:03:45
182	670	F	41		LILLIAN WILLTER	GREENVILLE NC	208	00:21:32	00:03:47	165	01:03:39	00:02:23	185	00:32:49	02:04:07
183	731	F	49	ZF	LISA KAWAGUCHI	CARY NC	191	00:19:45	00:03:14	179	01:06:20	00:02:09	184	00:32:45	02:04:10
184	370	F	31		DEVON GLICK	RALEIGH NC	116	00:16:43	00:04:09	203	01:10:24	00:03:01	154	00:29:59	02:04:14
185	613	F	35		REBECCA HALVORSON	CHAPEL HILL NC	209	00:21:34	00:02:49	143	01:01:48	00:02:44	199	00:35:52	02:04:45
186	513	F	40	A	JEANNE STALLINGS	CARY NC	127	00:17:00	00:03:48	197	01:09:44	00:02:04	179	00:32:15	02:04:49
187	417	F	27		JENNY ROMP	HOPE MILLS NC	170	00:18:32	00:03:37	184	01:06:53	00:01:57	193	00:34:10	02:05:07
188	300	F	41		MARTHA MILLICHIP	CARY NC	149	00:17:47	00:03:16	199	01:10:09	00:01:39	182	00:32:37	02:05:25
189	188	F	40		KRISTINE DEMKO	CARY NC	206	00:21:28	00:03:20	176	01:05:39	00:01:54	190	00:33:45	02:06:04
190	193	F	41		AMY MCDANIEL	HOLLY SPRINGS NC	135	00:17:09	00:04:07	188	01:07:41	00:02:32	196	00:34:39	02:06:06
191	640	F	39		ANGIE HEDGEPEETH	WILMINGTON NC	199	00:20:13	00:03:18	189	01:07:54	00:01:52	189	00:33:32	02:06:46
192	773	F	26	NF	JASMINE VASQUEZ	RALEIGH NC	198	00:20:09	00:04:06	207	01:11:34	00:02:13	143	00:28:55	02:06:56
193	479	F	30	NF	TRACEY RAKSNIS	RALEIGH NC	155	00:17:59	00:04:19	209	01:13:33	00:02:12	144	00:28:59	02:07:00
194	186	F	37		REBECCA SISK	DURHAM NC	187	00:19:27	00:04:15	177	01:06:14	00:02:40	195	00:34:33	02:07:08
195	578	F	46		KAREN PECK	GREENSBORO NC	182	00:19:21	00:03:40	174	01:05:02	00:01:31	203	00:37:58	02:07:30
196	798	F	27	NF	STEPHANIE GARDINER-WALSH	WINSTON-SALEM NC	90	00:15:54	00:04:46	180	01:06:25	00:02:14	205	00:38:14	02:07:32
197	64	F	36		STEPHANIE SHEPHERD	RALEIGH NC	217	00:22:33	00:03:08	196	01:09:25	00:02:01	165	00:30:46	02:07:51
198	181	F	35		AMY LAYO	SENOIA GA	167	00:18:27	00:03:16	173	01:04:46	00:02:07	207	00:39:43	02:08:17
199	742	F	27	NF	CHRISTINA BEAUCHAMP	RALEIGH NC	207	00:21:30	00:03:20	191	01:08:23	00:02:02	191	00:34:00	02:09:13
200	385	F	72		SHARON ROGGENBUCK	HILLSBOROUGH NC	220	00:23:51	00:03:02	155	01:03:10	00:02:33	206	00:39:10	02:11:44
201	722	F	36	NF	ELIZABETH BUNNER	MEBANE NC	203	00:20:49	00:06:41	186	01:07:19	00:03:13	192	00:34:01	02:12:02
202	366	F	51	A	MARIAN MACCORMICK	RALEIGH NC	163	00:18:15	00:05:15	214	01:14:54	00:02:08	181	00:32:36	02:13:07
203	298	F	36		CASEY GOOD	APEX NC	202	00:20:31	00:04:08	208	01:13:31	00:01:48	202	00:37:04	02:17:00
204	512	F	28		NICOLE BAINBRIDGE	JACKSONVILLE NC	185	00:19:22	00:03:09	218	01:19:36	00:02:04	169	00:30:58	00:02:00 02:17:06
