

The Narrow Road 10K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	DEACON JAMES	MONROE, LA	M: 1	RUNNER	1042	00:40:04.65	06:26	9.3mph	Male Overall: 1
2	JEFF THOMAS	MANGHAM, LA	M: 2	RUNNER	1031	00:43:24.24	06:59	8.6mph	Male 50 and over: 1
3	MICHAEL MCCORMICK		M: 3	RUNNER	1048	00:46:44.71	07:31	8.0mph	Male 50 and over: 2
4	JAKOB CHRISTIANSEN		M: 4	RUNNER	514	00:48:11.46	07:45	7.7mph	Male 20 - 29: 1
5	DUAL YELVERTON		M: 5	RUNNER	1047	00:50:38.21	08:08	7.4mph	Male 30 - 39: 1
6	RAFAEL LARA	MONROE, LA	M: 6	RUNNER	1033	00:50:48.47	08:10	7.3mph	Male 40 - 49: 1
7	ANNE MARIE SISK		F: 1	RUNNER	1282	00:50:48.57	08:10	7.3mph	Female Overall: 1
8	CASEY GROSS	DOWNSVILLE, LA	F: 2	RUNNER	1034	00:52:46.30	08:29	7.1mph	Female 40 - 49: 1
9	HALEY BURT	WEST MONROE, LA	F: 3	RUNNER	1027	00:53:43.40	08:38	6.9mph	Female 30 - 39: 1
10	BARB KENNEDY	WEST MONROE, LA	F: 4	RUNNER	1030	00:54:38.18	08:47	6.8mph	Female 40 - 49: 2
11	MARCUM HAVENS	WEST MONROE, LA	M: 7	RUNNER	210	00:54:40.12	08:47	6.8mph	Male 50 and over: 3
12	ANNSLEY SHAPPLEY		F: 5	RUNNER	1050	00:55:10.33	08:52	6.8mph	Female 30 - 39: 2
13	TREY SALINAS	MONROE, LA	M: 8	RUNNER	1044	00:58:03.67	09:20	6.4mph	Male 30 - 39: 2
14	WHITNEY TULL		F: 6	RUNNER	1283	00:58:09.47	09:21	6.4mph	Female 30 - 39: 3
15	LORENA BLAND	MONROE, LA	F: 7	RUNNER	1025	01:00:06.19	09:40	6.2mph	Female 30 - 39: 4
16	SKYLER STARKS		F: 8	RUNNER	1049	01:03:47.09	10:15	5.8mph	Female 30 - 39: 5
17	JOEY STRINGER	RUSTON, LA	M: 9	RUNNER	1040	01:04:57.64	10:27	5.7mph	Male 30 - 39: 3
18	DANIELLE STRINGER	RUSTON, LA	F: 9	RUNNER	1041	01:05:39.45	10:33	5.7mph	Female 30 - 39: 6
19	JENNY PATRICK	WEST MONROE, LA	F: 10	RUNNER	1032	01:06:39.52	10:43	5.6mph	Female 50 and over: 1
20	LEO NORWOOD	WEST MONROE, LA	M: 10	RUNNER	1029	01:08:05.15	10:57	5.5mph	Male 40 - 49: 2
21	SIERRA NORWOOD	WEST MONROE, LA	F: 11	RUNNER	1035	01:09:30.34	11:11	5.4mph	Female 30 - 39: 7
22	KALEB CLARK	RAYVILLE, LA	M: 11	RUNNER	1039	01:13:46.74	11:52	5.1mph	Male 20 - 29: 2