205	594	F	50		ELIZABETH GRAYSON	DURHAM NC	153	00:17:54	00:03:34	221	01:20:12	00:02:37	187	00:33:13	02:17:28
206	616	F	45		MICHELE STONE	RALEIGH NC	159	00:18:04	00:03:51	212	01:14:43	00:02:04	211	00:40:46	02:19:26
207	415	F	39		LAURIE SPOONER	WHISPERING PINES NC	145	00:17:38	00:03:27	204	01:10:39	00:03:49	218	00:44:22	02:19:54
208	534	F	27		ANGELA CASERTANO	CHARLOTTE NC	162	00:18:14	00:04:59	210	01:14:08	00:02:25	209	00:40:24	02:20:08

209	569	F	41		DOROTHY PAYNE	BELTON TX	225	00:30:17	00:04:11	194	01:09:19	00:02:35	197	00:35:27	02:21:48
210	37	F	67		MARY ELAINE DOWDEN	HILTON HEAD SC	213	00:22:02	00:03:31	213	01:14:45	00:01:45	208	00:39:54	02:21:56
211	411	F	44		KIRSTEN CRAPNELL	CHAPEL HILL NC	201	00:20:17	00:03:55	215	01:15:57	00:01:45	210	00:40:35	02:22:27
212	781	F	52	ZF	GINGER LONG	CARRBORO NC	151	00:17:51	00:04:06	217	01:18:25	00:01:32	212	00:41:05	02:22:57
213	638	F	50		JANICE LEONARD	SUFFOLK VA	176	00:18:56	00:04:03	211	01:14:33	00:03:18	214	00:42:19	02:23:08
214	375	F	41		KERI COLE	HOLLY SPRINGS NC	205	00:21:06	00:04:56	216	01:17:45	00:02:28	204	00:38:07	02:24:20
215	723	F	29	NF	KRISTEN GREGORY	DURHAM NC	222	00:24:58	00:05:18	202	01:10:12	00:02:54	213	00:41:06	02:24:26
216	747	F	38	NF	RHONDA CHATTIN	ROANOKE VA	210	00:21:36	00:05:22	187	01:07:25	00:02:38	223	00:48:56	02:25:55
217	743	F	41	ZF	TAMMY NERENBERG	ROANOKE VA	223	00:25:21	00:04:03	181	01:06:30	00:04:07	221	00:46:56	02:26:55
218	751	F	31	NF	ELIZABETH MILLS	SALEM VA	215	00:22:15	00:03:28	200	01:10:09	00:02:25	222	00:48:39	02:26:55
219	771	F	29	NF	JENNIFER PITTMAN	GRANTSBORO NC	224	00:25:39	00:03:54	206	01:11:21	00:02:37	217	00:44:04	02:27:33
220	62	F	33		JENNIFER PARKER	CARY NC	146	00:17:44	00:05:52	219	01:19:57	00:03:24	224	00:49:07	02:36:03
221	451	F	39		WENDY OLSON	CLEMMONS NC	68	00:15:03	00:06:04	225	01:29:19	00:03:19	215	00:43:26	02:37:09
222	557	F	32		JAIME MORGAN	HUNTINGTON STATION NY	192	00:19:45	00:06:10	220	01:20:04	00:03:14	226	00:49:28	02:38:39
223	774	F	32		ESTELLE HART	CLEMMONS NC	74	00:15:26	00:05:35	222	01:25:36	00:03:02	225	00:49:24	02:39:01
224	782	F	52	ZF	ROXANNE FOSTER	GAINESVILLE FL	216	00:22:27	00:04:51	224	01:27:30	00:02:29	216	00:43:40	02:40:56
225	571	F	26		MELINDA TURNER	LOUISBURG NC	226	00:36:49	00:07:43	223	01:26:55	00:04:18	219	00:45:13	03:00:56
226	217	F	15		ALLIE FULP	RALEIGH NC	193	00:19:52	00:04:55	226	01:46:43	00:04:15	220	00:45:14 00:02:00	03:02:57

** Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.